

# Shakti and Shākta

Essays and Addresses on the Shākta  
Tantrashāstra

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# Chapter One

## Indian Religion As Bharata Dharma

A FRIEND of mine who read the first edition of this book suggested that I should add to it an opening Chapter, stating the most general and fundamental principles of the subject as a guide to the understanding of what follows, together with an outline of the latter in which the relation of the several parts should be shown. I have not at present the time, nor in the present book the space, to give effect to my friend's wishes in the way I would have desired, but will not altogether neglect them.

To the Western, Indian Religion generally seems a "jungle" of contradictory beliefs amidst which he is lost. Only those who have understood its main principles can show them the path.

It has been asserted that there is no such thing as Indian Religion, though there are many Religions in India. This is not so. As I have already pointed out (*Is India Civilized?*) there is a common Indian religion which I have called Bharata Dharma, which is an Aryan religion (Aryadharma) held by all Aryas whether Brahmanic, Buddhist or Jaina. These are the three main divisions of the Bharata Dharma. I exclude other religions in India, namely, the Semitic religions, Judaism, Christianity and Islam. Not that all these are purely Semitic. Christianity became in part Aryanized when it was adopted by the Western Aryans, as also happened with Islam when accepted by such Eastern Aryans as the Persians and the Aryanized peoples of India. Thus Sufism is either a form of Vedanta or indebted to it.

The general Indian Religion or Bharata Dharma holds that the world is an Order or Cosmos. It is not a Chaos of things

and beings thrown haphazard together, in which there is no binding relation or rule. The world-order is Dharma, which is that by which the universe is upheld (Dharyate). Without Dharma it would fall to pieces and dissolve into nothingness. But this is not possible, for though there is Disorder (Adharma), it exists, and can exist only locally, for a time, and in particular parts of the whole. Order however will and, from the nature of things, *must* ultimately assert itself. And this is the meaning of the saying that Righteousness or Dharma prevails. This is in the nature of things, for Dharma is not a law imposed from without by the Ukase of some Celestial Czar. It is the nature of things; that which constitutes them what they are (Svalakshana-dharanat Dharma). It is the expression of their true being and can only cease to be, when they themselves cease to be. Belief in righteousness is then in something not arbitrarily imposed from without by a Lawgiver, but belief in a Principle of Reason which all men can recognize for themselves if they will. Again Dharma is not only the law of each being but necessarily also of the whole, and expresses the right relations of each part to the whole. This whole is again harmonious, otherwise it would dissolve. The principle which holds it together as one mighty organism is Dharma. The particular Dharma calls for such recognition and action in accordance therewith. Religion, therefore, which etymologically means that which obliges or *binds* together, is in its most fundamental sense the *recognition* that the world is an Order, of which each man, being, and thing, is a part, and to which each man stands in a definite, established relation; together with *action* based on, and consistent with, such recognition, and *in harmony* with the whole cosmic activity. Whilst therefore the religious man is he who feels that he is *bound* in varying ways to all being, the irreligious man is he who egoistically considers everything from the standpoint of his limited self and its interests, without regard

for his fellows, or the world at large. The essentially irreligious character of such an attitude is shown by the fact that, if it were adopted by all, it would lead to the negation of Cosmos, that is Chaos. Therefore all Religions are agreed in the essentials of morality and hold that selfishness, in its widest sense, is the root of all sin (Adharma). Morality is thus the true nature of man. The general Dharma (Samanya Dharma) is the universal law governing all, just as the particular Dharma (Vishesa Dharma) varies with, and is peculiar to, each class of being. It follows from what is above stated that disharmony is suffering. This is an obvious fact. Wrong conduct is productive of ill, as right conduct is productive of good. As a man sows, so he will reap. There is an Immanent Justice. But these results, though they may appear at once, do not always do so. The fruit of no action is lost. It must, according to the law of causality, which is a law of reason, bear effect. If its author does not suffer for it here and now in the present life, he will do so in some future one. Birth and death mean the creation and destruction of bodies. The spirits so embodied are infinite in number and eternal. The material universe comes and goes. This in Brahmanism has been said (see *Sanatana Vaidika Dharma* by Bhagavan Das) to be "the Systole and Diastole of the one Universal Heart, Itself at rest -- the moveless play of Consciousness". The appearance and disappearance of the Universe is the nature or Svabhava of That which it ultimately is. Its immediate cause is Desire, which Buddhism calls Trishna -- or Thirst, that is desire or thirst for world-enjoyment in the universe of form. Action (Karma) is prompted by desire and breeds again desire. This action may be good (Dharma) or bad (Adharma) leading to enjoyment or suffering. Each embodied soul (Jivatma) will be reborn and reborn into the world until it is freed from all desire. This involves the doctrine of Re-incarnation. These multiple births and deaths in the transmigratory worlds are called Samsara or

Wandering. The world is a Dvandva, that is, a composite of happiness and suffering. Happiness of a transitory kind may be had therein by adherence to Dharma in following Kama (desire) and Artha (the means) by which lawful desires may be given effect. These constitute what Brahmanism calls the Trivarga of the Purushartha, or three aims of sentient being. But just as desire leads to manifestation in form, so desirelessness leads away from it. Those who reach this state seek Moksha or Nirvana (the fourth Purushartha), which is a state of Bliss beyond the worlds of changing forms. For there is a rest from suffering which Desire (together with a natural tendency to pass its right limits) brings upon men. They must, therefore, either live with desire in harmony with the universal order, or if desireless, they may (for each is master of his future) pass beyond the manifest and become That which is Moksha or Nirvana. Religion, and therefore true civilization, consists in the upholding of Dharma as the individual and general good, and the fostering of spiritual progress, so that, with justice to all beings, true happiness, which is the immediate and ultimate end of all Humanity, and indeed of all being, may be attained.

Anyone who holds these beliefs follows the Bharata Dharma or common principles of all Aryan beliefs. Thus as regards God we may either deny His existence (Atheism) or affirm it (Theism) or say we have no sufficient proof one way or another (Agnosticism). It is possible to accept the concept of an eternal Law (Dharma) and its sanctions in a self-governed universe without belief in a personal Lord (Ishvara). So Samkhya, which proceeds on intellectual proof only, does not deny God but holds that the being of a Lord is "not proved".

There are then based on this common foundation three main religions, Brahmanism, Buddhism and Jainism. Of the

second, a great and universal faith, it has been said that, with each fresh acquirement of knowledge, it seems more difficult to separate it from the Hinduism out of which it emerged and into which (in Northern Buddhism) it relapsed. This is of course not to say that there are no differences between the two, but that they share in certain general and common principles as their base. Brahmanism, of which the Shakta doctrine and practice is a particular form, accepts Veda as its ultimate authority. By this, in its form as the four Vedas, is revealed the doctrine of the Brahman, the "All-pervader," the infinite Substance which is in Itself (Svarupa) Consciousness (Caitanya or Cit), from Which comes creation, maintenance and withdrawal, commonly called destruction (though man, not God, destroys), and Which in Its relation to the universe which the Brahman controls is known as Ishvara, the Ruling Lord or Personal God. Veda both as spiritual experience and the word "which is heard" (Shruti) is the warrant for this. But Shruti, as the ultimate authority, has received various interpretations and so we find in Brahmanism, as in Christianity, differing schools and sects adopting various interpretations of the Revealed Word. Veda says: "All this (that is, the Universe) is Brahman." All are agreed that Brahman or Spirit is relatively to us, Being (Sat), Consciousness (Cit) and Bliss (Ananda). It is Saccidananda. But in what sense is "This" (Idam) Brahman? The Monistic interpretation (Advaitavada), as given for instance by the great scholastic Shamkaracarya, is that there is a complete identity in essence of both. There is one Spirit (Atma) with two aspects: as transcendent supreme (Paramatma), and as immanent and embodied (Jivatma). The two are at base one when we eliminate Avidya in the form of mind and body. According to the qualified Monism (Vishishtadvaita) of the great scholastic Ramanuja, "This" is Brahman in the sense that it is the body of the Brahman, just as we distinguish our body from our inner self. According to the Dualists

(Dvaitavada) the saying is interpreted in terms of nearness (Samipya) and likeness (Sadrishya) for, though God and man are distinct, the former so pervades and is so inextricably involved in the universe as creator and maintainer, that the latter, in this sense, seems to be Brahman through proximity.

Then again there is the Shuddhadvaita of that branch of the Agamas which is called Shaivasiddhanta, the Vaishnava Pañcaratra doctrine, the Advaita of the Kashmirian Shaivagama (Trika), the followers of which, though Advaitins, have very subtly criticized Shamkara's doctrine on several points. Difference of views upon this question and that of the nature of Maya, which the world is said to be, necessarily implies difference upon other matters of doctrine. Then there are, with many resemblances, some differences in ritual practice. Thus it comes about that Brahmanism includes many divisions of worshippers calling themselves by different names. There are Smartas who are the present day representatives of the old Vaidik doctrine and ritual practice, and on the other hand a number of divisions of worshippers calling themselves Shaktas, Shaivas, Vaishnavas and so forth with sub-divisions of these. It is not possible to make hard and fast distinctions between the sects which share much in common and have been influenced one by the other. Indeed the universality of much of religious doctrine and practice is an established fact. What exists in India as elsewhere to-day has in other times and places been in varying degrees anticipated. "In Religion," it has been said (*Gnostics and Their Remains*, viii) "there is no new thing. The same ideas are worked up over and over again." In India as elsewhere, but particularly in India where religious activity has been syncretistic rather than by way of supersession, there is much which is common to all sects and more again which is common between particular groups of sects. These latter are

governed in general, that is, in their older forms, by the Agamas or Tantra-Shastras, which, at any rate to-day and for centuries past (whatever may have been their origin), admit the authority of the Vedas and recognize other Scriptures. (As to these, see the Introduction to the Kaulacarya Satyananda's Commentary on the Isha Upanishad which I have published.)

The meaning of Veda is not commonly rightly understood. But this is a vast subject which underlies all others, touching as it does the seat of all authority and knowledge into which I have not the space to enter here. There are four main classes of Brahmanical Scripture, namely, Veda or Shruti, Smriti, Purana, and Agama. There are also four ages or Yugas the latter being a fraction of a Kalpa or Day of Brahma of 4,320,000,000 years. This period is the life of an universe, on the expiration of which all re-enters Brahman and thereafter issues from it. A Mahayuga is composed of the Four Ages called Satya, Treta, Dvapara, Kali, the first being the golden age of righteousness since when all has gradually declined physically, morally, and spiritually. For each of the ages a suitable Shastra is given, for Satya or Krita the Vedas, for Treta the Smritishastra, for Dvapara the Puranas, and for Kaliyuga the Agama or Tantra Shastra. So the *Kularnava Tantra* says:

*Krite shrutyukta acarastretayam smriti-sambhavah*

*Dvapore tu puranoktah, kalavagamasammatah*

(see also *Mahanirvana Tantra*, I -- 28 *et seq.*) and the *Tara-pradipa* says that in the Kaliyuga (the supposed present age) the Tantrika and not the Vaidika Dharma, in the sense of mode of life and ritual, is to be followed (see *Principles of Tantra*). When it is said that the Agama is the peculiar

Scripture of the Kali age, this does not mean (at any rate to any particular division of its followers) that something is presented which is opposed to Veda. It is true however that, as between these followers, there is sometimes a conflict on the question whether a particular form of the Agama is unvedic (Avidika) or not. The Agama, however, as a whole, purports to be a presentment of the teaching of Veda, just as the Puranas and Smritis are. It is that presentment of Vaidik truth which is suitable for the Kali age. Indeed the Shakta followers of the Agama claim that its Tantras contain the very core of the Veda to which it is described to bear the same relation as the Supreme Spirit (Paramatma) to the embodied spirit (Jivatma). In a similar way, in the seven Tantrik Acaras (see Ch. *IV post*), Kaulacara is the controlling, informing life of the gross body called Vedacara, each of the Acaras, which follow the latter up to Kaulacara, being more and more subtle sheaths. The Tantra Shastra is thus that presentment of Vedantic truth which is modeled, as regards mode of life and ritual, to meet the characteristics and infirmities of the Kaliyuga. As men have no longer the capacity, longevity and moral strength required to carry out the Vaidika Karmakanda (ritual section), the Tantra Shastra prescribes a Sadhana of its own for the attainment of the common end of all Shastra, that is, a happy life on earth, Heaven thereafter, and at length Liberation. Religion is in fact the true pursuit of happiness.

As explained in the next and following Chapters, this Agama, which governs according to its followers the Kali-yuga, is itself divided into several schools or communities of worshippers. One of these divisions is the Shakta. It is with Shakta doctrine and worship, one of the forms of Brahmanism, which is again a form of the general Bharata Dharma, that this book deals.

The Shakta is so called because he is a worshipper of Shakti (Power), that is, God in Mother-form as the Supreme Power which creates, sustains and withdraws the universe. His rule of life is Shaktadharmā, his doctrine of Shakti is Shaktivāda or Shakta Darshana. God is worshipped as the Great Mother because, in this aspect, God is active, and produces, nourishes, and maintains all. Theological Godhead is no more female than male or neuter. God is Mother to the Sadhaka who worships Her Lotus Feet, the dust on which are millions of universes. The Power, or active aspect of the immanent God, is thus called Shakti. In Her static transcendent aspect the Mother or Shakti or Shivé is of the same nature as Shiva or "the Good". That is, philosophically speaking, Shiva is the unchanging Consciousness, and Shakti is its changing Power appearing as mind and matter. Shiva-Shakti is therefore Consciousness and Its Power. This then is the doctrine of dual aspects of the one Brahman acting through Its Trinity of Powers (Iccha, Will; Jñāna, Knowledge; Kriya, Action). In the static transcendent aspect (Shiva) the one Brahman does not change and in the kinetic immanent aspect (Shivé or Shakti) It does. There is thus changelessness in change. The individual or embodied Spirit (Jivatma) is one with the transcendent spirit (Paramatma). The former is a part (Amsha) of the latter, and the enveloping mind and body are manifestations of Supreme Power. Shakta Darshana is therefore a form of Monism (Advaitavāda). In creation an effect is produced without change in the Producer. In creation the Power (Shakti) "goes forth" (Prasharati) in a series of emanations or transformations, which are called, in the Shaiva and Shakta Tantras, the 36 Tattvas. These mark the various stages through which Shiva, the Supreme Consciousness, as Shakti, presents Itself as object to Itself as subject, the latter at first experiencing the former as part of the Self, and then through the operations of Maya Shakti as different from the Self. This

is the final stage in which every Self (Purusha) is mutually exclusive of every other. Maya, which achieves this, is one of the Powers of the Mother or Devi. The Will-to-become-many (*Bahu syam prajayeya*) is the creative impulse which not only creates but reproduces an eternal order. The Lord remembers the diversities latent in His own Maya Shakti due to the previous Karmas of Jivas and allows them to unfold themselves by His volition. It is that Power by which infinite formless Consciousness veils Itself to Itself and negates and limits Itself in order that it may experience Itself as Form.

This Maya Shakti assumes the form of Prakriti Tattva, which is composed of three Gunas or Factors called Sattva, Rajas, Tamas. The function of Prakriti is to veil, limit, or *finitize* pure infinite formless Consciousness, so as to produce form, for without such limitation there cannot be the appearance of form. These Gunas work by mutual suppression. The function of Tamas is to veil Consciousness, of Sattva to reveal it, and of Rajas the active principle to make either Tamas suppress Sattva or Sattva suppress Tamas. These Gunas are present in all particular existence, as in the general cause or Prakriti Shakti. Evolution means the increased operation of Sattva Guna. Thus the mineral world is more subject to Tamas than the rest. There is less Tamas and more Sattva in the vegetable world. In the animal world Sattva is increased, and still more so in man, who may rise through the cultivation of the Sattva Guna to Pure Consciousness (Moksha) Itself. To use Western parlance, Consciousness more and more appears as forms evolve and rise to man. Consciousness does not in itself change, but its mental and material envelopes do, thus releasing and giving Consciousness more play. As Pure Consciousness is Spirit, the release of It from the bonds of matter means that Forms which issue from the Power of Spirit (Shakti) become more and more Sattvik. A truly Sattvik man is therefore a spiritual

man. The aim of Sadhana is therefore the cultivation of the Sattva Guna. Nature (Prakriti) is thus the Veil of Spirit as Tamas Guna, the Revealer of Spirit as Sattva Guna, and the Activity (Rajas Guna) which makes either work. Thus the upward or revealing movement from the predominance of Tamas to that of Sattva represents the spiritual progress of the embodied Spirit or Jivatma.

It is the desire for the life of form which produces the universe. This desire exists in the collective Vasanas, held like all else, in inchoate state in the Mother-Power, which passing from its own (Svarupa) formless state gives effect to them. Upon the expiration of the vast length of time which constitutes a day of Brahma the whole universe is withdrawn into the great Causal Womb (Yoni) which produced it. The limited selves are withdrawn into it, and again, when the creative throes are felt, are put forth from it, each appearing in that form and state which its previous Karma had made for it. Those who do good Karma but with desire and self-regard (Sakama) go, on death, to Heaven and thereafter reap their reward in good future birth on earth -- for Heaven is also a transitory state. The bad are punished by evil births on earth and suffering in the Hells which are also transitory. Those, however, who have rid themselves of all self-regarding desire and work selflessly (Nishkama Karma) realize the Brahman nature which is Saccidananda. Such are liberated, that is never appear again in the World of Form, which is the world of suffering, and enter into the infinite ocean of Bliss Itself. This is Moksha or Mukti or Liberation. As it is freedom from the universe of form, it can only be attained through detachment from the world and desirelessness. For those who desire the world of form cannot be freed of it. Life, therefore, is a field in which man, who has gradually ascended through lower forms of mineral, vegetable and animal life, is given the opportunity of

heaven-life and Liberation. The universe has a moral purpose, namely the affording to all existence of a field wherein it may reap the fruit of its actions. The forms of life are therefore the stairs (Sopana) on which man mounts to the state of infinite, eternal, and formless Bliss. This then is the origin and the end of man. He has made for himself his own past and present condition and will make his future one. His essential nature is free. If wise, he adopts the means (Sadhana) which lead to lasting happiness, for that of the world is not to be had by all, and even when attained is perishable and mixed with suffering. This Sadhana consists of various means and disciplines employed to produce purity of mind (Cittashuddhi), and devotion to, and worship of, the Magna Mater of all. It is with these means that the religious Tantra Shastras are mainly concerned. The Shakta Tantra Shastra contains a most elaborate and wonderful ritual, partly its own, partly of Vaidik origin. To a ritualist it is of absorbing interest.

Ritual is an art, the art of religion. Art is the outward material expression of ideas intellectually held and emotionally felt. Ritual art is concerned with the expression of those ideas and feelings which are specifically called religious. It is a mode by which religious truth is presented, and made intelligible in material forms and symbols to the mind. It appeals to all natures passionately sensible of that Beauty in which, to some, God most manifests Himself. But it is more than this. For it is the means by which the mind is transformed and purified. In particular according to Indian principles it is the instrument whereby the consciousness of the worshipper (Sadhaka) is *shaped in actual fact* into forms of experience which embody the truths which Scripture teaches. The Shakta is thus taught that he is one with Shiva and His Power or Shakti. This is not a matter of mere argument. It is a matter for experience. It is ritual and Yoga-

practice which secure that experience for him. How profound Indian ritual is, will be admitted by those who have understood the general principles of all ritual and symbolism, and have studied it in its Indian form, with a knowledge of the principles of which it is an expression. Those who speak of "mummery," "gibberish" and "superstition" betray both their incapacity and ignorance.

The Agamas are not themselves treatises on Philosophy, though they impliedly contain a particular theory of life. They are what is called Sadhana Shastras, that is, practical Scriptures prescribing the *means* by which happiness, the quest of all mankind, may be attained. And as lasting happiness is God, they teach how man by worship and by practice of the disciplines prescribed, may attain a divine experience. From incidental statements and the practices described the philosophy is extracted.

The speaker of the Tantras and the revealer of the Shakta Tantra is Shiva Himself or Shivé the Devi Herself. Now it is the first who teaches and the second who listens (Agama). Now again the latter assumes the role of Guru and answers the questions of Shiva (Nigama). For the two are one. Sometimes there are other interlocutors. Thus one of the Tantras is called Ishvarakartikeya-samvada, for there the Lord addresses his son Kartikeya. The Tantra Shastra therefore claims to be a Revelation, and of the same essential truths as those contained in the Eternal Veda which is an authority to itself (Svatah-siddha). Those who have had experience of the truths recorded in Shastra, have also proclaimed the *practical means* whereby their experience was gained. "Adopt those means" they say, "and you will also have for yourself our experience." This is the importance of Sadhana and all Sadhana Shastras. The Guru says: "Do as I tell you. Follow the method prescribed by

Scripture. Curb your desires. Attain a pure disposition, and thus only will you obtain that certainty, that experience which will render any questionings unnecessary." The practical importance of the Agama lies in its assumption of these principles and in the methods which it enjoins for the attainment of that state in which the truth is realized. The following Chapters shortly explain some of the main features of both the philosophy and practice of the Shakta division of the Agama. For their full development many volumes are necessary. What is here said is a mere sketch in a popular form of a vast subject.

I will conclude this Chapter with extracts from a Bengali letter written to me shortly before his death, now many years ago, by Pandit Shiva-candra Vidyarnava, the Shakta author of the *Tantratattva* which I have published under the title *Principles of Tantra*. The words in brackets are my own.

"At the present time the general public are ignorant of the principles of the Tantra Shastra. The cause of this ignorance is the fact that the Tantra Shastra is a Sadhana Shastra, *the greater part of which becomes intelligible only by Sadhana*. For this reason the Shastra and its Teachers prohibit their general promulgation. So long as the Shastra was learnt from Gurus only, this golden rule was of immense good. In course of time the old Sadhana has become almost extinct, and along with it, the knowledge of the deep and mighty principles of the Shastra is almost lost. Nevertheless some faint shadowings of these principles (which can be thoroughly known by Sadhana only) have been put before the public partly with the view to preserve Shastric knowledge from destruction, and partly for commercial reasons. When I commenced to write Tantra-tattva some 25 years ago, Bengali society was in a perilous state owing to the influx of other religions, want of faith and a spirit of

disputation. Shortly before this a number of English books had appeared on the Tantra Shastra which, whilst ignorant of Dharma, Sadhana and Siddhi contained some hideous and outrageous pictures drawn by the Bengali historians and novelists ignorant of, and unfaithful to, Shastric principles. The English books by English writers contained merely a reflection of what English-educated Bengalis of those days had written. Both are even to-day equally ignorant of the Tantra Shastra. For this reason in writing Tantratattva I could not go deeply into the subject as my heart wished. I had to spend my time in removing thorns (objections and charges) from the path by reasoning and argument. I could not therefore deal in my book with most of the subjects which, when I brought out the first volume, I promised to discuss. The Tantra Shastra is broadly divided into three parts, namely Sadhana, Siddhi (that which is gained by Sadhana) and Philosophy (Darshana). Unlike other systems it is not narrow nor does it generate doubt by setting forth conflicting views. For its speaker is One and not many and He is omniscient. The philosophy is however scattered throughout the Tantrik treatises and is dealt with, as occasion arises, in connection with Sadhana and Siddhi. Could (as I had suggested to him) such parts be collected and arranged, according to the principles of the subject-matter, they would form a vast system of philosophy wonderful, divine, lasting, true, and carrying conviction to men. As a Philosophy it is at the head of all others. You have prayed to Parameshvara (God) for my long life, and my desire to carry out my project makes me also pray for it. But the state of my body makes me doubt whether the prayer will be granted. By the grace therefore of the Mother the sooner the work is done the better. You say 'that those who worship Parameshvara, He makes of one family. Let therefore all distinctions be put aside for all Sadhakas are, as such, one.' This noble principle is the final word of all

Shastras, all communities, and all religions. All distinctions which arise from differences in the physical body are distinctions for the human world only. They have no place in the world of worship of Parameshvara. The more therefore that we shall approach Him the more will the differences between you and me vanish. It is because both of us pray for the removal of all such differences, that I am led to rely on your encouragement and help and am bold to take up on your encouragement and help and am bold to take up this difficult and daring work. If by your grace the gate of this Tantrik philosophy is opened in the third part of Tantra-tattva I dare to say that the learned in all countries will gaze, and be astonished for it is pure truth, and for this reason I shall be able to place it before them with perfect clearness."

Unfortunately this project of a third part of the Tantra-tattva could not be carried out owing to the lamented death of its author, which followed not long after the receipt of this letter. Naturally, like all believers throughout the whole world, he claimed for his Scripture the possession in all its details of what was true or good. Whilst others may not concede this, I think that those with knowledge and understanding and free from prejudice will allow that it contains a profoundly conceived doctrine, wonderfully worked out in practice. Some of its ideas and principles are shared (through it be under other names and forms) by all religious men, and others either by all or some Indian communities, who are not Shaktas. Leaving therefore for the moment aside what may be said to be peculiar to itself it cannot be that wholly absurd, repulsive, and infamous system ("lust, mummery and magic" as Brian Hodgson called it) which it has been said to be. An impartial criticism may be summed up in the few words that, together with what has value, it contains some practices which are not generally approved and which have led to abuse. As to these the

reader is referred to the Chapter on the Pañcatattva or Secret Ritual.

I conclude with a translation of an article in Bengali by a well-known writer, (P. Bandyopadhyaya, in the *Sahitya*, Shrubby 1320, Calcutta, July-August 1913). It was evoked by the publication of Arthur Abalone's Translation of, and Introduction to, the *Mahanirvana Tantra*. It is an interesting statement as regards the Shakta Tantra and Bengali views thereon. Omitting here some commendatory statements touching A. Avalon's work and the writer's "thanks a hundred times" for the English version, the article continues as follows:

"At one time the *Mahanirvana Tantra* had some popularity in Bengal. It was printed and published under the editorship of Pandit Ananda-candra Vedanta-vagisha and issued from the Adi-Brahmo-Samaj Press. Raja Ram Mohan Roy himself was a follower of the Tantras, married after the Shaiva form and used to practice the Tantrik worship. His spiritual preceptor Svami Hariharananda, was well known to be a saint who had attained to perfection (Siddha-purusa). He endeavored to establish the *Mahanirvana Tantra* as the Scripture of the Brahmo-Samaj. The formula and the forms of the Brahmo Church are borrowed from the initiation in Brahman worship, (Brahma-diksha) in this Tantra. The later Brahmos somewhat losing their selves in their spirit of imitation of Christian rituals were led to abandon the path shown to them by Raja Ram Mohan; but yet even now many among them recite the Hymn to the Brahman which occurs in the *Mahanirvana Tantra*. In the first era of the excessive dissemination of English culture and training Bengal resounded with opprobrious criticisms of the Tantras. No one among the educated in Bengal could praise them. Even those who called themselves Hindus were unable outwardly to support the

Tantrik doctrines. But even then there were very great Tantrik Sadhakas and men learned in the Tantras with whose help the principles of the Tantras might have been explained to the public. But the educated Bengali of the age was bewitched by the Christian culture, and no one cared to inquire what did or did not exist in their paternal heritage; the more especially that any who attempted to study the Tantras ran the risk of exposing themselves to contumely from the 'educated community'. Maharaja Sir Jatindra Mohan Tagore of sacred name alone published two or three works with the help of the venerable Pandit Jaganmohan Tarkalankara. The Hara-tattva-didhiti associated with the name of his father is even now acknowledged to be a marvelously glorious production of the genius of the Pandits of Bengal. The venerable (Vridha) Pandit Jaganmohan also published a commentary on the *Mahanirvana Tantra*. Even at that epoch such study of the Tantras was confined to a certain section of the educated in Bengal. Maharaja Sir Jatindra Mohan alone endeavored to understand and appreciate men like Bama Khepa (mad Bama), the Naked Father (Nengta Baba) of Kadda and Svami Sadananda. The educated community of Bengal had only neglect and contempt for Sadhakas like Bishe Pagla (the mad Bishe) and Binu the Candala woman. Bengal is even now governed by the Tantra; even now the Hindus of Bengal receive Tantrik initiation. But the glory and the honor which the Tantra had and received in the time of Maharajas Krishna-candra and Shiva-candra no longer exist. This is the reason why the Tantrik Sadhakas of Bengal are not so well known at present. It seems as if the World-Mother has again willed it, has again desired to manifest Her power, so that Arthur Avalon is studying the Tantras and has published so beautiful a version of the *Mahanirvana*. The English educated Bengali will now, we may hope, turn his attention to the Tantra.

"The special virtue of the Tantra lies in its mode of Sadhana. It is neither mere worship (Upasana) nor prayer. It is not lamenting or contrition or repentance before the Deity. It is the Sadhana which is the union of Purusha and Prakriti; the Sadhana which joins the Male Principle and the Mother Element within the body, and strives to make the attributed attributeless. That which is in me and that for which I am (this consciousness is ever present in me) is spread, like butter in milk, throughout the created world of moving and unmoving things, through the gross and the subtle, the conscious and unconscious, through all. It is the object of Tantrik Sadhana to merge that self-principle (Svarat) into the Universal (Virat). This Sadhana is to be performed through the awakening of the forces within the body. A man is *Siddha* in this Sadhana when he is able to awaken Kundalini and pierce the six Cakras. This is not mere 'philosophy' a mere attempt to ponder upon husks of words, but something which is to be done in a thoroughly practical manner. The Tantras say -- 'Begin practicing under the guidance of a good Guru; if you do not obtain favorable results immediately, you can freely give it up.' No other religion dares to give so bold a challenge. We believe that the Sadhana of the Moslems and the 'esoteric religion' or secret Sadhana (and rituals) of the Christians of the Roman Catholic and Greek Churches is based on this ground work of the Tantras.

"Wherever there is Sadhana we believe that there is the system of the Tantra. While treating of the Tantras some time back in the *Sahitya*, I hinted at this conclusion and I cannot say that the author, Arthur Avalon, has not noticed it too. For he has expressed his surprise at the similarity which exists between the Roman Catholic and the Tantrik mode of Sadhana. The Tantra has made the Yoga-system of Patañjali easily practicable and has combined with it the Tantrik rituals and the ceremonial observances (Karma-kanda); that is the

reason why the Tantrik system of Sadhana has been adopted by all the religious sects of India. If this theory of the antiquarians, that the Tantra was brought into India from Chaldea or Shakadvipa be correct, then it may also be inferred that the Tantra passed from Chaldea to Europe. The Tantra is to be found in all the strata of Buddhism; the Tantrik Sadhana is manifest in Confucianism; and Shintoism is but another name of the Tantrik cult. Many historians acknowledge that the worship of Shakti or Tantrik Sadhana which was prevalent in Egypt from ancient times spread into Phoenicia and Greece. Consequently we may suppose that the influence of the Tantra was felt in primitive Christianity.

"The Tantra contains nothing like idolatry or 'worship of the doll' which we, taking the cue from the Christian missionaries, nowadays call it. This truth, the author, Arthur Avalon, has made very clear in the Introduction to his translation. The Tantra repeatedly says that one is to adore the Deity by becoming a Deity (Devata) himself. The Ishta-devata is the very self of Atman, and not separate from It; He is the receptacle of all, yet He is not contained in anything, for He is the great witness, the eternal Purusha. The true Tantrik worship is the worship in and by the mind. The less subtle form of Tantrik worship is that of the Yantra. Form is born of the Yantra. The form is made manifest by Japa, and awakened by Mantra-Shakti. Tens of millions of beautiful forms of the Mother bloom forth in the heavens of the heart of the Siddhapurusha. Devotees or aspirants of a lower order of competency (Nimna-adhikari) under the directions of the Guru adore the great Maya by making manifest'. (to themselves) one of Her various forms which can be only seen by Dhyana (meditation). That is not mere worship of the idol! if it were so, the image would not be thrown into the water; no one in that case would be so irreverent as to sink the earthen image of the Goddess in the

water. The Primordial Shakti is to be awakened by Bhava, by Dhyana, by Japa and by the piercing of the six Cakras. She is all will. No one can say when and how She shows Herself and to what Sadhaka. We only know that She is, and there are Her names and forms. Wonderfully transcending is Her form -- far beyond the reach of word or thought. This has made the Bengali Bhakta sing this plaintive song

'Hard indeed is it to approach the sea of forms, and to

bathe in it.

Ah me, this my coming is perhaps in vain?'

"The Tantra deals with another special subject

Mantra-Shakti. It is no exaggeration to say that we have never heard even from any Bengali Pandit such a clear exposition of Mantra-Shakti as that which the author, Arthur Avalon, has given in his Introduction to the *Mahanirvana Tantra*. We had thought that Mantra-Shakti was a thing to be felt and not to be explained to others. But the author with the force of his genius has in his simple exposition given us such explanation of it as is possible in the English language. The Tantras say that the soul in the body is the very self of the letters -- of the Dhvani (sound). The Mother, the embodiment of the fifty letters (Varna), is present in the various letters in the different Cakras. Like the melody which issues when the chords of a lute are struck, the Mother who moves in the six Cakras and who is the very self of the letters awakens with a burst of harmony when the chords of the letters (Varnas) are struck in their order; and Siddhi becomes as easy of attainment to the Sadhaka as the Amalaka fruit in one's hand when She is roused. That is why the great Sadhaka Ramaprasad awakened the Mother by the

invocation -- 'Arise O Mother (Jagrihi, janani)'. That is the reason why the Bhakta sang --

'How long wilt thou sleep in the Muladhara, O Mother Kulakundalini?'

"The Bodhana (awakening) ceremony in the Durga Puja is nothing but the awakening of the Shakti of the Mother, the mere rousing of the consciousness of the Kundalini. This awakening is performed by Mantra-Shakti. The Mantra is nothing but the harmonious sound of the lute of the body. When the symphony is perfect, She who embodies the Worlds (Jaganmayi) rouses Herself. When She is awake it does not take long before the union of Shiva and Shakti takes place. Do Japa once; do Japa according to rule looking up to the Guru, and the effects of Japa of which we hear in the Tantra will prove to be true at every step. Then you will understand that the Tantra is not mere trickery, or a false weaving out of words. What is wanted is the good Guru; Mantra capable of granting Siddhi, and application (Sadhana). Arthur Avalon has grasped the meaning of the principles of Mantra which are so difficult to understand. We may certainly say that he could only make this impossible thing possible through inherent tendencies (Samskara) acquired in his previous life.

"The Tantra accepts the doctrine of rebirth. It does not, however, acknowledge it as a mere matter of argument or reasoning but like a geographical map it makes clear the unending chain of existences of the Sadhaka. The Tantra has two divisions, the Dharma of Society (Samaja) and the Dharma of Spiritual Culture (Sadhana). According to the regulation of Samaja-Dharma it acknowledges birth and caste. But in Sadhana-Dharma there is no caste distinction, no Brahmana or Shudra, no man or woman; distinction

between high and low follows success in Sadhana and Siddhi. We only find the question of fitness or worthiness (Adhikara-tattva) in the Tantra. This fitness (Adhikara) is discovered with reference to the Samskaras of past existences; that is why the Candala Purnananda is a Brahmana, and Kripasiddha the Sadhaka is equal to Sarvananda; that is why Ramaprasada of the Vaidya caste is fit to be honored even by Brahmanas. The Tantra is to be studied with the aid of the teachings of the Guru; for its language is extraordinary, and its exposition impossible with a mere grammatical knowledge of roots and inflections. The Tantra is only a system of Shakti-Sadhana. There are rules in it whereby we may draw Shakti from all created things. There is nothing to be accepted or rejected in it. Whatever is helpful for Sadhana is acceptable. This Sadhana is decided according to the fitness of the particular person (Adhikari-anusare). He must follow that for which he is fit or worthy. Shakti pervades all and embraces all beings and all things, the inanimate and the moving, beasts and birds, men and women. The unfolding of the Power (Shakti) enclosed within the body of the animal (Jiva) as well as the man is brought about only with the help of the tendencies within the body. The mode of Sadhana is ascertained with regard to these tendencies. The very meaning of Sadhana is unfolding, rousing up or awakening of Power (Shakti). Thus the Shakta obtains power from all actions in the world. The Sadhana of the Tantra is not to be measured by the little measuring-yard of the well-being or ill-being of your community or mine.

"Let you understand and I understand,O my mind --

Whether any one else understands it or not."

The author, Arthur Avalon, is fully conscious of this. In spite of it, he has tried to explain almost all points making them

easy to comprehend for the intellect of materialistic civilized society of to-day. For this attempt on his part we are grateful to him.

"The Tantra has no notion of some separate far-seeing God. It preaches no such doctrine in it as that God the Creator rules the Universe from heaven. In the eye of the Tantra the body of the Sadhaka is the Universe, the *auto-kratos* (Atma-Shakti) within the body is the desired (Ishta) and the "to be sought for" (Sadhya), Deity (Devata) of the Sadhaka. The unfolding of this self-power is to be brought about by self-realization (Atma-darshana) which is to be achieved through Sadhana. Whoever realizes his self attains to Liberation (Mukti). The author, Arthur Avalon, has treated of these matters (Siddhanta) in his work, the *Tantra-tattva*. Many of the topics dealt with in the *Mahanirvana Tantra* will not be fully understood without a thorough perusal of the book. The Principles of the Tantra must be lectured on to the Bengali afresh. If the *Mahanirvana Tantra* as translated by Arthur Avalon is spread abroad, if the Bengali is once more desirous to hear, that attempt might well be undertaken.

"Our land of Bengal used to be ruled by Tantrik works such as the Saradatilaka, Shaktanandatarangini, Pranatoshini, Tantrasara, etc. Then the Mahanirvana Tantra did not have so great an influence. It seems to us that, considering the form into which, as a result of English education and culture, the mind of the Bengali has been shaped, the Mahanirvana is a proper Tantra for the time. Raja Ram Mohan Roy endeavored to encourage regard for the *Mahanirvana Tantra* because he understood this. If the English translation of the *Mahanirvana Tantra* by Arthur Avalon is well received by the thoughtful public in Bengal, the study of the original Sanskrit work may gradually come into vogue. This much hope we may entertain. In fact, the English-educated Bengali

community is without religion (Dharma) or action (Karma), and is devoid of the sense of nationality (Jatiya Dharma) and caste. The *Mahanirvana Tantra* alone is fit for the country and the race at the present time. We believe that probably because such an impossibility is going to be possible, a cultured, influential, rich Englishman like Arthur Avalon, honored of the rulers, has translated and published the *Mahanirvana Tantra*. When his *Tantratattva* is published we shall be able to speak out much more. For the present we ask the educated people of Bengal to read this most unprecedented *Mahanirvana Tantra*. Arthur Avalon has not spoken a single word to satisfy himself nor tried to explain things according to his own imagination. He has only given what are true inferences according to the principles of Shastric reasoning. An auspicious opportunity for the English-knowing public to understand the Tantra has arrived. It is a counsel of the Tantra itself, that if you desire to renounce anything, renounce it only after a thorough acquaintance with it; if you desire to embrace anything new, accept it only after a searching inquiry. The Tantra embodies the old religion (Dharma) of Bengal; even if it is to be cast away for good, that ought only to be done after it has been fully known. In the present case a thoughtful and educated Englishman of high position has taken it upon himself to give us a full introduction to the Tantra. We can frankly say that in this Introduction he has not tried a jot to shirk or to gloss over the conclusions of the Shastra, with the vanity of explanation born of his imagination. He has endeavored to bring before the mind of his readers whatever actually is in the Tantra, be it regarded as either good or evil. Will not the Bengali receive with welcome such a full offering (Arghya) made by a Bhakta from a foreign land?"

## Chapter Two

### Shakti: The World as Power

There is no word of wider content in any language than this Sanskrit term meaning 'Power'. For Shakti in the highest causal sense is God as Mother, and in another sense it is the universe which issues from Her Womb. And what is there which is neither one nor the other? Therefore, the *Yoginihridaya Tantra* thus salutes Her who conceives, bears, produces and thereafter nourishes all worlds: "Obeisance be to Her who is pure Being-Consciousness-Bliss, as Power, who exists in the form of Time and Space and all that is therein, and who is the radiant Illuminatrix in all beings."

It is therefore possible only to outline here in a very general way a few of the more important principles of the Shakti-doctrine, omitting its deeply interesting practice (Sadhana) in its forms as ritual worship and Yoga.

Today Western science speaks of Energy as the physical ultimate of all forms of Matter. So has it been for ages to the Shaktas, as the worshippers of Shakti are called. But they add that such Energy is only a limited manifestation (as Mind and Matter) of the almighty infinite Supreme Power (Maha-Shakti) of Becoming in 'That' (Tat), which is unitary Being (Sat) itself.

Their doctrine is to be found in the traditions, oral and written, which are contained in the Agamas, which (with Purana, Smriti and Veda) constitute one of the four great classes of Scripture of the Hindus. The Tantras are Scriptures of the Agama. The notion that they are some queer by-product of Hinduism and not an integral part of it, is erroneous. The three chief divisions of the Agama are locally

named Bengal (Gauda), Kashmira and Kerala. That Bengal is a home of Tantra-shastra is well known. It is, however, little known that Kashmir was in the past a land where Tantrik doctrine and practice were widely followed.

The communities of so-called 'Tantrik' worshippers are five-fold according as the cult is of the Sun, Ganesha, Vishnu, Shiva or Shakti. To the Knower, however, the five named are not distinct Divinities, but different aspects of the one Power or Shakti. An instructed Shakti-worshipper is one of the least sectarian of men. He can worship in all temples, as the saying is. Thus the *Sammohana Tantra* says that "he is a fool who sees any difference between Rama (an Avatara of Vishnu) and Shiva". "What matters the name," says the Commentator of the *Satcakranirupana*, after running through the gamut of them.

The Shakta is so called because the chosen Deity of his worship (Ishta-devata) is Shakti. In his cult, both in doctrine and practice, emphasis is laid on that aspect of the One in which It is the Source of Change and, in the form of Time and Space and all objects therein, Change itself. The word Shakti is grammatically feminine. For this reason an American Orientalist critic of the doctrine has described it as a worthless system, a mere feminization of orthodox (whatever that be) Vedanta -- a doctrine teaching the primacy of the Female and thus fit only for "suffragette monists". It is absurd criticism of this kind which makes the Hindu sometimes wonder whether the Western psyche has even the capacity to understand his beliefs. It is said of the Mother (in the Hymn to Her in the *Mahakala-Samhita*): "Thou art neither girl, nor maid, nor old. Indeed Thou art neither female nor male, nor neuter. Thou art inconceivable, immeasurable Power, the Being of all which exists, void of all duality, the Supreme Brahman, attainable in Illumination

alone." Those who cannot understand lofty ideas when presented in ritual and symbolic garb will serve their reputation best by not speaking of them.

The Shaiva is so called because his chosen Divinity is Shiva, the name for the changeless aspect of the One whose power of action and activity is Shakti. But as the two are necessarily associated, all communities acknowledge Shakti. It is, for the above reason, a mistake to suppose that a 'Tantrik,' or follower of the Agama, is necessarily a Shakta, and that the 'Tantra' is a Shakta Scripture only. Not at all. The Shakta is only one branch of the Agamik school. And so we find the Scriptures of Saivism, whether of North or South, called Tantras, as also those of that ancient form of Vaishnavism which is called the Pancaratra. The doctrine of these communities, which share certain common ideas, varies from the monism of the Shaktas and Northern Shaivas to the more or less dualistic systems of others. The ritual is to a large extent common in all communities, though there are necessarily variations, due both to the nature of the divine aspect worshipped and to the particular form of theology taught. Shakta doctrine and practice are contained primarily in the Shakta Tantras and the oral traditions, some of which are secret. As the Tantras are mainly Scriptures of Worship such doctrine is contained by implication in the ritual. For reasons above stated recourse may be had to other Scriptures in so far as they share with those of the Shakta certain common doctrines and practices. The Tantras proper are the Word of Shiva and Shakti. But there are also valuable Tantrik works in the nature of compendia and commentaries which are not of divine authorship.

The concept 'Shakti' is not however peculiar to the Shaktas. Every Hindu believes in Shakti as God's Power, though he may differ as to the nature of the universe created by it.

Shakta doctrine is a special presentment of so-called monism (Advaita: lit. 'not-two') and Shakta ritual, even in those condemned forms which have given rise to the abuses by which this Scripture is most generally known, is a practical application of it. Whatever may have been the case at the origin of these Agamic cults, all, now and for ages past, recognize and claim to base themselves on the Vedas. With these are coupled the Word of Shiva-Shakti as revealed in the Tantras. Shakta-doctrine is (like the Vedanta in general) what in Western parlance would be called a theology based on revelation that is, so-called 'spiritual' or supersensual experience, in its primary or secondary sense. For Veda is that.

This leads to a consideration of the measure of man's knowing and of the basis of Vedantik knowledge. It is a fundamental error to regard the Vedanta as simply a speculative metaphysic in the modern Western sense. It is not so; if it were, it would have no greater right to acceptance than any other of the many systems which jostle one another for our custom in the Philosophical Fair. It claims that its supersensual teachings can be established with certainty by the *practice* of its methods. Theorizing alone is insufficient. The Shakta, above all, is a practical and active man, worshipping the Divine Activity; his watchword is Kriya or Action. Taught that he is Power, he desires fully to realize himself in fact as such. A Tantrik poem (*Anandastotra*) speaks with amused disdain of the learned chatterers who pass their time in futile debate around the shores of the 'Lake of Doubt'.

The basis of knowing, whether in super-sense or sense-knowledge, is actual experience. Experience is of two kinds: the whole or full experience; and incomplete experience -- that is, of parts, not of, but in, the whole. In the first

experience, Consciousness is said to be 'upward-looking' (Unmukhi) -- that is, 'not looking to another'. In the second experience it is 'outward-looking' (Bahirmukhi) The first is not an experience *of* the whole, but *the* Experience-whole. The second is an experience not of parts of the whole, for the latter is partless, but of parts in the whole, and issuing from its infinite Power to know itself in and as the finite centers, as the many. The works of an Indian philosopher, my friend Professor Pramatha Natha Mukhyopadhyaya, aptly call the first the Fact, and the second the Fact-section. The *Isha Upanishad* calls the Supreme Experience -- Purna, the Full or Whole.

It is not, be it noted, a residue of the abstracting intellect, which is itself only a limited stress in Consciousness, but a Plenum, in which the Existent All is as one Whole. Theologically this full experience is Shiva, with Shakti at rest or as Potency. The second experience is that of the finite centers, the numerous Purushas or Jivas, which are also Shiva-Shakti as Potency actualized. Both experiences are real. In fact there is nothing unreal anywhere. All is the Mother and She is reality itself. "Sa'ham" ("She I am"), the Shakta says, and all that he senses is She in the form in which he perceives Her. It is She who in, and as, he drinks the consecrated wine, and She is the wine. All is manifested Power, which has the reality of Being from which it is put forth. But the reality of the manifestation is of something which appears and disappears, while that of Causal Power to appear is enduring. But this disappearance is only the ceasing to be for a limited consciousness. The seed of Power, which appears as a thing for such consciousness, remains as the potency in infinite Being itself. The infinite Experience is real as the Full (Purna); that is, its reality is fullness. The finite experience is real, as such. There is, perhaps, no subject in Vedanta, which is more

misunderstood than that of the so-called 'Unreality' of the World. Every School admits the reality of all finite experience (even of 'illusory' experience strictly so-called) while such experience lasts. But Shamkaracarya, defines the truly Real as that which is changeless. In this sense, the World as a changing thing has relative reality only. Shamkara so defines Reality because he sets forth his doctrine from the standpoint of transcendent Being. The Shakta Shastra, on the other hand, is a practical Scripture of Worship, delivered from the world-standpoint, according to which the world is necessarily real. According to this view a thing may be real and yet be the subject of change. But its reality as a thing ceases with the passing of the finite experiencer to whom it is real. The supreme Shiva-Shakti is, on the other hand, a real, full Experience which ever endures. A worshipper must, as such, believe in the reality of himself, of the world as his field of action and instrument, in its causation by God, and in God Himself as the object of worship. Moreover to him the world is real because Shiva-Shakti, which is its material cause, is real. That cause, without ceasing to be what it is, becomes the effect. Further the World is the Lord's Experience. He as Lord (Pati) is the whole Experience, and as creature (Pashu) he is the experiencer of parts in it. The Experience of the Lord is never unreal. The reality, however, which changelessly endures may (if we so choose) be said to be Reality in its fullest sense.

Real however as all experience is, the knowing differs according as the experience is infinite or finite, and in the latter case according to various grades of knowing. Full experience, as its name implies, is full in every way. Assume that there is at any 'time' no universe at all, that there is then a complete dissolution of all universes, and not of any particular universe -- even then the Power which produced past, and will produce future universes, is one with the

Supreme Consciousness whose Shakti it is. When again this Power actualizes as a universe, the Lord-Consciousness from and in Whom it issues is the All-knower. As Sarvajña He knows all generals, and as Sarvavit, all particulars. But all is known by Him as the Supreme Self, and not, as in the case of the finite center, as objects other than the limited self.

Finite experience is by its definition a limited thing. As the experience is of a sectional character, it is obvious that the knowing can only be of parts, and not of the whole, as the part cannot know the whole of which it is a part. But the finite is not always so. It may expand into the infinite by processes which bridge the one to the other. The essential of Partial Experience is knowing in Time and Space; the Supreme Experience, being changeless, is beyond both Time and Space as aspects of change. The latter is the alteration of parts relative to one another in the changeless Whole. Full experience is not sense-knowledge. The latter is worldly knowledge (Laukika Jñana), by a limited knowing center, of material objects, whether gross or subtle. Full Experience is the Supreme Knowing Self which is not an object at all. This is unworldly knowledge (Alaukika Jñana) or Veda. Sense-knowledge varies according to the capacity and attainments of the experiencer. But the normal experience may be enhanced in two ways: either physically by scientific instruments such as the telescope and microscope which enhance the natural capacity to see; or psychically by the attainment of what are called psychic powers. Everything is Shakti; but psychic power denotes that enhancement of normal capacity which gives knowledge of matter in its subtle form, while the normal man can perceive it only in the gross form as a compound of sensible matter (the Bhutas). Psychic power is thus an extension of natural faculty. There is nothing 'supernatural' about it. All is natural, all is real. It is simply a power above the normal. Thus the clairvoyant

can see what the normal sense-experienter cannot. He does so by the mind. The gross sense-organs are not, according to Vedanta, the senses (Indriya.) The sense is the mind, which normally works through the appropriate physical organs, but which, as the real factor in sensation, may do without them, as is seen both in hypnotic and yogic states. The area of knowledge is thus very widely increased. Knowledge may be gained of subtle chemistry, subtle physiology (as of the cakras or subtle bodily centers), of various powers, of the 'world of Spirits,' and so forth. But though we are here dealing with subtle things, they are still things and thus part of the sense-world of objects -- that is, of the world of Maya. Maya, as later explained, is, not 'illusion,' but Experience in time and space of Self and Not-Self. This is by no means necessarily illusion. The Whole therefore cannot be known by sense-knowledge. In short, sense or worldly knowledge cannot establish, that is, prove, what is super-sensual, such as the Whole, its nature and the 'other side' of its processes taken as a collectivity. Reasoning, whether working in metaphysics or science, is based on the data of sense and governed by those forms of understanding which constitute the nature of finite mind. It may establish a conclusion of probability, but not of certainty. Grounds of probability may be made out for Idealism, Realism, Pluralism and Monism, or any other philosophical system. In fact, from what we see, the balance of probability perhaps favors Realism and Pluralism. Reason may thus establish that an effect must have a cause, but not that the cause is one, For all that we can say, there may be as many causes as effects. Therefore it is said in Vedanta that "nothing (in these matters) *is* established by argument." All Western systems which do not possess actual spiritual experience as their basis are systems which can claim no certainty as regards any matter not verifiable by sense-

knowledge and reasoning thereon.

Shakta, and indeed all Vedantik teaching, holds that the only source and authority (Pramana) as regards supersensual matters, such as the nature of Being in itself, and the like, is Veda. Veda, which comes from the root *vid*, to know, is knowledge *par excellence*, that is super-sensual experience, which according to the Monist (to use the nearest English term) is the Experience-Whole. It may be primary or secondary. As the first it is actual experience (Sakshatkara) which in English is called 'spiritual' experience.

The Shakta, as a 'monist,' says that Veda is full experience as the One. This is not an object of knowledge. This knowing is Being. "To know Brahman is to *be* Brahman." He is a "monist," not because of rational argument only (though he can adduce reasoning in his support), but because he, or those whom he follows, have had *in fact* such 'monistic' experience, and therefore (in the light of such experience) interpret the Vedantik texts.

But 'spiritual' experience (to use that English term) may be incomplete both as to duration and nature. Thus from the imperfect ecstasy (Savikalpa-Samadhi), even when of a 'monistic' character, there is a return to world-experience. Again it may not be completely 'monistic' in form, or may be even of a distinctly dualistic character. This only means that the realization has stopped short of the final goal. This being the case, that goal is still perceived through the forms of duality which linger as part of the constitution of the experiencer. Thus there are Vedantik and other schools which are not 'monistic'. The spiritual experiences of all are real experiences, whatever be their character, and they are true according to the truth of the stage in which the experience is had. Do they contradict one another? The

experience which a man has of a mountain at fifty miles distance, is not false because it is at variance with that of the man who has climbed it. What he sees is the thing from where he sees it. The first question then is: Is there a 'monistic' experience *in fact*? Not whether 'monism' is rational or not, and shown to be probable to the intellect. But how can we know this ~ With certainty only by having the experience oneself. The validity of the experience for the experiencer cannot be assailed otherwise than by alleging fraud or self-deception. But how can this be proved? To the experiencer his experience is real, and nothing else is of any account. But the spiritual experience of one is no proof to another who refuses to accept it. A man may, however, accept what another says, having faith in the latter's alleged experience. Here we have the secondary meaning of Veda, that is secondary knowledge of super-sensual truth, not based on actual experience of the believer, but on the experience of some other which the former accepts. In this sense Veda is recorded for Brahmanism in the Scriptures called Vedas, which contain the *standard* experience of those whom Brahmanism recognizes as its Rishis or Seers. But the interpretation of the Vaidik record is in question, just as that of the Bible is. Why accept one interpretation rather than another'? This is a lengthy matter. Suffice to say here that each chooses the spiritual food which his spiritual body needs, and which it is capable of eating and assimilating. This is the doctrine of Adhikara. Here, as elsewhere, what is one man's meat is another man's poison. Nature works in all who are not altogether beyond her workings. What is called the 'will to believe' involves the affirmation that the form of a man's faith is the expression of his nature; the faith is the man. It is not man's reason only which leads to the adoption of a particular religious belief. It is the whole man as evolved at that particular time which does so. His affirmation of faith is an affirmation of his self in terms of it. The Shakta is

therefore a 'monist,' either because he has had himself spiritual experiences of this character, or because he accepts the teaching of those who claim to have had such experience. This is Apta knowledge, that is received from a source of authority, just as knowledge of the scientific or other expert is received. It is true that the latter may be verified. But so in its own way can the former be. Revelation to the Hindu is not something stated 'from above,' incapable of verification 'below'. He who accepts revelation as teaching the unity of the many in the One, may himself verify it in his own experience. How? If the disciple is what is called not fit to receive truth in this 'monistic' form, he will probably declare it to be untrue and, adhering to what he thinks is true, will not further trouble himself in the matter. If he is disposed to accept the teachings of 'monistic' religion-philosophy, it is because his own spiritual and psychical nature is at a stage which leads directly (though in a longer or shorter time as may be the case) to actual 'monistic' experience. A particular form of 'spiritual' knowledge like a particular psychic power can be developed only in him who has the capacity for it. To such an one asking, with desire for the fruit, how he may gather it, the Guru says: Follow the path of those who have achieved (Siddha) and you will gain what they gained. This is the 'Path of the Great' who are those whom we esteem to be such. We esteem them because they have achieved that which we believe to be both worthy and possible. If a would-be disciple refuses to follow the method (Sadhana) he cannot complain that he has not had its result. Though reason by itself cannot establish more than a probability, yet when the super-sensual truth has been learnt by Veda, it may be shown to be conformable to reason. And this must be so, for all realities are of one piece. Reason is a limited manifestation of the same Shakti, who is fully known in ecstasy (Samadhi) which transcends all reasoning. What, therefore, is irrational

can never be spiritually true. With the aid of the light of Revelation the path is made clear, and all that is seen tells of the Unseen. Facts of daily life give auxiliary proof. So many miss the truth which lies under their eyes, because to find it they look away or upwards to some fancied 'Heaven'. The sophisticated mind fears the obvious. "It is here; it is here," the Shakta and others say. For he and every other being is a microcosm, and so the *Vishvasara Tantra* says: "What is here, is elsewhere. What is not here, is nowhere." The unseen is the seen, which is not some alien disguise behind which it lurks. Experience of the seen is the experience of the unseen in time and space. The life of the individual is an expression of the same laws which govern the universe. Thus the Hindu knows, from his own daily rest, that the Power which projects the universe rests. His dreamless slumber when only Bliss is known tells him, in some fashion, of the causal state of universal rest. From the mode of his awakening and other psychological processes he divines the nature of creative thinking. To the Shakta the thrill of union with his Shakti is a faint reflection of the infinite Shiva-Shakti Bliss in and with which all universes are born. All matter is a relatively stable form of Energy. It lasts awhile and disappears into Energy. The universe is maintained awhile. This is Shakti as Vaishnavi, the Maintainer. At every moment creation, as rejuvenascent molecular activity, is going on as the Shakti Brahmani. At every moment there is molecular death and loosening of the forms, the work of Rudrani Shakti. Creation did not take place only at some past time, nor is dissolution only in the future. At every moment of time there is both. As it is now and before us here, so it was 'in the beginning'.

In short the world is real. It is a true experience. Observation and reason are here the guide. Even Veda is no authority in matters falling within sense-knowledge. If Veda

were to contradict such knowledge, it would, as Shamkara says, be in this respect no Veda at all. The Hindu is not troubled by 'biblical science'. Here and now the existence of the many is established for the sense-experencer. But there is another and Full Experience which also may be had here and now and is in any case also a fact, -- that is, when the Self 'stands out' (*ekstasis*) from mind and body and sense-experience. This Full Experience is attained in ecstasy (Samadhi). Both experiences may be had by the same experencer. It is thus the same One who became many. "He said: May I be many," as Veda tells. The 'will to be many' is Power or Shakti which operates as Maya.

In the preceding portion of this paper it was pointed out that the Power whereby the One gives effect to Its Will to be Many is Maya Shakti.

What are called the 36 Tattvas (accepted by both Shaktas and Shaivas) are the stages of evolution of the One into the Many as mind and matter.

Again with what warrant is this affirmed? The secondary proof is the Word of Shiva and Shakti. Revealers of the Tantra-shastra, as such Word is expounded in the teachings of the Masters (Acaryas) in the Agama.

Corroboration of their teaching may be had by observation of psychological stages in normal life and reasoning thereon. These psychological states again are the individual representation of the collective cosmic processes. "As here, so elsewhere." Primary evidence is actual experience of the surrounding and supreme states. Man does not leap at one bound from ordinary finite sense-experience to the Full Experience. By stages he advances thereto, and by stages he retraces his steps to the world, unless the fullness of

experience has been such as to burn up in the fire of Self-knowledge the seed of desire which is the germ of the world. Man's consciousness has no fixed boundary. On the contrary, it is at root the Infinite Consciousness, which appears in the form of a contraction (Shamkoca), due to limitation as Shakti in the form of mind and matter. This contraction may be greater or less. As it is gradually loosened, consciousness expands by degrees until, all bonds being gone, it becomes one with the Full Consciousness or Purna. Thus there are, according to common teaching, seven ascending light planes of experience, called Lokas, that is 'what are seen' (*lokyante*) or experienced; and seven dark descending planes, or Talas, that is 'places'. It will be observed that one name is given from the subjective and the other from the objective standpoint. The center of these planes is the 'Earth-plane' (Bhurloka). This is not the same as experience on earth, for every experience, including the highest and lowest, can be had here. The planes are not like geological strata, though necessity may picture them thus. The Earth-plane is the normal experience. The ascending planes are states of super-normal, and the descending planes of sub-normal experience. The highest of the planes is the Truth-plane (Satya-loka). Beyond this is the Supreme Experience, which is above all planes, which is Light itself, and the love of Shiva and Shakti, the 'Heart of the Supreme Lord' (*Hridayam parameshituh*). The lowest Tala on the dark side is described in the Puranas with wonderful symbolic imagery as a Place of Darkness where monster serpents, crowned with dim light, live in perpetual anger. Below this is the Shakti of the Lord called Tamomayi Shakti -- that is, the Veiling Power of Being in all its infinite intensity.

What then is the Reality -- Whole or Purna? It is certainly not a bare abstraction of intellect, for the intellect is only a fractional Power or Shakti in it. Such an abstraction has no

worth for man. In the Supreme Reality, which is the Whole, there is everything which is of worth to men, and which proceeds from it. In fact, as a Kashmir Scripture says: "The 'without' appears without only *because* it is within." Unworthy also proceeds from it, not in the sense that it is there *as* unworthy, but because the experience of duality, to which evil is attached, arises in the Blissful Whole. The Full is not merely the collectively (Samashti) of all which exists, for it is both immanent in and transcends the universe. It is a commonplace that it is unknowable except to Itself. Shiva in the *Yoginihridaya Tantra*, says: "Who knows the heart of a woman? Only Shiva knows the Heart of Yogini (the Supreme Shakti)." For this reason the Buddhist Tantrik schools call it Shunya or the Void. This is not 'nothing' but nothing known to mind and senses. Both Shaktas and some Vaishnavas use the term Shunya, and no one suspects them of being 'Nihilists'.

Relatively, however, the One is said to be Being (Sat), Bliss (Ananda) and Cit -- an untranslatable term which has been most accurately defined as the Changeless Principle of all changing experience, a Principle of which sensation, perception, conception, self-consciousness, feeling, memory, will, and all other psychic states are limited *modes*. It is not therefore Consciousness or Feeling as we understand these words, for these are directed and limited. It is the infinite root of which they are the finite flower. But Consciousness and possibly (according to the more ancient views) Feeling approach the most nearly to a definition, provided that we do not understand thereby Consciousness and Feeling in man's sense. We may thus (to distinguish it) call Cit, Pure Consciousness or Pure Feeling as Bliss (Ananda) knowing and enjoying its own full Reality. This, as such Pure Consciousness or Feeling, endures even when finite centers of Consciousness or Feeling arise in It. If (as this system

assumes) there is a real causal nexus between the two, then Being, as Shiva, is also a Power, or Shakti, which is the source of all Becoming. The fully Real, therefore, has two aspects: one called Shiva, the static aspect of Consciousness, and the other called Shakti, the kinetic aspect of the same. For this reason Kali Shakti, dark as a thundercloud, is represented standing and moving on the white inert body of Shiva. He is white as Illumination (Prakasha). He is inert, for Pure Consciousness is without action and at rest. It is She, His Power, who moves. Dark is She here because, as Kali, She dissolves all in darkness, that is vacuity of existence, which is the Light of Being Itself. Again She is Creatrix. Five corpse-like Shivas form the support of Her throne, set in the wish-granting groves of the Isle of Gems (Manidvipa), the golden sands of which are laved by the still waters of the Ocean of Nectar (Amrita), which is Immortality. In both cases we have a pictorial presentment in theological form of the scientific doctrine that to every form of activity there is a static background.

But until there is in fact Change, Shakti is merely the Potency of Becoming in Being and, as such, is wholly one with it. The Power (Shakti) and the possessor of Power (Shaktiman) are one. As therefore He is Being-Bliss-Consciousness, so is She. She is also the Full (Purna), which is no mere abstraction from its evolved manifestations. On the contrary, of Her the *Mahakali Stotra* says: "Though without feet, Thou movest more quickly than air. Though without ears, Thou dost hear. Though without nostrils, Thou dost smell. Though without eyes, Thou dost see. Though without tongue, Thou dost taste all tastes." Those who talk of the 'bloodless abstractions' of Vedanta, have not understood it. The ground of Man's Being is the Supreme 'I' (Purnosham) which, though in Itself beyond finite personality, is yet ever finitely personalizing as the beings of the universe. "Sa'ham," --

"She I am."

This is the Supreme Shakti, the ultimate object of the Shaktas' adoration, though worshipped in several forms, some gentle, some formidable.

But Potency is actualized as the universe, and this also is Shakti, for the effect is the cause modified. Monistic Vedanta teaches that God is the material cause of the world. The statement that the Supreme Shakti also exists as the Forms evolved from It, may seem to conflict with the doctrine that Power is ultimately one with Shiva who is changeless Being. Shamkara answers that the existence of a causal nexus is Maya, and that there is (from the transcendental standpoint) only a seeming cause and seeming modification or effect. The Shakta, who from his world-standpoint posits the reality of God as the Cause of the universe, replies that, while it is true that the effect (as effect) is the cause modified, the cause (as cause) remains what it was and is and will be. Creative evolution of the universe thus differs from the evolution in it. In the latter case the material cause when producing an effect ceases to be what it was. Thus milk turned into curd ceases to be milk. But the simile given of the other evolutionary process is that of 'Light from Light'. There is a similarity between the 'conventional' standpoint of Shamkara and the explanation of the Shakta; the difference being that, while to the former the effect is (from the transcendental standpoint) 'unreal,' it is from the Shakta's immanent standpoint 'real'.

It will have been observed that cosmic evolution is in the nature of a polarization in Being into static and kinetic aspects. This is symbolized in the Shakta Tantras by their comparison of Shiva-Shakti to a grain of gram (Canaka). This has two seeds which are so close together as to seem one,

and which are surrounded by a single sheath. The seeds are Shiva and Shakti and the sheath is Maya. When the sheath is unpeeled, that is when Maya Shakti operates, the two seeds come apart. The sheath unrolls when the seeds are ready to germinate, that is when in the dreamless slumber (Sushupti) of the World-Consciousness the remembrance of past enjoyment in Form gives rise to that divine creative 'thinking' of 'imagining' (Srishtikalpana) which is 'creation'. As the universe in dissolution sinks into a Memory which is lost, so it is born again from the germ of recalled Memory or Shakti. Why? Such a question may be answered when we are dealing with facts in the whole; but the latter itself is uncaused, and what is caused is not the whole. Manifestation is of the nature of Being-Power, just as it is Its nature to return to Itself after the actualization of Power. To the devotee who speaks in theological language, "It is His Will". As the *Yoginihridaya* says: "He painted the World-Picture on Himself with the Brush which is His Will and was pleased therewith."

Again the World is called a Prapañca, that is an *extension* of the five forms of sensible matter (Bhuta.) Where does it go at dissolution? It collapses into a Point (Bindu). We may regard it as a metaphysical point which is the complete 'subjectification' of the divine or full 'I' (Purnahanta), or objectively as a mathematical point without magnitude. Round that Point is coiled a mathematical Line which, being in touch with every part of the surface of the Point, makes one Point with it. What then is meant by these symbols of the Point and Line? It is said that the Supreme Shiva sees Himself in and as His own Power or Shakti. He is the 'White Point' or 'Moon' (Candra), which is Illumination and in the completed process, the 'I' (Aham), side of experience, She is the 'Red Point'. Both colors are seen in the microcosmic generation of the child. Red too is the color of Desire. She is

'Fire' which is the object of experience or 'This' (Idam), the objective side of experience. The 'This' here is nothing but a mass of Shiva's own illuminating rays. These are reflected in Himself as Shakti, who, in the *Kamakalavilasa*, is called the 'Pure Mirror' of Shiva. The Self sees the Self, the rays being thrown back on their source. The 'This' is the germ of what we call 'Otherness,' but here the 'Other' is and is known as the Self. The relation and fusion of these two Points, White and Red, is called the Mixed Point or 'Sun'. These are the three Supreme Lights. A = Shiva, Ha = Shakti, which united spell 'Aham' or 'I'. This 'Sun' is thus the state of full 'I-ness' (Purnaham-bhava). This is the Point into which the World at dissolution lapses, and from which in due time it comes forth again. In the latter case it is the Lord-Consciousness as the Supreme 'I' and Power about to create. For this reason Bindu is called a condensed or massive form of Shakti. It is the tense state of Power immediately prior to its first actualization. That form of Shakti, again by which the actualization takes place is Maya; and this is the Line round the Point. As coiled round the Point, it is the Supreme Serpent-Power (Mahakundalini) encircling the Shiva-Linga. From out of this Power comes the whisper to enjoy, in worlds of form, as the memory of past universes arises therein. Shakti then 'sees'. Shakti opens Her eyes as She reawakens from the Cosmic Sleep (Nimesha), which is dissolution. The Line is at first coiled and one with the Point, for Power is then at rest. Creation is movement, an uncoiling of Maya-Shakti. Hence is the world called Jagat, which means 'what moves'. The nature of this Power is circular or spiraline; hence the roundness and 'curvature' of things of which we now hear. Nothing moves in a really straight line. Hence again the universe is also called a spheroid (Brahmanda). The gross worlds are circular universal movements in space, in which, is the Ether (Akasha), Consciousness, as the Full (Purna), is never dichotomized,

but the finite centers which arise *in* it, are so. The Point, or Bindu, then divides into three, in various ways, the chief of which is Knower, Knowing and Known, which constitute the duality of the world-experience by Mind of Matter.

Unsurpassed for its profound analysis is the account of the thirty-six Tattvas or stages of Cosmic Evolution (accepted by both Shaivas and Shaktas) given by the Northern Shaiva School of the Agama, which flourished after the date which Western Orientalists assign to Shamkaracarya, and which was therefore in a position to criticize him. According to this account (which I greatly condense) Subject and Object in Pure Being are in indistinguishable union as the Supreme Shiva-Shakti. We have then to see how this unity is broken up into Subject and Object. This does not take place all at once. There is an intermediate stage of transition, in which there is a Subject *and* Object, but both are part of the Self, which knows its Object to be Itself. In man's experience they are wholly separate, the Object then being perceived as outside the Self, the plurality of Selves being mutually exclusive centers. The process and the result are the work of Shakti, whose special function is to negate, that is to negate Her own fullness, so that it becomes the finite center contracted as a limited Subject perceiving a limited Object, both being aspects of the one Divine Self.

The first stage after the Supreme is that in which Shakti withdraws Herself and leaves, as it were, standing by itself the 'I' side (Aham) of what, when completed, is the 'I-This' (Aham-Idam) experience. But simultaneously (for the 'I' must have its content) She presents Herself as a 'This' (Idam), at first faintly and then clearly; the emphasis being at first laid on the 'I' and then on the 'This'. This last is the stage of Ishvara Tattva or Bindu, as the Mantra Shastra, dealing with the causal state of 'Sound' (Shabda), calls it. In

the second and third stage, as also in the fourth which follows, though there is an 'I' *and* a 'This' and therefore not the indistinguishable 'I - This' of the Supreme Experience, yet both the 'I' and the 'This' are experienced as aspects of and in the Self. Then as a preliminary to the division which follows, the emphasis is laid equally on the 'I' and the 'This'. At this point Maya-Shakti intervenes and completely separates the two. For that Power is the Sense of Difference (Bheda-Buddhi). We have now the finite centers mutually exclusive one of the other, each seeing, to the extent of its power, finite centers as objects outside of and different from the self. Consciousness thus becomes *contracted*. In lieu of being All-knowing, it is a 'Little Knower,' and in lieu of being Almighty Power, it is a 'Little Doer'.

Maya is not rightly rendered 'Illusion'. In the first place it is conceived as a real Power of Being and as such is one with the Full Reality. The Full, free of all illusion, experiences the engendering of the finite centers and the centers themselves in and as Its own changeless partless Self. It is these individual centers produced from out of Power as Maya-Shakti which are 'Ignorance' or Avidya Shakti. They are so called because they are not a full experience but an experience of parts in the Whole. In another sense this 'Ignorance' is a knowing, namely, that which a finite center alone has. Even God cannot have man's mode of knowledge and enjoyment without becoming man. He by and as His Power does become man and yet remains Himself. Man is Power in limited form as Avidya. The Lord is unlimited Power as Maya. In whom then is the 'Illusion'? Not (all will admit) in the Lord. Nor is it in fact (whatever be the talk of it) in man whose nature it is to regard his limitations as real. For these limitations are he. His experience as man provides no standard whereby it may be adjudged 'Illusion'. The latter is non-conformity with normal experience, and here it is the

normal experience which is said to be Illusion. If there were no Avidya Shakti, there would be no man. In short the knowing which is Full Experience is one thing and the knowing of the limited experience is another. The latter is Avidya and the Power to produce it is Maya. Both are eternal aspects of Reality, though the forms which are Avidya Shakti come and go. If we seek to relate the one to the other, where and by whom is the comparison made? Not in and by the Full Experience beyond all relations, where no questions are asked or answers given, but on the standing ground of present finite experience where all subjectivity and objectivity are real and where therefore, *ipso facto*, Illusion is negative. The two aspects are never present at one and the same time for comparison. The universe is real as a limited thing to the limited experiencer who is himself a part of it. But the experience of the Supreme Person (Parahanta) is necessarily different, otherwise it would not be the Supreme Experience at all. A God who experiences just as man does is no God but man. There is, therefore, no experiencer to whom the World is Illusion. He who sees the world in the normal waking state, loses it in that form in ecstasy (Samadhi). It may, however, (with the Shakta) be said that the Supreme Experience is entire and unchanging and thus the fully Real; and that, though the limited experience is also real in its own way, it is yet an experience of change in its twin aspects of Time and Space. Maya, therefore, is the Power which engenders in Itself finite centers in Time and Space, and Avidya is such experience in fact of the finite experiencer in Time and Space. So much is this so, that the Time-theorists (Kalavadins) give the name 'Supreme Time' (Parakala) to the Creator, who is also called by the Shakta 'Great Time' (Mahakala). So in the *Bhairavayamala* it is said that Mahadeva (Shiva) distributes His Rays of Power in the form of the Year. That is, Timeless Experience appears in the finite centers as broken up into

periods of time. This is the 'Lesser Time' which comes in with the Sun, Moon, Six Seasons and so forth, which are all Shaktis of the Lord, the existence and movements of which give rise, in the limited observer, to the notion of Time and Space.

That observer is essentially the Self or 'Spirit' vehicled by Its own Shakti in the form of Mind and Matter. These two are Its Body, the first subtle, the second gross. Both have a common origin, namely the Supreme Power. Each is a real mode of It. One therefore does not produce the other. Both are produced by, and exist as modes of, the same Cause. There is a necessary parallelism between the Perceived and the Perceiver and, because Mind and Matter are at base one as modes of the same Power, one can act on the other. Mind is the subjective and Matter the objective aspect of the one polarized Consciousness.

With the unimportant exception of the Lokayatas, the Hindus have never shared what Sir William Jones called "the vulgar notions of matter," according to which it is regarded as some gross, lasting and independently existing outside thing.

Modern Western Science now also dematerializes the ponderable matter of the universe into Energy. This and the forms in which it is displayed is the Power of the Self to appear as the object of a limited center of knowing. Mind again is the Self as 'Consciousness,' limited by Its Power into such a center. By such contraction there is in lieu of an 'All-knower' a 'Little Knower,' and in lieu of an 'All-doer' a 'Little Doer'. Those, however, to whom this way of looking at things is naturally difficult, may regard the Supreme Shakti from the objective aspect as holding within Itself the germ of all Matter which develops in It.

Both Mind and Matter exist in every particle of the universe though not explicitly displayed in the same way in all. There is no corner of the universe which contains anything either potential or actual, which is not to be found elsewhere. Some aspect of Matter or Mind, however, may be more or less explicit or implicit. So in the Mantra Scripture it is said that each letter of the alphabet contains all sound. The sound of a particular letter is explicit and the other sounds are implicit. The sound of a particular letter is a particular physical audible mode of the Shabdabrahman (Brahman as the cause of Shabda or 'Sound'), in Whom is all sound, actual and potential. Pure Consciousness is fully involved in the densest forms of gross or organic matter, which is not 'inert' but full of 'movement' (Spanda), for there is naught but the Supreme Consciousness which does not move. Immanent in Mind and Matter is Consciousness (Cit Shakti). Inorganic matter is thus Consciousness in full subjection to the Power of Ignorance. It is thus Consciousness identifying Itself with such inorganic matter. Matter in all its five forms of density is present in everything. Mind too is there, though, owing to its imprisonment in Matter, undeveloped. "The Brahman sleeps in the stone." Life too which displays itself with the organization of matter is potentially contained in Being, of which such inorganic matter is, to some, a 'lifeless' form. From this deeply involved state Shakti enters into higher and higher organized forms. Prana or vitality is a Shakti -- the Mantra form of which is 'Hangsah'. With the Mantra 'Hang' the breath goes forth, with 'Sah' it is indrawn, a fact which anyone can verify for himself if he will attempt to inspire after putting the mouth in the way it is placed in order to pronounce the letter 'H'. The Rhythm of Creative Power as of breathing (a microcosmic form of it) is two-fold - - an outgoing (Pravritti) or involution as universe, and an evolution or return (Nivritti) of Supreme Power to Itself. Shakti as the Great Heart of the universe pulses forth and

back in cosmic systole and diastole. So much for the nature of the Power as an evolutionary process. It is displayed in the Forms evolved as an increasing exhibition of Consciousness from apparently, though not truly, unconscious matter, through the slight consciousness of the plant and the greater consciousness of the animal, to the more highly developed consciousness of man, who in the completeness of his own individual evolution becomes freed of Mind and Matter which constitute the Form, and thus is one with the Supreme Consciousness Itself. There are no gaps in the process. In existence there are no rigid partitions. The vital phenomena, to which we give the name of 'Life', appear, it is true, with organized Matter. But Life is not then something entirely new which had no sort of being before. For such Life is only a limited mode of Being, which itself is no dead thing but the Infinite Life of all lives. To the Hindu the difference between plant and animal, and between the latter and man, has always been one rather of degree than of kind. There is one Consciousness and one Mind and Matter throughout, though the Matter is organized and the Mind is exhibited in various ways. The one Shakti is the Self as the 'String' (Sutratma) on which all the Beads of Form are strung, and these Beads again are limited modes of Herself as the 'String'. Evolution is thus the loosening of the bonds in which Consciousness (itself unchanging) is held, such loosening being increased and Consciousness more fully exhibited as the process is carried forward. At length is gained that human state which the Scripture calls so 'hard to get'. For it has been won by much striving and through suffering. Therefore the Scripture warns man not to neglect the opportunities of a stage which is the necessary preliminary to the attainment of the Full Experience. Man by his striving must seek to become fully humane, and then to pass yet further into the Divine Fullness which is beyond all Forms with their good and evil. This is the work of Sadhana

(a word which comes from the root *sadh* 'to exert'), which is discipline, ritual, worship and Yoga. It is that by which any result (Siddhi) is attained. The Tantrik Shastra is a Sadhana Scripture. As Powers are many, so may be Sadhana, which is of various kinds and degrees. Man may seek to realize the Mother-Power in Her limited forms as health, strength, long life, wealth, magic powers and so forth. The so-called 'New Thought' and kindred literature which bids men to think Power and thus to become power, is very ancient, going back at least to the Upanishad which says: "What a man thinks, that he becomes."

Those who have need for the Infinite Mother as She is, not in any Form but in Herself, seek directly the Adorable One in whom is the essence of all which is of finite worth. The gist of a high form of Kulasadhana is given in the following verse from the Hymn of Mahakalarudra Himself to Mahakali:

*"I torture not my body with penances." (Is not his body Hers? If man be God in human guise why torment him?) "I lame not my feet in pilgrimage to Holy Places." (The body is the Devalaya or Temple of Divinity. Therein are all the spiritual Tirthas or Holy Places. Why then trouble to go elsewhere?) "I spend not my time in reading the Vedas." (The Vedas, which he has already studied, are the record of the standard spiritual experience of others. He seeks now to have that experience himself directly. What is the use of merely reading about it? The *Kularnava Tantra* enjoins the mastering of the essence of all Scriptures which should then be put aside, just as he who has threshed out the grain throws away the husks and straw.) "But I strive to attain Thy two sacred Feet."*

## Chapter Three

### What Are the Tantras and Their Significance?

A VERY common expression in English writings is "The Tantra"; but its use is often due to a misconception and leads to others. For what does Tantra mean? The word denotes injunction (Vidhi), regulation (Niyama), Shastra generally or treatise. Thus Shamkara calls the Samkhya a Tantra. A secular writing may be called Tantra. For the following note I am indebted to Professor Surendranath Das Gupta. "The word 'Tantra' has been derived in the *Kashika-Vritti* (7-2-9) from the root 'Tan' 'to spread' by the Aunadika rule Sarvadhathubhyah tran, with the addition of the suffix 'tran'. Vacaspati, Anandagiri, and Govindananda, however, derive the word from the root 'Tatri' of 'Tantri' in the sense of Vyutpadana, origination or knowledge. In *Ganapatha*, however, 'Tantri' has the same meaning as 'Tan' 'to spread' and it is probable that the former root is a modification of the latter. The meaning Vyutpadana is also probably derived by narrowing the general sense of Vistara which is the meaning of the root 'Tan'."

According to the derivation of 'Tantra' from *Tan*, to spread, Tantra is that (Scripture) by which knowledge (Jñana) is spread (Tanyate, vistaryate jñanam anena, iti Tantram). The Suffix *Tra* is from the root 'to save'. That knowledge is spread which saves. What is that but religious knowledge? Therefore, as here and generally used, Tantra means a particular kind of religious scripture. The Kamika Agama of the Shaiva Siddhanta (Tantrantara Patala) says:

*Tanoti vipulan arthan tattvamantra-samanvitan*

*Trananca kurute yasmāt tantram ityabhidhyate.*

(It is called Tantra because it promulgates great knowledge concerning Tattva and Mantra and because it saves.)

It is a common misconception that Tantra is the name only of the Scripture of the Shaktas or worshippers of Shakti. This is not so. There are Tantras of other sects of the Agama, Tantras of Shaivas, Vaishnavas and so forth. We cannot speak of "The Treatise" nor of "The Tantra" any more than we can or do speak of the Purana, the Samhita. We can speak of "the Tantras" as we do of "the Puranas". These Tantras are Shastras of what is called the Agama. In a review of one of my works it was suggested that the Agama is a class of Scriptures dealing with the worship of Saguna Ishvara which was revealed at the close of the age of the Upanishads, and introduced partly because of the falling into desuetude of the Vaidika Acara, and partly because of the increasing numbers of persons entering the Hindu fold who were not competent (Adhikari) for that Acara. I will not however deal with this historical question beyond noting the fact that the Agama is open to all persons of all castes and both sexes, and is not subject to the restrictions of the Vaidika Acara. This last term is a common one and comes from the verbal root *char*, which means to move or to act, the prefix 3 being probably used in the sense of restriction. Acara thus means practice, way, rule of life governing a Sadhaka, or one who does Sadhana or practice for some desired end (Siddhi).

The Agamas are divided into three main groups according as the Ishtadevata worshipped is Shakti, Shiva or Vishnu. The first is the Shakta Agama, the second the Shaivagama, and the third the Vaishnava Agama or Pancaratra. This last is the Scripture to which the *Shrimad Bhagavata* (X. 90. 34) refers as Sattvata Tantra in the lines,

*Tenoktang sattvatang tantram yaj jnattva muktibhag  
bhavet*

*Yatra strishudradasanang sangskaro vaisnavah smritah.*

Some Agamas are called Vaidik (Vaidika Agama) and some non-Vaidik (Avidika). The *Kurma Purana* (XVI.1) mentions as belonging to the latter, Kapala, Lakula, Vama, Bhairava, Purva, Pashcima, Pañcaratras, Pashupata and many others. Pashupata again is said to be both Vaidika and Avidika such as Lakula. *Kurma Purana* (Uttarabhaga, Ch. 38) says "By Me was first composed, for the attainment of Liberation, Shrauta (Vaidika) Pashupata which is excellent, subtle, and secret, the essence of Veda (Vedasara). The learned devoted to Veda should meditate on Shiva Pashupati. This is Pashupata Yoga to be practiced by seekers of Liberation. By Me also have been spoken Pashupata, Soma, Lakula and Bhairava opposed to Veda (Vedavadaviruddhani). These should not be practiced. They are outside Veda." *Sanatkumara Samhita* says:

*Shrautashrautavibhedena dvidividhastu shivagamah*

*Shrutisaramapah shrautah sah punar dvidividho matah*

*Svatantra itarash ceti svatanthro dashadha pura*

*Tatha' shtadashadha pashcat siddhanta iti giyate*

*Itarah shrutisaras tu shatakoti-pravistarah.*

(See also *Vayu Samhita*, Ch. I. 28)

(Shaivagama is of two kinds, Shrauta and Ashrauta. Shrauta is Shrautisaramaya and of two kinds, Svatantra and Itara. Svatantra is first of ten kinds and then Siddhanta of eighteen

kinds. (This is the Shaivasiddhanta Agama with 28 Mula Agamas and 207 Upagamas. It is Shuddhadvaita because in it there is no Visheshana). Itara is Shrutisara with numerous varieties. Into this mass of sects I do not attempt here to enter, except in a general way. My subject is the doctrine and ritual of the Shaktas. There are said to be Shaiva, Vaishnava, and Shakta Upanishads favoring one or another doctrine.

We must, however, in all cases distinguish between what a School says of itself and what others say of it. So far as I am aware all Agamas, whatever be their origin, *claim* now to be based on Shruti, though of course as different interpretations are put on Shruti, those who accept one interpretation are apt to speak of differing Schools as heretical. These main divisions again have subdivisions. Thus there are several Schools of Shaivas; and there are Shaktas with their nine Amnyas, four Sampradayas (Kerala, Kashmira, Gauda and Vilasa) each divided into two-fold division of inner and outer worship (*Sammohana Tantra*, Ch. V). There is for instance the Northern Shaiva School called Trika of Kashmir, in which country at one time Tantra Shastras were very prevalent. There is again the Southern Shaiva School called Shaivasiddhanta. The Shaktas who are to be found throughout India are largely prevalent in Bengal and Assam. The Shaktas are rather allied with the Northern Advaita Shaiva than with the others, though in them also there is worship of Shakti. Shiva and Shakti are one and he who worships one necessarily worships the other. But whereas the Shaiva predominantly worships Shiva, the Shakta predominantly worships the Shakti side of the Ardhanarishvara Murti, which is both Shiva and Shakti.

Mahavishnu and Sadashiva are also one. As the *Sammohana Tantra* (Ch. VIII) says, "Without Prakriti the Samsara (World)

cannot be. Without Purusha true knowledge cannot be attained. Therefore should both be worshipped; with Mahakali, Mahakala." Some, it says, speak of Shiva, some of Shakti, some of Narayana (Vishnu). But the supreme Narayana (Adinarayana) is supreme Shiva (Parashambhu), the Nirguna Brahman, pure as crystal. The two aspects of the Supreme reflect the one in the other. The Reflection (Pratibimba) is Maya whence the World-Lords (Lokapalas) and the Worlds are born. The Adya Lalita (Mahashakti) at one time assumed the male form of Krishna and at another that of Rama (Ch. IX). For all aspects are in Mahakali, one with Bhairava Mahakala, who is Mahavishnu. "It is only a fool" it says, "who sees any difference between Rama and Shiva." This is of course to look at the matter from the high Vedantik standpoint of Shakta doctrine. Nevertheless separate worship and rituals exist among the Sects. A common philosophical basis of the Shaivas and those of Shaktas, who are Agamavadins, is the doctrine of the Thirty-six Tantras. These are referred to in the Tantra (Ch. VII) so well known in Bengal which is called *Kularnava*. They are also referred to in other Shakta works and their commentaries such as the *Anandalahari*. The *Sharada Tilaka*, a great authority amongst the Bengal Shaktas, is the work of Lakshmanacarya, an author of the Kashmir Shaiva school. The latter school as also the Shaktas are Advaitins. The Shaiva Siddhanta and Pancaratra are Shuddhadvaita and Vishishtadvaita respectively. There is also a great body of Buddhist Tantras of differing schools. (I have published one - - the Shricakra Sambhara Tantra as Vol. VII of Tantrik Texts.) Now all these schools have Tantras of their own. The original connection of the Shaiva schools is said to be shown amongst other things, by the fact that some Tantras are common, such as Mrigendra and Matanga Tantras. It has been asserted that the Shakta school is not historically connected with the Shaivas. No grounds were given for this

statement. Whatever be the historical origins of the former, the two appear to be in several respects allied at present, as any one who knows Shakta literature may find out for himself. In fact Shakta literature is in parts unintelligible to one unacquainted with some features of what is called the Shaiva Darshana. How otherwise is it that the 36 Tattvas and Shadadhva (see my *Garland of Letters*) are common to both?

The Shaktas have again been divided into three groups. Thus the esteemed Pandit R. Ananta Shastri in the Introduction to his edition of *Anandalahari* speaks of the Kaula or Shakta Shastras with sixty-four Tantras; the Mishra with eight Tantras; and the Samaya group which are said to be the most important of the Shakta Agamas, of which five are mentioned. This classification purports to be based on the nature of the object pursued, according as it belongs to one or the other of the Purusharthas. Pancaratra literature is very considerable, one hundred and eight works being mentioned by the same Pandit in Vol. XIII, pp. 357-363 of *The Theosophist*. I would refer the reader also to the very valuable edition of the *Ahimbudhnya Samhita* by my friend Dr. Otto Schrader, with an Introduction by the learned Doctor on the Pancaratra system where many Vaishnava Tantras and Samhitas are cited. The Trika school has many Tantras of which the leading one is Malinivijaya. The Svachchanda Tantra comes next. Jagadisha Chandra Chattopadhyaya Vidyavaridhi has written with learning and lucidity on this school. The Shaivasiddhanta has twenty-eight leading Tantras and a large number of Upagamas, such as Taraka Tantra, Vama Tantra and others, which will be found enumerated in Schomerus' *Der Shaiva-siddhanta*, Nallasvami Pillai's *Studies in Shaivasiddhanta* (p. 294), and *Shivajiñanasiddhiyar* (p. 211). *The Sammohana Tantra* (Ch. VI) mentions 64 Tantras, 327 Upatantras, as also Yamalas,

Damaras, Samhitas and other Scriptures of the Shaiva class; 75 Tantras, 205 Upatantras, also Yamalas, Damaras, Samhitas of the Vaishnava class; numerous Tantras and other scriptures of the Ganapatya and Saura classes, and a number of Puranas, Upapuranas and other variously named Scriptures of the Bauddha class. It then (Ch. VII) mentions over 500 Tantras and nearly the same number of Upatantras, of some 22 Agamas, Cinagama (see Ch. VI *post*), Buddhagama, Jaina, Pashupata, Kapalika, Pancaratra, Bhairava and others. There is thus a vast mass of Tantras in the Agamas belonging to differing schools of doctrine and practice, all of which must be studied before we can speak with certainty as to what the mighty Agama as a whole is. In this book I briefly deal with one section of it only. Nevertheless when these Agamas have been examined and are better known, it will, I think, be found that they are largely variant aspects of the same general ideas and practices.

As instances of general ideas I may cite the following: the conception of Deity as a supreme Personality (Parahanta) and of the double aspect of God in one of which He really is or becomes the Universe; a true emanation from Him in His creative aspect; successive emanations (Abhasa, Vyuha) as of "fire from fire" from subtle to gross; doctrine of Shakti; pure and impure creation; the denial of unconscious Maya, such as Shamkara teaches; doctrine of Maya Kosha and the Kañcukas (the six Shaiva Kañcukas being, as Dr. Schrader says, represented by the possibly earlier classification in the Pancaratra of the three Samkocas); the carrying of the origin of things up and beyond Purusha-Prakriti; acceptance at a later stage of Purusha-Prakriti, the Samkhyan Gunas, and evolution of Tattvas as applied to the doctrine of Shakti; affirmance of the reality of the Universe; emphasis on

devotion (Bhakti); provision for all castes and both sexes.

Instances of common practice are for example Mantra, Bija, Yantra, Mudra, Nyasa, Bhutashuddhi, Kundaliyoga, construction and consecration of temples and images (Kriya), religious and social observances (Carya) such as Ahnika, Varnashramadharma, Utsava; and practical magic (Maya-yoga). Where there is Mantra, Yantra, Nyasa, Diksha, Guru and the like, there is Tantra Shastra. In fact one of the names of the latter is Mantra Shastra. With these similarities there are certain variations of doctrines and practice between the schools. Necessarily also, even on points of common similarity, there is some variance in terminology and exposition which is unessential. Thus when looking at their broad features, it is of no account whether with the Pancaratra we speak of Lakshmi, Shakti, Vyuha, Samkoca; or whether in terms of other schools we speak of Tripurasundari and Mahakali, Tattvas and Kañcukas. Again there are some differences in ritual which are not of great moment except in one and that a notable instance. I refer to the well-known division of worshippers into Dakshinacara and Vamacara. The secret Sadhana of some of the latter (which I may here say is not usually understood) has acquired such notoriety that to most the term "The Tantra" connotes this particular worship and its abuses and nothing else. I may here also observe that it is a mistake to suppose that aberrations in doctrine and practice are peculiar to India. A Missionary wrote to me some years ago that this country was "a demon-haunted land". There are demons here, but they are not the only inhabitants; and tendencies to be found here have existed elsewhere. The West has produced many a doctrine and practice of an antinomian character. Some of the most extreme are to be found there. Moreover, though this does not seem to be recognized, it is nevertheless the fact that these Kaula rites are

philosophically based on monistic doctrine. Now it is this Kaula doctrine and practice, limited probably, as being a secret doctrine, at all times to comparatively few, which has come to be known as "The Tantra". Nothing is more incorrect. This is but one division of worshippers who again are but one section of the numerous followers of the Agamas, Shaiva, Shakta and Vaishnava. Though there are certain common features which may be called Tantrik yet one cannot speak of "The Tantra" as though it were one entirely homogeneous doctrine and practice. Still less can we identify it with the particular practices and theories of one division of worshippers only. Further the Tantras are concerned with Science, Law, Medicine and a variety of subjects other than spiritual doctrine or worship. Thus Indian chemistry and medicine are largely indebted to the Tantrikas.

According to a common notion the word "Tantra" is (to use the language of a well-known work) "restricted to the necromantic books of the latter Shivaic or Shakti mysticism" (Waddell's *Buddhism of Tibet*, p, 164). As charity covers many sins, so "mystic" and "mysticism" are words which cover much ignorance. "Necromancy" too looms unnecessarily large in writers of this school. It is, however, the fact that Western authors generally so understand the term "Tantra". They are, however, in error in so doing as previously explained. Here I shortly deal with the significance of the Tantra Shastra, which is of course also misunderstood, being generally spoken of as a jumble of "black magic," and "erotic mysticism," cemented together by a ritual which is "meaningless mummerly". A large number of persons who talk in this strain have never had a Tantra in their hands, and such Orientalists as have read some portions of these Scriptures have not generally understood them, otherwise they would not have found them to be so "meaningless".

They may be bad, or they may be good, but they have a meaning. Men are not such fools as to believe for ages in what is meaningless. The use of this term implies that their content had no meaning to them. Very likely; for to define as they do Mantra as "mystical words," Mudra as "mystical gestures" and Yantra as "mystical diagrams" does not imply knowledge. These erroneous notions as to the nature of the Agama are of course due to the mistaken identification of the whole body of the Scripture with one section of it. Further this last is only known through the abuses to which its dangerous practices as carried out by inferior persons have given rise. It is stated in the Shastra itself in which they are prescribed that the path is full of difficulty and peril and he who fails upon it goes to Hell. That there are those who have so failed, and others who have been guilty of evil magic, is well known. I am not in this Chapter concerned with this special ritual or magic but with the practices which govern the life of the vast mass of the Indian people to be found in the Tantras of the Agamas of the different schools which I have mentioned.

A Western writer in a review of one of my books has expressed the opinion that the Tantra Shastra (I think he meant the Shakta) was, at least in its origin, alien and indeed hostile to the Veda. He said: "We are strongly of opinion that in their essence the two principles are fundamentally opposed and that the Tantra only used Vedic forms to mask its essential opposition." I will not discuss this question here. It is, however, the fact now, as it has been for centuries past, that the Agamavadins claim to base their doctrine on Veda. The Vedanta is the final authority and basis for the doctrines set forth in the Tantras, though the latter interpret the Vedanta in various ways. The real meaning of Vedanta is Upanishad and nothing else. Many persons, however, speak of Vedanta as though it meant the

philosophy of Shamkara or whatever other philosopher they follow. This of course is incorrect. Vedanta is Shruti. Shamkara's philosophy is merely one interpretation of Shruti just as Ramanuja's is another and that of the Shaivagama or Kaulagama is a third. There is no question of competition between Vedanta as Shruti and Tantra Shastra. It is, however, the fact that each of the followers of the different schools of Agama contend that their interpretation of the Shruti texts is the true one and superior to that of other schools. As a stranger to all these sects, I am not here concerned to show that one system is better than the other. Each will adopt that, which most suits him. I am only stating the facts. As the *Ahirbudhnya Samhita* of the Pañcaratras Agama says, the aspects of God are infinite, and no philosopher can seize and duly express more than one aspect. This is perfectly true. All systems of interpretation have some merits as they have defects, that of Shamkara included. The latter by his Mayavada is able to preserve more completely than any other interpretation the changelessness and stainlessness of Brahman. It does this, however, at the cost of certain defects, which do not exist in other schools, which have also their own peculiar merits and shortcomings. The basis and seat of authority is Shruti or experience and the Agama interprets Shruti in its own way. Thus the Shaiva-Shakta doctrines are specific solutions of the Vedantic theme which differ in several respects from that of Shamkara, though as they agree (I speak of the Northern Shaiva School) with him on the fundamental question of the unity of Jivatma and Paramatma, they are therefore Advaita.

The next question is how the experience of which the Agama speaks may be gained. This is also prescribed in the Shastra in the form of peculiar Sadhanas or disciplines. In the first place there must be a healthy physical and moral life. To know a thing in its ultimate sense is to *be* that thing. To

know Brahman is, according to Advaita, to *be* Brahman. One cannot realize Brahman the Pure except by being oneself pure (Shuddhacitta). But to attain and keep this state, as well as progress therein, certain specific means, practices, rituals or disciplines are necessary. The result cannot be got by mere philosophical talk about Brahman. Religion is a practical activity. Just as the body requires exercise, training and gymnastic, so does the mind. This may be of a merely intellectual or spiritual kind. The means employed are called Sadhana which comes from the root "*Sadh*," to exert. Sadhana is that which leads to Siddhi. Sadhana is the development of Shakti. Man is Consciousness (Atma) vehicled by Shakti in the form of mind and body. But this Shakti is at base Pure Consciousness, just as Atma is; for Atma and Shakti are one. Man is thus a vast magazine of both latent and expressed power. The object of Sadhana is to develop man's Shakti, whether for temporal or spiritual purposes. But where is Sadhana to be found P Seeing that the Vaidika Acara has fallen in practical desuetude we can find it nowhere but in the Agamas and in the Puranas which are replete with Tantrik rituals. The Tantras of these Agamas therefore contain both a *practical* exposition of spiritual doctrine and the means by which the truth it teaches may be *realized*. Their authority does not depend, as Western writers and some of their Eastern followers suppose, on the date when they were revealed but on the question whether Siddhi is gained thereby. This too is the proof of Ayurveda. The test of medicine is that it cures. If Siddhi is not obtained, the fact it is written "Shiva uvaca" (Shiva speaks) or the like counts for nothing. The Agama therefore is a *practical* exposition and application of Doctrine varying according to its different schools.

The latest tendency in modern Western philosophy is to rest upon intuition, as it was formerly the tendency to glorify

dialectic. Intuition has, however, to be led into higher and higher possibilities by means of Sadhana. This term means work or practice, which in its result is the gradual unfolding of the Spirit's vast latent magazine of power (Shakti), enjoyment and vision which everyone possesses in himself. The philosophy of the Agama is, as a friend and collaborator of mine, Professor Pramathanatha Mukhyo-padhyaya, very well put it, a practical philosophy, adding, that what the intellectual world wants to-day is this sort of philosophy; a philosophy which not merely *argues* but *experiments*. The form which Sadhana takes is a secondary matter. One goal may be reached by many paths. What is the path in any particular case depends on considerations of personal capacity and temperament, race and faith. For the Hindu there is the Agama which contains forms of discipline which his race has evolved and are therefore *prima facie* suitable for him. This is not to say that these forms are unalterable or acceptable to all. Others will adopt other forms of Sadhana suitable to them. Thus, amongst Christians, the Catholic Church prescribes a full and powerful Sadhana in its Sacraments (Samskara) and Worship (Puja, Upasana), Meditation (Dhyana), Rosary (Japa) and the like. But any system to be fruitful must *experiment* to gain *experience*. The significance of the Tantra Shastra lies in this that it claims to afford a means available to all, of *whatever caste* and of *either sex*, whereby the truths taught may be *practically realized*.

The Tantras both in India and Tibet are the expression of principles which are of universal application. The mere statement of religious truths avails not. What is necessary for all is a *practical method* of realization. This too the occultist needs. Further the ordinary run of mankind can neither apprehend, nor do they derive satisfaction from mere metaphysical concepts. They accept them only when

presented in personal form. They care not for Shunyata, the Void, nor Saccidananda in the sense of mere Consciousness - - Being -- Bliss. They appeal to personal Bodhisattvas, Buddhas, Shiva, Vishnu, Devi who will hear their prayer, and grant them aid. Next they cannot stand by themselves. They need the counsel and guidance of priest and Guru and the fortifying virtues of the sacraments. They need a definite picture of their object of worship, such as is detailed in the Dhyana of the Devatas, an image, a Yantra, a Mandala and so forth, a developed ritual and pictorial religion. This is not to say that they are wrong. These natural tendencies, however, become accentuated in course of time to a point where "superstition," mechanical devotion and lifeless formalism and other abuses are produced. There then takes place what is called a "Reform," in the direction of a more spiritual religion. This too is accentuated to the point of barrenness. Religion becomes sterile to produce practical result and ritual and pictorial religion recurs. So Buddhism, which in its origin has been represented to be a reaction against excessive and barren ritualism, could not rest with a mere statement of the noble truths and the eightfold path. Something practical was needed. The Mahayana (Thegpa Chhenpo) was produced. Nagarjuna in the second century A.D. (?) is said to have promulgated ideas to be found in the Tantras. In order to realize the desired end, use was made of all the powers of man, physical and mental. Theistic notions as also Yoga came again to the fore in the Yogacharya and other Buddhist systems. The worship of images and an elaborate ritual was introduced. The worship of the Shaktis spread. The Mantrayana and Vajrayana found acceptance with, what an English writer (*The Buddhism of Tibet* by L. Waddell) describes in the usual style as its "silly mummery of unmeaning jargon and gibberish," the latter being said to be "the most depraved form of Buddhist doctrine." So-called Tantrik Buddhism became thus fully

developed. A Tantrik reformer in the person of Tsongkhapa arose, who codified the Tantras in his work Lam-rim Chhen-mo. The great code, the Kah-gyur, contains in one of its sections the Tantras (Rgyud) containing ritual, worship of the Divine Mothers, theology, astrology and natural science, as do their Indian counterparts. These are of four classes, the Kriya, Carya, Yoga, Anuttara Tantras, the latter comprising Maha, Anu and Ati-Yoga Tantras. The Tan-ghur similarly contains many volumes of Tantras (Rgyud). Then, at length, Buddhism was driven from out of India. Brahmanism and its rituals survived and increased, until both in our day and the nearer past we see in the so-called reformed sects a movement towards what is claimed to be a more spiritual religion. Throughout the ages the same movements of action and reaction manifest. What is right here lies in the middle course. Some practical method and ritual is necessary if religion is not to be barren of result. The nature of the method and ritual will vary according to the capacity and development of men. On the other hand, the "crooked influence of time" tends to overlay the essential spiritual truths with unintelligent and dead formalism. The Tantra Shastra stands for a principle of high value though, like other things admittedly good, it is capable of, and has suffered, abuse. An important point in this connection should be noted. In Europe we see extreme puritan reaction with the result that the religious movements which embody them become one-sided and without provision for ordinary human needs. Brahmanism has ever been all-inclusive, producing a Sadhana of varying kinds, material and mental, for the different stages of spiritual advancement and exempting from further ritual those for whom, by reason of their attainment, it is no longer necessary.

## **Chapter Four**

### **Tantra Shastra and Veda**

In writing this Chapter I have in mind the dispute which some have raised upon the question whether the Agamas, or some of them, are Vaidik or non-Vaidik.

I do not here deal with the nature and schools of Tantra or Agama nor with their historical origin. Something has been said on these points in the Introductions to the English translations of Pandit Shiva Chandra Vidyarnava's *Tantra-tattva*. I have also dealt with this subject in the two Chapters, "What are the Tantras and their significance?" and "Shakti and Shakta". I wish to avoid repetitions, except so far as is absolutely necessary for the elucidation of the particular subject in hand. On the disputed question whether the Agamas are Vaidik or non-Vaidik I desire to point out that an answer cannot be given unless we keep apart two distinct matters, *viz.*, (1) what was the origin of the Agamas and (2) what they are now. I am not here, however, dealing with the first or historical question, but with the second so far as the Shakta Agama is concerned. Let us assume, for the sake of argument, that (to take a specific example) worship of Kali and other Devis by the Shaktas indicates the existence of non-Aryan elements in their Agama. The question of real importance here, as always, is not as to what were the facts in remote past ages, but what they are now. The answer then is -- let it be as you will regarding the origin of the Shakta Agama; but at present Shakta worship is an integral part of the Hinduism and as such admits the authority of Veda, accepting, as later explained, every other belief held by the general body of the Hindu people.

In a recent prosecution under Sections 292, 293 of the Indian Penal Code against an accused who had published a

Tantra (but who was rightly acquitted), an Indian Deputy Magistrate who had advised the prosecution, and who claimed to be an orthodox Hindu, stated (I am informed) in the witness box, that he could not define what the Tantra Shastra was, or state whether it was a Hindu scripture of the Kali age, or whether a well-known particular Shastra shown to him was one of the Tantras. Such ignorance is typical of many at the present time and is a legacy from a vanishing age. How is it that a Shastra which has had its followers throughout India from the Himalayas (the abode of Shiva and of Parvati Devi) to Cape Comorin (a corruption of Kumart Devi) which ruled for centuries, so that we may speak of a Tantrik epoch; which even to-day governs the household and temple ritual of every Hindu; how is it that such a Shastra has fallen into complete neglect and disrepute amongst the larger body of the English-educated community'? I remember a time when mention of the Shastra was only made (I speak of course of the same class) with bated breath; and when any one who concerned himself therewith became thereby liable to the charge of giving licentious sway to drink and women. The answer is both a general and particular one. In the first place the English-educated people of this country were formerly almost exclusively, and later to a considerable extent, under the sway of their English educators. In fact they were in a sense their creation. They were, and some of them still are, the Manasaputra of the English. For them what was English and Western was the mode. Hindu religion, philosophy and art were only, it was supposed, for the so-called "uneducated" women and peasants and for native Pandits who, though learned in their futile way, had not received the illuminating advantages of a Western training. In my own time an objection was (I am informed) taken by Indian Fellows of the Calcutta University to the appointment of the learned Pandit Candrakanta Tarkalamkara to a chair of

Indian philosophy on the ground that he was a mere native Pandit. In this case English Fellows and the then Vice-Chancellor opposed this absurd and snobbish objection. When the authority of the English teachers was at its highest, what they taught was law, even though their judgments were, in respect of Indian subjects of which they had but a scant and imperfect knowledge, defective. If they said with, or in anticipation of, one Professor, that the Vedas were "the babbling of a child humanity" and the Brahmanas "the drivel of madmen," or with another that the thought of the Upanishads was so "low" that it could not be correctly rendered in the high English language; that in "treating of Indian philosophy a writer has to deal with thoughts of a lower order than the thoughts of the every-day life of Europe"; that Smriti was mere priestly tyranny, the Puranas idle legends and the Tantras mere wickedness and debauchery; that Hindu philosophy was (to borrow another English Professor's language concerning the Samkhya) "with all its folly and fanaticism little better than a chaotic impertinence"; and that Yoga was, according to the same man of learning, "the fanatical vagaries of theocracy"; that Indian ritual was nothing but superstition, mummery, and idolatry, and (Indian) art, inelegant, monstrous, and grotesque -- all this was with readiness accepted as high learning and wisdom, with perhaps here and there an occasional faint, and even apologetic, demur. I recollect in this connection a rather halting, and shamefaced, protest by the late Rajendra Lal Mitra. I do not say that none of these or other adverse criticisms had any ground whatever. There has been imperfection, folly, superstition, wickedness, here as elsewhere. There has been much of it, for example, in the countries, whence these critics of India came. It is, however, obvious that such criticisms are so excessive as to be absurd.

Even when giving an account of Eastern thought the

Western is apt to take up a "superior" attitude because he believes himself to be superior. The Bishop of Durham very clearly reveals this sense of superiority (*Christian Aspects of Life*, by B. F. Westcott, 175) when after stating that the duty of the Christian missionary was to substitute for "the sterile theism of Islam and the shadowy vagueness of Hindu Philosophy a belief in a living and speaking God" he goes on to point out that "our very advantages" by way of "the consciousness of social and intellectual superiority with which we are filled" and "the national force which sets us as conquerors where we come as evangelists" constitute a danger in the mission field. It is this notion of "superiority" also which prevents a right understanding, and which notwithstanding the facts, insists on charges which, if established, would maintain the reputation for inferiority of the colored races. It is this reiterated claim to superiority that has hypnotized many persons amongst Eastern races into the belief that the European is, amongst other things, always a safe and learned critic even of their own beliefs and practices.

Raja Rammohan Roy was the first to take up the cause of his faith, divorcing it from the superstitious accretions which gather around all religions in the course of the ages. The same defense was made in recent times by that man of upstanding courage, Svami Vivekananda. Foreign criticism on Indian religion now tends in some quarters to greater comprehension. I say in some quarters; for even in quite recent years English books have been published which would be amazing, were one not aware of the deep ignorance and prejudice which exist on the subject. In one of these books the Hindu religion is described as "a mixture of nightmare nonsense and time-wasting rubbish fulfilling no useful purpose whatever: only adding to the general burden of existence borne by Humanity in its struggle for existence." In

another it is said to be "a weltering chaos of terror, darkness, and uncertainty". It is a religion without the apprehension of a moral evolution, without definite commandments, without a religious sanction in the sphere of morals, without a moral code and without a God: such so-called God, as there is, being "a mixture of Beaches, Don Juan and Dick Turin." It is there further described as the most material and childishly superstitious animalism that ever masqueraded as idealism; not another path to God but a pit of abomination as far set from God as the mind of man can go; staggering the brain of a rational man; filling his mind with wild contempt for his species and which has only endured "because it has failed." Except for the purpose of fanatical polemic, one would assume that the endurance of a faith was in some measure the justification of it. It is still more wonderful to learn from this work (*The Light of India* written by Mr. Harold Begbie and published by the Christian Literature Society for India) that out of this weltering chaos of all that is ignominious, immoral and crassly superstitious, come forth men who (in the words of the author) "standing at prayer startle you by their likeness to the pictures of Christ -- eyes large, luminous and tranquil -- the whole face exquisite with meekness and majestic with spirit." One marvels how these perfect men arise from such a worthless and indeed putrescent source. This absurd picture was highly colored in a journalistic spirit and with a purpose. In other cases, faulty criticism is due to supercilious ignorance. As another writer says (the italics are mine) "For an Englishman to get a plain statement of what Brahmanism really means is far from easy. The only wonder is that people who *have to live on nine pence a week*, who marry when they are ten years old, are prevented by caste life from rising out of what is often, if not always, a degraded state, *have any religion at all.*" As the Bishop of Peterborough has recently said it is difficult for some to estimate worth in any

other terms than *g. s. d.* It is to be hoped that all such snobbish materialism will be hindered from entrance into this country. These quotations reveal the depths of ignorance and prejudice which still exist. As we are however aware, all English criticism is not as ignorant and prejudiced as these, even though it be often marred by essential error. On the contrary there are an increasing number who appreciate and adopt, or appreciate if they cannot accept, Indian beliefs. Further than this, Eastern thought is having a marked influence on that of the West, though it is not often acknowledged. Many have still the notion that they have nothing to learn in any domain from this hemisphere. After all, what any one else says should not affect the independence of our own judgment. Let others say what they will. We should ourselves determine matters which concern us. The Indian people will do so when they free themselves from that hypnotic magic, which makes them often place blind reliance on the authority of foreigners, who, even when claiming to be scholars, are not always free from bias, religious or racial. Such counsel, though by no means unnecessary to-day, is happily becoming less needed than in the past.

There are, however, still many Indians, particularly those of my own generation, whose English Gurus and their teaching have made them captives. Their mind has been so dominated and molded to a Western manner of thinking (philosophical, religious, artistic, social and political) that they have scarcely any greater capacity to appreciate their own cultural inheritance than their teachers, be that capacity in any particular case more or less. Some of them care nothing for their Shastra. Others do not understand it. The class of whom I speak are, in fact, as I have said, the Manasaputra of the English in a strict sense of the term. The Indian who has lost his Indian soul must regain it if he would

retain that independence in his thought and in the ordering of his life which is the mark of a man, that is of one who seeks Svarajya-siddhi. How can an imitator be on the same level as his original? Rather he must sit as a Cela at the latter's feet. Whilst we can all learn something from one another, yet some in this land have yet to learn that their cultural inheritance with all its defects (and none is without such) is yet a noble one; an equal in rank, (to say the least), with those great past civilizations which have molded the life and thought of the West. All this has been admitted by Indians who have discernment. Such value as my own remarks possess, is due to the fact that I can see and judge from without as an outsider, though (I will admit in one sense) interested observer -- interested because I have at heart Indian welfare and that of all others which, as the world now stands, is bound up with it.

As regards the Tantra Shastra in particular, greater ignorance prevailed and still exists. Its Vamacara practice however, seemed so peculiar, and its abuses were so talked of, that they captured attention to the exclusion of every thing else; the more particularly that this and the rest of the Shastra is hard to understand. Whilst the Shastra provides by its Acaras for all types from the lowest to the most advanced, its essential concepts, under whatever aspect they are manifested, and into whatever pattern they are woven, are (as Professor De La Vallee Pousson says of the Buddhist Tantra) of a metaphysical and subtle character. Indeed it is largely because of the subtlety of its principles, together with the difficulties which attend ritual exposition, that the study of the Tantras, notwithstanding the comparative simplicity of their Sanskrit, has been hitherto neglected by Western scholars. Possibly it was thought that the practices mentioned rendered any study of a system, in which they occurred, unnecessary. There was and still is some ground

for the adverse criticism which has been passed on it. Nevertheless it was not a just appreciation of the Shastra as a whole, nor even an accurate judgment in respect of the particular ritual thus singled out for condemnation. Let those condemn this Shastra who will. That is their affair. But let them first study and understand it.

I have dealt with the subject of the Tantras in several papers. It is only necessary here to say that "the Tantra" as it is called was wrongly considered to be synonymous with the Shakta Tantras; that in respect of the latter the whole attention was given to the Vamacara ritual and to magic (Shatkarma); that this ritual, whatever may in truth be said against it, was not understood; that it was completely ignored that the Tantras contained a remarkable philosophic presentment of religious teaching, profoundly applied in a ritual of psychological worth; and that the Shastras were also a repertory of the alchemy, medicine, law, religion, art and so forth of their time. It was sufficient to mention the word "Tantra" and there was supposed to be the end of the matter.

I have often been asked why I had undertaken the study of the Tantra Shastra, and in some English (as opposed to Continental) quarters it has been suggested that my time and labor might be more worthily employed. One answer is this: Following the track of unmeasured abuse I have always found something good. The present case is no exception. I protest and have always protested against unjust aspersions upon the Civilization of India and its peoples. If there be what is blameworthy, accuracy requires that criticism should be reduced to its true proportions. Having been all my life a student of the world's religions and philosophies, I entered upon a particular study of this Shastra to discover for myself what it taught, and whether it was, as represented, a

complete *reversal* of all other Hindu teaching with which I was acquainted. For it was said to be the cultivation or practice of gluttony, lust, and malevolence ("ferocity, lust, and mummery" as Brian Hodgson called it), which I knew the Indian Shastra, like all the other religious Scriptures of the world, strictly forbids.

I found that the Shastra was of high importance in the history of Indian religion. The Tantra Shastra or Agama is not, as some seem to suppose, a petty Shastra of no account; one, and an unimportant sample, of the multitudinous manifestations of religion in a country which swarms with every form of religious sect. It is on the contrary with Veda, Smriti and Purana one of the foremost important Shastras in India, governing, in various degrees and ways, the temple and household ritual of the whole of India to-day and for centuries past. Those who are so strenuously averse to it, by that very fact recognize and fear its influence. From a historical point of view alone, it is worthy of study as an important part of Indian Culture, whatever be its intrinsic worth. History cannot be written if we exclude from it what we do not personally like. As Terence grandly said: "We are men and nothing which man has done is alien to us". There are some things in some of the Tantras and a spirit which they manifest of which their student may not personally approve. But the cause of history is not to be influenced by personal predilections. It is so influenced in fact. There are some who have found in the Shastra a useful weapon of attack against Indian religion and its tendencies. Should one speak of the heights which Indian spiritual experience has reached, one might be told that the infamous depths to which it had descended in Tantra Shastra, the Pushtimarga, the Vaishnava Sahajiya and so forth were more certainly established. Did one praise the high morality to be found in Indian Shastra, it might be

admitted that India was not altogether destitute of the light of goodness; but it might be asked, what of the darkness of the Tantra? And so on and so forth. Let us then grapple with and not elude the objection. There was of course something in all this. But such objectors and others had not the will (even if they had the capacity to understand) to give a true presentment of the teachings of the Shastra. But the interests of fairness require both. Over and above the fact that the Shastra is an historical fact, it possesses, in some respects, an intrinsic value which justifies its study. Thus it is the storehouse of Indian occultism. This occult side of the Tantras is of scientific importance, the more particularly having regard to the present revived interest in occultist study in the West. "New thought" as it is called and kindred movements are a form of Mantravidya. Vasikaranam is hypnotism, fascination. There is "Spiritualism" and "Powers" in the Tantras and so forth. For myself, however, the philosophical and religious aspect of the Scripture is more important still. The main question for the generality of men is not "Powers" (Siddhi). Indeed the study of occultism and its practice has its dangers; and the pursuit of these powers is considered an obstacle to the attainment of that true Siddhi which is the end of every Shastra. A subject of greater interest and value is the remarkable presentation of Vedantic knowledge which the Shakta Tantra in particular gives (I never properly understood the Vedanta until after I had studied the Tantras) as also the ritual by which it is sought to gain realization (Aparokshajñana). The importance of the Shakta Tantra may be summed up by the statement that it is a *Sadhana Shastra of Advaitavada*. I will develop this last matter in a future paper. I will only say now that the main question of the day everywhere is how to *realize* practically the truths of religion, whatever they be. This applies to all, whether Hindu, Mohammed or Christian. Mere philosophical speculation and talk will avail nothing beyond a clarification

of intellect. But, that, we all know, is not enough. It is not what we speculate about but what we are, which counts. The fundamental question is, how to realize (Sakshatkara) religious teaching. This is the fruit of Sadhana alone, whether the form of that Sadhana be Christian, Hindu, Mohammed, Buddhist or what else. The chief Sadhana-Shastra for the orthodox Hindu is the Tantra Shastra or Agama in its varying schools. In this fact lies its chief significance, and for Hindus its practical importance. This and the Advaitavada on which the Shakta ritual rests is in my opinion the main reason why Shakta Darshana or doctrine is worthy of study.

The opinion which I had formed of the Shastra has been corroborated by several to whom I had introduced the matter. I should like to quote here the last letter I had only a month ago from an Indian friend, both Sanskritist and philosopher (a combination too rare). He says "they (the Tantras) have really thrown before me a flood of new light. So much so, that I really feel as if I have discovered a new world. Much of the mist and haziness has now been cleared away and I find in the Tantras not only a great and subtle philosophy but many of the missing links in the development of the different systems of Hindu philosophy which I could not discover before but which I have been seeking for, for some years past." These statements might perhaps lead some to think that the Shastra teaches something entirely, that is in every respect, new. As regards fundamental doctrines, the Tantra Shastra (for convenience I confine myself to the Shakta form) teaches much which is to be found in the Advaita Vedanta. Therefore those who think that they will find in the Shastra some fundamental truths concerning the world which are entirely new will be disillusioned. The observation does not apply to some doctrinal teaching, presentment, methods, and details, to

which doubtless my friend's letter referred. He who has truly understood Indian Shastra as a whole will recognize, under variety of form and degree of spiritual advancement, the same substance by way of doctrine.

Whilst the Shakta Tantra recognizes, with the four Vedas, the Agamas and Nigaimas, it is now based, as are all other truly Indian Shastras on Veda. Veda, in the sense of Knowledge, is ultimately Spiritual Experience, namely Cit which Brahman is, and in the one partless infinite Ocean of Which the world, as a limited stress in Consciousness arises. So it is said of the Devi in the Commentary on the Trishati:

*Vedantamahavakya-janya*

*sakshatkara-rupa-brahmavidya*

She is Brahman-knowledge (Brahmavidya) in the form of direct realization produced by the Vedantic great saying (Mahavakya) -- that is "Tat tvam asi" ("That thou art") and all kindred sayings, So'ham, ("He I am"), Brahmasmi ("I am Brahman") and so forth. In other words, Self-knowledge is self-luminous and fundamental and the basis of all other knowledge. Owing to its transcendency it is beyond both prover and proof. It is self-realized (Svanubhava). But Shruti is the source from which this knowledge arises, as Samkara says, by removing (as also to some extent reason may do) false notions concerning it. It reveals by removing the superincumbent mass of human error. Again, Veda in a primary sense is the world as Idea in the Cosmic Mind of the creating Brahman and includes all forms of knowledge. Thus it is eternal, arising with and as the Samskaras at the beginning of every creation. This is the Vedamurtibrahman. Veda in the secondary sense is the various partial revelations relating to Tattva, Brahman or God, and Dharma, morality,

made at different times and places to the several Rishis which are embodied in the four Vedas, Rig, Yajus, Sama and Atharva. Veda is not coextensive therefore with the four Vedas. But are these, even if they be regarded as the "earliest," the only (to use an English term) revelations? Revelation (Akasha-vani) never ceases. When and wherever there is a true Rishi or Seer there is Revelation. And in this sense the Tantra Shastra or Agama claims to be a Revelation. The Shabdabrahmamurti is Nigamadishastramaya: it being said that Agama is the Paramatma of that Murti, the four Vedas with their Angas are its Jivatma; the six philosophies its Indriyas; the Puranas and Upapuranas its gross body; Smriti its hands and other limbs and all, "other Shastras are the hairs of its body. In the Heart-lotus are the fifty Tejomayi Matrika. In the pericarp are the Agamas glittering like millions of suns and moons which are Sarvadharmamaya, Brahmajñanamaya, Sarvasiddhimaya, and Murtiman. These were revealed to the Rishis. In fact all Shastras are said to constitute one great many-millioned collection (Shatakoti Samhita) each being particular manifestations to man of the one, essential Veda. From this follows the belief that they do not contradict, but are in agreement with, one another; for Truth is one whatever be the degree in which it is received, or the form in which the Seers (Rishis) promulgated it to those whose spiritual sight has not strength enough to discern it directly and for themselves. But how, according to Indian notions, can that which is put forward as a Revelation be shown to be such? The answer is that of Ayurveda. A medicine is a good one if it cures. In the same way a Shastra is truly such if the Siddhi which it claims to give is gained as the fruit of the practice of its injunctions, according to the competency and under the conditions prescribed. The principle is a practical and widely adopted one. The tree must be judged by its fruit. This principle may, if applied to the general life of to-

day, lead to an adverse judgment on some Tantrik practices. If so, let it be. It is, however, an error to suppose that even such practices as have been condemned, claim to rest on any other basis than Veda. It is by the learned in Tantra Shastra said to be ignorance (Avidya) to see a difference between Agama and Veda.

Ignorant notions prevail on the subject of the relation of the Tantras to Veda and the Vedas. I read some years ago in a Bengali book by a Brahmo author that "the difference was that between Hell and Heaven". Now on what is such a condemnatory comparison based? It is safe to challenge production of the proof of such an assertion. Let us examine what the Shakta Tantra (to which allusion was made) teaches.

In the first place "Hell" recognizes "Heaven," for the Shakta Tantra, as I have said, acknowledges the authority of Veda. All Indian Shastras do that. If they did not, they would not be Indian Shastra. The passages on this point are so numerous, and the point itself is so plain that I will only cite a few.

*Kularnava Tantra* says (II. 85,140,141) that Kuladharmā is based on and inspired by the Truth of Veda. *Tasmat vedatmakam shastram viddhi kaulatmakam priye*. In the same place Shiva cites passages from Shruti in support of His doctrine. The Prapañcasara and other Tantras cite Vaidika Mahavakya and Mantras; and as Mantras are a part of Veda, therefore, Meru Tantra says that Tantra is part of Veda (Pranatoshini 70). Niruttara Tantra calls Tantra the Fifth Veda and Kulacara is named the fifth Ashrama (ib.); that is it follows all others. Matsyauktamahatantra (XIII) says that the disciple must be pure of soul (Shuddhatma) and a knower of Veda. He who is devoid of Vaidika-kriya

(Vedakriya-vivarjita) is disqualified (Maharudrayamala, I Khanda, Ch. 15; II Khanda, Ch. 2; Pranatoshini 108). Gandharva Tantra (Ch. 2, Pranatoshini 6) says that the Tantrik Sadhaka must be a believer in Veda (Astika), ever attached to Brahman, ever speaking of Brahman, living in Brahman and taking shelter with Brahman; which, by the way, is a queer demand to make of those, the supposed object of whose rites is mere debauchery. The *Kularnava* says that there is no knowledge higher than that of Veda and no doctrine equal to Kaula (III. 113, *Nahivedadhika vidya na kaula-samadarshanam*). Here a distinction is drawn between Veda which is Vidya and the Kaula teaching which he calls Darshana. See also *Mahanirvana Tantra* (I. 18, 19; II. 8-15). In *Mahanirvana Tantra* (III. 72) the Mantra Om Saccidekam Brahma is given and in the *Prapañcasara* (Ch. XXIX) this (what it calls) "Secret of the Vedas" is explained.

That the Shakta Tantra claims to be based on Veda admits of no doubt. In fact Kulluka Bhatta, the celebrated commentator on Manu, says that Shruti is of two kinds, Vaidik and Tantrik.

*Vaidiki tantrums caviar dividha shrutih kirtita*

It is of course the fact that different sects bandy words upon the point whether they in fact truly interpret Shruti and follow practice conformable to it. Statements are made by opposing schools that certain Shastras are contrary to Shruti even though they profess to be based thereon. So a citation by Bhaskararaya in the Commentary to V. 76 of the *Lalita sahasranama* speaks of some Tantras as "opposed to Veda" (Vedaviruddhani). The *Vayu Samhita* says: "Shaivagama is twofold, that which is based on Shruti and that which is not. The former is composed of the essence of Shruti. Shruta is Svatantra and Itara" (v. ante, p. 19). *Shaivagamo'pi*

*dvividhah, shrauto' shrautash ca samskritah Srutisaramayah  
shrautah svantrastvitaro matah.*

So again the Bhagavata or Pancaratra Agama has been said to be non-Vaidik. This matter has been discussed by Samkaracarya and Ramanuja following Yamunacarya.

We must in all cases distinguish between what a school says of itself and what others say of it. In Christianity both Catholicism and Protestantism claim to be based on the Bible and each alleges that the other is a wrong interpretation of it. Each again of the numerous Protestant sects says the same thing of the others.

But is Shakta Tantra contrary to Veda in fact? Let us shortly survey the main points in its doctrine. It teaches that Paramatma Nirguna Shiva is Saccidananda (*Prapañcasara*, Ch. XXIX: *Kularnava*, Ch. I. vv. 6-7). Kularnava says "Shiva is the impartite Supreme Brahman, the All-knowing (Sarvajña) Creator of all. He is the Stainless One and the Lord of all. He is One without a second (Advaya). He is Light itself. He changes not, and is without beginning or end. He is attributeless and above the highest. He is Saccidananda" (I. 6-7. And see the Dhyana and Pañcaratnastotra in *Mahanirvana Tantra* III. 50, 59-63). Brahman is Saccidananda, Eternal (Nitya), Changeless (Nirvikara), Partless (Nishkala), Untouched by Maya (Nirmala), Attributeless (Nirguna), Formless (Arupa), Imperishable (Akshara), All-spreading like space (Vyomasannibha), Self-illuminating (Svyamjyotih), Reality (Tattva) which is beyond mind and speech and is to be approached through spiritual feeling alone (Bhavanagamya). *Kularnava* I, 6-8; III. 92, 93; IX. 7). (*Mahanirvana* III. 50, 59-63, 67-68, 74; III. 12). In His aspect as the Lord (Ishvara) of all, He is the All-knower (Sarvajña), Lord of all: whose Body is pure Sattva

(Shuddhasattvamaya), the Soul of the universe (Vishvatma). (*Mahanirvana* I. 61, III. 68). Such definitions simply re-affirm the teaching of Veda. Brahman is That which pervades without limit the Universe (*Prapañcasara* XXIX; *Mahanirvana* III. 33-35) as oil the sesamum seed (Sharada Tilaka I, Shaktanandatarangini I, Pranatoshini 13). This Brahman has twofold aspect as Parabrahman (Nirguna, Nishkala) and Shabda-brahman (Saguna, Sakala). Sammohana, a highly interesting Tantra, says (Ch. I) that Kubjika is of twofold aspect, namely, Nishkala when She is Candra-vaktra, and Sakala when called Paramukhi. So too is Guhyakali who as the first is Ekavakra mahapashupatishi advaitabhavasampanna and as the second Dashavakra. So the *Kularnava* says Shabda-brahmaparamabrahmabhedena Brahmano dvaividyam uktam (Khanda V, Ullasa 1). The same Tantra says that Sadashiva is without the bonds (of Maya) and Jiva is with them (Pashabadho bhavaj jivah pashamuktah Sadashivahi, IX. 42) upon which the author of the Pranatoshini, citing this passage says "thus the identity of Jiva and Shiva is shown (iti Shivajivayoraikyam uktam). The Shakta Tantra is thus Advaitavada: for it proclaims that Paramatma and Jivatma are one. So it affirms the "grand words" (Mahavakya) of Veda -- "Tat tvam asi," "So'ham," "Brahmasmi" (*Mahanirvana* VIII. 264-265, V. 105); *Prapañcasara* II; identifying Hrim with Kundali and Hangsah and then with So'ham. Yah Suksmah So'ham *ib.* XXIV, *Jñanarnava Tantra* XXI. 10). As to Brahmasmi, see *Kularnava* IX. 32 and *ib.* 41. So'hambhavana pujayet. The Mantra "all this is surely Brahman (Sarvam khalvidam Brahma)" is according to the *Mahanirvana* (VII. 98) the end and aim of Tantrika Kulacara, the realization of which saying the Prapañcasara Tantra describes as the fifth or Supreme State (Ch. XIX); for the identity of Jivatma and Paramatma is Liberation which the Vedantasara defines to be Jivabrahmanoraikyam). *Kularnava* refers to the Advaita of

which Shiva speaks (*Advaitantu shivenoktam* I. 108. See also *Mahanirvana* II. 33-34; I II. 33-35; 50-64; *Prapañcasara* II, XI X, XXIX). Gandharva Tantra says that the Sadhaka must be a nondualist (Dvaitahina). (See Ch. II. *ib. Pranatoshini* 108; *Maharudrapamala* I Khanda, Ch. 15; II Khanda, Ch. 2). It is useless to multiply quotations on this point of which there is no end. In fact that particular form of worship which has earned the Shakta Tantras ill-fame claims to be a practical application of Advaitavada. The *Sammohana Tantra* (Ch. VIII) gives high praise to the philosopher Samkaracarya saying that He was an incarnation of Shiva for the destruction of Buddhism. Kaulacarya is said to properly follow a full knowledge of Vedantic doctrine. Shiva in the *Kularnava* (I. 110) says "some desire dualism (Dvaita), others nondualism (Advaita) but my truth is beyond both (Dvaitadvaitavarjita)".

Advaitavedanta is the whole day and life of the Shakta Sadhaka. On waking at dawn (Brahmamuhurta) he sits on his bed and meditates "I am the Devi and none other. I am Brahman who is beyond all grief. I am a form of Saccidananda whose true nature is eternal Liberation."

*Aham Devi na canpo'smi, Brahmaivaham na sokabhak,*

*Saccidanandarupo'ham nitpamuktasvabhavavan.*

At noon again seated in Pujasana at time of Bhutasuddhi he meditates on the dissolution of the Tattvas in Paramatma. Seeing no difference between Paramatma and Jivatma he affirms Sa'ham "I am She". Again in the evening after ritual duties he affirms himself to be the Akhilatma and Saccidananda, and having so thought he sleeps. Similarly (I may here interpose) in the Buddhist Tantra -- the Sadhaka on rising in the state of Devadeha (hLayi-sku) imagines that

the double drums are sounding in the heavens proclaiming the Mantras of the 24 Viras (dPahvo), and regards all things around him as constituting the Mandala of himself as Buddha Vajrasattva. When about to sleep he again imagines his body to be that of Buddha Vajrasattva and then merges himself into the tranquil state of the Void (Shunyata).

Gandharva Tantra says: "Having saluted the Guru as directed and thought 'So'ham' the wise Sadhaka, the performer of the rite should ponder the unity of Jiva and Brahman."

*Gurun natva vidhanena so'ham iti porudhasah*

*Aikyam sambhavayed dhiman jivasya Brahmano'pi ca.*

Kali Tantra says: "Having meditated in this way, a Sadhaka should worship Devi as his own Atma, thinking I am Brahman." Kubjika Tantra says (Devi is called Kubjika because She is Kundali): "A Sadhaka should meditate on his own Self as one and the same with Her (Taya sahitam atmanam ekibhutam vicintayet)" and so on.

The cardinal doctrine of these Shakta Tantras is that of Shakti whether in its Svarupa (that is, as It is in Itself) as Cidrupini, the Paraprakriti of Paramatma (*Mahanirvana* IV. 10) or as Maya and Prakriti (see as to the latter the great Hymn to Prakriti in Prapañcasara, Ch. XI). Shakti as the Kubjika Tantra says (Ch. I) is Consciousness (Caitanyarupini) and Bliss (Anandarupini). She is at the same time support of (Gunashraya) and composed of the Gunas (Gunamayi). Maya is however explained from the standpoint of Sadhana, the Tantra Shastra being a Sadhana Shastra, and not according to the Mayavada, that is, transcendental standpoint, of Samkara.

What is there in the great Devi Sukta of the Rigveda (Mandala X, Sukta 125) which the Shakta Tantra does not teach? The Rishi of this revelation was a woman, the daughter of Rishi Ambhrina. It was fitting that a woman should proclaim the Divine Motherhood. Her Hymn says: "I am the Sovereign Queen the Treasury of all treasures; the chief of all objects of worship whose all-pervading Self all Devatas manifest; whose birthplace is in the midst of the causal waters; who breathing forth gives form to all created worlds and yet extends beyond them, so vast am I in greatness." (The full Hymn is translated in the French Edition of A. and E. Avalon's *Hymns to the Goddess*, Bossard, Paris.)

It is useless to cite quotations to show that the Shakta Tantra accepts the doctrine of Karma which as the *Kularnava* (IX. 125) says Jiva cannot give up until he renounces the fruit of it; an infinite number of universes, and their transitoriness (*Mahanirvana* III. 7), the plurality of worlds, Heaven and Hell, the seven Lokas, the Devas and Devis, who as the Kulacudamani Nigama (following the Devi-Sukta) says (Ch. I) are but parts of the great Shakti (Shaktanandatarangim III). Being Advaitavada, Moksha the state of Liberation and so forth is Paramatma. It accepts Smriti and Puranas; the Mahanirvana and other Tantras saying that they are the governing Shastras of the Treta and Dvapara ages respectively, as Tantra is that of the Kaliyuga. So the Tarapradipa (Ch. I) says that in the Kaliyuga, the Tantrika and not the Vaidika Dharma is to be followed. It is said that in Satya, Veda was undivided. In Dvapara, Krishnadvaipayana separated it into four parts. In Satya, Vaidika Upasana was Pradhana, that is, prevailed; Sadhakas worshipping Indra for wealth, children and the like; though Nishkama Rishis adored the Sarvashaktiman (Devisukta is Advaitasiddhipurna). In Treta, worship according to Smriti prevailed. It was then, that Vashishtha is said to have done

Sadhana of Brahavidya according to Cinacarakrama. Though in the Dvapara there was both Smriti and Purana, rites were generally performed according to the Puranas. There was also then, as always, worshippers of the Purnashaktimahavidya. At the end of Dvapara and beginning of the Kali age the Tantra Shastra was taught to men. Then the ten Samskaras, Shraddha and Antyeshtikriya were, as they are now, performed according to the Vaidikadharmas: Ashramacara according to Dayabhaga and other Smriti Texts; Vratas according to Purana; Disha and Upasana of Brahman with Shakti, and various kinds of Yoga Sadhana, according to the Agama which is divided into three parts Tantra (Sattvaguna), Yamala (Rajoguna), and Damara (Tamoguna). There were 64 Tantras for each of the three divisions Ashvakranta, Rathakranta, Vishnukranta.

Such is the Tantrik tradition concerning the Ages and their appropriate Scriptures. Whether this tradition has any historical basis still awaits inquiry, which is rendered difficult by the fact that many Tantras have been lost and others destroyed by those inimical to them. It is sufficient for my purpose to merely state what is the belief: that purpose being to show that the Tantra Shastra recognizes, and claims not to be in conflict with Veda or any other recognized Shastra. It accepts the six Philosophies (Darshana) which Shiva says are the six limbs of Kula and parts of his body, saying that he who severs them severs His limbs (*Kularnava* II. 84, 84-85). The meaning of this is that the Six Philosophies and the Six Minds, as all else, are parts of His body. It accepts the Shabda doctrine of Mimamsa subject to certain modifications to meet its doctrine of Shakti. It, in common with the Shaiva Tantra, accepts the doctrine of the 36 Tattvas, and Shadadhva (Tattva, Kala, Bhuvana, Varna, Pada, Mantra; see my *Garland of Letters*). This is an elaboration in detail which explains the origin of the Purusha

and Prakriti Tattvas of the Samkhya. These are shown to be twin facets of the One, and the "development" of Shakti into Purusha-Prakriti Tattva is shown. These Tattvas include the ordinary 24 Prakriti with it, Gunas to Prithivi. It accepts the doctrine of three bodies (causal, subtle, gross) and the three states (Jagrat, Svapna Sushupti) in their individual and collective aspects. It follows the mode of evolution (Parinama) of Samkhya in so far as the development of Jiva is concerned, as also an Abhasa, in the nature of Vivartta, "from Fire to Fire" in the Pure Creation. Its exposition of the body includes the five Pranas, the seven Dhatus, the Doshas (Vayu, Pitta, Kapha) and so forth (*Prapañcasara* II). On the ritual side it contains the commonly accepted ritual of present-day Hinduism; Mantra, Yantra, Pratima, Linga, Shalagrama, Nyasa, Japa, Puja, Stotra, Kavaca, Dhyana and so forth, as well 'as the Vaidik rites which are the ten Samskaras, Homa and the like. Most of the commonly accepted ritual of the day is Tantrik. It accepts Yoga in all its forms Mantra, Hatha, Laya, Jñana; and is in particular distinguished by its practice of Laya or Kundali-yoga and other Hatha processes.

Therefore not only is the authority of the Veda acknowledged along with the Agamas, Nigamas and Tantras but there is not a single doctrine or practice, amongst those hitherto mentioned, which is either not generally held, or which has not the adherence of large numbers of Indian worshippers. It accepts all the notions common to Hinduism as a whole. Nor is there a single doctrine previously mentioned which is contrary to Veda, that is on the assumption of the truth of Advaitavada. For of course it is open to Dualists and Vishishtadvaitins to say that its Monistic interpretation of Vedanta is not a true exposition of Vaidik truth. No Shakta will however say that. Subject to this, I do not know of anything which it omits and should have

included, or states contrary to the tenor of Vaidik doctrine. If there be anything I shall be obliged, as a student of the Shastra, to any one who will call my attention to it. The Shastra has not, therefore, up to this point shown itself as a "Hell" in opposition to the Vaidik "Heaven."

But it may be said that I have omitted the main thing which gives it its bad and un-Vaidik character, namely the ill-famed Pañcatattva or worship with meat, wine, fish, grain and woman. I have also omitted the magic to be found in some of the Shastras.

The latter may be first shortly dealt with. Magic is not peculiar to the Tantras. It is to be found in plenty in the Atharvaveda. In fact the definition of Abhicara is "the Karma described in the Tantras and Atharvaveda." Abhicara is magical process with intent to destroy or injure. It is Himsa-karma, or act injurious to others. There is nothing anti-Vaidik then in Magic. I may, however, here also point out that there is nothing wrong in Magic (Shatkarma) *per se*. As with so many other things it is the use or abuse of it which makes it right or wrong. If a man kills, by Marana Karma, a rival in his business to get rid of competition and to succeed to his clients' custom, he commits a very grave sin -- one of the most grievous of sins. Suppose, however, that a man saw a tiger stalking a child, or a dacoit about to slay it for its golden ornament; his killing of the tiger or dacoit would, if necessary for the safety of the child, be a justifiable act. Magic is, however, likely to be abused and has in fact been abused by some of the Tantriks. I think this is the most serious charge established against them. For evil magic which proceeds from malevolence is a greater crime than any abuse of natural appetite. But in this, as in other matters, we must distinguish between what the Shastra says and the practices of its followers. The injunction laid upon

the Sadhaka is that he "should do good to other beings as if they were his own self". *Atmavat sarvabhutebhyo hitam kuryat kuleshvari (Kularnava Tantra XII. 63)*. In the *Kularnava Samhita* (a different and far inferior work to the Tantra of that name) Shiva recites some horrible rites with the flesh of rat and bat; with the soiled linen of a Candala woman, with the shroud of a corpse, and so forth; and then he says, "My heart trembles (hridayam kampate mama), my limbs tremble (gatrani mama kampante), my mouth is dry, Oh Parvati! (mukham shushyate Parvati!) Oh gentle one, my mind is all disturbed (kshobho me jayate bhadre). What more shall I say? Conceal it (Na vaktavyam) conceal it, conceal it." He then says: "In the Kali age Sadhakas are generally greedy of money. Having done greatly sinful acts they destroy living beings. For them there is neither Guru nor Rudra, nor Thee nor Sadhika. My dear life! they are ready to do acts for the destruction of men. Therefore it is wrong to reveal these matters, oh Devi. I have told Thee out of affection for Thee, being greatly pleased by Thy kisses and embrace. But it should be as carefully concealed by Thee, as thine own secret body. Oh Parvati! all this is greatly sinful and a very bad Yoga. (Mahapatakayuktam tat kuyogo'yam udahritah.)"

*Kalikale sadhakastu prapasho dhanalolupah*

*Mahakrityam vidhayaiva praninam badhabhaginah*

*Na gurur napi Rudro va naiva tvam naiva sadhika*

*Mahapranivinashaya samarthah pranavallabhe*

*Etat prakashanam devi dosaya parikalpyate*

*Snehena tava deveshi chumbanalinganaistatha*

*Santusyaiva maya devi sarvam etat prakashitam*

*Tvapa gopyam prayatnena svayoniriva Parvati*

*Mahapataka-yuktam tat kuyogo'yam udahritah.*

"None of these things are ever to be done by Thee, Oh Daughter of the Mountain (*Sarvatha naiva kartavyastvaya Parvatanandini*). Whoever does so, incurs the sin of destroying Me. I destroy all such, as does fire, dry grass. Of a surety such incur the sin of slaying a Brahmana. All such incur the sin of slaying a Brahmana."

*Sarvatha naiva kartavya stvaya Parvatanandini*

*Badhabhak mama deveshi krityamimam samacaret*

*Tasya sarvam haramyashu vahnih shuskatrinam yatha*

*Avyartham brahmahatyanca brahmahatyam savindati.*

When therefore we condemn the sin of evil magic it is necessary to remember both such teaching as is contained in this quotation, and the practice of those of good life who follow the Shastra. To do so is to be both fair and accurate. There is nothing, in any event, in the point that the magical contents of the Tantra Shastra make it contrary to Veda. Those who bring such a charge must also prefer it against the Atharvaveda.

As a matter of fact Magic is common to all early religions. It has been practiced, though condemned, in Christian Europe. It is not necessary to go back to the old witchcraft trials. There are some who protest against its recrudescence to-day. It has been well observed that there are two significant facts about occultism, namely its catholicity (it is to be found

in all lands and ages) and its amazing power of recuperation after it has been supposed to have been disproved as mere "superstition". Even some quarter of a century ago (I am quoting from the same author) there were probably not a score of people in London (and those kept their preoccupation to themselves) who had any interest at all in the subject except from a purely antiquarian standpoint. Magic was dismissed by practically all educated men as something too evidently foolish and nonsensical to deserve attention or inquiry. In recent years the position has been reversed in the West, and complaint is again made of the revival of witchcraft and occultism to-day. The reason of this is that modern scientific investigation has established the objectivity of some leading phenomena of occultism. For instance a little more than a century or so ago, it was still believed that a person could inflict physical injury on another by means other than physical. And this is what is to be found in that portion of the Tantra Shastras which deal with the Shatkarma. Witches confessed to having committed this crime and were punished therefor. At a later date the witchcraft trials were held to be evidence of the superstition both of the accused and accusers. Yet psychology now allows the principle that Thought is itself a Force, and that by Thought alone, properly directed, without any known physical means the thought of another, and hence his whole condition, can be affected. By physical means I mean direct physical means, for occultism may, and does avail itself of physical means to stimulate and intensify the force and direction of thought. This is the meaning of the magic rituals which have been so much ridiculed. Why is black the color of Marana Karma? Because that color incites and maintains and emphasizes the will to kill. So Hypnotism (Vashikaranam), as an instance of the exercise of the Power of Thought, makes use of gestures, rotatory instruments and so forth.

The Magician having a firm faith in his (or her) power (for faith in occultism as in Religion is essential) surrounds himself with every incentive to concentrated, prolonged and (in malevolent magic), malevolent thought. A figure or other object such as part of the clothing, hair, nails and so forth of the victim represents the person to be attacked by magic. This serves as the 'immediate object' on which the magical thought is expended. The Magician is helped by this and similar aids to a state of fixed and malignant attention which is rendered intense by action taken on the substituted object. It is not of course the injuries done to this object which are the direct cause of injury to the person attacked, but the thought of the magician of which these injuries are a materialization. There is thus present the circumstances which a modern psychologist would demand for success in a telepathic experiment. As the witchcraft trials show, the victim is first affected in thought and then in body by the malignant thought thus focused upon him. Sometimes no apparent means are employed, as in a case reported to me by a friend of mine as occurring in a Bombay Hotel when a man well-known in India for his "Powers" (Siddhi) drove away, by the power of his thought only, a party of persons sitting at a neighboring table whose presence was greatly distasteful to one of his companions. This, if the effect of magical power, was an instance of what the Tantras call *Ucchatana*. In all cases the general principle is the same, namely the setting in motion and direction of powerful thought by appropriate means.

This is the view of those who give what may be called a psychological explanation of these phenomena. These would hold that the magical symbolisms are without inherent force but work according to race and individual characteristics on the mind which does the rest. Others believe that there is an inherent power in Symbolism itself, that the "Symbol" is not

merely such but an actual expression of, and instrument by which, certain occult laws are brought into play. In other words the power of "Symbolism" derives not merely from the effect which it may have on particular minds likely to be affected by it but from itself as a law external to human thought. Some again (and Indian magicians amongst others) believe in the presence and aid of discarnate personalities (such as the unclean Pishacas) given in the carrying out of occult operations. Similarly it is commonly held by some that where so-called "spiritualistic" phenomena are real and not fraudulent (as they sometimes are) the action is not that of the dead but of Infernal Spirits simulating them and misleading men to their ruin. Occultism in the sense of a belief in, and claim to be able to use, a certain range of forces which may be called preternatural, has the adherence not only of savage and barbarous people (who always believe in it) but also of an increasing number of "civilized" Londoners, Berliners, Americans, Parisians and other Western peoples. They differ in all else but they are united in this. Even what most would regard as downright superstition still abundantly flourishes in the West. Witness the hundreds of thousands of "touch-wood" figures and the like sent to the troops in the recent war, the horror of sitting 13 to a table, and so on. In fact, from the earliest ages, magic has gone hand-in-hand with religion, and if for short periods the former has been thought to be dead it always rises again. Is this, as some say, the mark of the inherent silly credulity of mankind, or does the fact show that there is something in the claims which occultism has made in all ages P India (I do not speak of the English-educated community which shares in the rise and fall of English opinion) has always believed in occultism and some of the Tantra Shastras are repertories of its ritual. Magic and superstition proper, exist in this country but are also to be found in the West. The same remark applies to every depreciatory criticism passed upon the

Indian people. Some have thought that occultism is the sign both of savagery and barbarism on the one hand and of decadent civilization on the other. In India it has always existed and still exists. It has been well said that there is but one mental attitude impossible to the educated man, namely blank incredulity with regard to the whole subject. There has been, and is, a change of attitude due to an increase of psychological knowledge and scientific investigation into objective facts. Certain reconciliations have been suggested, bringing together the ancient beliefs, which sometimes exist in crude and ignorant forms. These reconciliations may be regarded as insufficiently borne out by the evidence. On the other hand a proposed reconciliation may be accepted as one that on the whole seems to meet the claims made by the occultist on one side and the scientific psychologist on the other. But in the present state of knowledge it is no longer possible to reject both claims as evidently absurd. Men of approved scientific position have, notwithstanding the ridicule and scientific bigotry to which they have been exposed, considered the facts to be worthy of their investigation. And on the psychological side successive and continuous discoveries are being made which corroborate ancient beliefs in substance, though they are not always in consonance with the mode in which those beliefs were expressed. We must face the fact that (with Religion) Occultism is in some form or another a widely diffused belief of humanity. All however will be agreed in holding that malevolent Magic is a great Sin. In leaving the subject of Magic I may here add that modern psychology and its data afford remarkable corroboration of some other Indian beliefs such as that Thought is a Force, and that its operation is in a field of Consciousness which is wider than that of which the mind is ordinarily aware. We may note also the aid which is derived from the establishment of dual and multiple

personalities in understanding how it may be possible that in one unity there may be yet varying aspects.

The second charge is the alleged Avidik character of the secret Pañcatattva Sadhana, with wine, flesh and women, its alleged immorality of principle, and the evil lives of those who practice it. I am not in the present paper dealing in full with this subject; not that I intend by any means to shirk it; but it is more appropriately the subject of consideration in future Chapters on the subject of Shakta Tantrik Sadhana of which it forms a part. What I wish to say now is only this: We must distinguish in the first place between a *principle* and its *application*. A principle may be perfectly right and sound and yet a supposed application may not be an application in fact; or if there be an application, the latter may violate some other moral or physical law, or be dangerous and inexpedient as leading to abuse. I will show later that the principle involved is one which is claimed to be in conformity with Vaidik truth, and to be in fact recognized in varying forms by all classes of Hindus. Some do so dualistically. The Sadhana of the Shakta Tantra is, whether right or wrong, an application of the principles of Advaitavada and in its full form should not, it is said, be entered upon until after Vedantic principles have been mastered. For this reason Kauladharmā has been called the fifth Ashrama. Secondly I wish to point out that this ritual with wine and meat is not as some suppose a new thing, something introduced by the Shakta Tantriks. On the contrary it is very old and has sanction in Vaidik practice as will appear from the authorities cited in the Appendix to this Chapter. So much is this so, that a Tantrik Sadhu discussing the matter with a Bengali friend of mine said of himself, as a follower of this ritual, that he was a Hindu and that those who were opposed to it were Jainas. What he meant, and what seems to be the fact, is that the present-day general

prohibition against the use of wine, and the generally prevalent avoidance, or limitation of an animal diet, are due to the influence of Jainism and Buddhism which arose after, and in opposition to, Vaidik usage. Their influence is most marked of course in Vaishnavism but has not been without effect elsewhere. When we examine ancient Vaidik usage we find that meat, fish and Mudra (the latter in the form of Purodasha) were consumed, and intoxicating liquor (in the form of Soma) was drunk, in the Vaidik Yajñas. We also discover some Vaidik rites in which there was Maithuna. This I have dealt with in my article on "Shakti and Shakta".

The above-mentioned facts show in my opinion that there is ground for the doctrine of the Tantrikas that it is a mark of ignorance (Avidya) to sever Veda and Tantra. My conclusion is not however a counsel to follow this or any other particular form of ritual. I am only concerned to state the facts. I may, however, here add two observations.

From an outside point of view (for I do not here deal with the subject otherwise) we must consider the age in which a particular Shastra was produced and consequently the conditions of the time, the then state of society, its moral and spiritual development and so forth. To understand some rites in the past history of this and other countries one must seek, in lieu of surface explanations, their occult significance in the history of the human race; and the mind must cast itself back into the ages whence it has emerged, by the aid of those traces it still bears in the depths of its being of that which outwardly expressed itself in ancient custom.

Take for instance the rite of human sacrifice which the Kalikalpalata says that the Raja alone may perform (*Raja naravalim dadayenna yo'pi parameshvari*) but in which, as the Tantrasara states, no Brahmana may participate

*(Brahmananam naravalidane nadhikarah)*. Such an animal sacrifice is not peculiarly "Tantrik" but an instance of the survival of a rite widely spread in the ancient world; older than the day when Jehovah bade Abraham sacrifice his son (*Gen. XXII*) and that on which Sunasshepa (*Aitareya Brahmana VII, 3*) like Isaac was released. Reference, it is true, is made to this sacrifice in the Shastras, but save as some rare exception (I myself judged a case in Court some years ago) it does not exist to-day and the vast mass of men do not wish to see it revived. The Cakra ritual similarly is either disappearing or becoming in spirit transformed where there had been abuse.

What is of primary value in the Tantra Shastra are certain principles with which I have dealt elsewhere, and with which I deal again in part in this and the following lectures. The application of these principles in ritual is a question of form. All form is a passing thing. In the shape of ritual its validity is limited to place and time. As so limited, it will continue so long as it serves a useful purpose and meets the needs of the age, and the degree of its spiritual advancement, or that of any particular body of men who practice it; otherwise it will disappear, whilst the foundations of Vedanta on which it rests may remain. In the same way it is said that we ourselves come and go with our merits and demerits, but that the Spirit ever abides beyond both good and evil.

## NOTE TO CHAPTER IV

The following note as to Tantra Shastra and Veda was kindly prepared for me at my request by Sjt. Braja Lal Mukherji, M.A.:

My purpose in this paper is not to give to the public any pre-conceived opinion, but is simply to put together certain facts which will enable it to form a correct opinion on the subject.

These facts have been collected from sources as to the authenticity of which there is no doubt. There is no dispute that most of these works disclose the state of Vaidik society prior to the 6th century s.c. and that at the time when the said works were composed the Vaidik rituals were being observed and performed. Certain elements which have been *assumed* to be non-Vaidik, appear in the said works or at least in many of them, and they have been summarily disposed of by some scholars as supplementary (Parishishta), or interpolations (Prakshipta). The theory that these portions are interpolations is based on the *assumption* that the said elements are non-Vaidik or post-Vaidik and also on the *assumption* that at the times when the said works were composed, the Anushtupchhandah was not known; and that therefore, those portions of the said works which appear in Anushtub, must be later interpolations. We need not go into the propriety of these assumptions in this paper; but suffice it to say, that the first assumption simply begs the question, and the second one is not of any importance in connection with the subject of this paper; inasmuch as, the statements made in the Anushtub portions are corroborated by earlier authorities as to whose antiquity there is no question, and in any case, the fact that the statements have been made are proof of earlier usage or custom.

Vaidik sacrifices are divided into three classes: (1) Pakayajñas, (2) Haviryajñas and (3) Soma sacrifices; and there are sub-divisions under each of the said classes. The Soma sacrifices are classed under three heads according to the number of days required for performance, *viz.*, Ekaha, Ahina and Satra. Ekaha sacrifices are those which are performed in one day by three Savanas, exactly as in the Jagaddhatri Puja; Ahina sacrifices are performed from two to eleven days and Satras are performed during a long period, the minimum number of days required being thirteen and the maximum being a thousand years. The twelve-day sacrifices are arranged as a separate class. The principal Somayajñas are (1) Agnishtoma, (2) Atyagnishtoma, (3) Ukthyah, (4) Shodashi, (5) Vajapeyah, (6) Atiratrah, (7) Aptoryama. The Ishtis or Haviryajñas are also principally seven in number, namely, (1) Agnyadheyam, (2) Agnihotram, (3) Darsha-paurnamasa, (4) Caturmasyam, (5) Agrayaneshti, (6) Nirudhapashubandha, and (7) Sautramani. The Pakayajñas are also seven in number, namely, (1) Astaka, (2) Parvanam, (3) Shraddham, (4) Shravani, (5) Agrahayani, (6) Caitri, and (7) Ashvayuji. The last seven. are to be performed with the help of the Grihya fire and are described in the Grihya works. The others are described in the Shrauta works.

Whatever be the differences among these Yajñas in regard to the number of stomas or stotras and the Samans to be sung and the Kapalas, Grahas, or the number and nature of sacrifices or as to other particulars, there are some ideas which prevail in all of them. All Yajñas are based on the idea that Mithunakarana leads to spiritual happiness. Sexual intercourse is Agnihotra (*S.B.* XI. 6. 2. 10). Maithunakarana is consecration (*S.B.* III. 2. 1. 2, etc.) They enclose the Sadas secretly, for enclosing is Mithunakarana and therefore it must be done secretly (*S.B.* IV. 6, 7, 9 and 10). Bricks

(Vishvajyotis) are made because the making of the bricks causes generation (*S.B.* VI. 5. 3. 5.) Two Padas or Caranas of an Anushtub verse are read in a detached manner and the two remaining are read together to imitate the manner of sexual union (*A.B.* II.5.3.); they do not worship a female Devata, unless she is coupled with a male Deva (*A.B.* III. 5. 4); they use a couple of Chandas distinguishing the one as male from the other as female and the two are taken together and believed to be the symbol of Maithuna, and by such Maithuna the desired result of ritual is achieved (*A.B.* V. 3. 1); they believe that the reading of the Ahanasya mantra (*S.S.S.* XII. 24. 1-10; *A.U.* XX. 136) will confer bliss (*A.B.* VI. 5. 10); they say that the highest and best form of Maithuna is that of Shraddha and Satya, Piety and Truth (*A.B.* VII. 2. 9) and this kind of Maithuna in the abstract is directed for Agnihotris who have purified themselves by actual performances and observances in a religious spirit.

They direct the observance and performance of Maithuna as a religious rite or part of a religious rite (*L.S.S.* IV. 3. 17; *K.S.S.* XIII. 42; *7.A.* IV. 7. 50; X 62, 7; *A.A.* I. 2. 4. 10; V. 1. 5. 13; *G.G.S.* II. 5. 6. 9. 10; *S.G.S.* I. 19. 2-6; *K.G.S.* I. 4. 15; *H.G.S.* I. 24. 3; *Ap. G.S.* III.8. 10; *P.G.S.* I. 11. 7; *Ap.* V. 25. 11; *Tan. Br.* VIII. 7. 12; *Chh. Up.* II. 13. 1-2) and they direct that Mantras are to be uttered during the observance of this rite (*Br. D.* V. 90; VIII. 82; *A.V.* V. 82. 4; *R.* V. X 85. 37; *R.V.* Kh. 30 1; *Rik P.* II. 15. 1-8; *As. S.S.* VIII. 3. 28; *G.B.* VI. 15). One of the articles of faith of the Vaidik people therefore was, that sexual union led the way to bliss hereafter and must be performed in a true religious spirit to ensure spiritual welfare; wanton indulgence being severely deprecated. Ida (a woman) said: "If thou wilt make use of me at the sacrifice, then whatever blessing thou shalt invoke through me, shall be granted to thee." (*S.B.* I. 8 -- 1. 9, etc.)

The Vaidik people performed their Somayajñas and Haviryajñas which included the Sautramani, with libations and drinks of intoxicating liquor (*L.S.S.* V. 4, 11; *K.S.S.* XIX, 1, etc.; *S.S.S.* XV. 15; XIV. 13. 4.; *S.B.* V. 1. 2. 12; V. 1. 5. 28; XII. 7. 3. 14, etc.; XII. 8. 1, etc.; XII. 8. 2. 21, 22; V. 5. 4. 19, etc.; XII. 7. 3. 8; *Ap. S.S.* XVIII. 1. 9.) Sura purifies the sacrificer whilst itself is purified (*S.B.* XII. 8. 1. 16). Rishi Kakshivan sings the praises of Sura (*R.V.* I. 116. 7). It is said to be a desirable thing (*R.V.* X. 107. 9; VIII. 2. 12). They prefer Soma, the sweet drink. Soma is Paramahutih (*S.B.* VI. 6. 3. 7); it is the nectar of immortality (*S.B.* IX. 4. 4. 8.) They deprecate and punish the wanton use of intoxicating liquor (*Ap. Dh. S.* I. 25. 3.; *Ga. Dh. S.* XXIII. 10; *Va. Dh. S.* XX. 19; *Ba. Dh. S.* II. 1. 18, etc.; *S.V.B.* I. 5). They direct the use of Sura and Soma for attainment of happiness and prescribe the manner and purpose of drinking the same; they prescribe the measure and number of drinks to be offered or taken at a sacrifice (*S.B.* V. 1. 2. 9, etc., V. 5. 4), and they add that a breach of these rules destroys the efficacy of the rite. They offer libations of Sura to the Fathers (*A.B.* III. 1. 5; *S.B.* V. 5. 4. 27, etc.) They offer Sura to the Ashvins (*R. V.B.* I. 44). They offer Sura to Vinayak's mother (*Yag.* I. 2. 88). During the performance of a sacrifice, the priests and the householder sit together; they all touch their cups, and raise them to their mouths, all the while reciting proper Mantras addressed to Devas (*A.B.* VI. 3. 1) and then they drink (*A.B.* VII. 5. 7). The Vaidik people used to offer to their Devatas at their sacrifices animal and vegetable food. The vegetable substances are Tandula, Pishtaka, Phalakarana, Purodasha, Odana, Yavaguh, Prithuka, Laja, Dhanah and Saktu, and the animal food was Payah, Dadhi, Ajyam, Amiksa Vajinam, Vapa, Mamsam, Lohitam, Pashurasah; the principal of these being Dhanah, Karambha, Paribaha, Purodasha and Payasya (*A.B.* II. 3.6). Indeed it would not be incorrect to say that no Vaidik rite can be performed without these offerings; the

forms and the mode of preparation and the number of cakes to be offered, differing in each case (*A.B.* I. 1. 1.; II. 1-9; II. 3. 5; II. 3-6; *S.B.* I. 2. 2; *L.S.S.* V. 4. 1, etc.; *Ap. S.S.* XII. 3. 12; XII. 4, 9. 14; *K.S.S.* V. 309; *Tait. Br.* III. 2. 6, etc.) They offer animal sacrifices (*Kat. S.S.* Chap. VI; *S.B.* III. 6. 4; III. 8. 1; V. 1. 3. 2. 14; V. 3. 1. 10; VI. 2. 2. 15. Kanda XIII; *As. G.S.* I. 11; *P.G.S.* III. 11; *G.G.S.* III. 10. 18; *Kh. G.S.* III. 4; *H.G.S.* II. 15), which include the horse, goats, sheep, oxen (*Tait. Br.* II. 8. 1, etc.) and human beings (*Tait. Br.* III. 4. 1). They believe that by performing animal sacrifices, the sacrificer ransoms himself (*S.B.* XI. 7. 1. 3; *A.B.* II. 1. 3) or wins all these worlds (*Ap. S.S.* VII. 1. 1). The animal is the sacrificer himself (*A.B.* II. 2.1). They direct by special rules, in what manner the animal should be killed, cut and offered (*A.B.* II. 6; *S.B.* III. 8. 1. 15). They were aware that wanton killing of animals was wrong (*A.B.* II. 1. 7) and believed that offering animal sacrifices to the Devatas, was one of the means whereby bliss hereafter could be attained (*Ba. Dh. S.* II. 4. 23). And it was only for certain Yajñas that animals could be slain (*Va. Dh. S.* IV. 5-8; *S.G.S.* II. 16; 1 *Ba. S.S.* IV). Wanton killing of animals was very severely punished (*Ap. Dh. S.* I. 25. 13-26; *Ga. Dh. S.* XXII. 18, etc.; *Va. Dh. S.* 18. 23, etc.; *Ba. Dh. S.* I. 19. 6).

The Vaidik people from the time of the earliest Yajñas severely deprecated lust of any kind whatsoever; and they allowed Maithuna, Mamsa, Madya and Mudra for religious purposes only and as offerings to the Devas. The Cakra sittings of the Tantriks (*M.N.T.* Ch. VI) have unmistakable similarities with the Vajapeya and Sautramani (*S.B.* V; *K.S.S.* XIV; *A.B.* III. 4. 3; *S.B.* XII. 7.1, etc.; *K.S.S.* XIX) and even the manner of drinking in company has been preserved as will appear from the references given above.

When performing Yajña in company, the members of the company become Brahmanas and there is no distinction of caste (*3.B. VIII. 4. 1*).

The worship in both Vaidik and Tantrik rites begins with Acamana, which is a form of ablution, in which certain parts of the body are touched with water. In this respect, the Vaidik and the Tantrik practices are exactly similar (*G.G.S. I. 2. 5; Tait. A. II. 11; M.N.T.; Chap. V*). They purify themselves by uttering some mantras as Bijas while contemplating the Deities of certain parts of their bodies and touching such parts with their fingers (*A.A. III. 2. I. 2; III. 2. 5. 2; R.V.B. II. 16*). They contemplate each Deva through his or her particular Mantras (*R.V. III. 62. 10*) which will be found collected in the Parishishta to the *Taittiriya Aranyaka*. They make use of certain sounds for removing unclean spirits, *e.g.*, "Khat. Phat. Hum." (*7.A. IV. 27; S.V. St. I. 2. 1; I. I. 3; Aranyagana VI. 1-8; IV. 2. 19; S.B. I 5. 2. 18; I. 3. 3. 14; I. 7. 2. 11-14; I. 7. 2. 21; XI. 2. 2. 3 and 5; M.N.T. Chap. III*) and for other purposes (*A.B. II. 3. 6.*). They attribute a Deity to each letter in a Mantra (*A.B. II.5.5*)

They make gestures with their fingers as part of their religious rites (*S.B. III. I. 3. 25; III. 4. 3. 2*) and locate the Devatas of particular sounds in particular parts of their bodies (*P.S. 54, 56; K.S.S. VII. 71, 73*). They perform their baths as a means of and with the view of pleasing their Devas (*G. Sn. S. and M.N.T.*) and in performing the Acamana they sacrifice unto themselves conceiving that they are part and parcel of the Great Brahma (*T.A. X. i*). They worship the Great Brahma thrice daily, such worship being called Sandhyavandan or Ahnika-kriya, twilight prayers or daily rites. How and when the forms of Vaidik Sandhya now practiced by Vaidikas commenced has not yet been ascertained but, there is no doubt that prior to the time

when the *Taittiriya Aranyaka* was composed the practice existed in its present form. It will be remembered that it is only in that work that we find the Sandhya-mantras recorded. The practice of Pranayama and Tarpana to Rishis, Fathers, and Devas also existed before Baudhayana. This practice of Vaidik Sandhya worship should be compared with the Tantrik mode, to gain an insight into the relationship of the Vedas and the Tantras.

In the Yajñas, the Vaidik people principally worshipped (1) Sarasvati (*S.B.* II. 5. 4. 6; III. 1. 4. 9; III. 9. 1. 7; V. 2. 2. 14; V. 3. 5. 8; V. 4. 5. 7; V. 5. 2. 7) to whom animals are sacrificed (*S.B.* III. 9. 1. 7; V. 5. 4. 1; XII. 7. 2. 3) and who is the same as Vak or Vagdevi who became a lioness and went over to the Devatas, on their undertaking that to her offerings should be made before they were made to Agni (*S.B.* III. 5. 1. 21) and who bestows food (*S.B.* XII. 8. 2. 16); (2) Mahadeva or Mahesa, another form of Agni, in all his eight forms (*S.B.* VI. 1. 3. 10 *et seq.*); (3) Rudra, (4) Vishnu, (5) Vinayaka (Ganesha), (6) Skanda (Kartikeya) (*S.V.B.* I. 4. 31 *et seq.*); (7) the Lingam or Phallus (7.A. X. 17) on whom they meditated during the daily Sandhya worship and who is the same as Shambhu riding on a bull, (8) Shiva (*S.V.B.* I. 2. 2). They also worshipped (9) the cow whom they called Bhagavati (A.B. V. 5. 2) and also (10) Indra, Varuna, Agni, Soma, Rudra, Pushan, the Ashvins, Surya and some other Deities. For purposes of attaining eternal bliss they worshipped Ratri (S.V.B. III. 8) and this Ratri is described as a girl growing into womanhood who bestows happiness. She has long and flowing hair, has in her hand a noose. If she is pleased, then all other Devas are pleased. She being pleased, offers boons, but the worshipper must reject the same and then he will gain freedom from rebirth. This is the worship of Ratri; it requires no fasting and must be performed at night. The Mantras to

be recited is the Ratri Sukta which commences with Ratri vakhyad (*Rig Veda* X. 127. 1) to be followed by aratri parthivam rajas.

The Rig-Vidhana-Brahmana (IV. 19) which follows the Sama-Vidhana-Brahmana declares that the Ratri Sukta must be recited; the worship; the worship must be performed as a Sthalipaka-Yajña. Ratri is substantially the same with, but in form different from, Vagdevi; and they are sometimes worshipped as one and the same (*Tait. Br.* II. 4. 6. 10 *et seq.*). The Ratri Sukta describes her as black (*R.V.* X. 127. 2-3). The portion of the Ratri Sukta which is included in the Khila portion of the Rig-Veda (*R.V.* Kh. 25) calls Ratri Devi by the name of Durga and this Mantra appears in *Taittiriya Aranyaka* (X. 1). She is described here, as the bearer of oblations; therefore, she is the same as Agni and as such she has tongues which are named as follows: (1) Kali, (2) Karali, (3) Manojava., (4) Sulohita, (5) Sudhumravarna, (6) Sphulingini, (7) Shucismita and these tongues loll out and by these tongues offerings are received (*Grihya-Sangraha* I. 13. 14). The Brihaddevata mentions that Aditi, Vak, Sarasvati and Durga are the same (II. 79).

In conformity with the Vaidik system the Tantrik system of worship acknowledges that Om is the supreme Bija (*A.B.* VII. 3. 6; II. I. 2; V. 5. 7; A.A. II. 3. 8; *Chh. Up.* I. I. 1 *et seq.*; *7.A.* VII. 8; X. 63. 21 *et seq.*; *Shakatayana*, p. 106 (Op-pert); *Panini* VIII. 2. 87; *Br. D.* II. 127. 133; *G.B.* IX. I. 24; I. I. 17. 19; *M.N.T.*; II. 32) and they also acknowledge and use the Hinkara of the Vedas pronounced Hum (*S.B.* I. 4. 1. 2; IX. 1. 2. 3. 4; *A.B.* III. 2. 12; *L.S.S.* I. 10. 25; I. 1. 27; II. 1. 4; IV. 3. 22). The rules and practice of Acamana, and the bath are exactly the same as will be found on a comparison of chapter V of the *Mahanirvana Tantra* with the *Snanasutra* of Gobhila. The Tantras prefer to use single compounds instead

of long sentences to express an idea and form one letter Mantras very much according to the Vaidik method. We also find the practice of Nyasa and Shuddhi foreshadowed in the Vedas as has been already mentioned. (See also *S.B.* VII. 5. 2. 12). The principal Devi of the Veda is Sarasvati, who is called Nagna in the Nighantu, expressing nudeness, and also referring to that age of a woman when womanhood has not expressed itself. If we again take these ideas with that of the Sama-Vidhana-Brahmana, we have the almost complete form of a Devi who is called at the present day by the name of Kali. Another Devi whose worship is very popular at the present day is Durga, who has a lion for her carrier. It will have been observed that Vach turned herself into a lion, and after earnest solicitations went over to the Devas; and therefore, Vach and the lion are identically the same. We have already given references which show that Vach and Durga were the same; and these facts explain how Durga has a lion to carry her. The worship of Ratri is to be performed at night and therefore the worship of Kali must be a night performance; and therefore, must partake of all the features of a night performance; and these elements must be sought for in the Vaidik Atiratra. The Atiratra is a performance of three Paryayas or rounds of four Stotras and Shastras in each and at the end of each libations are offered, followed by drinking of Soma. The same rules and practices as in the Atiratra are substantially followed in the worship of the Devi Kali, *bhang* being very largely used under the name of Vijaya and Amrita. It will be remembered that the Devi of the Atiratra is Sarasvati. The principal male Devata of the Tantras is Mahadeva named also Shiva, Mahesa, Shambhu, Soma and also in a different aspect Rudra. Rudra and Mahadeva are admittedly Vaidik gods. Rudra is described as having bows and arrows and has hundred heads and thousand eyes (*S.B.* IV. I. I. 6.; *Yajur Veda* III. 27). Mahadeva is Maham devah, the great God

(*S.B.* VI. I. 3. 16). It appears that the Mantras of the different aspects of Mahadeva, which are even now used by Tantriks, were known and used by the Vaidik people. I cannot, however, trace the name Mahesa in Vaidik literature. Shiva can be identified with Rudra Susheva, who is a kind god (*S.B.* V. 4. 4. 12). Mahadeva (Soma) is clad in a tiger skin which can be traced in Vaidik literature (*S.B.* V. 3. 5. 3; V. 4. 1. 11). Rudra is black, in the Tantras as well as in the Vedas. He is the same as Manyu with a Devi on each side of him (*S.B.* IX. I. 1. 6; XI. 6. 1. 12 and 13). In this connection, we must not fail to note some of the attributes of Vaidik Nirriti. Nirriti is black and is a terrible Devi and punishes those who do not offer Soma to her. She is the Devi of misfortunes and removes all misfortunes. She is the genetrix and she is fond of the cremation ground (*S.B.* VII. 2. 1; *A.B.* IV. 2. 4.)

The Tantras direct the worship also of Ganesha, Kartika and Vishnu, for whose worship the Sama-Vidhana-Brahmana prescribes the singing of certain Samans, known as the *Vinayaka Samhita* (*S. V.* 4. 5. 3. 3), *Skanda-Samhita* (*S. V.* 3. 2. I. 4) and the *Vishnu-Samhita* (*S. U.* 3. I. 3. 9) respectively.

The Tantras also direct the use of certain figures which are called Yantras. These may be of various kinds and forms and may be used for various purposes. One of these which is constantly used, is a triangle within a square (*M.N.T.* Chap. V) and this can be traced to the rules for the preparation of the Agnikshetra, or the Fire Altar of the Vaidik people (*S.B.* VI. I. I. 6). Another curious circumstance in connection with the altar, is, that both in the Vaidik and the Tantrik ritual, the heads of five animals are used in its preparation (*S.B.* VI. 2. I. 5-8). The worship of the Lingam is foreshadowed by the Vaidik Deity Vishnu Shipivishta (*R.V.* VII. 1001, etc., *Nirukta* V. 2. 2) and the serpent which twines round Devas or Devis

is foreshadowed by the Sarparajñi, the Serpent Queen (*S.B.* IV. 6. 9. 17) who is the same as Vach.

The facts collected here will, it is hoped, enable impartial readers to come to a definite conclusion as to the relationship of the Vaidik to the Tantrik ritual.

## **Chapter Five**

### **The Tantras and Religion of the Shaktas**

(What follows this bracket is a translation, done in literal fashion, from the German, of an article by the learned Sanskritist, Professor Winternitz, entitled "Die Tantras und die Religion der Saktas" published in the Berlin monthly, the *Ostasiatische Zeitschrift*, 1916, Heft. 3. The article does not show a complete comprehension of its subject-matter, nor was this to be expected. In European fashion Sadhaka is translated "Magician" and Sadhana is thought of as "magical evocation" and Mahayogini as "Great Magician". This is the more unfortunate, as the Professor evidently does not like "magic". It is true that in Indrajalavidya there is Sadhana to achieve its purposes, but what is of course meant is Sadhana in its religious sense. We hear again of "idolatry" though idolatry is not (in the sense in which those who make the charge use the word) to be found in any part of the world. Mantra is still "gibberish," "trash" and so on. After all, many of these matters are as much a question of temperament as argument. The mind which takes these views is like that of the Protestant who called the Catholic Mass "Hocus Pocus". It is superstitious trash to him but a holy reality to the believer. Such criticism involves the fallacy of judging others from one's own subjective standpoint. Moreover, not one man in thousands is capable of grasping the inner significance of this doctrine and for this reason it is kept secret nor does any writing reveal it to those without understanding. The learned Professor has also evidently no liking for "Occultism" and "India-faddists" (Indiensschwärmern). But the former exists whether we like its facts or not. Nevertheless, in reading this article one feels oneself in the presence of a learned mind which wills to be fair and is not to be stampeded from investigation on hearing the frightful word "Tantra". Several appreciations are

just. Particularly noteworthy is the recognition that the Tantra Shastras or Agamas are not merely some pathological excrescence on "Hinduism" but simply one of its several presentations. Nor are they simply Scriptures of the Shaktas. Their metaphysics and ethics are those of the common Brahmanism of which all the sects are offshoots, whatever be the special peculiarities in presentment of doctrine or in its application. Before this Professor Albert Grunwedel had said (in his *Der Weg Nach Sambhala*, Munchen 1915): "The Tantras are nothing but the continuation of the Veda" (Die Tantras, sind eben die fortsetzung des Veda). He calls also the Tantras the "model-room" (Akt-saal) of Indian Art (the Akt-saal is a room in an Academy of Art in which casts are kept as models for the students). "These Scriptures," he adds, "furnish the aesthetics and in fact we find that in the later books (of the Kalacakra) the whole figurative mythology (of that system) has been built upon this scheme. Whence this evolution of forms arises is indeed another question which will bring many a surprise to the friends of 'National Indian Art' (sic!). Talking is easier. The Jains too have such things." I may add that the fact that some Jains carry out some so-called "Tantrik rites" is not generally known. Vaishnavas and Bauddhas also have these rites. Notions and practices generally charged to Shaktas only are held and carried out by other sects. It is to be remembered also that there are many schools of Agama. Some of them state that other Agamas were promulgated "for the delusion of men". It is needless to add that, here as elsewhere, to the adherent of a particular Agama his particular scripture is good, and it is the scripture of his opponent which is "for delusion". Orthodoxy is "my doxy" in India also amongst some sects. Shakta liberalism (being Advaita Vedanta) finds a place for all.

It cannot, therefore, be said the Agamas are wholly worthless and bad without involving all Hinduism in that charge. On the contrary the Professor discovers that behind the "nonsense" there may be a deep sense and that "immorality" is not the end or aim of the Cult of the Mother. He also holds that if the Tantrik Scriptures contain some things to which he and others take objection, such things in no wise exhaust their contents. There is nothing wonderful about this discovery, which anyone may make for himself by simply reading and understanding the documents, but the wonder consists in this, that it has not hitherto been thought necessary (where it has been possible) to read and understand the Tantra Shastras first and then to criticize them. All the greater then are our thanks to the learned Sanskritist for his share in this work of justice.-- J. W.)

India remains still the most important country on earth for the student of religion. In India we meet with all forms of religious thought and feeling which we find on earth, and that not only at different times but also all together even to-day. Here we find the most primitive belief in ancestral Spirits, in Demons and Nature Deities with a primeval, imageless sacrificial cult. Here also is a polytheism passing all limits, with the most riotous idolatry, temple cult, pilgrimages, and so forth. And, side by side with and beyond these crudest forms of religious life, we find what is deepest and most abstract of what religious thinkers of all times have ever thought about the Deity, the noblest pantheistic and the purest monotheistic conceptions. In India we also find a priestcraft as nowhere else on earth side by side with a religious tolerance which lets sect after sect, with the most wonderful saints, exist together. Here there were and still are forest recluses, ascetics, and mendicant monks, to whom renunciation of this world is really and truly a matter of deepest sincerity, and together with them hosts of idle

mendicant monks, vain fools and hypocrites, to whom religion is only a cloak for selfish pursuits for the gratification of greed for money, of greed for fame or the hankering after power. From India also a powerful stream of religious ideas has poured forth over the West, and especially over the East, has flooded Central Asia, has spread over Tibet, China, Korea and Japan, and has trickled through the further East down to the remotest islands of the East Indian Archipelago. And finally, in India as well as outside India, Indian religions have often mixed with Christianity and with Islam, now giving and now taking. Indeed, sufficient reason exists to welcome every work which contributes in one way or other to a richer, deeper or wider knowledge of Indian religion. I would like, therefore, to draw attention in what follows to some recently published works of this nature. These are the exceedingly meritorious publications of Arthur Avalon with reference to the literature of the Tantras. Through these works we obtain, for the first time, a deeper insight into the literature of the Tantras, the holy books of Shaktism, and into the nature of this much abused religion itself. It is true that H. H. Wilson in his essays on the religious sects of the Hindus which appeared from 1828 to 1832 has given a brief but relatively reliable and just exposition of this religion. M. Monier-Williams who has treated more fully of Shaktism, worship of the Goddess, and the contents of the Tantras, has only to tell terrible and horrible things. He describes the faith of the Shaktas, of the worshippers of the feminine Deities, as a mixture of sanguinary sacrifices and orgies with wine and women. Similar is the picture of this sect presented by A. Barth who on the one hand indeed admits that the Cult of the Mother is based on a deep meaning and that the Tantras are also full of theosophical and moral reflections and ascetic theories, but is not thereby prevented from saying that the Shakta is "nearly always a hypocrite and a superstitious debauchee", even though many amongst the

authors of the Tantras may have really believed that they were performing a sacred work. R. G. Bhandarkar, to whom we owe the latest and most reliable exposition of Indian sectarianism, happens in fact to deal with the Shaktas very summarily. Whereas the greater part of his excellent book deals with the religion of the Vaishnavas and with the sects of the Shaivas, he only devotes a few pages to the sect of the Shaktas which evidently seems unimportant to him. He speaks, however, both about the metaphysical doctrines and about the cult of this sect, with in every way, the cool, quiet objectivity of the historian. The exposition is only a little too brief and meager. So, all the more are Avalon's books welcome. The most valuable is the complete English translation of a Tantra, the *Mahanirvana Tantra* with an Introduction of 146 pages which introduces us to the chief doctrines of the Shaktas and with the exceedingly complicated, perhaps purposely confused, terminology of the Tantras. If we have been accustomed, up till the present, to see nothing else in Shaktism and in the Tantras, the sacred books of this sect, than wild superstition, occult humbug, idiocy, empty magic and a cult with a most objectionable morality, and distorted by orgies -- then a glimpse at the text made accessible to us by Avalon, teaches us that -- all these things are indeed to be found in this religion and in its sacred texts, but that by these their contents are nevertheless, in no wise exhausted. On the contrary, we rather find that behind the nonsense there lies hidden after all much deep sense and that immorality is not the end and aim of the cult of the Mother. We find that the mysticism of the Tantras has been built up on the basis of that mystic doctrine of the unity of the soul and of all with the Brahman, which is proclaimed in the oldest Upanishads and which belongs to the most profound speculations which the Indian spirit has imagined. This Brahman however, the highest divine principle, is, according to the doctrines of the Shakta

philosophers, no "nothing", but the eternal, primeval Energy (Shakti) out of which everything has been created, has originated, has been born. Shakti "Energy", however is not only grammatically feminine. Human experience teaches also that all life is born from the womb of the woman, from the mother. Therefore the Indian thinkers, from whom Shaktism has originated, believed that the highest Deity, the supremest creative principle, should be brought nearest to the human mind not through the word "Father," but through the word "Mother". And all philosophical conceptions to which language has given a feminine gender, as well as all mythological figures which appear feminine in popular belief, become Goddesses, Divine Mothers. So, before all, there is Prakriti, taken from the Samkhya philosophy, primeval matter, "Nature," who stands in contrast to Purusha, the male spirit, and is identical with Shakti. And this Shakti is, again, mythologically conceived as the spouse of God Shiva, Mahadeva, the "Great God". Mythology, however, knew already Uma or Parvati, "the daughter of the Mountain," the daughter of the Himalaya, as the spouse of Shiva. And so Prakriti, Shakti, Uma, Parvati, are ever one and the same. They are only different names for the one great All-Mother, the Jaganmata, "the Mother of all the living". The Indian mind had been long since accustomed to see Unity in all Multiplicity. Just as one moon reflects itself in innumerable waters, so Devi, the "Goddess," by whatever other names she may be otherwise called, is the embodiment of all Gods and of all "energies" (Shaktis) of the Gods. Within her is Brahma, the Creator, and his Shakti; within her is Vishnu, the Preserver, and his Shakti; within her is also Shiva as Mahakala, "great Father Time", the great Destroyer. But as this one is swallowed up by herself, she is also Adyakaika, the "primordial Kali"; and as a "great magician," Mahayogini, she is at the same time Creatrix, Preservatrix, and Destroyer of the world. She is also the mother of Mahakala, who

dances before her, intoxicated by the wine of Madhuka blossoms. As, however, the highest Deity is a woman, every woman is regarded as an embodiment of this Deity. Devi, "the Goddess", is within every feminine being. This conception it is, which has led to a woman worship which, undoubtedly, has taken the shape, in many circles, of wild orgies, but which also -- at least according to the testimony of the *Mahanirvana Tantra* -- could appear in a purer and nobler form, and has as surely done so. To the worship of the Devi, the Goddess, who is the joyously creative energy of nature, belong the "five true things" (Pancatattva) through which mankind enjoy gladly, preserve their life and procreate; intoxicating drink which is a great medicine to man, a breaker of sorrows and a source of pleasure; meat of the animals in the villages, in the air and in the forests, which is nutritious and strengthens the force of body and mind; fish which is tasty and augments procreative potency; roasted corn which, easily obtained, grows in the earth and is the root of life in the three worlds; and fifthly physical union with Shakti "the source of bliss of all living beings, the deepest cause of creation and the root of the eternal world." But these "five true things" may only be used in the circle of initiates, and only after they have been consecrated by sacred formulas and ceremonies. The *Mahanirvana Tantra* lays stress on the fact that no abuse may be made of these five things. Who drinks immoderately is no true worshipper of the Devi. Immoderate drinking, which disturbs seeing and thinking, destroys the effect of the sacred action. In the sinful Kali age also, only the own spouse should be enjoyed as Shakti. In everything the Tantra takes all imaginable trouble to excuse the Pancatattva ceremonies and to prevent their abuse. In the Kali age sweets (milk, sugar, honey) must be used instead of intoxicating drink, and the adoration of the lotus feet of the Devi should be substituted for the physical union. The worship should not be secret,

indecencies should not occur, and evil, impious people should not be admitted to the circle of the worshippers. True, it is permissible for the "Hero" (Vira) who is qualified to the Sadhaka or "magician" to unite in secret worship with other Shaktis. Only in the highest "heavenly condition" (Divyabhava) of the saint do purely symbolical actions take the place of the "five true things". But to the worship of the Devi belong in the first place Mantras (formulas) and Bijas (monosyllabic mysterious words like Aim, Klim, Hrim etc.); further also Yantras (diagrams of a mysterious meaning, drawn on metal, paper or other material), Mudras (special finger positions and hand movements) and Nyasas. (These last consist in putting the tips of the fingers and the flat of the right hand, with certain mantras, on the various parts of the body, in order by that to fill one's own body with the life of the Devi.) By the application of all these means the worshipper renders the Deity willing and forces him into his service, and becomes a Sadhaka, a magician. For Sadhana, "Magic," is the chief aim, though not the final aim of Devi worship. This highest and final aim is the same as that of all Indian sects and religious systems; Moksha or deliverance, the unification with the Deity in Mahanirvana, the "great extinction". The perfected saint, the Kaula, reaches this condition already in the present life and is one who is liberated whilst living (Jivanmukta). But the way to deliverance can only be found through the Tantras. For Veda, Smriti, Puranas and Itihasa are each the sacred books of past ages of the world, whilst for our present evil age, the Kali age, the Tantras have been revealed by Shiva for the salvation of mankind (I, 20 ff.) The Tantras thus on the strength of their own showing indicate themselves to be relatively modern works. In the present age Vedic and other rites and prayers have no value but only the mantras and ceremonies taught in the Tantras (II, 1 K). And just as the worship of the Devi leads equally to thoroughly materialistic

results through magic and to the highest ideal of Nirvana, so there is a strong mixture in the worship itself of the sensuous and the spiritual. Characteristic is *Mahanirvana Tantra* V, 139-151 (P. 86 K): The worshipper first offers to the Devi spiritual adoration, dedicating to her his heart as her seat, the nectar of his heart as the water for washing her feet, his mind as a gift of honor, the restlessness of his senses and thoughts as a dance, selflessness, dispassionateness, and so forth as flowers, but then he offers to the Devi an ocean of intoxicating drink, a mountain of meat and dried fish, a heap of roasted corn in milk, with sugar and butter, "nectar" and other things. Besides the "five true things" and other elements of this most sensuous worship which is calculated to produce the intoxication of the senses, and in which also bells, incense, flowers, lights and rosaries are not lacking, there is also the quiet contemplation (Dhyana) of the Deity. And likewise, we find side by side with mantras which are completely senseless and insipid such beautiful sayings as, for instance, V, 156: "O Adya Kali, who dwellest in the innermost soul of all, who art the innermost light, O Mother! Accept this prayer of my heart. I bow down before thee."

The Shaktas are a sect of the religion which is commonly designated "Hinduism," a term which is a facile one but which has not been chosen very happily. The word embraces all the sects and creeds which have originated from Brahmanism through a mixture with the cults of the aborigines of India and thus present a kind of degeneration of the old Brahmanical religion, but which still hold fast more or less, to orthodox Brahmanism and so distinguish themselves from the heretical sects (Buddhists and Jains). In reality there is strictly no sense in speaking of "Hinduism" as a "system" or as one "religion". For it is impossible to say where Brahmanism ends and where "Hinduism" begins. We

are also altogether ignorant as to how much the old Brahmanic religion had already assimilated from the faith and the customs of the non-Aryan populace. For it is not admissible to classify without further ado all animal worship, all demon worship, all fetichism and so on as "non-Aryan". In reality, all sects of "Hinduism" which are related to a worship of Vishnu or of Shiva, are nothing but offshoots of the original Brahmanism, which they never, however, deny. So also Shaktism has as a special characteristic merely the worship of the Shaktis, of the female deities, with its accessory matter (of the "five true things," the worship in the cakra or "circle" of the initiates, and so on). For the rest, its dogmatics -- or if it be preferred, its metaphysics -- as well as its ethics are altogether those of Brahmanism, of which also the essential ritual institutions have been preserved. In dogmatics it is the teachings of the orthodox systems of the Vedanta and the Samkhya, which meet us also in the Tantras clearly enough, sometimes even under the trash of senseless magic formulas. And as far as ethics are concerned, the moral teaching in the VIII chapter of the *Mahanirvana Tantra* reminds us from beginning to end of Manu's Code, the *Bhagavad Gita*, and the Buddhist sermons. Notwithstanding the fact that in the ritual proper of the Shakta there are no caste differences but in Shakti worship all castes as well as the sexes are equal yet, in harmony with Brahmanism, the castes are recognized with this modification that a fifth caste is added to the four usual ones, which springs from the mixture of the four older ones, namely, the caste of the Samanyas. Whilst Manu, however, distinguishes four Ashramas or statuses of life, the *Mahanirvana Tantra* teaches that, there are only two Ashramas in the Kali age, the status of the householder and that of the ascetic. For the rest, everything which is taught in our Tantra about the duties towards parents, towards wife and child, towards relations and in general towards fellow-men, might find a

place, exactly in the same way, in any other religious book or even in a profane manual of morals. As an example we may quote only a few verses from this Chapter VIII: (vv. 24, 25, 33, 35, 39, 45-47, 63-67).

The duties of each of the castes as well as the duties of the king are not prescribed much differently from Manu. Family life is estimated very highly by the *Mahanirvana Tantra*. So it is rigorously prescribed that no one is allowed to devote himself to the ascetic life who has children, wives, or such like near relations to maintain. Entirely in consonance with the prescriptions of the Brahmanic texts also are the "sacraments from conception until the marriage which are described in the 9th chapter of the *Mahanirvana Tantra (Samskaras)*. Likewise in the 10th chapter the direction for the disposal and the cult of the dead (*Shraddha*) are given. A peculiarity of the Shaktas in connection with marriage consists in the fact that side by side with the *Brahma* marriage for which the Brahmanic prescriptions are valid, there is also a Shaiva marriage, that is kind of marriage for a limited period which is only permitted to the members of the circle (*Cakra*) of the initiates. But children out of such a marriage are not legitimate and do not inherit. So far Brahmanic law applies also to the Shaktas, and so the section concerning civil and criminal law in the 11th and 12th chapters of the *Mahanirvana Tantra* substantially agree with Manu. Of course, notwithstanding all this, the Kauladharmia expounded in the Tantra is declared the best of all religions in an exuberant manner and the veneration of the *Kula*-saint is praised as the highest merit. It is said in a well-known Buddhist text: "As, ye monks, there is place for every kind of footprints of living beings that move in the footprint of the elephant, because, as is known indeed, the footprint of the elephant is the first in size amongst all, so, ye monks, all salutary doctrines are contained in the four noble truths." So

it is said in the *Mahanirvana Tantra*, (probably in recollection of the Buddhist passage): "As the footprints of all animals disappear in the footprint of the elephant, so disappear all other religions (*dharma*) in the Kula religion (*kula-dharma*)."

From what has been said it is clear that Avalon is right when he declares that up till now this literature has been only too often judged and still more condemned without knowing it, and that the Tantras deserve to become better known than has been the case hitherto. From the point of view of the history of religion they are already important for the reason that they have strongly influenced Mahayana Buddhism and specially the Buddhism of Tibet. It is, therefore, much to be welcomed that Avalon has undertaken to publish a series of texts and translations from this literature. It is true that we have no desire to be made acquainted with all the 3 x 64 Tantras which are said to exist. For -- this should not be denied, that for the greatest part these works contain, after all, only stupidity and gibberish ("doch nur Stumpfsinn und Kauderwelsch"). This is specially true of the Bijas and Mantras, the mysterious syllables and words and the magic formulas which fill these volumes. To understand this gibberish only to a certain degree and to bring some sense into this stupidity, it is necessary to know the Tantric meaning of the single vowels and consonants. For, amongst the chief instruments of the magic which plays such a great part in these texts, belongs the spoken word. It is not the meaning embedded in the mantra which exercises power over the deity, but the word, the sound. Each sound possesses a special mysterious meaning. Therefore, there are special glossaries in which this mysterious meaning of the single vowels and consonants. is taught. A few of such glossaries, indispensable helps for the Sadhaka, or rather the pupil who wants to develop himself into Sadhaka, have been brought to light in the first volume of the series of Tantric

Texts, published by Avalon: The Mantrabhidhana belonging to the Rudrayamala, Ekaksharakosha ascribed to Purushottamadeva, the Bijanighantu of Bhairava and two Matrikanighantus, the one by Mahidhara, the other by Madhava. Added to these is one other auxiliary text of this same kind, the Mudranighantu, belonging to the Vamakeshvara Tantra, an enumeration of the finger positions as they are used in Yoga.

The second volume of the same series of Texts contains the text of the *Satcakranirupana*, the "description of the six circles," together with no less than three commentaries. The "six circles" are six places in the human body, imagined as lotus-shaped, of great mystical significance and therefore of great importance for Yoga. The first of these circles is Muladhara, which is described as a triangle in the middle of the body with its point downwards and imagined as a red lotus with four petals on which are written the four golden letters Vam, Sham, Sham and Sham. In the center of this lotus is Svayambhulinga. At the root of this reddish brown linga the Citrininadi opens, through which the Devi Kundalini ascends, more delicate than a lotus fiber and more effulgent than lightning, and so on. The *Satcakranirupana* is the chapter of the *Shritattvacintamani* composed by Purnananda Swami. In addition the volume contains the text of a hymn, entitled Paduka-pañcakam, which is said to have been revealed by Shiva, and a voluminous commentary.

The third volume of the Series contains the text of the Prapañcasaratantra which is ascribed to the Vedantic philosopher Shamkaracarya, and by others to the deity Shiva in his incarnation as Shamkaracarya.

The name Samara appears fairly often in Tantra literature, but it is not at all sure that the works in question really come

from the Philosopher. Avalon prefaces the text by a detailed description of the contents of the work. *Prapañca* means "extension," "the extended Universe" from which, "Prapañcasara" "the innermost being of the universe". The work begins with a description of creation, accompanied, in the first two chapters, by detailed expositions of Chronology, Embryology, Anatomy, Physiology and Psychology, which are exactly as "scientific," as both the following chapters which treat of the mysterious meaning of the letters of the Sanskrit alphabet and of the Bijas. The further chapters which partly contain rituals, partly prayers, meditations and Stotras, are of greater importance from the standpoint of the history of religion. To how high a degree in the Shakti cult the erotic element predominates, is shown in IX, 23 ff., where a description is given, "how the wives of the gods, demons, and demi-gods impelled by mantras come to the magician, the Sadhaka, oppressed by the greatness of their desires". In the XVIII chapter, the mantras and the dhyanas (meditations) for the adoration of the God of love and his Shaktis are taught, and the union of man and woman is represented as a mystic union of the "I" (*Ahamkara*) with perception (*Buddhi*) and as a sacred sacrificial action. When a man honors his beloved wife in such a way, she will, struck by the arrows of the God of love, follow him like a shadow even in the other world (XVIII, 33). The XXVIII chapter is devoted to *Ardhanarishvara*, the God who is half woman -- Shiva, represented as a wild looking man, forms the right-hand half of the body, and his Shakti represented as a voluptuous woman, the left-hand half. The XXXIII chapter which seems to have originally closed the work describes in its first part ceremonies against childlessness, the cause of which is indicated as lack of veneration of the Gods and neglect of the wife. The second part is connected with the relation between teacher and pupil which is of extreme

importance for the Shakta religion. Indeed, worship of the Guru, the teacher, plays a prominent part in this sect.

However, the rituals and Mantras described in this Tantra are not exclusively connected with the different forms of the Devi and Shiva, but Vishnu and his Avatars are also often honored. The XXXVI chapter contains a disquisition on Vishnu Trailokyamohana (the Enchanter of the triple world) in verses 35-47 translated by Avalon. It is a description, glowing and sensuous (Voll sinnlicher Glut.): Vishnu shines like millions of suns and is of infinite beauty. Full of goodness his eye rests on Shri, his spouse, who embraces him, full of love. She too is of incomparable beauty. All the Gods and Demons and their wives offer homage to the August Pair. The Goddesses, however, press themselves in a burning yearning of love towards Vishnu, whilst exclaiming: "Be our husband, our refuge, August Lord!" In addition to this passage Avalon has also translated the hymns to Prakriti (Chapter XI), to Vishnu (Chapter XXI) and to Shiva (Chapter XXVI). Of these hymns the same holds good as of the collection of hymns to the Devi, which Avalon, together with his wife, has translated in a separate volume. Whilst many of these texts are mere insipid litanies of names and epithets of the worshipped deities, there are others, which, as to profoundness of thought and beauty of language may be put side by side with the best productions of the religious lyrics of the Indians. So the hymn to Prakriti in the *Prapañcasara* XI, 48, begins with the words:

"Be gracious to me, O Pradhana, who art Prakriti in the form of the elemental world. Life of all that lives. With folded hands I make obeisance to thee our Lady, whose very nature it is to do that which we cannot understand."

It is intelligible that the poets have found much more intimate cries of the heart when they spoke of the Deity as their "Mother" than when they addressed themselves to God as Father. So, for instance, it is said in a hymn to the Goddess ascribed to Shamkara:

2

By my ignorance of Thy commands

By my poverty and sloth

I had not the power to do that which I should have done

Hence my omission to worship Thy feet.

But Oh Mother, auspicious deliverer of all,

All this should be forgiven me

For, a bad son may sometimes be born, but a bad mother never.

3

Oh Mother! Thou hast many sons on earth,

But I, your son, am of no worth;

Yet it is not meet that Thou shouldst abandon me

For, a bad son may sometimes be born, but a bad mother never.

4

Oh Mother of the world, Oh Mother!

I have not worshipped Thy feet,

Nor have I given abundant wealth to Thee,

Yet the affection which Thou bestowest on me is without compare,

For, a bad son may sometimes be born, but a bad mother never.

Avalon looks with great sympathy on the Shakta religion which has found the highest expression for the divine principle in the conception "Mother". He is of opinion that when the European thinks that it is a *debasing* of the deity to conceive of it as feminine, then this can only be because he "looks upon his mother's sex as lower than his own" and because he thinks it unworthy of the deity to conceive it otherwise than masculine. That the conception of the Indian and especially of the Shakta is, in this connection, the more unbiased and unprejudiced one, we will freely concede to Avalon. He, however, goes still further and believes that the Tantras not only have an interest from the point of view of the history of religion, but that they also possess an independent value as manuals of Sadhana, that is magic. However grateful we might be to the editor and translator of these texts for having made us better acquainted with a little known and much misunderstood Indian system of religion, we yet would hope to be saved from the possibility of seeing added to the Vedantists, Neo-Buddhists, Theosophists and other India-fattest (Indiensschwärmern) in Europe and America, adherents of the Sadhana of the Shakti cult. The student of religion cannot and may not leave the Tantras and Shaktism

unnoticed. They have their place in the history of religion. But, may this occultism, which often flows from very turbid sources -- (this word should not be translated as "Secret Science" thus abusing the sacred name of Science, but rather as "Mystery Mongering" Geheimtuerei) remain far away from our intellectual life.

(To the above may be added a recent criticism of M. Masson Oursel of the College de France in the Journal *Isis* (iii, 1920) which is summarized and translated from the French: "The obscurity of language, strangeness of thought and rites sometimes adjudged scandalous, have turned away from the study of the immense Tantrik literature even the most courageous savants. If, however, the Tantras have appeared to be a mere mass of aberrations, it is because the key to them was unknown. The Tantras are the culmination of the whole Indian literature. Into them How both the Vedic and popular cults. Tantricism has imposed itself on the whole Hindu mentality (le Tantrisme, est imposé a toute la mentalité hindoue). Arthur Avalon has undertaken with complete success a task which in appearance seems to be a thankless one but is in reality fecund of results."

The article of Dr. Winternitz deals largely with the *Mahanirvana Tantra*. Because objections cannot be easily found against this Tantra, the theory has been lately put forward by Dr. Farquhar in his last work on Indian Literature that this particular scripture is exceptional and the work of Ram Mohun Roy's Guru Hariharananda Bharati. The argument is in effect "All Tantras are bad; this is not bad; therefore it is not a Tantra." In the first place, the MS. referred to in the Preface to A. Avalon's translation of this Tantra as having been brought to Calcutta, was an old MS.

having the date Shakabda 1300 odd, that is, several hundreds of years ago. Secondly, the Mahanirvana which belongs to the Visnukranta, or as some say Rathakranta, is mentioned in the *Mahasiddhisara Tantra*, an old copy of which was the property of Raja Sir Radhakant Dev (b. 1783 - - d. 1867), a contemporary of Raja Ram Mohun Roy (1774-1833) who survived the latter's son. The earliest edition of that Tantra by Anandacandra Vedantavagisha was published from a text in the Sanskrit College Library which is not likely to have had amongst its MSS. one which was the work of a man who, whatever be the date of his death, must have died within a comparatively short period of the publication of this edition. In fact, the Catalogue describes it as an old MS. and an original Tantra. Dr. Rajendralala Mitra in his notice of a MS. of the Tagore collection speaks of it as containing only the first half of fourteen chapters. This is so. The second half is not published and is very rare. The Pandit's copy to which reference was made in the Preface to A.A.'s translation of the *Mahanirvana* contained both parts. How comes it that if the Tantra was written by Raja Ram Mohun Roy's Guru that we have only the first half and not the second containing amongst other things the so-called magic or Shatkarma. It should be mentioned that there are three Tantras -- the Nirvana, Brihannirvana and Mahanirvana Tantras, similar to the group Nila, Brihannila and Mahanila Tantras. It is to be noted also that in the year 1293 B.S. or 1886 an edition of the *Mahanirvana* was published with commentary by a Samnyasin calling himself Shamkaracarya under the auspices of the Danda Shabha of Manikarnika Ghat, Benares, which contains more verses than is contained in the text, commented upon by Hariharananda and the interpretation of the latter as also that of Jagamohan Tarkalamkara, are in several matters controverted. We are asked to suppose that Hariharananda was both the author of, and commentator on, the Tantra. That the *Mahanirvana* has its merits is obvious,

but there are others which have theirs. The same critic speaks of the *Prapañcasara* as a "rather foul work". This criticism is ridiculous. The text is published for any one to judge. All that can be said is what Dr. Winternitz has said, namely, that there are a few passages with sensuous erotic imagery. These are descriptive of the state of women in love. What is wrong here? There is nothing "foul" in this except for people to whom all erotic phenomena are foul. "This is a very indecent picture," said an elderly lady to Byron, who retorted "Madam, the indecency consists in your remark". It cannot be too often asserted that the ancient East was purer in these matters than the modern West, where, under cover of a prudently modest exterior, a cloaca of extraordinarily varied psychopathic filth may flow. This was not so in earlier days, whether of East or West, when a spade was called a spade and not a horticultural instrument. In America it is still, I am told, considered indecent to mention the word "leg". One must say "limb". Said Tertullian: "Natura veneranda et non eru-bescenda"; that is, where the knower venerates his unknowing critic blushes.

The *Prapañcasara* which does not even deal with the rite against which most objection has been taken (while the *Mahanirvana* does), treats of the creation of the world, the generation of bodies, physiology, the classification of the letters, the Kalas, initiation, Japa, Homa, the Gayatri Mantra, and ritual worship of various Devatas and so forth; with facts in short which are not "foul" with or without the qualifying "rather".

(J. W.)

## **Chapter Six**

### **Shakti and Shakta**

Shakti who is in Herself pure blissful Consciousness (Cidrupini) is also the Mother of Nature and is Nature itself born of the creative play of Her thought. The Shakta faith, or worship of Shakti, is I believe, in some of its essential features one of the oldest and most wide-spread religions in the world. Though very ancient, it is yet, in its essentials, and in the developed form in which we know it to-day, harmonious with some of the teachings of modern philosophy and science; not that this is necessarily a test of its truth. It may be here noted that in the West, and in particular in America and England, a large number of books are now being published on "New Thought," "Will Power," "Vitalism," "Creative Thought," "Right Thought," "Self Unfoldment," "Secret of Achievement," "Mental Therapeutics" and the like, the principles of which are essentially those of some forms of Shakti Sadhana both higher and lower. There are books of disguised magic as how to control (Vashikarana) by making them buy what they do not want, how to secure "affection" and so forth which, notwithstanding some hypocrisies, are in certain respects on the same level as the Tantrik Shavara as a low class of books on magic are called. Shavara or Candala are amongst the lowest of men. The ancient and at the same time distinguishing character of the faith is instanced by temple worship (the old Vaidik worship was generally in the home or in the open by the river), the cult of images, of Linga and Yoni (neither of which, it is said, were part of the original Vaidik Practice), the worship of Devis and of the Magna Mater (the great Vaidik Devata was the male Indra) and other matters of both doctrine and practice.

Many years ago Edward Sellon, with the aid of a learned Orientalist of the Madras Civil Service, attempted to learn its mysteries, but for reasons, which I need not here discuss, did not view them from the right standpoint. He, however, compared the Shaktas with the Greek Telestia or Dynamica, the Mysteries of Dionysus "Fire born in the cave of initiation" with the Shakti Puja, the Shakti Shodhana with the purification shown in d'Hancarvilles' "Antique Greek Vases"; and after referring to the frequent mention of this ritual in the writings of the Jews and other ancient authors, concluded that it was evident that we had still surviving in India in the Shakta worship a very ancient, if not the most ancient, form of Mysticism in the whole world. Whatever be the value to be given to any particular piece of evidence, he was right in his general conclusion. For, when we throw our minds back upon the history of this worship we see stretching away into the remote and fading past the figure of the Mighty Mother of Nature, most ancient among the ancients; the Adya Shakti, the dusk Divinity, many breasted, crowned with towers whose veil is never lifted, Isis, "the one who is all that has been, is and will be," Kali, Hathor, Cybele, the Cowmother Goddess Ida, Tripurasundari, the Ionic Mother, Tef the spouse of Shu by whom He effects the birth of all things, Aphrodite, Astarte in whose groves the Baalim were set, Babylonian Mylitta, Buddhist Tara, the Mexican Ish, Hellenic Osia, the consecrated, the free and pure, African Salambo who like Parvati roamed the Mountains, Roman Juno, Egyptian Bast the flaming Mistress of Life, of Thought, of Love, whose festival was celebrated with wanton Joy, the Assyrian Mother Succoth Benoth, Northern Freia, Mulaprakriti, Semele, Maya, Ishtar, Saitic Neith Mother of the Gods, eternal deepest ground of all things, Kundali, Guhyamahabhairavi and all the rest.

And yet there are people who allege the "Tantrik" cult is modern. To deny this is not to say that there has been or will be no change or development in it. As man changes, so do the forms of his beliefs. An ancient feature of this faith and one belonging to the ancient Mysteries is the distinction which it draws between the initiate whose Shakti is awake (Prabuddha) and the Pashu the unilluminated or "animal," and, as the Gnostics called him, "material" man. The Natural, which is the manifestation of the Mother of Nature, and the Spiritual or the Mother as She is in and by Herself are one, but the initiate alone truly recognizes this unity. He knows himself in all his natural functions as the one Consciousness whether in enjoyment (Bhukti), or Liberation (Mukti). It is an essential principle of Tantrik Sadhana that man in general must rise through and by means of Nature, and not by an ascetic rejection of Her. A profoundly true principle is here involved whatever has been said of certain applications of it. When Orpheus transformed the old Bacchic cult, it was the purified who in the beautiful words of Euripides "went dancing over the hills with the daughters of Iacchos". I cannot, however, go into this matter in this paper which is concerned with some general subjects and the ordinary ritual. But the evidence is not limited to mysteries of the Shakti Puja. There are features in the ordinary outer worship which are very old and widespread, as are also other parts of the esoteric teaching. In this connection, a curious instance of the existence, beyond India, of Tantrik doctrine and practice is here given. The American Indian Maya Scripture of the Zunis called the Popul Vuh speaks of Hurakan or Lightning, that is (I am told) Kundalishakti; of the "air tube" or "Whitcord" or the Sushumna Nadi; of the "two-fold air tube" that is Ida and Pingala; and of various bodily centers which are marked by animal glyphs.

Perhaps the Pañcatattva Ritual followed by some of the adherents of the Tantras is one of the main causes which have operated in some quarters against acceptance of the authority of these Scriptures and as such responsible for the notion that the worship is modern. On the contrary, the usage of wine, meat, and so forth is itself very old. There are people who talk of these rites as though they were some entirely new and comparatively modern invention of the "Tantra," wholly alien to the spirit and practice of the early times. If the subject be studied it will, I think, be found that in this matter those worshippers who practice these rites are (except possibly as to Maithuna) the continuators of very ancient practices which had their counterparts in the earlier Vaidikacara, but were subsequently abandoned, possibly under the influence of Jainism and Buddhism. I say "counterpart," for I do not mean to suggest that in every respect the rites were the same. In details and as regards, I think, some objects in view, they differed. Thus we find in this Pañcatattva Ritual a counterpart to the Vaidik usage of wine and animal food. As regards wine, we have the partaking of Soma; meat was offered in Mamsashtaka Shraddha; fish in the Ashtakashraddha and Pretashraddha; and Maithuna as a recognized rite will be found in the Vamadevya Vrata and Maravrata of universally recognized Vaidik texts, apart from the alleged, and generally unknown, Saubhagykanda of the Atharvaveda to which the Kalikopanishad and other "Tantrik" Upanishads are said to belong. Possibly, however, this element of Maithuna may be foreign and imported by Cinacara (see Ch. V). So again, as that distinguished scholar Professor Ramendra Sundara Trivedi has pointed out in his Vicitraprasanga, the Mudra of Pañcatattva corresponds with the Purodasa cake of the Soma and other Yagas. The present rule of abstinence from wine, and in some cases, meat is due, I believe, to the original Buddhism. It is so-called "Tantriks," who follow (in

and for their ritual only) the earlier practice. It is true that the Samhita of Ushanah says, "Wine is not to be drunk, given or taken (Madyam apeyam adeyam agrahyam)" but the yet greater Manu states, "There is no wrong in the eating of meat or the drinking of wine (Na mamsabakshane dosho na madye)" though he rightly adds, as many now do, that abstention therefrom is productive of great fruit (Nivrittistu mahaphala). The Tantrik practice does not allow extra-ritual or "useless" drinking (Vrithapana).

Further, it is a common error to confound two distinct things, namely, belief and practice and the written records of it. These latter may be comparatively recent, whilst that of which they speak may be most ancient. When I speak of the ancient past of this faith I am not referring merely to the *writings* which exist today which are called Tantras. These are composed generally in a simple Sanskrit by men whose object it was to be understood rather than to show skill in literary ornament. This simplicity is a sign of age. But at the same time it is Laukika and not Arsha Sanskrit. Moreover, there are statements in them which (unless interpolations) fix the limits of their age. I am not speaking of the writings themselves but of what they say. The faith that they embody, or at least its earlier forms, may have existed for many ages before it was reduced to writing amongst the Kulas or family folk, who received it as handed down by tradition (Paramparyya) just as did the Vaidik Gotras. That such beliefs and practices, like all other things, have had their development in course of time is also a likely hypothesis.

A vast number of Tantras have disappeared probably for ever. Of those which survive a large number are unknown. Most of those which are available are of fragmentary character. Even if these did appear later than some other

Shastras, this would not, on Indian principles, affect their authority. According to such principles the authority of a Scripture is not determined by its date; and this is sense. Why, it is asked, should something said 1,000 years ago be on that account only truer than what was said 100 years ago? It is held that whilst the teaching of the Agama is ever existent, particular Tantras are constantly being revealed and withdrawn. There is no objection against a Tantra merely because it was revealed to-day. When it is said that Shiva spoke the Tantras, or Brahma wrote the celebrated Vaishnava poem called the Brahmasamhita, it is not meant that Shiva and Brahma materialized and took a reed and wrote on birch bark or leaf, but that the Divine Consciousness to which men gave these and other names inspired a particular man to teach, or to write, a particular doctrine or work touching the eternally existing truth. This again does not mean that there was any one whispering in his ear, but that these things arose in his consciousness. What is done in this world is done through man. There is a profounder wisdom than is generally acknowledged in the saying "God helps those who help themselves". Inspiration too never ceases. But how, it may be asked, are we to know that what is said is right and true? The answer is "by its fruits." The authority of a Shastra is determined by the question whether Siddhi is gained through its provisions or not. It is not enough that "Shiva uvaca" (Shiva says) is writ in it. The test is that of Ayurveda. A medicine is a true one if it cures. *The Indian test for everything is actual experience.* It is from Samadhi that the ultimate proof of Advaitavada is sought. How is the existence of Kalpas known? It is said they have been remembered, as by the Buddha who is recorded as having called to mind 91 past Kalpas. There are arguments in favor of rebirth but that which is tendered as real proof is both the facts of ordinary daily experience which can, it is said, be explained only on the hypothesis of pre-

existence; as also actual recollection by self-developed individuals of their previous lives. Modern Western methods operate through magnetic sleep producing "regression of memory". (See A. de Rochas *Les Vies Successives* and Lancelin *La Vie Posthume*.) Age, however, is not wholly without its uses: because one of the things to which men look to see in a Shastra is whether it has been accepted or quoted in works of recognized authority. Such a test of authenticity can, of course, only be afforded after the lapse of considerable time. But it does not follow that a statement is in fact without value because, owing to its having been made recently, it is not possible to subject it to such a test. This is the way in which this question of age and authority is looked at on Indian principles.

A wide survey of what is called orthodox "Hinduism" *today* (whatever be its origins) will disclose the following results: Vedanta in the sense of Upanishad as its *common doctrinal basis*, though variously interpreted, and a great number of differing disciplines or *modes of practice* by which the Vedanta doctrines are realized in actual fact. We must carefully distinguish these two. Thus the Vedanta says "So'ham"; which is Hamsha. "Hakara is one wing; Sakara is the other. When stripped of both wings She, Tara, is Kamakala." (*Tantraraja Tantra*.) The Acaras set forth the means by which "So'ham" is to be translated into actual fact for the particular Sadhaka. Sadhana comes from the root "Sadh" which means effort or striving or accomplishment. Effort for and towards what? The answer for those who desire it is liberation from every form in the hierarchy of forms, which exist as such, because consciousness has so limited itself as to obscure the Reality which it is, and which "So'ham" or "Shivo'ham" affirms. And why should man liberate himself from material forms? Because it is said, that way only lasting happiness lies: though a passing, yet fruitful

bliss may be had here by those who identify themselves with active Brahman (Shakti). It is the actual experience of this declaration of 'So'ham" which in its fundamental aspect is Veda: knowledge (Vid) or actual Spiritual Experience, for in the monistic sense to truly know anything is to *be* that thing. This Veda or experience is not to be had sitting down thinking vaguely on the Great Ether and doing nothing. Man must *transform* himself, that is, *act* in order to know. Therefore, the watchword of the Tantras is Kriya or action.

The next question is what Kriya should be adopted towards this end of Jñāna. "Tanyate, vistaryate jñanam anena iti Tantram." According to this derivation of the word Tantra from the root "Tan" "to spread," it is defined as the Shastra, by which knowledge (Jñāna) is spread. Mark the word Jñāna. The end of the practical methods which these Shastras employ is to spread Vedantic Jñāna. It is here we find that variety which is so puzzling to those who have not gone to the root of the religious life of India. The *end* is substantially one. The *means* to that end necessarily vary according to knowledge, capacity, and temperament. But here again we may analyze the means into two main divisions, namely, Vaidik and Tantrik, to which may be added a third or the mixed (Mishra). The one body of Hinduism reveals as it were, a double framework represented by the Vaidik and Tantrik Acaras, which have in certain instances been mingled.

The word "Tantra" by itself simply means as I have already said "treatise" and not necessarily a religious scripture. When it has the latter significance, it may mean the Scripture of several divisions of worshippers who vary in doctrine and practice. Thus there are Tantras of Salvias, Vaishnavas, and Shaktas and of various sub-divisions of these. So amongst the Salvias there are the Salvias of the Shaiva Siddhanta, the

Advaita Shaiva of the Kashmir School, Pashupatas and a multitude of other sects which have their Tantras. If "Tantric" be used as meaning an adherent of the Tantra Shastra, then the word, in any particular case, is without definite meaning. A man to whom the application is given may be a worshipper of any of the Five Devatas (Surya, Ganesha, Vishnu, Shiva, Shakti) and of any of the various Sampradayas worshipping that Devata with varying doctrine and practice. The term is a confusing one, though common practice compels its use. So far as I know, those who are named, "Tantrics" do not themselves generally use this term but call themselves Shaktas, Salvias and the like, of whatever Sampradaya they happen to be.

Again Tantra is the name of only one class of Scripture followed by "Tantrics". There are others, namely, Nigamas, Agamas, Yamalas, Damaras, Uddishas, Kakshaputas and so forth. None of these names are used to describe the adherents of these Shastras except, so far as I am aware, Agama in the use of the term Agamavadin, and Agamanta in the descriptive name of Agamanta Shaiva. I give later a list of these Scriptures as contained in the various Agamas. If we summarize them shortly under the term Tantra Shastra, or preferably Agama, then we have four main classes of Indian Scripture, namely, Veda (Samhita, Brahmana, Upanishad), Agama or Tantra Shastra, Purana, Smriti. Of these Shastras the authority of the Agama or Tantra Shastra has been denied in modern times. This view may be shown to be erroneous by reference to Shastras of admitted authority. It is spoken of as the Fifth Veda. Kulluka Bhatta, the celebrated commentator on Manu, says: "Shruti is twofold, Vaidik and Tantrik (Vaidiki tantriki caiva dvidha srutih lurtita)". This refers to the Mantra portion of the Agamas. In the Great Vaishnava Shastra, the Srimad Bhagavata, Bhagavan says: "My worship is of the three kinds

-- Vaidik, Tantrik and Mixed (Mishra)" and that, in Kaliyuga, "Keshava is to be worshipped according to the injunction of Tantra." The Devibhagavata speaks of the Tantra Shastra as a Vedanga. It is cited as authority in the Ashtavimshati Tattva of Raghunandana who prescribes for the worship of Durga as before him had done Shridatta, Harinatha, Vidyadhara and many others. Some of these and other references are given in Mahamahopadhyaya Yadaveshvara Tarkaratna's *Tantrer Pracinatva* in the *Sahitpa Samhita* of Aswin 1317. The Tarapradipa and other Tantrik works say that in the Kali-yuga the Tantrika and not the Vaidika Dharma is to be followed. This objection about the late character and therefore unauthoritativeness of the Tantra Shastras generally (I do not speak of any particular form of it) has been taken by Indians from their European Gurus.

According to the Shakta Scriptures, Veda in its wide sense does not only mean Rig, Yajus, Sama, Atharva as now published but comprises these together with the generally unknown and unpublished Uttara Kanda of the Atharva Veda, called Saubhagya, with the Upanishads attached to this. Sayana's Commentary is written on the Purva Kanda. These are said (though I have not yet verified the fact) to be 64 in number. Some of these, such as *Advaitabhava*, *Kaula*, *Kalika*, *Tripura*, *Tara*, *Aruna Upanishads* and *Bahvricopanishad*, *Bhavanopanishad*, I have published as the XI volume of Tantrik "texts. Aruna means "She who is red". Redness (Lauhityam) is Vimarsha. (See Vol. XI, *Tantrik Texts*. Ed. A. Avalon.) I may also here refer my reader to the Kaulacarya Satyananda's Commentary on the great *Isha Upanishad*. Included also in "Veda" (according to the same view) are the Nigamas, Agamas, Yamalas and Tantras. From these all other Shastras which explain the meaning (Artha) of Veda such as Purana and Smriti, also Itihasa and so forth are derived. All these Shastras constitute what is called a

"Many millioned" (Shatakoti) Samhita which are developed, the one from the other as it were an unfolding series. In the Tantrik Sangraha called Sarvollasa by the Sarvavidyasiddha Sarvanandanatha the latter cites authority (*Narayani Tantra*) to show that from Nigama came Agama. Here I pause to note that the Sammohana says that Kerala Sampradaya is Dakshina and follows Veda (Vedamargastha), whilst Gauda (to which Sarvanandanatha belonged) is Vama and follows Nigama. Hence apparently the pre-eminence given to Nigama. He then says from Agama came Yamala, from Yamala the four Vedas, from Vedas the Puranas, from Puranas Smriti, and from Smriti all other Shastras. There are, he says, five Nigamas and 64 Agamas. Four Yamalas are mentioned, which are said to give the gross form (Sthularupa). As some may be surprised to learn that the four Vedas came from the Yamalas (*i.e.* were Antargata of the Yamalas) which literally means what is uniting or comprehensive, I subjoin the Sanskrit verse from Narayani Tantra.

*Brahmayamalasambhutam samaveda-matam shive*

*Rudrayamalasamjata rigvedo paramo mahan*

*Vishnuyamalasambhuto yajurvedah kuleshvari*

*Shaktiyamalasambhutam atharva paramam mahat.*

Some Tantras are called by opposing sects Vedavirud-dhani (opposed to Veda), which of course those who accept them deny, just as the Commentary of the Nityashodashikarnava speaks of the Pañcaratrin as Vedabhrashta. That some sects were originally Avaidika is probable, but in process of time various amalgamations of scriptural authority, belief and practice took place.

Whether we accept or not this theory, according to which the Agamas and kindred Shastras are given authority with the four Vedas we have to accept the facts. What are these?

As I have said, on examination the one body of Hinduism reveals as it were a double framework. I am now looking at the matter from an outside point of view which is not that of the Shakta worshipper. We find on the one hand the four Vedas with their Samhitas, Brahmanas, and Upanishads and on the other what has been called the "Fifth Veda," that is Nigama, Agama and kindred Shastras and certain especially "Tantrik" Upanishads attached to the Saubhagya Kanda of the Atharvaveda. There are Vaidik and Tantrik Kalpa Sutras and Suktas such as the Tantrika Devi and Matsya Suktas. As a counterpart of the Brahma-sutras, we have the Shakti Sutras of Agastya. Then there is both Vaidik and "Tantrik" ritual such as (the ten Vaidik Samskaras and the Tantrik Samskaras, such as Abhisheka; Vaidik and Tantrik initiation (Upanayana and Diksha); Vaidik and Tantrik Gayatri; the Vaidik Om, the so-called "Tantrik" Bijas such as Hring; Vaidika. Guru and Deshika Guru and so forth. This dualism may be found carried into other matters as well, such as medicine, law, writing. So, whilst the Vaidik Ayurveda employed generally vegetable drugs, the "Tantriks" used metallic substances. A counterpart of the Vaidika Dharmapatni was the Shaiva wife; that is, she who is given by desire (Kama). I have already pointed out the counterparts of the Pañcatattva in the Vedas. Some allege a special form of Tantrik script at any rate in Gauda Desha and so forth.

What is the meaning of all this? It is not at present possible to give a certain answer. The subject has been so neglected and is so little known. Before tendering any conclusions with any certainty of their correctness, we must examine the

Tantrik Texts which time has spared. It will be readily perceived, however, that if there be such a double frame as I suggest, it indicates that there were originally two sources of religion one of which (possibly in some respects the older) incorporated parts of, and in time largely superseded the other. And this is what the "Tantriks" impliedly allege in their views as to the relation of the four Vedas and Agamas. If they are not both of authority, why should such reverence be given to the Deshika Gurus and to Tantrik Diksha?

Probably, there were many Aavidika cults, not without a deep and ancient wisdom of their own, that is, cults outside the Vaidik religion (Vedabahya) which in the course of time adopted certain Vaidik rites such as Homa: the Vaidikas, in their own turn, taking up some of the Aavidika practices. It may be that some Brahmanas joined these so-called Anarya Sampradayas just as we find to-day Brahmanas officiating for low castes and being called by their name. At length the Shastras of the two cults were given at least equal authority. The Vaidik practice then largely disappeared, surviving chiefly both in the Smarta rites of to-day and as embedded in the ritual of the Agamas. These are speculations to which I do not definitely commit myself. They are merely suggestions which may be worth consideration when search is made for the origin of the Agamas. If they be correct, then in this, as in other cases, the beliefs and practices of the Soil have been upheld until to-day against the incoming cults of those "Aryas" who followed the Vaidik rites and who in their turn influenced the various religious communities without the Vaidik fold.

The Smartas of to-day represent what is generally called the Srauta side, though in these rites there are mingled many Pauranic ingredients. The Arya Samaja is another present-day representative of the old Vaidika Acara, mingled as it

seems to me with a modernism, which is puritan and otherwise. The other, or Tantrik side, is represented by the general body of present-day Hinduism, and in particular by the various sectarian divisions of Salvias, Shaktas, Vaishnavas and so forth which go to its making.

Each sect of worshippers has its own Tantras. In a previous chapter I have shortly referred to the Tantras of the Shaivasiddhanta, of the Pañcaratras Agama, and of the Northern Saivism of which the *Malinivijaya Tantra* sets the type. The old fivefold division of worshippers was, according to the Pañcopasana, Saura, Ganapatya, Vaishnava, Shaiva, and Shakta whose Mula Devatas were Surya, Ganapati, Vishnu, Shiva and Shakti respectively. At the present time the three-fold division, Vaishnava, Shaiva, Shakta, is of more practical importance, as the other two survive only to a limited extent to-day. In parts of Western India the worship of Ganesha is still popular and I believe some Sauras or traces of Sauras here and there exist, especially in Sind.

Six Amnyas are mentioned in the Tantras. (Shadamnyah). These are the six Faces of Shiva, looking East (Purvamnaya), South (Dakshinamnaya), West (Pashcim amnaya), North (Uttaramnaya), Upper (Urddhvamnaya), Lower and concealed (Adhamnaya). The six Amnyas are thus so called according to the order of their origin. They are thus described in the Devyagama cited in the *Tantrarahasya* (see also, with some variation probably due to corrupt text, Patala II of *Samayacara Tantra*): "(1) The face in the East (that is in front) is of pearl-like luster with three eyes and crowned by the crescent moon. By this face I (Shiva) revealed (the Devis) Shri Bhuvaneshvari, Tripura, Lalita, Padma, Shulini, Sarasvati, Tvarita, Nitya, Vajraprastarim, Annapurna, Mahalakshmi, Lakshmi, Vagvadini with all their rites and Mantras. (2) The Southern face is of a yellow color with

three eyes. By this face I revealed Prasadasadashiva, Mahaprasadamantra, Dakshinamurti, Vatuka, Mañjughosha, Bhairava, Mritasanjivanividya, Mrityunjaya with their rites and Mantras. (3) The face in the West (that is at the back) is of the color of a freshly formed cloud. By this face I revealed Gopala, Krishna, Narayana, Vasudeva, Nrishimha, Vamana, Varaha, Ramacandra, Vishnu, Harihara, Ganesha, Agni, Yama, Surya, Vidhu (Candra) and other planets, Garuda, Dikpalas, Hanuman and other Suras, their rites and Mantras. (4) The face in the North is blue in color and with three eyes. By this face, I revealed the Devis, Dakshinakalika, Mahakali, Guhyakah, Smashanakalika, Bhadrakali, Ekajata, Ugratara, Taritni, Katyayani, Chhinnamasta, Nilasarasvati, Durga, Jayadurga, Navadurga, Vashuli, Dhumavati, Vishalakshi, Gauri, Bagalamukhi, Pratyangira, Matangi, Mahishamardini, their rites and Mantras. (5) The Upper face is white. By this face I revealed Shrimattripurasundari, Tripureshi, Bhairavi, Tripurabhairavi, Smashanabhairavi, Bhuvaneshibhairavi, Shatkutabhairavi, Annapurnabhairavi, Pañcami, Shodashi, Malini, Valavala, with their rites and Mantras. (6) The sixth face (Below) is lustrous of many colors and concealed. It is by this mouth that I spoke of Devatasthana, Asana, Yantra, Mala, Naivedya, Balidana, Sadhana, Purashcarana, Mantrasiddhi. It is called "Ishanamnaya." The *Samayacara Tantra* (Ch. 2) says that whilst the first four Amnayas are for the Caturvarga or Dharma, Artha, Kama, Moksha, the upper (Urddhvamnaya) and lower (Adhamnaya) are for liberation only. The *Sammohana Tantra* (Ch. V) first explains Purvamnaya, Dakshinamnaya, Pashcimamnaya, Uttaramnaya, Urdhvamnaya according to what is called Deshaparyyaya. I am informed that no Puja of Adhamnaya is generally done but that Shadanvaya Shambhavas, very high Sadhakas, at the door of Liberation do Nyasa with this sixth concealed Face. It is said that Patala Amnaya is Sam-bhogayoga. The

Nishkala aspect in Shaktikrama is for Purva, Tripura; for Dakshina, Saura, Ganapatya and Vaishnava; for Pashcima, Raudra, Bhairava; for Uttara, Ugra, Apattarini. In Shaivakarma the same aspect is for the first, Sampatprada and Mahesha; for the second, Aghora, Kalika and Vaishnava darshana; for the third, Raudra, Bhairava, Shaiva; for the fourth, Kubera, Bhairava, Saudrashaka; and for Urdhvamnaya, Ardhanarisha and Pranava. *Niruttara Tantra* says that the first two Amnyas contain rites for the Pashu Sadhaka (see as to the meaning of this and the other classes of Sadhakas, the Chapter on Pañcatattva ritual *Purvamnayoditam karma Pashavam kathitam priye*, and so with the next). The third or Pashcimamnaya is a combination of Pashu and Vira (*Pashcimamnayajam karma Pashu-virasamashritam*). Uttaramnaya is for Vira and Divya (*Uttaramnayajam karma divpa-virashritam priye*). The upper Amnaya is for the Divya (*Urdhvamnayoditam karma divyabhavashritam priye*). It adds that even the Divya does Sadhana in the cremation ground in Virabhava (that is, heroic frame: of mind and disposition) but he does such worship without Virasana. The *Sammohana* also gives a classification of Tantras according to the Amnyas as also special classifications, such as the Tantras of the six Amnyas according to Vatukamnaya. As only one Text of the *Sammohana* is available whilst I write, it is not possible to speak with certainty of accuracy as regards all these details.

Each of these divisions of worshippers have their own Tantras, as also had the Jainas and Bauddhas. Different sects had their own particular subdivisions and Tantras of which there are various classifications according to Krantas, Deshaparyaya, Kalaparyaya and so forth.

The *Sammohana Tantra* mentions 22 different Agamas including Cinagama (a Shakta form), Pashupata (a Shaiva

form), Pañcaratras (a Vaishnava form), Kapalika, Bhairava, Aghora, Jaina, Bauddha; each of which is said there to contain a certain number of Tantras and Upatantras.

According to the *Sammohana Tantra*, the Tantras according to Kalaparyaya are the 64 Shakta Tantras, with 327 Upatantras, 8 Yamalas, 4 Damaras, 2 Kalpalatas and several Samhitas, Cudamanis (100) Arnavas, Puranas, Upavedas, Kakshaputas, Vimarshini and Cintamanis. The Shaiva class contains 32 Tantras with its own Yamalas, Damaras and so forth. The Vaishnava class contains 75 Tantras with the same, including Kalpas and other Shastras. The Saura class has Tantras with its own Yamalas, Uddishas and other works. And the Ganapatya class contains 30 Tantras with Upatantras, Kalpas and other Shastras, including one Damara and one Yamala. The Bauddha class contains Kalpadrumas, Kamadhenus, Suktas, Kramas, Ambaras, Puranas and other Shastras.

According to the *Kularnava* and *Jñanadipa Tantras* there are seven Acaras of which the first four, Veda, Vaishnava, Shaiva and Dakshina belong to Pashvacara; then comes Vama, followed by Siddhanta, in which gradual approach is made to Kaulacara the reputed highest. Elsewhere six and nine Acaras are spoken of and different kinds of Bhavas, Sabhava, Vibhava and Dehabhava and so forth which are referred to in Bhavacudamani.

An account of the Acaras is given in the *Haratattvavidhiti* [pp. 339-342. See in particular *Vishvasara Tantra* (Ch. 24) and *Nitya Tantra* and *Pranatoshini*. The first is the best account].

Vedacara is the lowest and Kaulacara the highest. (*Kularnava Tantra* II). Their characteristics are given in the 24th Patala

of *Vishvasara Tantra*. The first four belong to Pashvacara (see Chapter on Shakta Sadhana) and the last three are for Vira and Divya Sadhakas. Summarizing the points of the Vishvasara: a Sadhaka in Vedacara should carry out the prescriptions of the Veda, should not cohabit with his wife except in the period following the courses. He should not eat fish and meat on the Parva days. He should not worship the Deva at night. In Vaishnavacara he follows injunctions (Niyama) of Vedacara. He must give up eating of flesh (*Nitya Tantra* says he must not kill animals), avoid sexual intercourse and even the talk of it. This doubtless means a negation of the Vira ritual. He should worship Vishnu. This Acara is distinguished from the last by the great endurance of Tapas and the contemplation of the Supreme everywhere. In Shaivacara, Vedacara is prescribed with this difference that there must be no slaughter of animals and meditation is on Shiva. Dakshinacara is said to have been practiced by Rishi Dakshinamurti and is therefore so called. This Acara is preparatory for the Vira and Divya Bhavas. Meditation is on the Supreme Ishvari after taking Vijaya (Hemp). Japa of Mantra is done at night. Siddhi is attained by using a rosary of human bone (Mahshankha) at certain places including a Shaktipitha. Vamacara is approved for Viras and Divyas. One should be continent (Brahmacari) at day and worship with the Pañcatattva at night. (*"Pañcatattvakramenaiva ratrau devim prapujayet"*). The statement of Nitya (*Pañcatattvanukalpena ratrau deving prapujayet*) is, if correctly reported, I think incorrect. This is Vira Sadhana and the Vira should generally only use substitutes when the real Tattvas cannot be found. Cakra worship is done. Siddhi is destroyed by revelation thereof; therefore the Vama path is hidden. The Siddhantacari is superior to the last by his knowledge "hidden in the Vedas, Shastras and Puranas like fire in wood, by his freedom from fear of the Pashu, by his adherence to the truth, and by his open performance of the

Pañcatattva ritual. Open and frank, he cares not what is said." He offers the Pancatattvas openly. Then follows a notable passage. "Just as it is not blameable to drink openly in the Sautramani Yajña (Vaidik rite), so in Siddhantacara wine is drunk openly. As it is not blameable to kill horses in the Ashvamedha Yajña (Vaidik rite), so no offense is committed in killing animals in this Dharma." *Nitya Tantra* says that an article, be it pure or impure, becomes pure by purification. Holding a cup made of human skull, and wearing the Rudraksha, the Siddhantacari moves on earth in the form of Bhairava Himself. The knowledge of the last Acara, that of the Kaula, makes one Shiva. Just as the footprint of every animal disappears in that of the elephant, so every Dharma is lost in the greatness of Kuladharmā. Here there are no injunctions or prohibitions, no restriction as to time or place, in fact no rule at all. A Kaula is himself Guru and Sadashiva and none are superior to him. Kaulas are of three classes, inferior (the ordinary or Prakrita Kaula), who is ever engaged in ritual such as Japa, Homa, Puja, follows Viracara (with Pañcatattva) and strives to attain the highland of knowledge; middling is the Kaula who does Sadhana with Pañcatattva, is deeply immersed in meditation (Dhyana) and Samadhi; superior, the Kaula who "Oh Mistress of the Kaulas sees the imperishable, and all-pervading Self in all things and all things in the Self." He is a good Kaula who makes no distinction between mud and sandalpaste, gold and straw, a home and the cremation ground. He is a superior Kaula who meditates on the Self with the self, who has equal regard for all, who is full of contentment, forgiveness and compassion. *Nitya Tantra* (Patala III) says that Kaulas move about in various shapes, now as an ordinary man of the world adhering to social rules (Shishta), at other times as one who has fallen therefrom (Bhrashta). At other times, he seems to be as weird and unearthly as a ghost (Bhuta). Kaulacara is, it says, the

essence which is obtained from the ocean of Veda and Agama after churning it with the staff of knowledge.

In a modern account of the Acaras (see *Sanatana -- sadhana-Tattva* or *Tantra-rahasya* by Saccidananda Svami) it is said that some speak of Aghoracara and Yogacara as two further divisions between the last but one and last. However this may be, the Aghoras of to-day are a separate sect who, it is alleged, have degenerated into mere eaters of corpses, though Aghora is said to only mean one who is liberated from the terrible (Ghora ) Samsara. In Yogacara was learnt the upper heights of Sadhana and the mysteries of Yoga such as the movements of the Vayu in the bodily microcosm (Kshudravrahmanda), the regulation of which controls the inclinations and propensities (Vritti), Yogacara is entered by Yoga-diksha and achievement in Ashtangayoga qualifies for Kaulacara. Whether there were such further divisions I cannot at present say. I prefer for the time being to follow the Kularnava. The Svami's account of these is as follows: Vedacara which consists in the daily practice of the Vaidik rites (with, I may add, some Tantrik observances) is the gross body (Sthula-deha) which comprises within it all the other Acaras, which are as it were its subtle body (Sukshma-deha) of various degrees. The worship is largely of an external character, the object of which is to strengthen Dharma. This is the path of action (Kriyamarga). This and some other observations may be a modern reading of the old facts but are on the whole, I think, justified. The second stage of Vaishnavacara is the path of devotion (Bhaktimarga) and the aim is union of devotion with faith previously acquired. The worshipper passes from blind faith to an understanding of the supreme protecting Energy of the Brahman, towards which his devotion goes forth. With an increasing determination to uphold Dharma and to destroy Adharma, the Sadhaka passes into the third stage or

Shaivacara which the author cited calls the militant (Kshattriya) stage, wherein to love and mercy are added strenuous striving and the cultivation of power. There is union of faith, devotion, and inward determination (Antarлакша). Entrance is here made upon the path of knowledge (Jñanamarga). Following this is the fourth stage or Dakshinacara, which originally and in Tantra Shastra does not mean "right-hand worship" but according to the author cited is the Acara "favorable" to the accomplishment of the higher Sadhana of which Dakshina-Kalika is Devi. (The Vishvasara already cited derives the word from Dakshinamurthi muni, but Dakshina in either case has the same meaning. Dakshinakali is a Devi of Uttaramnaya and approach is here made to Vira rituals.) This stage commences when the worshipper can make Dhyana and Dharana of the threefold Shakti of the Brahman (Iccha, Kriya, Jñana) and understands the mutual connection of the three and of their expression as the Gunas, and until he receives the rite of initiation called Purnabhisheka. At this stage the Sadhaka is Shakta and qualified for the worship of the threefold Shakti of Brahman (Brahma, Vishnu, Maheshvara). He worships the Adya-Shakti as Dakshina-Kalika in whom are united the three Shaktis. The aim of this stage is the union of faith, devotion, and determination with a knowledge of the threefold energies. (Passage is thus made from the Deva-aspect to the Deva-whole.) Up to this stage the Sadhaka has followed Pravritti Marga, or the outgoing path, the path of worldly enjoyment, albeit curbed by Dharma. The Sadhaka now, upon the exhaustion of the forces of the outward current, makes entry on the path of return (Nivritti-Marga). As this change is one of primary importance, some have divided the Acaras into the two broad divisions of Dakshinacara (including the first four) and Vamacara (including the last three). Strictly, however, the first three can only be thus included in the sense that they

are preparatory to Dakshinacara proper and are all in the Pravritti Marga and are not Vamacara. It is thus said that men are born into Dakshinacara but are received by initiation into Vamacara. As Dakshinacara does not mean "right-hand worship" so Vamacara does not mean, as is vulgarly supposed, "left-hand worship". "Left-hand" in English has a bad sense and it is not sense to suppose that the Shastra, which prescribes this Acara, itself gives it a bad name. Vama is variously interpreted. Some say it is the worship in which woman (Vama) enters, that is Lata-sadhana. Vama, this author says, means "adverse" that is the stage adverse to the Pravritti, which governs in varying degrees the previous Acaras. For, entry is here made on the Nivritti path of return to the Source of outgoing. (In this Acara also there is worship of the Vama Devi.) In Vamacara the Sadhaka commences to directly destroy Pravritti and, with the help of the Guru, to cultivate Nivritti. The help of the Guru throughout is necessary. It is comparatively easy to lay down rules for the Pravritti Marga but nothing can be achieved in Vama-cara without the Guru's help. Some of the disciplines are admittedly dangerous and, if entered upon without authority and discretion, will probably lead to abuse. The method of the Guru at this stage is to use the forces of Pravritti in such a way as to render them self-destructive. The passions which bind (notably the fundamental instincts for food, drink, and sexual satisfaction) may be it is said so employed as to act as forces whereby the particular life, of which they are the strongest physical manifestation, is raised to the universal life. Passion which has hitherto run downward and outwards (often to waste) is directed inwards and upwards and transformed to power. But it is not only the lower physical desires of eating, drinking, and sexual intercourse which must be subjugated. The Sadhaka must at this stage commence (the process continues until the fruit of Kaulacara is obtained) to cut off all the eight bonds (Pasha)

which have made him a Pashu, for up to and including Dakshinacara is Pashu worship. These Pasha, bonds or "afflictions", are variously enumerated but the more numerous classifications are merely elaborations of the smaller divisions. Thus, according to the *Devi-Bhagavata*, Moha is ignorance or bewilderment, and Mahamoha is the desire for worldly pleasure which flows from it. The *Kularnava Tantra* mentions eight primary bonds, Daya (that is pity as the feeling which binds as opposed to divine compassion or Karuna), Moha (ignorance), Lajja (shame, which does not mean that a man is to be a shameless sinner but weak worldly shame of being looked down upon, of infringing conventions and so forth), Family (Kula, which ceases to be a tie), Shila (here usage, convention) and Varna (caste; for the enlightened is beyond all its distinctions). When, to take the Svami's example, Shri Krishna stole the clothes of the bathing Gopis or milkmaids and cowherds and made them approach Him naked, He removed the artificial coverings which are imposed on man in the Samsara. The Gopis were eight, as are the Bonds, and the errors by which the Jiva is misled are the clothes which Krishna stole. Freed of these the Jiva is liberated from all bonds arising from his desires, family and society. Formerly it was sufficient to live in worldly fashion according to the morality governing life in the world. Now the Sadhaka must go further and transcend the world, or rather seek to do so. He rises by those things which are commonly the cause of fall. When he has completely achieved his purpose and liberated himself from all bonds, he reaches the stage of Shiva (Shivatva). It is the aim of the Nivritti Sadhana to liberate man from the bonds which bind him to the Samsara, and to qualify the Vira Sadhaka, through Rajasika Upasana (see Chapter on Pañcatattva) of the highest grades of Sadhana in which the Sattvika Guna predominates. He is then Divya or divine. To the truly Sattvik, there is neither attachment, fear nor

disgust (Ghrina). What is thus commenced in Vamacara, is gradually completed by the rituals of Siddhantacara and Kaulacara. In the last three Acaras the Sadhaka becomes more and more freed from the darkness of Samsara and is attached to nothing, hates nothing, is ashamed of nothing (really shameful acts being *ex hypothesi* below his acquired stage), and has freed himself of the artificial bonds of family, caste, and society. He becomes an Avadhuta, that is, one who has "washed off" everything and has relinquished the world. Of these, as stated later, there are several classes. For him there is no rule of time or place. He becomes, like Shiva himself, a dweller in the cremation ground (Smashana). He attains Brahmajñana or the Gnosis in perfect form. On receiving Mahapurnadiksha, he performs his own funeral rites and is dead to the Samsara. Seated alone in some quiet place, he remains in constant Samadhi (ecstasy), and attains it in its highest or Nirvikalpa form. The Great Mother, the Supreme Prakriti, Mahashakti dwells in his heart which is now the inner cremation ground wherein all passions have been burnt away. He becomes a Paramahansa who is liberated whilst yet living (Jivanmukta).

From the above it will be seen that the Acaras are not various sects in the European sense, but stages in a continuous process through which the Sadhaka must pass before he reaches the supreme state of the highest Kaula (for the Kaulas are of differing degrees). Passing from the gross outer body of Vedacara, he learns its innermost core of doctrine, not expressed but latent in it. These stages need not be and are not ordinarily passed through by each Jiva in the course of a single life. On the contrary they are as a rule traversed in the course of a multitude of births, in which case the weaving of the spiritual garment is recommenced where, in a previous birth, it was dropped on death. In one life the Sadhaka may commence at any stage. If he is a true

Kaula now it is because in previous births he has by Sadhana in the preliminary stages won his entrance into it. Knowledge of Shakti is, as the *Niruttara Tantra* says, acquired after many births; and according to the *Mahanirvana Tantra* it is by merit acquired in previous births that the mind is inclined to Kaulacara.

Kauladharmā is in no wise sectarian but on the contrary claims to be the head of all sects. It is said "at heart a Shakta, outwardly a Shaiva, in gatherings a Vaishnava (who are wont to gather together for worship in praise of Hari) in thus many a guise the Kaulas wander on earth."

*Antah-shaktah bahih-shaivah sabhayam vaishnava matah*

*Nana-rupadharah Kaulah vicaranti mahitale.*

The saying has been said to be an expression of this claim which is I think involved in it. It does however also I think indicate secrecy, and adaptability to sectarian form, of him who has pierced to the core of that which all sects in varying, though partial, ways present. A Kaula is one who has passed through these and other stages, which have as their own inmost doctrine (whether these worshippers know it or not) that of Kaulacara. It is indifferent what the Kaula's apparent sect may be. The form is nothing and everything. It is nothing in the sense that it has no power to narrow the Kaula's inner life. It is everything in the sense that knowledge may infuse its apparent limitations with an universal meaning. A man may thus live in all sects, without their form being ever to him a bond.

In Vaidik times there were four Ashramas, that is, states and stages in the life of the Arya, namely (in their order) that of

the chaste student (Brahmacarya), secular life as a married house-holder (Grihastha), the life of the forest recluse with his wife in retirement from the world (Vanaprastha), lastly that of the beggar (Bhikshu or Avadhuta), wholly detached from the world, spending his time in meditation on the Supreme Brahman in preparation for shortly coming death. All these four were for the Brahmana caste, the first three for the Kshatriya, the first two for the Vaishya and for the Shudra the second only (*Yogayajñavalkya*, Ch. I). As neither the conditions of life nor the character, capacity and powers of the people of this age allow of the first and third Ashrama, the *Mahanirvana Tantra* states (VIII. 8) that in the Kali age there are only two Ashramas, namely, the second and last, and these are open to all castes indiscriminately (*ib.* 12). The same Tantra (XIV. 141 *et seq.*) speaks of four classes of Kulayogis or Avadhutas namely the Shaivavadhuta and Brahmavadhuta, which are of two kinds, imperfect (Aurna) and perfect (Purna). The first three have enjoyment and practice Yoga. The fourth or Paramahansa should be absolutely chaste and should not touch metal. He is beyond all household duties and caste, and ritual, such as the offering of food and drink to Devata. The Bhairavamara classes the Avadhuta into (a) Kulavadhuta, (b) Shaivavadhuta, (c) Brahmavadhuta, (d) Hamsavadhuta. Some speak of three divisions of each of the classes Shaivavadhuta and Brahmavadhuta (see pp. 32-33 of *Introduction to Tantra Shastra*). The Shaivavadhutas are not, either, from a Western or Shastric standpoint, as high as the Brahmavadhuta. The lowest of the last class can have intercourse only with the own wife (Shvakiya Shakti as opposed to the Shaiva Shakti); the middling has ordinarily nothing to do with any Shakti, and the highest must under no circumstance touch a woman or metal, nor does he practice any rites or keep any observances.

The main divisions here are Vedacara, Dakshinacara and Vamacara. Vedacara is not Vaidikacara, that is, in the Sruta sense, for the Sruta Vaidikacara appears to be outside this sevenfold Tantrik division of which Vedacara is the Tantrik counterpart. For it is Tantrik Upasana with Vaidik rites and mantras, with (I have been told) Agni as Devata. As a speculation we may suggest that this Acara was for those not Adhikari for what is called the Sruta Vaidikacara. The second and third belong and lead up to the completed Dakshinacara. This is Pashvacara. Vama-cara commences the other mode of worship, leading up to the completed Kaula, the Kaulavadhuta, Avadhuta, and Divya. Here, with the attainment of Brahmajñana, we reach the region which is beyond all Acaras which is known as Sveccacara. All that those belonging to this state do or touch *is* pure. In and after Vamacara there is eating and drinking in, and as part of, worship and Maithuna. After the Pashu there is the Vira and then the Divya. Pashu is the starting point, Vira is on the way and Divya is the goal. Each of the sects has a Dakshina and Vama division. It is commonly thought that this is peculiar to Shaktas: but this is not so. Thus there are Vama, Ganapatyas and Vaishnavas and so forth. Again Vamacara is itself divided again into a right and left side. In the former wine is taken in a cup of stone or other substance, and worship is with the Svakiya-Shakti or Sadhaka's own wife; in the latter and more advanced stage drinking is done from a skull and worship may be with Parastri, that is, some other Shakti. In the case however of some sects which belong to the Vama-cara division, whilst there is meat and wine, there is, I am told, no Shakti for the members are chaste (Brahmacari). So far as I can ascertain these sects which are mentioned later seem to belong to the Shaiva as opposed to the Shakta group.

The Tantrik Samgraha called *Shaktanandatarangini* by Brahmananda Svami says (Ch. 2) that Agama is both Sadagama and Asadagama and that the former alone is Agama according to the primary meaning of the word (*Sadagama eva agamashabdasya mukhyatvat*). He then says that Shiva in the Agama Samhita condemns the Asadagama saying "Oh Deveshi, men in the Kali age are generally of a Rajasik and Tamasik disposition and being addicted to forbidden ways deceive many others. Oh Sureshvari, those who *in disregard of their Varnashrama Dharma* offer to us flesh, blood and wine become Bhutas, Pretas, and Brahmarakshasas," that is, various forms of evil spirits. This prohibits such worship as is opposed to Varnashramadharmas. It is said, however, by the Vamacaris, who take consecrated wine and flesh as a Yajña, not to cover their case.

It is not uncommonly thought that Vamacara is that Acara into which Vama or woman enters. This is true only to a certain extent: that is, it is a true definition of those Sadhakas who do worship with Shakti according to Vamacara rites. But it seems to be incorrect, in so far as there are, I am told, worshippers of the Vamacara division who are chaste (Brahmacari). Vamacara means literally "left" way, not "left-handed" in the English sense which means what is bad. As the name is given to these Sadhakas by themselves it is not likely that they would adopt a title which condemns them. What they mean is that this Acara is the opposite of Dakshinacara. Philosophically it is more monistic. It is said that even in the highest Siddhi of a Dakshinacari "there is always some One above him"; but the fruit of Vamacara and its subsequent and highest stages is that the Sadhaka "becomes the Emperor Himself". The Bhava differs, and the power of its method compared with Dakshinacara is said to be that between milk and wine.

Moreover it is to be noted that the Devi whom they worship is on the left of Shiva. In Vamacara we find Kapalikas, Kalamukhas, Pashupatas, Bhandikeras, Digambaras, Aghoras, followers of Cinacara and Kaulas generally who are initiated. In some cases, as in that of the advanced division of Kaulas, worship is with all five Tattvas (Pañcatattvas). In some cases there is Brahmacharya as in the case of Aghora and Pashupata, though these drink wine and eat flesh food. Some Vamacaris, I am informed, never cease to be chaste (Brahmachari), such as Oghada Sadhus worshippers of Batuka Bhairava, Kanthadhari and followers of Gorakshanatha, Sitanatha and Matsyendranatha. In Nilakrama there is no Maithuna. In some sects there are differing practices. Thus, I am told, amongst the Kalamukhas, the Kalaviras only worship Kumaris up to the age of nine, whereas the Kamamohanas worship with adult Shaktis.

Some advanced members of this (in its general sense) Vamacara division do not, I am informed, even take wine and meat. It is said that the great Vamacari Sadhaka Raja Krishnacandra of Nadia, Upasaka of the Chinnamasta Murti, did not take wine. Such and similar Sadhakas have passed beyond the preliminary stage of Vamacara, and indeed (in its special sense) Vamacara itself. They may be Brahma Kaulas. As regards Sadhakas generally it is well to remember what the *Mahakala Samhita*, the great Shastra of the Madhyastha Kaulas, says in the 11th Ullasa called Sharira-yoga-kathanam: "Some Kaulas there are who seek the good of this world (*Aihikarthadhritatmanah*). So also the Vaidikas enjoy what is here (*Aihikartham kamayante*: as do, I may interpose, the vast bulk of present humanity) and are not seekers of liberation (*Amrite ratim na kurvanti*). Only by Nishkamasadhana is liberation attained."

The Pañcatattva are either real (Pratyaksha. "Idealizing" statements to the contrary are, when not due to ignorance, false), substitutional (Anukalpa) or esoteric (Divyatattva). As regards the second, even a vegetarian would not object to "meat" which is in fact ginger, nor the abstainer to "wine" which is coconut water in a bell-metal vessel. As for the Esoteric Tattva they are not material articles or practices, but the symbols for Yogic processes. Again some notions and practices are more moderate and others extreme. The account given in the *Mahanirvana* of the Bhairavi and Tattva Cakras may be compared with some more unrestrained practice; and the former again may be contrasted with a modern Cakra described in the 13th Chapter of the Life of Bejoy Krishna Gosvami by Jagad-bandhu Maitra. There a Tantrika Siddha formed a Cakra at which the Gosvami was present. The latter says that all who were there, felt as if the Shakti was their own Mother who had borne them, and the Devatas whom the Cakreshvara invoked appeared in the circle to accept the offerings. Whether this is accepted as a fact or not, it is obvious that it was intended to describe a Cakra of a different kind from that of which we have more commonly heard. There are some practices which are not correctly understood; there are some principles which the bulk of men will not understand; for to so understand there must be besides knowledge that undefinable Bhava, the possession of which carries with it the explanation which no words can give. I have dealt with this subject in the Chapter on the Pañcatattva. There are expressions which do not bear their surface meaning. *Gomamhsa-bhakshana* is not "beef-eating" but putting the tongue in the root of the throat. What some translate as "Ravishing the widow" refers not to a woman but to a process in Kundalini Yoga and so forth. Lastly and this is important: a distinction is seldom, if ever, made between Shastric principles and actual practice, nor is count taken of the conditions properly governing the worship

and its abuse. It is easy to understand that if Hinduism has in general degenerated, there has been a fall here. It is, however, a mistake to suppose that the sole object of these rites is enjoyment. It is not necessary to be a "Tantrik" for that. The moral of all this is, that it is better to know the facts than to make erroneous generalizations. There are said to be three Krantas or geographical divisions of India, of which roughly speaking the North-Eastern portion is Vishnukranta, the North-Western Rathakranta and the remaining and Southern portion is Ashvakranta. According to the *Shaktamarigala* and *Mahasiddhisara Tantras*, Vishnukranta (which includes Bengal) extends from the Vindhya range to Chattala or Chittagong. From Vindhya to Tibet and China is Rathakranta. There is then some difference between these two Tantras as to the position of Ashvakranta. According to the first this last Kranta extends from the Vindhya to the sea which perhaps includes the rest of India. According to the *Mahasiddhisara Tantra* it extends from the Karatoya River to a point which cannot be identified with certainty in the text cited, but which may be Java. To each of these 64 Tantras have been assigned. One of the questions awaiting solution is whether the Tantras of these three geographical divisions are marked by both doctrinal and ritual peculiarities and if so what they are. This subject has been referred to in the first part of the *Principles of Tantra* wherein a list of Tantras is given.

In the Shakta division there are four Sampradayas, namely, Kerala, Kashmira, Gauda and Vilasa, in each of which there is both outer and inner worship. The *Sammohana Tantra* gives these four Sampradayas, also the number of Tantras, not only in the first three Sampradayas, but in Cina and Dravida. I have been informed that out of 56 Deshas (which included besides Hunas, places outside India, such as Cina, Mahacina, Bhota, Simhala), 18 follow Gauda extending from

Nepala to Kalinga and 19 follow Kerala extending from Vindhyaçala to the Southern Sea, the remaining countries forming part of the Kashmira Desha; and that in each Sampradaya there are Paddhatis such as Shuddha, Gupta, Ugra. There is variance in Devatas and Rituals some of which are explained in the *Tarasukta* and *Shaktisamgama Tantra*.

There are also various Matas such as Kadi Mata, called Viradanuttara of which the Devata is Kali (see Introduction to *Tantraraja Tantra*, A Short Analysis); Hadi Mata called Hamsaraja of which Tripurasundari is Devata and Kahadi Mata the combination of the two of which Tara is Devata that is Nilasarasvati. Certain Deshas are called Kadi, Hadi, Kahadi Deshas and each Mata has several Amnyas. It is said that the Hamsatara Mahavidya is the Sovereign Lady of Yoga whom Jainas call Padmavati, Shaktas Shakti, Bauddhas Tara, Cina Sadhakas Mihogra, and Kaulas Cakreshvari. The Kadis call her Kali, the Hadis Shrisundari and the Kadi-Hadis Hamsah. Volumes VIII and XII of "Tantrik Texts" contain that portion of the Tantraraja which belongs to Kadi Mata and in the English Introduction, mentioned above, I have dealt with this subject.

Gauda Sampradaya considers Kadi the highest Mata, whilst Kashmira and Kerala worship Tripura and Tara. Possibly there may have been originally Deshas which were the exclusive seats of specific schools of Tantra, but later and at present, so far as they exist, this cannot be said. In each of the Deshas different Sampradayas may be found, though doubtless at particular places, as in Bengal, particular sects may be predominant.

In my opinion it is not yet possible to present, with both accuracy and completeness, the doctrine and practice of any particular Tantrik School, and to indicate wherein it differs

from other Schools. It is not possible at present to say fully and precisely who the original Shaktas were, the nature of their sub-divisions and of their relation to, or distinction from, some of the Shaiva group. Thus the Kaulas are generally in Bengal included in the Brahmajñani Shakta group but the *Sammohana* in one passage already cited mentions Kaula and Shakta separately. Possibly it is there meant to distinguish ordinary Shaktas from the special group called Kaula Shaktas. In Kashmir some Kaulas, I believe, call themselves Shaivas. For an answer to these and other questions we must await a further examination of the texts. At present I am doing clearing of mud (Pankoddhara) from the tank, not in the expectation that I can wholly clear away the mud and weeds, but with a desire to make a beginning which others may complete.

He who has not understood Tantra Shastra has not understood what "Hinduism" is as it exists to-day. The subject is an important part of Indian culture and therefore worth study by the duly qualified. What I have said should be sufficient to warn the ignorant from making rash generalizations. At present we can say that he who worships the Mantra and Yantra of Shakti is a Shakta, and that there were several Sampradayas of these worshippers. What we can, and should first do, is to study the Shakta Darshana as it exists to-day, working back from the known to the unknown. What I am about to describe is the Shakta faith as it exists *to-day*, that is Shaktivada, not as something entirely new but as the development and amalgamation of the various cults which were its ancestors.

Summarizing Shakta doctrine we may first affirm that it is *Advaitavada* or Monism. This we might expect seeing that it flourished in Bengal which, as the old Gauda Desha, is the Guru both of Advaitavada and of Tantra Shastra. From

Gauda came Gaudapadacarya, Madhusudana Sarasvati, author of the great Advaitasiddhi, Ramacandratirthabharati, Citsukhacarya and others. There seems to me to be a strong disposition in the Brahmaparayana Bengali temperament towards Advaitavada. For all Advaitins the Shakta Agama and Advaita Shaivagama must be the highest form of worship. A detailed account of the Advaita teachings of the Shaktas is a matter of great complexity and of a highly esoteric character, beyond the scope of this paper. I may here note that the Shakta Tantras speak of 94 Tattvas made up of 10, 12 and 16 Kalas of Fire, Sun and Moon constituting the Kamakala respectively; and 19 of Sadashiva, 6 of Ishvara, 10 each of Rudra, Vishnu and Brahma. The 51 Kalas or Matrikas which are the Sukshmarupa of the 51 letters (Varna) are a portion of these 94. These are the 51 coils of Kundali from Bindu to Shrimatrikotpatti-Sundari mentioned in my *Garland of Letters* or Studies on the Mantra Shastra. These are all worshipped in the wine jar by those Shaktas who take wine. The Shastras also set out the 36 Tattvas which are common to Shaktas and Salvias; the five Kalas which are Samanya to the Tattvas, namely, Nivritti, Pratishta, Vidya, Shanta, Shantyatita, and the Shadadhva, namely, Varna, Pada, and Mantra, Kala, Tattva, Bhuvana, which represent the Artha aspect and the Shabda aspect respectively. (See *Garland of Letters*.)

To pass to more popular matters, a beautiful and tender concept of the Shaktas is the *Motherhood of God*, that is, God as Shakti or the Power which produces, maintains and withdraws the universe. This is the thought of a worshipper. Though the *Sammohana Tantra* gives high place to Shamkara as conqueror of Buddhism (speaking of him as a manifestation of Shiva and identifying his four disciples and himself with the five Mahapretas), the Agamas as Shastras of worship do not teach Mayavada as set forth according to

Shamkara's transcendental method. Maya to the Shakta worshipper is not an unconscious something, not real, not unreal, not real-unreal, which is associated with Brahman in its Ishvara aspect, though it is not Brahman. Brahman is never associated with anything but Itself. Maya to the Shakta is Shakti veiling Herself as Consciousness, but which, as being Shakti, is Consciousness. To the Shakta all that he sees is the Mother. *A//* is Consciousness. This is the standpoint of Sadhana. The Advaitins of Shamkara's School claim that their doctrine is given from the standpoint of Siddhi. I will not argue this question here. When Siddhi is obtained there will be no argument. Until that event Man is, it is admitted, subject to Maya and must think and act according to the forms which it imposes on him. It is more important after all to realize in fact the universal presence of the Divine Consciousness, than to attempt to explain it in philosophical terms.

The Divine Mother first appears in and as Her worshipper's earthly mother, then as his wife; thirdly as Kalika, She reveals Herself in old age, disease and death. It is She who manifests, and not without a purpose, in the vast outpouring of Samhara Shakti which was witnessed in the great world-conflict of our time. The terrible beauty of such forms is not understood. And so we get the recent utterance of a Missionary Professor at Madras who being moved to horror at the sight of (I think) the Camundamurti called the Devi a "She-Devil". Lastly She takes to Herself the dead body in the fierce tongues of flame which light the funeral pyre.

The Monist is naturally unsectarian and so the Shakta faith, as held by those who understand it, is *free from a narrow sectarian spirit.*

Nextly it, like the other Agamas, makes provision for *all castes* and *both sexes*. Whatever be the true doctrine of the Vaidikas, their practice is in fact marked by exclusiveness. Thus they exclude women and Shudras. It is easy to understand why the so-called Anarya Sampradayas did not do so. A glorious feature of the Shakta faith is the *honor which it pays to woman*. And this is natural for those who worship the Great Mother, whose representative (Vigraha) all earthly women are. *Striyo devah striyah pranah*. "Women are Devas; women are life itself," as an old Hymn in the *Sarvollasa* has it. It is because Woman is a Vigraha of the Amba Devi, Her likeness in flesh and blood, that the Shakta Tantras enjoin the honor and worship of women and girls (Kumaris), and forbid all harm to them such as the Sati rite, enjoining that not even a female animal is to be sacrificed. With the same solicitude for women, the *Mahanirvana* prescribes that even if a man speaks rudely (Durvacyam kathayan) to his wife, he must fast for a whole day, and enjoins the education of daughters before their marriage. The Moslem Author of the Dabistan (ii. 154. Ed. 1843) says "The Agama favors both sexes equally. Men and women equally compose mankind. This sect hold women in great esteem and call them Shaktis and to ill-treat a Shakti, that is, a woman, is a crime". The Shakta Tantras again *allow of women being Guru*, or Spiritual Director, a reverence which the West has not (with rare exceptions) yet given them. Initiation by a Mother bears eightfold fruit. Indeed to the enlightened Shakta the whole universe is Stri or Shakti. "Aham stri" as the *Advabhavano Upanishad* says. A high worship therefore which can be offered to the Mother to-day consists in getting rid of abuses which have neither the authority of ancient Shastra, nor of modern social science and to honor, cherish, educate and advance women (Shakti). *Striyo devah striyah pranah*. Gautamiya Tantra says *Sarvavarnadhikarashca narinam yogya eva ca*; that is, the

Tantra Shastra is for all castes and for women; and the *Mahanirvana* says that the low Kaula who refuses to initiate a Candala or Yavana or a woman out of disrespect goes the downward path. No one is excluded from anything except on the grounds of a real and not artificial or imagined incompetency.

An American Orientalist critic, in speaking of "the worthlessness of Tantric philosophy", said that it was "*Religious Feminism run mad,*" adding "What is all this but the *feminisation* of orthodox Vedanta? It is a doctrine for *suffragette* Monists: the dogma unsupported by any evidence that *the female principle antedates and includes the male principle*, and that this female principle is supreme Divinity." The "worthlessness" of the Tantrik philosophy is a personal opinion on which nothing need be said, the more particularly that Orientalists who, with insufficient knowledge, have already committed themselves to this view are not likely to easily abandon it. The present criticism, however, in disclosing the grounds on which it is based, has shown that they are without worth. Were it not for such ignorant notions, it would be unnecessary to say that the Shakta Sadhaka does not believe that there is a Woman Suffragette or otherwise, in the sky, surrounded by the members of some celestial feminist association who rules the male members of the universe. As the Yamala says for the benefit of the ignorant "*neyam yoshit na ca puman na shando na jadah smritah*". That is, God is neither female, male, hermaphrodite nor unconscious thing. Nor is his doctrine concerned with the theories of the American Professor Lester Ward and others as to the alleged pre-eminence of the female principle. We are not here dealing with questions of science or sociology. It is a common fault of western criticism that it gives material interpretations of Indian Scriptures and so misunderstands it. The Shakta

doctrine is concerned with those Spiritual Principles which exist before, and are the origin of, both men and women. Whether, in the appearance of the animal species, the female "antedates" the male is a question with which it is not concerned. Nor does it say that the "female principle" is the supreme Divinity. Shiva the "male" is co-equal with Shivé the "female," for both are one and the same. An Orientalist might have remembered that in the Samkhya, Prakriti is spoken of as "female," and Purusha as "male". And in Vedanta, Maya and Devi are of the feminine gender. Shakti is not a male nor a female "person," nor a male nor a female "principle," in the sense in which sociology, which is concerned with gross matter, uses those terms. Shakti is symbolically "female" because it is the productive principle. Shiva in so far as He represents the Cit or consciousness aspect, is actionless (Nishkriya), though the two are inseparably associated even in creation. The Supreme is the attributeless (Nirguna) Shiva, or the neuter Brahman which is neither "male" nor "female". With such mistaken general views of the doctrine, it was not likely that its more subtle aspects by way of relation to Shamkara's Mayavada, or the Samkya Darshana should be appreciated. The doctrine of Shakti has no more to do with "Feminism" than it has to do with "old age pensions" or any other sociological movement of the day. This is a good instance of those apparently "smart" and cocksure judgments which Orientalists and others pass on things Indian. The errors would be less ridiculous if they were on occasions more modest as regards their claims to know and understand. What is still more important, they would not probably in such cases give unnecessary ground for offense.

The characteristic features of Shakta-dharma are thus its Monism; its concept of the Motherhood of God; its unsectarian spirit and provisions for Shudras and women, to

the latter of whom it renders high honor, recognizing that they may be even Gurus; and lastly its Sadhana skillfully designed to realize its teachings.

As I have pointed out on many an occasion this question of *Sadhana* is of the highest importance, and has been in recent times much overlooked. It is that which more than anything else gives value to the Agama or Tantra Shastra. Mere talk about religion is only an intellectual exercise. Of what use are grand phrases about Atma on the lips of those who hate and injure one another and will not help the poor. Religion is kindness. Religion again is a practical activity. Mind and body must be trained. There is a spiritual as well as a mental and physical gymnastic. According to Shakta doctrine each man and woman contains within himself and herself a vast latent magazine of Power or Shakti, a term which comes from the root "Shak" to be able, to have force to do, to act. They are each Shakti and nothing but Shakti, for the Svarupa of Shakti, that is, Shakti as it is in itself is Consciousness, and mind and body are Shakti. The problem then is how to raise and vivify Shakti. This is the work of Sadhana in the Religion of Power. The Agama is a practical philosophy, and as the Bengali friend and collaborator of mine, Professor Pramathanatha Mukhyopadhyaya, whom I cite again, has well put it, what the intellectual world wants to-day is the sort of philosophy which not merely *argues* but *experiments*. This is Kriya. The form which Sadhana takes necessarily varies according to faith, temperament and capacity. Thus, amongst Christians, the Catholic Church, like Hinduism, has a full and potent Sadhana in its sacraments (Samskara), temple (Church), private worship (Puja, Upasana) with Upacara "bell, light and incense" (Ghanta, Dipa, Dhupa), Images or Pratima (hence it has been called idolatrous), devotional rites such as Novenas and the like (Vrata), the threefold "Angelus" at morn, noon and evening

(Samdhya), rosary (Japa), the wearing of Kavacas (Scapulars, Medals, Agnus Dei), pilgrimage (Tirtha), fasting, abstinence and mortification (Tapas), monastic renunciation (Samnyasa), meditation (Dhyana), ending in the union of mystical theology (Samadhi) and so forth. There are other smaller details such for instance as Shanti-abhisheka (Asperges) into which I need not enter here. I may, however, mention the Spiritual Director who occupies the place of the Guru; the worship (Hyperdulia) of the Virgin-Mother which made Svami Vivekananda call the Italian Catholics, Shaktas; and the use of wine (Madya) and bread (corresponding to Mudra) in the Eucharist or Communion Service. Whilst, however, the Blessed Virgin evokes devotion as warm as that which is here paid to Devi, she is not Devi for she is not God but a creature selected as the vehicle of His incarnation (Avatara). In the Eucharist the bread and wine are the body and blood of Christ appearing under the form or "accidents" of those material substances; so also Tara is Dravamayi, that is, the "Saviour in liquid form". (*Mahanirvana Tr.* xi. 105-107.) In the Catholic Church (though the early practice was otherwise) the laity no longer take wine but bread only, the officiating priest consuming both. Whilst however the outward forms in this case are similar, the inner meaning is different. Those however who contend that eating and drinking are inconsistent with the "dignity" of worship may be reminded of Tertullian's saying that Christ instituted His great sacrament at a meal. These notions are those of the dualist with all his distinctions. For the Advaitin every function and act may be made a Yajña. Agape or "Love Feasts," a kind of Cakra, were held in early times, and discontinued as orthodox practice, on account of abuses to which they led; though they are said still to exist in some of the smaller Christian sects of the day. There are other points of ritual which are peculiar to the Tantra Shastra and of which there is no counterpart in the Catholic ritual

such as Nyasa and Yantra. Mantra exists in the form of prayer and as formulae of consecration, but otherwise the subject is conceived of differently here. There are certain gestures (Mudra) made in the ritual, as when consecrating, blessing, and so forth, but they are not so numerous or prominent as they are here. I may some day more fully develop these interesting analogies, but what I have said is for the present sufficient to establish the numerous similarities which exist between the Catholic and Indian Tantrik ritual. Because of these facts the "reformed" Christian sects have charged the Catholic Church with "Paganism". It is in fact the inheritor of very ancient practices but is not necessarily the worse for that. The Hindu finds his Sadhana in the Tantras of the Agama in forms which his race has evolved. In the abstract there is no reason why his race should not modify these forms of Sadhana or evolve new ones. But the point is that *it must have some form of Sadhana*. Any system to be fruitful must *experiment* to gain *experience*. It is because of its powerful sacraments and disciplines that in the West the Catholic Church has survived to this day, holding firm upon its "Rock" amid the dissolving sects, born of what is called the "Reform". It is likely to exist when these, as presently existing sects, will have disappeared. All things survive by virtue of the truth in them. The particular truth to which I here refer is that a faith cannot be maintained by mere hymn-singing and pious addresses. For this reason too Hinduism has survived.

This is not necessary to say that either of these will, as presently existing forms, continue until the end of time. The so-called Reformed or Protestant sects, whether of West or East, are when viewed in relation to man in general, the imperfect expression of a truth misunderstood and misapplied, namely, that the higher man spiritually ascends,

the less dependent is he on form. The mistake which such sects make is to look at the matter from one side only, and to suppose that all men are alike in their requirement. The Agama is guilty of no such error. It offers form in all its fullness and richness to those below the stage of Yoga, at which point man reaches what the *Kularnava Tantra* calls the Varna and Ashrama of Light (Jyotirvarnashrami), and gradually releases himself from all form that he may unite his self with the Formless One. I do not know which most to admire -- the colossal affirmations of Indian doctrine, or the wondrous variety of the differing disciplines, which it prescribes for their realization in fact.

The Buddhists called Brahmanism Shilavrataparamarsha, that is, a system believing in the efficacy of ritual acts. And so it is, and so at length was Buddhism, when passing through Mahayana it ended up with the full Tantrik Sadhana of the Vajrayana School. There are human tendencies which cannot be suppressed. Hinduism will, however, disappear, if and when Sadhana (whatever be its form) ceases; for that will be the day on which it will no longer be something real, but the mere subject of philosophical and historical talk. Apart from its great doctrine of Shakti, the main significance of the Shakta Tantra Shastra lies in this, that it affirms the principle of the *necessity of Sadhana* and claims to afford a *means* available to all of whatever *caste* and of either *sex* whereby the teachings of Vedanta may be practically *realized*.

But let no one take any statement from any one, myself included, blindly, without examining and testing it. I am only concerned to state the facts as I know them. It is man's prerogative to think. The Sanskrit word for "man" comes from the root *man* "to think". Those who are Shaktas may be pleased at what I have said about their faith. It must not, however, be supposed that a doctrine is necessarily true

simply because it is old. There are some hoary errors. As for science, its conclusions shift from year to year. Recent discoveries have so abated its pride that it has considerably ceased to give itself those pontifical airs which formerly annoyed some of us. Most will feel that if they are to bow to any Master it should be to a spiritual one. A few will think that they can safely walk alone. Philosophy again is one of the noblest of life's pursuits, but here too we must examine to see whether what is proposed for our acceptance is well founded. The maxim is current that there is nothing so absurd but that it has been held by some philosopher or another. We must each ourselves judge and choose, and if honest, none can blame our choice. We must put all to the test. We may here recollect the words of Shruti -- "*Shrotavyah, Mantavyah, Nididhyasitavyah,*" -- "listen, reason and ponder"; for as Manu says "*Yastarke-nanusandhatte sa dharmam veda, netarah*" -- "He who by discussion investigates, he knows Dharma and none other." Ultimately there is experience alone which in Shakta speech is *Saham* -- "She I am".

## NOTE TO CHAPTER VI

I have referred to the Vaidik and Agamic strands in Indian Dharma. I wish to add some weighty remarks made by the well-known Vedantic Monthly *The Prabuddha Bharata* (Mayavati, U. P., July 1914). They were elicited by the publication of Arthur Avalon's *Principles of Tantra*. After pointing out that a vindication of the Tantras rebounds directly to the benefit of Hinduism as a whole, for Tantrikism in its real sense is nothing but the Vedic religion struggling with wonderful success to reassert itself amidst all those new problems of religious life and discipline which historical events and developments have thrust upon it, and after referring to the Introduction to that work, the author of the review wrote as follows:

"In this new publication, the most noteworthy feature of this new Introduction he has written for the Tantra-tattva is his appreciative presentation of the orthodox views about the antiquity and the importance of the Tantras, and it is impossible to overestimate the value of this presentation.

"For hitherto all theories about the origin and the importance of the Tantras have been more or less prejudiced by a wrong bias against Tantrikism which some of its own later sinister developments were calculated to create. This bias has made almost every such theory read either like a condemnation or an apology. All investigation being thus disqualified, the true history of Tantrikism has not yet been written; and we find cultured people mostly inclined either to the view that Tantrikism originally branched off from the Buddhistic Mahayana or Vajrayana as a cult of some corrupted and self-deluded monastics, or to the view that it was the inevitable dowry which some barbarous non-Aryan races brought along with them into the fold of Hinduism. According to both these

views, however, the form which this Tantrikism -- either a Buddhistic development or a barbarous importation -- has subsequently assumed in the literature of Hinduism, is its improved edition as issuing from the crucibles of Vedic or Vedantic transformation. But this theory of the curious co-mingling of the Vedas and Vedanta with Buddhistic corruption or with non-Aryan barbarity is perfectly inadequate to explain the all-pervading influence which the Tantras exert on our present-day religious life. Here it is not any hesitating compromise that we have got before us to explain, but a bold organic synthesis, a legitimate restatement of the Vedic culture for the solution of new problems and new difficulties which signaled the dawn of a new age.

"In tracing the evolution of Hinduism, modern historians take a blind leap from Vedic ritualism direct to Buddhism, as if to conclude that all those newly formed communities, with which India had been swarming all over since the close of the fateful era of the Kurukshetra war and to which was denied the right of Vedic sacrifices, the monopoly of the higher three-fold castes of pure orthodox descent, were going all the time without any religious ministrations. These Aryanized communities, we must remember, were actually swamping the Vedic orthodoxy, which was already gradually dwindling down to a helpless minority in all its scattered centers of influence, and was just awaiting the final blow to be dealt by the rise of Buddhism. Thus the growth of these new communities and their occupation of the whole land constituted a mighty event that had been silently taking place in India on the outskirts of the daily shrinking orthodoxy of Vedic ritualism, long before Buddhism appeared on the field, and this momentous event our modern historians fail to take due notice of either it may be because of a curious blindness of self-complacency or because of the

dazzle which the sudden triumph of Buddhism and the overwhelming mass of historical evidences left by it create before their eyes. The traditional Kali Yuga dates from the rise of these communities and the Vedic religious culture of the preceding Yuga underwent a wonderful transformation along with a wonderful attempt it made to Aryanize these rising communities.

"History, as hitherto understood and read, speaks of the Brahmins of the Buddhistic age -- their growing alienation from the Jñāna-kānda or the Upanishadic wisdom, their impotency to save the orthodox Vedic communities from the encroachments of the non-Vedic hordes and races, their ever-deepening religious formalism and social exclusiveness. But this history is silent on the marvelous feats which the Upanishadic sects of anchorites were silently performing on the outskirts of the strictly Vedic community with the object of Aryanizing the new India that was rising over the ashes of the Kurukshetra conflagration. This new India was not strictly Vedic like the India of the bygone ages, for it could not claim the religious ministrations of the orthodox Vedic Brahmins and could not, therefore, perform Yajñas like the latter. The question, therefore, is as to how this new India became gradually Aryanized, for Aryanization is essentially a spiritual process, consisting in absorbing new communities of men into the fold of the Vedic religion. The Vedic ritualism that prevailed in those days was powerless, we have seen, to do anything for these new communities springing up all over the country. Therefore, we are obliged to turn to the only other factor in Vedic religion besides the Karma-kānda for an explanation of those changes which the Vedic religion wrought in the rising communities in order to Aryanize them. The Upanishads represent the Jñāna-kānda of the Vedic religion and if we study all of them, we find that not only the earliest ritualism of Yajñas was philosophized upon the

earlier Upanishads, but the foundation for a new, and no less elaborate, ritualism was fully laid in many of the later Upanishads. For example, we study in these Upanishads how the philosophy of Pañca-upasana (five-fold worship, *viz.*, the worship of Shiva, Devi, Sun, Ganesha and Vishnu) was developed out of the mystery of the Pranava ("Om"). This philosophy cannot be dismissed as a post-Buddhistic interpolation, seeing that some features of the same philosophy can be clearly traced even in the Brahmanas (*e.g.*, the discourse about the conception of Shiva).

"Here, therefore, in some of the later Upanishads we find recorded the attempts of the pre-Buddhistic recluses of the forest to elaborate a post-Vedic ritualism out of the doctrine of the Pranava and the Vedic theory of Yogic practices. Here in these Upanishads we find how the Bija-mantras and the Shatcakra of the Tantras were being originally developed, for on the Pranava or Udgitha had been founded a special learning and a school of philosophy from the very earliest ages and some of the "spinal" centers of Yogic meditation had been dwelt upon in the earliest Upanishads and corresponding Brahmanas. The Upakaranas of Tantrik worship, namely, such material adjuncts as grass, leaves, water and so on, were most apparently adopted from Vedic worship along with their appropriate incantations. So even from the Brahmanas and the Upanishads stands out in clear relief a system of spiritual discipline -- which we would unhesitatingly classify as Tantrik -- having at its core the Pañca-upasana and around it a fair round of rituals and rites consisting of Bija-mantras and Vedic incantations, proper meditative processes and proper manipulation of sacred adjuncts of worship adopted from the Vedic rites. This may be regarded as the earliest configuration which Tantrik-ism had on the eve of those silent but mighty social upheavals through which the Aryanization of vast and increasing

multitudes of new races proceeded in pre-Buddhistic India and which had their culmination in the eventful centuries of the Buddhistic *coup de grace*.

"Now this pre-Buddhistic Tantrikism, perhaps, then recognized as the Vedic Pañca-upasana, could not have contributed at all to the creation of a new India, had it remained confined completely within the limits of monastic sects. But like Jainism, this Pañca-upasana went forth all over the country to bring ultra-Vedic communities under its spiritual ministrations. Even if we inquire carefully into the social conditions obtaining in the strictly Vedic ages, we find that there was always an extended wing of the Aryanized society where the purely Vedic Karma-kanda could not be promulgated, but where the molding influence of Vedic ideals worked through the development of suitable spiritual activities. It is always to the Jñana-kanda and the monastic votaries thereof, that the Vedic religion owed its wonderful expansiveness and its progressive self-adaptability, and every religious development within the Vedic fold, but outside, the ritualism of Homa sacrifices, is traceable to the spiritual wisdom of the all renouncing forest recluses. This 'forest' wisdom was most forcibly brought into requisition when after the Kurukshetra a new age was dawning with the onrush and upheaval of non-Aryan and semi-Aryan races all over India -- an echo of which may be found in that story of the Mahabharata where Arjuna fails to use his Gandiva to save his protégés from the robbery of the non-Aryan hordes.

"The greatest problem of the pre-Buddhistic ages was the Aryanization of the new India that rose and surged furiously from every side against the fast-dwindling centers of the old Vedic orthodoxy struggling hard, but in vain, by social enactments to guard its perilous insulation. But for those religious movements, such as those of the Bhagavatas,

Shaktas, Sauryas, Shaivas, Ganapatyas and Jainas, that tackled this problem of Aryanization most successfully, all that the Vedic orthodoxy stood for in the real sense would have gradually perished without trace. These movements, specially the five cults of Vedic worship, took up many of the non-Aryan races and cast their life in the mold of the Vedic spiritual ideal, minimizing in this way the gulf that existed between them and the Vedic orthodoxy and thereby rendering possible their gradual amalgamation. And where this task remained unfulfilled owing to the mold proving too narrow still to fit into the sort of life which some non-Aryan races or communities lived, there it remained for Buddhism to solve the problem of Aryanization in due time. But still we must remember that by the time Buddhism made its appearance, the pre-Buddhistic phase of Tantrik worship had already established itself in India so widely and so firmly that instead of dislodging it by its impetuous onset -- all the force of which, by the bye, was mainly spent on the tattering orthodoxy of Vedic ritualism -- Buddhism was itself swallowed up within three or four centuries by its perhaps least suspected opponent of this Tantrik worship and then wonderfully transformed and ejected on the arena as the Mahayana.

"The publication of these two volumes is an event of great interest and importance. The religious beliefs of the modern Hindus have been represented to English readers from various points of view, but the peculiar mold into which they have been sought to be cast in comparatively modern centuries has not received adequate attention. The exponents of the religion of modern Hindus take cognizance more of the matter and source of their beliefs than of the change of form they have been undergoing through the many centuries. The volumes under review, as well as other publications brought out by Arthur Avalon, serve to carry this

important question of form to such a prominence as almost makes it obligatory for every exhaustive exposition of Hindu doctrines in future to acknowledge and discriminate in them the formative influences of the Tantrik restatement. In the *Tantratattva*, the presentation and vindication of the Hindu religious beliefs and practices avowedly and closely follow the methodology of the Tantras, and the learned pundit has fully succeeded in establishing the fact that what lies behind these beliefs and practices is not mere prejudice or superstition but a system of profound philosophy based on the Vedas. Every student of modern Hinduism should acquaint himself with this, namely, its immediate background of Tantrik philosophy and ritualism.

"The Hindu religious consciousness is like a mighty Ganges emerging from the Himalayas of Vedic wisdom, receiving tributaries and sending out branch streams at many points in its course. And though the nature of the current, its color, velocity or uses may vary at different places, the Ganges is the same Ganges whether at Hardwar, Allahabad or Calcutta. The stream is not only one but it has also its one main channel in spite of all the many tributaries and branches. And the whole of the stream is sacred, though different sects may choose special points and confluences as of special sanctity to themselves, deriving inspiration thence for their special sectarian developments. Now, though the rise of Tantrik philosophy and ritualism created in former times new currents and back-waters along the stream of Hinduism, it was essentially an important occurrence in the main stream and channel; and instead of producing a permanent bifurcation in that stream, it coalesced with it, coloring and renovating, more or less, the whole tenor of the Hindu religious consciousness. As a result, we find Tantrik thought and sentiment equally operative in the extreme

metaphysical wing of Hinduism as well as in its lower matter-of-fact phases.

This actual permeation of Hindu religious consciousness by Tantrik thought and sentiment should receive the fullest recognition at the hands of every up-to-date exponent. His predecessors of former generations might have to strengthen their advocacy of Tantrik doctrines by joining issue with the advocates of particular phases of Hindu religion and philosophy. But the present epoch in the history of our religious consciousness is pre-eminently an epoch of wonderful synthetic mood of thought and sentiment, which is gradually pervading the Hindu religious consciousness ever since Shri Ramakrishna Paramahansa embodied in himself its immediate possibilities, to find in the literature that is being so admirably provided for English readers by Arthur Avalon an occasional tendency to use Tantrik doctrines as weapons for combating certain phases of Hindu belief and practice. This tendency seems to betray quite a wrong standpoint in the study of the Tantras, their relation to other Scriptures and their real historical significance."

## Chapter Seven

### Is Shakti Force?

There are some persons who have thought, and still think, that Shakti means force and that the worship of Shakti is the worship of force. Thus Keshub Chunder Sen (*New Dispensation*, p. 108), wrote:

Four centuries ago the Shaktas gave way before the Bhaktas. Chaitanya's army proved invincible, and carried all Bengal captive. Even to-day his gospel of love rules as a living force, though his followers have considerably declined both in faith and in morals. Just the reverse of this we find in England and other European countries. There the Shaktas are driving the Bhaktas out of the field. Look at the Huxleys, the Tyndalls and the Spencers of the day. What are they but Shaktas, worshippers of Shakti or Force? The only Deity they adore, if they at all adore one, is the Prime Force of the universe. To it they offer dry homage. Surely then the scientists and materialists of the day are a sect of Shakti-worshippers, who are chasing away the true Christian devotees who adore the God of Love. Alas! for European Vaishnavas; they are retreating before the advancing millions of Western Shaktas. We sincerely trust, however, the discomfiture of devotion and Bhakti will be only for a time, and that a Chaitanya will yet arise in the West, crush the Shaktas, who only recognize Force as Deity and are sunk in carnality and voluptuousness, and lead natures into the loving faith, spirituality, simplicity, and rapturous devotion of the Vaishnava.

Professor Monier Williams (*"Hinduism"*) also called it a doctrine of Force.

Recently the poet Rabindranath Tagore has given the authority of his great name to this error (*Modern Review*, July, 1919). After pointing out that Egoism is the price paid for the fact of existence and that the whole universe is assisting in the desire that the "I" should be, he says that man has viewed this desire in two different ways, either as a whim of Creative Power, or a joyous self-expression of Creative Love. Is the fact then of his *being*, he asks, a revealment of Force or of Love? Those who hold to the first view must also, he thinks, recognize conflict as inevitable and eternal. For according to them Peace and Love are but a precarious coat of armor within which the weak seek shelter, whereas that which the timid anathematize as unrighteousness, that alone is the road to success. "The pride of prosperity throws man's mind outwards and the misery and insult of destitution draws man's hungering desires likewise outwards. These two conditions alike leave man unashamed to place above all other gods, Shakti the Deity of Power -- the Cruel One, whose right hand wields the weapon of guile. In the politics of Europe drunk with Power we see the worship of Shakti."

In the same way the poet says that in the days of their political disruption, the cowed and down-trodden Indian people through the mouths of their poets sang the praises of the same Shakti. "The Chandi of Kavikangkan and of the Annadamangala, the Ballad of Manasa, the Goddess of Snakes, what are they but Paeans of the triumph of Evil? The burden of their song is the defeat of Shiva the *good* at the hands of the cruel deceitful *criminal* Shakti." "The male Deity who was in possession was fairly harmless. But all of a sudden a feminine Deity turns up and demands to be worshipped in his stead. That is to say that she insisted on thrusting herself where she had no right. Under what title? Force! By what method? Any that would serve."

The Deity of Peace and Renunciation did not survive. Thus he adds that in Europe the modern Cult of Shakti says that the pale anaemic Jesus will not do. But with high pomp and activity Europe celebrates her Shakti worship.

"Lastly the Indians of to-day have set to the worship Europe's Divinity. In the name of religion some are saying that it is cowardly to be afraid of wrong-doing. Both those who have attained worldly success, and those who have failed to attain it are singing the same tune. Both fret at righteousness as an obstacle which both would overcome by physical force." I am not concerned here with any popular errors that there may be. After all, when we deal with a Shastrik term it is to the Shastra itself that we must look for its meaning. Shakti comes from the root *Shak* "to be able," "to do". It indicates both activity and capacity therefor. The world, as word, is activity. But when we have said that, we have already indicated that it is erroneous to confine the meaning of the term Shakti to any special form of activity. On the contrary Shakti means both power in general and every particular form of power. Mind is a Power: so is Matter. Mind is constantly functioning in the form of *Vritti*; Reasoning, Will and Feeling (Bhava) such as love, aversion and so forth are all aspects of Mind-power in its general sense. Force is power translated to the material plane, and is therefore only one and the grossest aspect of Shakti or power. But all these special powers are limited forms of the great creative Power which is the Mother (Ambika) of the Universe. Worship of Shakti is not worship of these limited forms but of the Divine will, knowledge and action, the cause of these effects. That Mahashakti is perfect consciousness (Cidrupini) and Bliss (Anandamayi) which produces from Itself the contracted consciousness experiencing both pleasure and pain. This production is not at all a "whim". It is the nature (Svabhava) of the ultimate.

Bliss is Love (*Niratishayapremaspadatvam anandatvam*). The production of the Universe is according to the Shakta an act of love, illustrated by the so-called erotic imagery of the Shastra. The Self loves itself whether before, or in, creation. The thrill of human love which continues the life of humanity is an infinitesimally small fragment and faint reflection of the creative act in which Shiva and Shakti join to produce the Bindu which is the seed of the Universe.

I quite agree that the worship of mere Force is Asurik and except in a transient sense futile. Force, however, may be moralized by the good purpose which it serves. The antithesis is not rightly between Might and Right but between Might in the service of Right and Might in the service of Wrong. To worship force merely is to worship matter. He however who worships the Mother in Her Material forms (Sthularupa) will know that She has others, and will worship Her in all such forms. He will also know that She is beyond all limited forms as that which gives being to them all. We may then say that Force is a gross form of Shakti, but Shakti is much more than that "here" (Iha) and the infinite Power of Consciousness "there" (Amutra). This last, the Shakti of worship, is called by the Shastra the Purnahambhava or the experience "All I am".

## Chapter Eight

### Cinacara (Vashishtha and Buddha)

It has been the subject of debate whether the Tantrik Pañcatattva ritual with wine and so forth is a product of Buddhism, and whether it is opposed to Vaidika Dharma. Some have supposed that these rites originally came from yellow Asia, penetrated into India where they received its impress, and again made their way to the north to encounter earlier original forms. I have elsewhere put forward some facts which suggest that these rites may be a continuance, though in another form, of ancient Vaidik usage in which Soma, Meat, Fish and Purodasa formed a part. Though there are some Maithuna rites in the Vedas it is possible that the Bengal Shakta ritual in this respect has its origin in Cinacara. Possibly the whole ritual comes therefrom. I have spoken of Bengal because we should distinguish it from other forms of Shakta worship. The matter is so obscure at present that any definite affirmation as to historical origins lacks justification. Most important however in the alleged Buddhist connection is the story of Vashishtha to be found in the Tantras. He is said to have gone to Mahacina (Tibet), which, according to popular belief, is half way to Heaven. Mahadeva is said to be visible at the bottom of the Manasarova Lake near Kailasa. Some of the Texts bearing on it have been collected in the Appendix to the edition of the Tara Tantra which has been published by the Varendra Anusandhana Samiti. The *Tara Tantra* opens (I. 2) with the following question of Devi Tara or Mahanila-Sarasvati: "Thou didst speak of the two Kula-bhairavas, Buddha and Vashishtha. Tell me by what Mantra they became Siddha'. The same Tantra (IV. 10) defines a Bhairava as follows: "He who purifies these five (*i.e.*, Pañcatattva) and after offering the same (to the Devata) partakes thereof is a Bhairava." Buddha then is said to be a Kula-bhairava. It is to be noted that Buddhist Tantriks who

practice this ritual are accounted Kaulas. Shiva replied, "Janardana (Vishnu) is the excellent Deva in the form of Buddha (Buddharupi)." It is said in the *Samayacara Tantra* that Tara and Kalika, in their different forms, as also Matangi, Bhairavi, Chhinnamasta, and Dhumavati belong to the northern Amnaya. The sixth Chapter of the *Sammohana Tantra* mentions a number of Scriptures of the Bauddha class, together with others of the Shakta, Shaiva, Vaishnava, Saura and Ganapatya classes.

Vashishtha is spoken of in the XVII Chapter of the *Rudrayamala* and the 1st Patala of the *Brahmayamala*. The following is the account in the former Tantrik Scripture:

Vashishtha, the self-controlled, the son of Brahma, practiced for ages severe austerities in a lonely spot. For six thousand years he did Sadhana, but still the Daughter of the Mountains did not appear to him. Becoming angry he went to his father and told him his method of practice. He then said, "Give me another Mantra, Oh Lord! since this Vidya (Mantra) does not grant me Siddhi (success); otherwise in your presence I shall utter a terrible curse."

Dissuading him Brahma said, "Oh son, who art learned in the Yoga path, do not do so. Do thou worship Her again with wholehearted feeling, when She will appear and grant you boons. She is the Supreme Shakti. She saves from all dangers. She is lustrous like ten million suns. She is dark blue (Nila). She is cool like ten million moons. She is like ten million lightning-flashes. She is the spouse of Kala (Kalakamini). She is the beginning of all. In Her there is neither Dharma nor Adharma. She is in the form of all. *She is attached to pure Cinacara* (Shuddhacinacararata). She is the initiator (Pravarttika) of Shakticakra. Her greatness is infinitely boundless. She helps in the crossing of the ocean of

the Samsara. *She is Buddheshvari* (possibly Buddhishvari, Lord of Buddhi). She is Buddhi (intelligence) itself (Buddhirupa). *She is in the form of the Atharva branch of the Vedas* (Atharvavedashakhini). Numerous Shastric references connect the Tantra Shastra with the Atharvaveda. (See in this connection my citation from Shaktisangama Tantra in *Principles of Tantra*.) She protects the beings of the worlds. Her action is spread throughout the moving and motionless. Worship Her, my son. Be of good cheer. Why so eager to curse? Thou art the jewel of kindness. Oh, son, worship Her constantly with thy mind (Cetas). Being entirely engrossed in Her, thou of a surety shalt gain sight of Her."

Having heard these words of his Guru and having bowed to him again and again the pure one (Vashishtha), *versed in the meaning of Vedanta*, betook himself to the shore of the ocean. For full a thousand years he did Japa of Her Mantra. Still he received no message (Adesha). Thereupon the Muni Vashishtha grew angry, and being perturbed of mind prepared to curse the Mahavidya (Devi). Having sipped water (Acamana) he uttered a great and terrible curse. Thereupon kuleshvari (Lady of the Kaulas) Mahavidya appeared before the Muni.

She who dispels the fear of the Yogins said, "How now Vipra (Are Vipra), why have you terribly cursed without cause? Thou dost not understand *My Kulagama* nor knowest how to worship. How *by mere Yoga practice* can either man or Deva get sight of My Lotus-Feet. *My worship* (Dhyana) *is without austerity and pain*. To him who desires My Kulagama, who is Siddha in My Mantra, and knows *My pure Vedacara*, My Sadhana is pure (Punya) *and beyond even the Vedas* (Vedanamapyagocara). (This does not mean unknown to the Vedas or opposed to them but something which surpasses the Vaidik ritual of the Pashu. This is made plain by the

following injunction to follow the Atharvaveda.) *Go to Mahacina (Tibet) and the country of the Bauddhas and always follow the Atharvaveda (Bauddha deshe' tharvaveda Mahacine sada braja).* Having gone there and seen My Lotus-Feet which are Mahabhava (the great blissful feeling which in Her true nature She is) thou shalt, Oh Maharisi, become versed in My Kula and a great Siddha".

Having so said, She became formless and disappeared in the ether and then passed through the ethereal region. The great Rishi having heard this from the Mahavidya Sarasvati *went to the land of China where Buddha is established (Buddhapratishthita).* Having repeatedly bowed to the ground, Vashishtha said, "Protect me, Oh Mahadeva who art the Imperishable One in the form of Buddha (Buddharupa). I am the very humble Vashishtha, the son of Brahma. My mind is ever perturbed. I have come here (Cina) for the Sadhana of the Mahadevi. I know not the path leading to Siddhi. Thou knowest the path of the Devas. Seeing however thy way of life (Acara) *doubts assail my mind (Bhayani santi me hridi:* because he saw the (to him) extraordinary ritual with wine and woman). Destroy them and my wicked mind which inclines to Vaidik ritual (Vedagamini; that is, the ordinary Pashu ritual). Oh Lord in Thy abode there are ever rites *which are outside Veda (Vedavavahishkrita:* that is, the Vaidik ritual and what is consistent with Veda as Vashishtha then supposed). How is it that wine, meat, woman (Angana) are drunk, eaten and enjoyed by naked (Digambara) Siddhas who are high (Vara), and awe-inspiring (Raktapanodyata). They drink constantly and enjoy (or make enjoy) beautiful women (*Muhurmuhuh prapivanti ramayanti varanganam).* With red eyes they are ever exhilarated and replete with flesh and wine (*Sadamangsasavaih purnah).* They are powerful to favor and punish. They *are beyond the Vedas (Vedasyagocarah).* They enjoy wine and women

(Madyastrisevane ratah)" (Vashishtha merely saw the ritual surface).

Thus spoke the great Yogi having seen the rites which *are outside the Veda* (Veda-vahishkrita. v. *ante*). Then bowing low with folded hands he humbly said, "*How can inclinations such as these be purifying to the mind? How can there be Siddhi without Vaidik rites?*"

*Manah-pravrittireteshu katham bhavati pavani*

*Kathang va jayate siddhir veda karyyang vina prabho.*

Buddha said, "Oh Vashishtha, listen the while I speak to thee of the excellent Kula path, by the mere knowing of which one becomes in a short time like Rudra Himself. I speak to thee in brief the Agama which is the essence of all and which leads to Kulasiddhi. *First of all, the Vira (hero) should be pure* (Shuci). Buddha here states the conditions under which only the rites are permissible. His mind should be penetrated with discrimination (Viveka) and freed of all Pashubhava (state of an uninitiate Pashu or animal man). Let him avoid the company of the Pashu and remain alone in a lonely place, *free from lust*, anger and other passions. He should constantly devote himself to Yoga practice. He should be firm in his resolve to learn Yoga; he should ever tread the Yoga path and *fully know the meaning of the Veda* (Vedathanipuno mahan). In this way the pious one (Dharmatma) of good conduct and largeness of heart (Audarya) should, by gradual degrees, restrain his breath, and through the path of breathing compass the destruction of mind. Following this practice the self-controlled (Vashi) becomes Yogi. In slow degrees of practice the body firstly sweats. This is the lowest stage (Adhama). The next is middling (Madhyama). Here there is trembling (Kampa). In

the third or highest (Para) stage one is able to levitate (Bhumityaga). By the attainment of Siddhi in Pranayama one becomes a master in Yoga. Having become a Yogi by practice of Kumbhaka (restraint of breath) he should be Mauni (given over to silence) and full of intent, devotion (Ekanta-bhakti) to Shiva, Krishna and Brahma. The pure one should realize by mind, action, and speech that Brahma, Vishnu and Shiva are restless like the moving air (Vayavigaticanalah). *Quaere*. Perhaps the transient nature of these Devatas, as compared with the supreme Shakti, is indicated. The man of steady mind should fix it on Shakti, who is consciousness (Cidrupa). Thereafter the Mantrin should practice Mahavirabhava (the feeling of the great hero) and follow the Kula path, the Shakti-cakra, the Vaishnava Sattvacakra and Navavigrah and should worship Kulakatyayani, the excellent one, the Pratyaksha Devata (that is, the Deity who responds to prayer) who grants prosperity and destroys all evil. She is consciousness (Cidrupa), She is the abode of knowledge (Jñana) and is Consciousness and Bliss, lustrous as ten million lightnings, of whom all Tattvas are the embodiment, who is Raudri with eighteen arms, fond of wine and mountains of flesh (the text is *Shivamangsacalapriyam*, but the first word should be *Sura*). Man should do Japa of the Mantra, taking refuge with Her, and following the Kula path. Who in the three worlds knows a path higher than this? By the grace gained therein, the great Brahma Himself became the Creator, and Vishnu, whose substance is Sattva-guna, the object of adoration of all, highly deserving of worship, the great, and Lord of Yajurveda, became able to protect. By it Hara the Lord of Viras, the wrathful one, Lord of wrath and of mighty power, became the Destroyer of all. By the grace of Virabhava the Dikpalas (Protectors of the quarters) became like unto Rudra. By a month's practice power to attract (Akarshanasiddhi) is attained. In two months one becomes

the Lord of Speech. In four months one becomes like unto the Dikpalas, in five months one becomes the five arrows (probably masters the five Tanmatras), and in six months he becomes Rudra Himself. The fruit of this method (Acara) is beyond all others. This is Kaulamarga. There is nothing which surpasses it. If there be Shakti, the Vipra becomes a complete Yogi by six months' practice. Without Shakti even Shiva can do nought. What then shall we say of men of small intelligence".

Having said this, He whose form is Buddha (Buddharupi) made him practice Sadhana. He said, "Oh Vipra, do thou serve Mahashakti. Do thou practice Sadhana with wine (Madyasadhana) and thus shalt thou get sight of the Lotus Feet of the Mahavidya." Vashishtha having heard these words of the Guru and meditating on Devi Sarasvati went to the Kulamandapa to practice the wine ritual (Madirasadhana) and having repeatedly done Sadhana with wine, meat, fish, parched grain and Shakti he became a complete Yogi (Purnayogi).

A similar account is given in the Brahmamayamala. There are some variants however. Thus while in the Rudrayamala, Vashishtha is said to have resorted to the shore of the ocean, in the Brahmamayamala he goes to Kamakhya, the great Tantrik Pitha and shrine of the Devi. (The prevalence of Her worship amongst the Mongolian Assamese is noteworthy.) It may be here added that this Yamala states that, except at time of worship, wine should not be taken nor should the Shakti be unclothed. By violation of these provisions life, it says, is shortened, and man goes to Hell.

According to the account of the Brahmamayamala, Vashishtha complaining of his ill-success was told to go to the Blue Mountains (Nilacala) and worship parameshvari near

Kamakhya (Karma in Assam). He was told that Vishnu in the form of Buddha (Buddharupi) alone knew this worship according to Cinacara. Devi said, "without Cinacara you cannot please Me. Go to Vishnu who is Udbodharupi (illuminated) and worship Me according to the Acara taught by Him." Vashishtha then went to Vishnu in the country Mahacina, which is by the side of the Himalaya (Himavatparshve), a country inhabited by great Sadhakas and thousands of beautiful and youthful women whose hearts were gladdened with wine, and whose minds were blissful with enjoyment (Vilasa). They were adorned with clothes which inspired love (Shringaravesha) and the movement of their hips made tinkle their girdles of little bells. Free of both fear and prudish shame they enchanted the world. They surround Ishvara and are devoted to the worship of Devi. Vashishtha wondered greatly when he saw Him in the form of Buddha (Buddharupi) with eyes drooping from wine. "What" he said, "is Vishnu doing in His Buddha form? *This map (Acara) is opposed to Veda (Vedavadaviruddha). I do not approve of it (Asammato mama).*" Whilst so thinking, he heard a voice coming from the ether saying, "Oh thou who art devoted to good acts, think not like this. This Acara is of excellent result in the Sadhana of Tarini. She is not pleased with anything which is the contrary of this. If thou dost wish to gain Her grace speedily, then worship Her according to Cinacara." Hearing this voice, Vashishtha's hairs stood on end and he fell to the ground. Being filled with exceeding joy he prayed to Vishnu in the form of Buddha (Buddharupa). Buddha, who had taken wine, seeing him was greatly pleased and said, "Why have you come here?" Vashishtha bowing to Buddha told him of his worship of Tarini. Buddha who is Hari and full of knowledge (Tattvajñana) spoke to him of the *five Makaras* (M: that is, the five commencing with the letter M are Madya, or wine and so forth) *which are in Cinacara*

*(Majnanam Cinacaradikaranam)* saying that this should not be disclosed (a common injunction as regards this ritual and renders it from the opponents' standpoint suspect). "By practicing it thou shalt not again sink into the ocean of being. It is full of knowledge of the Essence (Tattvajñana) and gives immediate liberation (Mukti)." He then goes on to explain a principal feature of this cult, namely, its freedom from the ritual rules of the ordinary worship above which the Sadhaka has risen. It is mental worship. In it bathing, purification, Japa, and ceremonial worship is by the mind only. (No outward acts are necessary; the bathing and so forth is in the mind and not in actual water, as is the case in lower and less advanced worship.) There are no rules as to auspicious and inauspicious times, or as to what should be done by day and by night. Nothing is pure or impure (there is no ritual defect of impurity) nor prohibition against the taking of food. Devi should be worshipped even though the worshipper has had his food, and even though the place be unclean. Woman who is Her image should be worshipped (Pujanam striya) and never should any injury be done to her (*Stridvesho naiva kartavyah*).

Are we here dealing with an incident in which Sakyamuni or some other Buddha of Buddhism was concerned?

According to Hindu belief the *Ramayana* was composed in the Treta age, and Vashishtha was the family priest of Dasharatha and Rama (Adikanda VII. 4, 5, VIII. 6), Ayodhya-kanda V. 1). The *Mahabharata* was composed in Dvapara. Krishna appeared in the Sandhya between this and the Kali-yuga. Both Kurukshetra and Buddha were in the Kali age. According to this chronology, Vashishtha who was the Guru of Dasharatha was earlier than Sakyamuni. There were, however, Buddhas before the latter. The text does not mention Sakyamuni or Gautama Buddha. According to

Buddhistic tradition there were many other Buddhas before him such as Dipankara "The Luminous One," Krakuccanda and others, the term Buddha being a term applicable to the enlightened, whoever he be. It will no doubt be said by the Western Orientalist that both these Yamalas were composed after the time of Sakyamuni. But if this be so, their author or authors, as Hindus, would be aware that according to Hindu Chronology Vashishtha antedated Sakyamuni. Apart from the fact of there being other Buddhas, according to Hinduism "types" as distinguished from "forms" of various things, ideas, and faiths, are persistent, though the forms are variable, just as is the case with the Platonic Ideas or eternal archetypes. In this sense neither Veda, Tantra-Shastra nor Buddhism had an absolute beginning at any time. As types of ideas or faiths they are beginningless (Anadi), though the forms may have varied from age to age, and though perhaps some of the types may have been latent in some of the ages. If the Vedas are Anadi so are the Tantra-shastras. To the Yogic vision of the Rishi which makes latent things patent, variable forms show their hidden types. Nothing is therefore absolutely new. A Rishi in the Treta Yuga will know that which will apparently begin in Kali or Dvapara but which is already really latent in his own age. Vishnu appears to his vision as the embodiment of that already latent, but subsequently patent, cult. Moreover in a given age, what is latent in a particular land (say Aryavarta) may be patent in another (say Mahacina). In this way, according to the Hindu Shastra, there is an essential conservation of types subject to the conditions of time, place, and person (Deshakalapatra). Moreover, according to these Shastras, the creative power is a reproducing principle. This means that the world-process is cyclic according to a periodic law. The process in one Kalpa is substantially repeated in another and Vashishtha, Buddha, and the rest appeared not only in the present but in previous grand cycles or Kalpas. Just as

there is no absolute first beginning of the Universe, so nothing under the sun is absolutely new. Vashishtha, therefore, might have remembered past Buddhas, as he might have foreseen those to come. In Yogic vision both the past and the future can project their shadows into the present. Every Purana and Samhita illustrates these principles of Yogic intuition backwards and forwards. To the mind of Ishvara both past and future are known. And so it is to such who, in the necessary degree, partake of the qualities of the Lord's mind. The date upon which a particular Shastra is compiled is, from this viewpoint, unimportant. Even a modern Shastra may deal with ancient matter. In dealing with apparent anachronisms in Hindu Shastra, it is necessary to bear in mind these principles. This of course is not the view of "Oriental scholars" or of Indians whom they have stamped into regarding the beliefs of their country as absurd. It is however the orthodox view. And as an Indian friend of mine to whose views I have referred has said, "What the Psychic research society of the West is conceding to good 'mediums' and 'subjects' cannot be withheld from our ancient supermen -- the Rishis."

The peculiar features to be noted of this story are these. Vashishtha must have known what the Vedas and Vaidik rites were, as ordinarily understood. He is described as *Vedantavit*. Yet he was surprised on seeing Cinacara rites and disapproved of them. He speaks of it as "outside Veda" (Vedavahishkrita) and even opposed to it (Vedavadaviruddha). On the other hand the connection with Veda is shown, in that the Devi who promulgates this Acara is connected with the Atharvaveda, and directs Vashishtha always to follow that Veda, and speaks of the Acara not as being opposed to, but as something so high as to be beyond, the ordinary Vaidik ritual (Vedanamapyagocarah). He is to be fully learned in the import of Veda

(Vedarthanipuno). It was by the grace of the doctrine and practice of Cinacara that Vishnu became the Lord of Yajurveda. The meaning there fore appears to be, that the doctrine and practice lie implicit in the Vedas, but go beyond what is ordinarily taught. Vishnu therefore says that it is not to be disclosed. What meaning again are we to attach to the word Visnubuddharupa? Buddha means "enlightened" but here a particular Buddha seems indicated, though Vishnu is also spoken of as Udbodharupi and the Devi as Buddheshvari. The Tara Tantra calls him a Kulabhairava. As is well known, Buddha was an incarnation of Vishnu. Vashishtha is told to go to Mahacina by the Himalaya and the country of the Bauddhas (Bauddhadesh). The Bauddhas who follow the Pañcatattva ritual are accounted Kaulas. It is a noteworthy fact that the flower of the Devi is Jaba, the scarlet hibiscus or China rose. As the last name may indicate it is perhaps not indigenous to India but to China whence it may have been imported possibly through Nepal. This legend, incorporated as it is in the Shastra itself, seems to me of primary importance in determining the historical origin of the Pañcatattva ritual.

## Chapter Nine

### The Tantra Shastras in China

Adopting for the purpose of this essay, and without discussion as to their accuracy, the general views of Orientalists on chronology and the development of the Buddhistic schools, the history of the Buddhistic Tantra is shortly as follows. The Mahayana (which commenced no one knows exactly when) was represented in the first and second centuries by the great names of Ashvaghosha and Nagarjuna. Its great scripture is the Prajñāparamita. Its dominance under the protection of Kanishka marks the first steps towards metaphysical, theistic, and ritualistic religion, a recurring tendency amongst men to which I have previously referred. In the second half of the first century A.D., Buddhism, apparently in its Mahayana form, spread to China, and thence to Korea, then to Japan in sixth century A.D. and to Tibet in the seventh. Some time between the 4th and 5th centuries AD Asanga, a Buddhist monk of Gandhara, is said to have promulgated the Buddhist Yogacara which, as its name imports, was an adaptation of the Indian Patañjali's Yoga Darshana. Dr. Waddell says that "this Yoga parasite (most Europeans dislike what they understand of Yoga) containing within itself the germs of Tantrism" soon developed "monster out-growths" which "cankered" "the little life of purely Buddhistic stock" in the Mahayana, which is itself characterized as merely "sophistic nihilism". Whatever that may mean, it certainly has the air of reducing the Mahayana to nothingness. We are then told that at the end of the sixth century "Tantrism or Sivaic mysticism (a vague word) with its worship of female energies (Shakti) and Fiendesses began to tinge both Hinduism and Buddhism, the latter of which "became still more debased with silly contemptible mummery of unmeaning jargon, gibberish, charmed sentences (Dharani) and magic circles (Mandala)"

in the form of the "Vehicle" called Mantrayana alleged to have been founded by Nagarjuna who received it from the Dhyani Buddha Vairocana through the Bodhisattva Vajrasattva at the "Iron tower" in Southern India. Continuing he says "that on the evolution in the tenth century of the demoniacal Buddhas of the Kalacakra (system) the Mantrayana developed into the Vajrayana "the most depraved form of Buddhist doctrine" wherein the "Devotee" endeavors with the aid of the "Demoniacal Buddhas" and of "Fiendesses" (Dakini) "to obtain various Siddhis". The missionary author, the Rev. Graham Sandberg, who is so little favorable to Buddhism that he can discover (p. 260) in it "no scheme of metaphysics or morality which can be dignified with the title of an ethical system," when however speaking of this "most depraved form" in a short Chapter on the Tantras and Tantrik rites "Tibet and the Tibetans," 218) says that this new vehicle (Ngag-kyi Thegpa) did not profess to supersede the time-honored Vajrayana (Dorje-Thegpa) but it claimed "by its expanded mythological scheme and its fascinating and even sublime mystic conceptions to crystallize the old Tantrik methods into a regular science as complicated as it was resourceful." We are all naturally pleased at finding resemblances in other doctrines to teachings of our own, and so the reverend author, after pointing out that a leading feature of the Kalacakra (Dus-Kyi-khorlo) was the evolution of the idea of a Supreme Personal Being, says that "many fine and distinctively theistic characteristics of the Deity, His disposition, purity, fatherliness, benevolence and isolated power are set out in the Kalacakra treatises." But he is, as we might expect, of the opinion that this was only an effort towards the real thing, probably influenced by the fact of Christian and Mohamedan teaching. We commonly find that a Semitic source is alleged for what cannot be denied to be good in Hinduism, or its child Buddhism. One wonders however how

the "demoniacal Buddhas" and "Fiendesses" work themselves into this be-praised effort to teach Christian ideas. At the risk of straying from my subject, I may point out that in Buddhism the Devatas are given both peaceful (Zhi) and wrathful (Khro) aspects. The latter denotes the terrible (what in India is called Bhairava) aspects of the Divinity, but does not change Him or her into a Demon, at least in Buddhist or Indian belief. Even to the Christian, God has both a terrible and a benign aspect. It is true that some of the representations of the former aspect in Northern Buddhism are, to most Westerners, demoniac in form, but that is the way the Tibetan mind works in endeavoring to picture the matter for itself, as the Hindus do with their Devis, Kali, Chinnamasta and Candi. Another and artistically conceived idea of Bhairava is pictured in a beautiful Indian Kangra painting in my possession in which a smoldering restrained wrath, as it were a lowering dark storm-cloud, envelopes the otherwise restrained face and immobile posture of the Devata. As regards the esoteric worship of Dakinis I have said a word in the Foreword to the seventh volume of my *Tantrik Texts*. Without having recourse to abuse, we can better state the general conclusion by saying that the Tantrik cult introduced a theistical form of organized worship with prayers, litanies, hymns, music, flowers, incense, recitation of Mantra ( Japa), Kavacas or protectors in the form of Dharanis, offerings, help of the dead: in short, with all practical aids to religion for the individual together with a rich and pompous public ritual for the whole body of the faithful.

For the following facts, so far as China is concerned, I am indebted in the main to the learned work of the Jesuit Father L. Wieger *Histoire des Croyances Religieuses et des Opinions Philosophiques en Chine* (Paris Challamel 1917). The author cited states that Indian Tantrism "the school of efficacious

formula" developed in China in the seventh and eighth centuries of our era, as a Chinese adaptation of the old Theistic Yoga of Patañjali (Second century B.C.) recast by Samanta Bhadra, "and fixed in polytheistic (?) form" by Asamgha (circ. 400 AD or as others say 500 AD). A treatise of the latter translated into Chinese in 647 AD had but little success. But in 716 the Indian Shubhakara came to the Chinese Court, gained the support of the celebrated Tchang-soei, known under his monastic name I-hing to whom he taught Indian doctrine, the latter in return giving aid by way of translations. Shubhakara, in the Tantrik way, thought that the Buddhist Monks in China were losing their time in mere philosophizing since (I cite the author mentioned) the Chinese people were not capable of abstract speculations. Probably Shubhakara, like all of his kind, was a practical man, who recognized, as men of sense must do, that in view of the present character of human nature, religion must be organized and brought to the people in such a form as will be fruitful of result. Metaphysical speculations count with them for little either in China or elsewhere. Shubhakara and his school taught the people that "man was not like the Banana a fruit without kernel". His body contained a Soul. A moral life was necessary, for after death the Soul was judged and if found wicked was cast into Hell. But how was man to guard against this and the evil spirits around him? How was he to secure health, wealth, pardon for his sins, good being in this world and the hereafter? The people were then taught the existence of Divine Protectors, including some forms of Hindu Divinities as also the manner in which their help might be invoked. They were instructed in the use of Mantras, Dharanis, and Mudras the meaning of which is not explained by Dr. Waddell's definition "certain distortions of the fingers". They were taught to pray, to make offerings, and the various other rituals everywhere to be found in Tantra Shastra. Father Wieger says that pardon of sins and

saving from the punishment of Hell was explained by the Chinese Tantriks of this school not as a derogation from justice, but as the effect of the appeal to the Divine Protector which obtained for the sinful man a fresh lease of life, a kind of respite during which he was enabled to redeem himself by doing good in place of expiating his sins by torture in Hell. The devout Tantrik who sought after his death to be born in the heaven of such and such Buddha, obtained his wish. Sinners who had done nothing for themselves might be helped even after their death by the prayers of relatives, friends and priests. The devotion of the Tantriks for the salvation of the deceased was very great. "Let us suppose" says one of the Texts "that a member of your family is thrown in prison. What will you not do to relieve him there, or to get him out from it. In the same way, we must act for the dead who are in the great Prison of Hell." Prayer and charity with the view to aid them is accounted to their merit. Above all it is necessary to obtain the aid of the priests who deliver these bound souls by the ritual *ad hoc*, accompanied by music which forms an important part of the Buddhist Tantrik rites. The resemblance of all this to the Catholic practice as regards the souls in purgatory is obvious. As in the Indian Compendia, such as the Tantrasara, there were prayers, Mantras and Dharanis to protect against every form of evil, against the bad Spirits, wild beasts, natural calamities, human enemies, and so forth, which were said to be effective, provided that they were applied in the proper disposition and at the right time and in the right manner. But more effective than all these was the initiation with water (Abhisheka). For innumerable good Spirits surround the initiates in all places and at all times so that no evil touches them. It was recommended also to carry on the body the written name of one's protector (Ishtadevata) or one of those signs which were called "Transcendent seals, conquerors of all Demons".

This practice again is similar to that of the use by the Indian Tantriks of the Kavaca, and to the practice of Catholics who wear scapulars, "Agnus Dei", and consecrated medals. In order to encourage frequent invocations, as also to count them, the Buddhist Tantriks had Buddhistic chaplets like the Indian Mala and Catholic Rosary. The beads varied from 1,080 (Quaere 1008) to 27. In invoking the Protectors the worshipper held firmly one bead with four fingers (the thumb and first finger of both hands) and then centered his mind on the formula of invocation. Carried on the body, these Rosaries protected from every ill, and made all that one said, a prayer. To use the Indian phrase all that was then said, was Mantra.

Tantricism was reinforced on the arrival in 719 A.D. of two Indian Brahmanas, Vajrabodhi and Amogha. The demand for Tantras then became so great that Amogha was officially deputed by the Imperial Government to bring back from India and Ceylon as many as he could. Amogha who was the favorite of three Emperors holding the rank of minister and honored with many titles lived till 774. He made Tantricism the fashionable sect. Father Wieger says that in the numerous works signed by him, there is not to be found any of those rites, Indian or Tibetan, which come under the general term Vamacara, which includes worship with wine and women. He has it from Buddhist sources that they deplore the abuses which as regards this matter have taken place in India. In the state of decadence witnessed to-day there largely remains only a liturgy of invocations accompanied by Mudra and Music, with lanterns and flags from which Bonzes of low degree making a living when called upon by householders to cure the sick, push their business and so forth. Amogha, however, demanded more of those who sought initiation. In the Indian fashion he tested (Pariksha) the would-be disciple and initiated only those who

were fit and had the quality of Vajra. To such only was doubtless confided the higher esoteric teachings and ritual. Initiation was conferred by the ritual pouring of water on the head (Abhisheka), after a solemn act of contrition and devotion.

The following is a description of the rite of initiation (Abhisheka). It is the Buddha who speaks. "Just as an imperial prince is recognized as he who shall govern so my disciples, tested and perfectly formed, are consecrated with water. For the purpose of this ceremony one places on a height, or at least on rising ground, a platform seven feet in diameter strewn with flowers and sprinkled with scented water. Let silence be kept all around. Persian incense is burnt. Place a mirror of bronze and seven arrows to keep away demoniac spirits. The candidate who has been previously prepared by a rigorous abstinence, fully bathed and clad in freshly washed garments kneels on the platform and listens to a lecture explaining the meaning of the rite. His right shoulder is uncovered and his two hands joined. He forms interiorly the necessary intention. Then the Master of the ceremony, holding him firmly by the right hand, pours with the left on the head of the candidate for initiation the ritual water." This initiation made the Chela a son of Buddha and a depository of the latter's doctrine, for the Tantras were deemed to represent the esoteric teaching of the Buddha, just as in India they contain the essence of all knowledge as taught by Shiva or Devi.

The initiates of Amogha were distinguished by their retired life and secret practices, which gained for them the name of "School of Mystery". It transpired that they were awaiting a Saviour in a future age. This rendered them suspect in the eye of Government who thought that they were perhaps a revolutionary society. The sect was accordingly forbidden.

But this did not cause it to disappear. On the contrary, for as the Reverend Father says, in China (and we may add elsewhere) the forbidden fruit is that which is of all the most delicious. The lower ranks avoided this higher initiation and largely lapsed into mechanical formalism, and the true adepts wrapt themselves in a mystery still more profound, awaiting the coming of the future Buddha Maitreya, who, they taught, had inspired Asangha with the doctrine they held. Father Wieger says that their morality is severe and their life very austere. (*Leur morale est sévère, leur vie très austère.*) There is a hierarchy of teachers who visit the households at appointed intervals, always after nightfall, leaving before daybreak and supported by the alms of those whom they thus teach. The learned missionary author adds that Tantrik adepts of this class are often converted to Christianity and quickly become excellent Christians "since their morals are good and they have a lively belief in the supernatural". (*"Leurs moeurs ayant été bonnes et leur croyance au surnaturel étant très vive."*)

Here I may note on the subject of Dharanis, that it has been said that these were only introduced into China during the Tang Dynasty. Father Wieger, however, (p. 385) says that an authentic Riddhi-mantra is to be found in translations made by Leou-Keatch'an in the second century AD Buddha is said to have announced to Ananda, who accompanied him, that five hundred years after his Nirvana, a sect of magicians (whom the author calls Shivaite Tantriks) would be the cause of the swarming of evil spirits. Instructions were then given for their exorcism. This puts the "Shivaites" far back.

# Chapter Ten

## A Tibetan Tantra

[This Chapter is an admirably understanding review (reprinted from *The Theosophist* of July 1919) by Mr. Johan Van Manen, the Tibetan scholar. It was written on the seventh volume of Tantrik Texts which contains the first Tibetan Tantra to be published. The Tantra which was selected for the series was the Shricakra-Sambhara, because the Editor happened to have manuscripts of this and other works of the same school.]

All lovers of Indian philosophy are familiar with the magnificent series of works on the Tantra which, under the general editorship of "Arthur Avalon," have seen the light within the last few years. Some, 15 volumes, either texts, translations, or studies, have hitherto been published, and the titles of a number of further works are announced as in preparation or in the press. Just now a new volume has been added to the series, constituting Vol. VII of the "Texts," and this book is undoubtedly one of the most interesting of all those hitherto issued.

Up till now the series has only dealt with works and thoughts originally written down in Sanskrit; this new volume goes further afield and brings us the text and translation of a Tibetan work, dealing with the same subject the whole series is intended to study. Tibetan Tantrism is undoubtedly a development of its Indian prototype, and at a further stage of our knowledge of the whole subject, the historical development of this school of thought will be, no doubt, studied minutely. Though this present volume brings valuable material towards such an historical study, our knowledge of the Tantra under this aspect is as yet far too limited to enable us to say much about this side of the

questions raised by its publication or to find a place for it in the present review of the work. What is more urgent now is to examine this book as it stands, to try to define the general trend of its contents, and to attempt to value it generally in terms of modern speech and thought. In our discussion of the book, therefore, we shall not concern ourselves with questions of technical scholarship at all, but attempt to go to the heart of the subject in such a manner as might be of interest to any intelligent man attracted towards philosophical and religious thought. And it is perhaps easier to do so with the present work than with many others in the series to which it belongs, for more than these others this work makes an appeal to the intellect direct, and proves very human and logical, so as to evoke a response in even such readers as are not prepared by a detailed knowledge of system and terminology, to disentangle an elaborate outer form from the inner substance. It is true that here also, every page and almost every line bristles with names and terms, but the thought connecting such terms is clear, and these, serving much the purposes of algebraical notations in mathematical formulae, can be easily filled in by any reader with values derived from his own religious and philosophical experience.

The Tantras have, often, not been kindly spoken of. It has been said that they have hitherto played, in Indology, the part of a jungle which everybody is anxious to avoid. Still stronger, a great historian is quoted as having said that it would be "the unfortunate lot of some future scholar to wade through the disgusting details of drunkenness and debauchery which were regarded as an essential part of their religion by a large section of the Indian community not long ago" And Grünwedel, speaking especially of the Tibetan Tantras (*Mythology*, p. 106), from the immense literature of which as yet nothing had been translated, says: "To work

out these things will be, indeed, a *sacrificium intellectus*, but they are, after all, no more stupid than the Brahmanas on which so much labor has been spent." But here we have the first translation into a European language of one of these Tantrik texts; and far from being obscene or stupid, it strikes us as a work of singular beauty and nobility, and as a creation of religious art, almost unique in its lofty grandeur. It is so totally unlike any religious document we are acquainted with, that it is almost inconceivable that this is only a brief specimen, a first specimen, made accessible to the general public, of a vast literature of which the extent (as existing in Tibet) cannot yet even be measured. Yet, in saying that the nature of our book is unique, we do not mean to imply that close analogies cannot be found for it in the religious literatures and practices of the world. Such an aloofness would be rather suspicious, for real religious experience is, of course, universal, and, proceeding from the same elements in the human heart, and aspiring to the same ends, must always show kinship in manifestation. Yet this Tibetan product has a distinctive style of its own, which singles it out in appearance as clearly, let us say, as the specific character of Assyrian or Egyptian art is different from that of other styles.

When we now proceed to examine the document before us, at the outset a verdict of one of the critics of Tantrism comes to our mind, to the effect that the Tantra is perhaps the most elaborate system of auto-suggestion in the world. This dictum was intended as a condemnation; but though accepting the verdict as correct, we ourselves are not inclined to accept, together with it, the implied conclusion. Auto-suggestion is the establishment of mental states and moods from within, instead of as a result of impressions received from without. Evidently there must be two kinds of this auto-suggestion, a true and a false one. The true one is

that which produces states of consciousness corresponding to those which may be produced by realities in the outer world, and the false one is that which produces states of consciousness not corresponding to reactions to any reality without. In the ordinary way the consciousness of man is shaped in response to impressions from without, and so ultimately rests on sensation, but theoretically there is nothing impossible in the theory that these "modifications of the thinking principle" should be brought about by the creative will and rest rather on imagination and intuition than on sensation. This theory has not only been philosophically and scientifically discussed, but also practically applied in many a school of mysticism or Yoga. If I remember well, there is a most interesting book by a German (non-mystic) Professor, Staudenmeyer, dealing with this subject, under the title of *Magic as an Experimental Science* (in German), and the same idea seems also to underlie Steiner's theory of what he calls "imaginative clairvoyance". In Christian mysticism this has been fully worked out by de Loyola in his "Spiritual Exercises" as applied to the Passion of the Christ. In what is now-a-days called New Thought, this principle is largely applied in various manners. In our book we find it applied in terms of Tantrik Buddhism with a fullness and detail surpassing all other examples of this type of meditation. In order to present the idea in such a way that it may look plausible in itself, we have first to sketch out the rationale underlying any such system. This is easily done.

We can conceive of this universe as an immense ocean of consciousness or intelligence in which the separate organisms, human beings included, live and move and have their being. If we conceive of this mass of consciousness as subject to laws, analogous to those of gravity, and at the same time as being fluidic in nature, then the mechanism of all intellectual activity might well be thought of, in one of its

aspects, as hydraulic in character. Let any organism, fit to be a bearer of consciousness, only open itself for the reception of it, and the hydraulic pressure of the surrounding sea of consciousness will make it flow in, in such a form as the construction of the organism assumes. The wave and the sea, the pot and the water, are frequent symbols in the East, used to indicate the relation between the all-consciousness and the individual consciousness. If the human brain is the pot sunk in the ocean of divine consciousness, the form of that pot will determine the form which the all-consciousness will assume within that brain.

Now imagination, or auto-suggestion, may determine that form. Through guess, intuition, speculation, tradition, authority, or whatever the determinant factor may be, any such form may be chosen. The man may create any form, and then, by expectancy, stillness, passivity, love, aspiration or whatever term we choose, draw the cosmic consciousness within him, only determining its form for himself, but impersonally receiving the power which is not from himself, but from without. The process is like the preparation of a mold in which molten metal is to be cast, with this difference, that the metal cast into the mold is not self-active and alive, and not ever-present and pressing on every side, as the living consciousness is which constitutes our universe.

We may take an illustration from the mechanical universe. This universe is one seething mass of forces in constant interplay. The forces are there and at work all the time, but only become objectified when caught in suitable receivers. The wind-force, if not caught by the arms of the windmill, the forces of stream or waterfall, if not similarly gathered in a proper mechanism, disperse themselves in space and are not focused in and translated into objective units of action. So with the vibrations sent along the wire, in telegraphic or

telephonic communication, or with the other vibrations sent wirelessly. In a universe peopled with intelligences, higher beings, gods, a whole hierarchy of entities, from the highest power and perfection to such as belong to our own limited class, constant streams of intelligence and consciousness must continuously flash through space and fill existence. Now it seems, theoretically indeed, very probable, assuming that consciousness is one and akin in essence, that the mechanical phenomenon of sympathetic vibration may be applied to that consciousness as well as to what are regarded as merely mechanical vibrations. So, putting all the above reasonings together, it is at least a plausible theory that man, by a process of auto-suggestion, may so modify the organs of his consciousness, and likewise attune his individual consciousness in such a way, as to become able to enter into a sympathetic relation with the forces of cosmic consciousness ordinarily manifesting outside him and remaining unperceived, passing him as it were, instead of being caught and harnessed. And this is not only a theory, but more than that -- a definite statement given as the result of experience by mystics and meditators of all times and climes.

Now we may ask: how has this method been applied in our present work? A careful analysis of its contents makes us discover several interesting characteristics. First of all we have to remember that our text presupposes a familiarity with the religious conceptions, names, personalities and philosophical principles of Northern Buddhism, which are all freely used in the composition. What is strange and foreign in them to the Western reader is so only because he moves in unfamiliar surroundings. But the character of the composition is one which might be compared to such analogous Western productions (with great differences, however) as the Passion Play at Oberammergau or the

mediaeval mystery-plays. Only, in some of the latter the historical element predominates, whilst in the Tibetan composition the mythological element (for want of a better word) forms the basis and substance. In other words, in this ritual of meditation the Gods, Powers and Principles are the actors, and not, historical or symbolical personages of religious tradition. Secondly the play is enacted in the mind, inwardly, instead of on the scene, outwardly. The actors are not persons, but conceptions.

First, the meditator has to swing up his consciousness to a certain pitch of intensity, steadiness, quiet, determination and expectancy. Having tuned it to the required pitch, he fixes it on a simple center of attention which is to serve as a starting-point or gate through which his imagination shall well up as the water of a fountain comes forth through the opening of the water-pipe. From this central point the mental pictures come forth. They are placed round the central conception. From simple to complex in orderly progression the imaginative structure is elaborated. The chief Gods appear successively, followed by the minor deities. Spaces, regions, directions are carefully determined. Attributes, colors, symbols, sounds are all minutely prescribed and deftly worked in, and explications carefully given. A miniature world is evolved, seething with elemental forces working in the universe as cosmic forces and in man as forces of body and spirit. Most of the quantities on this elaborate notation are taken from the body of indigenous religious teaching and mythology. Some are so universal and transparent that the non-Tibetan reader can appreciate them even without a knowledge of the religious technical terms of Tibet. But anyhow, an attentive reading and re-reading reveals something, even to the outsider, of the force of this symbolical structure, and makes him intuitively feel that here we are assisting in the unfolding of a grand spiritual

drama, sweeping up the mind to heights of exaltation and nobility.

As to the terminological side of the text, the Editor's abundant notes prove as valuable as useful. They may disturb the elevated unity of the whole at first, but after some assiduous familiarizing, lead to fuller and deeper comprehension. Even a single reading is sufficient to gain the impression that a stately and solemn mental drama is enacted before us with an inherent impressiveness which would attach, for instance to a Christian, to the performance of a ritual in which all the more primary biblical persons, human and superhuman, were introduced, in suitable ways, as actors. And the superlative cleverness of this structure! Starting from a single basic note, this is developed into a chord, which again expands into a melody, which is then elaborately harmonized. Indeed the meditation is in its essence both music and ritual. The initial motives are developed, repeated, elaborated, and new ones introduced. These again are treated in the same way. A symphony is evolved and brought to a powerful climax, and then again this full world of sound, form, meaning, color, power is withdrawn, limited, taken back into itself, folded up and dissolved, turned inwards again and finally returned into utter stillness and rest, into that tranquil void from which it was originally evoked and which is its eternal mother. I do not know of any literature which in its nature is so absolutely symphonic, so directly akin to music, as this sample of a Tibetan meditational exercise. And curiously enough, it makes us think of another manifestation of Indian religious art, for in words this document is akin to the Indian temple decoration, especially the South Indian gopura, which in its endless repetitions and elaborations seems indeed instinct with the same spirit which has given birth to this scheme of imagination taught in these Tantras. Only, in stone or

plaster, the mythological host is sterile and immovable, whilst, as created in the living mind, the similar structure partakes of the life of the mind within and without. The sculptural embodiment is, therefore, serviceable to the less evolved mind. The Tantra is for the religious thinker who possesses power.

But we said that our meditational structure was also akin to ritual. What we mean by this is that all the figures and images evoked in the mind in this meditation are, after all, only meant, as the words, vestures and gestures in a ritual, to suggest feelings, to provoke states of consciousness, and to furnish (if the simile be not thought too pathetic) pegs to hang ideas upon.

Like as a fine piece of music, or a play, can only be well rendered when rehearsed over and over again, and practiced so that the form side of the production becomes almost mechanical, and all power in the production can be devoted to the infusion of inspiration, so can this meditation only be perfectly performed after untold practice and devotion. It would be a totally mistaken idea to read this book as a mere piece of literature, once to go through it to see what it contains, and then to let it go. Just as the masterpieces of music can be heard hundreds of times, just as the great rituals of the world grow in power on the individual in the measure with which he becomes familiar with them and altogether identifies himself with the most infinitely small minutiae of their form and constitution, so this meditation ritual is one which only by repetition can be mastered and perfected. Like the great productions of art or nature, it has to "grow" on the individual.

This meditational exercise is not for the small, nor for the flippant, nor for those in a hurry. It is inherently an esoteric

thing, one of those teachings belonging to the regions of "quiet" and "tranquillity" and "rest" of Taoistic philosophy. To the ignorant it must be jabber, and so it is truly esoteric, hiding itself by its own nature within itself, though seemingly open and accessible to all. But in connection with this meditation we do not think of pupils who read it once or twice, or ten times, or a hundred, but of austere thinkers who work on it as a life-work through laborious years of strenuous endeavor. For, what must be done to make this meditation into a reality? Every concept in it must be vivified and drenched with life and power. Every god in it must be made into a living god, every power manipulated in it made into a potency. The whole structure must be made vibrant with forces capable of entering into sympathetic relation with the greater cosmic forces in the universe, created in imitation on a lower scale within the individual meditator himself. To the religious mind the universe is filled with the thoughts of the gods, with the powers of great intelligences and consciousnesses, radiating eternally through space and really constituting the world that is. "The world is only a thought in the mind of God." It must take years of strenuous practice even to build up the power to visualize and correctly produce as an internal drama this meditation given in our book. To endow it with life and to put power into this life is an achievement that no small mind, no weak devotee, can hope to perform. So this meditation is a solemn ritual, like the Roman Catholic Mass; only it is performed in the mind instead of in the church, and the mystery it celebrates is an individual and not a general sacrament.

In what we have said above we have tried to give some outlines of the chief characteristics of this remarkable work, now brought within the reach of the general reading public, and especially of benefit to those among them interested in the study of comparative religion along broad lines. We owe,

indeed, a debt of gratitude to Arthur Avalon, whose enthusiasm for and insight into the Indian religious and philosophical mind have unearthed this particular gem for us. We may be particularly grateful that his enthusiasm has not set itself a limit, so as to prevent him from dealing with other than Sanskrit lore alone, and from looking for treasure even beyond the Himalayas. In this connection we may mention that it is his intention to maintain this catholic attitude, for he is now taking steps to incorporate also an important Japanese work on the *Vajrayana* in his Tantrik series. As far as this first Tibetan text is concerned, the choice has been decidedly happy, and he has been no less fortunate in having been able to secure a competent collaborator to undertake the philological portion of the work, the translating and editing labor. The result of thus associating himself with a capable indigenous scholar to produce the work, has been a great success, a production of practical value which will undoubtedly not diminish in all essentials for a long time to come. For not only is this particular work in and for itself of interest, with a great beauty of its own; it has another value in quite other directions than those connected with the study of meditation or of religious artistic creation.

The work furnishes a most important key to a new way of understanding many phases and productions of Indian philosophy. The projection of the paraphernalia of Hindu mythology inwards into the mind as instruments of meditation, the internalizing of what we find in the Puranas or the Epic externalized as mythology, has seemed to me to throw fresh and illuminating light on Indian symbology. To give an illustration: In this Tantra we find an elaborate manipulation of weapons, shields, armor, as instruments for the protection of the consciousness. Now all these implements figure, for instance, largely and elaborately in

such a work as the *Ahirbudhnya Samhita*, of which Dr. Schrader has given us a splendid summary in his work, *Introduction to the Pañcaratra*. But in the *Pañcaratra* all these implements are only attributes of the gods. In our text we find a hint as to how all these external mythological data can also be applied to and understood as internal workings of the human consciousness, and in this light Indian mythology assumes a new and richer significance. I do not want to do more here than hint at the point involved, but no doubt any student of Hindu mythology who is also interested in Hindu modes of thought, in the Hindu Psyche, will at once see how fruitful this idea can be.

One of the riddles of Indian thought is that its symbology is kinetic and not static, and eludes the objective formality of Western thought. That is why every Hindu god is another, who is again another, who is once more another. Did not Kipling say something about "Kali who is Parvati, who is Sitala, who is worshipped against the small-pox"? So also almost every philosophical principle is an "aspect" of another principle, but never a clear-cut, well-circumscribed, independent thing by itself. Our text goes far towards giving a hint as to how all these gods and principles, which in the Puranas and other writings appear as extra-human elements, may perhaps also be interpreted as aspects of the human mind (and even human body) and become a psychological mythology instead of a cosmic one.

The idea is not absolutely new, but has been put forward by mystics before. The Cherubic Wanderer sang that it would be of no avail to anyone, even if the Christ were born a hundred times over in Bethlehem, if he were not born within the man himself. It has been said of the *Bhagavad-Gita* that it is in one sense the drama of the soul, and that meditation on it, transplanting the field of Kurukshetra within the human

consciousness, may lead to a direct realization of all that is taught in that book, and to a vision of all the glories depicted therein. That idea is the same as that which is the basis of our text. Its message is: "Create a universe within, in order to be able to hear the echoes of the universe without, which is one with that within, in essence." If seers, occultists, meditators really exist, they may be able to outline the way and method by which they themselves have attained. So it was with de Loyola and his "Spiritual Exercises," and there is no reason why it should not be the same with the book we are discussing here.

As to how far we have here a result of practical experience, or only an ingenious theory, a great "attempt," as it were, we will not and cannot decide. To make statements about this needs previous experiment, and we have only read the book from the outside, not lived its contents from within. But however this may be, even such an outer reading is sufficient to reveal to us the grandeur of the conception put before us, and to enable us to feel the symphonic splendor of the creation as a work of religio-philosophic art; and that alone is enough to enable us to judge the work as a masterpiece and a document of first-class value in the field of religious and mystical literature. The form is very un-Western indeed and in many ways utterly unfamiliar and perhaps bewildering. But the harmony of thought, the greatness of the fundamental conceptions, the sublimity of endeavor embodied in it, are clear; and these qualities are certainly enough to gain for it admirers and friends -- perhaps here and there a disciple -- even in our times so badly prepared to hear this Tibetan echo from that other world, which in many ways we in the West make it our strenuous business to forget and to discount.

# Chapter Eleven

## Shakti in Taoism

The belief in Shakti or the Divine Power as distinguished from the Divine Essence (Svarupa), the former being generally imagined for purposes of worship as being in female form, is very ancient. The concept of Shakti in Chinese Taoism is not merely a proof of this (for the Shakti notion is much older) but is an indication of the ancient Indian character of the doctrine. There are some who erroneously think, the concept had its origin in "Sivaic mysticism," having its origin somewhere in the sixth century of our era. Lao-tze or the "old master" was twenty years senior to Confucius and his life was said to have been passed between 570-490 B.C. A date commonly accepted by European Orientalists as that of the death of Buddha (Indian and Tibetan opinions being regarded, as "extravagant") would bring his life into the sixth century s.c., one of the most wonderful in the world's history. Lao-tze is said to have written the Tao-tei-king, the fundamental text of Taoism. This title means Treatise on Tao and Tei. Tao which Lao-tze calls "The great" is in its Sanskrit equivalent Brahman and Tei is Its power or activity or Shakti. As Father P. L. Wieger, S. J., to whose work (*Histoire des Croyances Religieuses et des Opinions Philosophiques en Chine*, p. 143 et seq. 1917) I am here indebted, points out, Lao-tze did not invent Taoism no more than Confucius (557-419 B.C.) invented Confucianism. It is characteristic of these and other Ancient Eastern Masters that they do not claim to be more than "transmitters" of a wisdom older than themselves. Lao-tze was not the first to teach Taoism. He had precursors who, however, were not authors. He was the writer of the first book on Taoism which served as the basis for the further development of the doctrine. On this account its paternity is attributed to him. There was reference to this doctrine it is

said in the official archives (p. 743). The pre-Taoists were the analysts and astrologers of the Tcheou. Lao-tze who formulated the system was one of them (*ib.* 69). The third Ministry containing these archives registered all which came from foreign parts, as Taoism did. For as Father Wieger says, *Taoism is in its main lines a Chinese adaptation of the contemporary doctrine of the Upanishads* ("or le Taoisme est dans ses grandes lignes une adaptation Chinoise de la doctrine Indienne contemporaine des Upanisads"). The actual fact of importation cannot in default of documents be proved but as the learned author says, the fact that the doctrine was not Chinese, that it was then current in India, and its sudden spread in China, creates in favor of the argument for foreign importation almost a certain conclusion. The similarity of the two doctrines is obvious to any one acquainted with that of the Upanishads and the doctrine of Shakti. The dualism of the manifesting Unity (Tao) denoted by Yin-Yang appears for the first time in a text of Confucius, a contemporary of Lao-tze, who may have informed him of it. All Chinese Monism descends from Lao-tze. The patriarchal texts were developed by the great Fathers of Taoism Lie-tzeu and Tchong-tzeu (see "Les Pères du système Taoiste" by the same author) whom the reverend father calls the only real thinkers that China has produced. Both were practically prior to the contact of Greece and India on the Indus under Alexander. The first development of Taoism was in the South. It passed later to the North where it had a great influence.

According to Taoism there was in the beginning, is now, and ever will be an ultimate Reality, which is variously called *Huan* the Mystery, which cannot be named or defined, because human language is the language of limited beings touching limited objects, whereas Tao is imperceptible to the senses and the unproduced cause of all, beyond which there

is nothing: *Ou* the Formless, or *Tao* the causal principle, the unlimited inexhaustible source from which all comes, ("Tao le principe parceque tout derive de lui") Itself proceeds from nothing but all from It. So it is said of Brahman that It is in Itself beyond mind and speech, formless and (as the Brahmasutra says) That from which the Universe is born, by which it is maintained and into which it is dissolved. From the abyss of Its Being, It throws out all forms of Existence and is never emptied. It is an infinite source exteriorizing from Itself all forms, by Its Power (*Tei*). These forms neither diminish nor add to *Tao* which remains ever the same. These limited beings are as a drop of water in Its ocean. *Tao* is the sum of, and yet as infinite, beyond all individual existences. Like Brahman, *Tao* is one, eternal, infinite, self-existent, omnipresent, unchanging (Immutable) and complete (*Purna*). At a particular moment (to speak in our language for It was then beyond time) *Tao* threw out from Itself *Tei* Its Power (*Vertu* or *Shakti*) which operates in alternating modes called *Yin* and *Yang* and produces, as it were by condensation of its subtlety (*Shakti ghanibhuta*), the Heaven and Earth and Air between, from which come all beings. The two modes of Its activity, *Yin* and *Yang*, are inherent in the Primal That, and manifest as modes of its *Tei* or *Shakti*. *Yin* is rest, and therefore after the creation of the phenomenal world a going back, retraction, concentration towards the original Unity (*Nivritti*), whereas *Yang* is action and therefore the opposite principle of going forth or expansion (*Pravritti*). These modes appear in creation under the sensible forms of Earth (*Yin*) and Heaven (*Yang*). The one original principle or *Tao*, like *Shiva* and *Shakti*, thus becomes dual in manifestation as Heaven-Earth from which emanate other existences. The state of *Jinn* is one of rest, concentration and imperceptibility which was the own state (*Svarupa*) of *Tao* before time and things were. The state of *fang* is that of action, expansion, of manifestation in sentient beings and is

the state of Tao in time, and that which is in a sense not Its true state ("L'etat *Yin* de concentration, de repos, d'imperceptibilité, qui fut celui du Principe avant le temps, est son état propre. L'etat *Yang* d'expansion et d'action, de manifestation dans les êtres sensibles, est son état dans le temps, en quelque sorte impropre"). All this again is Indian. The primal state of Brahman or Shiva-Shakti before manifestation is that in which It rests in Itself (Svarupa-vishranti), that is, the state of rest and infinite formlessness. It then by Its Power (Shakti) manifests the universe. There exists in this power the form of two movements or rhythms, namely, the going forth or expanding (Pravritti) and the return or centering movement (Nivritti). This is the Eternal Rhythm, the Pulse of the universe, in which it comes and goes from that which in Itself, does neither. But is this a real or ideal movement? According to Father Wiegner, Taoism is a realistic and not idealistic pantheism in which Tao is not a Conscious Principle but a Necessary Law, not Spiritual but Material, though imperceptible by reason of its tenuity and state of rest. ("Leur système est un pantheisme realiste, pas idéaliste. Au commencement était un être unique non pas intelligent mais loi fatale, non spirituel mais matériel, imperceptible a force de ténuité, d'abord immobile.") He also calls Heaven and Earth unintelligent agents of production of sentient beings. (Agent non-intelligents de la production de tous les êtres sensibles.) I speak with all respect for the opinion of one who has made a special study of the subject which I have not so far as its Chinese aspect is concerned. But even if, as is possible, at this epoch the full idealistic import of the Vedanta had not been developed, I doubt the accuracy of the interpretation which makes Tao material and unconscious. According to Father Wiegner, Tao prolongates Itself. Each being is a prolongation (Prolongement) of the Tao, attached to it and therefore not diminishing It. Tao is stated by him to be Universal Nature,

the sum (Samashti) of all individual natures which are terminal points (Terminaisons) of Tao's prolongation. Similarly in the Upanishads, we read of Brahman producing the world from Itself as the spider produces the web from out of itself. Tao is thus the Mother of all that exists ("la mère de tout ce qui est"). If so, it is the Mother of mind, will, emotion and every form of consciousness. How are these derived from merely a "material" principle? May it not be that just as the Upanishads use material images to denote creation and yet posit a spiritual conscious (though not in our limited sense) Principle, Lao-tze, who was indebted to them, may have done the same. Is this also not indicated by the Gnostic doctrine of the Taoists? The author cited says that to the cosmic states of Yin and Yang correspond in the mind of man the states of rest and activity. When the human mind thinks, it fills itself with forms or images and is moved by desires. Then it perceives only the effects of Tao, namely, distinct sentient beings. When on the contrary the action of the human mind stops and is fixed and empty of images of limited forms, it is then the Pure Mirror in which is reflected the ineffable and unnamable Essence of Tao Itself, of which intuition the Fathers of Taoism speak at length. ("Quand au contraire l'esprit humain est arrêté est vide et fixe, alors miroir net et pur, il mire l'essence ineffable et innomable du Principe lui-même. Les Pères nous parleront au long de cette intuition.") This common analogy of the Mirror is also given in the Kamakalavilasa (v. 4) where it speaks of Shakti as the pure mirror in which Shiva reflects Himself *pratiphalati vimarsha darpane vishade*). The conscious mind does not reflect a material principle as its essence. Its essence must have the principle of consciousness which the mind itself possesses. It is to Tei, the Virtue or Power which Tao emits from Itself ("ce Principe se mit à émettre Tei sa vertu") that we should attribute what is apparently unconscious and material. But the two are one, just as Shiva the possessor of

power (Shaktiman) and Shakti or power are one, and this being so distinctions are apt to be lost. In the same way in the Upanishads statements may be found which have not the accuracy of distinction between Brahman and its Prakriti, which we find in later developments of Vedanta and particularly in the Shakta form of it. Moreover we are here dealing with the One in Its character both as cause and as substance of the World Its effect. It is of Prakriti-Shakti and possibly of *Tei* that we may say that it is an apparently material unconscious principle, imperceptible by reason of its tenuity and (to the degree that it is not productive objective effect) immobile. Further Wiegner assures us that all contraries issue from the same unchanging Tao and that they are only *apparent* ("Toute contrariété n'est qu' apparente"). But relative to what? He says that they are not subjective illusions of the human mind, but objective appearances, double aspects of the unique Being, corresponding to the alternating modalities of *Yin* and *Yang*. That is so. For as Shamkara says, external objects are not merely projections of the individual human mind but of the cosmic mind, the Ishvari Shakti.

We must not, of course, read Taoism as held in the sixth century B.C. as if it were the same as the developed Vedanta of Shamkara who, according to European chronology, lived more than a thousand years later. But this interpretation of Vedanta is an aid in enabling us to see what is at least implicit in earlier versions of the meaning of their common source -- the Upanishads. As is well known, Shamkara developed their doctrine in an idealistic sense, and therefore his two movements in creation are Avidya, the primal ignorance which produces the appearance of the objective universe, and Vidya or knowledge which dispels such ignorance, ripening into that Essence and Unity which is Spirit-Consciousness Itself. Aupanishadic doctrine may be

regarded either from the world or material aspect, or from the non-world and spiritual aspect. Men have thought in both ways and Shamkara's version is an attempt to synthesize them.

The Taoist master Ki (Op. *cit.*, 168) said that the celestial harmony was that of all beings in their common Being. All is one as we experience in deep sleep (Sushupti). All contraries are sounds from the same flute, mushrooms springing from the same humidity, not real distinct beings but differing aspects of the one universal "Being". "I" has no meaning except in contrast with "you" or "that". But who is the Mover of all? Everything happens *as if* there were a real governor. The hypothesis is acceptable provided that one does not make of this Governor a *distinct being*. He (I translate Father Wieger's words) is a tendency without palpable form, the inherent norm of the universe, its immanent evolutionary formula. The wise know that the only Real is the Universal Norm. The unreflecting vulgar believe in the existence of distinct beings. As in the case of the Vedanta, much misunderstanding exists because the concept of Consciousness differs in East and West as I point out in detail in the essay dealing with Cit-Shakti.

The space between Heaven and Earth in which the Power (Vertu, Shakti, Tei) is manifested is compared by the Taoists to the hollow of a bellows of which Heaven and Earth are the two wooden sides; a bellow which blows without exhausting itself. The expansive power of Tao in the middle space is imperishable. It is the mysterious Mother of all beings. The come and go of this mysterious Mother, that is, the alternating of the two modalities of the One, produce Heaven and Earth. Thus acting, She is never fatigued. From Tao was exteriorized Heaven and Earth. From Tao emanated the producing universal Power or Shakti, which again

produced all beings without self-exhaustion or fatigue. The one having put forth its Power, the latter acts according to two alternating modalities of going forth and return. This action produces the middle air or *Ki* which is tenuous Matter, and through Yin and Yang, issue all gross beings. Their coming into existence is compared to an unwinding (*Dévidage*) from That or Tao, as it were a thread from reel or spool. In the same way the Shakta Tantra speaks of an "uncoiling." Shakti is coiled (*Kundalini*) round the Shiva-point (*Bindu*), one with It in dissolution. On creation She begins to uncoil in a spiral line movement which is the movement of creation. The Taoist Father *Lieu-tze* analyzed the creative movement into the following stages: "The Great Mutation" anterior to the appearance of tenuous matter (Movement of the two modalities in undefined being), "the Great Origin" or the stage of tenuous matter, "the Great Commencement" or the stage of sensible matter, "the Great Flux" or the stage of plastic matter and actual present material compounded existences. In the primitive stage, when matter was imperceptible, all beings to come were latent in an homogeneous state.

I will only add as bearing on the subject of consciousness that the author cited states that the Taoists lay great stress on intuition and ecstasy which is said to be compared to the unconscious state of infancy, intoxication, and narcosis. These comparisons may perhaps mislead just as the comparison of the Yogi state to that of a log (*Kashthavat*) misled. This does not mean that the Yogi's consciousness is that of a log of wood, but that he no more perceives the external world than the latter does. He does not do so because he has the *Samadhi* consciousness, that is, Illumination and true being Itself. He is one then with Tao and *Tei* or *Shakti* in their true state.

## Chapter Twelve

### Alleged Conflict of Shastras

A NOT uncommon modern criticism upon the Indian Shastras is that they mutually conflict. This is due to a lack of knowledge of the doctrine of Adhikara and Bhumika, particularly amongst Western critics, whose general outlook and mode of thought is ordinarily deeply divergent from that which has prevailed in India. The idea that the whole world should follow one path is regarded by the Hindus as absurd, being contrary to Nature and its laws. A man must follow that path for which he is fit, that is, for which he is Adhikari. Adhikara or competency literally means "spreading over" that is "taking possession of". What is to be known (Jñatavya), done (Kartavya), acquired (Praptavya) is determined not once and generally for all, but in each case by the fitness and capacity therefor of the individual. Each man can know, do, and obtain not everything, nor indeed one common thing, but that only of which he is capable (Adhikari). What the Jiva can think, do, or obtain, is his competency or Adhikara, a profound and practical doctrine on which all Indian teaching and Sadhana is based. As men are different and therefore the Adhikara is different, so there are different forms of teaching and practice for each Adhikara. Such teaching may be Sruta or Ashruta. Dealing here with the first, it is said of all Vidyas the Lord is Ishana, and that these differing forms are meant for differing competencies, though all have one and the same object and aim. This has been well and concisely worked out by Bhaskararaya, the Commentator on Tantrik and Aupanishadic Texts in his Bhashya upon the *Nityashodashikarnava*, which is, according to him, a portion of the great Vamakeshvara Tantra. The second portion of the *Nityashodashikarnava* is also known as the *Yoginihridaya*. These valuable Tantrik Texts have been published as the 56th Volume of the Poona Anandashrama

Series which includes also (Vol. 69) the Jñanarnava Tantra. The importance of the Vamakeshvara is shown by the fact that Bhaskararaya claims for it the position of the independent 65th Tantra which is mentioned in the 31st verse of the *Anandalahari*. Others say that the Svatantra there spoken of, is the Jñanarnava Tantra, and others again are of the opinion that the *Tantraraja* is the great independent Tantra of which the *Anandalahari* (ascribed to Shrimadacaryabhagavatpada, that is, Shamkaracarya) speaks. Bhaskararaya who lived in the first half of the eighteenth century gives in his Commentary the following exposition:

In this world all long for happiness which is the sole aim of man. Of this there is no doubt. This happiness again is of two kinds, namely, that which is produced and transient (Kritrima) and that which is unproduced and enduring (Akritrima), called respectively Desire (Kama) and Liberation (Moksha). Dharma procures happiness of both kinds, and Artha helps to the attainment of Dharma. These therefore are desired of all. There are thus four aims of man (Purusharthas) which though, as between themselves, different, are yet intimately connected, the one with the other. The' Kalpasutra says that self-knowledge is the aim and end of man (Svavimarshah purusharthah). This is said of Liberation as being the highest end, since it alone gives real and enduring happiness. This saying, however, does not raise any contradiction. For, each of the four is to be had by the Jñana and Vijñana appropriate for such attainment. These (Purusharthas) are again to be attained according to the capacity of the individual seeking them (Tadrisa-tadrisa-cittaikasadhya). The competency of the individual Citta depends again on the degree of its purity.

The very merciful Bhagavan Parameshvara desirous of aiding men whose mind and disposition (Citta) differ according to the results produced by their different acts, promulgated different kinds of Vidya which, though appearing to be different as between themselves, yet have, as their common aim, the highest end of all human life, that is, Liberation.

*Shruti* also says (*Nrisimhapurvatapani Up.* I-6; *Mahanarayana Up.* XVII-5): "Of all Vidyas the Lord is Ishana" (Ishanah sarvavidyanam) and (*Sveta. Up.* VI-18) "I who desire liberation seek refuge in that Deva who creates Brahma who again reveals the Vedas and all other learning" (Yo Brahmanam vidadhati purvam yo vai vedamshca prahinoti). The particle "ca" impliedly signifies the other Vidyas collectively. We also find it said in furtherance of that statement: "To him the first born He gave the Vedas and Puranas." *Smriti* also states that the omniscient Poet (Kavi), Carrier of the Trident (Shiva shulapani), is the first Promulgator of these eighteen Vidyas which take differing paths (Bhinnavartma). It follows that, inasmuch as Paramashiva, the Benefactor of the Worlds, is the Promulgator of all Vidyas, they are all authoritative, though each is applicable for differing classes of competency (Adhikaribhedena). This has been clearly stated in *Sutasnhita* and similar works.

Capacity (Adhikara) is (for example) of this kind. The unbeliever (Nastika *i.e.*, in Veda) has Adhikara in Darshanas such as Arhata (Jaina) and the like. Men of the first three castes have Adhikara in the path of Veda. Similarly the Adhikara of an individual varies according to the purity of his Citta. For we see that the injunctions relating to Dharma vary according to Ashrama and caste (Varna-bheda). Such texts as praise any particular Vidya are addressed to those who are Adhikari therein, and their object is to induce them

to follow it. Such texts again as disparage any Vidya are addressed to those who are not Adhikari therein, and their object is to dissuade them from it. Nor again should these words of blame (or praise) be taken in an absolute sense, that is otherwise than relatively to the person to whom they are addressed.

Yani tattad vidyaprashamsakani vacanani tani tattadadhikarinam pratyeva pravartakani.

Yani ca tannindakani tani tattadan-adhikarinam prati nivartakani. Na punarnahi nindanyayena vidheya-stavakani

(Bhaskararaya's Introductory Commentary to *Nityasodashikarnava Tantra*, p. 2).

In early infancy, parents and guardians encourage the play of the child in their charge. When the age of study is reached, the same parents and guardians chastise the child who inopportunately plays. This we all see. A male of the three higher castes should, on the passing of the age of play, learn his letters and then metre (Chhandas) in order to master language. The Agni Purana has many texts such as "Faultless is a good Kavya"; all of which encourage the study of Kavya. We also come across prohibitions such as "He who has mastered the subject should avoid all discussion relating to Kavya". When the object to be gained by the study of Kavya is attained and competency is gained for the next higher stage (Uttarabhumika), it is only a harmful waste of time to busy oneself with a lower stage (Purvabhumika), in neglect of that higher stage for the Sadhana of which one has become competent. This is the meaning of the prohibition. Again the injunction is to study Nyayashastra so as to gain a knowledge of the Atma as it is, and other than as it appears in the body and so forth. The texts are many

such as "By reasoning (Shungga) seek the Atma". Shungga=Hetu=Avayavasamudayatmakanyaya, that is Logic with all its five limbs. When it is known that the Atma as such is other than the body, is separate from the body and so forth, and the means which lead to that knowledge are mastered, then man is prohibited from occupying himself with the subject of the former stage (Purvabhūmika) by such texts as "Anvikshiki and Logic (Tarkavidya) are useless" (Anvikshikim tarkavidyamanurakto nirarthikam). Injunctions such as "The wise should practice Dharma alone (Dharmam evacaret prajnah)" urge man towards the next stage (Uttarabhūmika). The study of the Purvamīmāṃsā and the Karmakāṇḍa in the Vedas is useful for this purpose. When by this means Dharma, Artha and Kama are attained, there arises a desire for the fourth Puruṣārtha (Liberation or Moksha). And therefore to sever men from the former stage (Purvabhūmika) there are texts which deprecate Karma such as (*Mund. Up.* 1-2, 12) "By that which is made cannot be attained that which is not made" (Nastyakritah kritena). Vāśiṣṭha says that these (earlier stages) are seven and that all are stages of ignorance (Ajñānabhūmika). Beyond these are stages of Jñāna. For the attainment of the same there are injunctions relating to Brahmajñāna which lead on to 'the next higher stage, such as (*Mund. Up.* I. 2, 12) "He should go to the Guru alone" (Sa gurum evabhigacchet), "Listen (*Br. Ar.* II. 4, 5, IV. 5, 6), oh Maitreyi, the Atma should be realized" (Atma va are drashtavyah). Some say that the Jñānabhūmikas are many and rely on the text "The wise say that the stages of Yoga are many". The holy Vāśiṣṭha says that there are seven, namely, Vividiṣā (desire to know), Vicāraṇa (reflection), Tanumanasa (concentration), Sattvapatti (commencement of realization), Asamshakti (detachment), Padārthabhāvanī (realization of Brahman only) and Turyāga (full illumination in the fourth

state). The meaning of these is given in, and should be learnt from, the Jñanashastra of Vashishtha.

These terms are also explained in Brahmananda's Commentary on the Hathayoga Pradipika (1-3). His account differs from that of Bhaskararaya as regards the name of the first Bhumika which he calls Jñanabhumi or Subheccha and the sixth is called by him Pararthabhavini and not Padarthabhavini. The sense in either case is the same. According to Brahmananda, Jñanabhumi is the initial stage of Yoga characterized by Viveka, Vairagya, and the six Sadhanas beginning with Sama and leading to Mumuksha. Vicarana is Shravana and Manana (Shravanamananatmika). Tanuminasa=Nididhyasana when the mind, the natural characteristic of which is to wander, is directed towards its proper Yoga-object only. These three preliminary stage are known as Sadhanabhumika. The fourth stage Sattvapatti is Samprajñatayogabhumi. The mind having been purified by practice in the three preceding Bhumikas the Yogi commences to realize and is called Brahmavit. The last three stages belong to Asamprajñatayoga. After attainment of Sattvapatti Bhumika, the Yogi reaches the fifth stage called Asamshakti. Here he is totally detached and in the state of wakening (Vyuttishthate). As such he is called Brahmavidvara. At the sixth, or Pararthabhavini Bhumika he meditates on nothing but Parabrahman (Parabrahmatiriktam na bhavayati). He is supremely awakened (Paraprabodhita) and is awake (Vyuttishta). He is then called Brahmavidvanyan. In the last or seventh stage (Turyyaga) he is Brahmavidvarishta, and then truly attains illumination in itself (Svatahparato va vyutthanam prapnoti).

The Upanishads and Uttaramimamsa are helpful for this purpose (Upayogi) and should therefore be studied,

Brahmajñana again is of two kinds: namely, Seated and Aparokshanubhavarupa. Understanding of the meaning of Shastra (Shashtradrishti), the word of the Guru (Gurorvakyam) and certainty (Nishcaya) of the unity of the individual self (Sva) and the Atma. are powerful to dispel inward darkness, but not the mere knowledge of words (Shabdabodha); (See *Yogavashishtha*, Utpatti, Kh. IX. 7-16). Therefore, when the Shabdabhumika is attained one should not waste one's time further at this stage, and there are texts which prohibit this. Thus (*Br. Ar.* III, 5-1) "Having become indifferent to learning let him remain simple as in childhood" (Pandityannirvidya balyena tishthaset).

Between the second and third of the seven stages (Bhumika) there is the great stage Bhakti. Bhaktimimamsa (*e.g.*, Narada Sutra, Sanatsujatiya) is helpful and should be studied. Bhakti continues to the end of the fifth Bhumika. When this last is attained the Sadhaka gains the fifth stage which is Aparokshanubhavarupa. This is Jivanmukti; Following closely upon this is Videhakaivalya. In the text "From Jñana alone Kaivalya comes (Jñanad eva tu kaivalyam), the word Jñana signifies something other and higher than Anubhava (Anubhavaparatva). In Nyaya and other Shastras it is stated that Moksha will be attained by mastery in such particular Shastra, but that is merely a device by which knowledge of the higher stage is not disclosed. This is not blameworthy because its object is to remove the disinclination to study such Shastra by reason of the delay thereby caused in the attainment of Purushartha (which disinclination would exist if the Sadhaka knew that there was a higher Shastra than that which he was studying). There are texts such as "By Karma alone (eva) is achievement" (Karmanaiva tu samsiddhih); "Him whom he selects he is attainable" (Yamevaisha vrinnute tena labhyah). The word "eva" refers to the Bhumika which is

spoken of and prohibits Sadhana for the attainment of fruit which can only be gained by mastery of, or competency in (Adhikara), the next higher Bhumika (Uttarabhumika). The words do not deny that there is a higher stage (Bhumika). The word alone (eva) in "Jñānad eva tu" ("from Jñāna alone") indicates, however, that there is a stage of Sadhana subsequent to that here spoken of. There is thus no conflict between the Rishis who are teachers of the different Vidyas. Each one of these Bhumikas has many sub-divisions (Avantara-bhumika) which cannot be altogether separated the one from the other, and which are only known by the discerning through experience (Anubhava). So it has been said: "Oh Raghava, I have spoken to thee of the seven States (Avastha) of ignorance (Ajñāna). Each one is hundred fold (that is many) and yields many fruits (Nanavibhavarupim). Of these many Bhumikas, each is achieved by Sadhana through many births. When a man by great effort prolonged through countless lives, and according to the regular order of things (Kramena), gains a full comprehension of the Bhumika in which he has certain knowledge of the Shabdattva of Parabrahman, he ceases to have any great attachment to or aversion for, Samsara and this is a form of excellent Cittashuddhi. Such an one is qualified for the path of Devotion (Bhakti)." For, it has been said: "Neither indifferent (Nirvinna) nor attached; for such an one Bhaktiyoga grants achievement (Siddhida)."

Bhakti again is of two kinds: Gauni (secondary) and Para (supreme). The first comprises Dhyana, Arcana, Japa, Namakirtana and the like of the Saguna Brahman. Parabhakti is special" state (Anuragavishesharupa) which is the product of these. The first division of Bhakti includes several others (Avantara-Cumika). The first of these is Bhavanasiddhi illustrated by such texts "Let him meditate on woman as fire" (Yoshamagnim dhyayita). The second is worship (Upasti') as

directed in such texts (*Chha. Up.* III. 18-1) as "Mano brahmetyupasita". The third is Ishvaropasti (worship of the Lord). Since the aspects of the Lord vary according as He is viewed as Surya, Ganesha, Vishnu, Rudra, Parashiva and Shakti, the forms of worship belong to different Bhumikas. The forms of Shakti again are endless such as Chhaya, Ballabha, Lakshmi and the like. In this manner, through countless ages all these Bhumikas are mastered, when there arises Gaunabhakti for Tripurasundari. On perfection of this there is Parabhakti for Her. This is the end, for it has been said (*Kularnava Tantra*, III. 82): "Kaulajñana is revealed for him whose Citta has been fully purified, Arka, Ganapatya, Vaishnava, Shaiva, Daurga (Shakta) and other Mantras in their order." Bhaskararaya also quotes the statement in the *Kularnava Tantra* (II, 7, 8): "Higher than Vedacara is Vaishnavacara, higher than Vaishnavacara is Shaivacara, higher than Shaivacara is Dakshinacara, higher than Dakshinacara is Vamacara, higher than Vamacara is Siddhantacara, higher than Siddhantacara is Kaulacara than which there is nothing higher nor better."

Many original texts might be cited relative to the order of stages (Bhumikakrama) but which are not quoted for fear of prolixity. Some of these have been set out in Saubhagyabhaskara, (that is, Bhaskararaya's Commentary on the Lalitasahasranama). The Sundari tapanipancaka, Bhavanopanishad, Kaulopanishad, Guhyopanishad, Mahopanishad, and other Upanishads (Vedashirobhaga) describe in detail the Gauni Bhakti of Shri Mahatripurasundari and matter relating thereto. The Kalpasutras of Ashvalayana and others, the Smritis of Manu and others come after the Purvakanda) of the Veda. In the same way the Kalpasutras of Parashurama and others and the Yamalas and other Tantras belong to the latter part of the Veda or the Upanishadkanda. The Puranas relate to, and

follow both, Kandas. Therefore the authority of the Smritis, Tantras, and Puranas is due to their being based on Veda (Smrititantra puranam vedamulakatvenaiva pramanyam). Those which seem (Pratyaksha) opposed to Shruti (Shrutiviruddha) form a class of their own and are without authority and should not be followed unless the Veda (Mulashruti) is examined (and their conformity with it established). There are some Tantras, however, which are in every way in conflict with Veda (Yanitu sarvamshena vedaviruddhanyeva). They are some Pashupata Shastras and Pañcaratras. They are not for those who are in this Bhumika (*i.e.*, Veda Pantha). He who is qualified for rites enjoined in Shruti and Smriti (Shrautasmartakarmadhikara) is only Adhikari for these (Pashupata and Pañcaratras) if by reason of some sin (Papa) he falls from the former path. It has therefore been said: "The Lord of Kamala (Vishnu) spoke the Pañcaratras, the Bhagavata, and that which is known as Vaikhanasa (Vaikhanasabhidhama form of Vaishnavism) for those who have fallen away from the Vedas (Vedabhrashta)." The following Texts relate only to some of the Shastras of the classes mentioned. So we have the following: "He who has fallen from Shruti, who is afraid of the expiatory rites (Prayashcitta) prescribed therein, should seek shelter in Tantra so that by degrees he may be qualified for Shruti (Shruti-siddhyar-tham)." Though the general term "Tantra" is employed, particular Tantras (that is, those opposed to Shruti or Ashrauta) are here meant. The Adhikarana (Sutra) Patyurasamanjasyat (II: 2. 37) applies to Tantras of this class. The Agastya and other Tantras which describe the worship of Rama, Krishna, Nrisimha, Rudra, Parashiva, Sundari (Shakti) and others evidently derive from the Ramatapani and other Upanishads. There is therefore no reason to doubt but that they are authoritative.

Worship (Upasti) of Sundari Shakti is of two kinds: Bahiryaga or outer, and Antaryaga or inner, worship. Antaryaga is again of three kinds: Sakala, Sakala-Nishkala, and Nishkala, thus constituting four Bhumikas. As already stated, the passage is from a lower to a higher and then to a yet higher Bhumika. Five forms of Bahiryaga are spoken of, namely, Kevala, Yamala, Mishra, Cakrayuk and Virashamkara which have each five divisions under the heads Abhigamana and others and Daurbodhya and others in different Tantras. Bahiryaga with these distinctions belongs to one and the same Bhumika. Distinctions in the injunctions (Vyavastha) depend entirely on differences as to place, time, and capacity, and not on the degree of Cittashuddhi (Na punashcittashuddhibhedena). On the other hand injunctions given according to difference of Bhumika, which is itself dependent on the degree of purity of the Citta, are mandatory.

To sum up the reply to the question raised by the title of this paper: The Shastras are many and are of differing form. But Ishvara is the Lord of all the Vidyas which are thus authoritative and have a common aim. The Adhikara of men varies. Therefore so does the form of the Shastra. There are many stages (Bhumika) on the path of spiritual advance. Man makes his way from a lower to a higher Bhumika. Statements in any Shastra which seem to be in conflict with some other Shastra must be interpreted with reference to the Adhikara of the persons to whom they are addressed. Texts laudatory of any Vidya are addressed to the Adhikari therein with the object of inducing him to follow it. Texts in disparagement of any Vidya are addressed to those who are not Adhikari therein, either because he has not attained, or has surpassed, the Bhumika applicable, and their object is to dissuade them from following it. Neither statements are to be taken in an absolute sense, for what is not fit for one may

be fit for another. Evolution governs the spiritual as the physical process, and the truth is in each case given in that form which is suitable for the stage reached. From step to step the Sadhaka rises, until having passed through all presentments of the Vaidik truth which are necessary for him, he attains the Vedasvarupa which is knowledge of the Self.

These ancient teachings are in many ways very consonant with what is called the "modernist" outlook. Thus, let it be noted that there may be (as Bhaskararaya says) Adhikara for Ashrauta Shastra such as the Arhata, and there is a Scripture for the Vedabhrashta. These, though non-Vaidik, are recognized as the Scriptures of those who are fitted for them. This is more than the admission, that they are the Scriptures in fact of such persons. The meaning of such recognition is brought out by an incident some years ago. An Anglican clergyman suggested that Mohamedanism might be a suitable Scripture for the Negro who was above "fetichism" but not yet fit to receive Christian teaching. Though he claimed that the latter was the highest and the most complete truth, this recognition (quite Hindu in its character) of a lower and less advanced stage, brought him into trouble. For those who criticized him gave no recognition to any belief but their own. Hinduism does not deny that other faiths have their good fruit. For this reason, it is tolerant to a degree which has earned it the charge of being "indifferent to the truth". Each to his own. Its principles admit of progressive revelation of the Self to the self, according to varying competencies (Adhikara) and stages (Bhumika) of spiritual advance. Though each doctrine and practice belongs to varying levels, and therefore the journey may be shorter or longer as the case may be, ultimately all lead to the Vedasvarupa or knowledge of the Self, than which there is no other end. That which immediately precedes this

complete spiritual experience is the Vedantik doctrine and Sadhana for which all others are the propaedeutic. There is no real conflict if we look at the stage at which the particular instructions are given. Thought moves by an immanent logic from a less to a more complete realization of the true nature of the thinker. When the latter has truly known what he is, he has known what all is. Vedayite iti Vedah. "Veda is that by which what is, and what is true, is made known."

Whilst the Smritis of the Seers vary and therefore only those are to be accepted which are in conformity with the Standard of true experience or Veda, it is to be remembered that because a Seer such as Kapila Adividvan (upon whose Smriti or experience that Samkhya is assumed to be founded) teaches Dvaitavada, it does not (in the Hindu view) follow that he had not himself reached a higher stage, such as Advaitavada is claimed to be. A Seer may choose to come down to the level of more ordinary people and teach a Dvaitavada suited to their capacity (Adhikara). If all were to teach the highest experience there would be none to look after those who were incapable of it, and who must be led up through the necessary preliminary stages. Samkhya is the science of analysis and discrimination, and therefore the preparation for Vedanta which is the science of synthesis and assimilation. Kapila, Gautama and Kanada mainly built on reason deepened and enlarged, it may be, by Smriti or subjective experience. We do not find in them any complete synthesis of Shruti. A general appeal is made to Shruti and a few texts are cited which accord with what (whether it was so in fact to them or not) is in fact a provisionally adopted point of view. They concentrate the thoughts and wills of their disciples on them, withholding (if they themselves have gone further) the rest, as not at present suited to the capacity of the Shishya, thus following what Shamkara calls Arundhatidarshana-nyaya. Nevertheless the higher truth is

immanent in the lower. The Differential and Integral Calculus are involved in elementary Algebra and Geometry because the former generalize what the latter particularize. But the teacher of elementary Mathematics in the lower forms of a school would only confound his young learners if he were to introduce such a general theorem (as say Taylor's) to them. He must keep back the other until the time is ripe for them. Again the great Teachers teach whole-heartedness and thoroughness in both belief and action, without which the acceptance of a doctrine is useless. Hence a teacher of Dvaitavada, though himself Advaitadarshi, presents Dvaita to the Adhikari Shishya in such a forcible way that his reason may be convinced and his interest may be fully aroused. It is useless to say to a Sadhaka on the lower plane: "Advaita is the whole truth. Dvaita is not; but though it is not, it is suited to your capacity and therefore accept it." He will of course say that he does not then want Dvaita, and being incapable of understanding Advaita, will lose himself. This, I may observe, one of the causes of Skepticism to-day. In the olden time it was possible to teach a system without anything being known of that which was higher. But with printing of books some people learn that all is Maya, that Upasana is for the "lower" grades and so forth, and, not understanding what all this means, are disposed to throw Shastric teaching in general overboard. This they would not have done if they had been first qualified in the truth of their plane and thus become qualified to understand the truth of that which is more advanced. Until Brahma-sakshatkara, all truth is relative. Hence, Bhagavan in the Gita says: "Na buddhi-bhedam janayed ajñanam karma sanginam." Tradition supports these views. Therefore Vyasa, Kapila, Gautama, Jaimini, Kanada and others have differently taught, though they may have possibly experienced nearly similarly. Jaimini in his Purva Mimamsa differs in several respects from Vyasa or Badarayana in his Uttara-Mimamsa

though he was the disciple of the latter. Vyasa is Advaita-darshi in Vedanta but Dvaita-darshi in Yoga-bhashya. Is it to be supposed, that the Shishya was Anadhikari, and that his Guru, therefore, withheld the higher truth from him, or was the Guru jealous and kept his Shishya in actions, withholding Brahma-jñana?

A Rishi who has realized Advaita may teach Ayurveda or Dhanurveda. He need not be Sthula-darshi, because he teaches Sthula-vishaya. Again Shastras may differ, because their standpoint and objective is different. Thus the Purva-mimamsa deals with Dharma-jignasa, stating that Veda is practical and enjoins duties, so that a Text which does not directly or indirectly mean or impose a duty is of no account. The Uttara-mimamsa, on the other hand, deals with Brahma-jignasa and therefore in the Sutra 'Tattu samanvayat' it is laid down that a Mantra is relevant, though it may not impose a duty ("Do this or do not do this") but merely produces a Jñana (Know this, "That Thou art"). The difference in interpretation is incidental to difference in standpoint and objective. The same remarks apply to the various forms of Advaita such as Vishishtadvaita, Shuddhadvaita; between the Shaktivada of the Shakta Agama and Vivarttavada. In some Shastras stress is laid on Karma, in others on Bhakti, and yet in others on Jñana as in the case of Mayavada. But though the emphasis is differently placed, each is involved in the other and ultimately, meet and blend. The Mahimnastava says: "Though men, according to their natures, follow differing paths, Thou art the end of all, as is the ocean of all the rivers which flow thereto." Madhusudana Sarasvati commenting on this, has written his Prasthanabheda, the reconciliation of varying doctrines. To-day the greatest need in these matters is (for those who are capable of understanding) the establishment of this intellectual and spiritual Whole (Purna). The Seers who live

in the exalted Sphere of Calm, understand the worth and significance of each form of spiritual culture as also their Synthesis, and to the degree that lesser minds attain this level to this extent they will also do so. Whilst the lower mind lives in a section of the whole fact and therefore sees difference and conflict, the illumined who live in and have in varying degrees experience of the Fact itself, see all such as related parts of an Whole.

## Chapter Thirteen

### Sarvanandanatha

The Sarvollasa, a copy of which came into my possession some three years ago, is a rare MS. It is a Samgraha by the Sarvavidyasiddha Sarvanandanatha who, though celebrated amongst the Bengal followers of the Agama, is I should think, almost unknown to the general public. There is a life in Sanskrit of Sarvanandanatha entitled Sarvanandatarangini by his son Shivanatha in which an account of the attainment of his Siddhi is given and I am indebted in respect of this article to a short unpublished memoir by Sj. Dinesha Candra Bhattacharyya, formerly Research Scholar, who as a native of Tipperah has had the desire to see Sarvanandanatha's place in the History of the so-called "Tantricism" in Bengal duly recognized.

It is said that Sarvananda had striven for Siddhi for seven previous births and a verse preserves the names of the places where he died in these successive lives. His grandfather Vasudeva originally lived at Purvasthali in the Burdwan district but was led by a divine call to Mehar in Tipperah where in ages past Matanga Muni had done Tapas. A deep hole is still shown as being of Matanga's time. It is also said that round about the place where Sarvanandanatha performed his Shavasadhana, adept Sadhakas even now discover the hidden Linga established by Matanga marked out by equally hidden barriers or Kilakas.

Vasudeva then went to Kamakhya where he died after undergoing severe Tapas. He left his son at Mehar who himself afterwards had a son, the grandson of Vasudeva. In fact it is said that the grandfather Vasudeva was reborn as the son of his own son, that is, as Sarvananda. In early life the latter was stupid and illiterate. He was sharply rebuked

by the local Rajah for his ignorance in proclaiming a New Moon day to be Full Moon day. Being severely punished by his relatives he determined to begin his letters and went out to search for the necessary palm-leaves. There in the jungle he met a Samnyasi, who was Mahadeva himself in that form and who whispered in his ears a Mantra and gave him certain instructions. His servant Puna was an advanced Sadhaka, who had been psychically developed under Vasudeva. Puna separating the subtle (Sukshmadeha) from the gross body, served as a corpse on the back of which Sarvananda performed Shavasadhana and attained Siddhi that same new moon night on which to the amazement of all a perfect moon shone over Mehar. This full moon episode is popularly the most famous of Sarvananda's wonders.

Some time after Sarvananda left Mehar after having given utterance to the curse that his own family would die out in the 22nd, and that of the local chief in the 15th generation. This last announcement is said to have come true as the Rajah's descendant in the fifteenth generation actually died without issue, though the family survives through his adopted son. Sarvananda started for Benares but stopped at Senhati in Jessore where he was compelled to marry again and where he lived for some years. His place of worship at Senhati is still shown. At the age of 50 he went to Benares with his servant Puna and nephew Sadananda. At Benares the Shaiva Dandins were then, as now, predominant. He quarreled with them, or they with him, on account of his doctrines and practice.

In return for their treatment of him, he to their awe and possibly disgust, converted (so it is said) their food into meat and wine. Of course the Benares Dandins, as is usual in such cases, give a different account of the matter. Their tradition is that, after a Shastric debate, Sarvananda was convinced

by the Dandins that the Siddhi which he boasted of was no real Siddhi at all and was then made a convert to their own doctrines, which is the most satisfactory of all results for the men of piety who wrangle with others and try to make them come over to their views. It is worthy of note how quarrelsome in all ages many of the pious and wonder-workers have been. But perhaps we do not hear so much of the quieter sages who lived and let others live, diffusing their views not amongst those who were satisfied with what they knew or thought they knew, but among such as had not found and therefore sought.

After this event Sarvananda disappeared from Benares which rather points to the fact that the Dandins did not acquire a distinguished adversary for their community. Tradition is silent as to what happened to him later and as to the date and place of his end.

Sj. Dinesh Chandra Bhattacharya has made for me a calculation as to the date of Sarvananda's Siddhi which fell on a Pausha Samkranti corresponding to Caturdasi or Amavasya falling on a Friday. Between 1200 and 1700 A.D. there are three dates on which the above combination took place, viz., 1342, 1426 and 1548 A.D. The first date is too early as 15 or 16 generations, to which his family descends at present, does not carry us so far back. The last date seems too late. For according to tradition Janakivallabha Gurvvacarya, himself a famous Siddha, and fifth in descent from Sarvananda, was a contemporary of one of the "twelve Bhuiyas" of Bengal late in the reign of Akbar (*circ.* 1600 A.D.). The date 1426 A.D. is therefore adopted. It will thus appear that he lived about a century before the three great Bengal Tantrikas, namely, Krishnananda, Brahmananda and Purnananda, all of whom are of the 16th century. But this calculation has still to be verified by data culled from an

examination of the Sarvollasa such as the authorities which its author cites.

This last work, I am told, is that by which he is best known. Two other short Tantrika works are ascribed to a Sarvananda though whether it is the same Siddha is not certain. There is, I am told, a Navarnapujapaddhati by Sarvanandanatha in a MS dated 1668 Vikramabda in the Raghunath Temple Library in Kashmir, and another work the Tripurarcandipika is reported from the Central Provinces.

As is usual in such cases there is a legend that Sarvananda is still living by Kayavyuha in some hidden resort of Siddhapurushas. The author of the memoir, from which I quote, tells of a Sadhu who said to my informant that some years ago he met Sarvanandanatha in a place called Campakaranya but only for a few minutes, for the Sadhu was himself miraculously wafted elsewhere.

Some very curious reading of deep interest to the psychologist, the student of psychic phenomena and the historian of religions is to be found in the stories which are told of Sadhus and Siddhas of Sarvananda's type who, whether they did all that is recounted of them or not, yet lived so strangely, as for instance, to take another case, that of Brahmananda the author of the Shaktanandatarangini who going in his youth in quest of a prostitute, found in the house he entered and in the woman who came to him his own mother, herself the victim of a Mussulman ravisher. It was the horror of this encounter which converted his mind and led him to become a Sadhu, during which life he did Dhyana in the body of a dead and rotting elephant and the other things related of him. They await collection. But when their value has been discovered possibly these traditions may have disappeared. Even if all the facts related of these

Sadhus and Siddhas were the work of imagination (and whilst some of them may be so, others are in all probability true enough) they are worth preservation as such. The history of the human mind is as much a fact as anything which is revered because it is "objective". This last class of fact is generally only the common experience. It is attractive, yet sometimes fearsome, to follow the mind's wanderings both in the light and in that curious dark, which only explorers in these paths know. If one does not lose one's way (and in this lies a peril) we emerge with a confidence in ourselves at having passed a test -- a confidence which will serve our future. In any case as I have said there is an opportunity of research for those whose workings are in the outer crust of mere historical fact.

## **Chapter Fourteen**

### **Cit-Shakti (The Consciousness Aspect of the Universe)**

Cit-Shakti is Cit, as Shakti, that is as Power, or that aspect of Cit in which it is, through its associated Maya-Shakti, operative to create the universe. It is a commonly accepted doctrine that the ultimate Reality is Samvid, Caitanya or Cit.

But what is Cit? There is no word in the English language which adequately describes it. It is not mind: for mind is a limited instrument through which Cit is manifested. It is that which is behind the mind and by which the mind itself is thought, that is created. The Brahman is mindless (Amanah). If we exclude mind we also exclude all forms of mental process, conception, perception, thought, reason, will, memory, particular sensation and the like. We are then left with three available words, namely, Consciousness, Feeling, Experience. To the first term there are several objections. For if we use an English word, we must understand it according to its generally received meaning. Generally by "Consciousness" is meant self-consciousness, or at least something particular, having direction and form, which is concrete and conditioned; an evolved product marking the higher stages of Evolution. According to some, it is a mere function of experience, an epiphenomenon, a mere accident of mental process. In this sense it belongs only to the highly developed organism and involves a subject attending to an object of which, as of itself, it is conscious. We are thus said to have most consciousness when we are awake (Jagrat avastha) and have full experience of all objects presented to us; less so when dreaming (Svapna avastha) and deep anesthesia in true dreamless sleep (Sushupti). I may here observe that recent researches show that this last state is not so common as is generally supposed. That is complete

dreamlessness is rare; there being generally some trace of dream. In the last state it is commonly said that consciousness has disappeared, and so of course it has, if we first define consciousness in terms of the waking state and of knowledge of objects. According to Indian notions there is a form of conscious experience in the deepest sleep expressed in the well-known phrase "Happily I slept, I knew nothing". The sleeper recollects on waking that his state has been one of happiness. And he cannot recollect unless there has been a previous experience (Anubhava) which is the subject-matter of memory. In ordinary parlance we do not regard some low animal forms, plants or mineral as "conscious". It is true that now in the West there is (due to the spread of ideas long current in India) growing up a wider use of the term "consciousness" in connection not only with animal but vegetable and mineral life, but it cannot be said the term "consciousness" has yet generally acquired this wide signification. If then we use (as for convenience we do) the term "Consciousness" for Cit, we must give it a content different from that which is attributed to the term in ordinary English parlance. Nextly, it is to be remembered that what in either view we understand by consciousness is something manifested, and therefore limited, and derived from our finite experience. The Brahman as Cit is the infinite substratum of that. Cit in itself (Svarupa) is not particular nor conditioned and concrete. Particularity is that aspect in which it manifests as, and through, Maya-Shakti. Cit manifests as Jñana-Shakti which, when used otherwise than as a loose synonym for Cit, means knowledge of objects. Cit-Svarupa is neither knowledge of objects nor self-consciousness in the phenomenal sense. Waking, dreaming and dreamless slumber are all phenomenal states in which experience varies; such variance being due not to Cit but to the operation or cessation of particular operation of the vehicles of mind (Antahkarana) and sense (Indriya). But Cit never

disappears nor varies in either of the three states, but remains one and the same through all. Though Cit-Svarupa is not a knowledge of objects in the phenomenal sense, it is not, according to Shaiva-Shakta views (I refer always to Advaita Shaiva-darshana), a mere abstract knowing (Jñāna) wholly devoid of content. It contains within itself the Vimarsha-Shakti which is the cause of phenomenal objects, then existing in the form of Cit (Cidrupini). The Self then knows the Self. Still less can we speak of mere "awareness" as the equivalent of Cit. A worm or meaner form of animal may be said to be vaguely aware. In fact mere "awareness" (as we understand that term) is a state of Cit in which it is seemingly overwhelmed by obscuring Maya-Shakti in the form of Tamoguna. Unless therefore we give to "awareness," as also to consciousness, a content, other than that with which our experience furnishes us, both terms are unsuitable. In some respects Cit can be more closely described by Feeling, which seems to have been the most ancient meaning of the term Cit. Feeling is more primary, in that it is only after we have been first affected by something that we become conscious of it. Feeling has thus been said to be the raw material of thought, the essential element in the Self, what we call personality being a particular form of feeling. Thus in Samkhya, the Gunas are said to be in the nature of happiness (Sukha), sorrow (Dukha) and illusion (Moha) as they are experienced by the Purusha-Consciousness. And in Vedanta, Cit and Ananda or Bliss or Love are one. For Consciousness then is not consciousness *of* being (Sat) but Being-Consciousness (Sat-Cit); nor a Being which is conscious *of* Bliss (Ananda) but Being-Consciousness-Bliss (Sacchidananda). Further, "feeling" has this advantage that it is associated with all forms of organic existence even according to popular usage, and may scientifically be aptly applied to inorganic matter. Thus whilst most consider it to be an unusual and strained use of

language, to speak of the consciousness of a plant or stone, we can and do speak of the feeling or sentiency of a plant. Further the response which inorganic matter makes to stimuli is evidence of the existence therein of that vital germ of life and sentiency (and therefore Cit) which expands into the sentiency of plants, and the feelings and emotions of animals and men. It is possible for any form of unintelligent being to feel, however obscurely. And it must do so, if its ultimate basis is Cit and Ananda, however veiled by Maya-Shakti these may be. The response which inorganic matter makes to stimuli is the manifestation of Cit through the Sattvaguna of Maya-Shakti, or Shakti in its form as Prakriti-Shakti. The manifestation is slight and apparently mechanical because of the extreme predominance of the Tamoguna in the same Prakriti-Shakti. Because of the limited and extremely regulated character of the movement which seems to exclude all volitional process as known to us, it is currently assumed that we have merely to deal with what is an unconscious mechanical energy. Because vitality is so circumscribed and seemingly identified with the apparent mechanical process, we are apt to assume mere unconscious mechanism. But as a fact this latter is but the form assumed by the conscious Vital Power which is in and works in all matter whatever it be. To the eye, however, unassisted by scientific instruments, which extend our capacity for experience, establishing artificial organs for the gaining thereof, the matter appears Jada (or unconscious); and both in common English and Indian parlance we call that alone living or Jiva which, as organized matter, is endowed with body and senses. Philosophically, however, as well as scientifically, all is Jivatma which is not Paramatma: everything in fact with form, whether the form exists as the simple molecule of matter, or as the combination of these simple forms into cells and greater organisms. The response of metallic matter is a form of sentiency -- its germinal form

-- a manifestation of Cit intensely obscured by the Tamoguna of Prakriti-Shakti.

In plants Cit is less obscured, and there is the sentient life which gradually expands in animals and men, according as Cit gains freedom of manifestation through the increased operation of Sattvaguna in the vehicles of Cit; which vehicles are the mind and senses and the more elaborate organization of the bodily particles. What is thus mere incipient or germinal sentiency, simulating unconscious mechanical movement in inorganic matter, expands by degrees into feeling akin, though at first remotely, to our own, and into all the other psychic functions of consciousness, perception, reasoning, memory and will. The matter has been very clearly put in a Paper on "The Four Cosmic Elements" by C. G. Sander which (subject to certain reservations stated) aptly describes the Indian views on the subject in hand. He rightly says that sentiency is an integrant constituent of all existence, physical as well as metaphysical and its manifestation can be traced throughout the mineral and chemical as well as vegetable and animal worlds. It essentially comprises the functions of relationship to environment, response to stimuli, and atomic memory in the lower or inorganic plane; whilst in the higher or organic planes it includes all the psychic functions such as consciousness, perception, thought, reason, volition and individual memory. Inorganic matter through the inherent element of sentiency is endowed with aesthesia or capacity of feeling and response to physical and chemical stimuli such as light, temperature, sound, electricity, magnetism and the action of chemicals. All such phenomena are examples of the faculty of perception and response to outside stimuli of matter. We must here include chemical sentiency and memory; that is the atom's and molecule's remembrance of its own identity and behavior therewith. Atomic memory

does not, of course, imply self-consciousness, but only inherent group-spirit which responds in a characteristic way to given outside stimuli. We may call it atomic or physical consciousness. The consciousness of plants is only trance-like (what the Hindu books call 'Comatose') though some of the higher aspects of sentiency (and we may here use the word 'consciousness') of the vegetable world are highly interesting: such as the turning of flowers to the sun; the opening and shutting of leaves and petals at certain times, sensitiveness to the temperature and the obvious signs of consciousness shewn by the sensitive and insectivorous plants, such as the Sundew, the Venus Flytrap, and others. The micro-organisms which dwell on the borderland between the vegetable and animal worlds have no sense organs, but are only endowed with tactile irritability, yet they are possessed of psychic life, sentiency, and inclination, whereby they perceive their environment and position, approach, attack and devour food, flee from harmful substances and reproduce by division. Their movements appear to be positive, not reflex. Every cell, both vegetable and animal, possesses a biological or vegetative consciousness, which in health is polarized or subordinate to the government of the total organism of which it forms an integral part; but which is locally impaired in disease and ceases altogether at the death of the organism. In plants, however, (unlike animals) the cellular consciousness is diffused or distributed amongst the tissues or fibers; there being apparently no special conducting or centralizing organs of consciousness such as we find in higher evolutionary forms. Animal consciousness in its highest modes becomes self-consciousness. The psychology of the lower animals is still the field of much controversy; some regarding these as Cartesian machines and others ascribing to them a high degree of psychic development. In the animals there is an endeavor at centralization of consciousness which reaches its most

complex stage in man, the possessor of the most highly organized system of consciousness, consisting of the nervous system and its centers and functions, such as the brain and solar plexus, the site of Ajña and upper centers, and of the Manipura Cakra. Sentiency or feeling is a constituent of all existence. We may call it consciousness however, if we understand (with the author cited) the term "consciousness" to include atomic or physical consciousness, the trance consciousness of plant life, animal consciousness and man's completed self-consciousness.

The term Sentiency or Feeling, as the equivalent of manifested Cit, has, however, this disadvantage: whereas intelligence and consciousness are terms for the highest attributes of man's nature, mere sentiency, though more inclusive and common to all, is that which we share with the lowest manifestations. In the case of both terms, however, it is necessary to remember that they do not represent Cit-Svarupa or Cit as It is in itself. The term Svarupa (own form) is employed to convey the notion of what constitutes anything what it is, namely, its true nature as it is in itself. Thus, though the Brahman or Shiva manifests in the form of the world as Maya-Shakti, its Svarupa is pure Cit.

Neither sentiency nor consciousness, as known to us, is Cit-Svarupa. They are only limited manifestations of Cit just as reason, will, emotion and memory, their modes are. Cit is the background of all forms of experience which are its modes, that is Cit veiled by Maya-Shakti; Cit-Svarupa is never to be confounded with, or limited to, its particular modes. Nor is it their totality, for whilst it manifests in these modes It yet, in Its own nature, infinitely transcends them. Neither sentiency, consciousness, nor any other term borrowed from a limited and dual universe can adequately describe what Cit is in Itself (Svarupa). Vitality, mind, matter

are its limited manifestations in form. These forms are ceaselessly changing, but the undifferentiated substratum of which they are particularized modes is changeless. That eternal, changeless, substratum is Cit,, which may thus be defined as the *changeless principle of all our changing experience*. All is Cit, clothing itself in forms by its own Power of Cit-Shakti and Maya-Shakti: and that Power is not different from Itself. Cit is not the subject of knowledge or speech. For as the *Varaha Upanishad* (Chap. IV) says it is "The Reality which remains after all thoughts are given up." What it is in Itself, is unknown but to those who become It. It is fully realized only in the highest state of Ecstasy (Samadhi) and in bodiless liberation (Videha Mukti) when Spirit is free of its vehicles of mind and matter. A Modern Indian Philosopher has (See "Approaches to Truth" and the "Patent Wonder" by Professor Pramathanatha Mukhyopadhyaya) very admirably analyzed the notion of the universal Ether of Consciousness (Cidakasha) and the particular Stress formed in it by the action of Maya-Shakti. In the first place, he points out that logical thought is inherently dualistic and therefore pre-supposes a subject and object. Therefore to the pragmatic eye of the western, viewing the only experience known to him, consciousness is always particular having a particular form and direction. Hence where no direction or form is discernible, they have been apt to imagine that consciousness as such has also ceased. Thus if it were conceded that in profound sleep there were no dreams, or if in perfect anesthesia it were granted that nothing particular was felt, it was thereby considered to be conceded that consciousness may sometimes cease to exist in us. What does in fact cease is the consciousness of objects which we have in the waking and dreaming states. Consciousness as such is neither subjective nor objective and is not identical with intelligence or understanding -- that is with directed or informed consciousness. Any form of

unintelligent being which feels, however chaotically it may be, is yet, though obscurely so (in the sense here meant) conscious. Pure consciousness, that is consciousness as such, is the background of every form of experience.

In practical life and in Science and Philosophy when swayed by pragmatic ends, formless experience has no interest, but only certain forms and tones of life and consciousness. Where these are missed we are apt to fancy that we miss life and feeling-consciousness also. Hence the essential *basis* of existence or Cit has been commonly looked upon as a very much specialized and peculiar manifestation in nature.

On the contrary, Cit is Being or Reality itself. Cit as such is identical with Being as such. The Brahman is both Cit and Sat. Though in ordinary experience Being and Feeling-Consciousness are essentially bound up together, they still seem to diverge from each other. Man by his very constitution inveterately believes in an objective existence beyond and independent of his self. And this is so, so long as he is subject to the veil (Maya-Shakti). But in that ultimate basis of experience which is the Paramatma the divergence has gone; for the same boundless substratum which is the continuous mass of experience is also that which is experienced. The self is its own object. To the exalted Yogin the whole universe is not different from himself as Atma. This is the path of the "upward-going" Kundali (Urddhva-Kundalini).

Further, there has been a tendency in fact to look upon consciousness as a mere function of experience; and the philosophy of unconscious ideas and mind-stuff would even go so far as to regard it as a mere accident of mental process. This is to reverse the actual facts.

Consciousness should rather be taken as an original datum than as a later development and peculiar manifestation. We should begin with it in its lowest forms, and explain its apparent pulse-life by extending the principle of veiling (Maya-Shakti) which is ceaselessly working in man, reducing his life to an apparent series of pulses also. An explanation which does not start with this primordial extensity of experience cannot expect to end with it. For if it be not positive at the beginning, it cannot be derived at the end.

But what, it may be asked, is the proof of such pure experience? Psychology which only knows changing states does not tell us of it. This is so. Yet from those states, some of which approach indifferentiation, inferences may be drawn; and experience is not limited to such states, for it may transcend them.

It is true that ordinarily we do not meet with a condition of consciousness which is without a direction or form; but tests drawn from the incidents of ordinary normal life are insufficient, it has been argued, to prove that there is no consciousness at all when this direction and form are supposed to have gone. Though a logical intuition will not tell its own story, we can make reflection on intuition render us some sort of account, so that the intuitive fact appears in review, when it will appear that consciousness is the basis of, indeed, existence itself, and not merely an attendant circumstance. But the only proof of pure consciousness is an instance of it. This cannot be established by mere reflection. The bare consciousness of this or that, the experience of just going to sleep and just waking, and even the consciousness of being as such, are but approximations to the state of consciousness as such, that is pure consciousness, but are not identical with it. Then, what evidence, it may be asked, have we of the fact that pure consciousness is an actual

state of being? In normal life as well as in abnormal pathological states, we have occasional stretches of experience in which simplicity of feature or determination has advanced near to indifferenciation, in which experience has become almost structureless. But the limit of pure experience is not there reached. On the other hand, there is no conclusive proof that we have ever had a real lapse of consciousness in our life, and the extinction of consciousness as such is inconceivable in any case. The claim, however, that consciousness as such exists, rests not so much on logical argument as on intuitive grounds, on revelation (Shruti) and spiritual *experience* of the truth of that revelation.

According to Indian Monism, a Pure Principle of Experience not only is, but is the one and only ultimate permanent being or reality. It does not regard Cit as a mere function, accident, or epiphenomenon, but holds it to be the ever existing *plenum* which sustains and vitalizes all phenomenal existence, and is the very *basis* on which all forms of multiple experience, whether of sensation, instinct, will, understanding, or reason, rest. It is, in short, the unity and unchanging Reality behind all these various changing forms which, by the veil or Maya-Shakti, Jiva assumes.

The Cit-Svarupa, inadequately described as mere blissful awareness of feeling, exists, as the basis and appears in the form of, that is clothed with, mind; a term which in its general sense is not used merely in the sense of the purely mental function of reason but in the sense of all the forms in which consciousness is displayed, as distinguished from Cit Itself, which is the unity behind all these forms whether reason, sensation, emotion, instinct, or will. All these are modes wherein the plastic unformed clay of life is determined. For every conception or volition is essentially an

apparent circumscription or limitation of that Sat which is the basis of phenomenal life.

Professor P. N. Mukhyopadhyaya has described pure consciousness to be an infinitude of "awareness," lacking name and form and every kind of determination, which is a state of complete quiescence where the potential is zero or infinity -- a condition without strain or tension which is at once introduced when the slightest construction is put upon it, resulting in a consciousness of bare "this" and "that". It is not a consciousness of anything. It is an experience of nothing *in particular*. But this must not be confounded with *no* experience. The former is taken to be the latter because life is pragmatic, interest being shown in particular modes of awareness. To man's life, which is little else than a system of partialities, pure experience in which there is nothing particular to observe or shun, love or hate seems practically to be no experience at all. Pure Consciousness is impartial. There is no difference (Bheda) so far as pure Awareness is concerned. Pure Consciousness is a kind of experience which stands above all antithesis of motion and rest. It does not know Itself either as changing or statical, since it is consciousness *as such* without any determinations or mode whatever. To know itself as changing or permanent, it must conceal its illogical and unspeakable nature in a veil (Maya). Every determination or form makes experience a directive magnitude. Consciousness then assumes a direction or special reference. It is not possible to direct and refer in a special way without inducing such a feeling of strain or tension, whether the conditions be physiological or psychological. Pure consciousness has, thus, been compared to an equipotential surface of electrical distribution. There is no difference of potentials between any two points A and R over this surface. It is a stretch of consciousness, in which there is, apparently, no sensible diversity of features, no

preference, no differential incidence of subjective regard. Like the equipotential surface, such consciousness is also quiescent. To secure a flow on it, there must be a difference of potentials between any two points. Similarly, to have a reference, a direction, a movement of attention, there must be a determination in the total experience of the moment in the given mass of consciousness. Absolute quiescence is a state of consciousness, which is pure being with no special subjective direction and reference; with no difference of level and potential between one part of the experience and another. Experience will show special subjective direction and reference if it assumes at least form or determination, such as "this" or "that"; to have no difference of level or potential, experience must be strictly undifferentiated -- that is to say, must not involve the least ideal or representative structure. Absolute quiescence exists only with that Consciousness which is pure Being, or Paramatma.

With regard, however, to all descriptions of this state, it must be borne in mind that they only negatively correspond with their subject-matter by the elimination of characteristics which are peculiar to, and constitute the human consciousness of, the Jiva, and are therefore alien to the Supreme Consciousness. They give us no positive information as to the nature of pure Cit, for this is only known in Yoga by the removal of ignorance (Avidya) under which all logical thinking and speaking is done. This "ignorance" is nothing but a term for those limitations which make the creature what he is. It is a commonplace in Indian religion and philosophy that the Brahman as It exists in itself is beyond all thought and words, and is known only by the Samadhi of Yoga. As the *Mahanirvana Tantra* says (III. V. 6 *et seq.*): "The Brahman is known in two ways: from His manifestations which are the object of Sadhana or as It is in itself in Samadhiyoga": for, as Ch. XIV, V. 135 *Ibid.*, says,

Atmajñana is the one means of liberation in which Its nature is realized. It is, perhaps in part at least, because the merely negative and imperfect character of such description is not sufficiently noted that pure consciousness, as the author cited points out, has in general awakened no serious interest in the practical West; though it has been the crown of glory for some of, what have been said to be, the stateliest forms of Eastern thought, which asserts itself to be in possession of an *experimental* method by which the condition of pure consciousness may be realized. The question is, thus, not one of mere speculation, but of *demonstration*. This state, again, is believed by the East to be not a dull and dreary condition, a dry abstraction or *reductio ad absurdum* of all which imparts to our living its worth and significance. Not at all; since it is the first Principle in which as Power all existence is potential and from which it proceeds. It is reasonable, therefore, it is contended, to assume that all which life possesses of real worth exists in the Source of life itself. Life is only a *mode* of infinite Supremacy with beatitude, which is Being and Consciousness in all its metaphysical grandeur, an absolutely understandable condition which no imagination can depict and no categories can reach and possess.

Owing to the necessarily negative character of some of the descriptions of the Supreme Brahman we find such questions "How can it differ from a nullity?" (Dialogues on Hindu Philosophy, 259, by Rev. K. M. Banerjee): and the statement of the English Orientalist Colonel Jacob (whose views are akin to those of others) that "Nirvana is an unconscious (*sic*) and stone-like (*sic*) existence". Such a misconception is the more extraordinary in that it occurs in the work of an author who was engaged in the translation of a Vedantic treatise. These and many similar statements seem to establish that it is possible to make a special study of Vedanta and yet to

misunderstand its primary concepts. It is true that the Brahman is unconscious in the sense that It is not our consciousness; for, if so, It would be Jiva and not Paramatma. But this is only to say that it has not our limitations. It is unlimited Cit. A stone represents its most veiled existence. In its Self it is all light and self-illuminating (Svaprakasha). As Shruti says (*Katha Up.* 5-15) "All things shed luster by His luster. All things shine because He shines." All things depend on It: but It has not to depend on anything else for Its manifestation. It is therefore better to say with the Hamsopanishad and the Christian Gospel that It is the Peace beyond all understanding. It has been dryly remarked that "The idea that Yoga means a dull state is due, perhaps, to the misunderstanding of Patañjali's definition of it.

Man, however, ordinarily and by his nature craves for modes and forms (Bhaumananda); and though all enjoyment comes from the pure Supreme Consciousness, it is supposed that dualistic variety and polarity are necessary for enjoyment. What, thus, in its plenitude belongs to the sustaining spirit of all life is transferred to life alone. All knowledge and existence are identified with variety, change, polarity. Whilst skimming over the checkered surface of the sea, we thus, it is said, ignore the unfathomed depths which are in repose and which nothing stirs, wherein is the Supreme Peace (Santa) and Bliss (Paramananda).

The *Brihadaranyaka Upanishad* says: "Other beings live on a fraction of this great Bliss." The Bliss of Shiva and Shakti are one, for they are inseparable. Hence she is called (Trishati II. 32) Ekabhoga: for Eka = Ishvara and Bhoga = Svasvarupananda.

Nyaya and Samkhya say that the chief end of man is the absolute cessation of pain, but Vedantins, going beyond this negative definition, say that, all pain having surceased on Unity with the Supreme, the chief end is that positive Bliss which is of its essence. The Devi Kalyani, the Mother of all, is Herself Bliss -- that is, all bliss from earthly bliss (Bhaumananda) to Brahman-Bliss (Brahmananda). As the Commentator Shamkara in his commentary on the Trishati says (citing Shruti): "Who else can make us breathe, who else can make us live, if this blissful Ether were not?"

If, further, it be asked *what* is pure Experience which manifests itself in all these diverse forms, it must be said that from Its very definition pure Cit, or the Supreme Brahman (Parabrahman), is that about which nothing in particular can be predicated: for predication is possible only in relation to *determinations* or modes in consciousness. And in this sense *Yogatattva Upanishad* says that those who seek a knowledge of it in Shastras are deluded; "How can that which is self-shining be illuminated by the Shastras? Not even the Devas can describe that indescribable state." The *Mandukya Upanishad*, speaking of the fourth aspect (Pada) of Atma, says that it is the non-dual Shiva which is not an object which can be sensed, used, taken, determined (by any marks), or of which an account can be given, but is unthinkable and knowable only by the realization of Atma. Negative predication may, however, clear away improper notions. It is really inscrutable Being upon which no category can be fastened. This must always be borne in mind in any attempted definition of this transcendent state. It is of a self-existent (Niradhara), unending (Nitya), changeless (Avikari), undifferentiated (Abhinna), spaceless (Purna), timeless (Shasvata), all-pervading (Sarvatravastha), self-illuminating (Svayamjyotih), pure (Shuddha) experience. As the *Kularnava Tantra* says (I -- 6, 7): "Shiva is the impartite

Supreme Brahman, the all-knowing Creator of all." He is the stainless One and the Lord of all. He is one without a second (Advaya). He is light itself. He changes not, and is without beginning or end. He is without attribute and above the highest. He is Being (Sat), Consciousness (Cit), and Bliss (Ananda). As Sat, It is unity of being beyond the opposites of "this" and "that". "here and there," "then and now". As Cit, It is an experiencing beyond the opposites of worldly knowledge and ignorance. As Supreme Ananda, It is the Bliss which is known upon the dissolution of the dualistic state which fluctuates between, and is composed of, happiness and sorrow; for created happiness is only an impermanent change of state (Vikara) or Becoming, but the Supreme Bliss (Paramananda) endures. Bliss is the very Nature (Svarupa) of this Supreme Consciousness, and not, as with the creature, a mere changing attribute of some form of Becoming. Supreme Being (Sat) is a unity without parts (Nishkala). Supreme Feeling-Consciousness (Cit) is immediacy of experience. In the Jiva, Consciousness of Self is set over against the not-Self; for logical thought establishes a polarity of subject. Thus the undifferentiated Supreme Consciousness transcends, and the Supreme Bliss (Paramananda) is beyond, the changing feelings of happiness and sorrow. It is the great Peace (Santa) which, in the words of the *Hamsopanishad* (V. 12, Ed. Anandashrama, XXIX, p. 593) as of the New Testament, passes all worldly understanding. Sacchidananda, or Pure Being, persists in all the states of Becoming which are its manifestation as Shakti. It may be compared to a continuous, partless, undifferentiated Unity universally pervading the manifested world like ether or space, as opposed to the limited, discontinuous, discrete character of the forms of "matter" which are the products of its power of Shakti. It is a state of quiescence free of all motion (Nishpanda), and of that vibration (Spandana) which operating as the Primordial

Energy, evolves the phenomenal world of names and forms. It is, in short, said to be the innermost Self in every being -- a changeless Reality of the nature of a purely experiencing principle (Caitanyam Atma) as distinguished from whatever may assume the form of either the experienced, or of the means of experience. This Cit in bodies underlies as their innermost Self all beings. The Cit or Atma as the underlying Reality in all is, according to Vedanta, one, and the same in all: undivided and unlimited by any of them, however much they may be separated in time and space. It is not only all-pervading, but all-transcending. It has thus a two-fold aspect: an immanent aspect as Shakti (Power), in which It pervades the universes (Saguna Brahman); and a transcendental aspect, in which It exists beyond all Its worldly manifestations (Nirguna Brahman). Cit, as it is in itself, is spaceless and timeless, extending beyond all limitations of time and space and all other categories of existence. We live *in* the Infinite. All limits exist *in* Cit. But these limits are also another aspect of *It* that is Shakti. It is a boundless tranquil ocean on the surface of which countless varied modes, like waves, are rising, tossing and sinking. Though It *is* the one Cause of the universe of relations, in itself It is neither a relation nor a totality of relations, but a completely relationless Self-identity unknowable by any logical process whatever.

Cit is the boundless permanent *plenum* which sustains and vitalizes everything. It is the universal Spirit, all-pervading like the Ether, which is, sustains, and illumines all experience and all process in the *continuum* of experience. In it the universe is born, grows and dies. This *plenum* or *continuum* *is* as such all-pervading, eternal, unproduced, and indestructible: for production and destruction involve the existence and bringing together and separation of parts which in an absolute partless *continuum* is impossible. It is

necessarily in itself, that is as Cit, motionless, for no parts of an all-filling *continuum* can move from one place to another. Nor can such a *continuum* have any other form of motion, such as expansion, contraction or undulation, since all these phenomena involve the existence of parts and their displacement. Cit is one undifferentiated, partless, all-pervading, eternal, spiritual substance. In Sanskrit, this *plenum* is called Cidakasha; that is, just as all material things exist in the all-pervading physical Ether, so do they and the latter exist in the infinitely extending Spiritual "Ether" which is Cit. The Supreme Consciousness is thought of as a kind of permanent spiritual "Space" (Cidakasha) which makes room for and contains all varieties and forms appearing and disappearing. Space itself is an aspect of spiritual substance. It is a special posture of that stress in life which takes place in unchanging consciousness (P. Mukhyopadhyaya "The Patent Wonder," 21 -- 24). In this Ocean of Being-Consciousness we live, move and have our being. Consciousness as such (that is as distinguished from the products of Its power or Shakti), is never finite. Like space, it cannot be limited, though, through the operation of its power of self-negation or Maya-Shakti, it may appear as determined. But such apparent determinations do not ever for us express or exhaust the whole consciousness, any more than space is exhausted by the objects in it. Experience is taken to be limited because the Experiencer is swayed by a pragmatic interest which draws his attention only to particular features in the *continuum*. Though what is thus experienced is a part of the whole experience, the latter is felt to be an infinite expanse of consciousness or awareness in which is distinguished a definite mass of especially determined feeling.

As Cit is the infinite *plenum*, all limited being exists *in* it, and it is in all such beings as the Spirit or innermost Self and as

Maya-Shakti it is their mind and body. When the existence of anything is affirmed, the Brahman is affirmed, for the Brahman is Being itself. This pure Consciousness or Cit is the Paramatma Nirguna Shiva who is Being-Consciousness-Bliss (Sacchidananda). Consciousness is Being. Paramatma, according to Advaita Vedanta, is not a consciousness *of* being, but Being-Consciousness. Nor is it a consciousness *of* Bliss, but it *is* Bliss. All these are one in pure Consciousness. That which is the nature of Paramatma never changes, notwithstanding the creative ideation (Srishtikalpana) which is the manifestation of Shakti as Cit-Shakti and Maya-Shakti. It is this latter Shakti which, according to the Sakta Tantra, evolves. To adopt a European analogy which is yet not complete, Nishkala Paramatma is Godhead (Brahmatva), Sakala, or Saguna Atma, is God (Ishvara). Each of the three systems Samkhya, Mayavada Vedanta, and Sakta monism agrees in holding the reality of pure consciousness (Cit). The question upon which they differ is as to whether unconsciousness is a second independent reality, as Samkhya alleges; and, if not, how the admitted appearance of unconsciousness as the Forms is to be explained consistently with the unity of the Brahman.

Such then is Cit, truly known as it is in Itself only in completed Yoga or Moksha; known only through Its manifestations in our ordinary experience, just as to use the simile of the Kaivalya Kalika Tantra, we realize the presence of Rahu or Bhucchaya (the Eclipse) by his actions on the sun and moon. The Eclipse is seen but not the cause of it. Cit-Shakti is a name for the same changeless Cit when associated in creation with its operating Maya-Shakti. The Supreme Cit is called Parasamvit in the scheme of the Thirty-six Tattvas which is adopted by both the Shaiva and Shakta Agamas.

According to Shamkara, the Supreme Brahman is defined as pure Jñana without the slightest trace of either actual or potential objectivity. The Advaita Shaiva-Shaktas regard this matter differently in accordance with an essential principle of the Agamic School with which I now deal.

All occultism whether of East or West posits the principle that there is nothing in any one state or plane which is not in some other way, actual or potential, in another state or plane. The Western Hermetic maxim runs "As above, so below". This is not always understood. The saying does not mean that what exists in one plane exists *in that form* in another plane. Obviously if it did the planes would be the same and not different. If Ishvara thought and felt and saw objects, in the human way, and if he was loving and wrathful, just as men are, He, would not be Ishvara but Jiva. The saying cited means that a thing which exists on one plane exists on all other planes, according either to the form of each plane, if it be an intermediate causal body (Karanavantarasharira) or ultimately as the mere potentiality of becoming which exists in Atma in its aspect as Shakti. The Hermetic maxim is given in another form in the Visvasara Tantra: "What is here is elsewhere. What is not here is nowhere" (*Yadihasti tad anyatra. Yannehasti na tat kvacit*). Similarly the northern Shaiva Shastra says that what appears *without* only so appears *because* it exists *within*. One can only take out of a receptacle what is first assumed to be within it. What is in us must in some form be in our cause. If we are living, though finite forms, it is because that cause is infinite Being. If we have knowledge, though limited, it is because our essential substance is Cit the Illuminator. If we have bliss, though united with sorrow, it is because It is Supreme Bliss. In short, our experience must exist in germ in it. This is because in the Sakta Agama, there is for the worshipper a real creation and, therefore, a real nexus

between the Brahman as cause and the world as effect. According to the transcendent method of Shamkara, there is not in the absolute sense any such nexus. The notion of creation by Brahman is as much Maya as the notion of the world created.

Applying these principles we find in our dual experience an "I" (Aham) or subject which experiences an object a "This" (Idam): that is the universe or any particular object of the collectively which composes it. Now it is said that the duality of "I" and "This" comes from the One which is in its essential nature (Svarupa) an unitary experience without such conscious distinction. For Vedanta, whether in its Mayavada or Sakta form, agrees in holding that in the Supreme there is no consciousness of objects such as exists on this plane. The Supreme does not see objects outside Itself, for it is the whole and the experience of the whole as Ishvara. It sees all that is as Itself. It is Purna or the Whole. How then, it may be asked, can a supreme, unchanging, partless, formless, Consciousness produce from Itself something which is so different from Itself, something which is changing, with parts, form and so forth. Shamkara's answer is that transcendently, it does not produce anything. The notion that it does so is Maya. What then is his Maya? This I have more fully explained in my papers on "Maya-Shakti" and on "Maya and Shakti". I will only here say that his Maya is an unexplainable (anirvacaniya) principle of unconsciousness which is not real, not unreal, and partly either; which is an eternal falsity (Mithyabhuta sanatani), which, though not Brahman, is inseparably associated with It in Its aspect as Ishvara; which Maya has Brahman for its support (Maya Brahmashrita); from which support it draws appearance of separate independent reality which in truth it does not possess. The Parabrahman aspect of the One is not associated with Maya.

According to the Sakta exposition of Advaitavada, Maya is not an unconscious (jada) principle but a particular Shakti of Brahman. Being Shakti, it is at base consciousness, but as Maya-Shakti it is Consciousness veiling Itself. Shakti and Shaktiman are one and the same: that is, Power and its Possessor (Shaktiman). Therefore Maya-Shakti is Shiva or Cit in that particular aspect which He assumes as the material cause (Upadanakarana) in creation. Creation is real; that is, there is a direct causal nexus between Shiva as Shakti (Cit-Shakti and Maya-Shakti) and the universe. In short Shiva as Shakti is the cause of the universe, and as Shakti, in the form of Jiva (all manifested forms, He actually evolves. Comparing these two views; -- Shamkara says that there is in absolute truth no creation and therefore there can be no question how it arose. This is because he views the problem from the transcendental (Paramarthika) standpoint of self-realization or Siddhi. The Sakta Shastra, on the other hand, being a practical Sadhana Shastra views the matter from our, that is the Jiva, standpoint. To us the universe and ourselves are real. And Ishvara the Creator is real. Therefore there is a creation, and Shiva as Shakti creates by evolving into the Universe, and then appearing as all Jivas. This is the old Upanishadic doctrine of the spider actually evolving the web from itself, the web being its substance in that form. A flower cannot be raised from seed unless the flower was in some way already there. Therefore as there is an "Aham" and "Idam" in our experience, in some way it is in the supreme experience of Parashiva or Parasamvit. But the Idam or Universe is not there as with us; otherwise It would be Jiva. Therefore it is said that there are two principles or aspects in the Brahman, namely, that Prakasha or Cit aspect, and Vimarsha Shakti, the potential Idam, which in creation explicates into the Universe. But in the supreme experience or Amarsha, Vimarsha Shakti (which has two states) is in Its supreme form. The subtler state is in the form of

consciousness (Cidrupini); the gross state is in the form of the Universe (Vishvarupini). The former is beyond the universe (Vishvottirna). But if Vimarsha Shakti is there in the form of consciousness (Cidrupini), it is one with Cit. Therefore it is said that the Aham and Idam, without ceasing to be in the supreme experience, are in supreme Shiva in undistinguishable union as Cit and Cidrupini. This is the Nirguna state of Shivashakti. As She is then in undistinguishable union with Shiva, She is then also simple unmanifested Cit. She is then Caitanya-rupa or Cidrupini: a subtle Sanskrit expression which denotes that She is the same as Cit and yet suggests that though in a present sense She is one with Him, She is yet in a sense (with reference to Her potentiality of future manifestation) different from Him. She is Sacchidanandamayi and He is Sacchidananda. She is then the unmanifested universe in the form of undifferentiated Cit. The mutual relation, whether in manifestation or beyond it, whether as the imperfect or Ideal universe, is one of inseparable connection or inherence (Avinabhava-sambandha, Samanvaya) such as that between "I-ness" (Ahanta) and "I" (Aham), existence and that which exists (Bhava, Bhavat), an attribute and that in which it inheres (Dharma, Dharmin), sunshine and the sun and so forth. The Pañcaratras School of the Vaishnava Agama or Tantra, speaking of the Mahashakti Lakshmi says, that in Her supreme state She is undistinguishable from the "Windless Atmosphere" (Vasudeva) existing only as it were in the form of "darkness" and "emptiness" (that is of unmanifested formlessness). So the *Mahanirvana Tantra* speaks of Her "dark formlessness". In the *Kulacudamani Nigama*, Devi says (I. 16-24) -- "I, though in the form of Prakriti, rest in consciousness-bliss' (Aham prakritirupa cet cidanandaparayana). Raghava Bhatta in his commentary on the *Sharada Tilaka* (Ch. I) says, "She who is eternal existed in a subtle (that is unmanifested) state, as consciousness,

during the final dissolution" (Ya anadirupa caitanyadhyasena mahapralaye sukshma sthita). It would be simpler to say that She is then what She is (Svarupa) namely Consciousness, but in creation that consciousness veils itself. These terms "formless," "subtle," "dark," "empty," all denote the same unmanifested state in which Shakti is in undistinguishable union with Shiva, the formless consciousness. The Pañcaratras (Ahirbudhnya Samhita, Ch. IV), in manner similar to that of the other Agamas, describes the supreme state of Shakti in the dissolution of the Universe as one in which manifested Shakti "returns to the condition of Brahman" (Brahmabhavam brajate). "Owing to complete intensity of embrace" (Atisankleshat) the two all-pervading ones, Narayana and His Shakti, become as it were a single principle (Ekam tattvam iva). This return to the Brahman condition is said to take place in the same way as a conflagration, when there is no more combustible matter, returns to the latent condition of fire (Vahni-bhava). There is the same fire in both cases but in one case there is the activity of combustion and in the other there is not. It follows from this that the Supreme Brahman is not a mere knowing with out trace of objectivity. In It the Aham is the Self as Cit and the Idam is provided by Cidrupini-shakti. There is Atmarama or play of the Self with the Self in which the Self knows and enjoys the Self, not in the form of external objects, but as that aspect of consciousness whose projection all objects are. Shakti is always the object of the Self and one with it. For the object is always the Self, since there is nothing but the Self. But in the supreme experience the object is one in nature with Shiva being Caitanya-rupa; in the universe the object seems to the Jiva, the creation of and subject to Maya, to be different from the Self as mind and matter.

The next point is the nature of creation or rather emanation (Abhasa) for the former term is associated with dualistic notions of an extra-Cosmic God, who produces a world which is as separate from Himself as is the pot from the potter. According to this doctrine there is an Evolution of Consciousness or Cit-Shakti (associated with Maya-Shakti) into certain forms. This is not to say that the Brahman is wholly transformed into its emanations, that is exhausted by them. The Brahman is infinite and can never, therefore, be wholly held in this sense in any form, or in the universe as a whole. It always transcends the universe. Therefore when Consciousness evolves, it nevertheless does not cease to be what it was, is, and will be. The Supreme Cit becomes as Shakti the universe but still remains supreme Cit. In the same way every stage of the emanation-process prior to the real evolution (Parinama of Prakriti) remains what it is, whilst giving birth to a new Evolution. In Parinama or Evolution as known to us on this plane, when one thing is evolved into another, it ceases to be what it was. Thus when milk is changed into curd, it ceases to be milk. The Evolution from Shiva-Shakti of the Pure Tattvas is not of this kind. It is an Abhasa or "shining forth," adopting the simile of the sun which shines without (it was supposed) change in, or diminution of, its light. This unaffectedness in spite of its being the material cause is called in the Pañcaratras by the term Virya, a condition which, the Vaishnava Lakshmi Tantra says, is not found in the world "where milk quickly loses its nature when curds appear." It is a process in which one flame springs from another flame. Hence it is called "Flame to Flame". There is a second Flame but the first from which it comes is unexhausted and still there. The cause remains what it was and yet appears differently in the effect. God is never "emptied" as it is said wholly into the world. Brahman is ever changeless in one aspect; in another It changes, such change being as it were a mere point of stress in the infinite

Ether of Cit. This Abhasa, therefore, is a form of Vivartta, distinguishable however from the Vivartta of Mayavada, because in the Agama, whether Vaishnava, or Shakta, the effect is regarded as real, whereas according to Shamkara, it is only empirically so. Hence the latter system is called Satkaranavada or the doctrine of the reality of the original source or basis of things, and not also of the apparent effects of the cause. This Abhasa has been called Sadrisha Parinama (See *Introduction to Principles of Tantra*, Part II), a term borrowed from the Samkhya but which is not altogether appropriate. In the latter Philosophy, the term is used in connection with the state of the Gunas of Prakriti in dissolution when nothing is produced. Here on the contrary we are dealing with creation and an evolving Power-Consciousness. It is only appropriate to this extent that, as in Shadrisa Parinama there is no real evolution or objectivity, so also there is none in the evolution of the Tattvas until Maya intervenes and Prakriti really evolves the objective universe.

This being the nature of the Supreme Shiva and of the evolution of consciousness, this doctrine assumes, with all others, a transcendent and a creative or immanent aspect of Brahman. The first is Nishkala Shiva; the second Sakala Shiva; or Nirguna Saguna; Parama, Apra (in Shamkara's parlance); Paramatma, Ishvara; and Paramabrahman, Shabdabrahman. From the second or changing aspect the universe is born. Birth means 'manifestation'. Manifestation to what? The answer is to consciousness. But there is nothing but Cit. Creation is then the evolution whereby the changeless Cit through the power of its Maya-Shakti appears to Itself in the form of limited objects. All is Shiva whether as subject or object.

This evolution of consciousness is described in the scheme of the Thirty-six Tattvas.

Shamkara and Samkhya speak of the 24 Tattvas from Prakriti to Prithivi. Both Shaivas and Shaktas speak of the Thirty-six Tattvas, showing, by the extra number of Tattvas, how Purusha and Prakriti themselves originated. The northern or Advaita Shaiva Agama and the Sakta Agama are allied, though all Shaiva Scriptures adopt the same Tattvas. In all the Agamas whether Vaishnava, Shaiva, or Shakta, there are points of doctrine which are the same or similar. The Vaishnava Pañcaratras, however, moves in a different sphere of thought. It speaks in lieu of the Abhasa here described of four Vyuhā or forms of Narayana, viz., Vasudeva, Samkarshana, Pradyumna and Aniruddha. The Thirty-six Tattvas are the 24 from Prithivi to Prakriti together with (proceeding upwards) Purusha, Maya and the five Kañcukas (Kala, Kala, Niyati, Vidya, Raga), Shuddhavidya (or Sad-vidya), Shakti, Shiva. These are divided into three groups named Shiva Tattva, Vidya Tattva, Atma Tattva, and Shuddha, Shuddhashuddha, Ashuddha Tattvas. The Shuddha or Pure Tattvas are all the Tattvas from *Shiva-Shakti* Tattvas to and including Sadvidya Tattva. The Pure-Impure or Mixed (Shuddha-ashuddha) Tattvas are those between the first and third group which are the Impure Tattvas (Ashuddha Tattva) of the world of duality, namely, the 24 Tattvas from Prakriti to Prithivi. The other group of three is as follows: Shiva Tattva includes Shiva Tattva and Shakti Tattva, Vidya Tattva includes all Tattvas from Sadashiva to Sadvidya, and Atma Tattva includes all Tattvas from Maya and the Kañcukas to Prithivi. The particular description here of the 36 Tattvas, held by both Shaivas and Shaktas, is taken from the northern Shaiva Kashmir philosophical school, itself based on the older Agamas such as Malinivijaya Tantra and others.

It is common doctrine of Advaitavada that the One is of dual aspect; the first static (Shiva) and the other kinetic (Shakti). This doctrine of aspects is a device whereby it is sought to

reconcile the fact that there is changelessness and change. Philosophically it is an evasion of the problem and not a solution. The solution is to be found in revelation (Veda) and in direct Spiritual Experience (Samadhi). These states vary in different men and in different races and creeds. But in support of Advaitavada, reliance may be placed on the fact that Samadhi or ecstasy, in all parts of the world and in all faiths, *tends* towards some kind of unity, more or less complete. All seek union with God. But the dispute is as to the nature of that union. Pure Advaitavada is complete identity. The scheme now outlined shows how that unitary experience, without ceasing to be what it is, assumes limited forms.

[The reader is referred to the Diagram on the following page]

Parasamvit shown on top of the Diagram is Nishkala Shiva or the changeless Brahman aspect; and Shiva-Shakti below is the aspect of the supreme Brahman from which change comes and which appears as its products or changing forms. Both are Shiva-Shakti. When, however, Shiva is kinetic, He is called Shakti. Regarding the matter from the Shakti aspect both are Shakti. Neither ever exists without the other, though Shakti is in one aspect Cidrupini, and in the other in the form of the Universe (Vishvarupini). In themselves and throughout they are one. The divergence takes place in consciousness, after it has been subjected to the operation of Maya, the effect of which is to polarize consciousness into an apparently separate "I" and "This". Parasamvit is not accounted a Tattva, for It is beyond all Tattvas (Tattvatita). Shiva Tattva and Shakti Tattva are counted separately, though Shakti Tattva is merely the negative aspect of Shiva Tattva. Shiva Tattva and Shakti Tattva are not produced. They thus are, even in dissolution. They are Saguna-

Brahman; and Parasamvit is the Nirguna-Brahman. The first evolved Tattva is Sadashiva of Sadakhya Tattva of which the meaning is Sat akhya yatah, or that state in which there is the first notion of Being; for here is the first incipency of the world-experience as the notion "I am this" which ultimately becomes a separate "I" and "This". In my *Garland of Letters* I have with more technical detail described the evolution of Jiva-consciousness. Here I will only shortly summarize the process.

As already stated, the Aham and Idam exist in an unitary state which is indescribable in Parasamvit. Shakti Tattva is called negative because negation is the function of Shakti (Nishedha-vyapara-rupa Shaktih). Negation of what P The answer is negation of consciousness. The universe is thus a product of negation. Where there is pure experience there is no manifested universe. Shakti negates the pure experience or consciousness to the extent, that it appears to itself limited. Shakti disengages the unified elements (Aham and Idam) which are latent in the Supreme Experience as an undistinguishable unity. How? The answer is one of great subtlety.

Of the Shiva-Shakti Tattvas, Shiva represents the Prakasha and Shakti the Vimarsha aspect, which contains potentially within it, the seed of the Universe to be. The result is that the Prakasha aspect is left standing alone. The Shiva Tattva is Prakasha-matra, that is, to use the imagery of our plane, an "I" without a "This". This is a state in which the unitary consciousness is broken up to this extent, that it is no longer a Perfect Experience in which the Aham and Idam exist in undistinguishable union, but there is one Supreme Aham Consciousness only, which is the root of all limited

subjectivity To this Aham or Shiva Tattva, Shakti gradually unveils Herself as the Idam or Vimarsha aspect of consciousness. The result is that from Shiva and Shakti (in which the latter takes the playful part) there is evolved the first produced consciousness called Sadakhya Tattva. There is then an Aham and Idam aspect of experience. But that experience is not like the Jiva's, which arises at a later stage after the intervention of Maya-Shakti. In the Jiva consciousness (Jivatma) the object (Idam) is seen as something outside and different from itself. In Sadakhya Tattva and all the subsequent pure Tattvas, that is Ishvara Tattva and Shuddhavidya Tattva, the "This" is experienced as part of the Self and not as separate from it. There is (as will appear from the Diagram) no outer and inner. The circle which represents the one Consciousness is divided into "I" and "This" which are yet parts of the same figure. The "This" is at first only by degree and hazily (Dhyamala prayam) presented to the Aham like a picture just forming itself (Unmilitamatra-citrakalpam). For this reason it is said that there is emphasis on the Aham which is indicated in the Diagram by the arrow-head. This is called the "Nimesha" or "closing of the eyes" of Shakti. It is so called because it is the last stage in dissolution before all effects are withdrawn into their first cause. Being the last stage in dissolution it is the first in creation. Then the Idam side becomes clear in the next evolved Ishvara Tattva in which the emphasis is therefore said to be on the "This" which the Aham subjectifies. This is the "Unmesha" or "opening of the eyes" state of Shakti; for this is the state of consciousness when it is first fully equipped to create and does so. The result again of this is the evolved consciousness called Shuddhavidya Tattva in which the emphasis is equal on the "I" and "This". Consciousness is now in the state in which the two halves of experience are ready to be broken up and experienced separately. It is at this state that Maya-Shakti intervenes and

does so through its power and the Kañcukas which are forms of it. Maya-Shakti is thus defined as the sense of difference (Bhedabuddhi); that is the power by which things are seen as different from the Self in the dual manifested world. The Kañcukas which are evolved from, and are particular forms of, the operation of Maya are limitations of the natural perfections of the Supreme Consciousness. These are Kala which produces division (Pariccheda) in the partless and unlimited; Niyati which affects independence (Svatantrata); Raga which produces interest in, and then attachment to, objects in that which wanted nothing (Purna); Vidya which makes the Purusha a "little knower" in lieu of being all-knower (Sarva-jñata) and Kala which makes Purusha a "little doer," whereas the Supreme was in its Kartrtva or power action of almighty. The result of Maya and its offshoots which are the Kañcukas is the production of the Purusha and Prakriti Tattvas. At this stage the Aham and Idam are completely severed. Each consciousness regards itself as a separate 'I' looking upon the "This" whether its own body or that of others as outside its consciousness. Each Purusha (and they are numberless) is mutually exclusive the one of the other. Prakriti is the collectivity of all Shaktis in contracted (Sankucadrupa) undifferentiated form. She is Feeling in the form of the undifferentiated mass of Buddhi and the rest and of the three Gunas in equilibrium. The Purusha or Self experiences Her as object. Then on the disturbance of the Gunas in Prakriti the latter evolves the Vikritis of mind and matter. The Purusha at this stage has experience of the multiple world of the twenty-four impure Tattvas.

Thus from the supreme "I" (Parahanta) which is the creative Shiva-Shakti aspect of Parasamvit which changelessly endures as Sacchidananda, Consciousness experiences Itself as object (Sadakhya, Ishvara, Sadvidya Tattvas) and then

through Maya and the limitations or contractions which are the Kañcukas or Samkocas it loses the knowledge that it is itself its own object. It sees the separate "other"; and the one Consciousness becomes the limited experiencers which are the multiple selves and their objects of the dual universe. Shakti who in Herself (Svarupa) is Feeling-Consciousness (Cidrupini) becomes more and more gross until physical energy assumes the form and becomes embedded in the "crust" of matter vitalized by Herself as the Life-Principle of all things. Throughout all forms it is the same Shakti who works and appears as Cit-Shakti and Maya-Shakti, the Spirit and Matter aspect of the Power of the Self-Illumining Pure Super-Consciousness or Cit.

# Chapter Fifteen

## Maya-Shakti (The Psycho-Physical Aspect of the Universe)

Spirit, Mind and Matter are ultimately one, the two latter being the twin aspects of the Fundamental Substance or Brahman and Its Power or Shakti. Spirit is the substance of mind-matter, the Reality (in the sense of the lasting changelessness) out of which, by Its Power, all Appearance is fashioned not by the individual mind and senses but by the cosmic mind and senses of which they are but a part. What It creates It perceives. In the last chapter I dealt with the Spirit or Consciousness (Cit) aspect: in this I consider the mind-matter aspect in which Consciousness veils itself in apparent unconsciousness. These twin principles are called Purusha, Brahman, Shiva on the one hand and Prakriti, Maya, and Maya-Shakti on the other by the Samkhya Mayavada Vedanta and Shaktivada of the Shakta Agama respectively. The latter Shastra, however, alone treats them as aspects of the one Substance in the manner here described and thus most aptly in this respect accommodates itself to the doctrine of Western scientific monism. So, Professor Haeckel points out in conformity with Shakta Advaitavada that Spirit and Matter are not two distinct entities but two forms or aspects of one single Entity or fundamental Substance. According to him, the One Entity with dual aspect is the sole Reality which presents itself to view as the infinitely varied and wondrous picture of the universe. Whatever be the case transcendently in what the Buddhist Tantra aptly calls "The Void" (Shunyata. In Tibetan sTongpa-nyid) which is not "nothing" as some have supposed, but That which is like nothing known to us; the ultimate formless (Arupa) Reality as contrasted with appearance (sNang-va-dang) or form (Rupa) of which the Prajñāparamita-hridaya-garbha says only "neti neti" can be

affirmed,-- in this universe immaterial Spirit is just as unthinkable as spiritless matter. The two are inseparately combined in every atom which, itself and its forces, possess the elements of vitality, growth and intelligence in all their developments. In the four Atmas which are contemplated in the Citkunda in the Muladhara Cakra, Atma pranarupi represents the vital aspect, Jñanatma the Intelligence aspect, and Antaratma is that spark of the Paramatma which inheres in all bodies, and which when spread (Vyapta) appears as the Bhuta or five forms of sensible matter which go to the making of the gross body. These are all aspects of the one Paramatma (*Jñanarnava Tantra*, Ch. XXI, Vv. 1 -- 9).

The Vedanta recognizes four states of experience, Jagrat, Svapna, Sushupti and Turiya. These, as my friend Professor Pramathanatha Mukhyopadhyaya has, in his radical clear-thinking way, pointed out, may be regarded from two standpoints. We may, with Shamkara, from the standpoint of Siddhi alone, regard the last only, that is transcendental or pure experience (Nirvishesha-jñāna), as the real Fact or Experience: or we may, with the Shakta Agama, looking at the matter from the standpoint of both Sadhana (that is practical experience) and Siddhi (or transcendental experience), regard not only the supreme experience as alone real, but the whole of experience without any reservation whatever -- the whole concrete Fact of Being and Becoming -- and call it the Real. This is the view of the Shaiva-Shakta who says that the world is Shiva's Experience and Shiva's Experience can never be unreal. The question turns upon the definition of "Real". Shamkara's conception of that term is that, That to which it is applied must be absolutely changeless in all the "three times". It is That which absolutely continues through and underlies all the changes of experience; being that which is given in all the four states, Jagrat and the rest. It is That which can never

be contradicted (Vadhita) in all the three tenses of time and the four states of Experience. This is the Ether of Consciousness (Cidakasha) and none of Its modes. Our ordinary experience, it is claimed, as well as Supreme non-polar Nirvikalpa Samadhi proves this unchanging aspect of the ultimate Substance, as the changeless principle of all our modes of changing experience, which according to this definition are unreal. Thus Shamkara's Real = Being = Sat-Cit-Ananda: Unreal = Becoming = Vivartta = Jagat-Prapañca or universe. According to this view, there are three levels or planes of being (Satta), namely transcendental (Paramarthika), empirical (Vyavaharika) and illusory (Pratibhasika). The Real (Satya) is that which is given in all the three planes (Paramarthika Satya): the empirical (Vyavaharika Satya) is that which is given in the second and third planes but not in the first. It is worldly or dual experience, and not undual experience of Samadhi or Videha-Mukti which latter, however, underlies all states of experience, being the Ether of Consciousness Itself. The last (Pratibhasika Satya) is given or obtains only in the last plane, being only such reality as can be attributed to illusion such as "the rope-snake". A higher plane contradicts a lower: the third is contradicted by the second, the second by the first, and the first by nothing at all. Thus there is a process of gradual elimination from changing to changeless consciousness. Real change or Parinama is said by the Vedanta Paribhasha to exist when the effect or phenomenon and its ground (Upadana or material cause) belong to the same level or plane of existence; as in the case of clay and pot, milk and curd, which both belong to the Vyavaharika plane; milk being the Upadana and curd the effect or change appertaining it (Parinamo hi upadana-sama-sattaka-karya pattih). When, however, the effect's level of existence is different from (Vishama) and therefore cannot be equaled to that of its material cause or Upadana; when, for instance,

one belongs to the Vyavaharika experience and the other to the Pratibhasika, there is Nivartta (Vivartto hi upadana-vishama-sattaka-karyapattih). Thus, in the case of the "rope-snake," the Satta of the rope is Vyavaharika, whilst that of the Rajju-sarpa is only Pratibhasika. For the same reason, the rope, and the whole Jagat-prapañca (universe) for the matter of that, is a Vivartta in relation to the Supreme Experience of pure Cit. On its own plane or level of Satta, every phenomenon may be a Parinama, but in relation to a higher level by which it becomes Vadhita, it is only a Vivartta.

The Shakta Agama differs in its presentment as follows. The Fact or Concrete Experience presents two aspects -- what professor Mukhyopadhyaya has aptly called in his work the "Patent Wonder" -- the Ether and the Stress -- the quiescent background of Cit and the sprouting and evolving Shakti. Agama takes this whole (Shiva-Shakti) embracing all the aspects as its real. If one aspect be taken apart from the others, we are landed in the unreal. Therefore, in the Shakta Agama, all is real; whether the transcendent real of Shamkara (Turiya), or the empirical real waking (Jagrat, dreaming (Svapna) or dreamless sleep (Sushupti). If it is conceded that Real = Changelessness, then the last three states are not real. But this definition of Reality is not adopted. It is again conceded that the Supreme Substance (Paravastu) is alone real, in the sense of changeless, for the worlds come and go. But the Agama says with the Samkhya, that a thing is not unreal because it changes. The Substance has two aspects, in one of which It is changeless, and in the other of which It changes. It is the same Substance in both its Prakasha and Vimarsha aspects. Shamkara limits Reality to the Prakasha aspect alone. Agama extends it to both Prakasha and Vimarsha; for these are aspects of the one. As explained later, this divergence of views turns upon the

definition of Maya given by Shamkara, and of Maya-Shakti given by the Agama. The Maya of Shamkara is a mysterious Shakti of Ishvara, by which Vivartta is sought to be explained and which has two manifestations, *viz.*, Veiling (Avarana) and moving, changing and projecting (Vikshepa) power. Ishvara is Brahman reflected in Maya; a mystery which is separate, and yet not separate, from Brahman in Its Ishvara aspect. The Shakta Maya-Shakti is an aspect of Shiva or Brahman Itself.

Starting from these premises we must assume a real nexus between the universe and its ultimate cause. The creation is real, and not Maya in Shamkara's sense of Maya, but is the operation of and is Shakti Herself. The cause being thus real, the effect or universe is real though it changes and passes away. Even when it is dissolved, it is merged in Shakti who is real; withdrawn into Her as the Samkhyan tortoise or Prakriti withdraws its limbs (Vikriti) into itself. The universe either *is* as unmanifested Shakti, which is the perfect formless universe of Bliss, or *exists* as manifested Shakti, the limited and imperfect worlds of form. The assumption of such nexus necessarily involves that what is in the effect is in the cause potentially. Of course, the follower of Shamkara will say that if creation is the becoming patent or actual of what is latent or potential in Shiva, then Shiva is not really Nishkala. A truly Nirañjana Brahman cannot admit potential differentiation within Itself (Svagata-bheda.) Again, potentiality is unmeaning in relation to the absolute and infinite Being, for it pertains to relation and finite existence. If it is suggested that Brahman passes from one condition in which Maya lies as a seed in it, to another in which Maya manifests Herself, we are involved in the doctrine of an Absolute in the making. It is illogical to affirm that whilst Brahman in one aspect does not change, It in another aspect, that is as Shakti, does truly change. All such objections have alogical foundation and it is

for this reason that Shamkara says that all change (Srishti, Sthiti, Laya) are only apparent, being but a Kalpana or imagination.

But an answer is given to these objections. The Shakta will say that the one Brahman Shiva has two aspects in one of which, as Shakti, It changes and in the other of which, as Shiva, It does not. Reality is constituted of both these aspects. It is true that the doctrine of aspects does not solve the problem. Creation is ultimately inscrutable. It is, however, he urges, better to hold both the reality of the Brahman and the world leaving spiritual experience to synthesize them, than to neglect one at the cost of the other. For this, it is argued, is what Shamkara does. His solution is obtained at the cost of a denial of true reality to the world which all our worldly experience affirms; and this solution is supported by the illogical statement that Maya is not real and is yet not unreal, not partly real and partly unreal. This also, flies in the face of the logical principle of contradiction. Both theories, therefore, it may be said in different ways, run counter to logic. All theories ultimately do. The matter is admittedly alogical, that is beyond logic, for it is beyond the mind and its logical forms of thinking. Practically, therefore, it is said to be better to base our theory on our experience of the reality of the world, frankly leaving it to spiritual experience to solve a problem for which all logic, owing to the very constitution of the mind, fails. The ultimate proof of authority is Spiritual Experience either recorded in Veda or realized in Samadhi.

As I have already said in my chapter on the spirit-aspect of the One Substance, all occultism, whether of East or West, posits the principle that there is nothing in any one state or plane which is not in some way, actual or potential, in another state or plane. The Western Hermetic maxim, "as

above so below," is stated in the Visvasara Tantra in the form, "what is here is there. What is not here is nowhere" (*Yad ihasti tad anyatra yan nehasti na tat kvacit*); and in the northern Shaiva Scripture in the form, "that which appears *without* only so appears *because* it exists *within*", "*Vartamanava-bhasanam bhavanam avabhasanam antahsthitavatam eva ghatate bahiratmana*". For these reasons man is rightly called a microcosm (Kshudrabrahmanda; *hominem quasi minorem quendam mundum*. Firm. Maternus Math. III init.) So Caraka says that the course of production, growth, decay and destruction of the universe and of man are the same. But these statements do not mean that what exists on one plane exists in that form or way on another plane. It is obvious that if it did, the planes would be the same and not different. It means that the same thing exists on one plane and on all other levels of being or planes, according either to the form of that plane, if it be what is called an intermediate causal body (Karanavantara-sharira) or ultimately as mere formless potentiality. According to Shamkara all such argument is itself Maya. And it may be so to those who have realized true consciousness (Citsvarupa) which is beyond all causality. The Tantra Shastra is, however, a practical and Sadhana Shastra. It takes the world to be real and then applies, so far as it may, to the question of its origin, the logic of the mind which forms a part of it. It says that it is true that there is a Supreme or Perfect Experience which is beyond all worlds (Shakti Vishvottirna), but there is also a worldly or (relatively to the Supreme) imperfect (in the sense of limited) and partly sorrowful experience. Because the one exists, it does not follow that the other does not: though mere logic cannot construct an unassailable monism. It is the one Shiva who is Bliss itself, and who is in the form of the world (Vishvatmaka) which is Happiness-Unhappiness. Shiva is both changeless as Shiva and changeful as Shakti. How the

One can be both is a mystery. To say, however, with Shamkara that it is Maya, and in truth Brahman does not change, is not to explain, in an ultimate sense, the problem but to eliminate some other possible cause and to give to what remains a name. Maya by itself does not explain the ultimate. What can? It is only a term which is given to the wondrous power of the Creatrix by which what seems impossible to us becomes possible to Her. This is recognized as it must be, by Shamkara who says that Maya is unexplainable (Anirvacaniya) as of course it is. To "explain" the Creator, one would have to be Creator Himself and then in such case there would be no need of any explanation. Looking, however, at the matter from our own practical standpoint, which is that which concerns us, we are drawn by the fore-going considerations to the conclusion that, what we call "matter," is, in some form, in the cause which according to the doctrine here described, produces it. But matter as experienced by us is not there; for the Supreme is Spirit only. And yet in some sense it is there, or it would not be here at all. It is there as the Supreme Shakti which is Being-Consciousness-Bliss (Cidrupini, Anandamayi) who contains within Herself the potentiality of all worlds to be projected by Her Shakti. It *is* there as unmanifested Consciousness Power (Cidrupini Shakti). It here *exists* as the mixed conscious-unconsciousness (in the sense of the limited consciousness) of the psychical and material universe. If the ultimate Reality be one, there is thus one Almighty Substance which is both Spirit (Shiva-Shakti Svarupa) and force-mind-matter (Shiva-Shakti-Vishvatmaka). Spirit and Mind-Matter are thus in the end one.

This ultimate Supreme Substance (Paravastu) is Power or Shakti, which is again, of dual aspect as Cit-Shakti which represents the spiritual, and Maya-Shakti which represents the material and mental aspects. The two, however, exist in

inseparable connection (Avinabhava-sambandha); as inseparable to use a simile of the Shastra as the winds of heaven from the Ether in which they blow. Shakti, who is in Herself (Svarupa) Consciousness, appears as the Life-force, as subtle Mind, and as gross Matter. See sections in my *World as Power* dealing in detail with Life (Prana-Shakti), Mind (Manasi-Shakti) and Matter (Bhuta-Shakti). As all is Shakti and as Shakti-svarupa is Being-Consciousness-Bliss, there is, and can be, nothing absolutely unconscious. For Shakti-svarupa is unchanging Being-Consciousness beyond all worlds (Cidrupini Vishvottirna), the unchanging principle of experience in such worlds; and appears as the limited psychical universe and as the apparently unconscious material forms which are the content of man's Experience (Vishvatmika). The whole universe is Shakti under various forms. Therefore it is seen as commingled Spirit-Mind-Matter.

According to Shaiva-Shakta doctrine, Shiva and Shakti are one. Shiva represents the static aspect of the Supreme substance, and Shakti its kinetic aspect: the term being derived from the root "Sak" which denotes capacity of action or power. According to Shamkara, Brahman has two aspects, in one of which as Ishvara, it is associated with Maya and seems to change, and in the other dissociated from Maya (Parabrahman). In the Agama, the one Shiva is both the changeless Parashiva and Parashakti and really changing Shiva-Shakti or universe. As Shiva is one with Himself, He is never associated with anything but Himself. As, however, the Supreme He is undisplayed (Shiva-Shakti Svarupa) and as Shiva-Shakti He is manifest in the form of the universe of mind and matter (Vishvarupa).

Before the manifestation of the universe there was Mahasatta or Grand-being. Then also there was Shiva-

Shakti, for there is no time when Shakti is not; though She is sometimes manifest and sometimes not. Power is Power both to Be and to Become. But then Shakti is not manifest and is in its own true nature (Svarupa); that is, Being, Feeling-Consciousness-Bliss (Cinmayi, Anandamayi). As Shiva is consciousness (Cit) and Bliss or Love (Ananda), She is then simply Bliss and Love. Then when moved to create, the Great Power or *Megale Dunamis* of the Gnostics issues from the depths of Being and becomes Mind and Matter whilst remaining what She ever was: the Being (Sat) which is the foundation of manifested life and the Spirit which sustains and enlightens it. This primal Power (Adya Shakti), as object of worship, is the Great Mother (Magna-Mater) of all natural things (Natura Naturans) and nature itself (Natura Naturata). In herself (Svarupa) She is not a person in man's sense of the term, but She is ever and incessantly *personalizing*; assuming the multiple masks (Persona) which are the varied forms of mind-matter. As therefore manifest, She is all Personalities and as the collectivity thereof the Supreme Person (Parahanta). But in Her own ground from which, clad in form, She emerges and personalizes, She is beyond all form, and therefore beyond all personality known to us. She works in and as all things; now greatly veiling Her consciousness-bliss in gross matter, now by gradual stages more fully revealing Herself in the forms of the one universal Life which She is.

Let us now first examine Her most gross manifestation, that is, sensible matter (Bhuta), then Her more subtle aspect as the Life-force and Mind, and lastly Her Supreme Shakti aspect as Consciousness. I here deal with the subject in a general way having treated of it in greater detail in the book just now cited (*World as Power*).

The physical human body is composed of certain compounds of which the chief are water, gelatin, fat, phosphate of lime, albumen and fibrin, and, of these, water constitutes some two-thirds of the total weight. These compounds, again, are composed of simpler non-metallic elements of which the chief are oxygen (to the extent of about two-thirds), hydrogen, carbon, nitrogen, calcium and phosphorus. So about two-thirds of the body is water and this is  $H_2O$ . Substantially then our gross body is water. But when we get to these simpler elements, have we got to the root of the matter P No. It was formerly thought that matter was composed of certain elements beyond which it was not possible to go, and that these elements and their atoms were indestructible. These notions have been reversed by modern science. Though the alleged indestructibility of the elements and their atoms is still said by some to present the character of a "practical truth," well-known recent discoveries and experiments go to re-establish the ancient doctrine of a single primordial substance to which these various forms of matter may be reduced, with the resultant of the possible and hitherto derided transmutation of one element into another; since each is but one of the many plural manifestations of the same underlying unity. The so-called elements are varied forms of this one substance which themselves combine to form the various compounds. The variety of our experience is due to permutation and combination of the atoms of the matter into which the primordial energy materializes. We thus find that owing to the variety of atomic combinations of H N O C there are differences in the compounds. It is curious to note in passing how apparently slight variations in the quantity and distribution of the atoms produce very varying substances. Thus gluten which is a nutrient food, and quinine and strychnine which are in varying degree poisons, are each compounds of C H N O. Strychnine, a powerful poison, is

$C_{21}H_{22}N_2O_2$  and quinine is  $C_{20}H_{24}N_2O_2$ . N and O are the same in both and there is a difference of one part only of C and 2 of H. But neither these compounds nor the so-called elements of which they are composed are permanent things. Scientific matter is now found to be only a relatively stable form of cosmic energy. All matter dissociates and passes into the energy of which it is a materialized form and again it issues from it.

Modern Western Science and Philosophy have thus removed many difficulties which were formerly thought to be objections to the ancient Indian doctrine on the subject here dealt with. It has, in the first place, dispelled the gross notions which were hitherto generally entertained as to the nature of "matter." According to the notions of quite recent science, "matter" was defined to be that which has mass, weight and inertia. It must be now admitted that the two latter qualities no longer stand the test of examination, since, putting aside our ignorance as to the nature of weight, this quality varies, if we conceive matter to be placed under conditions which admittedly affect it; and the belief in inertia is due to superficial observation, it being now generally conceded that the final elements of matter are in a state of spontaneous and perpetual motion. In fact, the most general phenomenon of the universe is vibration, to which the human body as all else is subject. Various vibrations affect differently each organ of sensation. When of certain quality and number, they denote to the skin the degree of external temperature; others incite the eye to see different colors; others again enable the ear to hear defined sounds. Moreover "inertia", which is alleged to be a distinguishing quality of "matter," is said to be the possession of electricity, which is considered not to be "material". What, then, is that to which we attribute "mass" P In the first place, it is now admitted that "matter," even with the addition of all possible

forces, is insufficient to explain many phenomena, such as those of light; and it has, accordingly, come to be for some an article of scientific *faith* that there is a substance called "Ether": a medium which, filling the universe, transports by its vibrations the radiations of light, heat, electricity, and perhaps action from a distance, such as the attraction exercised between heavenly bodies. It is said, however, that this Ether is not "matter," but differs profoundly from it, and that it is only our infirmity of knowledge which obliges us, in our attempted descriptions of it, to borrow comparisons from "matter," in its ordinary physical sense, which alone is known by our senses. But if we assume the existence of Ether, we know that "material" bodies immersed in it can change their places therein. In fact, to use an Indian expression, the characteristic property of the vibrations of the Akasha Tattva is to make the space in which the other Tattvas and their derivatives exist. With "Matter" and Ether as their materials, Western purely "scientific" theories have sought to construct the world. The scientific atom which Du Bois Raymond described as an exceedingly useful fiction -- "ausserst nutzliche fiction" -- is no longer considered the ultimate indestructible element, but is held to be, in fact, a kind of miniature solar system, formed by a central group or nucleus charged with positive electricity, around which very much smaller elements, called electrons or corpuscles, charged with negative electricity, gravitate in closed orbits. These vibrate in the etheric medium in which they and the positively charged nucleus exist, constituting by their energy, and not by their mass, the unity of the atom. But what, again, is the constitution of this "nucleus" and the electrons revolving around it? There is no scientific certainty that any part of either is due to the presence of "matter". On the contrary, if a hypothetical corpuscle consisting solely of an electric charge without material mass is made the subject of mathematical analysis, the logical inference is that the

electron is free of "matter", and is merely an electric charge moving in the Ether; and though the extent of our knowledge regarding the positive nucleus which constitutes the remainder of the atom is small, an eminent mathematician and physicist has expressed the opinion that, if there is no "matter" in the negative charges, the positive charges must also be free from it. Thus, in the words of the author upon whose lucid analysis I have drawn, (Houllevigue's *Evolution of Science*) the atom has been *dematerialized*, if one may say so, and with it the molecules and the entire universe. "Matter" (in the scientific sense) *disappears*, and we and all that surround us are physically, according to these views, mere disturbed regions of the ether determined by moving electric charges -- a logical if impressive conclusion, because it is by increasing their knowledge of "matter" that physicists have been led to doubt its reality. But the question, as he points out, does not remain there. For if the speculations of Helmholtz be adopted, there is nothing absurd in imaging that two possible directions of rotation of a vortex formed within, and consisting of, ether correspond to the positive and negative electric charges said to be attached to the final elements of matter. If that be so, then the trinity of matter, ether, and electricity, out of which science has hitherto attempted to construct the world, is reduced to a single element, the ether (which is not scientific "matter") in a state of motion, and which is the basis of the physical universe. The old duality of force and matter disappears, these being held to be differing forms of the same thing. Matter is a relatively stable form of energy into which, on disturbance of its equilibrium, it disappears; for all forms of matter dissociate. The ultimate basis is that energy called in Indian philosophy Prakriti, Maya or Shakti.

Herbert Spencer, the Philosopher of Modern Science, carries the investigation farther, holding that the universe, whether physical or psychical, whether within or without us, is a play of Force, which, in the case of Matter, we experience as object, and that the notion that the ultimate realities are the supposed atoms of matter, to the properties and combinations of which the complex universe is due, is not true. Mind, Life and Matter are each varying aspects of the one cosmic process from the First Cause. Mind as such is as much a "material" organ as the brain and outer sense organs, though they are differing forms of force.

Both mind and matter derive from what Herbert Spencer calls the Primal Energy (Adya Shakti), and Haeckel the fundamental Spirit-Matter Substance. Professor Fitz Edward Hall described the Samkhya philosophy as being "with all its folly and fanaticism little better than a chaotic impertinence". It has doubtless its weaknesses like all other systems. Wherein, however, consists its "fanaticism," I do not know. As for "impertinence," it is neither more nor less so than any other form of Western endeavor to solve the riddle of life. As regards its leading concept, "Prakriti," the Professor said that it was a notion for which the European languages were unable to supply a name; a failure, he added, which was "nowise to their discredit". The implication of this sarcastic statement is that it was not to the discredit of Western languages that they had no name for so foolish a notion. He wrote before the revolution of ideas in science to which I have referred, and with that marked antagonism to things Indian which has been and to some extent still is so common a feature of the more ordinary type of the professional orientalist.

The notion of Prakriti is not absurd. The doctrine of a Primordial Substance was held by some of the greatest

minds in the past and has support from the most modern developments of Science. Both now concur to reject what the great Sir William Jones called the "vulgar notion of material substance" (Opera I. 36). Many people were wont, as some still are, to laugh at the idea of Maya. Was not matter solid, permanent and real enough? But according to science what are we (as physical beings) at base P The answer is, infinitely tenuous formless energy which materializes into relatively stable, yet essentially transitory, forms. According to the apt expression of the Shakta Shastra, Shakti, as She creates, becomes Ghanibhuta, that is, massive or thickened; just as milk becomes curd. The process by which the subtle becomes gradually more and more gross continues until it develops into what has been called the "crust" of solid matter (Parthiva bhuta). This whilst it lasts is tangible enough. But it will not last for ever, and in some radio-active substances dissociates before our eyes. Where does it go, according to Shakta doctrine, but to that Mother-Power from whose womb it came; who exists as all forms, gross and subtle, and is the formless Consciousness Itself. The poet's inspiration led Shakespeare to say, "We are such stuff as dreams are made of." It is a wonderful saying from a Vedantic standpoint, for centuries before him Advaitavada had said, "Yes, dreams; for the Lord is Himself the Great World-dreamer slumbering in causal sleep as Ishvara, dreaming as Hiranyagarbha the universe experienced by Him as the Virat or totality of all Jivas, on waking." Scientific revision of the notion of "matter" helps the Vedantic standpoint, by dispelling gross and vulgar notions upon the subject; by establishing its impermanence in its form as scientific matter; by positing a subtler physical substance which is not ponderable matter; by destroying the old duality of Matter and Force; and by these and other conclusions leading to the acceptance of one Primal Energy or Shakti which transforms itself into that relatively stable

state which is perceived by the senses as gross "matter." As, however, science deals with matter only objectively, that is, from a dualistic standpoint, it does not (whatever hypotheses any particular scientist may maintain) resolve the essential problem which is stated in the world Maya. That problem is, "How can the apparent duality be a real unity? How can we bridge the gulf between the object and the Self which perceives it? Into whatever tenuous energy the material world is resolved, we are still left in the region of duality of Spirit, Mind and Matter. The position is not advanced beyond that taken by Samkhya. The answer to the problem stated is that Shakti which is the origin of, and is in, all things has the power to veil Itself so that whilst in truth it is only seeing itself as object, it does not, as the created Jiva, perceive this but takes things to be outside and different from the Self. For this reason Maya is called, in the Shastra, Bhedabuddhi or the sense of difference. This is the natural characteristic of man's experience.

Herbert Spencer, the Philosopher of Modern Science, carrying the investigation beyond physical matter, holds, as I have already said, that the universe, whether physical or psychical, whether as mind or matter, is a play of Force; Mind, Life and Matter being each varying aspects of the one cosmic process from the First Cause. This, again, is an Indian notion. For, the affirmation that "scientific matter" is an appearance produced by the play of Cosmic Force, and that mind is itself a product of the same play is what both Samkhya and Mayavada Vedanta hold. Both these systems teach that mind, considered in itself, is, like matter, an unconscious thing, and that both it and matter ultimately issue from the same single Principle which the former calls Prakriti and the latter Maya. Consciousness and Unconsciousness are in the universe inseparable, whatever be the degree of manifestation or veiling of Consciousness. For

the purpose of analysis, Mind in itself -- that is, considered hypothetically as dissociated from Consciousness, which, in fact, is never the case, (though Consciousness exists apart from the Mind) -- is a force-process like the physical brain. Consciousness (Cit) is not to be identified with mind (Antahkarana) which is the organ of expression of mind. Consciousness is not a mere manifestation of material mind. Consciousness must not be identified with its *mental modes*; an identification which leads to the difficulties in which western metaphysics has so often found itself. It is the ultimate Reality in which all modes whether subjective or objective exist.

The assertion that mind is in itself unconscious may seem a strange statement to a Western reader who, if he does not identify mind and consciousness, at any rate, regards the latter as an attribute or function of mind. The point, however, is of such fundamental importance for the understanding of Indian doctrine that it may be further developed.

According to the Lokayata School of Indian Materialism, mind was considered to be the result of the chemical combination of the four forms of material substance, earth, water, fire and air, in organic forms. According to the Purva-Mimamsa and the Nyaya-Vaisheshika, the Self or Atma is in itself and that is by nature (Svabhavatah), unconscious (Jada, Acidrupa): for Atma is said to be unconscious (Acetana) in dreamless sleep (Sushupti); and consciousness arises as a produced thing, by association of the Atma with the mind, senses and body. The reader is referred to Pandit Chandra Kanta Tarkalamkara's Bengali Lectures on Hindu Philosophy. At p. 105 he cites Prabhakara Mimamsaka-carya, saying that Vaisheshika-Nyaya supports the view. *Sacetanashcittayogat todyogena vina jadah.* "Atma is

conscious by union with knowledge (Jñana) which comes to it by association with mind and body. Without it, it is unconscious." Atma, according to this Darshana, is that in which (Ashraya) Jñana inheres. Kumarila Bhatta says Atma is partly Prakasha and partly Aprakasha, (luminous and non-luminous) like a fire-fly. But this is denied, as Atma is Niramsha (part-less). Knowledge thus arises from the association of mind (Manas) with Atma, the senses (Indriya) with Manas, and the senses with objects, that, is, worldly (Laukika) knowledge, which is the true -- that is, non-illusive -- apprehension of objects. Jñana in the spiritual Vedantic sense of Mayavada is Paramatma, or pure Consciousness realized. The former Jñana, in that it arises without effort on the presentation of the objects is not action (Kriya), and differs from the forms of mental action (Manasi Kriya), such as will (Iccha), contemplation and the like. *Atma manasa samyujyate, mana indriyena, indriyam arthena, tato bhavati jñanam.* Both these theories are refuted by Samkhya and Advaitavada Vedanta (as interpreted by Shamkara, to which unless otherwise stated I refer) which affirm that the very nature of Atma is Consciousness (Cit), and all else, whether mind or matter, is unconscious, though the former appears not to be so. The Jiva mind is not itself conscious, but reflects consciousness, and therefore appears to be conscious. Consciousness as such is eternal and immutable; Mind is a creation and changeable. Consciousness as such is unconditional. In the mind of the Jiva, Consciousness appears to be conditioned by that Maya-Shakti which produces mind, and of which Shakti, mind is a particular manifestation. Mind, however, is not the resultant of the operation of the Bhuta -- that is, of gross natural forces or motions -- but is, in Samhya and in Shakta monism, an evolution which is logically prior to them.

The mode of exposition in which Consciousness is treated as being in itself something apart from, though associated with, mind, is profound; because, while it recognizes the intermingling of Spirit and Matter in the embodied being (Jiva), it yet at the same time clearly distinguishes them. It thus avoids the imputation of change to Spirit (Atma). The latter is ever in Its own true nature immutable. Mind is ever changing, subject to sensations, forming ideas, making resolves, and so forth. Spirit in Itself is neither affected nor acts. Manifold change takes place, through motion and vibration in the unconscious Prakriti and Maya. Mind is one of the results of such motion, as matter is another. Each of them is a form of specific transformation of the one Principle whence unconsciousness, whether real or apparent, arises. That, however, mind *appears* to be conscious, the Mayavada Vedanta and Samkhya admit. This is called *Cidabhasa* -- that is, the appearance of something as Cit (Consciousness) which is not really Cit. This appearance of Consciousness is due to the reflection of Cit upon it. A piece of polished steel which lies in the sunshine may appear to be self-luminous, when it is merely reflecting the sun, which is the source of the light it appears to give out. Cit as such is immutable and never evolves. What do evolve are the various forms of natural forces produced by Prakriti or Maya. These two are, however, conceived as being in association in such a way that the result of such association is produced without Cit being really affected at all. The classical illustration of the mode and effect of such association is given in the Samkhyan aphorism, "Just like the jewel and the flower" -- *Kusumavacca manih* (Samkhya-Pravacana-Sutra, II, 35) -- that is, when a scarlet hibiscus flower is placed in contiguity to a crystal, the latter appears to be red, though it still in fact retains its pure transparency, as is seen when the flower is removed. On the other hand, the flower as reflected in the crystal takes on a shining, transparent aspect which its

opaque surface does not really possess. In the same way Consciousness appears to be conditioned by the force of unconsciousness in the Jiva, but is really not so. "Changeless Cit-Shakti does not move towards anything, yet seems to do so" (Samkhya-pravacana-Sutra). And, on the other hand, Mind as one of such unconscious forces takes on the semblance of Consciousness, though this is borrowed from Cit and is not its own natural quality. This association of Unconscious Force with Consciousness has a two-fold result, both obscuring and revealing. It obscures, in so far as, and so long as it is in operation, it prevents the realization of pure Consciousness (Cit). When mind is absorbed pure Consciousness shines forth. In this sense, this Power or Maya is spoken of as a Veil. In another sense, it reveals -- that is, it manifests -- the world, which does not exist except through the instrumentality of Maya which the world is. Prakriti and Maya produce both Mind and Matter; on the former of which Consciousness is reflected (Citabhasa). The human mind, then, appears to be conscious, but of its own nature and inherent quality is not so. The objective world of matter is, or appears to be, an unconscious reality. These alternatives are necessary, because, in Samkhya, unconsciousness is a reality; in Vedanta, an appearance. In the Shakta Tantra, apparent unconsciousness is an aspect (Avidya Shakti) of Conscious Shakti. Consciousness is according to Advaita Vedanta, the true existence of both, illumining the one, hidden in the other.

The internal instrument (Antahkarana) or Mind is one only, but is given different names -- Buddhi, Ahamkara, Manas -- to denote the diversity of its functions. From the second of these issue the senses (Indriya) and their objects, the sensibles (Mahabhuta), or gross matter with the super-sensibles (Tanmatra) as its intermediate cause. All these proceed from Prakriti and Maya.

Therefore, according to these systems, Consciousness is Cit, and Mind or Antahkarana is a transformation of Prakriti and Maya respectively. In itself, Mind is an unconscious specialized organ developed out of the Primordial Energy, Mulaprakriti or Maya. It is thus, not in itself, consciousness but a special manifestation of conscious existence, borrowing its consciousness from the Cit which is reflected on it. Shakta doctrine states the same matter in a different form. Consciousness at rest is Cit-Svarupa. Consciousness in movement is Cit-Shakti associated with Maya-Shakti. The Shiva-Shakti Svarupa is consciousness (Cit, Cidrupini). There is no independent Prakriti as Samkhya holds, nor an unconscious Maya which is not Brahman and yet not separate from Brahman, as Shamkara teaches. What there is, is Maya-Shakti; that is Consciousness (Shakti is in itself such) veiling, as the Mother, Herself to herself as Her creation, the Jiva. There is no need then for Cidabhasa. For mind is consciousness veiling itself in the forms or limitation of apparent unconsciousness.

This is an attractive exposition of the matter because in the universe consciousness and unconsciousness are mingled, and the abolition of unconscious Maya satisfies the desire for unity. In all these cases, however, mind and matter represent either the real or apparent unconscious aspect of things. If man's consciousness is, or appears to be, limited, such limitation must be due to some principle without, or attached to, or inherent in consciousness; which in some sense or other must *ex hypothesi* be really, or apparently different from the consciousness, which it seems to affect or actually affects. In all these systems, mind and matter equally derive from a common *finitizing* principle which actually or apparently limits the Infinite Consciousness. In all three, there is, beyond manifestation, Consciousness or Cit, which in manifestation appears as a parallelism of mind and

matter; the substratum of which from a monistic standpoint is Cit.

Herbert Spencer, however, as many other Western Philosophers do, differs from the Vedanta in holding that the noumenon of these phenomena is not Consciousness, for the latter is by them considered to be by its very nature conditioned and concrete. This noumenon is therefore declared to be unknown and unknowable. But Force as such is blind, and can only act as it has been predetermined. We discover consciousness in the universe. The cause must, therefore, it is argued, be Consciousness. It is but reasonable to hold that, if the first cause be of the nature of either Consciousness or Matter, and not of both, it must be of the nature of the former, and not of the latter. An unconscious object may well be conceived to modify Consciousness, but not to produce Consciousness out of its Self. According to Indian Realism, the Paramanus are the material (Upadana) cause (Karana), and Ishvara the instrumental (Nimitta) cause, for He makes them combine. According to Vedanta, Matter is really nothing but a determined modification of knowledge in the Ishvara Consciousness, itself unaffected by such determination. Ishvara is thus both the material and instrumental cause. A thing can only dissolve into its own cause. The agency (Kartritva) of Ishvara is in Mayavada attributed (Aupadika) only.

The Vedanta, therefore, in its Shakta presentment says, that the Noumenon is knowable and known, for it is the inner Self, which is not an unconscious principle but Being-Consciousness, which, as above explained, is not conditioned or concrete, but is the absolute Self-identity. Nothing can be more intimately known than the Self. The objective side of knowledge is conditioned because of the nature of its organs

which, whether mental or material, are conditioned. Sensation, perception, conception, intuition are but different modes in which the one Consciousness manifests itself, the differences being determined by the variety of condition and form of the different organs of knowledge through which consciousness manifests. There is thus a great difference between the Agnostic and the Vedantist. The former, as for instance Herbert Spencer, says that the Absolute cannot be known because nothing can be predicated of it. Whereas the Vedantin when he says, that It cannot be known (in the ordinary sense) means that this is because It is knowledge itself. Our ordinary experience does not know a consciousness of pure being without difference. But, though it cannot be pictured, it may be apprehended. It cannot be thought because it is Pure Knowledge itself. It is that state which is realized only in Samadhi but is apprehended indirectly as the Unity which underlies and sustains all forms of changing finite experience.

What, lastly, is Life? The underlying substance is Being-in-itself. Life is a manifestation of such Being. If by Life we understand life in form, then the ultimate substance is not that; for it is formless. But in a supreme sense it is Life; for it is Eternal Life whence all life in form proceeds. It is not dead Being. If it were It could not produce Life. The Great Mother is Life; both the life of Her children and the Life of their lives. Nor does She produce what is without life or potency of life. What is in the cause is in the effect. Some Western Scientists have spoken of the "Origin of Life," and have sought to find it. It is a futile quest, for Life as such has no origin though life in form has. We cannot discover the beginnings of that which is essentially eternal. The question is vitiated by the false assumption that there is anything dead in the sense that it is wholly devoid of Life or potency of Life. There is no such thing. The whole world is a living manifestation of the

source of all life which is Absolute Being. It is sometimes made a reproach against Hinduism that it knows not a "living God". What is meant I cannot say. For it is certain that it does not worship a "dead God," whatever such may be. Perhaps by "living" is meant "Personal". If so, the charge is again ill-founded. Ishvara and Ishvari are Rulers in whom all personalities and personality itself are. But in their ground they are beyond all manifestation, that is limitation which personality, as we understand it, involves. Man, the animal and the plant alone, it is true, exhibit certain phenomena which are commonly called vital. What exhibits such phenomena, we have commonly called "living". But it does not follow that what does not exhibit the phenomena which belong to our definition of life is itself altogether "dead". We may have to revise our definition, as in fact we are commencing to do. Until recently it was commonly assumed that matter was of two kinds: inorganic or "dead," and organic or "living". The mineral was "dead," the vegetable, animal and man were endowed with "life". But these living forms are compounded of so-called "dead" matter. How then, is it possible that there is life in the organic kingdom the parts of which are ultimately compounded of "dead" matter? This necessarily started the futile quest for the "origin of life". Life can only come from life: not from death. The greatest errors arise from the making of false partitions in nature which do not exist. We make these imaginary partitions and then vainly attempt to surmount them. There are no absolute partitions or gulfs. All is continuous, even if we cannot at present establish in each case the connection. That there should be such gulfs is unthinkable to any one who has even in small degree grasped the notion of the unity of things. There is a complete connected chain in the hierarchy of existence, from the lowest forms of apparently inert (but now held to be moving) matter, through the vegetable, animal, human worlds; and then through such

Devatas as are super-human intelligences up to the Brahman. From the latter to a blade of grass (says the Shastra) all are one.

Western scientific notions have, however, in recent years undergone a radical evolution as regards the underlying unity of substance, destructive of the hitherto accepted notions of the discontinuity of matter and its organization. The division of nature into the animal, vegetable and mineral kingdoms is still regarded as of practical use; but it is now recognized that no such clear line of demarcation exists between them as has hitherto been supposed in the West. Between each of nature's types there are said to be innumerable transitions. The notion of inert, "dead" matter, the result of superficial observation, has given way upon the revelation of the activities at work under this apparent inertia -- forces which endow "brute substance" with many of the characteristics of living beings. It is no longer possible to dogmatically affirm where the inorganic kingdom ends and "life" begins. It must be rather asserted that many phenomena, hitherto considered characteristic of "life," belong to "inert matter," composed of molecules and atoms, as "animated matter" is of cells and micellae. It has been found that so-called "inert matter," possesses an extraordinary power of organization, and is not only capable of apparently imitating the forms of "living" matter, but presents in a certain degree the same functions and properties.

Sentiency is a characteristic of all forms of Existence. Physiologists measure the sensibility of a being by the degree of excitement necessary to produce in it a reaction. Of this it has been said (Le Bon *Evolution of Matter*, 250), "This sensibility of matter, so contrary to what popular observation seems to indicate, is becoming more and more

familiar to physicists. This is why such an expression as the "life of matter," utterly meaningless twenty-five years ago has come into common use. The study of mere matter yields ever-increasing proofs that it has properties which were formerly deemed the exclusive appanage of living beings." Life exists throughout, but manifests in various ways. The arbitrary division which has been drawn between "dead" and "living" matter has no existence in fact, and speculations as to the origin of "life" are vitiated by the assumption that there is anything which exists without it, however much its presence may be veiled from us. Western science would thus appear to be moving to the conclusion that there is no "dead" matter, but that life exists everywhere, not merely in that in which, as in "organic matter," it is to us plainly and clearly expressed, but also in the ultimate "inorganic" atoms of which it is composed -- atoms which, in fact, have their organizations as have the beings which they go to build -- and that all, to the minutest particle, is vibrating with unending Energy (Tejas). (See Author's *World as Power*). Manifested life is Prana, a form of Kriya Shakti in, and evolved from, the Linga Sharira, itself born of Prakriti. Prana or the vital principle has been well defined (*Hindu Realism*, by J. C. Chatterji) to be, "the special relation of the Atma with a certain form of matter which, by this relation, the Atma *organizes* and builds up as a means of having experience." This special relation constitutes the individual Prana in the individual body. Just as in the West, "life" is a term commonly used of organized body only, so also is the term Prana used in the East. It is the technical name given to the phenomena, called "vital," exhibited by such bodies, the source of which is the Brahman Itself. The individual Prana is limited to the particular body which it vitalizes and is a manifestation in all breathing creatures (Prani), of the creative and sustaining activity of the Brahman. All beings exist so long as the Prana is in the body. It is as the

Kaushitaki Upanishad says, "the life duration of all". The cosmic all-pervading Prana is the collectivity of all Pranas and is the Brahman as the source of the individual Prana. On the physical plane, Prana manifests as breath through inspiration, "Sa" or Shakti and expiration, "Ha" or Shiva. So the *Niruttara Tantra* (Chapter IV) says: "By Hamkara it goes out and by Sakara it comes in again. A Jiva always recites the Supreme Mantra Hamsa."

*Hang-karena bahir yati sah-karena vishet punah*

*Hangesti paramam mantram jivo japati sarvada.*

Breathing is itself the Ajapa Mantra. Prana is thus Shakti as the universally pervading source of life, organizing itself as matter into what we call living forms. When the Prana goes, the organism which it holds together disintegrates. Nevertheless each of the atoms which remain has a life of its own, existing as such separately from the life of the organized body of which they formed a part; just as each of the cells of the living body has a life of its own. The gross outer body is heterogeneous (Paricchinna) or made up of distinct or well-defined parts. But the Pranamaya Self which lies within the Annamaya Self is a homogeneous undivided whole (Sadharana) permeating the whole physical body (Sarvapindavyapin). It is not cut off into distinct regions (Asadharana) as is the Pinda or microcosmic physical body. Unlike the latter it has no specialized organs each discharging a specific function. It is a homogeneous unity (Sadharana), present in every part of the body which it ensouls as its inner vital Self. Vayu, as universal vital activity, on entry into each body, manifests itself in ten different ways. It is the one Prana, though different names are given according to its functions, of which the five chief are Appropriation (Prana), Rejection (Apana), Assimilation

(Samana), Distribution (Vyana), and that vital function (Udana) which is connected with self-expression in speech. Prana in its general sense represents the involuntary reflex action of the organism; just as the Indriyas are one aspect of its voluntary activity. Breathing is a manifestation of the Cosmic Rhythm to which the whole universe moves and according to which it appears and disappears. The life of Brahma is the duration of the outgoing breath (Nisvasa) of Kala.

The Samkhya rejecting the Lokayata notion that Vayu is a mere biomechanical force or mechanical motion resulting from such a Vayu, holds, on the principle of the economy of categories, that life is a resultant of the various concurrent activities of other principles or forces in the organism. This, again, the Vedantists deny, holding that it is a separate, independent principle and material form assumed through Maya by the one Consciousness. In either case, it is an unconscious force, since everything which is not the Atma or Purusha, is, according to Mayavada and Samkhya, unconscious, or, in Western parlance, material (Jada).

If we apply Shakta principles, then Prana is a name of the general Shakti displaying itself in the organization of matter and the vital phenomena which bodies, when organized, exhibit. Manifest Shakti is vitality, which is a limited concrete display in forms of Her own formless Being or Sat. All Shakti is Jñana, Iccha, Kriya, and in its form as Prakriti, the Gunas Sattva, Rajas, Tamas. She desires, impelled by Her nature (Iccha), to build up forms; sees how it should be done (Jñana); and then does it (Kriya). The most Tamasic form of Kriya is the apparently mechanical energy displayed in material bodies. But this is itself the product of Her Activity and not the cause of it. Ultimately then Prana, like everything else, is consciousness which, as Shakti, limits

Itself in form which it first creates and sustains; then builds up into other more elaborate forms and again sustains until their life-period is run. All creation and maintenance is a limiting power, with the appearance of unconsciousness, in so far as, and to the degree that, it confines the boundless Being-Consciousness-Bliss; yet that Power is nothing but Consciousness negating and limiting itself. The Great Mother (Sri Mata) limits Her infinite being in and as the universe and maintains it. In so far as the form and its life is a limited thing, it is apparently unconscious, for consciousness is thereby limited. At each moment there is creation, but we call the first appearance creation (Srishti), and its continuance, through the agency of Prana, maintenance (Sthiti). But both that which is apparently limited and that whose operation has that effect is Being-Consciousness. Prana Vayu is the self-begotten but limited manifestation of the eternal Life. It is called Vayu (Va -- to move) because it courses throughout the whole universe. Invisible in itself yet its operations are manifest. For it determines the birth, growth, and decay of all animated organisms and as such receives the homage of all created Being. For it is the Pranarupi Atma, the Prana Shakti.

For those by whom inorganic matter was considered to be "dead" or lifeless, it followed that it could have no Feeling-Consciousness, since the latter was deemed to be an attribute of life. Further, consciousness was denied because it was, and is indeed now, commonly assumed that every conscious experience pre-supposes a subject, conscious of being such, attending to an object. As Professor P. Mukhyopadhyaya (*Approaches to Truth*) has well pointed out, consciousness was identified with intelligence or understanding -- that is with directed consciousness; so that where no direction or form is discernible, Western thinkers have been apt to imagine that consciousness as such has

also ceased. To their pragmatic eye consciousness is always particular having a particular direction and form.

According, however, to Indian views, there are three states of consciousness: (1) a supramental supreme consciousness dissociated from mind. This is the Paramatma Cit which is the basis of all existence, whether organic or inorganic, and of thought; of which the Shruti says, "know that which does not think by the mind and by which the mind itself is thought." These are then two main manifested states of consciousness: (2) consciousness associated with mind in organic matter working through its vehicles of mind and matter; (3) consciousness associated with and almost entirely veiled by inorganic gross matter (Bhuta) only; such as the muffled consciousness, evidenced by its response to external stimuli, as shown in the experiments with which Sir Jagadish Bose's name is associated. Where are we to draw the lowest limit of sensation; and if a limit be assigned, why there? As Dr. Ernst Mach has pointed out (*Analysis of Sensations*, 243) the question is natural enough if we start from the commonly current physical conception. It is, of course, not asserted that inorganic matter is conscious to itself in the way that the higher organized life is. The response, however, which it makes to stimuli is evidence that consciousness is there, though it lies heavily veiled in and imprisoned by it. Inorganic matter displays it in the form of that seed or rudiment of sentiency which enlarging into the simple pulses of feeling of the lowest degrees of organized life, at length emerges in the developed self-conscious sensations of human life. Owing to imperfect scientific knowledge, the first of these aspects was not in antiquity capable of physical proof in the same way or to the same extent, as Modern Science with its delicate instruments have made possible. Starting, however, from the revealed and intuitionally held truth that all was Brahman, the

conclusion necessarily followed. All Bhuta is composed of the three Gunas or factors of Prakriti or the psycho-physical potentials. It is the Sattva or Principle of Presentation of Consciousness in gross matter (almost entirely suppressed by Tamas or the Principle of Veiling of Consciousness though it be) which manifests the phenomena of sensibility observed in matter. In short, nature, it has been well said, knows no sharp boundaries or yawning gulfs, though we may ignore the subtle connecting links between things. There is no break in continuity. Being and Consciousness are co-extensive. Consciousness is not limited to those centers in the Ether of consciousness which are called organized bodies. But just as life is differently expressed in the mineral and in man, so is Consciousness which many have been apt to think exists in the developed animal and even in man only.

Consciousness (Cit-Shakti) exists in all the hierarchy of Being, and is, in fact, Being. It is, however, in all bodies veiled by its power or Maya-Shakti which is composed of the three Gunas. In inorganic matter, owing to the predominance of Tamas, Consciousness is so greatly veiled and the life force is so restrained that we get the appearance of insensibility, inertia and mere mechanical energy. In organized bodies, the action of Tamas is gradually lessened, so that the members of the universal hierarchy become more and more Sattvik as they ascend in the scale of evolution. Consciousness itself does not change. It remains the same throughout. What does change is, its wrappings, unconscious or apparently so, as they may alternatively be called. This wrapping is Maya and Prakriti with their Gunas. The figure of "wrapping" is apt to illustrate the presentment of Samkhya and Mayavada. From the Shakta aspect we may compare the process to one in which it is assumed that in one aspect there is an unchanging light, in another it is

either turned up or turned down as the case may be. In gross matter the light is so turned down that it is not ordinarily perceptible and even delicate scientific experiment may give rise to contending assertions. When the veiling by Tamas is lessened in organic life, and the Jiva is thus less bound in matter, the same Consciousness (for there is no other) which previously manifested as, what seems to us, a mere mechanical reaction, manifests in its freer environment in that sensation which we associate with consciousness as popularly understood. Shakti, who ever negates Herself as Maya-Shakti, more and more reveals Herself as Cit-Shakti. There is thus a progressive *release* of Consciousness from the bonds of matter, until it attains complete freedom or liberation (Moksha) when the Atma is Itself (Atma Svarupi) or Pure Consciousness. At this point, the same Shakti, who had operated as Maya, is Herself Consciousness (Cidrupini).

According to the Hindu books, plants have a sort of dormant Consciousness, and are capable of pleasure and pain. Cakrapani says in the Bhanumati that the Consciousness of plants is a kind of stupefied, darkened, or comatose Consciousness. Udayana also says that plants have a dormant Consciousness which is very dull. The differences between plant and animal life have always been regarded by the Hindus as being one not of kind, but of degree. And this principle may be applied throughout. Life and Consciousness is not a product of evolution. The latter merely manifests it. Manu speaks of plants as being creatures enveloped by darkness caused by past deeds having, however, an internal Consciousness and a capacity for pleasure and pain. And, in the *Mahabharata*, Bhrgu says to Bharadvaja that plants possess the various senses, for they are affected by heat, sounds, vision (whereby, for instance, the creeper pursues its path to the light), odors and the water which they taste. I may refer also to such stories as that of the

Yamalarjunavriksha of the Srimad Bhagavata mentioned in Professor Brajendra Nath Seal's learned work, *The Positive Sciences of the Ancient Hindus*, and Professor S. N. Das Gupta's scholarly paper on Parinama to which I am indebted for these instances.

Man is said to have passed through all the lower states of Consciousness and is capable of reaching the highest through Yoga. The Jiva attains birth as man after having been, it is said, born 84 lakhs (84,000,000) of times as plants (Vrikshadi), aquatic animals (Jalayoni), insects and the like (Krimi), birds (Pakshi), beasts (Pashvadi), and monkeys (Vanar). He then is born 2 lakhs of times (2,000,000) in the inferior species of humanity, and then gradually attains a better and better birth until he is liberated from all the bonds of matter. The exact number of each kind of birth is in 20, 9, 11, 10, 30 and 4 lakhs, respectively -- 84 lakhs. As pointed out by Mahamahopadhyaya Chandrakanta Tarkalankara Lectures on "Hindu Philosophy" (5th year, p. 227, Lecture VII), pre-appearance in monkey form is not a Western theory only. The Consciousness which manifests in him is not altogether a new creation, but an unfolding of that which has ever existed in the elements of which he is composed, and in the Vegetable and Animal through which prior to his human birth he has passed. In him, however, matter is so re-arranged and organized as to permit of the fullest manifestation which has hitherto existed of the underlying Cit. Man's is the birth so "difficult of attainment" (Durlabha). This is an oft-repeated statement of Shastra in order that he should avail himself of the opportunities which Evolution has brought him. If he does not, he falls back, and may do so without limit, into gross matter again, passing intermediately through the Hells of suffering. Western writers in general, describe such a descent as unscientific. How, they ask, can a man's Consciousness reside in an animal or plant? The

correct answer (whatever be popular belief) is that it does not. When man sinks again into an animal he ceases to be a man. He does not continue to be both man and animal. His consciousness is an animal consciousness and not a human consciousness. It is a, childish view which regards such a case as being the imprisonment of a man in an animal body. If he can go up he can also go down. The soul or subtle body is not a fixed but an evolving thing. Only Spirit (Cit) is eternal and unchanged. In man, the revealing constituent of Prakriti Shakti (Sattvaguna) commences to more fully develop, and his consciousness is fully aware of the objective world and his own Ego, and displays itself in all those functions of it which are called his faculties. We here reach the world of ideas, but these are a superstructure on consciousness and not its foundation or basis. Man's consciousness is still, however, veiled by Maya-Shakti. With the greater predominance of Sattvaguna in man, consciousness becomes more and more divine, until he is altogether freed of the bonds of Maya, and the Jiva Consciousness expands into the pure Brahman Consciousness. Thus life and Consciousness exist throughout. All is living. All is Consciousness. In the world of gross matter they seem to disappear, being almost suppressed by the veil of Maya-Sakti's Tamoguna. As however ascent is made, they are less and less veiled, and True Consciousness is at length realized in Samadhi and Moksha. Cit-Shakti and Maya-Shakti exist inseparable throughout the whole universe. There is therefore according to the principles of the Shakta Shastra not a particle of matter which is without life and consciousness variously displaced or concealed though they be. Manifest Maya-Shakti is the universe in which Cit-Shakti *is* the changeless Spirit. Unmanifest Maya-Shakti is Consciousness (Cidrupini). There are many persons who think that they have disposed of a doctrine when they have given it an opprobrious, or what

they think to be an opprobrious, name. And so they dub all this "Animism," which the reader of Census Reports associates with primitive and savage tribes. There are some people who are frightened by names. It is not names but facts which should touch us. Certainly "Animism" is in some respects an incorrect and childlike way of putting the matter. It is, however, an imperfect presentment of a central truth which has been held by some of the profoundest thinkers in the world, even in an age in which we are apt to think to be superior to all others. Primitive man in his simplicity made the discovery of several such truths. And so it has been well said that the simple savage and the child who regard all existence as akin to their own, living and feeling like himself, have, notwithstanding their errors, more truly felt the pulse of being, than the civilized man of culture. How essentially stupid some of the latter can be needs no proof. For the process of civilization being one of abstraction, they are less removed from the concrete fact than he is. Hence their errors which seem the more contorted due to the mass of useless verbiage in which they are expressed. And yet, as extremes meet, so having passed through our present condition, we may regain the truths perceived by the simple, not only through formal worship but by that which consists of the pursuit of all knowledge and science, when once the husk of all material thinking is cast aside. For him, who sees the Mother in all things, all scientific research is wonder and worship. So Gratry said that the *calculus* of Newton and Leibnitz was a supralogical procedure, and that geometric induction is essentially a *process of prayer*, by which he evidently meant an appeal from the finite mind to the Infinite, for light on finite concerns. The seeker looks upon not mere mechanical movements of so-called "dead" matter, but the wondrous play of Her Whose form all matter is. As She thus reveals Herself She induces in him a passionate exaltation and that sense of security which is only gained as

approach is made to the Central Heart of things. For, as the Upanishad says, "He only fears who sees duality". Some day may be, when one who unites in himself the scientific ardor of the West and the all-embracing religious feeling of India will create another and a modern Candi, with its multiple salutations to the sovereign World-Mother (Namastasyai namo namah). Such an one, seeing the changing marvels of Her world-play, will exclaim with the Yoginihridaya Tantra, "I salute Her the Samvid Kala who shines in the form of Space, Time and all Objects therein."

*Deshakalapadarthatma yad yad vastu yatha yatha,*

*Tattadrupena ya bhati tam shraye samvidam kalam*

This is, however, not mere Nature-worship as it is generally understood in the West, or the worship of Force as Keshub Chunder Sen took the Shakta doctrine to be. All things exist in the Supreme who in Itself infinitely transcends all finite forms. It is the worship of God as the Mother-Creatrix who manifests in the form of all things which are, as it were, but an atom of dust on the Feet of Her who is Infinite Being (Sat), Experience (Cit), Love (Ananda) and Power (Shakti). As Philibert Commerson said: "La vie d'un naturaliste est, je L'ose dire, une adoration presque perpétuelle."

I have in my paper *Shakti and Maya* (here reprinted from the *Indian Philosophical Review*, 1918, No. 2) contrasted the three different concepts of the Primal Energy as Prakriti, Maya and Shakti of Samkhya, Vedanta and the Agama respectively. I will not, therefore, repeat myself but will only summarize conclusions here. In the first place, there are features common to all three concepts. Hitherto, greater pains have been taken to show the differences between the Darshanas than to co-ordinate them systematically, by

regarding their points of agreement or as regard apparent disagreement, their viewpoint. It has been said that Truth cannot be found in such a country as India, in which, there are six systems of philosophy disputing with one another, and where even in one system alone, there is a conflict between Dvaita, Vishishtadvaita and Advaita. One might suppose from such a criticism that all in Europe were of one mind, or that at least the Christian Community was agreed, instead of being split up, as it is, into hundreds of sects. An American humorist observed with truth that there was a good deal of human nature in man everywhere.

Of course there is difference which, as the Radd-ul-Muhtar says, is also the gift of God. This is not to deny that Truth is only one. It is merely to recognize that whilst Truth is one, the nature and capacities of those who seek it, or claim to possess it, vary. To use a common metaphor, the same white light which passes through varicolored glass takes on its various colors. All cannot apprehend the truth to the same extent or in the same way. Hence the sensible Indian doctrine of competency or Adhikara. In the Christian Gospel it is also said, "Throw not your pearls before swine lest they trample upon them and then rend you." What can be given to any man is only what he can receive.

The Six Philosophies represent differing standards according to the manner and to the extent to which the one Truth may be apprehended. Each standard goes a step beyond the last, sharing, however, with it certain notions in common. As regards the present matter, all these systems start with the fact that there is Spirit and Mind, Matter, Consciousness and Unconsciousness, apparent or real. Samkhya, Vedanta and the Shakta Agama called the first Purusha, Brahman, Shiva; and the second Prakriti, Maya, Shakti respectively. All agree that it is from the association together of these two

Principles that the universe arises and that such association is the universe. All, again, agree that one Principle, namely, the first, is infinite, formless consciousness, and the second is a *finitizing* principle which makes forms. Thirdly, all regard this last as a veiling principle, that is, one which veils consciousness; and hold that it is eternal, all-pervading, existing now as seed (Mula-prakriti, Avyakta) and now as fruit (Vikriti), composed of the Gunas Sattva, Rajas and Tamas (Principles of presentation of Consciousness, Action, and Veiling of Consciousness respectively); unperceivable except through its effects. In all, it is the Natural Principle, the material cause of the material universe.

The word Prakriti has been said to be derived from the root "*Kri*," and the affix "*Ktin*," which is added to express Bhava or the abstract idea, and sometimes the Karma or object of the action, corresponding with the Greek affix *Sis*. *Ktin* inflected in the nominative becomes *tis*. Prakriti, therefore, has been said to correspond with *Phusis* (Nature) of the Greeks. In all three systems, therefore, it is, as the "natural," contrasted with the "spiritual" aspect of things.

The first main point of difference is between Samkhya, on the one hand, and the Advaita Vedanta, whether as interpreted by Shamkara or taught by the Shaiva-Shakta Tantra on the other. Classical Samkhya is a dualistic system, whereas the other two are non-dualistic. The classical Samkhya posits a plurality of Atmans representing the formless consciousness, with one unconscious Prakriti which is formative activity. Prakriti is thus a real independent principle. Vedantic monism does not altogether discard these two principles, but says that they cannot exist as two independent Realities. There is only one Brahman. The two categories of Samkhya, Purusha and Prakriti are reduced to

one Reality, the Brahman; otherwise the Vakya, "All this is verily Brahman" (Sarvam khalvidam Brahma), is falsified.

But how is this effected? It is on this point that Mayavada of Shamkara and the Advaita of Shaiva-Shakta Agama differ. Both systems agree that Brahman has two aspects in one of which It is transcendent and in another creative and immanent. According to Shamkara, Brahman is in one aspect Ishvara associated with, and in another one dissociated from Maya which, in his system, occupies the place of the Samkhyan Prakriti, to which it is (save as to reality and independence) similar. What is Maya? It is not a real independent Principle like the Samkhyan Prakriti. Then is it Brahman or not? According to Shamkara, it is an unthinkable, alogical, unexplainable (Anirvacantia) mystery. It is an eternal falsity (Mithyabhuta sanatani), owing what false appearance of reality it possesses to the Brahman, with which in one aspect it is associated. It is not real for there is only one such. It cannot, however, be said to be unreal for it is the cause of and is empirical experience. It is something which is neither real (Sat) nor unreal (Asat), nor partly real and partly unreal (Sadasat), and which though not forming part of Brahman, and therefore not Brahman, is yet, though not a second reality, inseparably associated and sheltering with (Maya Brahmashrita) Brahman in Its Ishvara aspect. Like the Samkhyan Prakriti, Maya (whatever it be) is in the nature of an unconscious principle. The universe appears by the reflection of consciousness (Purusha, Brahman) on unconsciousness (Prakriti, Maya). In this way the unconscious is made to appear conscious. This is *Cidabhasa*.

Maya is illusive and so is Shamkara's definition of it. Further, though Maya is not a second reality, but a mysterious something of which neither reality nor unreality can be affirmed, the fact of positing it at all in this form gives to

Shamkara's doctrine a tinge of dualism from which the Shakta doctrine is free. For, it is to be noted that notwithstanding that Maya is a falsity, it is not, according to Shamkara, a mere negation or want of something (Abhava), but a positive entity (Bhavarupam ajñanam), that is in the nature of a Power which veils (Acchadaka) consciousness, as Prakriti does in the case of Purusha. Shamkara's system, on the other hand, has this advantage from a monistic standpoint, that whilst he, like the Shakta, posits the doctrine of aspects saying that in one aspect the Brahman is associated with Maya (Ishvara), and in another it is not (Parabrahman; yet in neither aspect does his Brahman change. Whereas, according to Shakta doctrine, Shiva does, in one aspect, that is as Shakti, change.

Whilst then Shamkara's teaching is consistent with the changelessness of Brahman, he is not so successful in establishing the saying, "All this is Brahman". The position is reversed as regards Shaiva-Shakta Darshana which puts forth its doctrine of Maya-Shakti with greater simplicity. Shakta doctrine takes the saying, "All this is Brahman" (the realization of which, as the *Mahanirvana Tantra* states, is the aim and end of Kulacara) in its literal sense. "This" is the universe. Then the universe is Brahman. But Brahman is Consciousness. Then the universe is really That. But in what way P Shamkara says that what we sense with our senses is Maya, which is practically something, but in a real sense nothing; which yet appears to be something because it is associated with the Brahman which alone is Real. Its appearance of independent reality is thus borrowed and is in this sense said to be "illusory". When, therefore, we say, "All this is Brahman" -- according to Shamkara, this means that what is at the back of that which we see is Brahman; the rest or appearance is Maya. Again, according to Shamkara, man is spirit (Atma) vested in the Mayik falsities of mind

and matter. He, accordingly, can then only establish the unity of Ishvara and Jiva by eliminating from the first Maya, and from the second Avidya; when Brahman is left as a common denominator. The Shakta, however, eliminates nothing. For him, in the strictest sense, "All is Brahman." For him, man's Spirit (Atma) is Shiva. His mind and body are Shakti. But Shiva and Shakti are one. Paramatma is Shiva-Shakti in undistinguishable union. Jivatma is Shiva-Shakti in that state in which the Self is distinguished from the not-Self. Man, therefore, according to the Shakta Tantra, is not Spirit seemingly clothed by a non-Brahman falsity, but Spirit covering Itself with its own power or Maya-Shakti. All is Shakti whether as Cit-Shakti or Maya-Shakti. When, therefore, the Shakta Tantric says, "All this is Brahman," he means it literally. "This," here means Brahman as Shakti, as Maya-Shakti, and Cit-Shakti.

Shiva as Parabrahman is Shiva-Shakti in that state when Shakti is not operating and in which She is Herself, that is, pure consciousness (Cidrupini). Shiva as Ishvara is Shiva-Shakti in that state in which Shiva, associated with Maya-Shakti, is the source of movement and change; Shiva-Shakti as Jiva is the state produced by such action which is subject to Maya, from which Ishvara, the Mayin is free. The creative Shakti is therefore changeless Cit-Shakti and changing Maya-Shakti. Yet the One Shakti must never be conceived as existing apart from, or without the other, for they are only twin aspects of the fundamental Substance (Paravastu). Vimarsha-Shakti (See *Kamakalavilasa*, 3rd Edition, 1961, Verses 1-4) as Maya-Shakti produces the forms in which Spirit as Cit-Shakti inheres and which it illuminates (Prakasha). But Maya-Shakti is not unconscious. How can it be; for it is Shakti and one with Cit-Shakti. All Shakti is and must be Consciousness. There is no unconscious Maya which is not Brahman and yet not separate from Brahman.

Brahman alone is and exists, whether as Cit or as manifestation of Maya. All is Consciousness, as the so-called "New Thought" of the West also affirms.

But surely, it will be said, there is an unconscious element in things. How is this accounted for if there be no unconscious Maya? It is conscious Shakti veiling Herself and so appearing as limited consciousness. In other words, whilst Shamkara says mind and matter are in themselves unconscious but appear to be conscious through Cidabhasa, the Shakta Agama reverses the position, and says that they are in themselves, that is in their ground, conscious, for they are at base Cit; but they yet appear to be unconscious, or more strictly limited consciousness, by the veiling power of Consciousness Itself as Maya-Shakti. This being so, there is no need for Cidabhasa which assumes, as it were, two things, the Brahman, and unconscious Maya in which the former reflects itself. Though some of the Shastras do speak of a reflection, Pratibimba is between Shiva and Shakti. Brahman is Maya-Shakti in that aspect in which it negates itself, for it is the function of Shakti to negate (Nishedhavyapararupa shaktih), as it is said by Yoga-Raja or Yoga-Muni (as he is also called) in his commentary on Abhinava Gupta's Paramarthasara. In the Shakta Tantras, it is a common saying of Shiva to Devi, "There is no difference between Me and Thee." Whilst Shamkara's Ishvara is associated with the unconscious Maya, the Shaiva Shakta's Ishvara is never associated with anything but Himself, that is as Maya-Shakti.

Whether this doctrine be accepted as the final solution of things or not, it is both great and powerful. It is great because the whole world is seen in glory according to the strictest monism as the manifestation of Him and Her. The mind is not distracted and kept from the realization of unity,

by the notion of any unconscious Maya which is not Brahman nor yet separate from It. Next, this doctrine accommodates itself to Western scientific monism, so far as the latter goes, adding to it however a religious and metaphysical basis; infusing it with the spirit of devotion. It is powerful because its standpoint is the 'here' and 'now,' and not the transcendental *Siddhi* standpoint of which most men know nothing and cannot, outside Samadhi, realize. It assumes the reality of the world which to us is real. It allows the mind to work in its natural channel. It does not ask it to deny what goes against the grain of its constitution to deny. It is, again, powerful because we stand firmly planted on a basis which is real and natural to us. From the practical viewpoint, it does not ask man to eschew and flee from the world in the spirit of asceticism; a course repugnant to a large number of modern minds, not only because mere asceticism often involves what it thinks to be a futile self-denial; but because that mind is waking to the truth that all is one; that if so, to deny the world is in a sense to deny an aspect of That which is both Being and Becoming. It thinks also that whilst some natures are naturally ascetic, to attempt ascetic treatment in the case of most is to contort the natural being, and to intensify the very evils which asceticism seeks to avoid. Not one man in many thousands has true Vairagya or detachment from the world. Most are thoroughly even glued to it. Again, there are many minds which are puzzled and confused by Mayavada; and which, therefore, falsely interpret it,-- may be to their harm. These men, Mayavada, or rather their misunderstanding of it, weakens or destroys. Their grip on themselves and the world is in any case enfeebled. They become intellectual and moral derelicts who are neither on the path of power nor of renunciation, and who have neither the strength to follow worldly life, nor to truly abandon it. It is not necessary, however, to renounce when all is seen to be Her. And, when all is so seen, then the

spiritual illumination which transfuses all thoughts and acts makes them noble and pure. It is impossible for a man, who in whatever sense truly sees God in all things, to err. If he does so, it is because his vision is not fully strong and pure; and to this extent scope is afforded to error. But given perfect spiritual eyesight then all "this" is pure. For, as the Greeks profoundly said, "panta kathara tois katharois," "To the pure all things are pure."

The Shakta doctrine is thus one which has not only grandeur but is greatly pragmatic and of excelling worth. It has always been to me a surprise that its value should not have been rightly appreciated. I can only suppose that its neglect is due to the fact that is the doctrine of the Shakta Tantras. That fact has been enough to warrant its rejection, or at least a refusal to examine it. Like all practical doctrines, it is also intensely positive. There are none of those negations which weaken and which annoy those who, as the vital Western mind does, feel themselves to be strong and living in an atmosphere of might and power. For power is a glorious thing. What is wanted is only the sense that all Power is of God and is God, and that Bhava or feeling which interprets all thoughts and acts and their objects in terms of the Divine, and which sees God in and as all things. Those who truly do so will exercise power not only without wrong, but with that compassion (Karuna) for all beings which is so beautiful a feature of the Buddha of northern and Tantrik Buddhism. For in them Shakti Herself has descended. This is Shaktipata, as it is technically called in the Tantra Shastra; the descent of Shakti which Western theology calls the grace of God. But grace is truly not some exterior thing, though we may pictorially think of it as 'streaming' from above below. Atma neither comes nor goes. To be in grace is that state in which man commences to realize himself as Shiva-Shakti. His power is, to use a Western phrase, "converted". It is turned

from the husk of mere outwardness and of limited self-seeking, to that inner Reality which is the great Self which, at base, he (in this doctrine) is.

The principles of Shakta doctrine, which will vary according to race, are a regenerating doctrine, giving strength where there is weakness, and, where strength exists, directing it to right ends. "Shivo' ham," "I am Shiva," "Sha' ham," "I am She (the Devi)," the Tantras say. The Western may call It by some other name. Some call It this and some that, as the Veda says. "I am He," "I am She," "I am It," matters not to the Shakta so long as man identifies himself with the 'Oversoul,' and thus harmonizes himself with its Being, with Dharmic actions (as it manifests in the world) and therefore necessarily with Its true ends. In its complete form the Shakta doctrine is monistic. But to those to whom monism makes no appeal, the Shakta will say that by adopting its spirit, so far as the forms of their belief and worship allow, they will experience a reflection of the joy and strength of those who truly live because they worship Her who is Eternal life -- the Mother who is seated on the couch of Shivas (Mahapreta), in the Isle of Gems (Manidvipa), in the "Ocean of Nectar," which is all Being-Consciousness and Bliss.

This is the pearl which those who have churned the ocean of Tantra discover. That pearl is there in an Indian shell. There is a beautiful nacre on the inner shell which is the Mother of Pearl. Outside, the shell is naturally rough and coarse, and bears the accretions of weed and parasite and of things of all kinds which exist, good or bad as we call them, in the ocean of existence (Samsara). The Scripture leads man to remove these accretions, and to pass within through the crust, gross, though not on that account only, bad; for there is a gross (Sthula) and subtle (Sukshma) aspect of worship. Finally it leads man to seek to see the Mother of Pearl and lastly the

Pearl which, enclosed therein, shines with the brilliant yet soft light which is that of the Moon-Cit (Cicchandra) Itself.

## **Chapter Sixteen**

### **Matter and Consciousness**

The subject of my lecture to-day is Consciousness or Cit, and Matter or Unconsciousness, that is, Acit; the unchanging formlessness and the changing forms. According to Shakta Advaitavada, man is Consciousness-Unconsciousness or Cit-Acit; being Cit-Shakti as regards his Antaratma, and the particularized Maya-Shakti as to his material vehicles of mind and body. The reason that I have selected this subject, amongst the many others on which I might have addressed you, is that these two ideas are the key concepts of Indian Philosophy and religion. If they are fully understood both as to their definition and relations, then, all is understood so far as intellect can make such matters intelligible to us; if they are not understood then nothing is properly understood. Nor are they always understood even by those who profess to know and write on Indian Philosophy. Thus, the work on Vedanta, of an English Orientalist, now in its second edition, describes Cit as the condition of a stone or other inert substance. A more absurd error it is hard to imagine. Those who talk in this way have not learnt the elements of their subject. It is true that you will find in the Shastra, the state of the Yogi described as being like a log (Kashthavat). But this does not mean that his Consciousness is that of a piece of wood; but that he no more perceives the external world than a log of wood does. He does not do so because he has the Samadhi consciousness that is Illumination and true Being itself.

I can to-night only scratch at the surface of a profound subject. To properly expound it would require a series of lectures, and to understand it in its depths, years of thinking thereon. I will look at the matter first from the scientific point of view; secondly, state what those concepts mean in

themselves; and thirdly, show how they are related to one another in the Samkhya and the Mayavada and Shaktivada presentments of Vedanta doctrine. The Shaktivada of which I deal to-night may be found in the Tantras. It has been supposed that the Agamas arose at the close of the age of the Upanishads. They are Shastras of the Upasana Kanda dealing with the worship of Saguna Ishvara. It has been conjectured that they arose partly because of the declining strength of the Vaidika Acara, and partly because of the increasing number of persons within the Hindu fold, who were not competent for the Vaidika Acara, and, for whom some spiritual discipline was necessary. One common feature distinguishes them; namely, their teaching is for all castes and all women. They express the liberal principle that whilst socially differences may exist, the path of religion is open to all, and that spiritual competency and not the external signs of caste determine the position of persons on that path. Ishvara in these Agamas is worshipped in threefold forms as Vishnu, Shiva, Devi. Therefore, the Agamas or Tantras are threefold, Vaishnava, Shaiva and Shakta, such as the Pañcaratra Agamas of the first group, the Shaiva Siddhanta (with its 28 Tantras), the Nakulisha Pashupata, and the Kashmirian Trika of the second group; and the alleged division into Kaula, Mishra, Samaya of the third group. I express no opinion on this last division. I merely refer to this matter in order to explain what I mean by the word Agama. The Shaktivada, however, which I contrast with Mayavada to-day, is taken from the Shakta Agama. By Mayavada I mean Shamkara's exposition of Vedanta.

Now, with reference to the scientific aspect of the subject, I show you that in three main particulars, modern western physics and psychology support Indian philosophy whatever such support may be worth. Indeed, Mr. Lowes Dickinson, in

an acute recent analysis of the state of ideas in India, China and Japan observes that the Indian form of religion and philosophy is that which most easily accommodates itself to modern western science. That does not prove it is true, until it is established that the conclusions of western science to which it does conform, are true. But the fact is of great importance in countering those who have thought that eastern ideas were without rational foundation. It is of equal importance to those two classes who either believe in the ideas of India, or in the particular conclusions of science to which I refer. The three points on this head are firstly, that physicists, by increasing their knowledge of so-called "matter," have been led to doubt its reality, and have dematerialized the atom, and, with it, the entire universe which the various atoms compose. The trinity of matter, ether and electricity out of which science has hitherto attempted to construct the world, has been reduced to a single element -- the ether (which is not scientific "matter") in a state of motion. According to Samkhya, the objective world is composed of Bhutas which derive ultimately from Akasha. I do not say that scientific "ether" is Akasha, which is a concept belonging to a different train of thought. Moreover the sensible is derived from the supersensible Akasha Tanmatra, and is not therefore an ultimate. But it is important to note the agreement in this, that both in East and West, the various forms of gross matter derive from some single substance which is not "matter". Matter is *dematerialized*, and the way is made for the Indian concept of Maya. There is a point at which the mind cannot any longer usefully work outward. Therefore, after the Tanmatra, the mind is turned within to discover their cause in that Egoism which, reaching forth to the world of enjoyment produces sensorial, senses, and objects of sensation. That the mind and senses are also material has the support of some forms of western philosophy, such as that of Herbert

Spencer, for he holds that the Universe, whether physical or psychical, is a play of force which in the case of matter we experience as object. Mind as such is, he says, as much a "material" organ as the brain and outer sense-organs, though they are differing forms of Force. His affirmation that scientific "matter" is an appearance produced by the play of cosmic force, and that mind itself is a product of the same play, is what Samkhya and Vedanta hold. The way again is opened for the concept, Maya. Whilst, however, Spencer and the Agnostic School hold that the Reality behind these phenomena is unknowable, the Vedanta affirms that it is knowable and is Consciousness itself. This is the Self than which nothing can be more intimately known. Force is blind. We discover consciousness in the Universe. It is reasonable to suppose that if the first cause is of the nature of either Consciousness or Matter, and not of both, it must be of the nature of the former and not of the latter. Unconsciousness or object may be conceived to modify Consciousness, but not to produce Consciousness out of its unconscious Self. According to Indian ideas, Spirit which is the cause of the Universe is pure Consciousness. This is Nishkala Shiva: and, as the Creator, the great Mother or Devi. The existence of pure consciousness in the Indian sense has been decried by some thinkers in the West, where generally to its pragmatic eye, Consciousness is always particular having a particular direction and form. It assumes this particularity, however, through Maya. We must distinguish between Consciousness as such and modes in consciousness. Consciousness is the unity behind all forms of consciousness, whether sensation, emotion, instinct, will or reason. The claim that Consciousness as such exists can only be verified by spiritual experience. All high mystic experiences, whether in East or West, have been experiences of unity in differing forms and degrees. Even, however, in normal life as well as in abnormal pathological states, we have occasional stretches

of experience in which it becomes almost structure-less. Secondly, the discovery of the subliminal Consciousness aids Shastric doctrine, in so far as it shows that behind the surface consciousness of which we are ordinarily aware, there is yet another mysterious field in which all its operations grow. It is the Buddhi which here manifests. Well-established occult powers and phenomena now generally accepted such as telepathy, thought-reading, hypnotism and the like are only explainable on hypotheses which approach more nearly Eastern doctrine than any other theory which has in modern times prevailed in the West. Thirdly, as bearing on this subject, we have now the scientific recognition that from its *materia prima* all forms have evolved; that there is life or its potency in all things: and that there are no breaks in nature. There is the same matter and Consciousness throughout. There is unity of life. There is no such thing as "dead" matter. The well-known experiments of Dr. Jagadish Bose establish response to stimuli in inorganic matter. This response may be interpreted to indicate the existence of that Sattva Guna which Vedanta and Samkhya affirm to exist in all things organic or inorganic. It is the play of Cit in this Sattva, so muffled in Tamas as not to be recognizable except by delicate scientific experiment, which appears as the so-called "mechanical" response. Consciousness is here veiled and imprisoned by Tamas. Inorganic matter displays it in the form of that seed or rudiment of sentiency which, enlarging into the simple pulses of feeling of the lowest degrees of organized life, at length emerges in the developed self-conscious sensations of human life. Consciousness is throughout the same. What varies is its wrappings. There is, thus, a progressive *release* of Consciousness from gross matter, through plants and animals to man. This evolution, Indian doctrine has taught in its 84 lakhs of previous births. According to the Hindu books, plants have a dormant consciousness. The *Mahabharata* says

that plants can see and thus they reach the light. Such power of vision would have been ridiculed not long ago, but Professor Haberlandt, the well-known botanist, has established that plants possess an organ of vision in the shape of a convex lens on the upper surface of the leaf. The animal consciousness is greater, but seems to display itself almost entirely in the satisfaction of animal's wants. In man, we reach the world of ideas, but these are a superstructure on consciousness, and not its foundation or basis. It is in this modeless basis that the various modes of consciousness with which we are familiar in our waking and dreaming states arise.

The question then arises as to the relation of this principle of Form with Formlessness; the unconscious finite with infinite consciousness. It is noteworthy that in the Thomistic philosophy, Matter, like Prakriti, is the particularizing or *finitizing* principle. By their definition, however, they are opposed. How then can the two be one?

Samkhya denies that they are one, and says they are two separate independent principles. This, Vedanta in its turn denies for it says that there is in fact only one true Reality, though from the empirical, dualistic standpoint there seem to be two. The question then is asked, Is dualism, pluralism, or monism to be accepted? For the Vedantist the answer of Shruti is that it is the last. But, apart from this, the question is, Does Shruti record a true experience, and is it the fact that spiritual experience is monistic or dualistic? The answer is, as we can see from history, that all high mystic experiences are experiences of unity in differing forms and degrees.

The question cannot be decided solely by discussion, but by our conclusion as to the conformity of the particular theory

held with spiritual experience. But how can we reconcile the unity of pure consciousness with the plurality of unconscious forms which the world of experience gives us? Vedanta gives various intellectual interpretations, though experience alone can solve this question. Shamkara says there is only one Sadvastu, the Brahman. From a transcendental standpoint, It *is*, and nothing happens. There is, in the state of highest experience (Paramatma), no Ishvara, no creation, no world, no Jiva, no bondage, no liberation. But empirically he must and does admit the world or Maya, which in its seed is the cosmic Samskara, which is the cause of all these notions which from the highest state are rejected. But is it real or unreal? Shamkara says it is neither. It cannot be real, for then there would be two Reals. It is not unreal, for the world is an empirical fact -- an experience of its kind, and it proceeds from the Power of Ishvara. In truth, it is unexplainable, and as Sayana says, more wonderful than Cit itself.

But if it is neither Sat nor Asat, then as Maya it is not the Brahman who is Sat. Does it then exist in Pralaya and if so how and where? How can unconsciousness exist in pure consciousness? Shamkara calls it eternal, and says that in Pralaya, Mayasatta is Brahmasatta. At that time, Maya, as the power of the ideating consciousness, and the world, its thought, do not exist: and only the Brahman is. But if so how does the next universe arise on the assumption that there is Pralaya and that there is not with him as Maya the seed of the future universe? A Bija of Maya as Samskara, even though Avyakta (not present to Consciousness), is yet by its terms different from consciousness. To all such questionings, Shamkara would say, they are themselves the product of the Maya of the state in which they are put. This is true, but it is possible to put the matter in a simpler way against which

there are not so many objections as may be laid against Mayavada.

It seems to me that Shamkara who combats Samkhya is still much influenced by its notions, and as a result of his doctrine of Maya he has laid himself open to the charge that his doctrine is not Shuddha Advaita. His notion of Maya retains a trace of the Samkhyan notion of separateness, though separateness is in fact denied. In Samkhya, Maya is the real Creatrix under the illumination of Purusha. We find similar notions in Shamkara, who compares Cit to the Ayaskantamani, and denies all liberty of self-determination in the Brahman which, though itself unchanging, is the cause of change. Jñana Kriya is allowed only to Ishvara, a concept which is itself the product of Maya. To some extent the distinctions made are perhaps a matter of words. To some extent particular notions of the Agamas are more practical than those of Shamkara who was a transcendentalist.

The Agama, giving the richest content to the Divine Consciousness, does not deny to it knowledge, but, in its supreme aspect, any dual knowledge; spiritual experience being likened by the Brihadaranyaka Upanishad to the union of man and wife in which duality exists as one and there is neither within nor without. It is this union which is the Divine Lila of Shakti, who is yet all the time one with Her Lord.

The Shakta exposition appears to be both simple and clear. I can only sketch it roughly -- having no time for its detail. It is first the purest Advaitavada. What then does it say? It starts with the Shruti, "Sarvam Khalvidam Brahma". Sarvam = world; Brahman = consciousness or Sacchidananda; therefore this world is itself Consciousness.

But we know we are not perfect consciousness. There is an apparent unconsciousness. How then is this explained? The unmanifested Brahman, before all the worlds, is Nirguna Shiva -- the Blissful undual consciousness. This is the static aspect of Shiva. This manifests Shakti which is the kinetic aspect of Brahman. Shakti and Shaktiman are one; therefore, Shiva manifests as Shiva-Shakti, who are one and the same. Therefore Shakti is consciousness.

But Shakti has two aspects (Murti), *viz.*, Vidya Shakti or Cit-Shakti, and Avidya Shakti or Maya-Shakti. Both as Shakti (which is the same as Shaktiman) are in themselves conscious. But the difference is that whilst Cit-Shakti is illuminating consciousness, Maya is a Shakti which veils consciousness to itself, and by its wondrous power appears as unconscious. This Maya-Shakti is Consciousness which by its power appears as unconsciousness. This Maya-Shakti is Triguna Shakti, that is, Shakti composed of the three Gunas. This is Kamakala which is the Trigunatmaka vibhuti. These Gunas are therefore at base nothing but Cit-Shakti. There is no necessity for the Mayavadin's *Cidabhasa*, that is, the reflection of conscious reality on unconscious unreality, as *Mayavada* says. All is real except, in the sense that some things endure and are therefore truly real: others pass and in that sense only are not real. All is Brahman. The *Antaratma* in man is the enduring Cit-Shakti. His apparently unconscious vehicles of mind and body are Brahman as Maya-Shakti, that is, consciousness appearing as unconsciousness by virtue of its inscrutable power. *Ishvara* is thus the name for Brahman as Shakti which is conjoined Cit-Shakti and Maya-Shakti.

The Mother Devi is *Ishvara* considered in His feminine aspect (*Ishvari*) as the Mother and Nourisher of the world. The *Jiva* or individual self is an *Amsha* or fragment of that great

Shakti: the difference being that whilst Ishvara is Mayavin or the controller of Maya, Jiva is subject to Maya. The World-thinker retains His Supreme undual Consciousness even in creation, but His thought, that is the forms created by His thinking are bound by His Maya that is the forms with which they identify themselves until by the power of the Vidya Shakti in them they are liberated. All is truly Sat -- or Brahman. In creation Shiva extends His power, and at Pralaya withdraws it into Himself. In creation, Maya is in itself Consciousness which appears as unconsciousness. Before creation it is as consciousness.

Important practical results follow from the adoption of this view of looking at the world. The latter is the creation of Ishvara. The world is real; being unreal only in the sense that it is a shifting passing thing, whereas Atma as the true Reality endures. Bondage is real, for Bondage is Avidyashakti binding consciousness. Liberation is real for this is the grace of Vidyashakti. Men are each Centers of Power, and if they would achieve success must, according to this Shastra, realize themselves as such, knowing that it is Devata which thinks and acts in, and as, them and that they are the Devata. Their world enjoyment is His, and liberation is His peaceful nature. The Agamas deal with the development of this Power which is not to be thought of as something without, but as within man's grasp through various forms of Shakti Sadhana. Being in the world and working through the world, the world itself, in the words of the Kularnava Tantra, *becomes the seat of liberation* (Mokshayate Samsara). The Vira or heroic Sadhaka does not shun the world from fear of it. But he holds it in his grasp and wrests from it its secret. Realizing it at length as Consciousness the world of matter ceases to be an object of desire. Escaping from the unconscious drifting of a humanity which has not yet realized

itself, He is the illumined master of himself, whether developing all his powers, or seeking liberation at his will.

[As M. Masson-Oursel so well puts it (Esquisse d'une histoire de la philosophie indienne, p. 257) "Dans le tantrisme triomphent une conception immanentiste de l'intelligibilité, L'esprit s'assigne pour but, non de se laisser vivre mais de se créer une vie digne de lui, une existence omnisciente omnipotente, qu'il maîtrisera parce qu'il en sera auteur" (by Sadhana).]

## Chapter Seventeen

### Shakti and Maya

In the Eighth Chapter of the unpublished Sammohana Tantra, it is said that Shamkara manifested on earth in the form of Shamkaracarya, in order to root out Buddhism from India. It compares his disciples and himself to the five Mahapreta (who form the couch on which the Mother of the Worlds rests), and identifies his maths with the Amnyas, namely, the Govardhana in Puri with Purvamnaya (the Sampradaya being Bhogavara), and so on with the rest. Whatever be the claims of Shamkara as destroyer of the great Buddhistic heresy, which owing to its subtlety was the most dangerous antagonist which the Vedanta has ever had, or his claims as expounder of Upanishad from the standpoint of Siddhi, his Mayavada finds no place in the Tantras of the Agamas, for the doctrine and practice is given from the standpoint of Sadhana. This is not to say that the doctrine is explicitly denied. It is not considered. It is true that in actual fact we often give accommodation to differing theories for which logic can find no living room, but it is obvious that in so far as man is a worshipper he must accept the world-standpoint, if he would not, like Kalidasa, cut from beneath himself the branch of the tree on which he sits. Next, it would be a mistake to overlook the possibility of the so-called "Tantrik" tradition having been fed by ways of thought and practice which were not, in the strict sense of the term, part of the Vaidic cult, or in the line of its descent. The worship of the Great Mother, the Magna Mater of the Near East, the Adya Shakti of the Shakta Tantras, is in its essentials (as I have elsewhere pointed out) one of the oldest and most widespread religions of the world, and one which in India was possibly, in its origins, independent of the Brahmanic religion as presented to us in the Vaidik Samhitas and Brahmanas. If this be so, it was later on undoubtedly

mingled with the Vedanta tradition, so that the Shakta faith of to-day is a particular presentation of the general Vedantik teaching. This is historical speculation from an outside standpoint. As the Sarvollasa of Sarvanandanatha points out, and as is well-known to all adherents of the Shakta Agamas, Veda in its general sense includes these and other Shastras in what is called the great Shatakoti Samhita. Whatever be the origins of doctrine (and this should not be altogether overlooked in any proper appreciation of it), I am here concerned with its philosophical aspect, as shown to us to-day in the teachings and practice of the Shaktas who are followers of the Agama. This teaching occupies in some sense a middle place between the dualism of Samkhya, and Shamkara's ultra-monistic interpretation of Vedanta to which, unless otherwise stated, I refer. Both the Shaiva and Shakta schools accept the threefold aspect of the Supreme known as Prakasha, Vimarsha and Prakasha-Vimarsha called in Tantrik worship, "The Three Feet" (Caranatritya). Both adopt the Thirty-six Tattvas, Shiva, Shakti, Sadashiva, Ishvara and Shuddhavidya, preceding the Purusha-Prakriti Tattvas with which the Samkhya commences. For whereas these are the ultimate Tattvas in that Philosophy, the Shaiva and Shakta schools claim to show how Purusha and Prakriti are themselves derived from higher Tattvas. These latter Tattvas are also dealt with from the Shabda side as Shakti, Nada, Bindu and as Kalas which are the Kriya of the various grades of Tattvas which are aspects of Shakti. The Shakta Tantras, such as the Saubhagyaatnakara and other works, speak of ninety-four of such Kalas appropriate to Sadashiva, Ishvara, Rudra, Vishnu, and Brahma, "Sun," "Moon," and "Fire," (indicated in the form of the Ram Bija with Candrabindu transposed) of which fifty-one are Matrika Kalas, being the subtle aspects of the gross letters of Sanskrit alphabet. This last is the Mimamsaka doctrine of Shabda adapted to the doctrine of Shakti. Common also to

both Shakta and Shaiva Sampradayas is the doctrine of the Shadadhva. (See my *Garland of Letters*).

I am not however here concerned with these details, but with the general concept of Shakti which is their underlying basis. It is sufficient to say that Shakta doctrine is a form of Advaitavada. In reply to the question what is "silent concealment" (Goptavyam), it is said: Atmaham-bhava-bhavanaya bhavayitavyam ityarthah. Hitherto greater pains have been taken to show the differences between the Darshanas than, by regarding their points of agreement, to co-ordinate them systematically. So far as the subject of the present article is concerned all three systems, Samkhya, Mayavada, Shaktivada, are in general agreement as to the nature of the infinite formless Consciousness, and posit therewith a finitizing principle called Prakriti, Maya and Shakti respectively. The main points on which Samkhya (at any rate in what has been called its classical form) differs from Mayavada Vedanta are in its two doctrines of the plurality of Atmans on the one hand, and the reality and independence of Prakriti on the other. When however we examine these two Samkhya doctrines closely we find them to be mere accommodations to the infirmity of common thought. A Vedantic conclusion is concealed within its dualistic presentment. For if each liberated (Mukta) Purusha is all-pervading (Vibhu), and if there is not the slightest difference between one and another, what is the actual or practical difference between such pluralism and the doctrine of Atma? Again it is difficult for the ordinary mind to conceive that objects cease to exist when consciousness of objects ceases. The mind naturally conceives of their existing for others, although, according to the hypothesis, it has no right to conceive anything at all. But here again what do we find? In liberation Prakriti ceases to exist for the Mukta

Purusha. In effect what is this but to say with Vedanta that Maya is not a real independent category (Padartha)?

A critic has taken exception to my statement that the classical Samkhya conceals a Vedantic solution behind its dualistic presentment. I was not then, of course, speaking from historical standpoint. Shiva in the *Kularnava Tantra* says that the Six Philosophies are parts of His body, and he who severs them severs His body. They are each aspects of the Cosmic Mind as appearing in Humanity. The logical process which they manifest is one and continuous. The conclusions of each stage or standard can be shown to yield the material of that which follows. This is a logical necessity if it be assumed that the Vedanta is the truest and highest expression of that of which the lower dualistic and pluralistic stages are the approach.

In Samkhya, the Purusha principle represents the formless consciousness, and Prakriti formative activity. Shamkara, defining Reality as that which exists as the same in all the three times, does not altogether discard these two principles, but says that they cannot exist as two independent Realities. He thus reduces the two categories of Samkhya, the Purusha Consciousness and Prakriti Unconsciousness to one Reality, the Brahman; otherwise the Vakya, "All is Brahman" (Sarvam khalvidam Brahma) is falsified. Brahman, however, in one aspect is dissociated from, and in another associated with Maya, which in his system takes the place of the Samkhyan Prakriti. But, whereas, Prakriti is an independent Reality, Maya is something which is neither real (Sat) nor unreal (Asat) nor partly real and partly unreal (Sadasat), and which though not forming part of Brahman, and therefore not Brahman, is yet, though not a second reality, inseparably associated and sheltering with, Brahman (Maya Brahmashrita) in one of its aspects: owing what false

appearance of reality it has, to the Brahman with which it is so associated. It is an Eternal Falsity (Mithyabhuta sanatani), unthinkable, alogical, unexplainable (Anirvacaniya). In other points, the Vedantic Maya and Samkhyan Prakriti agree. Though Maya is not a second reality, but a mysterious something of which neither reality nor unreality can be affirmed, the fact of positing it at all gives to Shamkara's doctrine a tinge of dualism from which Shakta theory is free. According to Samkhya, Prakriti is real although it changes. This question of reality is one of definition. Both Mulaprakriti and Maya are eternal. The world, though a changing thing, has at least empirical reality in either view. Both are unconsciousness. Consciousness is reflected on or in unconsciousness: that is to state one view for, as is known, there is a difference of opinion. The light of Purusha-Consciousness (Cit) is thrown on the Prakriti-Unconsciousness (Acit) in the form of Buddhi. Vijñanabhikshu speaks of a mutual reflection. The Vedantic Pratibimbavadins say that Atma is reflected in Antahkarana, and the apparent likeness of the latter to Cit which is produced by such reflection is Cidabhasa or Jiva. This question of Cidabhasa is one of the main points of difference between Mayavada and Shaktivada. Notwithstanding that Maya is a falsity, it is not, according to Shamkara, a mere negation or want of something (Abhava), but a positive entity (Bhavarupamajanam): that is, it is in the nature of a power which veils (Acchadaka) consciousness, as Prakriti does in the case of Purusha. The nature of the great "Unexplained" as it is in Itself, and whether we call it Prakriti or Maya, is unknown. The Yoginihridaya Tantra beautifully says that we speak of the Heart of Yogini who is Knower of Herself (Yogini svavid), because the heart is the place whence all things issue. "What man," it says, "knows the heart of a woman? Only Shiva knows the Heart of Yogini." But from Shruti and its effects it is said to be one, all-

pervading, eternal, existing now as seed and now as fruit, unconscious, composed of Gunas (Guna-mayi); unperceivable except through its effects, evolving (Parinami) these effects which are its products: that is the world, which however assumes in each system the character of the alleged cause; that is, in Samkhya the effects are real: in Vedanta, neither real nor unreal. The forms psychic or physical arise in both cases as conscious-unconscious (Sadasat) effects from the association of Consciousness (Purusha or Ishvara) with Unconsciousness (Prakriti or Maya), *Miyate anena iti Maya*. Maya is that by which forms are measured or limited. This too is the function of Prakriti. Maya as the collective name of eternal ignorance (Ajñāna), produces, as the Prapañcashakti, these forms, by first veiling (Avaranashakti) Consciousness in ignorance and then projecting these forms (Vikshepashakti) from the store of the cosmic Samskaras. But what is the Tamas Guna of the Samkhyan Prakriti in effect but pure Avidya? Sattva is the tendency to reflect consciousness and therefore to reduce unconsciousness. Rajas is the activity (Kriya) which moves Prakriti or Maya to manifest in its Tamasik and Sattvik aspect. Avidya means "na vidyate," "is not seen," and therefore is not experienced. Cit in association with Avidya does not see Itself as such. The first experience of the Soul reawakening after dissolution to world experience is, "There is nothing," until the Samskaras arise from out this massive Ignorance. In short, Prakriti and Maya are like the *materia prima* of the Thomistic philosophy, the *finitizing* principle; the activity which "measures out" (Miyate), that is limits and *makes forms* in the *formless* (Cit). The devotee Kamalakanta lucidly and concisely calls Maya, the form of the Formless (Shunyasya akara iti Maya).

In one respect, Mayavada is a more consistent presentation of Advaitavada, than the Shakta doctrine to which we now

proceed. For whilst Shamkara's system, like all others, posits the doctrine of aspects, saying that in one aspect the Brahman is associated with Maya (Ishvara), and that in another it is not (Parabrahman); yet in neither aspect does his Brahman truly change. In Shakta doctrine, Shiva does in one aspect (Shakti) change. Brahman is changeless and yet changes. But as change is only experienced by Jivatma subject to Maya, there is not perhaps substantial difference between such a statement, and that which affirms changelessness and only seeming change. In other respects, however, to which I now proceed, Shakta doctrine is a more monistic presentation of Advaitavada. If one were asked its most essential characteristic, the reply should be, the absence of the concept of unconscious Maya as taught by Shamkara. Shruti says, "All is Brahman". Brahman is consciousness: and therefore all is consciousness. There is no second thing called Maya which is not Brahman even though it be "not real", "not unreal"; definition obviously given to avoid the imputation of having posited a second Real. To speak of Brahman, and Maya which is not Brahman is to speak of two categories, however much it may be sought to explain away the second by saying that it is "not real" and "not unreal"; a falsity which is yet eternal and so forth. Like a certain type of modern Western "New Thought," Shakta doctrine affirms, "all is consciousness," however much unconsciousness appears in it. The Kaulacarya Sadananda says in his commentary on the 4th Mantra of *Isopanishad* (Ed. A. Avalon): "The changeless Brahman, which is consciousness appears in creation as Maya which is Brahman, (Brahmamayi), consciousness (Cidrupini) holding in Herself unbeginning (Anadi) Karmik tendencies (Karmasamskara) in the form of the three Gunas. Hence, She is Gunamayi, despite being Cinmayi. As there is no second principle these Gunas are Cit-Shakti." The Supreme

Devi is thus Prakashavimarshasya-rupini, or the union of Prakasha and Vimarsha.

According to Shamkara, man is Spirit (Atma) vested in the Mayik 'falsities' of mind and matter. He, accordingly, can only establish the unity of Ishvara and Jiva by eliminating from the first Maya, and from the second Avidya, when Brahman is left as common denominator. The Shakta eliminates nothing. Man's spirit or Atma is Shiva, His mind and body are Shakti. Shakti and Shiva are one. The Jivatma is Shiva-Shakti. So is the Paramatma. This latter exists as one: the former as the manifold. Man is then not a Spirit covered by a non-Brahman falsity, but Spirit covering Itself with Its own power or Shakti.

What then is Shakti, and how does it come about that there is some principle of unconsciousness in things, a fact which cannot be denied. Shakti comes from the root "*shak*," "to be able," "to have power". It may be applied to any form of activity. The power to see is visual Shakti, the power to burn is Shakti of fire, and so forth. These are all forms of activity which are ultimately reducible to the Primordial Shakti (Adya Shakti) whence every other form of Power proceeds. She is called Yogini because of Her connection with all things as their origin. It is this Original Power which is known in worship as Devi or Mother of Many Names. Those who worship the Mother, worship nothing "illusory" or unconscious, but a Supreme Consciousness, whose body is all forms of consciousness-unconsciousness produced by Her as Shiva's power. Philosophically, the Mother or Daivashakti is the kinetic aspect of the Brahman. All three systems recognize that there is a static and kinetic aspect of things: Purusha, Brahman, Shiva on the one side, Prakriti, Maya, Shakti on the other. This is the time-honored attempt to reconcile the doctrine of a changeless Spirit, a changing

Manifold, and the mysterious unity of the two. For Power (Shakti) and the possessor of the Power (Shaktiman) are one and the same. In the Tantras, Shiva constantly says to Devi, "There is no difference between Thee and Me." We say that the fire burns, but burning *is* fire. Fire is not one thing and burning another. In the supreme transcendental changeless state, Shiva and Shakti are one, for Shiva is never without Shakti. The connection is called Avinabhavasambandha. Consciousness is never without its Power. Power is active Brahman or Consciousness. But, as there is then no activity, they exist in the supreme state as one Tattva (Ekam tattvam iva); Shiva as Cit, Shakti as Cidrupini. This is the state before the thrill of Nada, the origin of all those currents of force which are the universe. According to Shamkara, the Supreme Experience contains no trace or seed of objectivity whatever. In terms of speech, it is an abstract consciousness (Jñāna). According to the view here expressed, which has been profoundly elaborated by the Kashmir Shaiva School, that which appears "without" only so appears because it, in some form or other, exists "within". So also the Shakta Visvasara Tantra says, "what is here is there, what is not here is nowhere." If therefore we know duality, it must be because the potentiality of it exists in that from which it arises. The Shaivashakta school thus assumes a real derivation of the universe and a causal nexus between Brahman and the world. According to Shamkara, this notion of creation is itself Maya, and there is no need to find a cause for it. So it is held that the supreme experience (Amarsa) is by the Self (Shiva) of Himself as Shakti, who as such is the Ideal or Perfect Universe; not in the sense of a perfected world of form, but that ultimate formless feeling (Bhava) of Bliss (Ananda) or Love which at root the whole world is. All is Love and by Love all is attained. The Shakta Tantras compare the state immediately prior to creation with that of a grain of gram (Canaka) wherein the two seeds

(Shiva and Shakti) are held as one under a single sheath. There is, as it were, a Maithuna in this unity of dual aspect, the thrill of which is Nada, productive of the seed or Bindu from which the universe is born. When the sheath breaks and the seeds are pushed apart, the beginning of a dichotomy is established in the one consciousness, whereby, the "I", and the "This" (Idam or Universe) appear as separate. The specific Shiva aspect is, when viewed through Maya, the Self, and the Shakti aspect the Not-Self. This is to the limited consciousness only. In truth the two, Shiva and Shakti, are ever one and the same, and never dissociated. Thus each of the Bindus of the Kamakala are Shiva-Shakti appearing as Purusha-Prakriti. At this point, Shakti assumes several forms, of which the two chief are Cit-Shakti or as Cit as Shakti, and Maya-Shakti or Maya as Shakti. Maya is not here a mysterious unconsciousness, a non-Brahman, non-real, non-unreal something. It is a form of Shakti, and Shakti is Shiva who is Consciousness which is real. Therefore Maya Shakti is in itself (Svarupa) Consciousness and Brahman. Being Brahman, It is real. It is that aspect of conscious power which conceals Itself to Itself. "By veiling the own true form (Svarupa = Consciousness), its Shaktis always arise", (Svarupavarane casya shaktayah satatotthitah) as the Spandakarika says. This is a common principle in all doctrine relating to Shakti. Indeed, this theory of veiling, though expressed in another form, is common to Samkhya and Vedanta. The difference lies in this that in Samkhya it is a second, independent Principle which veils; in Mayavada Vedanta it is the non-Brahman Maya (called a Shakti of Ishvara) which veils; and in Shakta Advaitavada (for the Shaktas are nondualists) it is Consciousness which, without ceasing to be such, yet veils Itself. As already stated, the Monistic Shaivas and Shaktas hold certain doctrines in common such as the thirty-six Tattvas, and what are called Shadadhva which also appear as part of the teaching of the

other Shaiva Schools. In the thirty-six Tattva scheme, Maya which is defined as "the sense of difference" (Bhedabuddhi), for it is that which makes the Self see things as different from the Self, is technically that Tattva which appears at the close of the pure creation, that is, after Shuddhavidya. This Maya reflects and limits in the Pashu or Jiva, the Iccha, Jñana, Kriya Shaktis of Ishvara. These again are the three Bindus which are "Moon," "Fire," and "Sun". (See Author's *Garland of Letters*.) What are Jñana and Kriya (including Iccha its preliminary) on the part of the Pati (Lord) in all beings and things (Bhaveshu) which are His body: it is these two which, with Maya as the third, are the Sattva, Rajas and Tamas Gunas of the Pashu. This veiling power explains how the undeniable element of unconsciousness which is seen in things exists. How, if all be consciousness, is that principle there ? The answer is given in the luminous definition of Shakti; *"It is the function of Shakti to negate"* (Nishedhavyapararupa Shaktih), that is, to negate consciousness and make it appear to Itself as unconscious (Karika 4 of Yogaraja or Yogamuni's Commentary on Abhinava Gupta's Paramarthasara). In truth the whole world is the Self whether as "I" (Aham) or "This" (Idam). The Self thus becomes its own object. It becomes object or form that it may enjoy dualistic experience. It yet remains, what it was in its unitary blissful experience. This is the Eternal Play in which the Self hides and seeks itself. The formless cannot assume form unless formlessness is negated. Eternity is negated into finality; the all-pervading into the limited; the all-knowing into the "little knower"; the almighty into the "little doer," and so forth. It is only by negating Itself to Itself that the Self becomes its own object in the form of the universe.

It follows from the above that, to the Shakta worshipper, there is no unconscious Maya in Shamkara's sense, and

therefore there is no Cidabhasa, in the sense of the reflection of consciousness on unconsciousness, giving the latter the appearance of consciousness which it does not truly possess. For all is Consciousness as Shakti. "Aham Stri," as the Advaitabhavopanisad exclaims. In short, Shamkara says there is one Reality or Consciousness and a not-real not-unreal Unconsciousness. What is really unconscious appears to be conscious by the reflection of the light of Consciousness upon it. Shakta doctrine says consciousness appears to be unconscious, or more truly, to have an element of unconsciousness in it (for nothing even empirically is absolutely unconscious), owing to the veiling play of Consciousness Itself as Shakti.

As with so many other matters, these apparent differences are to some extent a matter of words. It is true that the Vedantists speak of the conscious (Cetana) and unconscious (Acetana), but they, like the Shakta Advaitins, say that the thing in itself is Consciousness. When this is vividly displayed by reason of the reflection (Pratibimbha) of consciousness in Tattva, (such as Buddhi), capable of displaying this reflection, then we can call that in which it is so displayed conscious. Where, though consciousness is all-pervading, Caitanya is not so displayed, there we speak of unconsciousness. Thus, gross matter (Bhuta) does not appear to reflect Cit, and so appears to us unconscious. Though all things are at base consciousness, some appear as more, and some as less conscious. Shamkara explains this by saying that Caitanya is associated with a non-conscious mystery or Maya which veils consciousness, and Caitanya gives to what is unconscious the appearance of consciousness through reflection. "Reflection" is a form of pictorial thinking. What is meant is that two principles are associated together without the nature (Svarupa) of either being really affected, and yet producing that effect which is

Jiva. Shakta doctrine says that all is consciousness, but this same consciousness assumes the appearance of changing degrees of unconsciousness, not through the operation of anything other than itself (Maya), but by the operation of one of its own powers (Mayashakti). It is not unconscious Maya in Shamkara's sense which veils consciousness, but Consciousness as Shakti veils Itself, and, as so functioning, it is called Mayashakti. It may be asked how can Consciousness become Unconsciousness and cease to be itself '? The answer is that it does not. It never ceases to be Consciousness. It appears to itself, as Jiva, to be unconscious, and even then not wholly: for as recent scientific investigations have shown, even so-called "brute matter" exhibits the elements of that which, when evolved in man, is self-consciousness. If it be asked how consciousness can obscure itself partially or at all, the only answer is Acintya Shakti, which Mayavadins as all other Vedantists admit. Of this, as of all ultimates, we must say with the Western Scholastics, "omnia exeunt in mysterium".

Prakriti is then, according to Samkhya, a real independent category different from Purusha. This both Mayavada and Shaktivada deny. Maya is a not-real, not-unreal Mystery dependent on, and associated with, and inhering in Brahman; but not Brahman or any part of Brahman. Maya-Shakti is a power of, and, in its Svarupa, not different from Shiva: is real, and is an aspect of Brahman itself. Whilst Brahman as Ishvara is associated with Maya, Shiva is never associated with anything but Himself. But the function of all three is the same, namely to make forms in the formless. It is That, by which the Ishvara or Collective Consciousness pictures the universe for the individual Jiva's experience. Shakti is three-fold as Will (Iccha), Knowledge (Jñana), and Action (Kriya). All three are but differing aspects of the one Shakti. Consciousness and its power or action are at base

the same. It is true that action is manifested in matter, that is apparent unconsciousness, but its root, as that of all else is consciousness. Jñana is self-proved and experienced (Svatahsiddha), whereas, Kriya, being inherent in bodies, is perceived by others than by ourselves. The characteristic of action is the manifestation of all objects. These objects, again, characterized by consciousness-unconsciousness are in the nature of a shining forth (Abhasa) of Consciousness. (Here Abhasa is not used in its sense of Cidabhasa, but as an intensive form of the term Bhasa.) The power of activity and knowledge are only differing aspects of one and the same Consciousness. According to Shamkara, Brahman has no form of self-determination. Kriya is a function of unconscious Maya. When Ishvara is said to be a doer (Karta), this is attributed (Aupadhika) to Him by ignorance only. It follows from the above that there are other material differences between Shakta doctrine and Mayavada, such as the nature of the Supreme Experience, the reality and mode of creation, the reality of the world, and so forth. The world, it is true, is not; as the Mahanirvana Tantra says absolute reality in the sense of unchanging being, for it comes and goes. It is nevertheless real, for it is the experience of Shiva and Shiva's experience is not unreal. Thus again the evolution of the world as Abhasa, whilst resembling the Vivarta of Mayavada, differs from it in holding, as the Samkhya does, that the effect is real and not unreal, as Shamkara contends. To treat of these and other matters would carry me beyond the scope of this essay which only deals, and that in a summary way, with the essential differences and similarities in the concept Prakriti, Maya and Shakti.

I may however conclude with a few general remarks. The doctrine of Shakti is a profound one, and I think likely to be attractive to Western minds when they have grasped it, just as they will appreciate the Tantrik watchword, Kriya or

action, its doctrine of progress with and through the world and not against it, which is involved in its liberation-enjoyment (Bhukti-mukti) theory and other matters. The philosophy is, in any case, not, as an American writer, in his ignorance, absurdly called it, "worthless," "religious Feminism run mad," and a "feminization of Vedanta for suffragette Monists". It is not a "feminization" of anything, but distinctive, original and practical doctrine worthy of a careful study. The Western student will find much in it which is more acceptable to generally prevalent thought in Europe and America -- than in the "illusion" doctrine (in itself an unsuitable term), and the ascetic practice of the Vedantins of Shamkara's school. This is not to say that ways of reconciliation may not be found by those who go far enough. It would not be difficult to show ground for holding that ultimately the same intellectual results are attained by viewing the matter from the differing standpoints of Sadhana and Siddhi.

The writer of an interesting article on the same subject in the *Prabuddha Bharata* (August 1916) states that the Samnyasi Totapuri, the Guru of Sri Ramakrishna, maintained that a (Mayavadin) Vedantist could not believe in Shakti, for if causality itself be unreal there is no need to admit any power to cause, and that it is Maya to apply the principle of causation and to say that everything comes from Shakti. The Samnyasi was converted to Shakta doctrine after all. For as the writer well says, it is not merely by intellectual denial, but by *living* beyond the "unreal," that Real is found. He, however, goes on to say, "the Shaktivada of Tantra is not an improvement on the Mayavada of Vedanta, (that is the doctrine of Shamkara) but only its symbolization through the chromatics of sentiment and concept." It is true that it is a form of Vedanta, for all which is truly Indian must be that. It is also a fact that the Agama as a Shastra of worship is full

of Symbolism. Intellectually, however, it is an original presentment of Vedanta, and from the practical point of view, it has some points of merit which Mayavada does not possess. Varieties of teaching may be different presentations of one truth leading to a similar end. But one set of "chromatics" may be more fruitful than another for the mass of men. It is in this that the strength of the Shakta doctrine and practice lies. Moreover (whether they be an improvement or not) there are differences between the two. Thus the followers of Shamkara do not, so far as I am aware, accept the thirty-six Tattvas. A question, however, which calls for inquiry is that of the relation of the Shakta and Shaiva (Advaita) Schools Mayavada is a doctrine which, whether true or not, is fitted only for advanced minds of great intellectuality, and for men of ascetic disposition, and of the highest moral development. This is implied in its theory of competency (Adhikara) for Vedantic teaching. When, as is generally the case, it is not understood, and in some cases when it is understood, but is otherwise not suitable, it is liable to be a weakening doctrine. The Shakta teaching to be found in the Tantras has also its profundities which are to be revealed only to the competent, and contains a practical doctrine for all classes of worshippers (Sadhaka). It has, in this form, for the mass of men, a strengthening pragmatic value which is beyond dispute. Whether, as some may have contended, it is the fruit of a truer spiritual experience I will not here discuss, for this would lead me into a polemic beyond the scope of my present purpose, which is an impartial statement of the respective teachings, on one particular point, given by the three philosophical systems here discussed.

## Chapter Eighteen

### Shakta Advaitavada

I have often been asked -- In what consists the difference between Vedanta and 'Tantra'. This question is the product of substantial error, for it assumes that Tantra Shastra is not based on Vedanta. I hope that, after many years of work, I have now made it clear that the Tantra Shastra or Agama (whatever be its ultimate origin as to which little is known by anybody) is now, and has been for centuries past, one of the recognized Scriptures of Hinduism, and every form of Hinduism is based on Veda and Vedanta. Another erroneous question, though less so, is -- In what consists the difference between Advaita Vedanta and 'Tantra' Shastra. But here again, the question presupposes a misunderstanding of both Vedanta and Agama. There are, as should be well known, several schools of Advaita Vedanta, such as Mayavada (with which too commonly the Advaita Vedanta is identified), such as the schools of the Northern Shaivagama, and Shuddhadvaita of Vallabhacarya. In the same way, there are different schools of doctrine and worship in what are called the 'Tantras', and a grievous mistake is committed when the Tantra is made to mean the Shakta Tantra only, such as is prevalent in Bengal and which, according to some, is either the product of, or has been influenced by Buddhism. Some English-speaking Bengalis of a past day, too ready to say, "Aye aye," to the judgments of foreign critics, on their religion as on everything else, and in a hurry to dissociate themselves from their country's "superstitions," were the source of the notion which has had such currency amongst Europeans that, "Tantra" necessarily meant drinking wine and so forth.

A legitimate and accurate question is -- In what consists the difference between, say, the Mayavadin's Vedanta and that

taught by the Shakta Sampradaya of Bengal. One obviously fundamental difference at once emerges. The Agamas being essentially ritual or Sadhana Shastras are not immediately and practically concerned with the Yoga doctrine touching Paramarthika Satta taught by Shamkaracarya. A Sadhaka ever assumes the reality of the Universe, and is a practical dualist, whatever be the non-dual philosophical doctrines to which he may be intellectually attracted. He worships, that is assumes the being of some Other who is worshipped, that is a Real Lord who really creates, maintains, and really dissolves the Universe. He himself, the object of his worship and the means of worship are real, and his Advaita views are presented on this basis. It is on this presentment then that the next class of differences is to be found. What are they? The essence of them lies in this that the Sadhaka looks at the Brahman, through the world, whereas to the Mayavadin Yogi, placing himself at the Brahman standpoint, there is neither creation nor world but the luminous Atma. The Clear Light of the Void, as the Mahayanists call it, that alone *is*. Nevertheless, both the Advaita Sadhaka and the Advaita Yogi are one in holding that the Brahman alone is. *Sarvam Khalvidam Brahma* is the great saying (Vakya) on which all Shakta Tantra Shastra rests. The difference in interpretation then consists in the manner in which this Mahavakya is to be explained. Does it really mean what it says, or does it mean that the saying applies only after elimination of Maya and Avidya. Here there is the necessary difference because, in the case of the Sadhaka, the Vakya must be explained on the basis of his presuppositions already given, whereas the Yogi who has passed the stage in which he became Siddha in Sadhana surpasses, by auto-realization, all dualism. The vast mass of men are better warned off discussions on Paramarthika Satta. Whether the concept be true or not, it only leads in their case to useless argument (Vicara), and thus enfeebles them. Shakta doctrine, as its name implies, is

a doctrine of power. It is true that Yoga is power, indeed the highest form of it (Yogabala). But it is a power only for those qualified (Adhikari), and not for the mass. I am not therefore here adversely criticizing Mayavada. It is a pity that this country whose great glory it is to have preached *Abheda* in varying forms, and therefore tolerance, is to-day full of hateful *Bheda* of all kinds. I say "hateful", for *Bheda* is a natural thing, only hateful when accompanied by hate and intolerance. Profoundly it is said in Halhed's Gentoo laws that, "contrarities of religion and diversity of belief are a demonstration of the power of the Supreme. Differences and varieties of created things are rays of the Glorious Essence, and types of His wonderful attributes whose complete power formed all creatures." There is also the saying attributed to the Apostle of God, Mohammed, in the Radd-ul-Muhtar and elsewhere -- "difference of opinion is also the gift of God". In these sayings speaks the high spirit of Asia. There may be political remedies for sectarian ill-feeling, but a medicine of more certain effect in this country is the teaching, "Rama Rahim ek hai". Let us then not only objectively, but in all amity, examine the two great systems mentioned.

We all know what is normal world-experience in the Samsara. Some through auto-realization have super-normal or "mystic" experience. This last is of varying kinds, and is had in all religions. The highest form of it, according to Mayavada, is Nirvana Moksha, but there are many degrees short of this complete self-realization as the Whole (Purna). But the great majority of men are not concerned directly with such high matters, but with a realization of power in the world. World-experience is called ignorance, *Ajñana*. This may confuse. It is ignorance only in this sense, that whilst we have normal experience, we are by that very fact ignoring, that is, not having super-normal experience. In super-normal experience again there is no finite world-

experience. The Lord Himself cannot have man's experience except as and through man. *Avidya* means *Na Vidyate*, that is, which is not seen or experienced. Some speak in foolish disparagement of the world which is our very close concern. As a link between Yoga and Bhoga, the Shakta teaches, *Yogo Bhogayate*. I am now dealing with Mayavada. Whence does this ignorance in the individual or *Avidya*, come? The world is actually ignorant and man is part of it. This ignorance is the material cause of the world. This is not ignorance of the individual (*Avidya*), for then, there would be as many worlds as individuals; but the collective ignorance or *Maya*. *Avidya* exists to provide happiness or pain (*Bhoga*) for individuals, that is normal world-experience. Stated simply, ignorance in the sense of *Maya* has no beginning or end, though worlds appear and go. What is this but to say that it is in the nature (*Svabhava*) of the Real which manifests to do so, and the nature of its future manifestation proceeds upon lines indicated by the past collective Karma of the world.

Now, enjoyment and suffering cannot be denied, nor the existence of an element of unconsciousness in man. But the *Paramatma*, as such, does not, it is said, suffer or enjoy, but is Pure Consciousness. What consciousness then does so? *Shankara*, who is ever solicitous to preserve purity of the Supreme unchanging Self, says that it is not true consciousness, but a false image of it reflected in ignorance and which disappears when the latter is destroyed. This is in fact *Samkhyan Dualism* in another form, and because of this *Shaktivada* claims to have a purer *Advaita* doctrine. In *Samkhya* the *Purusha*, and in *Mayavada* the *Atma* illumine *Prakriti* and *Maya* respectively, but are never in fact bound by her. What is in bondage is the reflection of *Purusha* or *Atma* in *Prakriti* or *Maya*. This is *Cidabhasa* or the appearance of consciousness in a thing which is in fact not

conscious; the appearance being due to the reflection of consciousness (Cit), or ignorance (Ajñāna), or unconsciousness (Acit). The false consciousness as Jivatma, suffers and enjoys. According to the Shakta view there is, as later explained, no Cidabhasa.

Now, is this Ajñāna independent of Atma or not? Its independence, such as Samkhya teaches, is denied. Ignorance then, whether collective or individual, must be traced to, and have its origin in, and rest on Consciousness as Atma. How this is so, is unexplained, but the unreal which owes its existence in some inscrutable way to Reality is yet, it is said, in truth no part of it. It is Brahman then, which is both the efficient and material cause of ignorance with its three Gunas, and of Cidabhasa, Brahma is the cause through its inscrutable power (Acintyashaktitvat) or Maya-Shakti,

Now, is this Shakti real or unreal? According to the transcendent standpoint (Paramarthika) of Mayavada it is unreal. The creative consciousness is a reflection on ignorance or Maya. It is Brahman seen through the veil of Maya. This is not a denial of Brahman, but of the fact that it creates. A true consciousness, it is said, can have no incentive to create. From the standpoint of the Supreme State nothing happens. Both the consciousness which as Ishvara creates, and as Jiva enjoys are Cidabhasa, the only difference being that the first is not, and the second is under the influence of Maya. Then it is asked, ignorance being unconscious and incapable of independent operation, true consciousness being inactive (Nishkriya), and Cidabhasa being unreal, how is ignorance capable of hiding true consciousness and producing the world out of itself? To this the only reply is Svabhava that is, the very nature of ignorance makes it capable of producing apparently impossible effects. It is inscrutable (Anirvacaniya).

The Shakta then asks whether this Shakti is real or unreal, conscious or unconscious, Brahman or not Brahman? If it be a Shakti of Brahman, it cannot be unreal, for there is no unreality in Brahman. It must be conscious for otherwise unconsciousness would be a factor in Brahman. It is Brahman then; for power (Shakti) and the possessor of power (Shaktiman) are one and the same.

Therefore, the Shakta Tantra Shastra says that Shakti which, operating as Cit and Maya, is Cit-Shakti and Maya-Shakti, is real, conscious and Brahman itself (*Sarvam Khalvidam Brahma*). It follows that Shakti which is Brahman in its aspect as Creator is, in fact, both the efficient and material cause of the world. If the first or cause is real, so is the second or world. If the first be the cause of unreality, it is in itself unreal. But what is real is Brahman. Therefore, the world has a real cause which is not unreal unconsciousness or ignorance composed of three Gunas, but conscious Shakti and Brahman. It, therefore, does away with the necessity for Cidabhasa; for, if real conscious Shakti is the cause of the world, then there is no need for unreal unconsciousness which Mayavada is driven to posit to secure the absolute purity of the Brahman Consciousness.

From the standpoint of Mayavada, the objection to the exclusion of Cidabhasa lies in the fact that, if the world is derived direct from conscious Shakti (as Shaktas hold), then the Supreme Consciousness is made both enjoyer and object of enjoyment. But it holds that, Paramatma does not enjoy and has no need to do so; whilst the object of enjoyment is unconscious. Hence, the trace of Samkhyan dualism, the Atma exerting an influence over Maya by virtue of its proximity only (*Sannidhimatrena Upakari*). Pure Atma is not itself concerned. Maya receives its influence. This is analogous to what is called in Chemistry catalytic action. The

catalytic substance influences another by its mere presence, but remains itself apparently unchanged. Atma is in this sense an efficient but not instrumental or material cause of the world.

As Atma is only Sacchidananda, the world, so long as it is considered to exist, must exist in Pure Consciousness (Atmasthan), though essentially it is different from it (Atmavilakshana), and does not exist for its purpose. In Mayavada, the world, from the transcendental standpoint, does not exist and Atma is not cognizant of it. Hence, the question of the cause of Creation is bred of ignorance. So also, is the idea of efficient cause, for it proceeds from a search for the cause of Creation which does not exist. Mayavada, from the standpoint of normal conventional experience (Vyavaharika Satta), speaks of the Shakti of Atma as a cause of Creation, simply to provide the empirical world of the worldly man with a worldly interpretation of its worldly existence. From this point of view, Brahman is looked at through the world, which is the natural thing for all who are not liberated. From the other end or Brahman, there is no Creation nor world, and Atma alone is.

The Shakta may reply to this: Is not your Paramarthika standpoint in fact empirical, arrived at by argument (Vicara) with a limited intellect? If inscrutable power is a cause of the world, it is inscrutable, because the intellect cannot grasp it, though it is known to be Atma. If the latter can show inscrutable power, how can you say that it is incapable of appearing as enjoyer and object of enjoyment? To deny this is to deny the unlimited character of inscrutable power. If it be objected, that Atma cannot be object of enjoyment, because, the former is conscious and the latter unconscious, what proof is there, that such an object is essentially unconscious? It may be, that consciousness is not perceived

in it, that is, the material world appears to be unconscious, and therefore unconsciousness comes in somewhere, otherwise it could not be perceived as unconscious. Thus, a school of European idealists hold the Universe to be a society of Spirits of all kinds and degrees, human, animal, and vegetable and even inorganic objects. All are minds of various orders. Even the last are an order, though yet so low that they are in practice not apprehended as minds. The material world is merely the way in which these lower kinds of mind appear to our senses. The world of objects are (to use Berkely's word) "signs" of Spirit, and the way in which it communicates itself to us. Thus, to the Hindu, the Bhargah in the Sun is the Aditya Devata, and the planets are intelligences. The physical sun is the body of the Surya Devata. The whole Universe is an epiphany of Spirit. Matter is Cit as object to the mind, as mind is Cit as the Knower of such object. It is not, however, denied that there is an element of unconsciousness in the material world as it appears to us. But the Shakta says, that Shakti has the power of hiding its consciousness, which is exercised to varying extent; thus, to a greater extent in the case of inorganic matter than in the case of the plant, and the less in the latter than in man, in whom consciousness is most manifest.

This power is Her Avidya Murti, just as consciousness is her Vidya Murti. Nothing then in the material world is absolutely unconscious, and nothing is perfectly conscious. The Vidya Murti ever *is* because as consciousness it is the own nature or Svarupa of Shakti. The Avidya Murti which conceals consciousness, appears in Creation and disappears in dissolution.

The Mayavadin may however ask, whether this Avidya-shakti is conscious or unconscious. It cannot, he says, be the latter,

for it is said to be Atma which is conscious. How then can it conceal itself and appear as unconscious? For, nothing can be, what it is not, and the nature of consciousness is to reveal and not to conceal. If, again, consciousness on account of its concealment, is incapable of knowing itself, it ceases to be consciousness. The reply is again that this also is empirical argument, based upon an imperfect idea of the nature of things. Every one knows that there is consciousness in him, but at the same time he recognizes, that it is imperfect. The Mayavadin seeks to explain this by saying, that it is a false consciousness (Cidabhasa), which is again explained by means of two opposites, namely, unconsciousness, which is an unreality to which Cidabhasa adheres, and true consciousness or Atma, which, by virtue of its inscrutable power, acts as efficient cause in its production. This theory compels its adherent to ignore the world, the limited consciousness and Shastra itself in order that the perfection of Atma may be maintained, though at the same time, Shakti is admitted to be unlimited and inscrutable. The Shakta's answer on the other side is, that there is in fact no false consciousness, and essentially speaking, no unconsciousness anywhere, though there appears to be some unconsciousness. In fact, Mayavada says, that the unconscious appears to be conscious through the play of Atma on it, whilst the Shakta says that, really and at base, all is consciousness which appears to be unconsciousness in varying degrees. All consciousness, however imperfect, is real consciousness, its imperfection being due to its suppressing its own light to itself, and all apparent unconsciousness is due to this imperfection in the consciousness which sees it. Mayavada seeks to explain away the world, from which nevertheless, it derives the materials for its theory. But it is argued that it fails to do so. In its attempt to explain, it brings in a second principle namely unconsciousness, and even a third Cidabhasa.

Therefore, the theory of Shaktivada which posits nothing but consciousness is (it is contended) a truer form of non-dualism. Yet we must note, that the theories of both are made up with the imperfect light of man's knowledge. Something must then remain unexplained in all systems. The Mayavada does not explain the character of the Shakti of Atma as Efficient cause of creation, and the Shakta does not explain the character of the Shakti of Atma which, in spite of being true consciousness, hides itself. But whilst the Shakta difficulty stands alone, the other theory brings, it is said, in its train a number of others. The Mayavadin may also ask, whether Avidya Murti is permanent or transient. If the latter, it cannot be Atma which eternally is, whereas if it is permanent, liberation is impossible. It may be replied that this objection does not lie in the mouth of Mayavada which, in a transcendental sense, denies creation, world, bondage and liberation. The latter is a transition from bondage to freedom which presupposes the reality of the world and a connection between it and that, which is beyond all worlds. This, Shamkara denies, and yet acknowledges a method of spiritual culture for liberation. The answer of course is, that transcendently Atma is ever free, and that such spiritual culture is required for the empirical (Vyavaharika) need of the empirical self or Cidabhasa, for empirical liberation from an empirical world. But, as all these conventional things are in an absolute sense "unreal," the Mayavada's instructions for spiritual culture have been likened to consolations given to soothe the grief of a sterile woman who has lost her son. (See J. N. Mazumdar's paper read before the Indian Research Society on the Philosophical, Religious and Social Significance of the Tantra Shastra (July 31, 1915), to which I am here indebted.)

Theoretically the answer may be sufficient, though this may not be allowed, but the method can in any case, have full

pragmatic value only, in exceptional cases. Doubtless to the unliberated Mayavadin Sadhaka, the world is real, in the sense, that it imposes its reality on him, whatever his theories may be. But it is plain, that such a system does not ordinarily at least develop the same power as one, in which doubt as to the reality of things does not exist. In order that instruction should work, we must assume a real basis for them. Therefore, the Tantra Shastra here spoken of, deals with true bondage in a true world, and aims at true liberation from it. It is Shakti, who both binds and liberates, and Sadhana of Her is the means of liberation. Nothing is unreal or false. Shakti is and Shakti creates and thus appears as the Universe. In positing an evolution (Parinama), the Shastra follows Samkhya, because, both systems consider the ultimate source of the world to be real, as unconscious Prakriti or conscious Shakti respectively. The Shakta takes literally the great saying, "All the (Universe) is Brahman" -- every bit of it. Mayavada achieves its unity by saying, that Jivatma = Para matma after elimination of Avidya in the first and Maya in the second. Ignorance is something neither real nor unreal. It is not real in comparison with the supreme unchanging Brahman. It is not unreal, for we experience it as real, and it is for the length of the duration of such experience. Again, Shaktivada assumes a real development (Parinama), with this proviso that the cause becomes effect, and yet remains what it was as cause. Mayavada says that there is transcendently no real change but only the appearance of it; that is, the notion of Parinama is Maya like all the rest.

The Tantra Shastra deals with true bondage in a true world, and aims at true liberation from it. Atma binds itself by the Avidya Murti of its Shakti, and liberates itself by its Vidya Murti. Sadhana is the means whereby bondage becomes liberation. Nothing is unreal or false. Atma by its Shakti

causes the play in itself of a Shakti which is essentially nothing but itself but operates in a dual capacity, namely as Avidya and Vidya. Creation is thus an epiphany of the Atma, which appears and is withdrawn from and into itself like the limbs of a tortoise. The All-Pervading Atma, manifests itself in many Jivas; as the world which supplies the objects of their enjoyment; as the mind and senses for the attainment of the objects; as ignorance which binds; as knowledge which liberates when Atma ceases to present itself; as Avidya; and as Shastra which provides the means for liberation. Shaktivada affirms reality throughout, because, it is a practical Scripture for real men in a real world. Without such presupposition, Sadhana is not possible. When Sadhana has achieved its object -- Siddhi -- as Auto-realization -- no question of the real or unreal arises. In the Buddhacarita-kavya it is said (cited in Hodgson "Nepal," 45) that Sakya being questioned on an abstruse point, is reported to have said, "For myself I can tell you nothing on these matters. Meditate on Buddha and when you have obtained the supreme experience (Bodhijñana) you will know the truth yourself." In these high realms we reach a point at which wisdom is silence.

After all man in the mass is concerned with worldly needs, and there is nothing to be ashamed of in this. One of the greatest doctrines in the Shakta Tantra is its Bhukti Mukti teaching, and it is not less great because it may have been abused. All systems are at the mercy of their followers. Instead of the ascetic method of the Mayavadin suited for men of high spiritual development, whose *Ascesis* is not something labored but an expression of their own true nature, the Kaula teaches liberation through enjoyment, that is the world. The path of enjoyment is a natural one. There is nothing bad in enjoyment itself if it be according to Dharma. It is only Adharma which is blamed. Liberation is

thus had through the world (*Mokshayate Samsara*). In the natural order of development, power is developed in worldly things, but the power is controlled by a religious Sadhana, which both prevents an excess of worldliness, and molds the mind and disposition (Bhava) into a form which, at length and *naturally*, develops into that knowledge which produces dispassion (Vairagya) for the world. The two paths lead to the same end. But this is itself too big a subject to be developed here. Sufficient be it to repeat what I have said elsewhere.

"The Vira does not shun the world from fear of it. He holds it in his grasp and wrests from it its secret. Then escaping from the unconscious driftings of a humanity which has not yet realized itself, he is the illumined master of himself, whether developing all his powers or seeking liberation at his will."

As regards the state of dissolution (Pralaya) both systems are at one. In positing an evolution Tantra follows Samkhya because both the two latter theories consider the ultimate source of the world to be real; real as unconscious Prakriti (Samkhya); real as conscious Shakti (Shakta Tantra). In the Mayavada scheme, the source of the world is an unreal ignorance, and reveals itself first as Tanmatras which gradually assume the form of senses and mind in order to appear before Cidabhasa as objects of enjoyment and suffering. The Tantra Shastra again, subject to modifications in consonance with its doctrine, agrees with Nyaya-Vaisheshika in holding that the powers of consciousness which are Will (Iccha), Knowledge (Jñana) and Action (Kriya) constitute the motive power in creation. These are the great Triangle of Energy (Kamakala) from which Shabda and Artha, the forces of the psychic and material worlds, arise.

# Chapter Nineteen

## Creation as Explained in the Non-dualist Tantras

A Psychological analysis of our worldly experience ordinarily gives us both the feeling of persistence and change. This personal experience expresses a cosmic truth. An examination of any doctrine of creation similarly reveals two fundamental concepts, those of Being and Becoming, Changelessness and Change, the One and the Many. In Sanskrit, they are called the Kutastha and Bhava or Bhavana. The first is the Spirit or Purusha or Brahman and Atman which is unlimited Being (Sat), Consciousness (Cit) and Bliss (Ananda). According to Indian notions the Atman as such *is* and never becomes. Its Power (Shakti) manifests as Nature, which is the subject of change. We may understand Nature in a two-fold sense: first, as the root principle or noumenal cause of the phenomenal world, that is, as the Principle of Becoming and secondly, as such World. Nature in the former sense is Mulaprakriti, which means that which exists as the root (Mula) substance of things before (Pra), creation (Kriti), and which, in association with Cit, either truly or apparently creates, maintains and destroys the Universe. This Mulaprakriti the Sharada Tilaka calls Mulabhuta Avyakta, and the Vedanta (of Shamkara to which alone I refer) Maya.

Nature, in the second sense, that is the phenomenal world, which is a product of Mulaprakriti is the compound of the evolutes from this root substance which are called Vikritis in the Samkhya and Tantra, and name and form (Namarupa) by the Vedantins, who attribute them to ignorance (Avidya). Mulaprakriti as the material and instrumental cause of things is that potentiality of natural power (natura naturans) which manifests as the Universe (natura naturata).

Touching these two Principles, there are certain fundamental points of agreement in the three systems which I am examining -- Samkhya, Vedanta and the Advaitavada of the Tantra. They are as follows. According to the first two systems, Brahman or Purusha as Sat, Cit and Ananda is Eternal Conscious Being. It is changeless and has no activity (Kartrittva). It is not therefore in Itself a cause whether instrumental or material; though in so far as Its simple presence gives the appearance of consciousness to the activities of Prakriti, It may in such sense be designated an efficient cause. So, according to Samkhya, Prakriti reflects Purusha, and in Vedanta, Avidya of the three Gunas takes the reflection of Cidananda. On the other hand, the substance or factors of Mulaprakriti or Maya are the three Gunas or the three characteristics of the principle of Nature, according to which it reveals (Sattva) or veils (Tamas), Consciousness (Cit) and the activity or energy (Rajas) which urges Sattva and Tamas to operation.

It also is Eternal, but is unconscious (Acit) Becoming. Though it is without consciousness (Caitanya) it is essentially activity (Kartrittva) motion and change. It is a true cause instrumental and material of the World. But notwithstanding all the things to which Mulaprakriti gives birth, Its substance is in no wise diminished by the production of the Vikritis or Tattvas: the Gunas which constitute it ever remaining the same. The source of all becoming is never exhausted, though the things which are therefrom produced appear and disappear.

Passing from the general points of agreement to those of difference, we note firstly, those between the Samkhya and the Vedanta. The Samkhya is commonly regarded as a dualistic system, which affirms that both Purusha and Prakriti are real, separate and independent Principles. The Vedanta,

however, says that there cannot be two Principles which are both absolutely real. It does not, however, altogether discard the dual principles of the Samkhya, but says that Mulaprakriti which it calls Maya, while real from one point of view, that is empirically, is not real from another and transcendental standpoint. It affirms therefore that the only Real (Sadvastu) is the attributeless (Nirguna Brahman). All else is Maya and its products. Whilst then the Samkhyan Mulaprakriti is an Eternal Reality, it is according to the transcendental method of Shamkara an eternal unreality (Mithyabhuta Sanatani). The empirical reality which is really false is due to the Avidya which is inherent in the nature of the embodied spirit (Jiva). Maya is Avastu or no real thing. It is Nishtattva. As Avidya is neither real nor unreal, so is its cause or Maya. The kernel of the Vedantik argument on this point is to be found in its interpretations of the Vaidik Mahavakya, "That thou art" (Tat tvam asi). Tat here is Ishvara, that is, Brahman with Maya as his body or Upadhi. Tvam is the Jiva with Avidya as its body. It is then shown that Jiva is only Brahman when Maya is eliminated from Ishvara, and Avidya from Jiva. Therefore, only as Brahman is the Tvam the Tat; therefore, neither Maya nor Avidya really exist (they are Avastu), for otherwise the equality of Jiva and Ishvara could not be affirmed. This conclusion that Maya is Avastu has far-reaching consequences, both religious and philosophical, and so has the denial of it. It is on this question that there is a fundamental difference between Shamkara's Advaitavada and that of the Shakta Tantra, which I am about to discuss.

Before, however, doing so I will first contrast the notions of creation in Samkhya and Vedanta. It is common ground that creation is the appearance produced by the action of Mulaprakriti or principle of Nature (Acit) existing in association with Cit. According to Samkhya, in Mulaprakriti or

the potential condition of the Natural Principle, the Gunas are in a state of equality (Samyavastha), that is, they are not affecting one another. But, as Mulaprakriti is essentially movement, it is said that even when in this state of equality the Gunas are yet continually changing into themselves (Sarupaparinama). This inherent subtle movement is the nature of the Guna itself, and exists without effecting any objective result. Owing to the ripening of Adrishta or Karma, creation takes place by the disturbance of this equality of the Gunas (Gunakshobha), which then commence to oscillate and act upon one another. It is this initial creative motion which is known in the Tantra as Cosmic Sound (Parashabda). It is through the association of Purusha with Mulaprakriti in cosmic vibration (Spandana) that creation takes place. The whole universe arises from varied forms of this grand initial motion. So, scientific "matter" is now currently held to be the varied appearance produced in our minds by vibration of, and in the single substance called ether. This new Western scientific doctrine of vibration is in India an ancient inheritance. "Hring, the Supreme Hangsa dwells in the brilliant heaven." The word "Hangsa" comes, it is said, from the word Hanti, which means Gati or Motion. Sayana says that It is called Aditya, because It is in perpetual motion. But Indian teaching carries the application of this doctrine beyond the scientific ether which is a physical substance (Mahabhuta). There is vibration in the causal body that is of the Gunas of Mulaprakriti as the result of Sadrishaparinama of Parashabdasrishti; in the subtle body of mind (Antahkarana); and in the gross body, compounded of the Bhutas which derive from the Tanmatras their immediate subtle source of origin. The Hiranyagarbha and Virat Sound is called Madhyama and Vaikhari. If this striking similarity between ancient Eastern wisdom and modern scientific research has not been recognized, it is due to the fact that the ordinary Western Orientalist and those who take their

cue from him in this country, are prone to the somewhat contemptuous belief that, Indian notions are of "historical" interest only, and as such, a welcome addition possibly for some intellectual museum, but are otherwise without value or actuality. The vibrating Mulaprakriti and its Gunas ever remain the same, though the predominance of now one, and now another of them, produces the various evolutes called Vikritis or Tattvas, which constitute the world of mind and matter. These Tattvas constitute the elements of the created world. They are the well-known Buddhi, Ahamkara, Manas (constituting the Antahkarana), the ten Indriyas, five Tanmatras and five Mahabhutas of "ether", "air", "fire", "water" and "earth", which of course must not be identified with the notions which the English terms connote. These Tattvas are names for the elements which we discover as a result of a psychological analysis of our worldly experience. That experience ordinarily gives us both the feeling of persistence and change. The former is due to the presence of the Atma or Cit-Shakti, which exists in us in association with Mulaprakriti or Maya-Shakti. This is the Caitanya in all bodies. Change is caused by Mulaprakriti or Maya-Shakti, and its elements may be divided into the subjective and objective Tattvas, or what we call mind and matter. Analyzing, again, the former, we discover an individuality (Ahamkara) sensing through the Indriyas, a world which forms the material of its precepts and concepts (Manas and Buddhi). The object of thought or 'matter' are the varied compounds of Vaikrita creation, which are made up of combinations of the gross elements (Mahabhuta), which themselves derive from the subtle elements or Tanmatras. Now, according to Samkhya, all this is real, for all are Tattvas. Purusha and Prakriti are Tattvas, and so are Vikritis of the latter.

According to the Vedanta also, creation takes place through the association of the Brahman, then known as the Lord or Ishvara (Mayopadhika-Caitanyam Ishvarah), with Maya. That is, Cit is associated with, though unaffected by Maya which operates by reason of such association to produce the universe. The unchanging Sad-vastu is the Brahman. The ever-changing world is, when viewed by the spiritually wise (Jñani), the form imposed by Avidya on the Changeless Sat. It is true, that it has the quality of being in accordance with the greatest principle of order, namely, that of causality. It is the Sat however, which gives to the World the character of orderliness, because it is on and in association with that pure Cit or Sat that Maya plays. It is true, that behind all this unreal appearance there is the Real, the Brahman. But the phenomenal world has, from the alogical standpoint, no real substratum existing as its instrumental and material cause. The Brahman as such, is no true cause, and Maya is unreal (Avastu). The world has only the appearance of reality from the reflection which is cast by the real upon the unreal. Nor is Ishvara, the creative and ruling Lord, in a transcendental sense real. For, as it is the Brahman in association with Maya, which Shamkara calls Ishvara, the latter is nothing but the Brahman viewed through Maya. It follows that the universe is the product of the association of the real and the unreal, and when world-experience ends in liberation (Mukti), the notion of Ishvara as its creator no longer exists. For His body is Maya and this is Avastu, So long however as there is a world, that is, so long as one is subject to Maya that is embodied, so long do we recognize the existence of Ishvara. The Lord truly exists for every Jiva so long as he is such. But on attainment of bodiless liberation (Videha Mukti), the Jiva becomes himself Sacchidananda, and as such Ishvara does not exist for him, for Ishvara is but the Sat viewed through that Maya of which the Sat is free. "The

Brahman is true, the world is false. The Jiva is Brahman (Paramatma) and nothing else."

The opponents of this system or Mayavada have charged it with being a covert form of Buddhistic nihilism (Maya-vadam asacchastram pracchannam bauddham). It has, however, perhaps been more correctly said that Sri Shamkara adjusted his philosophy to meet the Mayavada of the Buddhists, and so promulgated a new theory of Maya without abandoning the faith or practice of his Shaiva-Shakta Dharma.

All systems obviously concede at least the empirical reality of the world. The question is, whether it has a greater reality than that, and if so, in what way? Samkhya affirms its reality; Shamkara denies it in order to secure the complete unity of the Brahman. Each system has merits of its own. Samkhya by its dualism is able to preserve in all its integrity the specific character of Cit as Nirañjana. This result, on the other hand, is effected at the cost of that unity for which all minds have, in some form or other, a kind of metaphysical hunger. Shamkara by his Mayavada secures this unity, but this achievement is at the cost of a denial of the ultimate reality of the world whether considered as the product (Vikriti) of Mulaprakriti, or as Mulaprakriti itself.

There is, however, another alternative, and that is the great Shakta doctrine of Duality in Unity. There is, this Shastra says, a middle course in which the reality of the world is affirmed without compromising the truth of the unity of the Brahman, for which Shamkara by such lofty speculation contends. I here shortly state what is developed more fully later. The Shakta Advaitavada recognizes the reality of Mulaprakriti in the sense of Maya-Shakti. Here in a qualified way it follows the Samkhya. On the other hand, it differs from the Samkhya in holding that Mulaprakriti as Maya-

Shakti is not a principle separate from the Brahman, but exists in and as a principle of the one Brahman substance. The world, therefore, is the appearance of the Real. It is the Brahman as Power. The ground principle of such appearance or Maya-Shakti is the Real as Atma and Power. There is thus a reality behind all appearances, a real substance behind the apparent transformations. Maya-Shakti as such is both eternal and real, and so is Ishvara. The transformations are the changing forms of the Real. I pass now to the Advaitavada of the Shakta Tantra.

The Shakta Tantra is not a formal system of philosophy (Darshana). It is, in the broadest sense, a generic term for the writings and various traditions which express the whole culture of a certain epoch in Indian History. The contents are therefore of an encyclopedic character, religion, ritual, domestic rites, law, medicine, magic, and so forth. It has thus great historical value, which appears to be the most fashionable form of recommendation for the Indian Scriptures now-a-days. The mere historian, I believe, derives encouragement from the fact that out of bad material may yet be made good history. I am not here concerned with this aspect of the matter. For my present purpose, the Shakta Tantra is part of the Upasana kanda of the three departments of Shruti, and is a system of physical, psychical and moral training (Sadhana), worship and Yoga. It is thus essentially practical. This is what it claims to be. To its critics, it has appeared to be a system of immoral indiscipline. I am not here concerned with the charge but with the doctrine of creation to be found in the Shastra. Underlying however, all this practice, whatever be the worth or otherwise which is attributed to it, there is a philosophy which must be abstracted, as I have here done for the first time, with some difficulty, and on points with doubt, from the disquisitions on religion and the ritual and Yoga

directions to be found in the various Tantras. The fundamental principles are as follows.

It is said that equality (Samya) of the Gunas is Mulaprakriti, which has activity (Kartrivya), but no consciousness (Caitanya). Brahman is Sacchidananda who has Caitanya and no Kartrivya. But this is so only if we thus logically differentiate them. As a matter of fact, however, the two admittedly, ever and everywhere, co-exist and cannot, except for the purpose of formal analysis, be thought of without the other. The connection between the two is one of unseparateness (Avinabhava Sambandha). Brahman does not exist without Prakriti-Shakti or Prakriti without the Brahman. Some call the Supreme Caitanya with Prakriti, others Prakriti with Caitanya. Some worship It as Shiva; others as Shakti. Both are one and the same. Shiva is the One viewed from Its Cit aspect. Shakti is the One viewed from Its Maya aspect. They are the "male" and "female" aspects of the same Unity which is neither male nor female. Akula is Shiva. Kula is Shakti. The same Supreme is worshipped by Sadhana of Brahman, as by Sadhana of Adyashakti. The two cannot be separated, for Brahman without Prakriti is actionless, and Prakriti without Brahman is unconscious. There is Nishkala Shiva or the transcendent, attributeless (Nirguna) Brahman; and Sakala Shiva or the embodied, immanent Brahman with attributes (Saguna).

Kala or Shakti corresponds with the Samkhyan Mula-prakriti or Samyavastha of the three Gunas and the Vedantic Maya. But Kala which is Mulaprakriti and Maya eternally is, and therefore when we speak of Nishkala Shiva it is not meant that there is then or at any time no Kala, for Kala ever is, but that Brahman is meant which is thought of as being without the working Prakriti (Prakriteranyah), Maya-Shakti is then latent in it. As the Devi in the *Kulacudamani* says, "Aham

Prakritirupa chet Cidanandaparayana". Sakala Shiva is, on the other hand, Shiva considered as associated with Prakriti in operation and manifesting the world. In one case, Kala is working or manifest, in the other it is not, but exists in a potential state. In the same way the two Shivas are one and the same. There is one Shiva who is Nirguna and Saguna. The Tantrik Yoga treatise Satcakranirupana describes the Jivatma as the Paryyaya of, that is another name for, the Paramatma; adding that the root of wisdom (Mulavidya,) is a knowledge of their identity. When the Brahman manifests, It is called Shakti, which is the magnificent concept round which Tantra is built. The term comes from the root "Sak," which means "to be able". It is the power which is the Brahman and whereby the Brahman manifests itself; for Shakti and possessor of Shakti (Shaktiman) are one and the same. As Shakti is Brahman, it is also Nirguna and Saguna. Ishvara is Cit-Shakti, that is, Cit in association with the operating Prakriti as the efficient cause of the creation; and Maya-Shakti which means Maya as a Shakti that is in creative operation as the instrumental (Nimitta) and material (Upadana) cause of the universe. This is the Shakti which produces Avidya, just as Mahamaya or Ishvari is the Great Liberatrix. These twin aspects of Shakti appear throughout creation. Thus in the body, the Cit or Brahman aspect is conscious Atma or Spirit, and the Maya aspect is the Antahkarana and its derivatives or the unconscious ( Jada) mind and body. When, however, we speak here of Shakti without any qualifications, what is meant is Cit-Shakti in association with Maya-Shakti that is Ishvari or Devi or Mahamaya, the Mother of all worlds. If we keep this in view, we shall not fall into the error of supposing that the Shaktas (whose religion is one of the oldest in the world; how old indeed is as yet little known) worship material force or gross matter. Ishvara or Ishvari is not Acit, which, as pure sattva-guna is only His or Her body. Maya-Shakti in the sense of

Mulaprakriti is Cit. So also is Avidya Shakti, though it appears to be Acit, for there is no Cidabhasa.

In a certain class of Indian images, you will see the Lord, with a diminutive female figure on His lap. The makers and worshippers of those images thought of Shakti as being in the subordinate position which some persons consider a Hindu wife should occupy. This is however not the conception of Shakta Tantra, according to which, She is not a handmaid of the Lord, but the Lord Himself, being but the name for that aspect of His in which He is the Mother and Nourisher of the worlds. As Shiva is the transcendent, Shakti is the immanent aspect of the one Brahman who is Shiva-Shakti. Being Its aspect, It is not different from, but one with It. In the *Kulacudamani Nigama*, the Bhairavi addressing Bhairava says, "Thou art the Guru of all, I entered into Thy body (as Shakti) and thereby Thou didst become the Lord (Prabhu). There is none but Myself Who is the Mother to create (Karyyavibhavini). Therefore it is that when creation takes place Sonship is in Thee. Thou alone art the Father Who wills what I do (Karyyavibhavaka; that is, She is the vessel which receives the nectar which flows from Nityananda). By the union of Shiva and Shakti creation comes (Shiva-Shakti-sama-yogat jayate srishtikalpana). As all in the universe is both Shiva and Shakti (Shivashaktimaya), therefore Oh Maheshvara, Thou art in every place and I am in every place. Thou art in all and I am in all." The creative World thus sows Its seed in Its own womb.

Such being the nature of Shakti, the next question is whether Maya as Shamkara affirms is Avastu. It is to be remembered that according to his empirical method it is taken as real, but transcendentally it is alleged to be an eternal unreality, because, the object of the latter method is

to explain away the world altogether so as to secure the pure unity of the Brahman. The Shakta Tantra is however not concerned with any such purpose. It is an Upasana Shastra in which the World and its Lord have reality. There cannot be Sadhana in an unreal world by an unreal Sadhaka of an unreal Lord. The Shakta replies to Mayavada: If it be said that Maya is in some unexplained way Avastu, yet it is admitted that there is something, however unreal it may be alleged to be, which is yet admittedly eternal and in association, whether manifest or unmanifest, with the Brahman. According to Shamkara, Maya exists as the mere potentiality of some future World which shall arise on the ripening of Adrishta which Maya is. But in the *Mahanirvana Tantra*, Shiva says to Devi, "Thou art Thyself the Para Prakriti of the Paramatma" (Ch. IV, v. 10). That is Maya in the sense of Mulaprakriti, which is admittedly eternal, is not Avastu, but is the Power of the Brahman one with which is Cit. In Nishkala Shiva, Shakti lies inactive. It manifests in and as creation, though Cit thus appearing through its Power is neither exhausted nor affected thereby. We thus find Ishvari addressed in the Tantra both as Sacchidanandarupini and Trigunatmika, referring to the two real principles which form part of the one Brahman substance. The philosophical difference between the two expositions appears to lie in this. Shamkara says that there are no distinctions in Brahman of either of the three kinds: svagata-bheda, that is, distinction of parts within one unit, svajatiya-bheda or distinction between units of one class, or vijatiya-bheda or distinction between units of different classes. Bharati, however, the Commentator on the *Mahanirvana* (Ch. II, v. 34) says that Advaita there mentioned means devoid of the last two classes of distinction. There is, therefore, for the purposes of Shakta Tantra, a svagata-bheda in the Brahman Itself namely, the two aspects according to which the Brahman is, on the one hand, Being, Cit and on the other, the principle of

becoming which manifests as Nature or seeming Acit. In a mysterious way, however, there is a union of these two principles (Bhavayoga), which thus exist without derogation from the partless unity of the Brahman which they are. In short, the Brahman may be conceived of as having twin aspects, in one of which, It is the cause of the changing world, and in the other of which It is the unchanging Soul of the World. Whilst the Brahman Svarupa or Cit is Itself immutable, the Brahman is yet through its Power the cause of change, and is in one aspect the changeful world

But what then is "real"; a term not always correctly understood. According to the Mayavada definition, the "real" is that which ever was, is and will be (Kalatrayasattvavan); in the words of the Christian liturgy, "as it was in the beginning, is now, and ever shall be world without end"; therefore that which changes, which was not, but is, and then ceases to be is according to this definition "unreal," however much from a practical point of view it may appear real to us. Now Mayavada calls Mulaprakriti in the sense of Maya the material cause of the world, no independent real (Avastu). The Shakta Tantra says that the Principle, whence all becoming comes, exists as a real substratum so to speak below the world of names and forms. This Maya-Shakti is an eternal reality. What is "unreal" (according to the above definition), are these names and forms (Avidya), that is, the changing worlds (asat-triloki-sadbhavam svarupam Brahmanah smritam, Ch. III, v. 7, *Mahanirvana Tantra*). These are unreal however only in the sense that they are not permanent, but come and go. The body is called Sharira, which comes from the root Sri -- "to decay", for it is dissolving and being renewed at every moment until death. Again, however real it may seem to us, the world may be unreal in the sense that it is something other than what it seems to be. This thing which I now hold in my hands seems

to me to be paper, which is white, smooth and so forth, yet we are told that it really is something different, namely, a number of extraordinarily rapid vibrations of etheric substance, producing the false appearance of scientific "matter". In the same way (as those who worship Yantras know), all nature is the appearance produced by various forms of motion in Prakritic substance. (*Sarvam Khalvidam Brahma.*) The real is the Brahman and its Power. The Brahman, whether in Its Cit or Maya aspect, eternally and changelessly endures, but Avidya breaks up its undivided unity into the changing manifold world of names and forms. It follows from the above that Brahman and Ishvara are two co-being aspects of the One ultimate Reality, as Power to Be and to Become. For as Shamkara points out (Comm. *Svetasvatara Up.* I. 2) Devatmashakti, the cause of the world, is not separate from the Paramatma, as Samkhya alleges its Pradhana to be. And thus it is that Shiva in the *Kularnava Tantra* (I. 110) says, "some desire dualism (Dvaitavada), others monism (Advaitavada). Such however know not My truth, which is beyond both monism and dualism (Dvaitadvaitavivarjita)." This saying may doubtless mean that to "the knower (Jñani) the arguments of philosophical systems are of no account, as is indeed the case." It has also a more literal meaning as above explained. The Shastra in fact makes high claims for itself. The Tantra, it has been said, takes into its arms as if they were its two children, both dualism and monism affording by its practical method (Sadhana) and the spiritual knowledge generated thereby the means by which their antinomies are resolved and harmonized. Its purpose is to give liberation to the Jiva by a method according to which monistic truth is reached through the dualistic world; immersing its Sadhakas in the current of Divine Bliss, by changing duality into unity, and then evolving from the latter a dualistic play, thus proclaiming the wonderful glory of the Spouse of

Paramashiva in the love embrace of Mind-Matter (Jada) and Consciousness (Caitanya). It therefore says that those who have realized this, move, and yet remain unsoiled in the mud of worldly actions which lead others upon the downward path. It claims, therefore, that its practical method (Sadhana) is more speedily fruitful than any other. Its practical method is an application of the general principles above described. In fact, one of its Acaras which has led to abuse is an attempt to put into full practice the theory of Advaitavada. Shamkara has in his transcendental method dealt with the subject as part of the Jñana Kanda. Though the exponent of the Mayavada is esteemed to be a Mahapurusha, this method is not in favor with the Tantric Sadhaka who attributes much of the practical atheism which is to be found in this country, as elsewhere, to a misunderstanding of the transcendental doctrines of Mayavada. There is some truth in this charge, for, as has been well said, the vulgarization of Shamkara's "Higher Science" which is by its nature an esoteric doctrine destined for a small minority, must be reckoned a misfortune in so far as it has, in the language of the Gita, induced many people to take to another's Dharma instead of to their own, which is the "Lower Science" of the great Vedantin followed in all Shastras of worship. Such a Shastra must necessarily affirm God as a real object of worship. Dionysius, the Areopagite, the chief of the line of all Christian mystics said that we could only speak "apophatically" of the Supreme as It existed in Itself, that is, other than as It displays Itself to us. Of It nothing can be affirmed but that It is not this and not that. Here he followed the, "neti neti," of the Vedanta. Ishvari is not less real than the things with which we are concerned every day. She is for the Indian Sadhaka the highest reality and what may or may not be the state of Videha Mukti has for him, no practical concern. Those only who have attained it will know whether Shamkara is right or not; not that they

will think about this or any other subject; but in the sense that when the Brahman is known all is known. A friend from whom I quote, writes that he had once occasion to learn to what ridiculous haughtiness, some of the modern "adepts" of Sri Shamkara's school are apt to let themselves be carried away, when one of them spoke to him of the personal Ishvara as being a "pitiable creature". The truth is that such so-called "adepts" are no adepts at all, being without the attainment, and far from the spirit of Shamkara -- whose devotion and powers made him seem to his followers to be an incarnation of Shiva Himself. Such a remark betrays a radical misunderstanding of the Vedanta. How many of those, who to-day discuss his Vedanta from a merely literary standpoint, have his, or indeed any faith? What some would do is, to dismiss the faith and practice of Shamkara as idle superstition, and to adopt his philosophy. But what is the intrinsic value of a philosophy which emanates from a mind which is so ignorant as to be superstitious P Shamkara, however, has said that faith and Sadhana are the preliminaries for competency (Adhikara) for the Jñanakanda. He alone is competent (Adhikari) who possesses all good moral and intellectual qualities, faith (Shraddha), capacity for the highest contemplation (Samadhi), the Samkhyan discrimination (Viveka), absence of all desire for anything in this world or the next, and an ardent longing for liberation. There are few indeed who can claim even imperfectly all such qualifications. But what of the rest? There is no Vaidik Karmakanda in operation in the present age, but there are other Shastras of worship which is either Vaidik, Tantrik or Pauranik. These provide for those who are still, as are most, on the path of desire. The Tantra affirms that nothing of worth can be achieved without Sadhana. Mere speculation is without result. This principle is entirely sound whatever may be thought of the mode in which it is sought to be applied. Those to whom the questions here discussed are not mere

matters for intellectual business or recreation will recall that Shamkara has said that liberation is attained not merely by the discussion of, and pondering upon revealed truth (Vicara), for which few only are competent, but by the grace of God (Ishvara Anugraha), through the worship of the Mother and Father from whom all creation springs. Such worship produces knowledge. In the Kulacudamani, the Devi says: Oh all-knowing One, if Thou knowest Me then of what use are the Amnayas (revealed teachings) and Yajanam (ritual)? If Thou knowest Me not, then again, of what use are they?" But neither are, in another sense, without their uses for thereby the Sadhaka becomes qualified for some form of Urddhvamnaya, in which there are no rites (Karma).

With this short exposition of the nature of Shaktitattva according to Shakta Tantra I pass to an equally brief account of its manifestation in the Universe. It is sufficient to deal with the main lines of the doctrine without going into their very great accompanying detail. I here follow, on the main theme, the account given in the celebrated *Sharada Tilaka* a work written by Lakshmanacarya, the Guru of Abhinava Gupta, the great Kashmirian Tantrik, about the commencement of the eleventh century, and its Commentary. by the learned Tantrik Pandit Raghava Bhatta which is dated 1454 A.D. This work has long been held to be of great authority in Bengal.

Why creation takes place cannot in an ultimate sense be explained. It is the play (Lila) of the Mother. Could this be done the Brahman would be subject to the law of causality which governs the Universe but which its Cause necessarily transcends.

The Tantra, however, in common with other Indian Shastras recognizes Adrishta Srishti, or the doctrine that the impulse

to creation is proximately caused by the Adrsta or Karma of Jivas. But Karma is eternal and itself requires explanation. Karma comes from Samskara and Samskara from Karma. The process of creation, maintenance and dissolution, according to this view, unceasingly recurs as an eternal rhythm of cosmic life and death which is the Mother's play (Lila). And so it is said of Her in the Lalita Sahasranamam that, "the series of universes appear and disappear with the opening and shutting of Her Eyes". The existence of Karma implies the will to cosmic life. We produce it as the result of such will. And when produced it becomes itself the cause of it.

In the aggregate of Karma which will at one period or another ripen, there is, at any particular time, some which are ripe and others which are not so. For the fruition of the former only creation takes place. When this seed ripens and the time therefore approaches for the creation of another universe, the Brahman manifests in Its Vishvarupa aspect, so that the Jiva may enjoy or suffer therein the fruits of his Karma and (unless liberation be attained) accumulate fresh Karma which will involve the creation of future worlds. When the unripened actions which are absorbed in Maya become in course of time ripe, the Vritti of Maya or Shakti in the form of desire for creation arises in Paramashiva, for the bestowal of the fruit of this Karma. This state of Maya is variously called by Shruti, Ikshana, Kama, Vicikirsha.

It is when the Brahman "saw," "desired," or "thought" "May I be many," that there takes place what is known as Sadrishaparinama in which the Supreme Bindu appears. This, in its triple aspect, is known as Kamakala, a manifestation of Shakti whence in the manner hereafter described the Universe emanates. This Kamakala is the Mula or root of all Mantras. Though creation takes place in order

that Karma may be suffered and enjoyed, yet in the aggregate of Karma which will at one time or another ripen, there is at any particular period some which are ripe and others which are not so. For the fruition of the former only creation takes place. As creation will serve no purpose in the case of Karma which is not ripe, there is, after the exhaustion by fruition of the ripe Karma, a dissolution (Pralaya). Then the Universe is again merged in Maya which thus abides until the ripening of the remaining actions. Karma, like everything else, re-enters the Brahman, and remains there in hidden potential state as it were a seed. When the seed ripens creation again takes place.

With Ikshana, or the manifestation of creative will, creation is really instantaneous. When the "Word" went forth, "Let there be light", there *was* light, for the ideation of Ishvara is creative. Our mind by its constitution is however led to think of creation as a gradual process. The Samkhya starts with the oscillation of the Gunas (Gunakshobha) upon which the Vikritis immediately appear. But just as it explains its real Parinama in terms of successive emanations, so the Shakta Tantra describes a Sadrishaparinama in the body of Ishvara their cause. This development is not a real Parinama, but a resolution of like to like, that is, there is no actual change in the nature of the entity dealt with, the various stages of such Parinama being but names for the multiple aspects to us of the same unchanging Unity.

Shakti is one. It appears as various by its manifestations. In one aspect there is no Parinama, for Sacchidananda is as such immutable. Before and after and in creation It remains what It was. There is therefore no Parinama in or of the Aksharabrahman as such. There is Parinama, however, in its Power aspect. The three Gunas do not change, each remaining what it is. They are the same in all forms but

appear to the Jiva to exist in different combinations. The appearance of the Gunas in different proportions is due to Avidya or Karma which is this apparent Gunakshobha. It is Samskara which gives to the Samya Prakriti, existence as Vaishamyā. What the Tantra describes as Sadrishaparinama is but an analysis of the different aspects of what is shortly called in other Shastras, Ikshana. This Sadrishaparinama is concerned with the evolution of what is named Para Sound (Parashabdāsrishti). This is Cosmic Sound; the causal vibration in the substance of Mulaprakriti which gives birth to the Tattvas which are its Vikritis: such Cosmic Sound being that which is distinguished in thought from the Tattvas so produced.

The Sharada says that from the Sakala Parameshvara who is Sacchidananda issued Shakti that is, that power which is necessary for creation. God and His power are yet more than the creation which He manifests. Shakti is said to issue from that which is already Sakala or associated with Shakti, because as Raghava Bhatta says, She who is eternal (Anadirupa) was in a subtle state as Caitanya during the great dissolution (Pralaya), (Ya Anadirupa Caitanyadhyasena Mahapralaye Sukshma Sthita).

With however the disturbance of the Gunas, Prakriti became inclined (Ucchuna) to creation, and in this sense, is imagined to issue. Shakti, in other words, passes from a potential state to one of actuality. The Parameshvara is, he adds, described as Sacchidananda in order to affirm that even when the Brahman is associated with Avidya, its own true nature (Svarupa) is not affected. According to the Sharada, from this Shakti issues Nada and from the latter Bindu (known as the Parabindu). The Sharada thus enumerates seven aspects of Shakti. This it does, according to Raghava Bhatta, so as to make up the seven component parts of the Omkara. In some

Shakta Tantras this first Nada is omitted and there are thus only six aspects. The Shaiva Tantras mention five. Those which recognize Kala as a Tattva identify Nada with it. In some Tantras, Kala is associated with Tamoguna, and is the Mahakala who is both the child and spouse of Adyashakti; for creation comes from the Tamasic aspect of Shakti. In the Saradatilaka, Nada and Bindu are one and the same Shakti, being the names of two of Her states which are considered to represent Her as being more prone to creation (Ucchunavastha). There are two states of Shakti-bindu suitable for creation (Upayogavastha). As there is no mass or Ghana in Nishkala Shiva, that Brahman represents the Aghanavastha. The Prapañcasara Tantra says that She, who is in the first place Tattva (mere "thatness"), quickens under the influence of Cit which She reflects; then She longs to create (Vicikirshu) and becomes massive (Ghanibhuta) and appears as Bindu (Parabindu). Ghanibhuta means that which was not dense or Ghana but which has become so (Ghanavastha). It involves the notion of solidifying, coagulating, becoming massive. Thus milk is said to become Ghanibhuta when it condenses into cream or curd. This is the first gross condition (Sthulavastha); the Brahman associated with Maya in the form of Karma assumes that aspect in which It is regarded as the primal cause of the subtle and gross bodies. There then lies in it in a potential, undifferentiated mass (Ghana), the universe and beings about to be created. The Parabindu is thus a compact aspect of Shakti wherein action or Kriya Shakti predominates. It is compared to a grain of gram (Canaka) which under its outer sheath (Maya) contains two seeds (Shivashakti) in close and undivided union. The Bindu is symbolized by a circle. The Shunya or empty space within is the Brahmopada. The supreme Light is formless, but Bindu implies both the void and Guna, for, when Shiva becomes Bindurupa He is with Guna. Raghava says, "She alone can create. When the desire

for appearance as all Her Tattvas seizes Her, She assumes the state of Bindu whose characteristic is action" (Kriyashakti). This Bindu or Avyakta, as it is the sprouting root of the universe, is called the supreme Bindu (Parabindu), or causal or Karana Bindu, to distinguish it from that aspect of Itself which is called Bindu (Karya), which appears as a state of Shakti after the differentiation of the Parabindu in Sadrishaparinama. The Parabindu is the Ishvara of the Vedanta with Maya as His Upadhi. He is the Saguna Brahman, that is, the combined Cit-Shakti and Maya-Shakti or Ishvara with undifferentiated Prakriti as His Avyaktasharira. Some call Him Mahavishnu and others the Brahmapurusha. He is Paramashiva. "Some call the Hamsa, Devi. They are those who are filled with a passion for Her lotus feet." As Kalicarana the Commentator of the Shatcakranirupana says, it matters not what It is called. It is adored by all. It is this Bindu or state of supreme Shakti which is worshipped in secret by all Devas. In Nishkala Shiva, Prakriti exists in a hidden potential state. The Bindu Parashaktimaya (Shivashaktimaya) is first movement of creative activity which is both the expression and result of the universal Karma or store of unfulfilled desire for cosmic life.

It is then said that the Parabindu "divides" or "differentiates". In the Satyaloka is the formless and lustrous One. She exists like a grain of gram (Canaka) surrounding Herself with Maya. When casting off (Utsrija) the covering (Bandhana.) of Maya, She, intent on creation (Unmukhi), becomes twofold (Dvidha bhittva), or according to the account here given threefold, and then on this differentiation in Shiva and Shakti (Shiva-Shakti-vibhagena) arises creative ideation (Srishtikalpana). As so unfolding the Bindu is known as the Sound Brahman (Shabdabrahman). "On the differentiation of the Parabindu there arose unmanifested

sound" (Bhidyamanat parad bindoravyaktatma ravo, 'bhavat). Shabda here of course does not mean physical sound, which is the Guna of the Karyakasha or atomic Akasha. The latter is integrated and limited and evolved at a later stage in Vikriti Parinama from Tamasika Ahamkara. Shabdabrahman in the undifferentiated Cidakasha or Spiritual Ether of philosophy, in association with its Kala, or Prakriti or the Sakala Shiva of religion. It is Cit-Shakti vehicled by undifferentiated Prakriti, from which is evolved Nadamatra ("Sound only" or the "Principle of Sound") which is un-manifest (Avyakta), from which again is displayed (Vyakta) the changing universe of names and forms. It is the Pranavarupa Brahman or Om which is the cosmic causal principle and the manifested Shabdārtha. Avyakta Nada or unmanifested Sound is the undifferentiated causal principle of Manifested Sound without any sign or characteristic manifestation such as letters and the like which mark its displayed product. Shabdabrahman is the all-pervading, impartite, unmanifested Nadabindu substance, the primary creative impulse in Parashiva which is the cause of the manifested Shabdārtha. This Bindu is called Para because It is the first and supreme Bindu. Although It is Shakti like the Shakti and Nada which precede It, It is considered as Shakti on the point of creating the world, and as such It is from this Parabindu that Avyakta Sound is said to come.

Raghava Bhatta ends the discussion of this matter by shortly saying that the Shabdabrahman is the Caitanya in all creatures which as existing in breathing creatures (Pram) is known as the Shakti Kundalini of the Muladhara. The accuracy of this definition is contested by the Compiler of the Pranatoshini, but if by Caitanya we understand the Manifested Cit, that is, the latter displayed as and with Mulaprakriti in Cosmic vibration (Spandana), then the apparently differing views are reconciled.

The Parabindu on such differentiation manifests under the threefold aspects of Bindu, Nada, Bija. This is the fully developed and kinetic aspect of Parashabda. The Bindu which thus becomes threefold is the Principle in which the germ of action sprouts to manifestation producing a state of compact intensive Shakti. The threefold aspect of Bindu, as Bindu (Karyya), Nada and Bija are Shivamaya, Shivashaktimaya, Shaktimaya; Para, Sukshma, Sthula; Iccha, Jñana, Kriya; Tamas, Sattva, Rajas; Moon, Fire and Sun; and the Shaktis which are the cosmic bodies known as Ishvara, Hiranyagarbha, and Virat. All three, Bindu, Bija, Nada are the different phases of Shakti in creation, being different aspects of Parabindu the Ghanavastha of Shakti. The order of the three Shaktis of will, action and knowledge differ in Ishvara and Jiva. Ishvara is all-knowing and therefore the order in Him, is Iccha, Jñana, Kriya. In Jiva, it is Jñana, Iccha, Kriya. Iccha is said to be the capacity which conceives the idea of work or action; which brings the work before the mind and wills to do it. In this Bindu, Tamas is said to be predominant, for there is as yet no stir to action. Nada is Jñana Shakti, that is, the subjective direction of will by knowledge to the desired end. With it is associated Sattva. Bija is Kriya Shakti or the Shakti which arises from that effort or the action done. With it Rajoguna or the principle of activity is associated. Kriya arises from the combination of Iccha and Jñana. It is thus said, "Drawn by Icchashakti, illumined by Jñana shakti, Shakti the Lord appearing as Male creates (Kriyashakti). From Bindu it is said arose Raudri; from Nada, Jyeshtha; and from Bija, Vama. From these arose Rudra, Brahma, Vishnu." It is also said in the Goraksha Samhita, "Iccha is Brahmi., Kriya is Vaishnavi and Jñana is Gauri. Wherever there are these three Shaktis there is the Supreme Light called Om." In the Sakala Parameshvara or Shabdabrahman in bodies (that is, Kundalini Shakti), Bindu in which Tamas prevails is, Raghava says, called Nirodhika;

Nada in which Sattva prevails is called Ardhendhu, and Bija the combination of the two (Iccha and Jñana) in which Rajas as Kriya works is called Bindu. The three preceding states in Kundalini are Shakti, Dhvani, and Nada. Kundalini is Cit-Shakti into which Sattva enters, a state known as the Paramakashavastha. When She into whom Sattva has entered is next pierced by Rajas, She is called Dhvani which is the Aksharavastha. When She is again pierced by Tamas, She is called Nada. This is the Avyaktavastha, the Avyakta Nada which is the Parabindu. The three Bindus which are aspects of Parabindu constitute the mysterious Kamakala triangle which with the Harddhakala forms the roseate body of the lovely limbed great Devi Tripurasundari who is Shivakama and manifests the universe. She is the trinity of Divine energy of whom the Shritattvarnava says: "Those glorious men who worship in that body in Samarasya are freed from the waves of poison in the untraversable sea of the Wandering (Samsara)". The main principle which underlies the elaborate details here shortly summarized, is this. The state in which Cit and Prakriti-Shakta are as one undivided whole, that is, in which Prakriti lies latent (Nishkala Shiva), is succeeded by one of differentiation, that is, manifestation of Maya (Sakala Shiva). In such manifestation it displays several aspects. The totality of such aspects is the Maya body of Ishvara in which are included the causal, subtle and gross bodies of the Jiva. These are, according to the Sharada, seven aspects of the first or Para state of sound in Shabdasrishti which are the seven divisions of the Mantra Om, viz.: A, U, M, Nada, Bindu, Shakti, Santa. They constitute Parashabdasrishti in the Ishvara creation. They are Ishvara or Om and seven aspects of the cosmic causal body; the collectivity (Samashti) of the individual (Vyashti), causal, subtle and gross bodies of the Jiva

Before passing to the manifested Word and Its meaning (Shabdārtha), it is necessary to note what is called Arthasrishti in the Avikriti or Sadrishaparinama: that is the causal state of Sound called Parashabda; the other three states, *viz.*: Pashyanti, Madhyama and Vaikhari manifesting only in gross bodies. As Parabindu is the causal body of Shabda, It is also the causal body of Artha which is inseparately associated with It as the combined Shabdārtha. As such, He is called Shambhu who is of the nature of both Bindu and Kala and the associate of Kala. From Him issued Sadashiva, "the witness of the world," and from Him Isha, and then Rudra, Vishnu and Brahma. The six Shivas are various aspects of Cit as presiding over (the first) the subjective Tattvas and (the rest) the elemental world whose centers are five lower Cakras. These Devatas when considered as belonging to the Avikriti Parinama are the Devata aspect of apparently different states of causal sound by the process of resolution of like to like giving them the semblance of all-pervasive creative energies. They are Sound powers in the aggregate (Samashti). As appearing in, that is, presiding over, bodies they are the ruling Lords of the individual (Vyashti) evolutes from the primal cause of Shabda.

The completion of the causal Avikriti Parinama with its ensuing Cosmic vibration in the Gunas is followed by a real Parinama of the Vikritis from the substance of Mula-prakriti. There then appears the manifested Shabdārtha or the individual bodies subtle or gross of the Jiva in which are the remaining three Bhavas of Sound or Shaktis called Pashyanti, Madhyama, Vaikhari. Shabda literally means sound, idea, word; and Artha its meaning; that is, the objective form which corresponds to the subjective conception formed and language spoken of it. The conception is due to Samskara. Artha is the externalized thought. There is a psycho-physical

parallelism in the Jiva. In Ishvara thought is truly creative. The two are inseparable, neither existing without the other. Shabdārtha has thus a composite meaning like the Greek word "Logos," which means both thought and word combined. By the manifested Shabdārtha is meant what the Vedantins call Namarūpa, the world of names and forms, but with this difference that according to the Tantrik notions here discussed there is, underlying this world of names and forms, a real material cause that is Parashabda or Mulaprakṛiti manifesting as the principle of evolution.

The Sharada says that from the Unmanifested Root-Avyakta Being in Bindu form (Mulabhūta Bindurūpa) or the Paravastu (Brahman), that is, from Mulaprakṛiti in creative operation there is evolved the Samkhyan Tattvas.

Transcendentally, creation of all things takes place simultaneously. But, from the standpoint of Jiva, there is a real development (Parinama) from the substance of Mula-bhūta Avyakta Bindurūpa (as the Sharada calls Mulaprakṛiti) of the Tattvas, Buddhi, Ahamkāra, Manas, the Indriyas, Tanmatras and Mahabhūtas in the order stated. The Tantra therefore adopts the Samkhyan and not the Vedantic order of emanation which starts with the Apāncikṛita Tanmatra, the Tamasik parts of which, on the one hand, develop by Pañcikarana into the Mahabhūta, and on the other, the Rajasik and Sattvik parts of which are collectively and separately the source of the remaining Tattvas. In the Shakta Tantra, the Bhūtas derive directly and not by Pañcikarana from the Tanmatras. Pañcikarana exists in respect of the compounds derived from the Bhūtas. There is a further point of detail in the Tantrik exposition to be noted. The Shakta Tantra, as the Puranas and Shaiva Shastras do, speaks of a threefold aspect of Ahamkāra, according to the predominance therein of the respective Gunas. From the

Vaikarika Ahamkara issue the eleven Devatas who preside over Manas and the ten Indriyas; from the Taijasa Ahamkara are produced the Indriyas and Manas; and from the Bhutadika Ahamkara the Tanmatras. None of these differences in detail or order of emanation of the Tattvas has substantial importance. In one case start is made from the knowing principle (Buddhi), on the other from the subtle object of knowledge the Tanmatra.

The abovementioned creation is known as Ishvara Srishti. The Vishvasara Tantra says that from the Earth come the herbs (Oshadhi), from the latter food, and from food seed (Retas). From the latter living beings are produced by the aid of sun and moon. Here what is called Jiva Srishti is indicated, a matter into which I have no time to enter here.

To sum up, upon this ripening of Karma and the urge therefrom to cosmic life, Nishkala Shiva becomes Sakala. Shakti manifests and the causal body of Ishvara is thought of as assuming seven causal aspects in Sadrishaparinama which are aspects of Shakti about to create. The Parabindu or state of Shakti thus developed is the causal body of both the manifested Shabda and Artha. The Parabindu is the source of all lines of development, whether of Shabda, or as Shambhu of Artha, or as the Mulabhuta of the Manifested Shabdārtha. On the completed ideal development of this causal body manifesting as the triple Shaktis of will, knowledge and action, the Shabdārtha in the sense of the manifested world with its subtle and gross bodies appears in the order described.

From the above description, it will have been seen that the creation doctrine here described is compounded of various elements, some of which it shares with other Shastras, and some of which are its own, the whole being set forth

according to a method and terminology which is peculiar to itself. The theory which is a form of Advaita-vada has then some characteristics which are both Samkhyan and Vedantic. Thus it accepts a real Mulaprakriti, not however as an independent principle in the Samkhyan sense, but as a form of the Shakti of Shiva. By and out of Shiva-Shakti who are one, there is a real creation. In such creation there is a special Adrishta-Srishti up to the transformation of Shakti as Parabindu. This is Ishvara Tattva of the thirty-six Tattvas, a scheme accepted by both Advaita Shaivas and Shaktas.

Then by the operation of Maya-Shakti it is transformed into Purusha-Prakriti and from the latter are evolved the Tattvas of the Samkhya. Lastly, there is Yaugika Srishti of the Nyaya Vaisheshika in that the world is held to be formed by a combination of the elements. It accepts, therefore, Adrsta Srishti from the appearance of Shakti, up to the complete formation of the Causal Body known in its subtle form as the Kamakala; thereafter Parinama Srishti of the Vikritis of the subtle and gross body produced from the causal body down to the Mahabhutas; and finally Yaugika Srishti in so far as it is the Bhutas which in varied combination go to make up the gross world.

There are (and the doctrine here discussed is an instance of it) common principles and mutual connections existing in and between the different Indian Shastras, notwithstanding individual peculiarities of presentment due to natural variety of intellectual or temperamental standpoint or the purpose in view. Shiva in the Kularnava says that all the Darshanas are parts of His body, and he who severs them severs His limbs. The meaning of this is that the six Darshanas are the Six Minds, and these, as all else, are parts of the Lord's Body.

Of these six minds, Nyaya and Vaisheshika teach Yaugika Srishti; Samkhya and Patañjali teach Yaugika Srishti and Parinama Srishti; Mayavada Vedanta teaches Yaugika Srishti, Parinamasrishti according to the empirical method and Vivartta according to the transcendental method. According to the Vivartta of Mayavada, there is no real change but only the appearance of it. According to Shakta-vada, Ultimate Reality does in one aspect really evolve but in another aspect is immutable. Mayavada effects its synthesis by its doctrine of grades of reality, and Shakta-vada by its doctrine of aspects of unity and duality, duality in unity and unity in duality. Ultimate Reality as the Whole is neither merely static nor merely active. It is both. The Natural and the Spiritual are one. In this sense the Shakta system claims to be the synthesis of all other doctrines.

## Chapter Twenty

### The Indian Magna Mater

#### Introductory

On the last occasion that I had the honor to address you, I dealt with the subject of the psychology of Hindu religious ritual from the particular standpoint of the religious community called Shaktas, or Worshippers of the Supreme Mother. To-day I speak of the Supreme Mother Herself as conceived and worshipped by them.

The worship of the Great Mother as the Grand Multiplier is one of the oldest in the world. As I have elsewhere said, when we throw our minds back upon the history of this worship, we discern even in the most remote and fading past the Figure, most ancient, of the mighty Mother of Nature. I suspect that in the beginning the Goddess everywhere antedated, or at least was predominant over, the God. It has been affirmed (Glotz: *Ægean Civilization*, 243) that in all countries from the Euphrates to the Adriatic, the Chief Divinity was at first in woman form. Looking to the east of the Euphrates we see the Dusk Divinity of India, the Adya-Shakti and Maha-Shakti, or Supreme Power of many names - - as Jagadamba, Mother of the World, which is the Play of Her who is named Lalita, Maya, Mahatripurasundari and Maha-kundalini, as Maha-Vaishnavi, the Sapphire Devi who supports the World, as Mahakali who dissolves it, as Guhyamahabhairavi, and all the rest.

This Supreme Mother is worshipped by Her devotees from the Himalayas, the "Abode of Snow," the northern home of Shiva, to Cape Comorin in the uttermost south -- for the word Comorin is a corruption of Kumart Devi or the Mother. Goddesses are spoken of in the Vedas as in the later

Scriptures. Of these latter, the Shakta Tantras are the particular repository of Mother-worship.

To the Shakta, God is his Supreme Mother. In innumerable births he has had countless mothers and fathers, and he may in future have many, many more. The human, and indeed any, mother is sacred as the giver (under God) of life, but it is the Divine Mother of All (*Shrimata*), the "Treasure-House of Compassion", who alone is both the Giver of life in the world and of its joys, and who (as *Tarini*) is the Saviouress from its miseries, and who again is, for all who unite with Her, the Life of all lives -- that unalloyed bliss named Liberation. She is the Great Queen (*Maharajni*) of Heaven and of yet higher worlds, of Earth, and of the Underworlds. To Her both Devas, Devis, and Men give worship. Her Feet are adored by even Brahma, Vishnu, and Rudra.

The Shakta system, in its origin possibly Non-Vaidik, is in several respects an original presentment, both as regards doctrine and practice, of the great Vedantic Theme concerning the One and the Many. As an organic and dynamic system it interprets all in terms of Power, from the atom of Matter, which is said by modern science to be a reservoir of tremendous energy, to the Almighty, which is the commonest name in all Religions for God. It is the cult of Power both as the Partial and as the Whole, as the worshipper may desire. God is here regarded under twin aspects; as Power-Holder or the "male" Shiva, and as Power or Shakti, the Divine Spouse and Mother.

The symbolism of the Shaktas' "Jeweled Tree of Tantra" is brilliant, and meets the demand of Nietzsche that the abstract should be made attractive to the senses. It is largely

of the so-called "erotic" type which is to be found to some and varying degree in Hinduism as a whole.

The symbols employed are either geometric -- that is, Yantric -- or pictorial. A *Yantra* is a diagrammatic presentation of Divinity, as Mantra is its sound-expression. The former is the body of the latter. The higher worship is done with Yantra.

Pictorial symbolism is of higher and lower types. The former is popular, and the latter may be described by the French term *peuple*.

I will now describe a Yantra and the greatest of Yantras, namely the Shriyantra. We have no longer to deal with pictures of persons and their surroundings, but with lines, curves, circles, triangles, and the Point.

The great symbol of the Mother is the *Shriyantra*, from the center of which She arises like the solar orb at morn, but in a blaze of light excelling the brilliance of countless midday suns and the coolness of innumerable moons. The center is the Point, or *Bindu* -- that is, the Mother as Concentrated Power ready to create. Around Her is the Universe, together with its Divinities or Directing Intelligences. From the Point the World issues. Into it on dissolution, it enters. The extended Universe then collapses into an unextended Point, which itself then subsides like a bubble on the surface of the Causal Waters, which are the Immense.

## I. The Divine Mother

The Real as Shiva-Shakti may be regarded from three aspects -- namely, as Universe, as God, and as Godhead. The Real is the World, but the Real is more than the World. The Real is God. The Real is God, but it is also more than what we understand by the word God. The Real is, as it were, beyond God as Godhead. This does not mean, as some have supposed, that God is a "fiction," but that the Real as it is in its own alogical being is not adequately described in terms of its relation to the world as God. I will deal, then, first with its aspect as Godhead, then as the Supreme Self, or Person, or God, and thirdly, with Shiva-Shakti as the manifest and limited Universe.

Pervading and transcending the Existent is the "Spiritual Ether," also called the "Immense" in which is the Measurable, which Immense is also called the "Fact" (*Sat*), in which are the Fact-Sections (*Kala*) which Fact is also called alogical Experience-Whole (*Purna*), in which are all Experience-Modes (*Vritti*) of the limited Selves.

The ultimate that is Irreducible Real is, in the system, not mere undetermined Being, but Power which is the source of all Determinations. This Power is both to Be, to self-serve, and to resist change, as also to be the efficient cause of change, and as material cause to Become and suffer change. Relatively to the World, Immutable Being is as Divinity called Shiva the Power-Holder, and His Power is Shakti or the Mother Shiva, but in the supreme alogical state, Power to Be and Being-Power-Holder are merged in one another.

What is the nature of the Alogical Experience? In the Yoginihridaya Tantra it is asked. "Who knows the heart of a

woman? Only Shiva knows the heart of Yogini" -- that is, the Divine Mother so called, as being one with, that is in the form of, all that exists, and as being in Herself the One in which they are.

Since the Irreducible Real is the Whole, it cannot be conceived or described. It is neither Father nor Mother, for it is beyond Fatherhood and Motherhood and all other attributes. It is alogical.

Though it cannot be conceived or put into words, some concepts are held to be more appropriate to it than others. And thus it is approximately said to be infinite undetermined Being, mindless Experiencing, and Supreme Bliss unalloyed with pain and sorrow. As Being and Power are merged in this alogical state, Power, in its form as Power to Be (*Cidrupini*), is also Being-Consciousness and Bliss. Shiva-Shakti, the "two in one," are here the Nameless One.

The experience of this alogical state is not, however, that of an "I" (*Aham*) and "This" (*Idam*). The next or causal aspect of the Real is a Supreme Self. Its third and effectual aspect is the limited selves or Universe.

The physical Ether is a symbol of this alogical state, in which the twofold Shiva-Shakti are the One in the unitary state, which is called the "Ether of Consciousness" (*Cidakasha*).

Physical Ether is the all-extending, homogeneous, relative *Plenum* in which the Universe of particulars exists. The "Spiritual Ether," or "Ether of Consciousness," is the undetermined, all-diffusive, though inextended, absolute *Plenum* (*Purna*), in which both these particulars and the physical Ether itself exists. Ether is the physical counterpart of Consciousness, just as the Notion of Space is its psychical

counterpart. These are such counterparts because Consciousness becomes through its Power as material cause both Matter and Mind. Each is a manifested form of Spirit in Time and Space. The shoreless Ocean of Nectar or Deathlessness is another symbol of the alogical Whole.

We now pass to a consideration of the same Real in its aspect as related to the Universe, which is the appearance of the Immense as the Measurable or Form. The Real is here related to the Universe as the Cause, Maintainer, and Directing Consciousness. Form is *Maya*, which, however, in this system (whatever be its meaning in *Mayavada*) does not mean "Illusion". All is power. All is real

The alogical One is here of dual aspect as Shiva and Shakti. The two concepts of Being and Power are treated as two Persons. Shiva is the Power-Holder, who is Being-Consciousness-Bliss, and Shakti is Power and the Becoming. She, in the alogical state, is also Being-Consciousness-Bliss. Without ceasing to be in Herself what She ever was, is, and will be, She is now the Power of Shiva as efficient and material cause of the Universe and the Universe itself. Whilst Shiva represents the Consciousness aspect of the Real, She is its aspect as Mind, Life, and Matter. He is the Liberation (*Moksha*) aspect of the Real. S4>e is in the form of the Universe or *Samsara*. As Shiva-Shakti are in themselves one, so *Moksha* and *Samsara* are at root one.

Shiva, in the Kularnava Tantra, says that His doctrine is neither non-dualist nor dualist, but beyond both. We have here a non-dualistic system as regards its teaching concerning the Alogical Whole, in which Shiva-Shakti are fused in one. We have again a kind of Duo-Monothemism. It is Monothemistic because Shiva and Shakti are two aspects of one and the same Reality. It is dual because, these two

aspects are worshipped as two Persons, from whose union as Being and Power the Universe evolves.

The experience of this state, relative to the Alogical Whole, is a disruption of unitary alogical experience. I say "relative" because the Whole is always the Whole. Such disruption is the work of Power. She, as it were, disengages Herself as Power, from the embrace in which Power-Holder and Power are fused in one, and then represents Herself to Him. On this representation, Consciousness-Power assumes certain postures (*Mudra*) preparatory to the going forth as Universe, and then, when Power is fully concentrated, manifests as the World.

The term Consciousness, which is inadequate to describe the alogical state, is here approximately appropriate, for the experience of this state is that of an "I" and "This". But it is to be distinguished from man's Consciousness. For the experiencer as man is a limited (and not, as here, a Supreme Self ) and the object is experienced as separate from, and outside, the Self (and not, as in the case of the Lord and Mother, as one with the experiencing Self). The experience of Shiva as the Supreme Self, viewing the Universe is, "All this, I am".

As contrasted with the alogical, all-diffusive, Spiritual Ether, the symbol of the second aspect of Shiva-Shakti, as the Supreme Self and Cause of the Universe is the metaphysical Point (*Bindu*) or Power as a Point. What, then is the meaning of the latter term? In Being-Power about to evolve there is a stressing of Power which gathers itself together to expand again as Universe. When it has become concentrated and condensed (*Ghanibhuta Shakti*) it is ready to evolve. *Bindu*, or the Point, is, therefore, Power in that Concentrated state in which it is ready and about to evolve the Universe.

Though infinitely small, as the Absolute Little, when compared with the Absolute Great or Spiritual Ether, it is yet a source of infinite energy as (to borrow an example from modern science) the relatively Little or Atom, or other unit of matter, existing in the relatively Great or the physical Ether, is said to be a source of tremendous energy. Just as, again, the relative point or atom is as a fact in the relative Ether, so the Absolute Point is conceived to be in the Absolute Ether. I say "conceived," because, as both Spiritual Point and Spiritual Ether are each absolute, it is only figuratively that the one can be said to be "within" the other. The "Isle of Gems" (*Manidvipa*) in the "Ocean of Nectar" (*Amritarnava*) is another symbol of this state.

There is a painting that exhibits both the Alogical Immense and the Point of Power or *Bindu* "in" it. The former is here symbolized by the shoreless "Ocean of Nectar" (*Amritarnava*) -- that is, Immortality. This symbol of all-diffusive Consciousness is similar to that of the all-spreading Ether. In the blue, tranquil Waters of Eternal Life (*Amritarnava*) is set the Isle of Gems (*Manidvipa*). This Island is the *Bindu* or metaphysical Point of Power. The Island is shown as a golden circular figure. The shores of the Island are made of powdered gems. It is forested with blooming and fragrant trees -- Nipa, Malati, Champaka, Parijata, and Kadamba. There, too is the Kalpa tree laden with flower and fruit. In its leaves the black bees hum, and the Koel birds make love. Its four branches are the four Vedas. In the center there is a house made of *Cintamani* stone which grants all desires. In it is a jeweled *Mandapa* or awning. Under it and on a gemmed and golden throne there is the Mother Mahatripurasundari as the Deity of the *Bindu*, which as shown later, becomes the three *Bindus* or *Puras*. Hence Her name "Three Puras" or Tripura. She is red, for red is the active color, and She is here creative as *Vimarsha Shakti*, or, the "This" of the

Supreme Experiencer, which through *Maya* becomes the Universe. What man calls Matter is first experienced by mindless Consciousness as a "This," which is yet though the "Other" one with the Self. Then, by the operation of *Maya*, the "This" is experienced by mind as separate and different from and outside the Self, as complete "otherness". She holds in Her four hands, bows and arrows, noose and goad, which are explained later. She sits on two inert male figures which lie on a six-sided throne. The upper figure is Shiva (*Sakala*), who is awake, because, he is associated with his Power as efficient and material cause. On His head is the crescent Digit of the Moon, called *Nada*, the name for a state of stressing Power, His Shakti being now creative. He lies inert, for He is Immutable Being. He is white because he is Consciousness and Illumination (*Prakasha*). Consciousness illuminates and makes manifest the forms evolved by its Power, which in its turn by supplying the form (as object unconscious) helps Shiva to display Himself as the Universe which is both Being and Becoming. Under him is another male figure, darker in color, to represent colorlessness (*vivarna*), with closed eyes. This mysterious figure (*Nishkala Shiva*) is called *Shava* or the Corpse. It illustrates the doctrine that Shiva without his Power or Shakti can do and is, so far as the manifested is concerned, nothing. There is profundity in the doctrine of which this Corpse is a symbol. To those who have understood it a real insight is given into the Kaula Shakta system.

This representation of Shiva and Shakti as of the same size, but the former lying inert, is perhaps peculiar to the Kaula Shaktas, and is the antithesis of the well-known "Dancing Shiva".

I will here note some other symbolism, pictorial and geometric or Yantric.

Pictorially, Shakti is shown either as the equal of Her Spouse -- that is, as an Androgyne figure in which the right half is male and the left female -- or as two figures, male and female, of equal size. Inequality is indicated where the Shakti is smaller than the male Divinity. The meaning of this difference in dimension of the figures of Shakti lies in a difference of theological and philosophical concepts which may yet be reconciled. In the Shakta view, the Power-Holder and His Power as She is in Herself, that is, otherwise than as the manifested form, are one and equal. But He is recumbent. Alternatively, Shakti is the Mother as the Warrior Leader or Promachos with Shiva under Her feet. Where the figures are unequal it is meant to assert (a fact which is not denied) that Supreme Power as manifested is infinitely less than Power unmanifest. That Power is in no wise exhausted in the manifestation of the Worlds which are said to be as it were but dust on the feet of the Mother.

Passing to Yantric symbols, the Male Power-Holder Shiva is represented by a triangle standing on its base. A triangle is selected as being the only geometric figure which represents Trinity in Unity -- the many Triads such as Willing, Knowing, and Acting in which the one Consciousness (*Cit*) displays itself. Power or the feminine principle or Shakti is necessarily represented by the same figure, for Power and Power-Holder are one. The Triangle, however, is shown reversed -- that is standing on its apex. Students of ancient symbolism are aware of the physical significance of this symbol. To such reversal, however, philosophic meaning may also be given, since all is reversed when reflected in the Waters of *Maya*.

Why, it may now be asked, does the Shakta lay stress on the Power or Mother aspect of Reality? Like all other Hindus, he believes in a Static Real as Immutable Being-Consciousness, which is the ground of and serves to maintain that which, in

this system, is the Dynamic Real. He will point out, however, that the Mother is also in one of Her aspects of the same nature as Shiva, who is such Static Real. But it is She who does work. She alone also moves as material cause. He as Immutable Being does and can do nothing without Her as His Power. Hence the Kaula Shakta. symbolism shows Shiva as lying inert and to be, if deprived of His Power, but a corpse (*Shava*).

Even when associated with his Shakti as efficient cause, Shiva does not move. A not uncommon picture, counted obscene, is merely the pictorial symbol of the fact that Being, even when associated with its active Power, is Immutable. It is She as Power who takes the active and changeful part in generation, as also in conceiving, bearing, and giving birth to the World-Child. All this is the function of the divine, as it is of the human, mother. In such work the male is but a helper (*Sahakari*) only. In other systems it is the Mother who is the Helper of Shiva. It is thus to the Mother that man owes the World of Form or Universe. Without Her as material cause, Being cannot display itself. It is but a corpse (*Shava*). Both Shiva and Shakti give that supreme beyond-world Joy which is Liberation (*Mukti, Paramananda*). They are each Supreme Consciousness and Bliss. The Mother is *Anandalahari* or Wave of Bliss. To attain to that is to be liberated. But Shakti the Mother is alone the Giver of World-Joy (*Bhukti, Bhaumananda*), since it is She who becomes the Universe. As such She is the Wave of Beauty (*Saundaryalahari*). Further, it is through her Form as World that She, as also Shiva, are in their Formless Self attained. If, however, union is sought directly with Reality in its non-world aspect, it must necessarily be by renunciation. Liberation may, however be attained by acceptance of, and through the World, the other aspect of the Real. In the Shakta method, it is not by denial of the World, but, by and

through the World, when known as the Mother that Liberation is attained. World enjoyment is made the means and instrument of Liberation (*Mokshayate Samsara*). The Shakta has both (*Bhukti, Mukti*). This essential unity of the World and Beyond World, and passage through and by means of the former to the latter is one of the most profound doctrines of the Shakta, and is none-the-less so because their application of these principles has been limited to man's gross physical functions, and such application has sometimes led to abuse. For these and other reasons primacy is given to the Mother, and it is said: "What care I for the Father if I but be on the lap of the Mother?"

I note here in connection with primacy of the Mother-God that in the Mediterranean (*Ægean*) Civilization the Male God is said to have been of a standing inferior to the Mother, and present only to make plain Her character as the fruitful womb whence all that exists springs (*Glantz, 243, et seq.*).

Such, then, is the great Mother of India in Her aspect as She is in Herself as the alogical world-transcending Whole (*Purna*), and secondly, as She is as the Creatrix of the World. It remains now but to say a word of Her as She exists in the form of the universe.

The psycho-physical universe is *Maya*. The devotee Kamalakanta lucidly defines *Maya* as the Form (*Akara*) of the Void (*Sunya*) or formless (not Nothingness). Is it Real? It is real, because *Maya*, considered as a Power, is Devi Shakti, and She is real. The effect of the transformation of that Power must also be real. Some make a contrast between Reality and Appearance. But why, it is asked (apart from persistence), should appearance be unreal, and that of which it is such appearance alone be real? Moreover, in a system such as this, in which Power transforms itself, no contrast

between Reality and Appearance in the sense of unreality emerges. The distinction is between the Real as it is its formless Self and the same Real as it appears in Form. Moreover, the World is experienced by the Lord and Mother, and their experience is never unreal. We are here on a healthy level above the miasma of Illusion. The experience of man (to take him as the highest type of all other selves) is not the Experience-Whole. He knows the world as the other than Himself, just because Power has made him man -- that is, a limited Experiencer or center in the Whole. That is *a fact*, and no Illusion or Deceit. When He realizes Himself as "All this I am" that is, as an "I" which knows all form as Itself -- then Consciousness as man expands into the Experience-Whole which is *the Fact (Sat)*.

Man is Shakti, or the Mother, in so far as he is Mind, Life in Form, and Matter. He is Shiva. in so far as his essence is Consciousness as It is in Itself, which is also the nature of the Mother in Her own allogical Self.

This union is achieved by rousing the sleeping Power in the lowest center of solid and leading it upwards to the cerebrum as the center Consciousness.

I now pass to the second part of my paper, which deals with the cosmic evolution of Power -- that is, the "going forth" of the Supreme Self upon its union with its Power in manifestation. As the result of such evolution we have Shiva-Shakti as the limited selves. Shiva-Shakti are not terms limited to God only, but the forms into which Power evolves are also Shiva-Shakti. God as the Mother-Father is supreme Shiva-Shakti. The Limited Selves are Shiva-Shakti appearing as Form in Time and Space. The Measurable or World (*Samsara*) and the Immense Experience-Whole (*Moksha*) are

at root one. This is fundamental doctrine in the community to whose beliefs reference is now made.

## II. Evolution

Shiva and Shakti as the Causal Head (Shiva-Shakti Tattvas) of the world-evolution are called Kameshvara and Kameshvari. Kama is Desire. Here it is Divine Desire, or (to use a Western term) the *Libido*, which in the Veda is expressed as the wish of the One, "May I be many". So also the Veda says: "Desire first arose in it the primal germ." The form of this wish tells us what *Libido*, in its Indian sense, means. In its primary sense, it does not mean sensuous desire, but the will to, and affirmance of, "otherness" and differentiation, of which sensuous desire is a later and gross form in the evolutionary series. Procreation is the individual counterpart of Cosmic Creation.

Why were the worlds (for there are many) evolved? The answer given is because it is the nature (*Svabhava*) of almighty formless Being-Power, whilst remaining what it *is*, to become Form -- that is, to *exist*. The *Svabhava*, or nature of Being-Power, is *Lila*, or Play, a term which means free spontaneous activity. Hence Lalita, or "Player," is a name of the Mother as She who Plays and whose Play is World-Play. She is both Joy (*Ananda-mayi*) and Play (*Lila-mayi*). The action of man and of other selves is, in so far as they are the psycho-physical, determined by their *Karma*. The Mother's play is not idle or meaningless so far as man is concerned, for the world is the field on and means by which he attains all his worths, the greatest of which is Union with the Mother as She is in Herself as Highest Being. The Player is Power. How does it work?

The Whole (*Purna*), which means here, the Absolute Spiritual Whole, and not the relative Whole or psychophysical universe, cannot as the Whole change. It is Immutable. Change can then take place only *in* It. This is the work of Power which becomes limited centers in the Whole, which centers, in relation to, and compared with, the Whole, are a contraction of it.

Power works by negation, contraction, and finitization. This subtle doctrine is explained profoundly and in detail in the scheme of the thirty-six Tattvas accepted by both non-dualists, Shaivas and Shaktas, and is also dealt with in the Mantra portion of their Scriptures. A Tattva is a Posture (*Mudra*) of Power -- that is, Reality-Power defined *in a particular way*, and, therefore the alogical aspect is that which is beyond all Tattvas (*Tattvatita*). A *Tattva* is then a stage in the evolutionary process. *Mantra* is a most important subject in the Tantra Scriptures which treat of Sound and Movement, for the one implies the other. Sound as lettered speech is the vehicle of thought, and Mind is a vehicle of Consciousness for world-experience. The picture of Shiva riding a bull is a popular presentation of that fact. Bull in Sanskrit is "Go", and that word also means "sound". *Nada* as inchoate stressing sound is shown in the form of a crescent-moon on His head. The cult of the Bull is an ancient one, and it may be that originally the animal had no significance as Sound, but subsequently, owing to the sameness of the Sanskrit term for Bull and Sound, the animal became a symbol for sound. Sometimes, however, a more lofty conception is degraded to a lower one. It is here noteworthy that the crescent-moon worn by Diana and used in the worship of other Goddesses is said to be the Ark or vessel of boat-like shape, symbol of fertility or the Container of the Germ of all life.

I can only in the most summary manner deal with the subject of the Evolution of Power, illustrating it by Yantric symbolism.

The Shiva and Shakti triangles are ever united. To represent the alogical state, we may place one triangle without reversal upon the other, thus making one triangular figure. This will give some idea of the state in which the two triangles as "I" and "This" are fused in one as Being-Consciousness-Bliss.

Here, however, we are concerned with the causal state which is the Supreme Self in Whose experience there is an "I" and a "This", though the latter is experienced as the Self. There is, therefore, a double triangular figure; Shiva and Shakti are in union, but now not as the alogical Whole, but as the Supreme Self experiencing His object or Shakti as one with Himself. The marriage of the Divine couple, Kameshvara and Kameshvari -- that is, Being and Power to Become -- is the archetype of all generative embraces.

To represent this aspect, the triangles are placed across one another, so as to produce a Hexagon, in which one triangle represents the "I", or Shiva and the other the "This," or object, as Power and its transformations -- that is, Shakti.

As the result of this union, Power assumes certain Postures (*Mudra*) in its stressing to manifest as Universe. The first of such produced stresses is, from the *Tattva* aspect, Sadashiva, and, from the Mantra aspect, inchoate sound or movement called *Nada*. The state is shown by the Hexagon with a crescent-moon, the symbol of *Nada*, in its center. This *Nada* is not manifested sound or movement, but an inchoate state of both.

In the next Mantric stage (corresponding to the Tattvas, Ishvara and Shuddhavidya) the crescent-moon enlarges into the full moonlike *Bindu*. This also is stressing Power as inchoate sound and movement, but is now such Power ready to evolve into manifested sound and movement. The word *Bindu* also means seed, for it is the seed of the universe as the result of the union of its ultimate principles as Shiva and Shakti. The Point, or *Bindu*, is shown as a circle, so as to display its content and a line divides the Point, one half representing the "I", and the other, the "This" aspect of experience. They are shown in one circle to denote that the "This," or object, is not yet outside the self as non-self. The *Bindu* is compared in the Tantras to a grain of gram (*Canaka*), which contains two seeds (*Aham* and *Idam*) so close to one another within their common sheath as to seem to be one seed.

At the stage when Consciousness lays equal emphasis on the "I" and "This" of experience, *Maya-Shakti* and its derivative powers called sheaths (*Kañcuka*) and contractions (*Samkoca*) operate to disrupt the *Bindu*, which comes apart in two. Now the "I" and "This" are separated, the latter being experienced as *outside* the self or as non-self. The former becomes limited as "Little Knower" and "Little Doer". This is the work of *Maya-Shakti*. Power again (as *Prakriti-Shakti*) evolves the psycho-physical organs of this limited Self, as Mind, Senses, and Body.

I have spoken of two *Bindus* standing for Shiva and Shakti. Their inter-relation and its product is another form of *Nada*. These then make three *Bindus*, which are a grosser form of the *Kamakala*. The Divinity of the three *Bindus* is the Mother as Mahatripurasundari, "the Beauteous One in whom are the three *Puras*," or *Bindus*.

The Mantra equivalent of the state in which the *Bindu* divides and becomes threefold is the first manifested sound, which is the Great Mantra *Om*. As the Supreme *Bindu* bursts there is a massive, homogeneous, vibratory movement, as it were a cosmic thrill (*samanya spandana*) in psychophysical Substance the sound of which to man's gross ears is *Om*. The original sound of *Om* is that which was heard by the Absolute Ears of Him and Her who caused that movement. *Om* is the ground-sound and ground movement of Nature. The *Mundakopanishad* says that the Sun travels the universe chanting the mantra *Om*. From *Om* are derived all special (*vishesha spandana*) movements, sounds, and Mantras. It is itself threefold, since it is constituted by the union of the letters A, U, M. The Divinities of these three letters are Brahma, Vishnu, Rudra, and their Shaktis. These, together with Sadashiva and Isha, are the Five Shivas to whom reference is made in the ritual, and who are pictured in the Shakta symbolism as the Five who are Dead (*Preta*).

Power, after involving itself in solid matter, technically called "Earth," then rests in this last-named element.

The evolution of the *Tattvas* is not a temporal process. Time only comes in with sun and moon, on the completion of the evolution of the *Tattvas* as constituent elements of the universe. The *Tattvas* are given as the results of an analysis of experience, in which the *Prius* is logical not temporal. For these reasons a Causal Tattva does not cease to be what it is as Cause when it is transformed into its effect, which is not the case in the manifested world wherein, as the Lakshmi-Tantra says, "Milk when it becomes curd ceases to be milk". Reality does not cease to be the Alogical Whole because it is from the Causal aspect a Supreme Self. It does not cease to be the Cosmic Cause because it evolves as the Universe its

effect. Nor in such evolution does any Tattva cease to be what it is as cause because it is transformed into its effect.

I am now in the position to explain the great *Yantra* or diagram which is used in the worship of the Mother and which is called the *Shri Yantra*, a symbol of both the Universe and its Cause.

I have not the time to describe it at length, but its meaning may be generally stated.

It is composed of two sets of Triangles. One set is composed of four male or Shiva triangles called *Shrikanthas* denoting four aspects (*Tattva*) of evolved or limited Consciousness-Power, and the five female or Shakti triangles (*Shivayuvatis*) denote the five vital functions, the five senses of knowledge, the five senses of action, and the five subtle and the five gross forms of matter. The place of the psychic element as Mind and the Psycho-physical Substance of both Mind and Matter, I will indicate later.

These two sets of triangles are superimposed to show the union of Shiva and Shakti. As so united they make the figure within the eight lotus petals in the full *Yantra*. Outside these eight lotuses there are sixteen other lotuses. There are then some lines, and a surround with four gates or doors, which surround is found in all *Yantras*, and is called *Bhupura*. It serves the purpose of what in Magic is called a Fence.

This Yantra has nine *Cakras*, or compartments, formed by the intersection of the Triangles.

There is first a red central point or *Bindu*, the *Cakra* of Bliss. The central point or *Bindu* is Supreme Divinity -- the Mother as the Grand Potential whence all the rest which this diagram signifies proceed. It is red, for that is the active

color, and thus the color of *Vimarsha Shakti*, or Evolving Power.

The second Cakra is the white inverted Triangle, or "Cakra of All Accomplishment". In the corners of this white Triangle are the Divinities of the General Psychophysical Substance and its first two evolutes as Cosmic Mind. Outside the Cakra is Kama, the Divinity of Desire, with His Bow of Sugar-Cane, which is the Mind as director of the senses; with its Five Arrows, which are the five forms of subtle matter, which in their gross form are perceived by these senses; with his Noose, which is Attraction, and his Goad, which is Repulsion. Another version (taking the Bow and Arrow as one symbol) makes the three implements, the Powers of Will, Knowledge and Action.

The third Cakra is eight red Triangles, and is called "Destroyer of all Disease", a term which means lack of that Wholeness (*Apurnam-manyata*) which is Spiritual Health.

The fourth Cakra is ten blue Triangles. The fifth is ten red Triangles. The sixth is fourteen blue Triangles. The seventh is eight red petals. The eighth is sixteen blue petals, and the ninth is the yellow surround. Each of these *Cakras* has its own name. In them there are a number of lesser Divinities presiding over forms of Mind, Life and Body, and their special functions.

Those who hear the *Devas* spoken of as "Gods" are puzzled by their multitude. This is due to the ill-rendering of the terms *Devas* and *Devis* as Gods and Goddesses. God is the Supreme Mother and Father, the "Two in One," who are alone the Supreme Self, and as such receive supreme worship. All forms -- whether of *Devas*, or men, or other creatures -- in so far as they are the psycho-physical forms,

subtle or gross, are manifestations of the Power of their Immanent Essence, which is Spirit or Infinite Consciousness. That Essence is in itself one and changeless, but as related to a particular psycho-physical form as its cause and Director of its functions it is its Presiding Consciousness. Mind and Matter are not, as such, self-guiding. They are evolved and directed by Consciousness. The presiding consciousness of the Form and its functions is its presiding *Devata*. A *Deva* is thus the consciousness aspect of the psycho-physical form. So the *Deva* Agni is the one Consciousness in its aspect as the Lord of Fire. A *Devata* may also mean an aspect as the Causal Consciousness itself. And so Mahatripurasundari is the name given to the creative aspect of such Consciousness-Power, as Mahakali is that aspect of the same Consciousness-Power which dissolves all worlds.

The object of the worship of the *Yantra* is to attain unity with the Mother of the Universe in Her forms as Mind, Life, and Matter and their *Devatas*, as preparatory to Yoga union with Her as She is in herself as Pure Consciousness. The world is divinized in the consciousness of the Worshipper, or *Sadhaka*. The *Yantra* is thus transformed in his consciousness from a material object of lines and curves into a mental state of union with the Universe, its Divinities and Supreme Deity. This leads to auto-realization as Mindless Consciousness. The *Shri Yantra* is thus the Universe and its one Causal Power of various aspects. The worshipper, too, is a *Shri Yantra*, and realizes himself as such.

### III. Dissolution

I have dealt with the nature of Shiva-Shakti and the evolution of power as the Universe, and now will say a word

as to the relative ending of the world on its withdrawal to reappear again, and as to the absolute ending for the individual who is liberated.

In Hindu belief, this Universe had a beginning, and will have an end. But it is only one of an infinite series in which there is no absolutely first Universe. These Universes come and go with the beating of the Pulse of Power now actively going forth, now returning to rest. For the World has its life period, which, reckoning up to the Great Dissolution, is the duration of an outgoing "Breath of Time". In due course another Universe will appear, and so on to all eternity. This series of Worlds of Birth, Death, and Reincarnation is called by the Hindus the *Samsara*, and was named by the Greeks the Cycle of the Becoming (*kuklos ton geneson*). All selves which are withdrawn at the end of a world-period continue to reappear in the new worlds to be until they are liberated therefrom.

The picture now described depicts the Mother-Power which dissolves -- that is, withdraws the World into Herself. This is another aspect of one and the same Mother. As such She is Mahakali, dark blue like a rain cloud. *Nada* is in Her head-dress. She is encircled by serpents, as is Shiva. She holds in Her hands, besides the Lotus and two weapons, a skull with blood in it. She wears a garland of human heads which are exotically the heads of conquered Demons, but are esoterically the letters of the alphabet which as well as the Universe of which they are the *seed-mantras*, are dissolved by Her. She stands on the white, inert Shiva, for it is not He but His power who withdraws the Universe into Herself. He lies on a funeral pyre, in the burning-ground, where jackals - - favorite animals of Kali -- and carrion birds are gnawing and pecking at human flesh and bone. The cremation ground is a symbol of cosmic dissolution.

In a similar picture, we see the Mother standing on two figures, the Shiva, and *Shava* previously explained. On the Corpse the hair has grown. The *Devas*, or "Gods," as they are commonly called, are shown making obeisance to Her on the left, for She is their Mother as well as being the Mother of men. There are some variations in the imagery. Thus Kali, who is commonly represented naked -- that is, free of her own *Maya* -- is shown clad in skins. Her function is commonly called Destruction, but as the Sanskrit saying goes, "the Deva does not Destroy". The Supreme Self withdraws the Universe into Itself. Nothing is destroyed. Things appear and disappear to reappear.

To pass beyond the Worlds of Birth and Death is to be Liberated. Human selves alone can attain liberation. Hence the supreme worth of human life. But few men understand and desire Liberation, which is the Experience-Whole. They have not reached the stage in which it is sought as the Supreme Worth. The majority are content to seek the Partial in the satisfaction of their individual interests. But as an unknown Sage cited by the Commentators on the *Yoginihridaya* and *Nityashodasika Tantras* has profoundly said, "Identification of the Self with the Non-Whole or Partial (*Apurnam-manyata*) is Disease and the sole source of every misery". Hence one of the *Cakras* of the *Shri Yantra* which I have shown you is called "Destroyer of all Disease". Eternal Health is Wholeness which is the Highest Worth as the Experience-Whole. The "Disease of the World" refers not to the World in itself, which is the Mother in form, but to that darkness of vision which does not see that it is Her. As Upanishad said, "He alone fears who sees Duality." This recognition of the unity of the World and the Mother has its degrees. That Whole is of varying kinds. It is thus physical or bodily health as the physical Whole which is sought in *Hathayoga*. Man, as he develops, lives more and more in

that Current of Energy, which, having immersed itself in Mind and Matter for the purpose of World-Experience, returns to itself as the Perfect Experience, which is Transcendent Being-Power. With the transformation of man's nature his values become higher. At length he discerns that his Self is rooted in and is a flowering of Supreme Being-Power. His cramped experience, loosened of its limitations, expands into fullness. For, it must be ever remembered, that Consciousness as it is itself never evolves. It is the Immutable Essence, and Shakti the "Wave of Bliss" as they each are in themselves. Evolution is thus a gradual *release* from the limitations of Form created by Being-Power. Interest in the Partial and Relative Wholeness gives way to a striving towards the Mother as the Absolute Whole (*Purna*) which She is in Her own spaceless, and timeless, nature.

This complete Liberation is the Perfect Experience in which the Self, cramped in Mind and Body, overcomes its *mayik* bonds and expands into the Consciousness-Whole. The practical question is therefore the conversion of Imperfect (*Apurna*) into Perfect (*Purna*) Experience. This last is not the "standing aloof" (*Kaivalya*) "here" from some discarded universe "over there," upon the discovery that it is without reality and worth. For the World is the Mother in Form. It is one and the same Mother-Power which really appears as the psycho-physical universe, and which in itself is Perfect Consciousness. Liberation is, according to this system, the expansion of the empirical consciousness in and through and by means of the world into that Perfect Consciousness which is the Experience-Whole. This can only be by the grace of the Mother, for who otherwise can loosen the knot of *Maya* which She Herself has tied ?

The state of Liberation can only be approximately described. Even those who have returned from ecstasy cannot find

words for that which they have in fact experienced. "A full vessel," it is said, "makes no sound". It is not in this system an experience of mere empty "being," for this is an abstract concept of the intellect produced by the power of Consciousness. It is a concrete Experience-Whole of infinitely rich "content". The Mother is both the Whole and, as *Samvid Kala*, is the Cause and archetype of all Partials (*Kala*). She is Herself the Supreme Partial as She is also the Whole. So, She is the Supreme Word (*Paravak*), Supreme Sound and Movement (*Parashabda Paranada*), Supreme Space (Paravyoma), Supreme or Transcendental Time (*Parakala*) the infinite "limit" of that which man knows on the rising of Sun and Moon. She is again the Life of all lives (*pranapranasya*). She thus contains within Herself in their "limit" all the realities and values of worldly life which is Her expression in Time and Space. But over and beyond this, She is also the alogical Experience-Whole. This experience neither supersedes nor is superseded by experience as the Supreme Self. This Alogical Experience is only approximately spoken of as Infinite Being, Consciousness and Joy which is the seamless (*akhanda*) Experience-Whole (*Purna*). Relative to the Supreme Self the Perfect Experience, She as His Power is the Perfect Universe. In the alogical transcendent state in which Shiva and Shakti are mingled as the One, She is the Massive Bliss (*Ananda-ghana*) which is their union, of which it has been said: *Niratishaya premaspadatvam anandatvam*, which may be translated: "Love in its limit or uttermost love is Joy". This is the love of the Self for its Power and for the Universe as which such Power manifests.

She is called the Heart of the Supreme Lord (*Hridayam Parameshituh*), with whom the Shakta unites himself as he says *Sa'ham* -- "She I am".

If we analyze this description we find that it can be summed up in the single Sanskrit term *Anandaghana*, or Mass of Bliss. The essence of the Universe is, to the Shakta, nothing but that. Mystical states in all religions are experiences of joy. As I have elsewhere said, the creative and world-sustaining Mother, as seen in Shakta worship (*Hadimata*), is a Joyous Figure crowned with ruddy flashing gems, clad in red raiment *Lauhityam etasya sarvasya vimarshah*, more effulgent than millions of red rising suns, with one hand granting all blessings (*varamudra*), and with the other dispelling all fears (*abhaya-mudra*). It is true that She seems fearful to the uninitiated in Her form as *Kali*, but the worshippers of this Form (*Kadimata*) know Her as the Wielder of the Sword of Knowledge which, severing man from ignorance -- that is, partial knowledge -- gives him Perfect Experience. To such worshipper the burning ground - - with its corpses, its apparitions, and haunting malignant spirits -- is no terror. These forms, too, are Hers.

Hinduism has with deep insight seen that Fear is an essential mark of the animal, and of man in so far as he is an animal (*Pashu*). The Shakta unites himself with this joyous and liberating Mother, saying *Sa'ham* -- "She I am". As he realizes this he is the fearless Hero, or *Vira*. For he who sees Duality, he alone fears. To see Duality means not merely to see otherness, but to see that other as alien non-self. The fearless win all worldly enterprises, and fearlessness is also the mark of the Illuminate Knower. Such an one is also in his degree independent of all outward power, and *Mriyũñjaya*, or Master of Death. Such an one is not troubled for himself by the thought of Death. In the apt words of a French author (*L'Amé Paienne*, 83), he no more fears than do the leaves of the trees, yellowing to their fall in the mists of autumn. An imperishable instinct tells him that if he, like the leaves, is about to fall he is also the tree on which they will come out

again, as also the Earth in which both grow, and yet again (as the Shakta would say) he is also, in his Body of Bliss, the Essence which as the Mother-Power sustains them all. As that Essence is imperishable, so in the deepest sense is its form as Nature. For whatever exists can never altogether cease to be. Either man's consciousness expands into that Lordliness which sees all as Itself, or he and all lower beings are withdrawn into the Womb of Power, in which they are conserved to reappear in that *Sphurana* or Blossoming which is the Springtide of some new World.

# Chapter Twenty-one

## Hindu Ritual

It is well said that Ritual is the Art of Religion. As practiced by the Hindus, it is not rightly judged, because the religious and philosophical doctrines of which it is a practical expression and method are either unknown or misunderstood. If we add to incapacity, a temperament hostile to all Ritualism, the resultant criticism is "mummery," "idolatry," "gibberish," and so forth. It is true that Ritual is meaningless to those who do not know its meaning; just as a telegram sent in cipher is without sense to those who are ignorant of the code according to which it is written. It may, however, be admitted that in so far as, and to the extent that Ritual is carried out without understanding on the part of the worshipper, such criticisms may, to that extent, be justified. Despite shallow views, Ritual is a necessity for men as whole. Those who profess to reject it in religion are yet found to adhere to it, in some form or other, in social and political life. The necessity of Ritual is shown by well-known historical reactions. Degeneracy leads to "Protestant" abolitions. The jejune worship of the "reformer" lacks appeal and power and Ritual comes into its own again. This oscillation is well marked in Europe in the history of Catholicism and Protestantism. It is displayed again in the East in Buddhism, which, starting as a revolt from an excessive Vaidik Ritual, adopted in the end the elaborate rites to be found in the Hindu and Buddhist Tantras. The Brahmanic position is the middle and stable way, acknowledging the value of both the "Protestant" and "Catholic" attitude. Its view is that all men need Ritual, but in varying degree and various kinds, until they are *Siddha*, that is, until they have achieved the end which Ritual is designed to secure. When the end is gained there is no longer need for the means to it. Further, the need becomes less and less

as approach is made to that end. The Ritual must be suitable to the spiritual attainments and disposition of the worshipper. For the simple and ignorant the Ritual is of a *Sthula* or gross kind. The word *Sthula* in Sanskrit does not necessarily imply any moral censure. It is here used as the opposite of *Sukshma* or subtle. Again, count is taken of human emotion and of its varieties. The dispositions or temperaments, or *Bhava*, of worshippers vary. One worshipper may place himself before the Lord in the relation of a servant towards his Master, another in the relation of a friend, and yet another in the relation of a lover. In the same way, Yoga, in the sense of a system of self-control and self-fulfillment, varies. For those who are predominantly intellectual there is the Yoga of Knowledge (Jñana); for those in whom emotion is strong there is the Yoga of Devotion (Bhakti); for such as belong to neither of these classes there is the great Yoga of Action (Karma). The end to which each medially or directly works is the same. There is, in fact, no religion more Catholic than Hinduism. For this reason, those who dislike and fear it, speak of its "rapacious maw". It has in fact, an enormous faculty of assimilation; for there is in it that which will satisfy all views and temperaments. In the West, we are too apt to quarrel with views and practices which we dislike. We will not, in such case, accept them, but that is not necessarily a reason why those who like them should not do so. Thus, to some, all Ritual is repellent, or some kinds of devotion, such as the use of erotic imagery. Let each take or reject what is suitable or unsuitable to him. Controversy is futile. Fitness or *Adhikara* is a fundamental principle of Hinduism. Some may be fit for one doctrine and practice, and others not. The wisdom of the universal man with a world-mind converts many an absolute judgment into a relative one. For the judgment, "This is bad," he will substitute, "This is not good for me". In this way he will both save own health and

temper, and that of the other.

The term "Ritual," in its religious sense, is included in the Sanskrit term *Sadhana*, though the latter word has a wider content. It is derived from the root *Sadh* = to exert or strive for, and includes any exertion or striving for anything. Thus a man who goes through a special training for an athletic match is doing *Sadhana* with a view to win in that contest. The taking of lessons in a foreign language is *Sadhana* with a view to attain proficiency in that language. Orientalists frequently translate the term by the English word "evocation". There is, of course, *Sadhana*, to gain the fruits of magic. But this is only one form of *Sadhana*. The form of which I write, and that to which reference is generally made, is that effort and striving in the form of self-training, discipline, and worship which has as its end a 'spiritual' and not merely physical or mental result -- though such result necessarily involves a transformation of both mind and body. The end, then, is some form of Unity with God as the Universal Father, or Mother as the Shaktas say. The person who does *Sadhana* is called *Sadhaka* or, if a woman, *Sadhika*. The end sought by the process of *Sadhana* is *Sadhya* or *Siddhi*. *Siddhi*, or accomplishment, means any successful result, and the man who attains it, is in respect of such attainment, called *Siddha*. The highest *Siddhi* is Unity with Brahman, the All-pervader, either by merger in or expansion into It, as some say, or as others hold, by varying degrees of association with and proximity to the Lord. Dogmatic views on this or other points are necessarily, to some extent, reflected in the Ritual presented for their realization, but at the *Sadhana* stage there is less divergence of practice than might be supposed, because whatever be the doctrine held, a worshipper must practically be a dualist. For worship includes both a worshipper and that which is worshipped. There are persons who, in popular language,

"worship themselves," but this is not a spiritual exercise. Whatever God may be in Himself, or Itself, the worship is of a Supreme Person (Purnaham). The world sometimes distracts the Mind from this, its supreme object. Nevertheless there is another universal tendency towards it. This last tendency is proof of man's divine origin. Springing from such a source, he must needs return to it. The striving to realize God, is part of man's nature. *Sadhana* is such striving in the forms which experience has shown to be fruitful. In the Orphic Mysteries it was said: "I am the child of the earth and starry sky, but know that my origin is divine. I am devoured by and perish with thirst. Give me without delay the fresh water which flows from the 'Lake of Memory'." And again: "Pure, and issued from what is pure, I come towards Thee."

So again St. Augustine said that the Mind was not at rest until it found itself in God. Brahmanic doctrine also states the same and gives the reasons for it. A profound saying by an Indian sage runs: "Identification with the imperfect (Apurnam manyata) -- that is, want of *Wholeness*, is *Disease* and the source of every misery." Whole = Hale = Health. Every form of want of wholeness, be it physical, psychical or spiritual, is disease and inflicts unhappiness. God is the whole and complete (Purna), which is without parts or section (Akhandam). Man is the reverse of this. But having sprung from the Whole, he seeks self-completion either by becoming or reflecting the Whole. The greatest of illnesses is that which the Hindu Scriptures call the Disease of Existence itself, in so far as such finite existence involves a hindrance to the realization of perfect infinite Being. For these reasons one of the *Cakras* or compartments of the great *Shri Yantra*, is called *Rogahara Cakra*, that is, the "Disease-destroying *Cakra*". What is meant by the saying is that man's identification of the self with its particular form, that is with

imperfection, is Disease, just as the knowledge that he is one with the whole is Health lasting. To gain this it is necessary that man should worship his Lord in one or other of the many ways in which his fellows have done so. For that purpose he may invent a ritual. But the more effective forms for the mass are those which tradition accredits. Amongst the greatest of ritual systems is that of the Hindus. Hinduism (to use a popular term) cannot be understood without a knowledge of it.

But, it may be said, there are many Rituals. Which are to be adopted, and how can we know that they will give result? The answer is that the Ritual for any particular individual is that for which he is fit (*Adhikari*). The proof of its efficacy is given by experience. The Ayurveda, or the Veda which teaches the rules to secure a long life (*Ayuh*) says that that only is a medicine which cures the disease and which, at the same time, gives rise to no other. To those who put the question, the answer of the Teacher is -- "Try". If the seeker will not try he cannot complain that he has no success. The Teacher has himself or herself (for according to the Tantras a woman may be a Guru) been through the training, and warrants success to those who will faithfully adopt the means he has himself adopted.

What, then, are the basic principles of *Sadhana*, and how does it work? To understand this we must have correct ideas of what the Hindus understand by the terms Spirit, Mind, and Body. I have in my volume *The World As Power* explained these terms and will now very shortly summarize what is there said, so far as it touches the main principles governing the subject of this paper.

## II

The ultimate object of the ritual -- that is, the realization of God -- is effected by the transformation of the worshipper into likeness with the worshipped. Let us assume that the Sadhaka is doctrinally an adherent of the Advaita Vedanta which is called Monism, but which is more accurately translated "Not two," or non-dual, because, whilst it can be affirmed that the ultimate Reality is not two, still as it is beyond number and all other predicates, it cannot be affirmed to be one. Let us, then, investigate some of the general principles on which the Ritual expressing this doctrine works.

Man is said to be Spirit -- to use an English term -- with two vehicles of Mind and Body. Spirit, or Brahman as it is in Itself (Svarupa), according to the Vedanta is, relative to us, pure infinite Being, Consciousness, Bliss (*Sat, Cit, Ananda*). That is Spirit viewed from our side and in relation to us. What Spirit is Itself only Spirit in Itself can say. This is only known in the experience of the perfect (*Siddha*) Yogi, who has completely transformed himself through the elimination of those elements of Mind and Body which constitute a finite individuality. "To *know* Brahman *is to be* Brahman." God, or the Lord (Ishvara) is pure, infinite Spirit, in its aspect relative to the world as its Creator, Maintainer, and Ruler. Man is, according to this school, that self-same Spirit or Consciousness which, in one aspect is immutable, and in another is finitized by Mind and Matter. Consciousness and Mind are, then, two different and, indeed, opposite things. Mind is not Consciousness, but is (considered in itself) an *Unconscious* force. Consciousness is infinite. Mind is a product of a finitizing principle or power inherent in Consciousness itself, which appears to limit consciousness. Mind *per se* is thus an unconscious force limiting

Consciousness. This statement may seem strange in the West, but is coming to be acknowledged to some extent there, where it is now recognized that there is such a thing as unconscious mind. Vedanta says that mind in itself is always an unconscious force. The mind appears to be conscious, not because it is so in itself, but because it is associated with and is the vehicle of Spirit which alone is Consciousness in Itself. The function of Mind, on the contrary, is to cut into sections sectionless Consciousness. Let us suppose that Consciousness is represented by an unbroken light thrown on a blank screen. This unbroken light imperfectly represents -- (for images fail us in one respect or another) -- Consciousness. Let us suppose, then, another metal screen cut up into patterns imposed on the former and thus letting the light through in parts and in various shapes, and shutting it out in others. This last opaque screen represents Mind. Consciousness is self-revealing. Mind occludes it in varying ways, and is a subtle form of the power (Shakti) possessed by Spirit to appear in finite form. Matter or Body is another but grosser form of the same Power. And because Mind and Body have a common origin, the one as subject can know the other as object. Cognition is then recognition. The same Power which has the capacity to so veil itself can unveil itself. The first step towards such unveiling is taken by Sadhana in its form as self-purification, both as regards body and mind, self-discipline and worship in its various ritual forms. At a high point of advance this Sadhana enters what is generally known as Yoga.

How then does Sadhana work? It must be remembered that there is no such thing as mind or soul without some form of body, be it gross or subtle. The individual mind has always a body. It is only Spirit which is Mind-less, and therefore wholly bodiless. Mind and Body are each as real as the other. When there is subject or mind there is always object or

matter. The proper discipline purifies and controls both. A pure body helps to the attainment of a pure mind, because they are each aspects of one Power-Substance. Whenever, then, there is mind, it has some object or content. It is never without content. That object may be good or bad. The first design of the Ritual, then is to secure that the mind shall always have a good object. The best of all objects is its Lord. What, then, is the result of meditation on the Lord?

What is the process of knowing? When the mind knows an object, that process consists in the projection from the Mind of a Mind-Ray, which goes out to the object, takes its form, and returns and models the mind itself into the form of the object. Thus, if attention is completely given, that is without any distraction, to an image or Deity, a jar or any other object, the mind so long as it holds that object is completely transformed into the shape of that object. Thus, with complete concentration on the Lord, the mind is shaped into the image of Him, with all His qualities. That image is formulated by what is called the Dhyana. The Ritual gives the Dhyana of each of the forms of God or Spirit.

Let it be assumed, then, that the mind is thus transformed; it is then necessary to keep it so. The mind is so unsteady, agile and variable that it has been compared both with mercury and the restless monkey. If this variability displayed itself in the choice of good thoughts only, it would not so much matter. But there are others which are not good. Moreover, both intensity and durability of transformation are desired. The endeavor then is to attain complete power of concentration and for periods of increasing length. The effect of this is to establish in the mind a tendency in the direction desired. All have experience of the psychological truth that the longer and more firmly an object is held in the mind, the less is the tendency towards distraction from it. A tendency

is called *Samskara*. Such tendency may be physical or psychological. Thus, the tendency of an India-rubber band when stretched to return to its original condition before such stretching, is physical *samskara* of India-rubber. In the same way, there are psychological *samskaras*. Thus, a man of miserly disposition is influenced by some sufficient impulse to be, on a particular occasion, generous, but when that or other sufficient impulse lacks, his miserly disposition or *samskara* asserts itself. On the other hand, but little is required to call out generosity in a naturally charitable man, for the good tendency is there. *Sadhana* confirms good and eradicates bad *samskaras*. As tendencies are produced by past action, intellectual or bodily, present and future good actions will secure that good *samskaras* are kept and others eliminated. Man is both born with *samskaras* and acquires others. No Hindu holds that the mind at birth is *tabula rasa*. On the contrary, it is compounded of all the *samskaras* or tendencies which result from the actions of the previous lives of the individual in question. These are added to, varied, reversed or confirmed by actions taken in the present life. Many of such *Samskaras* are bad, and steps must be taken to substitute for them others. All are aware that bad acts and thoughts, if repeated, result in the establishment of a bad habit, that is a bad *Samskara* realized. The object of *Sadhana* is, then, firstly to substitute good objects for the mind in lieu of bad objects, and to overcome the tendency towards distraction and to revert to what is bad. This means the stabilizing of character in a good mold.

How is this to be effected? The *Sadhana* must avoid all distractions by keeping the mind occupied with what is good. We accordingly find the repetitions which may be, but by no means necessarily are, "vain". A common instance of this is *Japa*, or repetition of mantra. This is done by count on a rosary (*Mala*) or with the thumb on the twelve phalanxes of

the fingers. There are also forms of repetition in varying ways. Thoughts are intensified and confirmed by appropriate bodily gestures *Mudra*. Again, real processes are imagined. Thus, in *Nyasa*, the worshipper with appropriate bodily actions places different parts of the body of the Divinity on the corresponding parts of his own body. Thus the *Sadhaka* imagines that he has acquired a new divine body. Again, in the more subtle rite called *Bhutasuddhi*, the worshipper imagines that each of the component elements of the body is absorbed in the next higher element until all are merged in the Supreme Power of whom man, as a compound of such elements, is a limited manifestation. Whilst this is merely imagined in *Sadhana*, it objectively and actually takes place in *Kundalini Yoga*. The mind is thus constantly occupied in one form or another with, and thus shaped into, that which is divine and becomes itself, by being kept in such shape, at length permanently divine. For as the *Chandogya Upanishad* says: "What a man thinks that he becomes." So also the *Gandharva Tantra* says: "By meditating on anything as oneself, man becomes that." Thinking always on the Lord, man is transformed, within limits, into an image of Him. The preparatory work of *Sadhana* is completed in *Yoga*.

I will next shortly note some of the principal forms of ritual employed in worship, *viz.*, image and emblem, *Yantra*, *Puja*, *Mantra*, *Mudra*, *Nyasa*, *Bhutasuddhi*. These are in constant use, either daily or on special occasions. The ritual of the Sacraments, or *Samskaras*, are performed once, *viz.*, on the date of that sacrament, such as naming ceremony, marriage and so forth.

### III

The third Chapter (here summarized and explained) of the Sanskrit work called "*Wave of Bliss*, for worshippers of the Mother-Power (Shakti)," deals with the necessity for the use of images and other forms as representations of the formless All-Pervader (Brahman). The latter is, in Its own true nature, bodiless (ashariri) and pure Consciousness, or in Western language, Spirit. But Brahman, through Its power (shakti), assumes all the forms of the Universe, just as it is said an actor (natavat) assumes various roles. Thus Brahman has two aspects: the subtle, in which It is its own unmanifested Self; and the gross, in which It appears as the manifested universe. Or, if we reserve the word "subtle" for what, though it is not pure Spirit, is yet finer than gross matter -- that is, Mind, we may say that the Ultimate Reality has three aspects: (a) Supreme or transcendent, that is pure formless Spirit; (b) subtle, or the same Spirit as manifested in mind, (c) gross, or the same spirit as manifested in Matter. It is clear that one cannot meditate on that which is wholly formless as is the supreme Brahman, which is without body.

In meditation (Dhyana) there is duality, namely, the subject who meditates and the object of such meditation, though, in fact, the two are (according to the Advaita or non-dualism of the Shaktas), both differing aspects of the one Brahman through Its Power. As the mind cannot remain steady on what is formless (amurta), therefore, a form (murta) is necessary. Form is gross or subtle. Form is necessary both in Sadhana and *Yoga* -- in the latter for acquiring accomplishment in Trataka-Yoga, that is, steady gaze which leads to one-pointedness (Ekagrata), and this latter to Samadhi or ecstasy. The grossest form is that which is shown in the round, with hands, feet, and so forth -- that is, the image. Nothing is here left to the imagination. The

particulars of the image, that is, how it should be shaped, its color, posture, and so forth, is given in what are called the meditations or *Dhyanas*, and the dimensions may be found in the Silpa Shastras. These describe the form, attitude, the position of the hands and legs, the articles such as weapons and the like carried, the vehicle or Vahana -- and the attendant Divinities (*Avarana Devata*). Less gross forms are pictures or representations in the flat, emblems such as the Shalagrama stone sacred to Vishnu, the Linga or sign of Shiva, and the inverted triangle which is the emblem of the Mother. Thus a linga set in the Yoni or triangle represents the union of Shiva and Shakti, of God and His Power, or in philosophical language, the union of the static and kinetic aspects of the one Ultimate Reality. A still more subtle form is the *Yantra*, which literally means "instrument," viz., the instrument by which worship is done. It is as shown on the flat, a diagram which varies with each of the *Devatas* or Divinities, and has been called "the body of *Mantra*". Whilst gross (sthula) meditation takes place on the gross image, emblem or Yantra, subtle (sukshma) meditation has as its object the Mantra. The Mantra and the Devata are one. A *Mantra* is *Devata* in that form, that is as sound. Hearing is considered the finest of the senses. What is called Supreme Meditation is nothing but ecstasy, or -- Consciousness, freed of both its subtle and gross vehicles, and therefore, limitations. As the Brahman is only directly known in the ecstasy of Yoga, It is imagined with form, or, as some translate this passage, It assumes form for the sake of the worshippers (*upasakanam karyartham*). These forms are male or female, such as, in the first class, Brahma, Vishnu, Shiva and others, and in the second Tripurasundari, Lakshmi, Kali and others. The worship of a Eunuch (napumsaka) form does not bear fruit. What shall be the selected as patron Divinity, depends on the competency (adhikara) of the worshipper, that is, what is suitable or fit for him given his

character and attainments. The Yamala says: "Men see Him in various ways, each according to his own inclinations. But an advaitist worshipper should at the same time remember that each is an aspect of one and the same Deity.

Varaha Purana says: "What Durga is, that is Vishnu, and that also is Shiva. The wise know that they are not different from one another. The fool, who in his partiality thinks otherwise, goes to the Raurava Hell." There is, however, from the nature of the case, some distinction in the case of the worship of those on the path of enjoyment, who should worship according to the mode in which they have been initiated. But the renouncer should discard in every way all notions of difference. The *Wave of Bliss*, citing Samaya Tantra, says: "By the worship of some Deva, liberation is with difficulty attained, and by the worship of others enjoyment is to be had, but in the case of the worshipper of the Mother, both enjoyment and liberation lie in the hollow of his hands." But, unless prayed to, the Mother or Devi does not give fruit, and naturally so. For the Devi is moved to action through the prayers of the worshipper. Essentially the worshipper is the Devi Herself, and unless She in Her form as the worshipper is moved, She in Her aspect as the Supreme Lord -- "Our Lady" -- does not move.

By "worshipper" is meant one who is proficient in *Karma* and *Bhakti* Yoga. The *Jñānayogi's* effort is directed towards the attainment of the formless Brahman. Worship implies duality, and so does *Mantra-yoga* of which worship is a part. From the *Bija-mantra* or seed mantra the Devata arises and this Devata is the Brahman. In the Kurma Purana it is said: "Those who think themselves to be different from the Supreme Lord will never see Him. All their labor is in vain." Therefore, the Shrikrama says: "Meditate upon yourself as the Supreme Mother -- the primordial Power -- by your mind,

word, and body." All three take part in the ritual. The mind, which must from its nature have an object, is given a good object, that is, the image of its Lord. It holds to that. The worshipper utters the ritual words and with his body performs the ritual acts, such as the gestures (Mudra), the giving of offerings, and so forth. And the reason is, as the Gandharva Tantra says: "By meditating on anything as oneself, man becomes that." The mind assumes the form of its object -- that is, by good thoughts man is transformed into what is good. So the worshipper is enjoined constantly to think: "I am the *Devi* and none other". By meditating on Vishnu, man becomes Vishnu. By meditating on *Devi*, man becomes *Devi*. He is freed from bodily ills and is liberated, for he attains spiritual knowledge. Such knowledge, in the Advaita sense (though there are also other schools) means "to be". To know Brahman is *to be* Brahman. Brahman in Itself is not an object, and is not known as such. Brahman is known by being Brahman, which man attains through ritual forms, and Yoga processes, of which worship is a necessary preliminary.

#### IV

In the preceding paragraphs, I have, in very general outline, dealt with the meaning of *Sadhana* as ritual worship, both as to its object and the principles on which it is based. I have given at the same time some examples. I propose here to pass a few remarks on certain other particular forms of ritual. I have already referred to image worship upon which, however, I will add a word.

Western peoples speak of the image worshipped as being an "idol," just as some so-called "reformed" Hindus influenced

by Western views call it a "doll". The Hindu term is *Pratika* and *Pratima* indicating that which is *placed before* one as the immediate and apparent object of worship, *representative* of the Invisible Supreme. The mind cannot seize pure Spirit any more than (to use the simile of an Indian author) a pair of tongs can seize the air. The mind must, however, necessarily have before it some definite object, and one of such objects is the image or emblem. At the same time, the Hindu image is something more than a mere aid to devotion such as is the case in general as regards images in the Catholic ritual. For, by the "life-giving" (*prana-pratishtha*) ceremony the life of the Devata or Divinity is invoked into the image. Deity is all-pervading and therefore cannot come or go. The image, like everything else, is already an appearance of Deity immanent in it, in the particular form or mold of earth, stone, metal, wood or whatever other the substance may be. Therefore, "invocation" (*Avahana*) and "dismissal" (*Visarjana*) in the Ritual by which the Deity is invoked "to be present" and bid "to depart" mean this -- that the immanence of Deity in the object of worship is recognized, kept present before, and ultimately released from the mind of the worshipper. In fact, the Deity is there, ritual or no ritual. By the ritual the Deity is not only there in fact, but is so, for the consciousness of the worshipper whose mind is transformed into a Divine mold. The Deity does not move, but the mind of the worshipper does so. It is the particular modification, a *Vritti* of the mind which comes and goes. Personally, I believe that "Idolatry" in its strictest literal sense is not to be found anywhere. The most ignorant individuals belonging to a primitive humanity are aware that they are, in one sense, in the presence of "stocks and stones," and that the worshipful character of the image is not because it is such stock and stone, for, in that case all stock and stone is worshipful, but for other reasons. It has been noted already that the ritual is graded in this matter, as in others, into gross and subtle. The subtle form

is that in which the least is left to the imagination, namely, an image in the round. Less so, in the order given, is the picture on the fiat; the emblem which has no external likeness to Divinity (such as the *Linga* and *Shalagrama* stone), and then the *Yantra* or diagram of worship. This *Yantra* is made up of different combinations of lines and curves, and is described as the body of the Mantra. Besides these external objects, there are mental representations of them and of other things. Thus actual flowers may be offered physically, or mental "flowers" may be offered by the mind, or the "flowers" of the virtues may be laid before the *Devata*.

How often the word *Mantra* is used, and yet how few can say correctly what the term means? It is only possible here to lay down a few general lines of explanation of a subject with which I have endeavored to deal in my recent work, *The Garland of Letters*; for Garland and Rosary are names given to the alphabet of Sanskrit letters, which are each a manifestation of the Mother of the Universe.

The Universe is movement, of various kinds, of the ultimate substance. This movement is sensed in five ways. Whatever is heard is the sound made by some particular form of movement, and the hearing by mind and ear is again a form of movement. If there be no movement there is nothing to hear. When a letter is uttered in our hearing there is a particular movement which can be represented as a form for the eye, which form again involves color, for what is perfectly colorless is formless, and, therefore, invisible. The letters are temporarily manifested by the action of the vocal organs and the circumambient air, but are in themselves, that is, as attitudes of Power, eternal. As Postures of Power they are eternal, though as manifestations they appear with each universe and disappear with it. They are, like all else, a

form of appearance of the *Magna Mater*, the one great Mother-Power, and are particular world-aspects of Her. The sound which is heard, and the mind and ear which hear it, are each such appearance. Each thing has a double aspect -- one as a produced thing, or effect; the other as the particular Causal Power which produces or more accurately manifests as that thing. That power again, relative to any of its particular productions, is an aspect of the general Mother-Power, and is, as such, a *Devata*. Thus, the sun is a glorious epiphany of the Brahman or All-Pervader which, in its character as the power inherent in that particular manifestation, is the Sun-Lord or *Surya-Devata*. *Devata* in its supreme (*para*) sense is the Lord of All, manifesting as the All. The Sun *Devata* is the same Lord in the character of a particular power of the All-Powerful manifesting in this form of the Sun. Whilst, therefore, in a sense, Mantra is the Sound-aspect of all that is, each *Devata* has His or Her own *Mantra*, and it is such mantras that the Scripture refers. The Mantra does not merely stand for or symbolize the *Devata*. Still less is it a mere conventional label for the *Devata*. It *is* the *Devata*. The *Devata* and Mantra are therefore one.

In each mantra, however, there two Shaktis or powers. The *Devata* who is the mantra is called the indicating power (*Vacaka Shakti*). The *Devata* who is indicated (*Vacya Shakti*) is the Ultimate Reality, or Supreme Brahman. The former leads to the latter. As each worshipper has his own Patron Deity or *Ishtadevata*, so each worshipper is initiated in and practices a particular mantra. The Patron Deity is a particular aspect of the One Supreme Reality which cannot be directly worshipped, but which is worshipped indirectly as an aspect of that Reality in a world of duality. What Mantra a worshipper should practice is determined by the Guru who initiates. He should settle what it shall be by reference to the physical, psychical and spiritual characteristics of the

worshipper. This is the theory, but in practice a state of things often exists which has led to the criticism that *Mantra* is "jabber". Thus (to take but one example), I, though not a Hindu, was once asked by a Brahmin lady, through a pundit known to both of us, to tell her the meaning of her mantra, and this though she had passed fifty, she had never been told, nor could she find out even from the pundit. She was led to ask me and thus to reveal her mantra which should be kept secret, because she had heard that I had a manuscript *Bija Kosha*, or Dictionary, which gave the meanings of mantras. This incident is significant of the present state of things. Initiation has often and perhaps in most cases now-a-days little reality, being merely a "whispering in the ear". A true and high initiation is one in which not merely instruction is given, but there is also an actual transference of power by teacher to disciple which enables the disciple first to understand, and then transforms him by infusing him with the powers of his Guru.

*Mantra-sadhana* consists of the union of the *Sadhana shakti* or the power of the individual worshipper and the *Mantra shakti* or the power of the mantra itself. The worshipper exerts his own individual power to achieve through the mantra, and as he does this, the power of the mantra, which is as far greater than his own as the *Devata* is greater than he, aids his effort. On the theory this must be so, because as the worshipper more and more realizes the *Devata* in mantra form, and identifies himself with the *Devata*, he gains divine powers which supplement his human power as a worshipper. There are some *Mantras* which may be called prayers, such as the great Gayatri Mantra which prays for illumination of the understanding. A mantra, however, is not to be identified with prayer. which may be said in any form and in any language that the worshipper chooses. Prayer may be, of course, a great power, but it is nevertheless the power of

the particular worshipper only whatever that may be.

Worship (*Puja*) is done with meditation, recital of mantras, obeisance, manual gestures, the making of offerings and the like. The gestures (*Mudra*) are part of a system which employs both body and mind, and makes the former express and emphasize the intentions of the latter. Similarly, an orator gives expression to his thought and emphasizes it by gesture. Thus, in the *Matsya Mudra*, the hands are put into the form of a fish to indicate that the worshipper is offering to the Deity not merely the little quantity of water which is used in the worship, but that his intention is to offer all the oceans with the fish and other marine animals therein. This is part of what has been called "mummery". Well -- it is "acting" but it is not necessarily more foolish than touching one's hat as a sign of respect. The charge of mummery as against all religions is largely due to the fact that there are many people who will pass judgments on matters which they do not understand. Ignorant and half-educated persons everywhere people the world with fools because they are themselves such.

*Asana*, or posture, belongs to Yoga, except that the general posture for worship is *Padmasana*, and worship is part of Mantra Yoga.

*Japa* is "recital" of Mantra. There is no exact English equivalent for it, for "recital" signifies ordinary utterance, whereas *Japa* is of three kinds, namely: (a) that in which the *Mantra* is audibly uttered; (b) where the lips are moved, but no sound is heard; and (c) mental or by the mind only. The count is done on a rosary (*mala*) or on the phalanxes of the fingers.

One of the great Mantras is the physical act of breathing. As

this is done of itself so many times a day, now through the right, and then through the left nostril automatically, it is called the *Ajapa Mantra* -- that is, the mantra which is said without *Japa* or willed effort on man's part. The mantra which is thus automatically said is *Hamsah*. Breath goes out with *Ham*, and comes in with *Sah*. When outbreathing and inbreathing takes place, the throat and mouth are said to be in the position in which they are when pronouncing the letters H and S respectively. In other words, outbreathing is the same form of movement which is heard as the letter H.

An important rite much referred to in the Tantras is *Nyasa*, which means the "placing" of the hands of the worshipper on different parts of his body, imagining at the same time that thereby the corresponding parts of the body of his *Ishtadevata* are being there placed. It terminates with a movement, "spreading" the Divinity all over the body. "How absurd," someone may say, "you cannot spread Divinity like jam on bread." Quite so; but the Hindu knows well that the word Brahman means the All-spreading Immense and cannot therefore be spread. But what may be and is spread is the mind -- often circumscribed enough -- of the worshipper, who by his thought and act is taught to remember and realize that he is pervaded by Divinity, and to affirm this by his bodily gesture. The ritual is full of affirmations. Affirm again, affirm, and still affirm. This injunction one might expect from a system which regards man and all that exists as limited forms of unlimited Power (*Shakti*). Affirm in every way is a principle of the ritual, a principle, which ought to be as easily understood as a child's repetition in order to learn a lesson. A man who truly thinks himself to be becoming divine becomes, in fact, in varying degrees, so.

It is not possible in an account such as this to note more than a few of the leading rituals, and I conclude therefore

with the very important *Bhutasuddhi*. This term does not mean, as an English orientalist thought, "the driving away of demons" but purification of the Elements (*Bhuta*) of which the body is composed. There are five of these with centers or *Cakras* in the spinal column. The grossest is at the base of the spine which is the seat of the power called Kundalini. In Yoga, this power is roused, and led up through the column, when it absorbs as it goes, each of the centers and the elements, and then the psychic center, finally merging with Spirit or Pure Consciousness in the upper brain which is the "seat" of the latter. In Yoga this actually takes place, but very few are Yogis: and not all Yogis possess this power. Therefore, in the case of ritual worship this ascent, purification of the body, and merging of Matter and Mind in Consciousness takes place in imagination only. The "man of sin" is burnt in mental fire, and a new body is created, refreshed with the nectar of divine joy arising from the union of the "Divine pair" (Shiva and Shakti) or Consciousness and its Power. This is done in the imagination of the worshipper, and not without result since as the *Chandogya Upanishad* says: "What a man thinks that he becomes." So also the *Gandharva Tantra* says: "By thinking of That, one becomes That."

In Kundalini Yoga or Laya Yoga, there is effected a progressive absorption of all limited and discrete forms of experience, that is fact-sections into the Primary Continuum which is Shiva and Shakti united together. Therefore, it is a merging or more properly expansion of the finite into the infinite, of the part into the whole, of the thinkable and measurable into the unthinkable and immeasurable. When we worship, this progress is imagined. There is in time a transformation of Mind and Body into a condition which renders them fit for the spiritual experience, which is the *Samadhi* of Yoga or the *ecstasis* or "standing out" of Spirit

from its limiting vehicles. Consciousness is then the *Purna* or Whole.

## Chapter Twenty-two

### Vedanta and Tantra Shastra

When your representative asked me to speak this evening, he suggested to me as my subject, that Shastra which is a practical application of the Vedantic teaching. Mere talk about Vedanta is nothing but a high form of amusement. If more than this is to be achieved, definite Sadhana is necessary. In the grand opening chapter of the *Kularnava Tantra* it is said: "In this world are countless masses of beings suffering all manner of pain. Old age is waiting like a tigress. Life ebbs away as it were water from out of a broken pot. Disease kills like enemies. Prosperity is but a dream; youth is like a flower. Life is seen and is gone like lightning. The body is but a bubble of water. How then can one know this and yet remain content? The Jivatma passes through lakhs of existence, yet only as man can he obtain the truth. It is with great difficulty that one is born as man. Therefore, he is a self-killer who, having obtained such excellent birth, does not know what is for his good. Some there be who having drunk the wine of delusion are lost in worldly pursuits, reck not the flight of time and are moved not at the sight of suffering. There are others who have tumbled in the deep well of the Six Philosophies -- idle disputants tossed on the bewildering ocean of the Vedas and Shastras. They study day and night and learn words. Some again, overpowered by conceit, talk of *Unmani* though not in any way realizing it. Mere words and talk cannot dispel the delusion of the wandering. Darkness is not dispelled by the mention of the word 'lamp'. What then is there to do? The Shastras are many, life is short and there are a million obstacles. Therefore should their essence be mastered, just as the Hamsa separates the milk from the water with which it has been mixed."

It then says that knowledge alone can gain liberation. But, what is this knowledge, and how may it be got? Knowledge in the Shastric sense is actual immediate experience (Sakshatkara), not the mere reading about it in books, however divine, and however useful as a preliminary such study may be.

How then to gain it? The answer is, by Sadhana -- a term which comes from the root "to exert". It is necessary to exert oneself according to certain disciplines which the various religions of the world provide for their adherents. Much shallow talk takes place on the subject of ritual. It is quite true that some overlook the fact that it is merely a means to an end. But it is a necessary means all the same. This end cannot be achieved by merely sitting in Padmasana and attempting to meditate on the Nirguna Brahman. One may as well try to seize the air with a pair of tongs. How then may the Vedantic truth be realized? The Indian Shastra purports to give the means for the Indian body and mind. What Shastra? Not the Karma-kanda of the Vedas, because with the exception of a few hardly surviving rites, such as Homa, it has passed away. The actual discipline you will find in the Tantras of the Agamas.

I prefer the use of this term to that of "the Tantra," now so common, but which has risen from a misconception and leads to others. Tantra means injunction (Vidhi) or regulation (Niyama) or treatise, *i.e.*, simply Shastra. Thus Shamkara calls the Samkhya "Tantra". One cannot speak of "the Tantra" any more than one can speak of "the treatise". We do not speak of the Purana, the Samhita, but of the Puranas and Samhitas. Why then speak of "the Tantra"? One can speak of the Tantras or Tantra Shastra. The fact is that there is an Agama of several schools, Shaiva, Shakta and Vaishnava. Shiva and Shakti are one. The Shaiva (in the

narrower sense) predominantly worships the right side of the Ardhanarishvara Murti, the Shakta worships the left (Vama or Shakti) side, the place of woman being on the left. The Vaishnava Agama is the famous Pañcaratras, though there are Tantras not of this school in which Vishnu is the Ishtadevata. All Agamas of whatever group share certain common ideas, outlook and practice. There are also certain differences. Thus, the Northern Shaivagama which is called Trika and not "the Tantra" is, as is also the Shakta Tantra, Advaita. The Southern Shaiva school which is called Shaiva Siddhanta and not "the Tantra," as also the Vaishnava Agama or Pañcaratras (and not "the Tantra") are Vishishtadvaita. There is some variance in ritual also as follows from variance in the Ishtadevata worshipped. Thus, as you all know, it is only in some forms of worship that there is animal sacrifice, and in one division, again, of worshippers, there are rites which have led to those abuses which have gained for "the Tantra" its ill fame. A person who eats meat can never, it is said, attain Siddhi in the Shiva Mantra according to Dakshinopasana. Each one of these schools has its own Tantras of which there were at one time probably thousands. The Shaiva Siddhanta speaks of 28 chief Tantras or Agamas with many Upatantras. In Bengal mention is made of 64. There are numerous Tantras of the Northern Shaiva school of which the Malini-vijaya and Svachanda Tantras are leading examples. The original connection between the Shaiva schools of North and South is shown by the fact that there are some books which are common to both, such as the Matanga and Mrigendra Tantras. The Pañcaratras is composed of many Tantras, such as Lakshmi and Padma Tantras and other works called Samhitas. In the Commentary to the Brahma Samhita which has been called the "essence of Vaishnavism," you will find Jiva Goswami constantly referring to Gautamiya Tantra. How then has it come about that there is the ignorant notion that

(to use the words of an English work on Tibetan Buddhism) "Tantra is restricted to the necromantic books of the later Shaivic or Shakti mysticism"? I can only explain this by the fact that those who so speak had no knowledge of the Tantras as a whole, and were possibly to some extent misled by the Bengali use of the term "the Tantra," to denote the Shakta Tantras current in Bengal. Naturally, the Bengalis spoke of their Tantras as "Tantra," but it does not follow that this expression truly represents the fact. I might develop this point at great length but cannot do so here. I wish merely to correct a common notion.

Well, it is in these Tantras or the Agamas that you will find the ritual and Sadhana which governs the orthodox life of the day, as also in some of the Puranas which contain much Tantrik ritual.

I am not concerned to discuss the merits or the reverse of these various forms of Sadhana. But the Agama teaches an important lesson the value of which all must admit, namely: mere talk about Religion and its truths will achieve nothing spiritual. There must be action (Kriya). Definite means must be adopted if the truth is to be realized. The Vedanta is not spoken of as a mere speculation as some Western Orientalists describe it to be. It claims to be based on experience. The Agamas say that if you follow their direction you will gain Siddhi. As a Tibetan Buddhist once explained to me, the Tantras were regarded by his people rather as a scientific discovery than as a revelation; that is, something discovered by the self rather than imparted from without. They claim to be the revealed means by which the Tattva or other matters may be discovered. But the point is, whether you follow these directions or not, you must follow some. For this reason every ancient faith has its ritual. It is only in modern times that persons with but little understanding of

the subject have thought ritual to be unnecessary. Their condemnation of it is based on the undoubted abuses of mechanical and unintelligent devotion. But because a thing is abused it does not follow that it is itself bad.

The Agama is, as a friend of mine well put it, apractical philosophy, adding what the intellectual world wants most to-day is this sort of philosophy -- a philosophy which not merely *argues* but *experiments*. He rightly points out that the latest tendency in modern Western philosophy is to rest upon intuition, as it was formerly the tendency to glorify dialectics. But, as to the latter "Tarkapratishthanat," intuition, however, has to be led into higher and higher possibilities, by means of Sadhana, which is merely the gradual unfolding of the Spirit's vast latent magazine of power, enjoyment, and vision which every one possesses in himself. All that exists is *here*. There is no need to throw one's eyes into the heavens for it. The Visvasara Tantra says, "What is here is there: what is not here is nowhere." As I have said, I am not here concerned with the truth or expediency of any particular religion or method (a question which each must decide for himself), but to point out that the principle is fully sound, namely, that Religion is and is based on spiritual experience, and if you wish to gain such experience it is not enough to talk about or have a vague wish for it, but you must adopt some definite means well calculated to produce it. The claim of the Agama is that it provides such means and is thus a practical application of the teaching of the Vedanta. The watchword of every Tantrik is Kriya -- to be up and doing. You will find in the useful compilation called *Yatidharmanirnaya* that even Dandins of Shamkara's school follow a Tantrik ritual suited to their state. In fact, all must act, who have not achieved.

This leads me to say a word on the Svami in whose honor

we meet to-day. He was always up and doing. The qualities I most admire in him are his activity, manliness and courage. There are still Indians (though fortunately not so numerous as there were when I first came to India 30 years ago) who seem to be ashamed of and would apologize for their life, customs, race, art, philosophy and religion and so forth. The Svami was not of this sort. He was, on the contrary, amongst the first to affirm his Hindu faith and to issue a bold challenge to all who attacked it. This was the attitude of a man. It is also a manly attitude to boldly reject this faith if after fully studying and understanding it you find that the doctrines it preaches do not commend themselves to your reason. For we must, at all costs, have intellectual, as well as every other form of honesty. But this is another thing from the shame-faced apology of which I speak and which is neither one thing nor another. The Svami spoke up and acted. And for this all must honor him who, whatever be their own religious beliefs, value sincerity, truth and courage which are the badge of every nobility. And so I offer these few words to his memory which we all here, either by our speech or presence, honor to-day.

## **Chapter Twenty-three**

### **The Psychology of Hindu Religious Ritual**

The word "religious" in the title of this lecture has been inserted in order to exclude magical ritual, with which I do not deal, though I have a word or two to say on the subject.

As regards the word "Hindu," it must be remembered that there is considerable variety of doctrine and ritual, for there are a number of communities of Indian worshippers. Though, perhaps, too much stress is generally laid on these differences, and sufficient notice is not taken of fundamental points of agreement, yet there are differences, and if we are to be exact, we must not forget that fact. It is not, of course, possible, during the hour or so at my disposal, to treat of all these differences. I have, therefore, selected the ritual of one of these communities called Shaktas. These worshippers are so called because they worship the great Mother-Power or Mahashakti. Their doctrine and practice is of importance, because, (as an Italian author has recently observed), of its accentuation of Will and Power. He describes it as "a magnificent ensemble of metaphysic, magic and devotion raised on grandiose foundations". And so, whether it be acceptable or not, I think it is. The title, therefore, is, in this matter, not exact. Some of what is here said is of common application and some is peculiar to the Shaktas.

Now as to the word "Ritual". Ritual is the Art both of Religion and Magic. Magic, however, is more completely identified with ritual than is religion; for magic is ritual, using the latter term to include both mental and bodily activity; whereas religion, in the wide sense of Dharma, is not merely ritual-worship, but covers morality also. And so, it is finely said: "The doing of good to others is the highest Dharma." In this sense of the term Dharma, we are not concerned with ritual.

Ritual has been the subject of age-long dispute. Whilst there are some who favor it, others are fanatically opposed to it. In this matter, India, as usual, shows her great reconciling wisdom. She holds (I speak of those who follow the old ways) that ritual is a necessity for the mass of men. To this extent she adopts what I may call the "Catholic" attitude. She makes, however, concession on the other hand to the "Protestant" view, in holding that, as a man becomes more and more spiritual, he is less and less dependent on externals, and therefore on ritual, which may be practically dispensed with in the case of the highest.

Then as to the word "Psychology". In order to understand the ritual, one must know the psychology of the people whose it is; and in order to know and to understand their psychology, we must know their metaphysic. There are some who claim to dispense with metaphysic, but the Indian people have been, throughout their history, pre-eminently thinkers. The three greatest metaphysical peoples have been, in the past, the Greeks and the Indians, both Brahmanist and Buddhist, and, in modern times, the Germans. The Greek, Sanskrit, and German languages are pre-eminently fitted for metaphysical use. We must then deal with metaphysic when treating of Hindu ritual. I do not propose, however, here to enter upon the subject more than is absolutely necessary to understand the matter in hand.

Now, when we look around us, we see everywhere Power, or Shakti. The world is called Jagat, which means "the moving thing," because, anticipating modern doctrine, the Ancient Hindus held that everything was in a state of ceaseless activity, which was not the Brahman in Itself (Svarupa), Such movement is either due to the inherent power of mind and matter, or to a cause which, though immanent in the universe, yet is not wholly manifested by, but transcends it.

This latter alternative represents the Indian view. Power (Shakti) connotes a Power-holder (Shaktiman). Power as universe is called Samsara. The state of power, as it is in itself, that is, the state of Power-holder, is (to use one of the better-known terms, though there are others) Nirvana.

What, then, is the nature of experience in the Samsara? The latter is the world of form, and Dharma is the Law of Form. Form necessarily implies duality and limitation. Therefore, experience in Samsara is an experience of form by form. It is limited, dualistic experience. It is limited or Apurna (not the whole or complete), relative to the state of Nirvana, which is the whole (Purna) or complete or Perfect Experience. Therefore, whilst the latter is a state of all-knowingness and all-mightiness, man is a contraction (Samkoca), and is a "little-knower" and "little-doer". The Power-holder is called Shiva-shakti -- that is, the supreme Shiva-shakti, for the universe, being but the manifestation of the transcendent Shiva-shakti, is also itself Shiva-shakti. The names Shiva and Shakti are the twin aspects of one and the same Reality. Shiva denotes the masculine, unchanging aspect of Divinity, while Shakti denotes its changing feminine aspect. These two are Hamsah, Ham being Shiva and male, and Sah being Shakti and female. It is this Hamsah, or legendary "Bird," which is said, in the poem called "Wave of Bliss," "to swim in the waters of the mind of the great." The un-manifest Shiva-shakti aspect is unknown, except in the Samadhi *or ecstasy* of Yoga. *But the Shakti aspect*, as manifested in the universe, is near to the Shakta worshipper. He can see Her and touch Her, for it is She who appears as the universe, and so it is said: "What care I for the Father, if I but be on the lap of the Mother?" This is the Great Mother, the *Magna Mater* of the Mediterranean civilization, and the Mahadevi of India -- that August Image whose vast body is the universe, whose breasts are Sun and Moon. It was to Her that the

"mad," wine-drinking Sadhu Bhama referred, when he said to a man I know who had lost his mother: "Earthly mothers and those who suck their breasts are mortal; but deathless are those who have fed at the breast of the Mother of the Universe". It is She who personalizes in the form of all the beings in the universe; and it is She again who, as the essence of such personalizing, is the Supreme Personality (Parahanta), who in manifestation is "God in Action." Why, it may be asked, is God thought of as Mother? This question may be countered by another -- "Why is God called Father?" God is sexless. Divinity is spoken of as Mother because It "conceives, bears, gives birth to, and nourishes the Universe". In generation man is said to be a helper only. The learned may call this motherhood, "infantilism" and "anthropomorphism". But the Shakta will not be afraid, and will reply that it is not he who has arbitrarily invented this image of the Mother, but that is the form in which She has Herself presented Herself to his mind. The great Shakta poet, Ramaprasada, says: "By feeling (Bhava) is She known. How then, can Abhava (that is, lack of feeling) find Her P" In any case he may recall the lines of the Indian poet: "If I understand, and you understand, O my mind, what matters it whether any other understand or not?"

Viewing the matter more dryly and metaphysically, we have then to deal with two states. Firstly, the limited experience of Samsara the *Becoming*, and the Perfect Experience or transcendent *Being*, which is Nirvana. This last state is not for the Shakta mere abstract Being. This is not a fiction of the ratiocinating intellect. It is a massive, rich, and concrete experience, a state which -- being powerful to produce from out of itself the Universe -- must therefore hold the seed or essence of it within itself. It is a mistake on this view to suppose that those who attain to it will lose anything of

worth by so doing.

The first point which is therefore established is that there are these two states. Both are so established by experience -- the first by the ordinary experience man has of this world. and the second by supernormal spiritual experience. For the Hindu holds that the Supreme State is proved not by speculation or argument (which may yet render its support), but by actual spiritual experience.

The second point to remember is that *these two states are one*. We must not think of "creation" in the sense, in which there is an infinite break between man and God, and, therefore, man cannot become God. Man, in this system of Vedanta, is, though a contraction of Power, nevertheless, in essence, the self-same Power which is God. There is unity (Abheda) as Essence, and difference (Bheda) as Manifestation. Similarly, Islamic philosophy distinguishes between independent *Zat*, or essence, and dependent and derivative Attribute, or *Sifat*. Essence is one, Manifestation is different. The two are thus neither identical nor separate. There is that which the Hindus call Abheda- Bheda.

The third point then is that Man, being such Power, he can by his effort, and the grace of his patron Deity, enhance it even to the extent that he becomes one with Divinity. And so it is said that "by the worship of Vishnu, man becomes Vishnu". To know a being or thing is, according to non-dual Vedanta, to *be* that thing. To know God, then, is to *be* God. Man can then pass from limited experience, or Samsara, to Perfect Experience, or Nirvana. This "towering tenet," to use Brian Hodgsons' phrase ("Nepal"), that finite mind may be raised to infinite consciousness, is also held by Buddhism.

The practical question then is: How is this experience of

oneness with Divinity, its powers and attributes, obtained? The answer is that this is the work of Sadhana and Yoga.

The term Sadhana comes from the root Sadh, which means to exert, to strive to attain a particular result or Siddhi, as it is called. The person making the effort is called Sadhaka, and if he obtains the result desired, or Siddhi, he is called Siddha. Etymologically Sadhana may refer to any effort. Thus a person who takes lessons in French or in riding, with a view to learn that language or to become a horseman, is doing Sadhana for those purposes respectively. If French or riding is learnt, then Siddhi is obtained, and the man who attains it is Siddha, or proficient in French and riding respectively. But technically Sadhana refers either to Ritual Worship or Ritual Magic. A Sadhaka is always a dualist, whatever his theoretical doctrine may be, because worship implies both worshipped and worshipper. The highest aim of religious worship is attainment of the Abode or Heaven of the Divinity worshipped. This Heaven is not Nirvana. The latter is a formless state, whereas Heaven is a pleasurable abode of forms -- a state intermediate between Death and Rebirth. According to the ordinary view, Ritual Worship is a preparation for Yoga. When a man is Siddha in Sadhana he becomes qualified for Yoga, and when he is Siddha in Yoga he attains Perfect Experience. Yoga is thus the process whereby man is raised from Limited to Perfect experience. The Sadhana with which I am now concerned is religious Sadhana, a spiritual effort to achieve a moral and spiritual aim, though it may also seek material blessings from the Divinity worshipped.

Magic is the development of supernormal power, either by extension of natural faculty or by control over other beings and forces of nature. I use the word "supernormal" and not "supernatural" because all power is natural. Thus one man

may see to a certain extent with his eyes. Another man with more powerful eyes will see better. A man with a telescope will see further than either of these two. For the telescope is a scientific extension of the natural faculty of sight. Over and beyond this is the "magical" extension of power called clairvoyance. The last power is natural but not normal. Magic (of which there has been abuse) has yet been indiscriminately condemned. Whether an act is good or bad depends upon the intention and the surrounding circumstances, and this same rule applies whether the act is normal or magical. Thus a man may in defense of his life use physical means for self-protection, even to the causing of the death of his adversary. Killing in such a case does not become bad because the means employed are not normal but "magical". On the other hand, Black Magic, or Abhicara, is the doing of harm to another without lawful excuse. This the Scripture (Shashtra) condemns as a great sin. As the *Kularnava Tantra* says (XII. 63), *Atmavat sarvabhutebhyo hitam kuryyat Kuleshvari* -- that is, a man should not injure, but should do good to others as if they were his own self. In the Tantra Shastras are to be found magical rituals. Some classes of works, such as the "Damaras," are largely occupied with this subject. It is a mistake, however, to suppose that because a practice is described in the Scripture, it is counseled by it. A book on legal medicine may state the substances by and manner in which a man may be poisoned. It describes the process which, if carried out, produces a particular result, but it does not on that account counsel killing. As regards the magical rites themselves, the view that they are mere childish superstition is not an understanding one. The objective ritual stimulates, is a support of, and serves the Mind-Rays, which, the Hindus would say, are not less but more powerful than the physical forms we call X-rays and the like. It has long been known in India, as it is becoming known in the West, that the mind is not merely a

passive mirror of objects, but is a great and active Power. As I have already said, however, I do not propose to deal with this subject, and now return to that of religious worship.

Religious ritual is either formal (Karma), such as the Homa rite, or is devotional (Upasana), according as the act done belongs to the Karma or Upasana Kandas, which together with the Jñāna Kanda, constitute the three-fold division of Veda. The distinction between Karma and Upasana is this. In ritual Karma the result is produced by performance of the rite, such as Homa, independently of the effort of the Sadhaka, provided there be strict ritual accuracy; whereas, the fruit of Upasana, or psychological worship, depends on the personal devotion of the worshipper, and without it the act is of no avail. Upasana, or devotional worship, is again either gross (Sthula) or subtle (Sukshma), according to the degree of competency or advancement of the Sadhaka or person who does Sadhana. We must not understand by the word "gross" anything bad. It is merely used in contra-distinction to the word "subtle". Thus, a worshipper who is doing his Sadhana before an exterior image is performing gross worship, whereas he who worships a mentally conceived image is doing subtle worship. A man who offers real flowers is doing a part of gross worship. subtle worship in such a case would be the offering of flowers of the mind.

I will now shortly examine the Vedantic theory of Mind, which must be known if the ritual is to be understood. There is no Mind without Matter or Matter without Mind, except in dreamless sleep, when the latter is wholly withdrawn. The Mind has always an object. In a literal sense, there is no vacuous mind. It is not aware, of course, of all objects, but only of those to which it pays attention. Nextly, Mind is not Consciousness (Cit) which is immaterial. Mind, on the contrary, is a quasi-material principle of Unconsciousness,

which, on one view, appears to be conscious by reason of the association of Consciousness with it. According to the Shakta view, Mind is an unconscious quasi-material force being the power of Consciousness to limit itself, and to the extent of such limitation, to appear as unconscious. How then does Mind operate? A Mind-Ray goes forth to the object, which in its turn *shapes* the mental substance into the form of the object. Thus, when a man thinks of an image of Divinity intently and without distraction, his mental substance takes the form of the image. The object which is perceived leaves an impress on the mind, and this impress, if repeated, sets up a tendency or Samskara. Thus a man who repeatedly thinks good thoughts has a tendency towards the thinking of such thoughts, and by continued good thought character is molded and transformed. As the *Chandogya Upanishad* says: "As a man thinks that he becomes." Similarly, the *Gandharva Tantra* says: "By meditating on anything as the self, one becomes that thing." A man can thus shape his mind for good or bad.

The mind affects the body. As it is said in the West, "the soul is form and doth the body make." Every thought has a corresponding change in the material substance of the brain. Well, then, as the mind must have an object which again shapes the mind, the ritual selects a good object, namely, the Divinity of worship with all good attributes.

The Sadhaka meditates on and worships that. Continued thought, repetition, the engagement of the body in the mental action co-operate to produce a lasting and good tendency in the mental substance. Sincere and continued effort effects the transformation of the worshipper into a likeness with the Divinity worshipped. For as he who is always thinking bad thoughts becomes bad, so he who thinks divine thoughts becomes himself divine. The

transformation which is commenced in Sadhana is completed in Yoga, when the difference between worshipper and worshipped ceases in that unitary consciousness which is ecstasy or Samadhi, or transcendent perfect experience.

Let us now examine some illustrations of the psychological principles stated.

Divinity as it is in Itself cannot (as an Indian writer has said) be seized by the mind any more than air can be grasped by a pair of tongs. It is necessary, therefore, to have something placed *before* one as a *representative* of something else, which is what the Sanskrit terms, Pratika and Pratima, for the object worshipped, mean. This may be an external object or a mental one. As regards the former, there are varying degrees of grossness and subtlety. The grossest is that in which there is no call upon imagination -- that is, the Image of three dimensions. Less so is the painting on the flat; then comes the emblem, which may be quite unlike the Devata or Divinity, of which it is an emblem, such as the Shalagrama stone in the worship of Vishnu, and, lastly, the Yantra, which is the diagrammatic body of a Mantra.

Worship is outer -- that is, of an outer object with physical acts such as bodily prostrations, offering of real flowers, and so on; or it may be partly or wholly mental, as in the latter case, where both the form of the Divinity is imagined (according to the meditational form or Dhyana given in the Scriptures) as also the offerings.

The forms of worship vary according to the capacity of the worshipper. In the simplest form, the worshipper draws upon the daily life, and treats the Divinity whom he invokes as he would a guest, welcoming It after its journey, offering water for the dusty feet and the mouth, presenting It with

flowers, lights, clothes, and so on. These ingredients of worship are called Upacara. In the psycho-physiological rites of some Shaktas, the abuse of which has brought them ill-fame, the Upacara are the functions of the body. In image-worship, the mind is shaped into the form of the object perceived. But the perception of a material image is not enough. The worshipper must see Divinity before him. This he invokes into the image by what is called the welcoming (Avahana) and Life-giving (Pranapratishtha) ceremonies, just as, at the conclusion of the worship, he bids the Deity depart (Visarjana). Uncomprehending minds have asked: "How can God be made to come and go?" The answer is that He does not. What come and go are the modifications, or vrittis, of and in the mind of the Sadhaka or worshipper. To invoke the Deity means, then, a direction not to the Deity, but by the worshipper to himself to understand that the Deity is there. Deity which is omnipresent is in the Image as elsewhere, whatever the Sadhaka may do or not do. The Sadhaka informs his own mind with the notion that the Deity is present. He is then conscious of the presence of and meditates on Divinity and its attributes, and if he be undistracted, his mind and its thought are thereby divinely shaped. Before the Divinity so present, both objectively and to the mind of the Sadhaka, worship is done. It is clear that the more this worship is sincerely continued, the greater both in degree and persistence is the transformation effected. The body is made to take its part either by appropriate gestures, called Mudra, or other acts such as prostrations, offerings, libations, and so forth. By constant worship the mind and disposition become good, for good thoughts repeated make a man good. Ritual produces by degrees, transformation, at first temporary, later lasting. "Ridding the Divinity depart" means that the mind of the Sadhaka has ceased to worship the Image. It is not that the Deity is made to retire at the behest of his worshipper. A

true Sadhaka has Divinity ever in his thoughts, whether he is doing formal worship or not. "Invitation" and "Bidding Depart" are done for the purposes of the worship of the Image only. Personally, I doubt whether idolatry exists anywhere in the sense that a worshipper believes a material image as such to be God. But, in any case, Indian image-worship requires for its understanding and practice some knowledge of Vedanta.

Transformation of consciousness-feeling by ritual may be illustrated by a short examination of some other of its forms. Gesture of the hands, or Mudra, is a common part of the ritual. There is necessarily movement of the hands and body in any worship which requires external action, but I here speak of the specially designed gestures. For instance, I am now making the Fish gesture, or Matsya Mudra. The hands represent a fish and its fins. The making of this gesture indicates that the worshipper is offering not only the small quantity of water which is contained in the ritual vessel, but that (such is his devotion) his intention is to give to the Deity all the oceans with the fish and other marine animals therein. The Sadhaka might, of course, form this intention without gesture, but experience shows that gesture emphasizes and intensifies thought, as in the case of public speaking. The body is made to move with the thought. I refer here to ritual gestures. The term Mudra is also employed to denote bodily postures assumed in Hathayoga as a health-giving gymnastic.

Asana, or seat, has more importance in Yoga than in Sadhana. The principle as regards Asana is to secure a comfortable seat, because that is favorable to meditation and worship generally. If one is not comfortable there is distraction and worry. Both Mudra and Asana are, therefore, ancillary to worship as Puja, the principle of which has been

described.

Japa is recital of Mantra, the count being done either on a rosary or the phalanxes of the fingers. What is a Mantra? A Mantra is Divinity. It is Divine Power, or Daivi Shakti, manifesting in a sound body. The Shastra says that those go to Hell who think that an image is a mere stone, that Mantras are merely letters, and that a Guru is a mere man, and not a manifestation and representative of the Lord as Supreme Teacher, Illuminator, and Director. The chief Mantra is *Om*. This represents to human ears the sound of the first general movement of Divine Power towards the manifestation of the Universe. All other Mantras are particular movements and sounds (for the two co-exist) derived from *Om*. Here the Sadhaka strives to realize his unity with the Mantra, or Divinity, and to the extent that he does so, the Mantra Power (Mantra-Shakti) supplements his worship-power (Sadhana Shakti). This rite is also an illustration of the principle that repetition makes perfect, for the repetition is done (it may be) thousands of times.

Japa is of three kinds -- gross, subtle, and supreme. In the first, the Mantra is audibly repeated, the objective body-aspect or sound predominating; in the second, there is no audible sound, the lips and other organs forming themselves into the position which, together with contact with the air, produce the sound of the letters; in the third, the Japa is mental -- that is, there is emphasis on the Divine, or subjective aspect. This is a means for the ritual realization -- that is, by mind -- of the unity of human power and Divine Power.

Nyasa is an important rite. The word means "placing" -- that is, of the hands of the Sadhaka on different parts of his body, at the same time, saying the appropriate Mantras, and

imagining that by his action the corresponding parts of the body of the Deity are placed there. The rite terminates with a movement of the hands, "spreading" the Divinity all over the body. It is not supposed that the Divinity can be spread like butter on bread. The Supreme Mother-Power is the Brahman, or All-Pervading Immense. What is all-spreading cannot be moved or spread. What can however, be "spread" is the thought of the worshipper, who, with appropriate bodily gesture, imagines that the Deity pervades his body, which is renewed and divinized. By imagining the body of the Deity to be his body, he purifies himself, and affirms his unity with the Devata.

An essential element in all rites Bhutasuddhi, which means the purification of the elements of which the body is composed. Man is physical and psychical. The physical body is constituted of five modes of motion of material substance, which have each, it is said, centers in the spinal column, at points which in the body correspond to the position of various plexuses. These centers extend from the base of the spine to the throat. Between the eyebrows is the sixth or psychical center, or mind. At the top of the brain, or cerebrum, is the place of consciousness; not that Consciousness in itself -- that is, as distinct from Mind -- can have a center or be localized in any way; for, it is immaterial and all-pervading. But, at this point, it is the least veiled by mind and matter, and is, therefore, most manifest. This place is the abode of transcendent Shiva-Shakti as Power-holder. In the lowest center (Muladhara), which is at the base of the spine, there sleeps the Immanent Cosmic Power in bodies called Kundalini Shakti. Here She is ordinarily at rest. She is so, so long as man enjoys limited world-experience. She is then roused. "*Jagrati Janani*" ("Arise, O Mother!"), calls out the Sadhaka poet, Ramaprasada. "How long wilt thou sleep in the Muladhara?" When so roused, She

is led up through the spinal column, absorbing all the physical and psychical centers, and unites with Shiva as consciousness in the cerebrum, which is known as the "thousand-pealed lotus". The body is then drenched with and renewed by the nectar which is the result of their union and is immortal life. This is the ecstasy which is the marriage of the Inner Divine Man and Woman. Metaphysically speaking, for the duration of such union, there is a substitution of the Supreme Experience for World-Experience.

This is the real process in Yoga. But in ritual (for all are not Yogis) it is imagined only. In imagination, the "man of sin" (Papapurusha) is burnt in mental fire, kundalini absorbs the centers, unites with Shiva, and then, redescending, recreates the centers, bathing them in nectar. By the mental representation of this process, the mind and body are purified, and the former is made to realize the unity of man and the Supreme Power, whose limited form he is, and the manner whereby the Universe is involved into and evolved from Shiva-Shakti. All these, and other rituals keep the mind of the Sadhaka occupied with the thought of the Supreme Power and of his essential unity with It, with the result that he becomes more and more that which he thinks upon. His Bhava, or disposition, becomes purified and divinized so far as that can be in the world. At length practice makes perfect in Sadhana, and on the arising in such purified and illuminated mind, of knowledge and detachment from the world, there is competency for Yoga. When in turn practice in Yoga makes perfect all limitations on experience are shed, and Nirvana is attained.

Ordinarily it is said that enjoyment (Bhoga) only enchains and Yoga only liberates. Enjoyment (Bhoga) does not only mean that which is bad (Adharma). Bad enjoyment certainly

enchains and also leads to Hell. Good -- that is, lawful -- enjoyment also enchains, even though Heaven is its fruit. Moreover, Bhoga means both enjoyment and suffering. But, according to the Bengal Shakta worshippers, Enjoyment (which must necessarily be lawful) and Yoga may be one. According to this method (see Masson-Oursel, "Esquisse d'une Histoire de la Philosophie Indienne"), the body is not of necessity an obstacle to liberation. For there is no antinomy except such as we ourselves fancy, between Nature and Spirit, and therefore there is nothing wrong or low in natural function. Nature is the instrument for the realization of the aims of the Spirit. Yoga controls but does not frustrate enjoyment, which may be itself Yoga in so far it pacifies the mind and makes man one with his inner self. The spontaneity of life is under no suspicion. Supreme power is immanent in body and mind, and these are also forms of its expression. And so, in the psycho-physiological rites of these Shaktas, to which I have referred, the body and its functions are sought to be made a means of, as they may otherwise be an obstacle to, liberation. The Vira, or heroic man, is powerful for mastery on all the planes and to pass beyond them. He does not shun the world from fear of it, but holds it in his grasp and learns its secret. He can do so because the world does not exist in isolation from some transcendent Divinity exterior to Nature, but is itself the Divine Power inseparable from the Divine Essence. He knows that he is himself as body and mind such power, and as Spirit or Self such essence. When he has learned this, he escapes both from the servile subjection to circumstance, and the ignorant driftings of a humanity which has not yet realized itself. Most are still not men but candidates for Humanity. But he is the illumined master of himself, whether he is developing all his powers in this world, or liberating himself therefrom at his will.

I conclude by citing a verse from a Hymn in the great "Mahakala Samhita," by a Sadhaka who had surpassed the stage of formal external ritual, and was of a highly advanced devotional type. I first read the verse and then give a commentary thereon which is my own.

"I torture not my body by austerity."

For the body is the Divine Mother. Why then torture it? The Hymnist is speaking of those who, like himself, have realized that the body is a manifestation of the Divine Essence. He does not say that no one is to practice austerities. These may be necessary for those who have not realized that the body is divine, and who, on the contrary, look upon it as a material obstacle which must be strictly controlled. It is a common mistake of Western critics to take that which is meant for the particular case as applying to all.

"I make no pilgrimages."

For the sacred places in their esoteric sense are in the body of the worshipper. Why should he who knows this travel? Those, however, who do not know this may profitably travel to the exterior sacred places such as Benares, Puri, Brindavan.

"I waste not my time in reading the Vedas."

This does not mean that no one is to read the Vedas. He has already done so, but the *Kularnava Tantra* says: "Extract the essence of the Scriptures, and then cast away the rest, as chaff is separated from the grain." When the essence has been extracted, what need is there of further reading and study? Moreover, the Veda recalls the spiritual experiences of others. What each man wants is that experience for himself, and this is not to be had by reading and speculation,

but by practice, as worship or Yoga.

But, says the author of the Hymn, addressing the Divine Mother:

"I take refuge at thy Sacred Feet."

For this is both the highest Sadhana and the fruit of it.

In conclusion, I will say a word upon the Tantra Shastra to which I have referred. The four chief Scriptures of the Hindus are Veda, Smriti, Purana and Agama. There are four Ages, and to each of these Ages is assigned its own peculiar Scripture. For the present Age the governing Scripture is the Agama. The Agama or "traditions," is made up of several schools such as Vaishnava, Shaiva and Shakta. It is a mistake to suppose that Agama is a name given only to the Southern Scriptures, and that Tantra is the name of the Scriptures of the Bengal School of Shaktas. The Scripture of all these communities is the Agama, and the Agama is constituted of Scriptures called Tantra and also by other names. To these Tantras titles are given just as they are given to chapters in a book, such as the *Lakshmi Tantra* of the Vaishnava Pañcaratras, *Malinivijaya Tantra* of the Kashmir Shaiva Agama, and the *Kularnava Tantra* of the Bengal Shakta Agama. These four Scriptures do not supersede or contradict one another, but are said to be various expressions of the one truth presented in diverse forms, suited to the inhabitants of the different Ages. As a Pandit very learned in the Agama told me, all the Scriptures constitute one great "Many-millioned Collection" (Shatakoti Samhita). Only portions of the Vaidik Ritual have survived to-day. The bulk of the ritual which to-day governs all the old schools of Hindu worshippers is to be found in the Agamas and their Tantras. And in this lies one reason for their

importance.

## Chapter Twenty-four

### Shakti as Mantra (Mantramayi Shakti)

This is in every way both a most important, as well as a most difficult, subject in the Tantra Shastra; so difficult that it is not understood, and on this account has been ridiculed. Mantra, in the words of a distinguished Indian, has been called "meaningless jabber". When we find Indians thus talking of their Shastra, it is not surprising that Europeans should take it to be of no account. They naturally, though erroneously, suppose that the Indian always understands his own beliefs, and if he says they are absurd it is taken that they are so. Even, however, amongst Indians, who have lost themselves through an English Education, the Science of Mantra is largely unknown. There are not many students of the Mimamsa now-a-days. The English-educated have in this, as in other matters, generally taken the cue from their Western Gurus, and passed upon Mantravidya a borrowed condemnation. There are those among them (particularly in this part of India), those who have in the past thought little of their old culture, and have been only too willing to sell their old lamps for new ones. Because they are new they will not always be found to give better light. Let us hope this will change, as indeed it will. Before the Indian condemns his cultural inheritance let him at least first study and understand it. It is true that Mantra is meaningless -- *to those who do not know its meaning*; but to those who do, it is not "Jabber"; though of course like everything else it may become, and indeed has become, the subject of ignorance and superstitious use. A telegram written in code in a merchant's office will seem the merest gibberish to those who do not know that code. Those who do may spell thereout a transaction bringing lakhs of "real" Rupees for those who have sent it. Mantravidya, whether it be true or not, is a profoundly conceived science, and, as interpreted

by the Shakta Agama, is a practical application of Vedantic doctrine.

The textual source of Mantras is to be found in the Vedas (see in particular the Mantra portion of the Atharvaveda so associated with the Tantra Shastra), the Puranas and Tantras. The latter Scripture is essentially the Mantra-Shastra. In fact it is so called generally by Sadhakas and not Tantra Shastra. And so it is said of all the Shastras, symbolized as a body, that Tantra Shastra which consists of Mantra is the Paramatma, the Vedas are the Jivatma, Darshanas or systems of philosophy are the senses, Puranas are the body and the Smritis are the limbs. Tantra Shastra is thus the Shakti of Consciousness consisting of Mantra. For, as the *Vishvasara Tantra* (Ch. 2) says, the Parabrahman in Its form as the Sound Brahman (Shabda-Brahman or Saguna-Brahman), whose substance is all Mantra, exists in the body of the Jivatma.. Kundalini Shakti is a form of the Shabda-Brahman in individual bodies (*Sharada-Tilaka*, Ch. 1). It is from this Shabda-Brahman that the whole universe proceeds in the form of sound (Shabda) and the objects (Artha) which sounds or words denote. And this is the meaning of the statement that the Devi and the Universe are composed of letters, that is, the signs for the sounds which denote all that is.

At any point in the flow of phenomena, we can enter the stream, and realize therein the changeless Real. The latter is everywhere and is in all things, and hidden in, and manifested by, sound as by all else. Any form (and all which is not the Formless is that) can be pierced by the mind, and union may be had therein with the Devata who is at its core. It matters not what that form may be. And why? What I have said concerning Shakti gives the answer. All is Shakti. All is Consciousness. We desire to think and speak. This is

Iccha Shakti. We make an effort towards realization. This is Kriya Shakti. We think and know. This is Jñana Shakti. Through Pranavayu, another form of Shakti, we speak; and the word we utter is Shakti Mantramayi. For what is a letter (Varna) which is made into syllable (Pada) and sentences (Vakya) '? It may be heard in speech, thus affecting the sense of hearing. It may be seen as a form in writing. It may be tactually sensed by the blind through the perforated dots of Braille type. The same thing thus affecting the various senses. But what is the thing which does so? The senses are Shakti, and so is the objective form which evokes the sensation. Both are in themselves Shakti as Cit Shakti and Maya Shakti, and the Svarupa of these is Cit or Feeling-Consciousness. When, therefore, a Mantra is realized, when there is what is called in the Shastra Mantra-Caitanya, what happens is the union of the consciousness of the Sadhaka with that Consciousness which manifests in the form of the Mantra. It is this union which makes the Mantra "work".

The subject is of such importance in the Tantras that their other name is Mantra Shastra. But what is a Mantra? Commonly Orientalists and others describe Mantra as "Prayer," "Formulae of worship," "Mystic syllables" and so forth. These are but the superficialities of those who do not know their subject. Wherever we find the word "Mystic," we may be on our guard; for it is a word which covers much ignorance. Thus Mantra is said to be a "mystic" word, Yantra a "mystic" diagram, and Mudra a "mystic" gesture. But have these definitions taught us anything? No, nothing. Those who framed these definitions knew nothing of their subject. And yet, whilst I am aware of no work in any European language which shows a knowledge of what Mantra is or of its science (Mantra-vidya), there is nevertheless perhaps no subject which has been so ridiculed: a not unusual attitude of ignorance. There is a widely diffused lower mind which

says, "what I do not understand is absurd". But this science, whether well-founded or not, is not that. Those who so think might expect Mantras which are prayers and the meaning of which they understand; for with prayer the whole world is familiar. But such appreciation itself displays a lack of understanding. For there is nothing necessarily holy or prayerful alone in Mantras as some think. Some combinations of letters constitute prayers and are called Mantras, as for instance the most celebrated Gayatri Mantra.

A Mantra is not the same thing as prayer or self-dedication (Atma-nivedana). Prayer is conveyed in the words the Sadhaka chooses. Any set of words or letters is not a Mantra. Only that Mantra in which the Devata has revealed His or Her particular aspects can reveal that aspect, and is therefore the Mantra of that one of His or Her particular aspects. The relations of the letters (Varna), whether vowel or consonant, Nada and Bindu, in a Mantra indicate the appearance of Devata in different forms. Certain Vibhuti or aspects of the Devata are inherent in certain Varna, but perfect Shakti does not appear in any but a whole Mantra. All letters are forms of the Shabda-Brahman, but only particular combinations of letters are a particular form, just as the name of a particular being is made up of certain letters and not of any indiscriminately. The whole universe is Shakti and is pervaded by Shakti. Nada, Bindu, Varna are all forms of Shakti and combinations of these, and these combinations only are the Shabda corresponding to the Artha or forms of any particular Devata. The gross lettered sound is, as explained later, the manifestation of sound in a more subtle form, and this again is the production of causal "sound" in its supreme (Para) form. Mantras are manifestations of Kulakundalini (see Chapter on the same) which is a name for the Shabda-Brahman or Saguna-Brahman in individual bodies. Produced Shabda is an aspect

of the Jiva's vital Shakti. Kundalini is the Shakti who gives life to the Jiva. She it is who in the Muladhara Cakra (or basal bodily center) is the cause of the sweet, indistinct and murmuring Dhvani which is compared to the humming of a black bee. Thence Shabda originates and, being first Para, gradually manifests upwards as Pashyanti, Madhyama, Vaikhari (see *post*). Just as in outer space, waves of sound are produced by movements of air (Vayu), so in the space within the Jiva's body, waves of sound are said to be produced according to the movements of the vital air (Pranavayu) and the process of in and out breathing. As the Svarupa of Kundali, in whom are all sounds, is Paramatma, so the substance of all Mantra, Her manifestation, is Consciousness (Cit) manifesting as letters and words. In fact, the letters of the Alphabet which are called Akshara are nothing but the Yantra of the Akshara or Imperishable Brahman. This is however only realized by the Sadhaka, when his Shakti generated by Sadhana is united with Mantra-Shakti. kundalini, who is extremely subtle, manifests in gross (Sthula) form in differing aspects as different Devatas. It is this gross form which is the Presiding Deity (Adishthatri Devata) of a Mantra, though it is the subtle (Sukshma) form at which all Sadhakas aim. Mantra and Devata are thus one and particular forms of Brahman as Shiva-Shakti. Therefore the Shastra says that they go to Hell who think that the Image (or "Idol" as it is commonly called) is but a stone and the Mantra merely letters of the alphabet. It is therefore also ignorance of Shastric principle which supposes that Mantra is merely the name for the words in which one expresses what one has to say to the Divinity. If it were, the Sadhaka might choose his own language without recourse to the eternal and determined sounds of Shastra. (See generally as to the above the Chapter on Mantra-tattva in *Principles of Tantra*, Ed. A. Avalon.) The particular Mantra of a Devata is that Devata. A Mantra, on the contrary,

consists of certain letters arranged in definite sequence of sounds of which the letters are the representative signs. To produce the designed effect, the Mantra must be intoned in the proper way, according to both sound (Varna) and rhythm (Svara). For these reasons, a Mantra when translated ceases to be such, and becomes a mere word or sentence.

By Mantra, the sought-for (Sadhya) Devata appears, and by Siddhi therein is had vision of the three worlds. As the Mantra is in fact Devata, by practice thereof this is known. Not merely do the rhythmical vibrations of its sounds regulate the unsteady vibrations of the sheaths of the worshipper, but therefrom the image of the Devata appears. As the *Brihad-Gandharva Tantra* says (Ch. V):

*Shrinu devi pravakshyami bijanam deva-rupam*

*Mantrachcharanamatre deva-rupam prajayate.*

Mantrasiddhi is the ability to make a Mantra efficacious and to gather its fruit in which case the Sadhaka is Mantra-siddha. As the Pranatoshini (619) says, "Whatever the Sadhaka desires that he surely obtains." Whilst therefore prayer may end in merely physical sound, Mantra is ever, when rightly said, a potent compelling force, a word of power effective both to produce material gain and accomplish worldly desires, as also to promote the fourth aim of sentient being (Caturvarga), Advaitic knowledge, and liberation. And thus it is said that Siddhi (success) is the certain result of Japa or recitation of Mantra.

Some Mantras constitute also what the European would call "prayers," as for instance the celebrated Gayatri. But neither this nor any other Mantra is simply a prayer. The Gayatri runs *Om* (The thought is directed to the *three-fold Energy of*

*the One* as represented by the three letters of which *Om* is composed, namely, A or Brahma, the Shakti which creates; U or Vishnu, the Shakti which maintains; and M or Rudra, the Shakti which "destroys," that is, withdraws the world): Nada and Bindu, *Earth, Middle region, Heaven* (of which as the transmigrating worlds of Samsara, God, as *Om*, as also in the form of the Sun, is the Creator). *Let us contemplate upon the Adorable Spirit of the Divine Creator who is in the form of the Sun* (Aditya-Devata). *Map He direct our minds, towards attainment of the four-fold aims* (Dharma, Artha, Kama, Moksha) *of all sentient beings. Om.* This great Mantra bears a meaning on its face, though the Commentaries explain and amplify it. The Self of all which exists in the three regions appears in the form of the Sun-god with His body of fire. The Brahman is the cause of all, and as the visible Devata is the Eye of the World and the Maker of the day who vivifies, ripens and reveals all beings and things. The Sun-god is to the sun what the Spirit (Atma) is to the body. He is the Supreme in the form of the great Luminary. His body is the Light of the world, and He Himself is the Light of the lives of all beings. He is everywhere. He is in the outer ether as the sun, and in the inner ethereal region of the heart. He is the Wondrous Light which is the smokeless Fire. He it is who is in constant play with creation (Srishti), maintenance (Sthiti) and "destruction" (Pralaya); and by His radiance pleases both eye and mind. Let us adore Him that we may escape the misery of birth and death. May He ever direct our minds (Buddhivritti) upon the path of the world (Trivarga) and liberation (Moksha). Only the twice-born castes and men may utter this Gayatri. To the Shudra, whether man or woman, and to women of all castes, it is forbidden. But the Tantra Shastra has not the exclusiveness of the Vaidik system. Thus the *Mahanirvana* provides (IV. 109-111) a Brahma-gayatri for all: "May we know the Supreme Lord. Let us contemplate the Supreme Essence.

And may the Brahman direct us." All will readily understand such Mantras as the Gayatri, though some comment, which is thought amusing, has been made on the "meaningless" *Om*. I have already stated what it means, namely, (shortly speaking) the Energy (Nada) in Sadakhya Tattva which, springing from Shiva-Shakti Tattva, "solidifies" itself (Ghani-bhuta) as the creative Power of the Lord (Bindu or Ishvara Tattva) manifesting in the Trinity or Creative Energies. For further details see my *Garland of Letters*. "Om" then stands for the most general aspect of That as the Source of all. As it is recited, the idea arises in the mind corresponding with the sound which has been said to be the expression on the gross plane of that subtle "sound" which accompanied the first creative vibration. When rightly uttered this great syllable has an awe-inspiring effect. As I heard this Mantra chanted by some hundred Buddhist monks (one after the other) in a northern monastery it seemed to be the distant murmuring roll of some vast cosmic ocean. "Om" is the most prominent example of a "meaningless" Mantra, that is, one which does not bear its meaning on its face, and of what is called a seed or Bija Mantra, because they are the very quintessence of Mantra, and the seed (Bija) of the fruit which is Siddhi (spiritual achievement). These are properly monosyllabic. *Om* is a Vaidik Bija, but it is the source of all the other Tantrik Bijas which represent particular Devata aspects of that which is presented as a whole in *Om*. As a Mantra-Shastra, the Tantras have greatly elaborated the Bijas, and thus incurred the charge of "gibberish," for such the Bijas sound to those who do not know what they mean. Though a Mantra such as a Bija-mantra may not convey its meaning on its face, the initiate knows that its meaning is the own form (Svarupa) of the particular Devata whose Mantra it is, and that the essence of the Bija is that which makes letters sound, and exists in all which we say or hear. Every Mantra is thus a particular sound form (Rupa) of the Brahman.

There are a very large number of these short unetymological vocables or Bijas such as Hrim, Shrim, Krim, Hum, Hum, Phat called by various names. Thus the first is called the Maya Bija, the second Lakshmi Bija, the third Kali Bija, the fourth Kurca Bija, the fifth Varma Bija, the sixth Astra Bija. Ram is Agni Bija, Em is Yoni Bija, Klim is Kama Bija, Shrim is Badhu Bija, Aim Sarasvati Bija and so forth. Each Devata has His or Her Bija. Thus Hrim is the Maya Bija, Krim the Kali Bija. The Bija is used in the worship of the Devata whose Mantra it is. All these Bijas mentioned are in common use. There are a large number of others, some of which are formed with the first letters of the name of the Devata for whom they stand, such as Gam for Ganesha, Dum for Durga.

Let us then shortly see by examples what the meaning of such a Bija is. (For a fuller account see my *Garland of Letters*.) In the first place, the reader will observe the common ending "m" which represents the Sanskrit breathings known as Nada and Bindu or Candrabindu. These have the same meaning in all. They are the Shaktis of that name appearing in the table of the 36 Tattvas given *ante*. They are states of Divine Power immediately preceding the manifestation of the objective universe. The other letters denote subsequent developments of Shakti, and various aspects of the manifested Devata mentioned below. There are sometimes variant interpretations given. Take the great Bhuvaneshvari or Maya Bija, Hrim. I have given one interpretation in my Studies above cited. From the Tantrik compendium, the Pranatoshini, quoting the Barada Tantra we get the following: Hrim = H + R + I + M. H = Shiva. R = Shakti Prakriti. I = Mahamaya. "M" is as above explained, but is here stated in the form that Nada is the Progenitrix of the Universe, and Bindu which is Brahman as Ishvara and Ishvari (Ishvaratattva) is described for the Sadhaka as the "Dispeller of Sorrow". The meaning therefore of this Bija

Mantra which is used in the worship of Mahamaya or Bhuvaneshvari is, that that Devi in Her Turiya or transcendent state is Nada and Bindu, and is the causal body manifesting as Shiva-Shakti in the form of the manifested universe. The same idea is expressed in varying form but with the same substance by the Devigita (Ch. IV) which says that H = gross body, R = subtle body, I = causal body and M = the Turiya or transcendent fourth state. In other words, the Sadhaka worshipping the Devi with Hrim, by that Bija calls to mind the transcendent Shakti who is the causal body of the subtle and gross bodies of all existing things. Shrim, (see Barada Tantra) is used in the worship of Lakshmi Devi. Sh = Alahalakshmi, R = Wealth (Dhanartham) which as well as I = (satisfaction or Tushtyartham) She gives. Krim is used in the worship of Kali. K = Kali (Shakti worshipped for relief from the world and its sorrows). R = Brahma (Shiva with whom She is ever associated). I = Mahamaya (Her aspect in which She overcomes for the Sadhaka the Maya in which as Creatrix She has involved him). "Aim" is used in the worship of Sarasvati and is Vagbhava Bija. Dum is used in the worship of Durga. D = Durga. U = protection. Nada = Her aspect as Mother of the Universe, and Bindu is its Lord. The Sadhaka asks Durga as Mother-Lord to protect him, and looks on Her in her protecting aspect as upholder of the universe (Jagaddhatri). In "Strim." S = saving from difficulty. T = deliverer. R = (here) liberation (Muktyartho repha ukto'tra). I = Mahamaya. Bindu = Dispeller of grief. Nada = Mother of the Universe. She as the Lord is the dispeller of Maya and the sorrows it produces, the Savior and deliverer from all difficulties by grant of liberation. I have dealt elsewhere (*Serpent Power*) with Hum and Hum the former of which is called Varma (armor) Bija and the latter Kurca, H denoting Shiva and "u", His Bhairava or formidable aspect (see generally Vol. I, Tantrik Texts. Tantrabhidhana). He is an armor to the Sadhaka by His destruction of evil. That is

the weapon or guarding Mantra used with Hum, just as Svaha (the Shakti of Fire), is used with Vashat, in making offerings. The primary Mantra of a Devata is called Mula-Mantra. Mantras are solar (Saura) and masculine, and lunar (Saumya) and feminine, as also neuter. If it be asked why things of mind are given sex, the answer is for the sake of the requirements of the worshipper. The masculine and neuter forms are called specifically Mantra and the feminine Vidya, though the first term may be used for both. Neuter Mantras end with Namah. Hum, Phat are masculine terminations, and "Tham" or Svaha, feminine (see *Sharadatilaka* II. *Narada-pañcaratna* VII, *Prayogasara*, *Pranatoshini* 70).

The Nitya Tantra gives various names to Mantra according to the number of the syllables such as Pinda, Kartari, Bija, Mantra, Mala. Commonly however the term Bija is applied to monosyllabic Mantras.

The word "Mantra" comes from the root "*man*" to think. "*Man*" is the first syllable of *manana* or thinking. It is also the root of the word "Man" who alone of all creation is properly a Thinker. "*Tra*" comes from the root "tra," for the effect of a Mantra when used with that end, is to save him who utters and realizes it. *Tra* is the first syllable of *Trana* or liberation from the Samsara. By combination of *man* and *tra*, that is called Mantra which, from the religious stand-point, calls forth (Amantrana) the four aims (Caturvarga) of sentient being as happiness in the world and eternal bliss in Liberation. Mantra is thus Thought-movement vehicled by, and expressed in, speech. Its Svarupa is, like all else, consciousness (Cit) which is the Shabda-Brahman. A Mantra is not merely sound or letters. This is a form in which Shakti manifests Herself. The mere utterance of a Mantra without knowing its meaning, without realization of the

consciousness which Mantra manifests is a mere movement of the lips and nothing else. We are then in the outer husk of consciousness; just as we are when we identify ourselves with any other form of gross matter which is, as it were, the "crust" (as a friend of mine has aptly called it) of those subtler forces which emerge from the Yoni or Cause of all, who is, in Herself Consciousness (Cidrupini). When the Sadhaka knows the meaning of the Mantra he makes an advance. But this is not enough. He must, through his consciousness, realize that Consciousness which appears in the form of the Mantra, and thus attain Mantra-Caitanya. At this point, thought is vitalized by contact with the center of all thinking. At this point again thought becomes truly vital and creative. Then an effect is created by the realization thus induced.

The creative power of thought is now receiving increasing acceptance in the West, which is in some cases taking over, and in others, discovering anew, for itself, what was thought by the ancients in India. Because they have discovered it anew, they call it "New Thought"; but its fundamental principle is as old as the Upanishads which said, "what you think that you become". All recognize this principle in the limited form that a man who thinks good becomes good, and he who is ever harboring bad thought becomes bad. But the Indian and "New Thought" doctrine is more profound than this. In Vedantic India, thought has been ever held creative. The world is a creation of the thought (Cit Shakti associated with Maya Shakti) of the Lord (Ishvara and Ishvari). Her and His thought is the aggregate, with almighty powers of all thought. But each man is Shiva and can attain His powers to the degree of his ability to consciously realize himself as such. Thought now works in man's small magic just as it first worked in the grand magical display of the World-Creator. Each man is in various degrees a creator. Thought is as real

as any form of gross matter. Indeed it is more real in the sense that the world is itself a projection of the World-thought, which again is nothing but the aggregate in the form of the Samskaras or impressions of past experience, which give rise to the world. The universe exists for each Jiva because he consciously or unconsciously wills it. It exists for the totality of beings because of the totality of Samskaras which are held in the Great Womb of the manifesting Cit Itself. There is theoretically nothing that man cannot accomplish, for he is at base the Accomplisher of all. But, in practice, he can only accomplish to the degree that he identifies himself with the Supreme Consciousness and Its forces, which underlie, are at work in, and manifest as, the universe. This is the basal doctrine of all magic, of all powers (Siddhi) including the greatest Siddhi which is Liberation itself. He who knows Brahman, becomes Brahman to the extent of his "knowing". Thought-reading, thought-transference, hypnotic suggestion, magical projections (Mokshana) and shields (Grahana) are becoming known and practiced in the West, not always with good results. For this reason some doctrines and practices are kept concealed. Projection (Mokshana) the occultist will understand. But Grahana, I may here explain, is not so much a "fence" in the Western sense, to which use a Kavaca is put, but the knowledge of how to "catch" a Mantra thus projected. A stone thrown at one may be warded off or caught and, if the person so wishes, thrown back at him who threw it. So may a Mantra. It is not necessary, however, to do so. Those who are sheltered by their own pure strength, automatically throw back all evil influences, which, coming back to the ill-wisher, harm or destroy him. Those familiar with the Western presentment of similar matters will more readily understand than others who, like the Orientalist and Missionary, as a rule know nothing of occultism and regard it as superstition. For this reason their presentment of Indian

teaching is so often ignorant and absurd. The occultist, however, will understand the Indian doctrine which regards thought like mind, of which it is the operation, as a Power or Shakti; something therefore, very real and creative by which man can accomplish things for himself and others. Kind thoughts, without a word, will do good to all who surround us, and may travel round the world to distant friends. So we may suffer from the ill-wishes of those who surround us, even if such wishes do not materialize into deeds. Telepathy is the transference of thought from a distance without the use of the ordinary sense organs. So, in initiation, the thought of a true Guru may pass to his disciple all his powers. Mantra is thus a Shakti (Mantra Shakti) which lends itself impartially to any use. Man can identify himself with any of nature's forces and for any end. Thus, to deal with the physical effects of Mantra, it may be used to injure, kill or do good; by Mantra again a kind of union with the physical Shakti is, by some, said to be effected. So the *Vishnu-Purana* speaks of generation by will power, as some Westerners believe will be the case when man passes beyond the domination of his gross sheath and its physical instruments. Children will then again be "mind-born". By Mantra, the Homa fire may, it is said, be lit. By Mantra, again, in the Tantrik initiation called Vedha-diksha there is, it is said, such a transference of power from the Guru to his disciple that the latter swoons under the impulse of the thought-power which pierces him. But Mantra is also that by which man identifies himself with That which is the Ground of all. In short, Mantra is a power (Shakti) in the form of idea clothed with sound. What, however, is not yet understood in the West is the particular Thought-science which is Mantravidya, or its basis. Much of the "New Thought" lacks this philosophical basis which is supplied by Mantravidya, resting itself on the Vedantik doctrine. Mantravidya is thus that form of Sadhana by which union is

had with the Mother Shakti in the Mantra form (Mantramayi), in Her Sthula and Sukshma aspects respectively. The Sadhaka passes from the first to the second. This Sadhana works through the letters, as other forms of Sadhana work through form in the shape of the Yantra, Ghata or Pratima. All such Sadhana belongs to Shaktopaya Yoga as distinguished from the introspective meditative processes of Shambhavopaya which seeks more directly the realization of Shakti, which is the end common to both. The Tantrik doctrine as regards Shabda is that of the Mimamsa with this exception that it is modified to meet its main doctrine of Shakti,

In order to understand what a Mantra is, we must know its cosmic history. The mouth speaks a word. What is it and whence has it come'. As regards the evolution of consciousness as the world, I refer my reader to the Chapters on "Cit-Shakti and Maya-Shakti" dealing with the 36 Tattvas. Ultimately, there is Consciousness which in its aspect as the great "I" sees the object as part of itself, and then as other than itself, and thus has experience of the universe. This is achieved through Shakti who, in the words of the Kamakalavilasa, is the pure mirror in which Shiva experiences Himself (Shivarupa-vimarshanirmala-darshah). Neither Shiva nor Shakti alone suffices for creation. Shivarupa here = Svarupa. Aham ityevamakaram, that is, the form (or experience) which consists in the notion of "I". Shakti is the pure mirror for the manifestation of Shiva's experience as "I" (Aham). Aham ityevam rupam jñanam tasya praka-shane nirmaladarshah; as the commentator Natanananda (V-2) says. The notion is, of course, similar to that of the reflection of Purusha on Prakriti as Sattvamayi Buddhi and of Brahman on Maya. From the Mantra aspect starting from Shakti (Shakti-Tattva) associated with Shiva (Shiva-Tattva), there was produced Nada, and from Nada,

came Bindu which, to distinguish it from other Bindus, is known as the causal, supreme or Great Bindu (Karana, Para, Mahabindu). This is very clearly set forth in the *Sharada Tilaka*, a Tantrik work by an author of the Kashmirian School which was formerly of great authority among the Bengal Shaktas. I have dealt with this subject in detail in my *Garland of Letters*. Here I only summarize conclusions.

Shabda literally means and is usually translated "sound," the word coming from the root *Shabd* "to sound". It must not, however, be wholly identified with sound in the sense of that which is heard by the ear, or sound as effect of cosmic stress. Sound in this sense is the effect produced through excitation of the ear and brain, by vibrations of the atmosphere between certain limits. Sound so understood exists only with the sense organs of hearing. And even then it may be perceived by some and not by others, due to keenness or otherwise of natural hearing. Further the best ears will miss what the microphone gives. Considering Shabda from its primary or causal aspect, independent of the effect which it may or may not produce on the sense organs, it is vibration (Spandana) of any kind or motion, which is not merely physical motion, which may become sound for human ears, given the existence of ear and brain and the fulfillment of other physical conditions. Thus, Shabda is the possibility of sound, and may not be actual sound for this individual or that. There is thus Shabda wherever there is motion or vibration of any kind. It is now said, that the electrons revolve in a sphere of positive electrification at an enormous rate of motion. If the arrangement be stable, we have an atom of matter. If some of the electrons are pitched off from the atomic system, what is called radio-activity is observed. Both these rotating and shooting electrons are forms of vibration as Shabda, though it is no sound for mortal ears. To a Divine Ear all such movements would

constitute the "music of the spheres". Were the human ear subtle enough, a living tree would present itself to it in the form of a particular sound which is the natural word for that tree. It is said of ether (Akasha) that its Guna or quality is sound (Shabda); that is, ether is the possibility of Spandana or vibration of any kind. It is that state of the primordial "material" substance (Prakriti) which makes motion or vibration of any kind possible (Shabdaguna akashah). The Brahman Svarupa or Cit is motionless. It is also known as Cidakasha. But this Akasha is not created. Cidakasha is the Brahman in which stress of any kind manifests itself, a condition from which the whole creation proceeds. This Cidakasha is known as the Shabda-Brahman through its Maya-shakti, which is the cause of all vibrations manifesting themselves as sound to the ear, as touch to the tactile sense, as color and form to the eye, as taste to the tongue and as odor to the nose. All mental functioning again is a form of vibration (Spandana). Thought is a vibration of mental substance just as the expression of thought in the form of the spoken word is a vibration affecting the ear. All Spandana presupposes heterogeneity (Vaishamyā). Movement of any kind implies inequality of tensions. Electric current flows between two points because there is a difference of potential between them. Fluid flows from one point to another because there is difference of pressure. Heat travels because there is difference of temperature. In creation (Srishti) this condition of heterogeneity appears and renders motion possible. Akasha is the possibility of Spandana of any kind. Hence its precedence in the order of creation. Akasha means Brahman with Maya, which Mayashakti or (to use the words of Professor P. N. Mukhyopadhyaya) Stress is rendered actual, from a previous state of possibility of stress which is the Sakti's natural condition of equilibrium (Prakriti = Samyavastha). In dissolution, the Maya-Shakti of Brahman (according to the

periodic law which is a fundamental postulate of Indian cosmogony) returns to homogeneity when in consequence Akasha disappears. This disappearance means that Shakti is equilibrated, and that therefore there is no further possibility of motion of any kind. As the Tantras say, the Divine Mother becomes one with Paramashiva.

The Sharada says -- From the Sakala Parameshvara who is Sacchidananda issued Shakti; from Shakti came Nada; and from Nada issued Bindu.

*Sacchidanandavibhavat sakalat parameshvarat*

*Asicchhaktistato nado nadad bindusamudbhavah.*

Here the Sakala Parameshvara is Shiva Tattva. Shakti is Shakti Tattva wherein are Samani, Vyapini, and Anjani Shaktis. Nada is the first produced source of Mantra, and the subtlest form of Shabda of which Mantra is a manifestation. Nada is threefold, as Mahanada or Nadanta and Nirodhini representing the first moving forth of the Shabda-Brahman as Nada, the filling up of the whole universe with Nadanta and the specific tendency towards the next state of unmanifested Shabda respectively. Nada in its three forms is in the Sadakhya Tattva. Nada becoming slightly operative towards the "speakable" (Vacya), (the former operation being in regard to the thinkable (Mantavya) ) is called Arddhacandra which develops into Bindu. Both of these are in Ishvara Tattva. This Mahabindu is threefold as the Kamakala. The undifferentiated Shabda-Brahman or Brahman as the immediate cause of the manifested Shabda and Artha is a unity of consciousness (Caitanya) which then expresses itself in three-fold function as the three Shaktis, Iccha, Jñana, Kriya; the three Gunas, Sattva, Rajas, Tamas; the three Bindus (Karyya) which are Sun, Moon and Fire; the

three Devatas, Rudra, Vishnu, Brahma and so forth. These are the product of the union of Prakasha and Vimarsha Shakti. This Triangle of Divine Desire is the Kamakala, or Creative Will and its first subtle manifestation, the Cause of the Universe which is personified as the Great Devi Tripurasundari, the Kameshvara and Kameshvari, the object of worship in the Agamas. Kamakalavilasa, as explained in the work of that name, is the manifestation of the union of Shiva and Shakti, the great "I" (Aham) which develops through the inherent power of its thought-activity (Vimarsha-Shakti) into the universe, unknowing as Jiva its true nature and the secret of its growth through Avidya Shakti. Here then there appears the duality of subject and object; of mind and matter, of the word (Shabda) and its meaning (Artha). The one is not the cause of the other, but each is inseparable from, and concomitant with, the other as a bifurcation of the undifferentiated unity of Shabda-Brahman whence they proceed. The one cosmic movement produces at the same time the mind and the object which it cognizes; names (Nama) and language (Shabda) on the one hand; and forms (Rupa) or object (Artha) on the other. These are all parts of one co-ordinated contemporaneous movement, and, therefore, each aspect of the process is related the one to the other. The genesis of Shabda is only one aspect of the creative process, namely, that in which the Brahman is regarded as the Author of Shabda and Artha into which the undifferentiated Shabda-Brahman divides Itself. Shakti is Shabda-Brahman ready to create both Shabda and Artha on the differentiation of the Parabindu into the Kamakala, which is the root (Mula) of all Mantras. Shabda-Brahman is Supreme "Speech" (Para-Vak) or Supreme Shabda (Para-Shabda). From this fourth state of Shabda, there are three others -- Pashyanti, Madhyama and Vaikhari, which are the Shabda aspect of the stages whereby the seed of formless consciousness explicates into the multitudinous concrete

ideas (expressed in language of the mental world) the counterpart of the objective universe. But for the last three states of sound the body is required and, therefore, they only exist in the Jiva. In the latter, the Shabda-Brahman is in the form of Kundalini Shakti in the Muladhara Cakra. In Kundalini is Parashabda. This develops into the "Matrikas" or "Little Mothers" which are the subtle forms of the gross manifested letters (Varna). The letters make up syllables (Pada) and syllables make sentences (Vakya), of which elements the Mantra is composed. Para Shabda in the body develops in Pashyanti Shabda or Shakti of general movements (Samanya Spanda) located in the tract from the Muladhara to the Manipura associated with Manas. It then in the tract upwards to the Anahata becomes Madhyama or Hiranyagarbha sound with particularized movement (Vishesha Spanda) associated with Buddhi-Tattva. Vayu proceeding upwards to the throat expresses itself in spoken speech which is Vaikhari or Virat Shabda. Now it is that the Mantra issues from the mouth and is heard by the ear. Because the one cosmic movement produces the ideating mind and its accompanying Shabda and the objects cognized or Artha, the creative force of the universe is identified with the Matrikas and Varnas, and Devi is said to be in the forms of the letters from A to Ha, which are the gross expressions of the forces called Matrika; which again are not different from, but are the same forces that evolve into the universe of mind and matter. These Varnas are, for the same reason, associated with certain vital and physiological centers which are produced by the same power that gives birth to the letters. It is by virtue of these centers and their controlled area in the body that all the phenomena of human psychosis run on, and keep man in bondage. The creative force is the union of Shiva and Shakti, and each of the letters (Varna) produced therefrom and thereby are part and parcel of that Force, and are, therefore, Shiva and Shakti in those

particular forms. For this reason, the Tantra Shastra says that Devata and Mantra composed of letters, are one. In short, Mantras are made of letters (Varna). Letters are Matrika. Matrika is Shakti and Shakti is Shiva. Through Shakti (one with Shiva) Nada-Shakti, Bindu-Shakti, the Shabda-Brahman or Para Shabda, arise the Matrika, Varna, Pada, Vakya of the lettered Mantra or manifested Shabda.

But what is Shabda or "Sound"? Here the Shakta Tantra Shastra follows the Mimamsa doctrine of Shabda, with such modifications as are necessary to adapt it to its doctrine of Shakti. Sound (Shabda) which is quality (Guna) of ether (Akasha) and is sensed by hearing is twofold, namely, lettered (Varnatmaka Shabda) and unlettered or Dhvani (Dhvanyatmaka Shabda). The latter is caused by the striking of two things together, and is apparently meaningless. Shabda, on the contrary, which is Anahata (a term applied to the Heart-Lotus) is that Brahman sound which is not caused by the striking of two things together. Lettered sound is composed of sentences (Vakya), words (Pada) and letters (Varna). Such sound has a meaning. Shabda manifesting as speech is said to be eternal. This the Naiyayikas deny saying that it is transitory. A word is uttered and it is gone. This opinion the Mīmāṃsā denies saying that the perception of lettered sound must be distinguished from lettered sound itself. Perception is due to Dhvani caused by the striking of the air in contact with the vocal organs, namely, the throat, palate and tongue and so forth. Before there is Dhvani there must be the striking of one thing against another. It is not the mere striking which is the lettered Shabda. This manifests it. The lettered sound is produced by the formation of the vocal organs in contact with air; which formation is in response to the mental movement or idea which by the will thus seeks outward expression in audible sound. It is this perception which is transitory, for the Dhvani

which manifests ideas in language is such. But lettered sound as it is in itself, that is, as the Consciousness manifesting Idea expressed in speech is eternal. It was not produced at the moment it was perceived. It was only manifested by the Dhvani. It existed before, as it exists after, such manifestation, just as a jar in a dark room which is revealed by a flash of lightning is not then produced, nor does it cease to exist on its ceasing to be perceived through the disappearance of its manifestor, the lightning. The air in contact with the voice organs reveals sound in the form of the letters of the alphabet, and their combinations in words and sentences. The letters are produced for hearing by the person desiring to speak, and become audible to the ear of others through the operation of unlettered sound or Dhvani. The latter being a manifestor only, lettered Shabda is something other than its manifestor.

Before describing the nature of Shabda in its different form of development, it is necessary to understand the Indian psychology of perception. At each moment, the Jiva is subject to innumerable influences which from all quarters of the Universe pour upon him. Only those reach his Consciousness which attract his attention and are thus selected by his Manas. The latter attends to one or other of these sense-impressions and conveys it to the Buddhi. When an object (Artha) is presented to the mind, and perceived, the latter is formed into the shape of the object perceived. This is called a mental Vritti (modification) which it is the object of Yoga to suppress. The mind as a Vritti is thus a representation of the outer subject. But, in so far as it is such representation, the mind is as much an object as the outer one. The latter, that is, the physical object, is called the gross object (Sthula artha), and the former or mental impression is called the subtle object (Sukshma artha). But, besides the object, there is the mind which perceives it. It

follows that the mind has two aspects, in one of which it is the perceiver, and in the other the perceived in the form of the mental formation (Vritti), which in creation precedes its outer projection, and after the creation follows as the impression produced in the mind by the sensing of a gross physical object. The mental impression and the physical object exactly correspond, for the physical object is in fact but a projection of the cosmic imagination, though it has the same reality as the mind has; no more and no less. The mind is thus both cognizer (Grahaka) and cognized (Grahya), revealer (Prakashaka) and revealed (Prakashya), denoter (Vacaka) and denoted (Vacya). When the mind perceives an object, it is transformed into the shape of that object. So the mind which thinks of the Divinity which it worships (Ishtadevata) is, at length, through continued devotion, transformed into the likeness of that Devata. By allowing the Devata thus to occupy the mind for long, it becomes as pure as the Devata. This is a fundamental principle of Tantrik Sadhana or religious practice. The object perceived is called Artha, a term which comes from the root "Ri," which means to get, to know, to enjoy. Artha is that which is known and which, therefore, is an object of enjoyment. The mind as Artha, that is in the form of the mental impression, is an exact reflection of the outer object or gross Artha. As the outer object is Artha, so is the interior subtle mental form which corresponds to it. That aspect of the mind which cognizes is called Shabda or Nama (name), and that aspect in which it is its own object or cognized is called Artha or Rupa (form). The outer physical object, of which the latter is in the individual an impression, is also Artha or Rupa, and spoken speech is the outer Shabda. The mind is thus, from the Mantra aspect, Shabda and Artha, terms corresponding to the Vedantic Nama and Rupa or concepts and concepts objectified. The Mayavada Vedanta says that the whole creation is Nama and Rupa. Mind as Shabda is the Power

(Shakti) the function of which is to distinguish and identify (Bhedasamsargavritti-Shakti).

Just as the body is causal, subtle and gross, so is Shabda, of which there are four states (Bhava) called Para, Pashyanti, Madhyama and Vaikhari. Para sound is that which exists on the differentiation of the Mahabindu before actual manifestation. This is motionless, causal Shabda in Kundalini, in the Muladhara center of the body. That aspect of it in which it commences to move with a general, that is, non-particularized, motion (Samanya Spanda) is Pashyanti whose place is from the Muladhara to the Manipura Cakra, the next center. It is here associated with Manas. These represent the motionless and first moving Ishvara aspect of Shabda. Madhyama Shabda is associated with Buddhi. It is Hiranyagarbha sound (Hiranyagarbharupa) extending from Pashyanti to the heart. Both Madhyama sound which is the inner "naming" by the cognitive aspect of mental movement, as also its Artha or subtle (Sukshma) object (Artha) belong to the mental or subtle body (Sukshma or Linga Sharira). Perception is dependent on distinguishing and identification. In the perception of an object that part of the mind which identifies and distinguishes and thus "names" or the cognizing part is, from the Shabda aspect, subtle Shabda: and that part of it which takes the shape of, and thus constitutes, the object (a shape which corresponds with the outer thing) is subtle Artha. The perception of an object is thus consequent on the simultaneous functioning of the mind in its two-fold aspect as Shabda and Artha, which are in indissoluble relation with one another as cognizer (Grahaka) and cognized (Grahya). Both belong to the subtle body. In creation Madhyama sound first appeared. At that movement there was no outer Artha. Then the Cosmic Mind projected this inner Madhyama Artha into the world of sensual experience and named it in spoken speech (Vaikhari

Shabda). The last or Vaikhari Shabda is uttered speech, developed in the throat, issuing from the mouth. This is Virat Shabda. Vaikhari Shabda is therefore language or gross lettered sound. Its corresponding Artha is the physical or gross object which language denotes. This belongs to the gross body (Sthula Sharira). Madhyama Shabda is mental movement or ideation in its cognitive aspect and Madhyama Artha is the mental impression of the gross object. The inner thought-movement in its aspect as (Vacaka) and denoted (Vacya). When the mind perceives an object, it is transformed into the shape of that object. So the mind which thinks of the Divinity which it worships (Ishtadevata) is, at length, through continued devotion, transformed into the likeness of that Devata. By allowing the Devata thus to occupy the mind for long, it becomes as pure as the Devata. This is a fundamental principle of Tantrik Sadhana or religious practice. The object perceived is called Artha, a term which comes from the root "Ri," which means to get, to know, to enjoy. Artha is that which is known and which, therefore, is an object of enjoyment. The mind as Artha, that is in the form of the mental impression, is an exact reflection of the outer object or gross Artha. As the outer object is Artha, so is the interior subtle mental form which corresponds to it. That aspect of the mind which cognizes is called Shabda or Nama (name), and that aspect in which it is its own object or cognized is called Artha or Rupa (form). The outer physical object, of which the latter is in the individual an impression, is also Artha or Rupa, and spoken speech is the outer Shabda. The mind is thus, from the Mantra aspect, Shabda and Artha, terms corresponding to the Vedantic Nama and Rupa or concepts and concepts objectified. The Mayavada Vedanta says that the whole creation is Nama and Rupa. Mind as Shabda is the Power (Shakti) the function of which is to distinguish and identify

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developed in the throat, issuing from the mouth. This is Virat Shabda. Vaikhari Shabda is therefore language or gross lettered sound. Its corresponding Artha is the physical or gross object which language denotes. This belongs to the gross body (Sthula Sharira). Madhyama Shabda is mental movement or ideation in its cognitive aspect and Madhyama Artha is the mental impression of the gross object. The inner thought-movement in its aspect as Shabdārtha, and considered both in its knowing aspect (Shabda) and as the subtle known object (Artha) belongs to the subtle body (Sukshma Sharira). The cause of these two is the first general movement towards particular ideation (Pashyanti) from the motionless cause Para Shabda or Supreme Speech. Two forms of inner or hidden speech, causal, subtle, accompanying mind movement thus precede and lead up to spoken language. The inner forms of ideating movement constitute the subtle, and the uttered sound the gross aspect of Mantra which is the manifested Shabda-Brahman.

The gross Shabda called Vaikhari or uttered speech, and the gross Artha or the physical object denoted by that speech are the projection of the subtle Shabda and Artha, through the initial activity of the Shabda-Brahman into the world of gross sensual perception. Therefore, in the gross physical world, Shabda means language, that is, sentences, words and letters which are the expression of ideas and are Mantra. In the subtle or mental world, Madhyama sound is the Shabda aspect of the mind which "names" in its aspect as cognizer, and Artha, is the same mind in its aspect as the mental object of its cognition. It is defined to be the outer in the form of the mind. It is thus similar to the state of dreams (Svapna), as Parashabda is the causal dreamless (Sushupti), and Vaikhari the waking (Jagrat) state. Mental Artha is a Samsara, an impression left on the subtle body by previous experience, which is recalled when the Jiva reawakes to

world experience, and recollects the experience temporarily lost in the cosmic dreamless state (Sushupti) which is destruction (Pralaya). What is it which arouses this Samskara? As an effect (Kriya) it must have a cause (Karana). This Karana is the Shabda or Name (Nama) subtle or gross corresponding to that particular Artha. When the word "Ghata" is uttered, this evokes in the mind the image of an object, namely, a jar; just as the presentation of that object does. In the Hiranyagarbha state, Shabda as Samskara worked to evoke mental images. The whole world is thus Shabda and Artha, that is Name and Form (Nama, Rupa). These two are inseparably associated. There is no Shabda without Artha or Artha without Shabda. The Greek word "Logos" also means thought and word combined. There is thus a double line of creation, Shabda and Artha; ideas and language together with objects. Speech as that which is heard, or the outer manifestation of Shabda, stands for the Shabda creation. The Artha creation are the inner and outer objects seen by the mental or physical vision. From the cosmic creative standpoint, the mind comes first, and from it, is evolved the physical world according to the ripened Samskaras which led to the existence of the particular existing universe. Therefore, the mental Artha precedes the physical Artha which is an evolution in gross matter of the former. This mental state corresponds to that of dreams (Svapna), when man lives in the mental world only. After creation which is the waking ( Jagrat) state, there is for the individual an already existing parallelism of names and objects.

Uttered speech is a manifestation of the inner naming or thought. This thought-movement is similar in men of all races. When an Englishman or an Indian thinks of an object, the image is to both the same, whether evoked by the object itself or by the utterance of its name. For this reason

possibly if thought-reading be accepted, a thought-reader whose cerebral center is *en rapport* with that of another, may read the hidden "speech," that is thought, of one whose spoken speech he cannot understand. Thus, whilst the thought-movement is similar in all men, the expression of it as Vaikhari Shabda differs. According to tradition there was once a universal language. According to the Biblical account, this was so, before the confusion of tongues at the Tower of Babel. Similarly there is, (a friend tells me though he has forgotten to send me the reference), in the Rigveda, a mysterious passage which speaks of the "Three Fathers and three Mothers," by whose action like that of the Elohim "all-comprehending speech" was made into that which was not so. Nor is this unlikely, when we consider that difference in gross speech is due to difference of races evolved in the course of time. If the instruments by which, and conditions under which thought is revealed in speech, were the same for all men then there would be but one language. But now this is not so. Racial characteristics and physical conditions, such as the nature of the vocal organs, climate, inherited impressions and so forth differ. So also does language. But for each particular man speaking any particular language, the uttered name of any object is the gross expression of his inner thought-movement. It evokes the idea and the idea is consciousness as mental operation. That operation can be so intensified as to be itself creative. This is Mantra-Caitanya.

It is said in the Tantra Shastras that the fifty letters of the alphabet are in the six bodily Cakras called Muladhara, Svadhisthana, Manipura, Anahata, Vishuddha and Ajña. These 50 letters multiplied by 20 are in the thousand-pealed Lotus or Sahasrara.

From the above account, it will be understood that, when it is said that the "Letters" are in the six bodily Cakras, it is not

to be supposed that it is intended to absurdly affirm that the letters as written shapes, or as the uttered sounds which are heard by the ear are there. The letters in this sense, that is, as gross things, are manifested only in speech and writing. This much is clear. But the precise significance of this statement is a matter of some difficulty. There is in fact no subject which presents more difficulties than Mantravidya, whether considered generally or in relation to the particular matters in hand. I do not pretend to have elucidated all its difficulties.

What proceeds from the body is in it in subtle or causal form. Why, however, it may be asked are particular letters assigned to particular Cakras. I have heard several explanations given which do not, in my opinion, bear the test of examination.

If the arrangement be not artificial for the purpose of Sadhana, the simplest explanation is that which follows: From the Brahman are produced the five Bhutas, Ether, Air, Fire, Water, Earth, in the order stated; and from them issued the six Cakras from Ajña to Muladhara. The letters are (with the exception next stated) placed in the Cakras in their alphabetical order; that is, vowels as being the first letters or Shaktis of the consonants (which cannot be pronounced without them) are placed in Vishuddha Cakra: the first consonants Ka to Tha in Anahata and so forth until the Muladhara wherein are set the last four letters from Va to Sa. Thus in Ajña there are Ha and Ksha as being Brahmabijas. In the next or Vishuddha Cakra are the 16 vowels which originated first. Therefore, they are placed in Vishuddha the ethereal Cakra; ether also having originated first. The same principle applies to the other letters in the Cakras. namely, Ka, to Tha (12 letters and petals) in Anahata; Da to Pha (10) in Manipura; Ba to La (6) in

Svadhithana; and Va to Sa (4) in Muladhara. The connection between particular letters and the Cakras in which they are placed is further said to be due to the fact that in uttering any particular letter, the Cakra in which it is placed and its surroundings are brought into play. The sounds of the Sanskrit alphabet are classified according to the organs used in their articulation, and are guttural (Kantha), palatals (Talu), cerebrals (Murddha), dentals (Danta) and labials (Oshtha). When so articulated, each letter, it is said, "touches" the Cakra in which it is, and in which on this account it has been placed. In uttering them certain Cakras are affected; that is, brought into play. This, it is alleged, will be found to be so, if the letter is carefully pronounced and attention is paid to the accompanying bodily movement. Thus, in uttering Ha, the head (Ajña) is touched, and in uttering the deep-seated Va, the basal Cakra or Muladhara. In making the first sound the forehead is felt to be affected, and in making the last the lower part of the body around the root-lotus. This is the theory put forth as accounting for the position of the letters in the Cakras.

A Mantra is, like everything else, Shakti. But the mere utterance of a Mantra without more is a mere movement of the lips. The Mantra must be awakened (Prabuddha) just like any other Shakti if effect is to be had therefrom. This is the union of sound and idea through a knowledge of the Mantra and its meaning. The recitation of a Mantra without knowing its meaning is practically fruitless. I say "practically" because devotion, even though it be ignorant, is never wholly void of fruit. But a knowledge of the meaning is not enough; for it is possible by reading a book or receiving oral instructions to get to know the meaning of a Mantra, without anything further following. Each Mantra is the embodiment of a particular form of Consciousness or Shakti. This is the Mantra-Shakti. Consciousness or Shakti also exists in the

form of the Sadhaka. The object then is to unite these two, when thought is not only in the outer husk, but is vitalized by will, knowledge, and action through its conscious center in union with that of the Mantra. The latter is Devata or a particular manifestation of Shakti: and the Sadhaka who identifies himself therewith, identifies himself with that Shakti. According to Yoga when the mind is concentrated on any object it is unified with it. When man is so identified with a Varna or Tattva, then the power of objects to bind ceases, and he becomes the controller. Thus, in Kundalini-Yoga, the static bodily Shakti pierces the Cakras, to meet Shiva-Shakti in the Sahasrara. As the Sadhaka is, through the power of the rising Shakti, identified with each of the Centers, Tattvas and Matrika Shaktis they cease to bind, until passing through all he attains Samadhi. As the Varnas are Shiva-Shakti, concentration on them draws the mind towards, and then unifies it with, the Devata which is one with the Mantra. The Devata of the Mantra is only the creative Shakti assuming that particular form. As already stated, Devata may be realized in any object, not merely in Mantras, Yantras, Ghatas, Pratimas or other ritual objects of worship. The same power which manifests to the ear in the Mantra is represented in the lines and curves of the Yantra which, the *Kaulavali Tantra* says, is the body of the Devata:

*Yantram mantramayam proktam mantratma devataiva  
hi*

*Dehatmanor yatha bhedo yantra-devata yoshtatha.*

The Yantra is thus the graphic symbol of the Shakti, indicated by the Mantra with which identification takes place. The Pratima or image is a grosser visual form of the Devata. But the Mantras are particular forms of Divine Shakti, the realization of which is efficacious to produce particular

results. As in Kundalini- Yoga, so also here the identification of the Sadhaka with different Mantras gives rise to various Vibhutis or powers: for each grouping of the letters represents a new combination of the Matrika Shaktis. It is the eternal Shakti who is the life of the Mantra. Therefore, Siddhi in Mantra Sadhana is the union of the Sadhaka's.

Shakti with the Mantra Shakti; the identification of the Sadhaka with the Mantra is the identification of the knower (Vedaka), knowing (Vidya) and known (Vedya) or the Sadhaka, Mantra and Devata. Then the Mantra works. The mind must feed, and is always feeding, something. It seizes the Mantra and works its way to its heart. When there, it is the Citta or mind of the Sadhaka unified with the Shakti of the Mantra which works. Then subject and object, in its Mantra form, meet as one. By meditation the Sadhaka gains unity with the Devata behind, as it were, the Mantra and Whose form the Mantra is. The union of the Sadhaka of the Mantra and the Devata of the Mantra is the result of the effort to realize permanently the incipient desire for such union. The will towards Divinity is a dynamic force which pierces everything and finds there Divinity itself. It is because Westerners and some Westernized Hindus do not understand the principles of Mantra; principles which lie at the center of Indian religious theory and practice, that they see nothing in it where they do not regard it as gross superstition. It must be admitted that Mantra Sadhana is often done ignorantly. Faith is placed in externals and the inner meaning is often lost. But even such ignorant worship is better than none at all. "It is better to bow to Narayana with one's shoes on than never to bow at all." Much also is said of "vain repetitions". What Christ condemned was not repetition but "vain" repetition. That man is a poor psychologist who does not know the effect of repetition, when done with faith and devotion. It is a fact that the inner

kingdom yields to violence and can be taken by assault. Indeed, it yields to nothing but the strong will of the Sadhaka, for it is that will in its purest and fullest strength. By practice with the Mantra, the Devata is invoked. This means that the mind itself is Devata when unified with Devata. This is attained through repetition of the Mantra (Japa).

Japa is compared to the action of a man shaking a sleeper to wake him up. The Sadhaka's own consciousness is awakened. The two lips are Shiva and Shakti. The movement in utterance is the "coition" (Maithuna) of the two. Shabda which issues therefrom is in the nature of Bindu. The Devata then appearing is, as it were, the son of the Sadhaka. It is not the supreme Devata who appears (for It is actionless), but in all cases an emanation produced by the Sadhaka's worship for his benefit only. In the case of worshippers of the Shiva-Mantra, a Boy-Shiva (Bala-Shiva) appears who is then made strong by the nurture which the Sadhaka gives him. The occultist will understand all such symbolism to mean that the Devata is a form of the Consciousness which becomes the Boy-Shiva, and which, when strengthened is the full-grown Divine Power Itself. All Mantras are forms of consciousness (Vijñanarupa), and when the Mantra is fully practiced it enlivens the Samskara, and the Artha appears to the mind. Mantras used in worship are thus a form of the Samskaras of Jivas; the Artha of which manifests to the consciousness which is pure. The essence of all this is -- concentrate and vitalize thought and will power, that is Shakti.

The Mantra method is Shaktopaya Yoga working with concepts and form, whilst Shambhavopaya Yoga has been well said to be a more direct attempt at intuition of Shakti, apart from all passing concepts, which, as they cannot show

the Reality, only serve to hide it the more from one's view and thus maintain bondage. These Yoga methods are but examples of the universal principle of Sadhana, that the Sadhaka should first work with and through form, and then, so far as may be, by a meditation which dispenses with it.

It has been pointed out to me by Professor Surendra Nath Das Gupta that this Varna-Sadhana, so important a content of the Tantra Shastra, is not altogether its creation, but, as I have often in other matters observed, a development of ancient Vaidik teaching. For it was, he says, first attempted in the Aranyaka Epoch upon the Pradkupasana on which the Tantrik Sadhana is, he suggests, based; though, of course, that Shastra has elaborated the notion into a highly complicated system which is so peculiar a feature of its religious discipline. There is thus a synthesis of this Pratikopasana with Yoga method, resting as all else upon a Vedantic basis.

## **Chapter Twenty-five**

### **Varnamala (The Garland of Letters)**

The world has never altogether been without the Wisdom, nor its Teachers. The degree and manner in which it has been imparted have, however, necessarily varied according to the capacities of men to receive it. So also have the symbols by which it has been conveyed. These symbols further have varying significance according to the spiritual advancement of the worshipper. This question of degree and variety of presentation have led to the superficial view that the difference in beliefs negatives existence of any commonly established Truth. But if the matter be regarded more deeply, it will be seen that whilst there is one essential Wisdom, its revelation has been more or less complete according to symbols evolved by, and, therefore, fitting to, particular racial temperaments and characters. Symbols are naturally misunderstood by those to whom the beliefs they typify are unfamiliar, and who differ in temperament from those who have evolved them. To the ordinary Western mind the symbols of Hinduisim are often repulsive and absurd. It must not, however, be forgotten that some of the Symbols of Western Faiths have the same effect on the Hindu. From the picture of the "Slain Lamb," and other symbols in terms of blood and death, he naturally shrinks in disgust. The same effect on the other hand, is not seldom produced in the Western at the sight of the terrible forms in which India has embodied Her vision of the undoubted Terrors which exist in and around us. All is not smiling in this world. Even amongst persons of the same race and indeed of the same faith we may observe such differences. Before the Catholic Cultus of the "Sacred Heart" had overcome the opposition which it at first encountered, and for a considerable time after, its imagery was regarded with aversion by some who spoke of it in terms which would be

to-day counted as shocking irreverence. These differences are likely to exist so long as men vary in mental attitude and temperament, and until they reach the stage in which, having discovered the essential truths, they become indifferent to the mode in which they are presented. We must also in such matters distinguish between what a symbol may have meant and what it now means. Until quite recent times, the English peasant folk and others danced around the flower-wreathed Maypole. That the pole originally (like other similar forms) represented the great Linga admits of as little doubt as that these folk, who in recent ages danced around it, were ignorant of that fact. The Bishop's mitre is said to be the head of a fish worn by ancient near-eastern hierophants. But what of that? It has other associations now.

Let us illustrate these general remarks by a short study of one portion of the Kali symbolism which affects so many, who are not Hindus, with disgust or horror. Kali is the Deity in that aspect in which It withdraws all things which It had created, into Itself. Kali is so called because She devours Kala (Time) and then resumes Her own dark formlessness. The scene is laid in the cremation ground (Shmashana), amidst white sun-dried bones and fragments of flesh, gnawed and pecked at by carrion beasts and birds. Here the "heroic" (Vira) worshipper (Sadhaka) performs at dead of night his awe-inspiring rituals. Kali is set in such a scene, for She is that aspect of the great Power which withdraws all things into Herself at, and by, the dissolution of the universe. He alone worships without fear, who has abandoned all worldly desires, and seeks union with Her as the One Blissful and Perfect Experience. On the burning ground all worldly desires are burnt away. She is naked, and dark like a threatening rain-cloud. She is dark, for She who is Herself beyond mind and speech, reduces all things into that

worldly, "nothingness," which, as the Void (Shunya) of all which we now know, is at the same time the All (Purna) which is Peace. She is naked, being clothed in space alone (Digambari), because the great Power is unlimited; further, She is in Herself beyond Maya (Mayatita); that power of Hers which creates all universes. She stands upon the white corpse-like (Shavarupa) body of Shiva. He is white, because he is the illuminating transcendental aspect of consciousness. He is inert, because he is the changeless aspect of the Supreme and She, the apparently changing aspect of the same. In truth, She and He are one and the same, being twin aspects of the One who is changelessness in, and exists as, change. Much might be said in explanation of these and other symbols such as Her loosened hair, the lolling tongue, the thin stream of blood which trickles from the corners of the mouth, the position of Her feet, the apron of dead men's hands around Her waist, Her implements and so forth. (See *Hymn to Kali*.) Here I take only the garland of freshly-severed heads which hangs low from Her neck.

Some have conjectured that Kali was originally the Goddess of the dark-skinned inhabitants of the Vindhya Hills taken over by the Brahmanas into their worship. One of them has thought that She was a deified Princess of these folk, who fought against the white in-coming Aryans. He pointed to the significant fact that the severed heads are those of white men. The Western may say that Kali was an objectification of the Indian mind, making a Divinity of the Power of Death. An Eastern may reply that She is the Sanketa (symbol) which is the effect of the impress of a Spiritual Power on the Indian mind. I do not pause to consider these matters here.

The question before us is, what does this imagery mean now, and what has it meant for centuries past to the initiate in Her symbolism? An exoteric explanation describes this

Garland as made up of the heads of Demons, which She, as a power of righteousness, has conquered. According to an inner explanation, given in the Indian Tantra Shastra, this string of heads is the Garland of Letters (Varnamala), that is, the fifty, and as some count it, fifty-one letters, of the Sanskrit Alphabet. The same interpretation is given in the Buddhist *Demchog Tantra* in respect of the garland worn by the great Heruka. These letters represent the universe of names and forms (Namarupa), that is, Speech (Shabda) and its meaning or object (Artha) She the Devourer of all "slaughters" (that is, withdraws), both into Her undivided Consciousness at the Great Dissolution of the Universe which they are. She wears the Letters which, She as the Creatrix bore. She wears the Letters which, She as the Dissolving Power, takes to Herself again. A very profound doctrine is connected with these Letters which space prevents me from fully entering into here. This has been set out in greater detail in the *Serpent Power* (Kundalini) which projects Consciousness, in Its true nature blissful and beyond all dualism, into the World of good and evil. The movements of Her projection are indicated by the Letters subtle and gross which exist on the Petals of the inner bodily centers or Lotuses.

Very shortly stated, Shabda which literally means Sound -- here lettered sound -- is in its causal state (Para-Shabda) known as "Supreme Speech" (Para Vak). This is the Shabda-Brahman or Logos; that aspect of Reality or Consciousness (Cit) in which it is the immediate cause of creation; that is of the dichotomy in Consciousness which is "I" and "This", subject and object, mind and matter. This condition of causal Shabda is the Cosmic Dreamless State (Sushupti). This Logos, awakening from its causal sleep, "sees," that is, creatively ideates the universe, and is then known as Pashyanti Shabda. As Consciousness "sees" or ideates, forms

arise in the Creative Mind, which are themselves impressions (Samskara) carried over from previous worlds, which ceased to exist as such, when the Universe entered the state of causal dreamless sleep on the previous dissolution. These re-arise as the formless Consciousness awakes to enjoy once again sensual life in the world of forms.

The Cosmic Mind is at first itself both cognizing subject (Grahaka) and cognized object (Grahya); for it has not yet projected its thought into the plane of Matter; the mind as subject cognizer is Shabda, and the mind as the object cognized, that is, the mind in the form of object is subtle Artha. This Shabda called Madhyama Shabda is an "Inner Naming" or "Hidden Speech". At this stage, that which answers to the spoken letters (Varna) are the "Little Mothers" or Matrika, the subtle forms of gross speech. There is at this stage a differentiation of Consciousness into subject and object, but the latter is now within and forms part of the Self. This is the state of Cosmic Dreaming (Svapna). This "Hidden Speech" is understandable of all men if they can get in mental *rapport* one with the other. So a thought-reader can, it is said, read the thoughts of a man whose spoken speech he cannot understand. The Cosmic Mind then projects these mental images on to the material plane, and they there become materialized as gross physical objects (Sthula artha) which make impressions from without, on the mind of the created consciousness. This is the cosmic waking state (Jagrat). At this last stage, the thought-movement expresses itself through the vocal organs in contact with the air as uttered speech (Vaikhari Shabda) made up of letters, syllables and sentences. The physical unlettered sound which manifests Shabda is called Dhvani. The lettered sound is manifested Shabda or Name (Nama), and the physical objects denoted by speech are the gross Artha or form

(Rupa).

This manifested speech varies in men, for their individual and racial characteristics and the conditions, such as country and climate in which they live, differ. There is a tradition that, there was once a universal speech before the building of the Tower of Babel, signifying the confusion of tongues. As previously stated, a friend has drawn my attention to a passage in Rigveda which he interprets in a similar sense. For, it says, that the Three Fathers and the Three Mothers, like the Elohim, made (in the interest of creation) all-comprehending speech into that which was not so.

Of these letters and names and their meaning or objects, that is, concepts and concepts objectified, the whole Universe is composed. When Kali withdraws the world, that is, the names and forms which the letters signify, the dualism in consciousness, which is creation, vanishes. There is neither "I" (Aham) nor "This" (Idam) but the one non-dual Perfect Experience which Kali in Her own true nature (Svarupa) is. In this way Her garland is understood.

"Surely," I hear it said, "not by all. Does every Hindu worshipper think such an ordinary Italian peasant knows of, or can understand, the subtleties of either the catholic mystics or doctors of theology. When, however, the Western man undertakes to depict and explain Indian symbolism, he should, in the interest both of knowledge and fairness, understand what it means both to the high as well as to the humble worshipper.

## **Chapter Twenty-six**

### **Shakta Sadhana (The Ordinary Ritual)**

Sadhana is that, which produces Siddhi or the result sought, be it material or spiritual advancement. It is the means or practice by which the desired end may be attained and consists in the training and exercise of the body and psychic faculties, upon the gradual perfection of which Siddhi follows. The nature or degree of spiritual Siddhi depends upon the progress made towards the realization of the Atma whose veiling vesture the body is. The means employed are numerous and elaborate, such as worship (Puja) exterior or mental, Shastric learning, austerities (Tapas), Japa or recitation of Mantra, Hymns, meditation, and so forth. The Sadhana is necessarily of a nature and character appropriate to the end sought. Thus Sadhana for spiritual knowledge (Brahmajñana) which consists of external control (Dama) over the ten senses (Indriya), internal control (Sama) over the mind (Buddhi, Ahamkara, Manas), discrimination between the transitory and eternal, renunciation of both the world and heaven (Svarga), differs from the lower Sadhana of the ordinary householder, and both are obviously of a kind different from that prescribed and followed by the practitioners of malevolent magic (Abhicara). Sadhakas again vary in their physical, mental and moral qualities and are thus divided into four classes, Mridu, Madhya, Adhimatraka, and the highest Adhimatrama who is qualified (Adhikari) for all forms of Yoga. In a similar way, the Shakta Kaulas are divided into the Prakrita or common Kaula following Viracara with the Pancatattvas described in the following Chapter; the middling (Madhyama) Kaula who (may be) follows the same or other Sadhana but who is of a higher type, and the highest Kaula (Kaulikottama) who, having surpassed all ritualism, meditates upon the Universal Self. These are more

particularly described in the next Chapter.

Until a Sadhaka is Siddha, all Sadhana is or should be undertaken with the authority and under the direction of a Guru or Spiritual Teacher and Director. There is in reality but one Guru and that is the Lord (Ishvara) Himself. He is the Supreme Guru as also is Devi His Power one with Himself. But He acts through man and human means. The ordinary human Guru is but the manifestation on earth of the Adinatha Mahakala and Mahakali, the Supreme Guru abiding in Kailasa. As the *Yogini Tantra* (Ch. 1) says *Guroh sthanam hi kailasam*. He it is who is in, and speaks with the voice of, the Earthly Guru. So, to turn to an analogy in the West, it is Christ who speaks in the voice of the Pontifex Maximus when declaring faith and morals, and in the voice of the priest who confers upon the penitent absolution for his sins. It is not the man who speaks in either case but God through him. It is the Guru who initiates and helps, and the relationship between him and the disciple (Shishya) continues until the attainment of spiritual Siddhi. It is only from him that Sadhana and Yoga are learnt and not (as it is commonly said) from a thousand Shastras. As the *Shatkarmadipika* says, mere book-knowledge is useless.

*Pustake likhitavidya yena sundari jap yate*

*Siddhir na jayate tasya kalpakoti-shatairapi.*

(O Beauteous one! he who does Japa of a Vidya (= Mantra) learnt from a book can never attain Siddhi even if he persists for countless millions of years.)

Manu therefore says, "of him who gives natural birth, and of him who gives knowledge of the Veda, the giver of sacred knowledge is the more venerable father." The Tantra

Shastras also are full of the greatness of the Guru. He is not to be thought of as a mere man. There is no difference between Guru, Mantra and Deva. Guru is father, mother and Brahman. Guru, it is said, can save from the wrath of Shiva, but in no way, can one be saved from the wrath of the Guru. Attached to this greatness there is, however, responsibility; for the sins of the disciple may recoil upon him. The Tantra Shastras deal with the high qualities which are demanded of a Guru and the good qualities which are to be looked for in an intending disciple (see for instance *Tantrasara*, Ch. I). Before initiation, the Guru examines and tests the intending disciple for a specified period. The latter's moral qualifications are purity of soul (Shuddhatma), control of the senses (Jitendriya), the following of the Purushartha or aims of all sentient being (Purusharthaparayana). Amongst others, those who are lewd (Kamuka), adulterous (Para-daratura), addicted to sin, ignorant, slothful and devoid of religion should be rejected (see *Matsyasukta Tantra*, XIII; *Pranatoshini* 108; *Maharudrayamala*, I. XV, II. ii; *Kularnava Tantra*, Ch. XIII). The good Sadhaka who is entitled to the knowledge of all Shastra is he who is pure-minded, self-controlled, ever engaged in doing good to all beings, free from false notions of dualism, attached to the speaking of, taking shelter with and ever living in the consciousness of, the Supreme Brahman (*Gandharva Tantra*, Ch. ii).

All orthodox Hindus of all divisions of worshippers submit themselves to the direction of a Guru. The latter initiates. The Vaidik initiation into the twice-born classes is by the Upanayana. This is for the first three castes only, viz., Brahmana (priesthood and teaching), Kshatriya (warrior) Vaishya (merchant). All are (it is said) by birth Shudra (Janmana jayate Shudrah) and by sacrament (that is, the Upanayana ceremony) twice-born. By study of the Vedas one is a Vipra. And he who has knowledge of the Brahman is

a Brahmana (Brahma jñanati brahmanah). From this well-known verse it will be seen how few there really are, who are entitled to the noble name of Brahmana. The Tantrik Mantra-initiation is a different ceremony and is for all castes. Initiation (Diksha) is the giving of Mantra by the Guru. The latter should first establish the life of the Guru in his own body; that is the vital power (Pranashakti) of the Supreme Guru in the thousand-petalled lotus (Sahasrara). He then transmits it to the disciple. As an image is the instrument (Yantra) in which Divinity (Devatva) inheres, so also is the body of the Guru. The candidate is prepared for initiation, fasts and lives chastely. Initiation (which follows) gives spiritual knowledge and destroys sin. As one lamp is lit at the flame of another, so the divine Shakti consisting of Mantra is communicated from the Guru's body to that of the Shishya. I need not be always repeating that this is the theory and ideal, which to-day is generally remote from the fact. The Supreme Guru speaks with the voice of the earthly Guru at the time of giving Mantra. As the *Yogini Tantra* (Ch. I) says:

*Mantra-pradana-kale hi manushe Naganandini*

*Adhishthanam bhavet tatra Mahakalasya Shamkari*

*Ato na guruta devi manushe natra samshayah.*

(At the time the Mantra is communicated, there is in man (*i.e.*, Guru) the Presence of Mahakala. There is no doubt that man is not the Guru.) Guru is the root (Mula) of initiation (Diksha). Diksha is the root of Mantra. Mantra is the root of Devata, and Devata is the root of Siddhi. The *Mundamala Tantra* says that Mantra is born of Guru, and Devata of Mantra, so that the Guru is in the position of Father's Father to the Ishtadevata. Without initiation, Japa (recitation) of the Mantra, Puja, and other ritual acts are useless. The Mantra

chosen for the candidate must be suitable (Anukula). Whether a Mantra is Svakula or Akula to the person about to be initiated is ascertained by the Kulakulacakra, the zodiacal circle called Rashicakra and other Cakras which may be found in the Tantrasara. Initiation by a woman is efficacious; that by the mother is eightfold so (*ib.*). For, according to the Tantra Shastra, a woman with the necessary qualifications, may be a Guru and give initiation. The Kulagurus are four in number, each of them being the Guru of the preceding ones. There are also three lines of Gurus (see *The Great Liberation*).

So long as the Shakti communicated by a Guru to his disciple is not fully developed, the relation of Teacher and Director and Disciple exists. A man is Shishya so long as he is Sadhaka. When, however, Siddhi is attained, Guru and Shishya, as also all other dualisms, and relations, disappear. Besides the preliminary initiation, there are a number of other initiations or consecrations (Abhisheka) which mark greater and greater degrees of advance from Shaktabhisheka when entrance is made on the path of Shakta Sadhana to Purnadikshabhisheka and Mahapurnadikshabhisheka also called Virajagrahanabhisheka. On the attainment of perfection in the last grade the Sadhaka performs his own funeral rite (Shraddha), makes Purnahuti with his sacred thread and crown lock. The relation of Guru and Shishya now ceases. From this point he ascends by himself until he realizes the great saying So'ham "He I am," Sa'ham "She I am". Now he is Jivan-mukta and Paramahansa. The word Sadhana comes from the root *Sadh*, to exert or strive, and Sadhana is therefore striving, practice, discipline and worship in order to obtain success or Siddhi, which may be of any of the kinds, worldly or spiritual, desired, but which, on the religious side of the Shastras, means spiritual advancement with its fruit of

happiness in this world and in Heaven and at length Liberation (Moksha). He who practices Sadhana is called (if a man) Sadhaka or (if a woman) Sadhika. But men vary in capacity, temperament, knowledge and general advancement, and therefore the means (for Sadhana also means instrument) by which they are to be led to Siddhi must vary. Methods which are suitable for highly advanced men will fail as regards the ignorant and undeveloped for they cannot understand them. What suits the latter has been long out-passed by the former. At least that is the Hindu view. It is called Adhikara or competency. Thus some few men are competent (Adhikari) to study Vedanta and to follow high mental rituals and Yoga processes. Others are not. Some are grown-up children and must be dealt with as such. As all men, and indeed all beings, are, as to their psychical and physical bodies, made of the primordial substance Prakriti-Shakti (Prakrityatmaka), as Prakriti is Herself the three Gunas, Sattva, Rajas and Tamas, and as all things and beings are composed of these three Gunas in varying proportions, it follows that men are divisible into three general classes, namely, those in which the Sattva, Rajas, and Tamas Gunas, predominate respectively. There are, of course, degrees in each of these three classes. Amongst Sattvika men, in whom Sattva predominates, some are more and some less Sattvika than others and so on with the rest. These three classes of temperament (Bhava) are known in the *Shakta Tantras* as the Divine (Divyabhava), Heroic (Virabhava) and Animal (Pashubhava) temperaments respectively. Bhava is defined as a property or quality (Dharma) of the Manas or mind (*Pranatoshini*, 570). The Divyabhava is that in which Sattva-guna predominates only, because it is to be noted that none of the Gunas are, or ever can be, absent. Prakriti cannot be partitioned. Prakriti is the three Gunas. Sattva is essentially the spiritual Guna, for it is that which manifests Spirit or Pure Consciousness (Cit). A

Sattvika man is thus a spiritual man. His is a calm, pure, equable, refined, wise, spiritual temperament, free of materiality and of passion, or he possesses these qualities imperfectly, and to the degree that he possesses them he is Sattvik. Pashubhava is, on the other hand, the temperament of the man in whom Tamas guna prevails and produces such dark characteristics as ignorance, error, apathy, sloth and so forth. He is called a Pashu or animal because Tamas predominates in the merely animal nature as compared with the disposition of spiritually-minded men. He is also Pashu because he is bound by the bonds (Pasha). The term pasha comes from the root *Pash* to bind. The Kularnava enumerates eight bonds, namely, pity (Daya, of the type which Taoists call "inferior benevolence" as opposed to the divine compassion or Karuna), ignorance and delusion (Moha), fear (Bhaya), shame (Lajja), disgust (Ghrina), family (Kula), habit and observance (Shila), and caste (Varna). Other larger enumerations are given. The Pashu is the man caught by the world, in ignorance and bondage. Bhaskararaya, on the Sutra "have no converse with a Pashu," says that a Pashu is Bahirmukha or outward looking, seeing the outside only of things and not inner realities. The injunction, he says, only applies to converse as regards things spiritual.

The Shaiva Shastra speaks of three classes of Pashu, namely, Sakala bound by the three Pashas, Anu, Bheda, Karma, that is, limited knowledge, the seeing of the one Self as many by the operation of Maya, and action and its product. These are the three impurities (Mala) called Anavamala, Mayamala, and Karmamala. The Sakala Jiva or Pashu is bound by all three, the Pralayakala by the first and last, and the Vijñanakala by the first only. (See as to these the diagram of the 36 Tattvas.) He who is wholly freed of the remaining impurity of Anu is Shiva Himself. Here

however Pashu is used in a different sense, that is, as denoting the creature as contrasted with the Lord (Pati). In this sense, Pashu is a name for all men. In the Shakta use of the term, though all men are certainly Pashu, as compared with the Lord, yet as between themselves one may be Pashu (in the narrower sense above stated) and the other not. Some men are more Pashu than others. It is a mistake to suppose that the Pashu is necessarily a bad man. He may be and often is a good one. He is certainly better than a bad Vira who is really no Vira at all. He is, however, not, according to this Shastra, an enlightened man in the sense that the Vira or Divya is, and he is generally marked by various degrees of ignorance and material-mindedness. It is the mark of a bad Pashu to be given over to gross acts of sin. Between these two comes the Hero or Vira of whose temperament (Virabhava) so much is heard in the Shakta Shastras. In him there is prevalent the strongly active Rajas Guna. Rajas is always active either to incite Tamas or Sattva. In the former case the result is a Pashu, in the latter case either a Vira or Divya. Where Sattva approaches perfection of development there is the Divyabhava. Sattva is here firmly established in calm and in high degree. But, until such time, and whilst man who has largely liberated himself through knowledge of the influence of Tamas, is active to promote Sattva, he is a Vira. Being heroic, he is permitted to meet his enemy Tamas face to face, counter-attacking where the lower developed man flees away. It has been pointed out by Dr. Garbe (*Philosophy of Ancient India*, 481), as before him by Baur, that the analogous Gnostic classification of men as material, psychical, and spiritual also corresponds (as does this) to the three Gunas of the Samkhya Darshana.

Even in its limited Shakta sense, there are degrees of Pashu, one man being more so than another. The Pashas are the creations of Maya Shakti. The Devi therefore is pictured as

bearing them. But as She is in Her form as Maya and Avidya Shakti the cause of bondage, so as Vidya Shakti She breaks the bonds (Pashupasa-Vimocini) (see v. 78, *Lalita-sahasranama*), and is thus the Liberatrix of the Pashu from his bondage.

*Nitya Tantra* says that the Bhava of the Divya is the best, the Vira the next best, and Pashu the lowest. In fact, the state of the last is the starting point in Sadhana, that of the first the goal, and that of the Vira is the stage of one who having ceased to be a Pashu is on the way to the attainment of the goal. From being a Pashu, a man rises in this or some other birth to be a Vira and Divyabhava or Devata-bhava is awakened through Virabhava. The *Picchila Tantra* says (X, see also *Utpatti Tantra*, LXIV) that the difference between the Vira and the Divya lies in the Uddhatamanasa, that is, passionateness or activity by which the former is characterized, and which is due to the great effort of Rajas to procure for the Sadhaka a Sattvik state. Just as there are degrees in the Pashu state, so there are classes of Viras, some being higher than others.

The Divya Sadhaka also is of higher or lower kinds. The lowest is only a degree higher than the best type of Vira. The highest completely realize the Deva-nature wherein Sattva exists in a state of lasting stability. Amongst this class are the Tattvajñani and Yogi. The latter are emancipated from all ritual. The lower Divya class may apparently take part in the ritual of the Vira. The object and end of all Sadhana, whether of Pashu or Vira or Divya, is to develop Sattvaguna. The Tantras give descriptions of each of these three classes. The chief general distinction, which is constantly repeated, between the pure Pashu (for there are also Vibhavapashus) and the Vira, is that the former does not, and the latter does, follow the Pañcatattva ritual, in the

form prescribed for Viracara and described in the next Chapter. Other portions of the description are characteristics of the Tamasik character of the Pashu. So *Kubjika Tantra* (VII) after describing this class of man to be the lowest, points out various forms of their ignorance. So it says that he talks ill of other classes of believers. That is, he is sectarian-minded and decries other forms of worship than his own, a characteristic of the Pashu the world over. He distinguishes one Deva from another as if they were really different and not merely the plural manifestations of the One. So, the worshipper of Rama may abuse the worshipper of Krishna, and both decry the worship of Shiva or Devi. As the Veda says, the One is called by various names. Owing to his ignorance "he is always bathing," that is, he is always thinking about external and ceremonial purity. This, though good in its way, is nothing compared with internal purity of mind. He has ignorant or wrong ideas, or want of faith, concerning (Shakta) Tantra Shastra, Sacrifices, Guru, Images, and Mantra, the last of which he thinks to be mere letters only and not Devata (see *Pranatoshini*, 547, *et seq.*, *Picchila*, X). He follows the Vaidik rule relating to Maithuna on the fifth day when the wife is Ritusnata (*Ritu-kalam vina devi ramanam parivrajayet*). Some of the descriptions of the Pashu seem to refer to the lowest class. Generally, however, one may say that from the standpoint of a Viracari, all those who follow Vedacara, Vaishnavacara and Shaivacara are Pashus. The *Kubjika Tantra* (VII) gives a description of the Divya. Its eulogies would seem to imply that in all matters which it mentions, the Pashu is lacking. But this, as regards some matters, is Stuti (praise) only. Thus he has a strong faith in Veda, Shastra, Deva and Guru, and ever speaks the truth which, as also other good qualities, must be allowed to the Pashu. He avoids all cruelty and other bad action and regards alike both friend and foe. He avoids the company of the irreligious who decry the Devata. All Devas he regards as

beneficial, worshipping all without drawing distinctions. Thus, for instance, whilst an orthodox upcountry Hindu of the Pashu kind who is a worshipper of Rama cannot even bear to hear the name of Krishna, though both Rama and Krishna are each Avatara of the same Vishnu, the Divya would equally reverence both knowing each to be an aspect of the one Great Shakti, Mother of Devas and Men. This is one of the first qualities of the high Shakta worshipper. As a worshipper of Shakti he bows down at the feet of women regarding them as his Guru (*Strinam padatalam drishtva guruvad bhava pet sada*). He offers everything to the supreme Devi regarding the whole universe as pervaded by Stri (Shakti, not "woman") and as Devata. Shiva is (he knows) in all men. The whole universe (Brahmanda) is pervaded by Shiva Shakti.

The description cited also deals with his ritual, saying that he does daily ablutions, Sandhya, wears clean cloth, the Tripundra mark in ashes or red sandal, and ornaments of Rudraksha beads. He does Japa (recitation of Mantras external and mental) and worship (Arcana). He worships the Pitris and Devas and performs all the daily rites. He gives daily charity. He meditates upon his Guru daily, and does worship thrice daily and, as a Bhairava, worships Parameshvari with Divyabhava. He worships Devi at night

(Vaidik worship being by day), and after food (ordinary Vaidik worship being done before taking food). He makes obeisance to the Kaula Shakti (Kulastri) versed in Tantra and Mantra, whoever She be and whether youthful or old. He bows to the Kula-trees (Kulavriksha). He ever strives for the attainment and maintenance of Devatabhava and is himself of the nature of a Devata.

Portions of this description appear to refer to the ritual and not Avadhuta Divya, and to this extent applicable to the high Vira also. The *Mahanirvana* (I. 56) describes the Divya as all but a Deva, ever pure of heart, to whom all opposites are alike (Dvandvatita) such as pain and pleasure, heat and cold, who is free from attachment to worldly things, the same to all creatures and forgiving. The text I have published, therefore, says that there is no Divya-bhava in the Kaliyuga nor Pashubhava; for the Pashu (or his wife) must, with his own hand, collect leaves, flowers and fruit, and cook his food, which regulations and others are impossible or difficult in the Kali age. As a follower of Smriti, he should not "see the face of a Shudra at worship, or even think of woman" (referring to the Pañcatattva ritual). The Shyamarcana (cited in *Haratattvadidhiti*, 348) speaks to the same effect. On the other hand, there is authority for the proposition that in the Kaliyuga there is only Pashubhava. Thus, the *Pranatoshini* (510-517) cites a passage purporting to come from the *Mahanirvana* which is in direct opposition to the above:

*Divya-vira-mayo bhavah kalau nasti kadacana*

*Kevalampashu-bhavana mantra-siddhir bhaven nrinam.*

(In the Kali age there is no Divya or Virabhava. It is only by the Pashu-bhava that men may attain Mantra-siddhi.)

I have discussed this latter question in greater detail in the introduction to the sixth volume of the series of "Tantrik Texts".

Dealing with the former passage from the *Mahanirvana*, the Commentator explains it as meaning "that the conditions and characters of the Kaliyuga are not such as to be productive of Pashubhava, or to allow of its Acara (in the sense of the

strict Vaidik ritual). No one, he says, can now-a-days fully perform the Vedacara, Vaishnavacara, and Shaiva-cara rites without which the Vaidik and Pauranic Yajña and Mantra are fruitless. No one now goes through the Brahmacharya Ashrama or adopts, after the fiftieth year, Vanaprastha. Those whom the Vaidik rites do not control cannot expect the fruit of their observances. On the contrary, men have taken to drink, associate with the low and are fallen, as are also those who associate with them. There can, therefore, be no pure Pashu. (That is apparently whilst there may be a natural Pashu disposition the Vaidik rites appropriate to this bhava cannot be carried out.) Under these circumstances, the duties prescribed by the Vedas which are appropriate for the Pashu being incapable of performance, Shiva, for the liberation of men of the Kali age, has proclaimed the Agama. Now there is no other way."

We are, perhaps, therefore, correct in saying that it comes to this: In a bad age, such as the Kali, Divya men are (to say the least) very scarce, though common-sense and experience must, I suppose, allow for exceptions. Whilst the Pashu natural disposition exists, the Vaidik ritual which he should follow cannot be done. It is in fact largely obsolete. The Vaidik Pashu or man who followed the Vaidik rituals in their entirety is non-existent. He must follow the Agamic rituals which, as a fact, the bulk of men do. The Agama must now govern the Pashu, Vira and would-be Divya alike.

As I have frequently explained, there are various communities of the followers of Tantra of Agama according to the several divisions of the worshippers of the five Devatas (Pañcopasaka). Of the five classes, the most important are Vaishnava, Shaiva and Shakta. I do not, however, hesitate to repeat a statement of a fact of which those who speak of "The Tantra" ignore.

The main elements of Sadhana are common to all such communities following the Agamas; such as Puja (inner and outer), Pratima or other emblems (Linga, Shalagrama), Upacara, Sandhya, Yajña, Vrata, Tapas, Mandala, Yantra, Mantra, Japa, Purashcarana, Nyasa, Bhutasuddhi, Mudra, Dhyana, Samskara and so forth. Even the Vamacara ritual which some wrongly think to be peculiar to the Shaktas, is or was followed (I am told) by members of other Sampradayas including Jainas and Bauddhas. Both, in so far as they follow this ritual, are reckoned amongst Kaulas though, as being non-Vaidik, of a lower class.

A main point to be here remembered, and one which establishes both the historical and practical importance of the Agamas is this: That whilst some Vaidik rites still exist, the bulk of the ritual of to-day is Agamic, that is, what is popularly called Tantrik. The Puranas are replete with Tantrik rituals.

Notwithstanding a general community of ritual forms, there are some variances which are due to two causes: firstly, to difference in the Devata worship, and secondly, to difference of philosophical basis according as it is Advaita, Vishishtadvaita, or Dvaita. The presentment of fundamental ideas is sometimes in different terms. Thus the Vaishnava Pancaratra Agama describes the creative process in terms of the Vyuhās, and the Shaiva-Shakta Agamas explain it as the Abhasa of the thirty-six Tattvas. I here deal with only one form, namely, Shakta Sadhana in which the Ishtadevata is Shakti in Her many forms.

I will here shortly describe some of the ritual forms above-mentioned, premising that so cursory an account does not do justice to the beauty and profundity of many of them.

There are four different forms of worship corresponding to four different states and dispositions (Bhava) of the Sadhaka himself. The realization that the Supreme Spirit (Paramatma) and the individual spirit (Jivatma) are one, that everything is Brahman, and that nothing but the Brahman has lasting being is the highest state or Brahma-bhava. Constant meditation with Yoga-processes upon the Devata in the heart is the lower form (Dhyana-bhava). Lower still is that Bhava of which Japa (recitations of Mantra) and Hymns of praise (Stava) are the expression; and lowest of all is external worship (Bahyapuja).

Pujabhava is that which arises out of the dualistic notions of worshipper and worshipped, the servant and the Lord, a dualism which necessarily exists in greater or less, degree until Monistic experience (Advaita-bhava) is attained. He who realizes the Advaita-tattva knows that all is Brahman. For him there is neither worshipper nor worshipped, neither Yoga, nor Puja nor Dharana, Dhyana, Stava, Japa, Vrata or other ritual or process of Sadhana. For, he is Siddha in its fullest sense, that is, he has attained Siddhi which is the aim of Sadhana. As the *Mahanirvana* says, "for him who has faith in and knowledge of the root, of what use are the branches and leaves?" Brahmanism thus sagely resolves the Western dispute as to the necessity or advisability of ritual. It affirms it for those who have not attained the end of all ritual. It lessens and refines ritual as spiritual progress is made upwards; it dispenses with it altogether when there is no longer need for it. But, until a man is a real "Knower", some Sadhana is necessary if he would become one. The nature of Sadhana, again, differs according to the temperaments (Bhava) above described, and also with reference to the capacities and spiritual advancement of each in his own Bhava. What may be suitable for the unlettered peasant may not be so for those more intellectually and spiritually

advanced. It is, however, a fine general principle of Tantrik worship that capacity, and not social distinction such as caste, determines competency for any particular worship. This is not so as regards the Vaidik ritual proper. One might have supposed that credit would have been given to the Tantra Shastra for this. But credit is given for nothing. Those who dilate on Vaidik exclusiveness have nothing to say as regards the absence of it in the Agama. The Shudra is precluded from the performance of Vaidik rites, the reading of the Vedas, and the recital of Vaidik Mantras. His worship is practically limited to that of his Ishtadevata, the Vana-lingapuja with Tantrik and Pauranik mantra and such Vrata as consist in penance and charity. In other cases, the Vrata is performed through a Brahmana. The Tantra Shastra makes no caste distinction as regards worship, in the sense that though it may not challenge the exclusive right of the twice-born to Vaidik rites, it provides other and similar rites for the Shudra. Thus there is both a Vaidik and Tantrik Gayatri and Sandhya, and there are rites available for worshippers of all castes. All may read the Tantras which contain their form of worship, and carry them out and recite the Tantrik Mantras. All castes, even the lowest Candala may, if otherwise fit, receive the Tantrik initiation and be a member of a Cakra or circle of worship. In the Cakra all the members partake of food and drink together, and are then deemed to be greater than Brahmanas, though upon the break-up of the Cakra the ordinary caste and social relations are re-established. It is necessary to distinguish between social differences and competency (Adhikara) for worship. Adhikara, so fundamental a principle of Brahmanism, means that all are not equally entitled to the same teaching and ritual. They are entitled to that of which they are capable, irrespective (according to the Agama) of such social distinctions as caste. All are competent for Tantrik worship, for, in the words of the Gautamiya which is a *Vaishnava*

*Tantra* (Chap. I) the Tantra Shastra is for all castes and all women.

*Sarva-varnadhikarash ca narinam yog ya eva ca.*

Though according to Vaidik usage, the wife was co-operator (Sahadharmini) in the household rites, now-a-days, so far as I can gather, they are not accounted much in such matters, though it is said that the wife may, with the consent of her husband, fast, take vows, perform Homa, Vrata and the like. According to the Tantra Shastra, a woman may not only receive Mantra, but may, as Guru, initiate and give it (see *Rudrayamala* II, ii, and XV). She is worshipped both as wife of Guru and as Guru herself (see *ib.*, I. i. *Matrikabhedha Tantra* (c. vii), *Annadakalpa Tantra* cited in *Pranatosini*, p. 68, and as regards the former *Yogini Tantra* chap. i. *Gurupatni Maheshani gurur eva*). The Devi is Herself the Guru of all Shastras and woman, as indeed all females Her embodiments, are in a peculiar sense, Her representatives. For this reason all women are worshipful, and no harm should be ever done them, nor should any female animal be sacrificed.

Puja is the common term for ritual worship, of which there are numerous synonyms in the Sanskrit language such as Arcana, Vandana, Saparyya, Arhana, Namasya, Arca, Bhajana, though some of these stress certain aspects of it. Puja as also Vrata which are Kamyas, that is, done to gain a particular end, are preceded by the Sankalpa, that is, a statement of the resolve to worship, as also of the particular object (if any) with which it is done. It runs in the form, "I--of--Gotra and so forth identifying the individual) am about to perform this Puja (or Vrata) with the object -- ". Thereby the attention and will of the Sadhaka are focused and braced up for the matter in hand. Here, as elsewhere, the ritual which

follows is designed both by its complexity and variety (which prevents the tiring of the mind) to keep the attention always fixed, to prevent it from straying and to emphasize both attention and will by continued acts and mental workings.

The object of the worship is the Ishtadevata, that is, the particular form of the Deity whom the Sadhaka worships, such as Devi in the case of a Shakta, Shiva in the case of the Shaiva (in eight forms in the case of Ashtamurti-puja as to which see *Todala Tantra*, chap. V) and Vishnu as such or in His forms as Rama and Krishna in the case of the Vaishnava Sadhaka.

An object is used in the outer Puja (Bahyapuja) such as an image (Pratima), a picture and emblem such as a jar (Kalasa), Shalagrama (in the case of Vishnu worship), Linga and Yoni or Gauripatta (in the case of the worship) of Shiva (with Devi), or a geometrical design called Yantra. In the case of outer worship the first is the lowest form and the last the highest. It is not all who are capable of worshipping with a Yantra. It is obvious that simpler minds must be satisfied with images which delineate the form of the Devata completely and in material form. The advanced contemplate Devata in the lines and curves of a Yantra.

In external worship, the Sadhaka should first worship inwardly the mental image of the Devata which the outer objects assist to produce, and then by the life-giving (Prana-Pratishtha) ceremony he should infuse the image with life by the communication to it of the light, consciousness, and energy (Tejas) of the Brahman within him to the image without, from which there then bursts the luster of Her whose substance is Consciousness Itself (Caitanyamayi). In every place She exists as Shakti, whether in stone or metal as elsewhere, but in matter is veiled and seemingly inert.

Caitanya (Consciousness) is aroused by the worshipper through the Pranapratishta Mantra. An object exists for a Sadhaka only in so far as his mind perceives it. For and in him its essence as Consciousness is realized.

This is a fitting place to say a word on the subject of the alleged "Idolatry" of the Hindus. We are all aware that a similar charge has been made against Christians of the Catholic Church, and those who are conversant with this controversy will be better equipped both with knowledge and caution against the making of general and indiscriminate charges.

It may be well doubted whether the world contains an idolater in the sense in which that term is used by persons who speak of "the heathen worship of sticks and stones". According to the traveler A. B. Ellis ("The Tshi speaking peoples of the Gold Coast of West Africa"), even "negroes of the Gold Coast are always conscious that their offerings and worship are not paid to the inanimate object itself but to the indwelling God, and every native with whom I have conversed on the subject has laughed at the possibility of its being supposed that he would worship or offer sacrifice to some such object as a stone". Nevertheless a missionary or some traveler might tell him that he did. An absurd attitude on the part of the superior Western is that in which the latter not merely tells the colored races what they should believe, but what notwithstanding denial, they *in fact* believe and *ought* to hold according to the tenets of the latter's religion.

The charge of idolatry is kept up, notwithstanding the explanations given of their beliefs by those against whom it is made. In fact, the conviction that Eastern races are inferior is responsible for this. If we disregard such beliefs, then, anything may be idolatrous. Thus; to those who

disbelieve in the "Real Presence," the Catholic worshipper of the Host is an idolater worshipping the material substance, bread. But, to the worshipper who believes that it is the Body of the Lord under the form of bread, such worship can never be idolatrous. Similarly as regards the Hindu worship of images. They are not to be held to worship clay or stone because others disbelieve in the efficacy of the Prana-Pratishtha ceremony. When impartially considered, there is nothing necessarily superstitious or ignorant in this rite. Nor is this the case with the doctrine of the Real Presence which is interpreted in various ways. Whether either rite has the alleged effect attributed to it is another question. All matter is, according to Shakta doctrine, a manifestation of Shakti, that is, the Mother Herself in material guise. She is present in and as everything which exists. The ordinary man does not so view things. He sees merely gross unconscious matter. If, with such an outlook, he were fool enough to worship what was inferior to himself, he would be an idolater. But the very act of worship implies that the object is superior and conscious. To the truly enlightened Shakta everything is an object of worship, for all is a manifestation of God who is therein worshipped. But that way of looking at things must be attained. The untutored mind must be aided to see that this is so. This is effected by the Pranapratishta rite by which "life is established" in the image of gross matter. The Hindu then believes that the Pratima or image is a representation and the dwelling place of Deity. What difference, it may be asked, does this really make? How can a man's belief alter the objective fact? The answer is, it does not. God is not manifested by the image merely because the worshipper believes Him to be there. He is there in fact already. All that the Pranapratishta rite does is, to enliven the consciousness of the worshipper into a realization of His presence. And if He be both in fact, and to the belief of the worshipper, present, then the Image is a proper object of

worship. It is the subjective state of the worshipper's mind which determines whether an act is idolatrous or not. The Prana-Pratishtha rite is thus a mode by which the Sadhaka is given a true object of worship and is enabled to affirm a belief in the divine omnipresence with respect to that particular object of his devotion. The ordinary notion that it is mere matter is cast aside, and the divine notion that Divinity is manifested in all that is, is held and affirmed. "Why not then" (some missionary has said) "worship my boot?" There are contemptible people who do so in the European sense of that phrase. But, nevertheless, there is no reason, according to Shakta teaching, why even his boot should not be worshipped by one who regards it and all else as a manifestation of the One who is in every object which constitutes the Many. Thus this Monistic belief is affirmed in the worship by some Shaktas of that which to the gross and ordinary mind is merely an object of lust. To such minds, this is a revolting and obscene worship. To those for whom such object of worship is obscene, such worship is and must be obscene. But what of the mind which is so purified that it sees the Divine presence in that which, to the mass of men, is an incitement to and object of lust? A man who, without desire, can *truly* so worship must be a very high Sadhaka indeed. The *Shakta Tantra* affirms the Greek saying that to the pure all things are pure. In this belief and with, as the as the *Jñanarnava Tantra* says, the object of teaching men that this is so, we find the ritual use of substances ordinarily accounted impure. The real objection to the general adoption or even knowledge of such rites lies, from the Monistic standpoint, in the fact that the vast bulk of humanity are either of impure or weak mind, and that the worship of an object which is capable of exciting lust will produce it, not to mention the hypocrites who, under cover of such a worship, would seek to gratify their desires. In the Paradise Legend, just as amongst some primitive tribes, man

and woman go naked. It was and is after they have fallen that nakedness is observed by minds no longer innocent. Rightly, therefore, from their standpoint, the bulk of men condemn such worship. Because, whatever may be its theoretical justification under conditions which rarely occur, pragmatically and for the bulk of men they are full of danger. Those who go to meet temptation should remember the risk. I have read that it is recorded of Robert d'Arbrissel, the saintly founder of the community of Fonte d'Evrault that he was wont on occasions to sleep with his nuns, to mortify his flesh and as a mode of strengthening his will against its demands. He did not touch them, but his exceptional success in preserving his chastity would be no ground for the ordinary man undertaking so dangerous an experiment. In short, in order to be completely just, we must, in individual cases, consider intention and good faith. But, practically and for the mass, the counsel and duty to avoid the occasion of sin is, according to Shastrik principles themselves, enjoined. As a matter of fact, such worship has been confined to so limited a class that it would not have been necessary to deal with the subject were it not connected with Shakta worship, the matter in hand. To revert again to the "missionary's boot": whilst all things may be the object of worship, choice is naturally made of those objects which, by reason of their effect on the mind, are more fitted for it. An image or one of the usual emblems is more likely to raise in the mind of the worshipper the thought of a Devata than a boot, and therefore, even apart from scriptural authority, it would not be chosen. But, it has been again objected, if the Brahman is in and appears equally in all things, how do we find some affirming that one image is more worthy of worship than another. Similarly, in Catholic countries, we find worshippers who prefer certain churches, shrines, places of pilgrimage and representations of Christ, His Mother and the Saints. Such preferences are not statements of absolute worth but

of personal inclinations in the worshipper due to his belief in their special efficacy for him. Psychologically all this means that a particular mind finds that it works best in the direction desired by means of particular instruments. The image of Kali provokes in general only disgust in an European mind. But to the race-consciousness which has evolved that image of Deity, it is the cause and object of fervent devotion. In every case, those means must be sought and applied which will produce a practical and good result for the individual consciousness in question. It must be admitted, however, that image worship like everything else is capable of abuse; that is a wrong and (for want of a better term) an idolatrous tendency may manifest. This is due to ignorance. Thus the aunt of a Catholic schoolboy friend of mine had a statue of St. Anthony of Padua. If the saint did not answer her prayers, she used to give the image a beating, and then shut it up in a cupboard with its "face to the wall" by way of punishment. I could cite numbers of instances of this ignorant state of mind taken from the past and present history of Europe. It is quite erroneous to suppose that such absurdities are confined to India, Africa or other colored countries. Nevertheless, we must, in each case, distinguish between the true scriptural teaching and the acts and notions of which they are an abuse.

The materials used or things done in Puja are called Upacara. The common number of these is sixteen, but there are more and less (see *Principles of Tantra*, Part ii). The sixteen which include some of the lesser number and are included in the greater are: (1) Asana (seating of the image), (2) Svagata (welcoming of the Devata), (3) Padya (water for washing the feet), (4) Arghya (offerings which may be general or Samanya and special or Vishesha) made in the vessel, (5), (6) Acamana (water for sipping and cleansing the lips -- offered twice), (7) Madhuparka (honey,

ghee, milk and curd), (8) Snana (water for bathing), (9) Vasana (cloth for garment), (10) Abharana (jewels), (11) Gandha (Perfume), (12) Pushpa (flowers), (13) Dhupa (incense), (14) Dipa (lights), (15) Naivedya (food), and (16) Vandana or Namaskriya (prayer).

Why should such things be chosen? The Westerner who has heard of lights, flower and incense in Christian worship may yet ask the reason for the rest. The answer is simple. Honor is paid to the Devata in the way honor is paid to friends and those men who are worthy of veneration. So the Sadhaka gives that same honor to the Devata, a course that the least advanced mind can understand. When the guest arrives he is bidden to take a seat, he is welcomed and asked how he has journeyed. Water is given to him to wash his dusty feet and his mouth. Food and other things are given him, and so on. These are done in honor of men, and the Deity is honored in the same way.

Some particular articles vary with the Puja. Thus, Tulasi leaf is issued in the Vishnu-puja; bael leaf (Bilva) in the Shiva-puja, and to the Devi is offered the scarlet hibiscus (Jaba). The Mantras said and other ritual details may vary according to the Devata worshipped. The seat (Asana) of the worshipper is purified as also the Upacara. Salutation is made to the Shakti of support (Adhara-shakti) the Power sustaining all. Obstructive Spirits are driven away (Bhutapasarpna) and the ten quarters are fenced from their attack by striking the earth three times with the left foot, uttering the weapon-mantra (Astrabija) "Phat," and by snapping the fingers round the head. Other rituals also enter into the worship besides the offering of Upacara such as Pranayama or Breath control, Bhutasuddhi or purification of the elements of the body, Japa of Mantra, Nyasa (v. *post*), meditation (Dhyana) and obeisance (Pranama).

Besides the outer and material Puja, there is a higher inner (Antarpuja) and mental (Manasapuja). Here there is no offering of material things to an image or emblem, but the ingredients (Upacara) of worship are imagined only. Thus the Sadhaka, in lieu of material flowers offered with the hands, lays at the feet of the Devata the flower of good action. In the secret Rajasik Puja of the Vamacari, the Upacara are the five Tattvas (Pañcatattva), wine, meat and so forth described in the next Chapter. Just as flowers and incense and so forth are offered in the general public ritual, so in this special secret ritual, dealt with in the next Chapter, the functions of eating, drinking and sexual union are offered to the Devata.

A marked feature of the Tantra Shastras is the use of the Yantra in worship. This then takes the place of the image or emblem, when the Sadhaka has arrived at the stage when he is qualified to worship with Yantra. Yantra, in its most general sense, means simply instrument or that by which anything is accomplished. In worship, it is that by which the mind is fixed on its object. The Yantra, in lieu of the image or emblem holds the attention, and is both the object of worship, and the means by which it is carried out. It is said to be so called because it subdues (Niyantana) lust, anger and the other sufferings of Jiva, and the sufferings caused thereby. (*Tantra-tattva*. Sadharana Upasana-tattva.)

The Yantra is a diagram drawn or painted on paper, or other substances, engraved on metal, cut on crystal or stone. The magical treatises mention extraordinary Yantras drawn on leopard's and donkey's skin, human bones and so forth. The Yantras vary in design according to the Devata whose Yantra it is and in whose worship it is used. The difference between a Mandala (which is also a figure, marked generally on the ground) is that whilst a Mandala may be used in the case of

any Devata, a Yantra is appropriate to a specific Devata only. As different Mantras are different Devatas, and differing Mantras are used in the worship of each of the Devatas, so variously formed Yantras are peculiar to each Devata and are used in its worship. The Yantras are therefore of various designs, according to the object of worship. The cover of "Tantrik Texts" shows the great Sri Yantra. In the metal or stone Yantras no figures of Devatas are shown, though these together with the appropriate Mantras commonly appear in Yantras drawn or painted on paper, such as the Devata of worship, Avarana Shaktis and so forth. All Yantras have a common edging called Bhupura, a quadrangular figure with four "doors" which encloses and separates the Yantra from the outside world. A Yantra in my possession shows serpents crawling outside the Bhupura. The *Kaulavaliya Tantra* says that the distinction between Yantra and Devata is that between the body and the self. Mantra is Devata and Yantra is Mantra, in that it is the body of the Devata who is Mantra.

*Yantram mantra-ma yam proktam mantratma  
devataiva hi*

*Dehatmanor yatha bedo yantradevata yos tatha.*

As in the case of the image, certain preliminaries precede the worship of Yantra. The worshipper first meditates upon the Devata and then arouses Him or Her in himself. He then communicates the Divine Presence thus aroused to the Yantra. When the Devata has by the appropriate Mantra been invoked into the Yantra, the vital airs (Prana) of the Devata are infused therein by the Pranapratishtha ceremony, Mantra and Mudra (see for ritual *Mahanirvana*, VI. 63 *et seq.*). The Devata is thereby installed in the Yantra which is no longer mere gross matter veiling the Spirit which has

been always there, but instinct with its aroused presence which the Sadhaka first welcomes and then worships.

In Tantrik worship, the body as well as the mind has to do its part, the former being made to follow the latter. This is of course seen in all ritual, where there is bowing, genuflection and so forth. As all else, gesture is here much elaborated. Thus, certain postures (Asana) are assumed in worship and Yoga. There is obeisance (Pranama), sometimes with eight parts of the body (Ashtangapranama), and circumambulation (Pradakshina) of the image. In Nyasa the hands are made to touch various parts of the body and so forth. A notable instance of this practice are the Mudras which are largely used in the Tantrik ritual. Mudra in this sense is ritual manual gesture. The term Mudra has three meanings. In worship (Upasana,) it means these gestures. In Yoga it means postures in which not only the hands but the whole body takes part. And, in the secret worship with the Pañcatattva, Mudra means various kinds of parched cereals which are taken with the wine and other ingredients (Upacara) of that particular worship. The term Mudra is derived from the root "to please" (Mud). The Tantraraja says that in its Upasana form, Mudra is so called because it gives pleasure to the Devatas. These Mudras are very numerous. It has been said that there are 108 of which 55 are in common use (Shabdakalpadruma *Sub Voce*, Mudra and see *Nirvana Tantra*, Chap. XI). Possibly there are more. 108 is favorite number. The Mudra of Upasana is the outward bodily expression of inner resolve which it at the same time intensifies. We all know how in speaking we emphasize and illustrate our thought by gesture. So in welcoming (Avahana) the Devata, an appropriate gesture is made. When veiling anything, the hands assume that position (Avagunthana Mudra). Thus again in making offering (Arghya) a gesture is made which represents a fish (Matsya Mudra) by placing the

right hand on the back of the left and extending the two thumbs finlike on each side of the hands. This is done as the expression of the wish and intention that the vessel which contains water may be regarded as an ocean with fish and all other aquatic animals. The Sadhaka says to the Devata of his worship, "this is but a small offering of water in fact, but so far as my desire to honor you is concerned, regard it as if I were offering you an ocean." The Yoni in the form of an inverted triangle represents the Devi. By the Yoni Mudra the fingers form a triangle as a manifestation of the inner desire that the Devi should come and place Herself before the worshipper, for the Yoni is Her Pitha or Yantra. Some of the Mudra of Hathayoga which are in the nature both of a health-giving gymnastic and special positions required in Yoga-practice are described in A. Avalon's *The Serpent Power*. The *Gheranda Samhita*, a Tantrik Yoga work says (III. 4. 8. 10) that knowledge of the Yoga Mudras grants all Siddhi, and that their performance produces physical benefits, such as stability, firmness, and cure of disease.

Bhutasuddhi, an important Tantrik rite, means purification of the five "elements" of which the body is composed, and not "removal of evil demons," as Professor Monier-William's Dictionary has it. Though one of the meanings of Bhuta is Ghost or Spirit, it is never safe to give such literal translations without knowledge, or absurd mistakes are likely to be made. The *Mantramahodadhi* (Taranga I) speaks of it as a rite which is preliminary to the worship of a Deva.

*Devarca yog yata-praptyai bhuta-shuddhim samacaret.*

(For the attainment of competency to worship, the elements of which the body is composed, should be purified). The material human body is a compound of the five Bhutas of "earth," "water," "fire," "air", and "ether". These terms have

not their usual English meaning but denote the five forms in which Prakriti the Divine Power as *materia prima* manifests Herself. These have each a center of operation in the five Cakras or Padmas (Centers or Lotus) which exist in the spinal column of the human body (see A. Avalon's *Serpent Power* where this matter is fully described). In the lowest of these centers (Muladhara), the Great Devi kundalini, a form of the Saguna Brahman, resides. She is ordinarily sleeping there. In kundalini-yoga, She is aroused and brought up through the five centers, absorbing, as She passes through each, the Bhuta of that center, the subtle Tanmatra from which it derives and the connected organ of sense (Indriya). Having absorbed all these, She is led to the sixth or mind center (Ajña) between the eyebrows where the last Bhuta or ether is absorbed in mind, and the latter in the Subtle Prakriti. The last in the form of Kundali Shakti then unites with Shiva in the upper brain called the thousand-petalled lotus (Sahasrara). In Yoga this involution actually takes place with the result that ecstasy (Samadhi) is attained. But very few are successful Yogis. Therefore, Bhutasuddhi in the case of the ordinary worshipper is an imaginary process only. The Sadhaka imagines Kundali, that She is roused, that one element is absorbed into the other and so on, until all is absorbed in Brahman. The Yoga process will be found described in *The Serpent Power*, and Ch. V. 93 *et seq.* of the *Mahanirvana* gives an account of the ritual process. The Sadhaka having dissolved all in Brahman, a process which instills into his mind the unity of all, then thinks of the "black man of sin" in his body. The body is then purified. By breathing and Mantra it is first dried and then burnt with all its sinful inclinations. It is then mentally bathed with the nectar of the water-mantra from head to feet. The Sadhaka then thinks that in lieu of his old sinful body a new Deva body has come into being. He who with faith and sincerity believes that he is regenerated is in fact so. To each who

truly believes that his body is a Deva body it becomes a Deva body. The Deva body thus brought into being is strengthened by the Earth-mantra and divine gaze (Divyadrishti). Saying, with Bijas, the Mantra "He I am" (So'ham) the Sadhaka by Jiva-nyasa infuses his body with the life of the Devi, the Mother of all.

Nyasa is a very important and powerful Tantrik rite. The word comes from the root, "to place," and means the placing of the tips of the fingers and palm of the right hand on various parts of the body, accompanied by Mantra. There are four general divisions of Nyasa, *viz.*, inner (Antar), outer (Bahir), according to the creative (Srishti) and dissolving (Samhara) order (Krama). Nyasa is of many kinds such as Jiva-nyasa, Matrika or Lipi-nyasa, Rishi-nyasa, Shadamganyasa on the body (Hridayadi-shadamga-nyasa) and with the hands (Amgushthadi-shadamga-nyasa), Pitha-nyasa and so on. The *Kularnava* (IV. 20) mentions six kinds. Each of these might come under one or the other of the four general heads.

Before indicating the principle of this rite, let us briefly see what it is. After the Sadhaka has by Bhuta-shuddhi dissolved the sinful body and made a new Deva body, he, by Jiva-nyasa infuses into it the life of the Devi. Placing his hand on his heart he says, "He I am" thereby identifying himself with Shiva-Shakti. He then emphasizes it by going over the parts of the body in detail with the Mantra Am and the rest thus.' saying the Mantra and what he is doing, and touching the body on the particular part with his fingers, he recites: "Am (and the rest) the vital force (Prana) of the blessed Kalika (in this instance) are here. Am (and the rest) the life of the Blessed Kalika is here; Am (and the rest) all the senses of the Blessed Kalika are here; Am (and the rest) may the speech, mind, sight, hearing, sense of smell of the Blessed

Kalika coming here ever abide here in peace and happiness. Svaha". By this, the body is thought to become like that of Devata (Devatamaya). Matrika are the fifty letters of the Sanskrit alphabet, for as from a mother comes birth, so from the Brahman who, as the creator of "sound" is called "Shabdabrahman", the universe proceeds. The Mantra-bodies of the Devata are composed of the Matrika or letters. The Sadhaka first sets the letters mentally (Antar-matrikanyasa) in their several places in the six inner centers (Cakra), and then externally by physical action (Bahya-matrikanyasa). The letters of the alphabet form the different parts of the body of the Devata which is thus built up in the Sadhaka himself. He places his hand on different parts of his body, uttering distinctly at the same time the appropriate Matrika for that part. The mental disposition in the Cakra is that given in *Serpent Power* by A. Avalon, each letter being repeated thus, Om Ham Namah (obeisance), Om Ksham Namah and so on with the rest. The external disposition is as follows: The vowels are placed on the forehead, face, right and left eye, right and left ear, right and left nostril, right and left cheek, upper and lower lip, upper and lower teeth, head and hollow of the mouth. The consonants, 'Ka' to 'Va' are placed on the base of the right arm and the elbow, wrist base and tips of fingers, left arm, and right and left leg, right and left side, back navel, belly, heart, right and left shoulder, and space between the shoulders (Kakuda). Then, from the heart to the right palm, Sa; from the heart to the left palm, Sa (second); from the heart to the right foot, Sa; from the heart to the left foot, Ha; and lastly from the heart to the belly and the heart to the mouth, Ksha. This Matrikanyasa is of several kinds.

One form of Rishi-nyasa is as follows: "In the head, salutation to Brahma and the Brahmarishis; in the mouth, salutation to Gayatri and other forms of Verse; in the heart,

salutation to the primordial Devata Kali; in the hidden part (Guhya), salutation to the Bija Krim; in the two feet, salutation to Hrim; in all the body, salutation to Shrim and Kalika. In Shadamga-nyasa on the body, certain letters are placed with the salutation Namah, and with the Mantras Svaha, Vashat, Vaushat, Hrim, Phat on the heart, head, crown-lock (Shikha), eyes, the front and back of the palm. In Karanyasa, the Mantras are assigned to the thumbs, index fingers, middle fingers, fourth fingers, little fingers, and the front and back of the palm. From the above examples the meaning of Nyasa is seen. By associating the Divine with every part of the body and with the whole of it, the mind and body are sought to be made divine to the consciousness of the Sadhaka. They are that already, but the mind is made to so regard them. "What if it does?" the English reader may ask. How can the regarding a thing as divine make it so? In one sense it does not, for mind and body are as Shakti divine, whether this be known or not. But this must be known to the Sadhaka or they are not divine *for him*. His mind is trained to look upon them as divine manifestations of the One Supreme Essence which at base he and they are. According to Hindu views, primary importance is attached to mental states, for as the Divine Thought made the World, man makes his character therein by what he thinks. If he is always thinking of material things and has desires therefor, he becomes himself material and is given over to lust and other passions. If, on the contrary, he has always his mind on God, and associates everything with the thought of Him, his mind becomes pure and divine. As the Upanishad says, "What a man thinks that he becomes." Thought is everything, molding our bodily features, moral and intellectual character and disposition, leading to and appearing in our actions. Much superficial criticism is leveled at this or other ritual, its variety, complexity, its lengthy character and so forth. If it is performed mechanically and

without attention, doubtless it is mere waste of time. But if it is done with will, attention, faith and devotion, it must necessarily achieve the result intended. The reiteration of the same idea under varying forms brings home with emphasis to the consciousness of the Sadhaka the doctrine his Scripture teaches him, *viz.*, that his essence is Spirit and his mind and body are its manifestation. All is divine. All is Consciousness. The object of this and all the other ritual is to make that statement a real experience for the Sadhaka. For the attainment of that state in which the Sadhaka feels that the nature (Bhava) of the Devata has come upon him, Nyasa is a great auxiliary. It is as it were the wearing of Divine jewels in different parts of the body. The Bijas of the Devatas (which are Devatas) are the jewels which the Sadhaka places on the different parts of his body. By the particular Nyasa he places his Abhishtadevata in such parts, and by Vyapaka-Nyasa he spreads its presence throughout himself. He becomes thus permeated by the Divine and its manifestations, thus merging or mingling himself in or with the Divine Self or Lord. Nyasa, Asana and other ritual are necessary, for the production of the desired state of mind and its purification (Cittashuddhi). The whole aim and end of ritual is Citta-shuddhi. Transformation of thought is transformation of being, for particular existence is a projection of thought, and thought is a projection from the Consciousness which is the Root of all.

This is the essential principle and rational basis of this, as of all, Tantrik Sadhana. Nyasa also has certain physical effects, for these are dependent on the state of mind. The pure restful state of meditation is reflected in the body of the worshipper. The actions of Nyasa are said to stimulate the nerve centers and to effect the proper distribution of the Shaktis of the human frame according to their dispositions

and relations, preventing discord and distraction during worship, which itself holds steady the state thus induced.

In the Chapters on Mantramayi Shakti and Varnamala, as also in my *Garland of Letters*, I have dealt with the nature of Mantra and of its Sadhana. An account will also be found of the subject in the Mantratattva Chapter of the second part of *Principles of Tantra*. Mantra is Devata and by Sadhana therewith the sought-for (Sadhya) Devata is attained, that is, becomes present to the consciousness of the Sadhaka or Mantrin. Though the purpose of Worship (Puja), Reading (Patha), Hymn (Stava), Sacrifice (Homa), Meditation (Dhyana), and that of the Diksha-mantra obtained on initiation are the same, yet the latter is said to be far more powerful, and this for the reason that in the first, the Sadhaka's Sadhana-shakti only operates whilst in the case of Mantra that Sadhana-shakti works in conjunction with Mantra-shakti which has the revelation and force of fire, than which nothing is more powerful. The special Mantra which is received at initiation (Diksha) is the Bija or Seed-Mantra sown in the field of the Sadhaka's heart, and the Tantrik Sandhya, Nyasa, Puja, and the like are the stem and branches upon which hymns of praise (Stuti) and prayer and homage (Vandana) are the leaves and flower, and the Kavaca consisting of Mantra, the fruit. (See Chapter on Mantra-tattva, part ii, *Principles of Tantra*.)

The utterance of a Mantra without knowledge of its meaning or of the Mantra-sadhana is a mere movement of the lips and nothing more. The Mantra sleeps. This is not infrequently the case in the present degeneracy of Hindu religion. For example, a Brahman lady confided to me her Diksha-mantra and asked me for its meaning, as she understood that I had a Bija-kosha or Lexicon which gave the meaning of the letters. Her Guru had not told her of its

meaning, and inquiries elsewhere amongst Brahmanas were fruitless. She had been repeating the Mantra for years, and time had brought the wisdom that it could not do her much good to repeat what was without meaning to her. Japa is the utterance of Mantra as described later. Mantra-sadhana is elaborate. There are various processes preliminary to and involved in its right utterance which again consists of Mantra. There are the sacraments or purifications (Samskara) of the Mantra (*Tantrasara*, p. 90). There are "birth" and "death" defilements of a Mantra (*ib.*, 75, *et seq.*) which have to be cleansed. This and, of course, much else mean that the mind of the Mantrin has to be prepared and cleansed for the realization of the Devata. There are a number of defects (Dosha) which have to be avoided or cured. There is purification of the mouth which utters the Mantra (Mukha-shodhana) (see as to this and the following *Sharada Tilaka* (Chap. x), purification of the tongue (Jihva-shodhana) and of the Mantra (Ashauca-bhanga). Mantra processes called Kulluka, Nirvana, Setu (see *Sharada Tilaka, loc cit*, *Tantrasara*, and *Purashcaranabodhini*, p. 48) which vary with the Devata of worship, awakening of Mantra (Nidrabhanga) its vitalizing through consciousness (Mantracaitanya), pondering on the meaning of the Mantra and of the Matrikas constituting the body of the Devata (Mantrartha bhavana). There are Dipani, Yonimudra (see *Purohita-darpanam*) with meditation on the Yoni-rupa-bhagavati with the Yonibija (Eng) and so forth.

In ascertaining what Mantra may be given to any particular individual, certain Cakra calculations are made, according to which Mantras are divided into those which are friendly, serving, supporting or destroying (Siddha, Sadhya, Susiddha, Ari). All this ritual has as its object the establishment of that pure state of mind and feeling which are necessary for success (Mantra-siddhi). At length the Mantrin through his

Cit-shakti awakening and vitalizing the Mantra which in truth is one with his own consciousness (in that form) pierces through all its centers and contemplates the Spotless One (*Kubjika Tantra* V). The Shakti of the Mantra is called the Vacika Shakti or the means by which the Vacya Shakti or ultimate object is attained. The Mantra lives by the energy of the former. The Saguna-Shakti in the form of the Mantra is awakened by Sadhana and worshipped and She it is who opens the portals whereby the Vacya-Shakti is reached. Thus the Mother in the Saguna form is the Presiding Deity (Adhishthatri Devata) of the Gayatri Mantra. As the Nirguna (formless) One, She is its Vacya Shakti. Both are in truth one and the same. But the Sadhaka, by the laws of his nature and its three Gunas, must first meditate on the gross (Sthula) form before he can realize the subtle (Sukshma) form which is his liberator. So far from being merely superstition, the Mantra-sadhana is, in large part, based on profound notions of the nature of Consciousness and the psychology of its workings. The Sadhaka's mind and disposition are purified, the Devata is put before him in Mantra form and by his own power of devotion (Sadhana Shakti) and that latent in the Mantra itself (Mantra-shakti) and expressed in his mind on realization therein, such mind is first identified with the gross, and then with the subtle form which is his own transformed consciousness and its powers.

Japa is defined as *Vidhanena mantroccaranam*, that is (for default of other more suitable words), the utterance or recitation of Mantra according to certain rules. Japa may however be of a nature which is not defined by the word, recitation. It is of three kinds (*Jñanarnava Tantra*, XX) namely, Vacika Japa, Upamshu Japa, Manasa Japa. The first is the lowest and the last the highest form. Vacika is verbal Japa in which the Mantra is distinctly and audibly recited

(Spashta-vaca). Upamshu Japa is less gross and therefore superior to this. Here the Mantra is not uttered (Avyakta) but there is a movement of the lips and tongue (Sphuradvaktra) but no articulate sound is heard. In the highest form or mental utterance (Manasa-japa) there is neither articulate sound nor movement. Japa takes place in the mind only by meditation on the letters (Chintanakshararupavan). Certain conditions are prescribed as those under which Japa should be done, relating to physical cleanliness, the dressing of the hair, garments worn, the seated posture (Asana), the avoidance of certain states of mind and actions, and the nature of the recitation. Japa is done a specified number of times, in lakhs by great Sadhakas. If the mind is really centered and not distracted throughout these long and repeated exercises the result must be successful. Repetition is in all things the usual process by which a certain thing is fixed in the mind. It is not considered foolish for one who has to learn a lesson to repeat it himself over and over again until it is got by heart. The same principle applies to Sadhana. If the "Hail Mary" is said again and again in the Catholic rosary, and if the Mantra is similarly said in the Indian Japa, neither proceeding is foolish, provided that both be done with attention and devotion. The injunction against "vain repetition" was not against repetition but that of a vain character. Counting is done either with a Mala or rosary (Mala-japa) or with the thumb of the right hand upon the joints of the fingers of that hand according to a method varying according to the Mantra (Kara-japa).

Purashcarana is a form of Sadhana in which, with other ritual, Japa of Mantra, done a large number of times, forms the chief part. A short account of the rite is given in the *Purashcarana-bodhini* by Harakumara Tagore (1895). (See also *Tantrasara* 71 and the *Purashcaryarnava* of the King of Nepal.) The ritual deals with preparation for the Sadhana as

regards chastity, food, worship, measurements of the Mandapa or Pandal and of the altar, the time and place of performance and other matters. The Sadhaka must lead a chaste life (Brahmacarya) during the period prescribed. He must eat the pure food called Havishyannam or boiled milk (Kshtra), fruits, Indian vegetables, and avoid all other food which has the effect of stimulating the passions. He must bathe, do Japa of the Savitri Mantra, entertain Brahmanas and so forth. Pañcagavya is eaten, that is, the five products of the cow, namely, milk, curd, ghee, urine, and dung, the two last (except in the case of the rigorously pious) in smaller quantity. Before the Puja there is worship of Ganesha and Kshetrapala and the Sun, Moon, and Devas are invoked. Then follows the Samkalpa. The Ghata or Kalasa (jar) is placed in which the Devata is invoked. A Mandala or figure of a particular design is marked on the ground and on it the jar is placed. Then the five or nine gems are placed in the jar which is painted red and covered with leaves. The ritual then prescribes for the tying of the crown lock (Shikha), the posture (Asana) of the Sadhaka, Japa, Nyasa, and the Mantra ritual. There is meditation as directed, Mantra-chaitanya and Japa of the Mantra the number of times for which vow has been made.

The daily life of the religious Hindu was in former times replete with worship. I refer those who are interested in the matter to the little work, *The Daily Practices of the Hindus* by Srisha Candra Vasu, the Sandhyavandana of all Vedic Shakhas by B. V. Kameshvara Aiyar, the Kriyakandavaridhi and Purohita-darpanam. The positions and Mudras are illustrated in Mrs. S. C. Belons' *Sandhya or daily prayer of the Brahmin* published in 1831. It is not here possible to do more than indicate the general outlines of the rites followed.

As the Sadhaka awakes he makes salutation to the Guru of all and recites the appropriate Mantras and confessing his inherent frailty ("I know Dharma and yet would not do it. I know Adharma and yet would not renounce it,") -- the Hindu form of the common experience "Video meliora," he prays that he may do right and offers all the actions of the day to God. Upon touching the ground on leaving his bed he salutes the Earth, the manifestation of the All-Good. He then bathes to the accompaniment of Mantra and makes oblation to the Devas, Rishis or Seers and the Pitris who issued from Sandhya, Brahma the Pitamaha of humanity, and then does rite.

This is the Vaidik form which differs according to Veda and Shakha for the twice-born and there is a Tantriki Sandhya for others. It is performed thrice a day at morn, at noon, and evening. The Sandhya consists generally speaking, of Acamana (sipping of water), Marjjana-snana (sprinkling of the whole body), Pranayama (Breath-control), Aghamarshana (expulsion of sin), prayer to the Sun and then (the canon of the Sandhya) Japa of the Gayatri-mantra. Rishi-nyasa and Shadamga-nyasa (v. *ante*), and meditation of the Devi Gayatri, in the morning as Brahmani (Shakti of Creation), at midday as Vaisnavi (Shakti of maintenance), and in evening as Rudrani (Shakti which "destroys" in the sense of withdrawing creation). The Sandhya with the Aupasana fire-rite and Pañcayajña are the three main daily rites, the last being offerings to the Devas, to the Pitris, to animals and birds (after the Vaishvadeva rite), to men (as by entertainment of guests) and the study of Vaidik texts. By these five Yajñas, the worshipper daily places himself in right relations with all being, affirming such relation between Devas, Pitris, Spirits, men, the organic creation and himself.

The word "Yajña" comes from the root *Yaj* (to worship) and is commonly translated "sacrifice," though it includes other rituals than what an English reader might understand by that term. Thus, Manu speaks of four kinds of Yajña as Deva, Bhauta (where ingredients are used), Niryaja and Pitryajña. Sometimes the term is used in connection with any kind of ceremonial rite, and so one hears of Japa-yajña (recitation of Mantra), Dhyana-yajña (meditation) and so on. The Pañcatattva ritual with wine and the rest is accounted a Yajña. Yajñas are also classified according to the dispositions and intentions of the worshipper into Sattvika, Rajasika and Tamasika Yajña. A common form of Yajña is the Devayajña Homa rite in which offerings of ghee are made (in the Kunda or fire-pit) to the Deva of Fire who is the carrier of oblations to the Devas. Homa is an ancient Vaidik rite incorporated with others in the General Tantrik ritual. It is of several kinds, and is performed either daily, or on special occasions, such as the sacred thread ceremony, marriage and so forth. Besides the daily (Nitya) ceremonies such as Sandhya there are occasional rites (Naimittika) and the purificatory sacraments (Samskara) performed only once.

The ordinary ten Samskaras (see *Mahanirvana Tantra*, Ch. IX) are Vaidik rites done to aid and purify the individual in the important events of his life, namely, the Garbhadhana sanctifying conception prior to the actual placing of the seed in the womb, the Pumsavana and Simantonnayana or actual conception and during pregnancy. It has been suggested that the first Samskara is performed with reference to the impulse to development from the "fertilization of the ovum to the critical period: the second with reference to the same impulse from the last period to that of the viability stage of the fetus," and the third refers to the period in which there is viability to the full term (see Appendix on Samskaras. *Pranavavada*, I. 194). Then follows the Samskara on birth

(Jata-karma), the naming ceremony (Nama-karana), the taking of the child outdoors for the first time to see the sun (Nishkramana), the child's first eating of rice (Annaprasana), his tonsure (Cudakarana), and the investiture in the case of the twice-born with the sacred thread (Upanayana) when the child is reborn into spiritual life. This initiation must be distinguished from the Tantrik initiation (Mantra-diksha) when the Bija-mantra is given by the Guru. Lastly there is marriage (Udvaha). These Samskaras, which are all described in the ninth Chapter of the *Mahanirvana Tantra*, are performed at certain stages in the human body with a view to effect results beneficial to the human organism through the superphysical and subjective methods of ancient East science.

Vrata is a part of Naimittika -- occasional ritual or Karma. Commonly translated as vows, they are voluntary devotions performed at specified times in honor of particular Devatas (such as Krishna's birthday), or at any time (such as the Savitivrata). Each Vrata has its peculiarities, but there are certain features common to all, such as chastity, fasting, bathing, taking of pure food only and no flesh or fish. The great Vrata for a Shakta is the Durga-puja in honor of the Devi as Durga.

The fasting which is done in these or other cases is called Tapas, a term which includes all forms of ascetic austerity and zealous Sadhana such as the sitting between five fires (Pañcagni-tapah) and the like. Tapas has however a still wider meaning and is then of three kinds, namely, bodily (Shariraka), by speech (Vacika) and by mind (Manasa), a common division both of Indian and Buddhist Tantra. The first includes external worship, reverence, support of the Guru, Brahmanas and the wise (Prajña), bodily cleanliness, continence, simplicity of life and avoidance of hurt to any

being (Ahimsa). The second form includes truth, good, gentle and affectionate speech and study of the Vedas. The third or mental Tapas includes self-restraint, purity of disposition, tranquillity and silence. Each of these classes has three sub-divisions, for Tapas may be Sattvika, Rajasika, or Tamasika according as it is done with faith, and without regard to its fruit, or for its fruit; or is done through pride and to gain honor or respect or power; or lastly which is done ignorantly or with a view to injure and destroy others such as Abhicara or the Sadhana of the Tantrik Shatkarma (other than Shanti), that is, fascination or Vashikarana, paralyzing or Stambhana, creating enmity or Vidveshana, driving away or Uccatana, and killing or Marana when performed for a malevolent purpose. Karma ritual is called Kamyas when it is done to gain some particular end such as health, prosperity and the like. The highest worship is called Nishkama-karma, that is, it is done not to secure any material benefit but for worship's sake only. Though it is not part of ordinary ritual, this is the only place where I can conveniently mention a peculiar Sadhana, prevalent, so far as I am aware, mainly if not wholly amongst Tantrikas of a Shakta type which is called Nilasadhana or Black Sadhana. This is of very limited application being practiced by some Vira Sadhakas in the cremation ground. There are terrifying things in these rituals and therefore only the fearless practice them. The Vira trains himself to be indifferent and above all fear. A leading rite is that called Shava Sadhana which is done with the means of a human corpse. I have explained elsewhere (see *Serpent Power*) why a corpse is chosen. The corpse is laid with its face to the ground. The Sadhaka sits on the back of the body of the dead man on which he draws a Yantra and then worships. If the rite is successful it is said that the head of the corpse turns round and asks the Sadhaka what is the boon he craves, be it liberation or some material benefit. It is believed that the

Devi speaks through the mouth of the corpse which is thus the material medium by which She manifests Her presence. In another rite, the corpse is used as a seat (Shavasana). There are sittings also (Asana) on skulls (Mundasana) and the funeral pyre (Citasana). However repellent or suspect these rites may appear to be to a Western, it is nevertheless the fact that they have been and are practiced by genuine Sadhakas of fame such as in the past the famed Maharaja of Nattore and others. The interior cremation ground is within the body that being the place where the passions are burnt away in the fire of knowledge.

The Adya Shakti or Supreme Power of the Shaktas is, in the words of the Trishati, concisely described as Ekananda-cidakritih. Eka = Mukhya, Ananda = Sukham, Cit = Caitanyam or Prakasha = Jñanam; and Akritih = Svaruipa. She is thus Sacchidananda-brahmarupa,. Therefore, the worship of Her is direct worship of the Highest. This worship is based on Advaitavada. Therefore, for all Advaitins, its Sadhana is the highest. The Shakta Tantra is thus a Sadhana Shastra of Advaitavada. This will explain why it is dear to, and so highly considered by Advaitins. It is claimed to be the one and only stepping stone which leads directly to Kaivalya or Nirvanamukti; other forms of worship procuring for their followers (from the Saura to the Shaiva) various ascending forms of Gaunamukti. Others of course may claim this priority. Every sect considers itself to be the best and is in fact the best for those who, with intelligence, adopt it. Were it not so its members would presumably not belong to it but would choose some other. No true Shakta, however, will wrangle with others over this. He will be content with his faith of which the *Nigamakalpataru* says, that as among castes the Brahmanas are foremost, so amongst Sadhakas are the Shaktas. For, as *Niruttara Tantra* says, there is no Nirvana without knowledge of Shakti (*Shaktijñanam vina*

*devi nirvanam naiva jayate*). Amongst the Shaktas, the foremost are said to be the worshippers of the Kali Mantra. The Adimahavidya is Kalika. Other forms are Murttibheda of Brahmarupini Kalika. Kalikula is followed by Jñanis of Divya and Vira Bhavas; and Shrikula by Karmin Sadhakas. According to Niruttara, Kalikula includes Kali, Tara, Raktakali, Bhuvana, Mardini, Tripura, Tvarita, Pratyamgiravidya, Durga, and Shrikula includes Sundari, Bhairavi, Bala, Bagala, Kamala, Dhumavati, Matangi, Svapnavatividya, Madhumati Mahavidya. Of these forms Kalika is the highest or Adyamurti as being Shuddhasattvagunapradhana, Nirvikara, Nirgunabrahma-svarupaparakashika, and, as the *Kamadhenu Tantra* says, directly Kaivalyadayini. Tara is Sattvagunatmika, Tattvavidyadayini, for by Tattvajñana one attains Kaivalya. Shodashi, Bhuvaneshvari, Cinnamasta are Rajahpradhana Sattvagunatmika, the givers of Gaunamukti and Svarga. Dhumavati, Kamala, Bagala, Matangi are Tamahpradhana whose action is invoked in the magical Shatkarma.

The most essential point to remember as giving the key to all which follows is that Shaktadharm is Monism (Advaitavada). *Gandharva Tantra* says, "Having as enjoined saluted the Guru and thought 'So'ham,' the wise Sadhaka, the performer of the rite should meditate upon the unity of Jiva and Brahman."

*Gurun natva vidhanena so'ham iti purodhasah*

*Aikyam sambhavayet dhiman jivasya brahmano'pica.*

*Kali Tantra* says: "Having thus meditated, the Sadhaka should worship Devi with the notion, 'So'ham'."

*Evam dhyatva tato devim so'ham atmanam arcayet.*

*Kubjika Tantra* says: "A Sadhaka should meditate upon himself as one and the same with Her" (*Taya sahitamatmanam ekibhutam vicintayet*). The same teaching is to be found throughout the Shastra: *Nila Tantra* directing the Sadhaka to think of himself as one with Tarini; *Gandharva Tantra* telling him to meditate on the self as one with Tirupura not different from Paramatma; and Kalikulasarvasva as one with Kalika and so forth. For as the *Kularnava Tantra* says: "The body is the temple of God. Jiva is Sadashiva. Let him give up his ignorance as the offering which is thrown away (Nirmalya) and worship with the thought and feeling, 'I am He'."

*Deho devalayah proktah jivo devah Sadashivah*

*Tyajed ajñananirmalyam so'ham bhavena pujayet.*

This Advaitavada is naturally expressed in the ritual.

The Samhita and Brahmanas of the four Vedas are (as contrasted with the Upanishads) Traigunyahavishaya. There is therefore much in the Vaidik Karmakanda which is contrary to Brahmajñana. The same remarks apply to the ordinary Pashu ritual of the day. There are differences of touchable and untouchable, food, caste, and sex. How can a man directly qualify for Brahmajñana who even in worship is always harping on distinctions of caste and sex and the like? He who distinguishes does not know. Of such distinctions the higher Tantrik worship of the Shakta type knows nothing. As the *Yogini Tantra* says, the Shastra is for all castes and for women as well as men. Tantra Shastra is Upasana Kanda and in this Shakta Upasana the Karma and Jñana Kanda are mingled (Mishra). That is, Karma is the ritual expression of the teaching of Jñana Kanda and is calculated to lead to it. There is nothing in it which contradicts Brahmajñana. This

fact, therefore, renders it more conducive to the attainment of such spiritual experience. Such higher ritual serves to reveal Jñana in the mind of the Pashu. So it is rightly said that a Kula-jñani even if he be a Candala is better than a Brahmana. It is on these old Tantrik principles that the Indian religion of to-day can alone, if at all, maintain itself. They have no concern, however, with social life and what is called "social reform". For all secular purposes the Tantras recognize caste, but in spiritual matters spiritual qualifications alone prevail. There are many such sound and high principles in the Tantra Shastra for which it would receive credit, if it could only obtain a fair and unprejudiced consideration. But there are none so blind as those who will not see. And so we find that the "pure and high" ritual of the Veda is set in contrast with theca supposed "low and impure" notions of the Tantra. On the contrary, a Tantrik Pandit once said to me: "The Vaidik Karmakanda is as useful for ordinary men as is a washerman for dirty clothes. It helps to remove their impurities. But the Tantra Shastra is like a glorious tree which gives jeweled fruit."

Sadhana, as I have said, is defined as that which leads to Siddhi. Sadhana comes from the root "Sadh" -- to exert, to strive. For what? That depends on the Sadhana and its object. Sadhana is any means to any end and not necessarily religious worship, ritual and discipline. He who does Hatha-yoga, for physical health and strength, who accomplishes a magical Prayoga, who practices to gain an "eightfold memory" and so forth are each doing Sadhana to gain a particular result (Siddhi), namely, health and strength, a definite magical result, increased power of recollection and so forth. A Siddhi again is any power gained as the result of practice. Thus, the Siddhi of Vetala Agni Sadhana is control over the fire-element. But the Sadhana which is of most account and that of which I here speak, is religious worship

and discipline to attain true spiritual experience. What is thus sought and gained may be either Heaven (Svarga), secondary liberation (Gaunamukti) or full Nirvana. It is the latter which in the highest sense is Siddhi, and striving for that end is the chief and highest form of Sadhana. The latter term includes not merely ritual worship in the sense of adoration or prayer, but every form of spiritual discipline such as sacraments (Samskara), austerities (Tapas), the reading of Scripture (Svadhyaya), meditation (Dhyana) and so forth. Yoga is a still higher form of Sadhana; for the term Yoga means strictly not the result but the means whereby Siddhi in the form of Samadhi may be had. Ordinarily, however, Sadhana is used to express all spiritual disciplines based on the notion of worshipper and worshipped; referring thus to Upasana, not Yoga. The latter passes beyond these and all other dualisms to Monistic experience (Samadhi). The first leads up to the second by purifying the mind (Cittashuddhi), character and disposition (Bhava) so as to render it capable of Jñana or Laya Yoga; or becomes itself Parabhakti which, as the *Devibhagavata* says, is not different from Jñana. The great Siddhi is thus Moksha; and Moksha is Para-matma, that is, the Svarupa of Atma. But the Sadhaka is Jivatma, that is, Atma associated with Avidya of which Moksha or Paramatma is free. Avidya manifests as mind and body, the subtle and gross vehicles of Spirit. Man is thus therefore Spirit (Atmasvarupa), which is Saccidananda, Mind (Antahkarana) and body (Sthula-sharira). The two latter are forms of Shakti, that is, projections of the Creative Consciousness through and as its Maya. The essential operation of Maya and of the Kañcukas is to seemingly *contract* consciousness. As the *Yoginihridaya Tantra* says, the going forth (Prashara) of Consciousness (Samvit) is in fact a contraction (Sankoca as Matri, Mana, Meva or known, knowing, being known). Consciousness is thus finitized into a limited self which and other selves regard one another as

mutually exclusive. The Self becomes its own object as the many forms of the universe. It conceives itself as separate from them. Oblivious in separateness of its essential nature it regards all other persons and things as different from itself. It acts for the benefit of its limited self. It is in fact selfish in the primary sense of the term; and this selfishness is the root of all its desires, of all its sins. The more mere worldly desires are fostered, the greater is the bondage of man to the mental and material planes. Excessively selfish desires display themselves as the sins of lust, greed, anger, envy and so forth. These bind more firmly than regulated desire and moreover lead to Hell (Naraka). The most general and ultimate object of Sadhana is therefore to cast off from the Self this veil of Avidya and to attain that Perfect experience which is Atmasvarupa or Moksha. But to know Brahman is to *be* Brahman. *Brahma veda brahmaiva bhavati* as Shruti says. In essence man is Brahman. But owing to Avidya it is necessary to do something in order that this ever existent fact may be realized. That action (Kriya) is the work of Sadhana in its endeavor to clear away the veiling of Avidya which is ignorance. In the sense that Avidya is being removed man may be said by Sadhana to become Brahman: that is, he realizes himself as what he truly is and was. Sadhana, therefore, by the grace of Devi or "descent of Shakti" (Shaktipata) "converts" (to use an English term) the Sadhaka, that is, turns him away from separatist worldly enjoyment to seek his own true self as the pure Spiritual Experience. This transformation is the work and aim of Sadhana. But this experience is not to be had in its completest sense at once and at a bound. It is, as Patañjali says, very rare. Indeed those who truly desire it are very few. Brahman is mindless (Amanah); for mind is a fetter on true consciousness. This mindlessness (Niralambapuri) is sought through the means of Yoga. But no would-be Yogi can attain this state unless his mind is already pure, that is,

not only free from gross sin, but already possessing some freedom from the bondage of worldly desires, cultivated and trained, and desirous of liberation (Mumukshu). The aim, therefore, of preliminary Sadhana is to secure that purification of mind (Cittashuddhi) which is alone the basis on which Yoga works. The first object then is to restrain the natural appetites, to control the senses, and all that excessive selfishness beyond the bounds of Dharma which is sin (Papa). Dharma prescribes these bounds because unrestricted selfish enjoyment leads man downward from the path of his true evolution. Man is, as regards part of his nature, an animal, and has, according to the Shastra, passed through all animal forms in his 84 lakhs of previous births. But he has also a higher nature and if he conforms to the path laid out for him will progress by degrees to the state of that Spirit whose limited form he now is. If he strays from that path he falls back, and continued descent may bring him again to the state of apparently unconscious matter through many intervening Hells in this and other worlds. For this reason, the Shastra repeats that he is a "self-killer" who, having with difficulty attained to manhood, neglects the opportunities of further progress which they give him (*Kularnava Tantra* I). Therefore, he must avoid sin which leads to a fall. How can the impure realize the Pure? How can the mere seeker of sensual enjoyment desire formless liberating Bliss? How can he recognize his unity with all if he is bound in selfishness which is the root of all sin? How can he realize the Brahman who thinks himself to be the separate enjoyer of worldly objects and is bound by all sensualities? In various forms this is the teaching of all religions. It would be hardly necessary to elaborate what is so plain were it not apparently supposed that the Tantra Shastra is a strange exception to these universally recognized principles. "I thought," said a recent English correspondent of mine, "that the Tantra was a wholly bad lot

belonging to the left hand path." This is not so: common though the notion be. The Shastra teaches that the Sadhaka must slay his "Six Enemies" which are the six cardinal sins and all others allied with them. Whether all the *means* enjoined are good, expedient, and fitting for the purpose is a different matter. This is a distinction which none of its critics ever makes; but which accuracy and justice require they should make if they condemn the method. It is one thing to say that a particular method prescribed for a good end is bad, dangerous, or having regard to the present position of the generality of men, unadvisable; and a totally different thing to say that the *end* which is sought is itself bad. The Tantra, like all Shastras, seeks the Paramartha and nothing else. Whether all the forms of search are good (and against the bulk of them no moral objection can be raised) is another question. Let it be for argument supposed that one or other of the means prescribed is not good but evil. Is it accurate or just to condemn not only the particular Shastra in which they occur (as the discipline of a particular class of Sadhakas only), but also the whole of the Agamas of all classes of worshippers under the misleading designation "The Tantra"?

I am here speaking from the point of view of one who is not a Hindu. Those, however, who are Hindus must logically either deny that the Tantra Shastra is the Word of Shiva or accept all which that Word says. For if a Tantra prescribes what is wrong this vitiates the authority, in all matters, of the Tantra in which wrong is ordained. It may be that other matters dealt with should be accepted, but this is so not because of any authority in the particular Tantra, but because they have the countenance elsewhere of a true authoritative scripture. From this logical position no escape is possible.

Let us for the moment turn to the celebrated Hymn to Kali (of, as those who read it might call, the extremist, that is Vira Shakta worship) entitled the Karpuradi Stotra (*Tantrik Texts*, Vol. IX), which like most (probably all) of its kind has both a material (Sthula) and a subtle (Sukshma) meaning. In the 19th verse it is said that the Devi delights to receive in sacrifice flesh, with bones and hair, of goat, buffalo, cat, sheep, camel and of man. In its literal sense this passage may be taken as an instance of the man-sacrifice of which we find traces throughout the world (and in some of the Tantras) in past stages of man's evolution. Human sacrifices permitted by other Semites were forbidden by the Mosaic Code, although there is an obvious allusion to such a custom in the account of the contemplated sacrifice of Isaac by Abraham (Gen. xxii). The Israelites, however, offered bloody sacrifices the savor of which God (Yahweh) is represented as enjoying, they being necessary in His honor and to avert His wrath (Gen. viii. 21; Lev. i. 9. 13, 17; Judges vi. 17, xii. 15; Gen. viii. 20-21; 1 Sam xxvi. 19). Nothing is more common in all religions (and Christianity as by some understood provides many examples) than to materially understand spiritual truths. For such is the understanding of material of Sthuladarshin (grossly seeing) men. But, even in the past, those who were spiritual referred all sacrifice to the self; an inner sacrifice which all must make who would attain to that Spirit which we may call Kali, God, Allah, or what we will. But what is the Svarupa-vyakhya or true meaning of this apparently revolting verse? The meaning is that inner or mental worship (Antaryaga) is done to Her who is black (Asita) because She is the boundless (Sita = Baddha) Consciousness (Cidrupa) whose true nature is eternal liberation (Nityamukta-Svabhava). And just as in outer worship material offerings (Upacara) are made, so the Sadhaka sacrifices to Her his lust (the Goat-Kama), his anger (the Buffalo-Krodha), his greed (the Cat-Lobha), his stupidity

of illusion (the Sheep-Moha), his envy (the Camel-Matsaryya) and his pride and infatuation with worldly things (the Man-Mada). All will readily recognize in these animals and man the qualities (Guna) here attributed to them. It is to such as so sacrifice to whom is given Siddhi in the form of the five kinds of Mukti.

Competency for Tantra (Tantrashastradhikara) is described in the second Chapter of the *Gandharva Tantra* as follows: The aspirant must be intelligent (Daksha), with senses controlled (Jitendriya), abstaining from injury to all beings (Sarva himsa-vinirmukta), ever doing good to all (Sarvapranihite rata), pure (Shuci), a believer in Veda (Astika), a non-dualist (Dvaitahina), whose faith and refuge is in Brahman (Brahmanishtha, Brahnavadi, Brahma, Brahma-parayana). "Such an one," it adds, "is competent for this Scripture *otherwise he is no Sadhaka*" (*So'smin shastre'dhikari tad anyatra na sadhakah*). It will be allowed by all that these are strange qualifications for a follower of "a bad scripture of the left hand path." Those who are on such a path are not supposed to be seekers of the Brahman, nor solicitous for the good of all being. Rather the reverse. The *Kularnava Tantra* (which I may observe deals with the ill-famed Pañcatattva ritual) gives in the thirteenth Chapter a long list of qualifications necessary in the case of a Tantrik disciple (Shishya). Amongst these, it rejects the slave of food and sexual pleasure (Jihvopasthapara); the lustful (Kamuka), shameless (Nirlajja), the greedy and voracious eater, the sinner in general who does not follow Dharma and Acara, who is ignorant, who has no desire for spiritual knowledge, who is a hypocrite, with Brahman on his lips but not in his heart, and who is without devotion (Bhakti). Such qualifications are inconsistent with its alleged intention to encourage sensuality unless we assume that all such talk in all the Shastras throughout all time is mere hypocrisy.

It is not however sufficient for the Sadhaka to turn from sin and the occasions of it. It is necessary to present the mind with a pure object and to busy it in pure actions. This not only excludes other objects and actions but trains the mind in such a way towards goodness and illumination that it at length no longer desires wrongful enjoyment; or lawful Pashu enjoyment or even enjoyment infused with a spiritual Bhava, and thus finally attains desirelessness (Nishkama-bhava). The mind dominated *by* matter, then regulated *in* matter, consciously releases itself to first work *through* matter, then *against* matter; then rising *above* matter it, at length, enters the Supreme State in which all the antithesis of Matter and Spirit have gone.

What then are the means by which spiritual Siddhi is attained? Some are possibly common to all religions; some are certainly common to more than one religion, such as objective ritual worship (Bahyapuja), inner or mental worship (Manasa-Puja or Antarpuja) of the Ishtadevata, prayer (Prarthana), sacraments (Samskara), self-discipline for the control of the will and natural appetites (Tapas), meditation (Dhyana) and so forth. There is, for instance, as I have elsewhere pointed out, a remarkable similarity between the Tantrik ritual of the Agamas and Christian ritual in its Catholic form. It has been suggested that Catholicism is really a legacy of the ancient civilization, an adaptation of the old religions (allied in many respects with Shakta worship) of the Mediterranean races; deriving much of its strength from its non-Christian elements. I will not observe on this except to say that you do not dispose of the merits of any ritual by showing (if it be the fact) that it is extremely old and non-Christian. Christianity is one of the great religions, but even its adherents, unless ignorant, will not claim for it the monopoly of all that is good.

To deal in detail with Tantrik Sadhana would take more than a volume. I have shortly summarized some important rituals. I will now shortly indicate some of the general psychological principles on which it is based and which if understood, will give the key to an understanding of the extraordinary complexity and variety of the actual ritual details. I will also illustrate the application of these principles in some of the more common forms of worship.

It is recognized in the first place that mind and body mutually react upon one another. There must therefore be a physical Sadhana as the groundwork of the mental Sadhana to follow. India has for ages recognized what is now becoming generally admitted, namely, that not only health but clarity of mind, character, disposition, and morals are affected by the nourishment, exercise, and general treatment of the body. Thus, from the moral aspect, one of the arguments against the use of meat and strong drink is the encouragement they give to animal passions. Why then it may be asked do these form a part of some forms of Shakta Sadhana? I answer this later. It is however a Hindu trait to insist on purity of food and person. Tantrik Hathayoga deals in full with the question of bodily cleanliness, food, sexual continence, and physical exercise. But there are injunctions, though less strict, for the ordinary householder to whom wine and other intoxicating drinks and the eating of beef (thought by some to be a material foundation of the British Empire, but now recognized by several medical authorities to be the source of physical ills) and some other foods, as also all gluttony, as regards permitted food, are forbidden. Periodical fasts are enjoined; as also, during certain religious exercises, the eating of the pure food called Havishyannam made of fruit, vegetable and rice. The sexual life has also its regulations. In short, it is said, let the body be well treated and kept pure in order to

keep the mind sane and pure and a good and not rebellious instrument for mental Sadhana. In the Tantras will be found instances of several necessary bodily perfections in the Sadhaka. Thus he should not be deformed, with defective limbs, wanting in, or having excess of any limb, weak of limb, crippled, blind, deaf, dirty, diseased, with unnatural movements, paralyzed, slothful in action (*Kularnava*, XIII).

Let us now pass to the mind. For the understanding of Hindu ritual it is necessary to understand both Hindu philosophy and Hindu psychology. This point, so far as I am aware, has never been observed. Certainly Indian ritual has never been dealt with on this basis. It has generally been considered sufficient to class it as "Mummery" and then to pass on to something supposed to be more worthy of consideration. It is necessary to remember that (outside successful Yoga) the mind (at any rate in its normal state) is never for one moment unoccupied. At every moment of time worldly objects are seeking to influence it. Only those actually do so, to which the mind, in its faculty as Manas, gives attention. In one of the *Tantrik Texts* (Satacakanirupana), the Manas is aptly spoken of as a door-keeper who lets some enter and keeps others outside. For this reason it is called Samkalpavikalpatmaka: that is, it selects (Samkalpa) some things which the senses (Indriyas) present to it and rejects (Vikalpa) others. If the Manas attends to the sensation demanding entrance, it is admitted and passed on to the Buddhi and not otherwise. So the *Brihadaranyaka Upanishad* says, "My Manas was elsewhere and therefore I did not hear." This is a secret for the endurance of pain which not only the martyrs and the witches knew, but some others who have suffered lesser pains. When the sensation is passed on to the Buddhi, as also when the latter acts upon the material of remembered precepts, there is formed in the Buddhi a Vritti. The latter is a modification of the Mind into

the form of the perceived object. Unless a man is a Siddhayogi, it is not possible to avoid the formation of mental Vrittis. The object, therefore, of Sadhana is firstly to take the attention away from undesirable objects and then to place a desirable object in their stead. For the mind must feed on something. The object is the Ishtadevata. When a Sadhaka fully, sincerely and deeply contemplates and worships his Ishtadevata, his mind is formed into a Vritti in the form of the Devata. As the latter is all purity, the mind, which contemplates it, is during and to the depth of such contemplation pure. By prolonged and repeated worship the mind becomes naturally pure and of itself tends to reject all impure notions. What to others is a source of impurity is pure. To the pure, as the Hellenes said, all things are pure. Things are not impure. It is the impure mind which makes them so. He learns to see that everything and all acts are manifestations of the Divine. He who realizes Consciousness in all objects no longer has desire therefor. In this way a good disposition or Bhava, as it is called, is attained which ripens into that which is divine or Devatabhava. This is the principle on which all Sadhana, as well as what is called specifically Mantrayoga, is based. It is profoundly said in the *Kularnva Tantra* that a man must rise by means of the same things which are the cause of his fall. If you fall on the ground you must raise yourself by it. The mind is thus controlled by means of its own object (Vishaya); that is, the world of name and form (Namarupa). The unregulated mind is distracted by Namarupa. But the same Namarupa may be used as the first means of escape therefrom. A particular form of Namarupa productive of pure Bhava is therefore given as the object of meditation. This is called Sthula or Saguna Dhyana of the five Devatas. Material media are used as the first steps whereby the Formless One is, through Yoga, attained, such as Images (Pratima), emblems (Linga, Shalagrama), pictures (Citra), mural markings (Bhittirekha),

Jar (Ghata), Mandalas and Yantras. To these worship (Puja) is done with other rites such as Japa, Nyasa and so forth, and gestures (Mudra). Siddhi in this, is the Samadhi called Mahabhava.

The second principle to be noted is that the object or mind's content, as also the service (Seva) of it, may be either gross (Sthula) or subtle (Sukshma). This distinction pervades all the rituals and rightly so. Men are not all at the same degree of intellectual and spiritual advancement. For the simple-minded there are simple material and mental images. Progressively considered, the objects used to fix in the mind the thought of the Devata are images in human or semihuman form, similar pictures, non-human forms or emblems (such as Linga and Gauripatta, Shalagrama, the Jar or Ghata, Mandalas) and lastly Yantras. The image is not merely used for instruction (*ut pictura pro scriptura haberetur*), or to incite in the mind a mental picture, but after the Prana-Pratishtha rite is itself worshipped. So also amongst Christians, where however this rite is unknown, "eikones acheiropoietoi" (what are called in Sanskrit Svayambu emblems) and wonder-working images have been directly venerated. Superficial persons doubtless think themselves profound when they ask how the Devata can be invoked (Avahana). To them also the dismissal (Visarjana) savors of childish impudence and absurdity. How (I have read) can God be told to come and go P A Christian who sings the Hymn, "Veni creator Spiritus," is indeed ignorant if he fancies that at his request the Holy Ghost comes to him flying through the skies. As Shamkara says, Spirit (Atma) never comes and never goes. That which in fact moves is the mind of the Sadhaka in which, if pure, Spirit manifests Itself. That Spirit is in all places, and when the Sadhaka's mind fully realizes its presence in the Image, the latter as the manifestation of that Spirit is a fitting object of worship.

Some knowledge of Vedanta is needful for the understanding and performance of image worship. Yantra worship is however higher and is fitter for those who have reached a more advanced stage in Sadhana. The term, as I have said, literally means an instrument; that by which anything is accomplished. In Upasana it is that instrument by which the mind is fixed upon the Devata of worship. It is, as drawn, a diagram consisting of lines, angles and curves, varying with the Devata worshipped as also, to some extent, according as it is a Puja or Dharana Yantra, the whole being included in a common Bhupura. A Yantra is three-dimensional, though it is very generally represented by a drawing on the flat. The Yantra and each part of it as representing certain Shaktis, has a significance which is known to the instructed Sadhaka. On the great Sri Yantra with its Baidava and other Cakras there is an entire literature. It is neglected now-a-days. Those who have fully understood it are masters in *Tantra Shastras*. The subject is shortly dealt with in the Introduction to the *Tantraraja Tantra* (Vol. VIII, *Tantrik Texts*). Not only is the object of worship subtle or gross, but so also is the ritual with which it is worshipped. For the simple Indian, worship avails itself of the ordinary incidents of daily life understood by even the most ignorant. And so we see the tending of the idol, waking it, bathing it, giving it food, putting it to sleep and so forth. In ordinary worship there is the offer of flowers, light, incense and the like Upacara. In the subtle inner or mental worship (Antarpuja) these are but symbols. Thus the Jñāneshvara Samhita cited in the Mantrayogarahasyanirṇaya speaks of the offering of "flowers of feeling" (Bhavapushpa) to the Divinity -- namely, the virtue of selflessness (Anahamkara), desirelessness (Araga), guilelessness (Adambha), freedom from malice and envy (Avesha, Amatsaryya), and infatuation and delusion (Amada and Amoha) and control over the feelings and mind (Akshobhaka, Amanaka). He who can truly make such

offerings to Devi is a high Sadhaka indeed. The Shastra makes wonderful provision for all types. It recognizes that there must be a definite object to which the mind must turn; chooses that object with a view to the capacities of the Sadhaka; and similarly regulates the ensuing worship. Much ignorant talk takes place as to the supposed worship of the Formless. Worship implies an object of worship and every object has some form. But that form and the ritual vary to meet the needs of differing capacities and temperaments; commencing with the more or less anthropomorphic image (Doll or Puttali, as those who dislike such worship call it) with its material service reproducing the ways of daily life, passing through pictures, emblems, Yantras, and mental worship to adoration of the Point of Light (Jyotirbindu) in which at length, consciousness being merged, all worship ceases.

The Shaktirahasya summarizes the stages of progress in a short verse, thus: "By images, ceremonies, mind, identification, and knowing the Self, a mortal attains Liberation (Kaivalya)".

In the same way, meditation is either gross (Sthula) or subtle (Sukshma). The forms of the Mother of the Universe are threefold. There is first the Supreme (Para) form of which the *Vishnuyamala* says "None know". There is next Her subtle form which consists of Mantra. But as the mind cannot settle itself upon that which is formless, She appears also in physical form as celebrated in the Devi-stotras of the Puranas and Tantras.

The third principle to be noticed is the part which the body is made to take in the ritual. Necessarily there is action in any case to carry out the ritual, but this is so prescribed as to emphasize the mental operation (Manasikriya), and in

addition certain symbolic gestures (Mudra) are prescribed. The body is made to take its part in the ritual, the mental processes being thus emphasized and intensified. This is based on a well-known natural tendency. When we speak with conviction and intensity of feeling, we naturally adopt appropriate movements of the body and gestures of the hands. We thus speak with the whole body.

Take for example Nyasa which like Yantra is peculiar to the Tantras. The object of the Sadhaka is to identify himself with the Devata he contemplates and thus to attain Devatabhava for which it is, in its many forms, a most powerful means. Regarding the body of the Devata as composed of Bija Mantras, he not merely imagines that his own body is so composed but he actually places (Nyasa means placing) these Bijas with the tip of his fingers on the various parts of his own body. The Abhishta Devata is thus in imagination (expressed by outward acts) placed in each of the parts and members of the Sadhaka's body, and then with the motion of his arms he, by Vyapaka Nyasa, as it were, spreads the presence of the Devata all over his body. He thus feels himself permeated in every part by the presence of the Devata and identified with the Divine Self in that its form. How, it may be asked, can the Devata be spread as it were butter on bread? These are crude questionings and because critics of the ritual do not get beyond this crude state of mind, this ritual is not understood. Devata is not spread. God is everywhere and He is not to be placed by man's fingers anywhere. What is done is to produce in man's mind the notion that he is so spread. Again with certain ritual acts Mudra is made. This Mudra expresses by the hands the thought of the worshipper of which it is sometimes a kind of manual shorthand.

A further important point for consideration is that the mental Vritti is not only strengthened by the accompanying physical action, but by a prolonged repetition of either or both. There may be a literal repetition of either or both, of which a prominent example is Japa of Mantra with which I have dealt in the Chapters on Shakti as Mantra and on the Varnamala; or the object of contemplation may be severed into parts, as where meditation is done not simply on the Devata as a whole, but on each of the parts of His body and then on the whole; or a particular result, such as the dissolution of the Tattvas in Bhutasuddhi, may be analyzed into the component parts of a process commencing with the first movement and ending with the last. Repetition of a word and idea fixes it in the mind, and if the same essential thought can be presented in varied forms, the effect is more powerful and at the same time less calculated to tire. "Vain repetition" is itself in the mouths of many a vain criticism when not a platitude. If it is in fact vain, it is vain. But it need not be so. In the current gross way of looking at things it is asked, "Will the Deity yield (like a modern politician) to repeated clamor?" The answer is the Devata is not so affected. What is in fact affected is, the mind of the Sadhaka himself, which, being thus purified by insistent effort, becomes a fit medium for the manifestation of a divine consciousness (Devatabhava). In short fact Indian ritual cannot be understood unless the Vedantik *principles* of which they are a particular practical *application* are understood. Even when in devotion, complete understanding and feeling are not attained, the intention to gain both will achieve success by quickening worshipper's interest and strengthening the forces of the will.

A word now as to Symbolism, which exists in all religions in varying degrees. The Tantra Shastra is extraordinarily full of it in all its kinds -- form, color, language, number, action.

The subject is a highly interesting but very lengthy one. I can only make two remarks with regard to it here. Red is a favorite color in the *Shakta Tantras*. As pointed out in the *Bhavanopanisad* (Sutra 28) an Upanishad of the Kadimata and Bhaskararaya's commentary thereon, Redness denotes Raga and Vimarsha Shakti. (See Introduction to *Tantraraja Tantra* Vol. VIII, *Tantrik Texts*, and Vol. XI, *Tantrik Texts*.) There is a good deal of what is called erotic symbolism in some of the *Tantras*. This is apt to shock many English people, who are by no means all so moral in fact as some might think this sensitivity suggests. "The Hindus are very natural as regards sexual matters." An English clergyman remarks (E. F. Elwin *India and the Indians*, p. 70) "A leading Indian Christian said to me 'there is no reserve among us in the sense that you English people have it. There is nothing which our children do not know.'" It should be added, says this author, "that the knowledge of evil (why I may ask is it always evil?) does not as a matter of course produce evil". The mind of the ancients was a natural one and they called a spade a spade and not an horticultural instrument, and were not shocked thereby. For instance, coupled *Yab-Yum* figures were not thought impure. Another point has been observed upon by the Italian author Guido Gozzano, namely, that the European has lost the power of "worshipping through the flesh" which existed in antique pagan times. (Verso la cuna del Mondo). Fear of erotic symbols is rather indicative in the generality of cases of a tendency to weakness and want of self-control. The great Edward Carpenter speaks of the "impure hush" in these matters. A person whose mind is naturally bent towards sensual thoughts but who desires to control them has no doubt a fear, which one readily understands, of anything which may provoke such thoughts. But such a man is, in this respect, lower than him who looks upon natural things in a natural way without fear of injury to himself; and greatly lower than him to whom all is a

manifestation of the One Consciousness, and who realizes this in those things which are the cause of all to the imperfectly self-governed Pashu. Nothing is in itself impure. It is the mind which makes it so. It is however absolutely right that persons who feel that they have not sufficient self-control should, until they gain it, avoid what they think may do them injury. Apart from symbolism there are statements in some Shastras or so-called Shastras which are, in the ordinary modern sense, obscene. Some years ago a man wrote to me that he had come across in the Tantras "obscenities the very reading of which was demoralizing". The very fact that these portions of the Scripture had such an effect on him is a sufficient reason that he and others similarly situated should not read them. The *Tantra Shastra* recognizes this principle by certain injunctions into which I cannot enter here. The *Kularnava* expressly says that the Chapter on the Wine ritual is not to be read (*Na pathed asavollasam*); that is, by the unqualified.

Again it is not necessary to admit either that every Text which calls Itself a Tantra is a genuine one or if so that it was the product of a high class Sadhaka. What is authoritative is that which is generally admitted to be so. Even if the Scripture be one of general acceptance, there is another matter to be remembered. As pointed out in *Karpuradistotra* (*Hymn to Kali*, where instances are given), an apparently "obscene" statement may disguise something which is not so. Why it may be asked? An intending disciple may be questioned as to such passages. If he is a gross-minded or stupid man his answers will show it. Those who are not fit for the reception of the doctrine may be kept off on hearing or reading such statements which may be of such a character that anyone but a fool would know that they were not to be taken literally. It may be that the passages which my correspondent read were of this character.

As regards erotic symbolism, however, (for to this I now limit myself) it is not peculiar to the Tantras. It is as old as the hills and may be found in other Scriptures. It is a matter of embarrassment to the class I have mentioned that the Bible is not free from it. Milton, after referring to Solomon's wedded leisures says, "In the Song of Songs which is generally believed, even in the jolliest expressions, to figure the spousals of the Church with Christ, sings of a thousand raptures between those two lovely ones far on the hither side of carnal enjoyment." If we would picture the cosmic processes we must take the materials therefor from our own life. It is not always necessary to go to the erotic life. But man has generally done so for reasons I need not discuss here; and his selections must sometimes be admitted to be very apt. It has however been said that "throughout Shakta symbolism and pseudo-philosophizing, there lies at the basis of the whole system, the conception of sexual relationship as the ultimate explanation of the universe." Reading these words as they stand, they are nonsense. What is true is that some *Shakta Tantras* convey philosophic and scientific truths by the media of erotic imagery; which is another matter. But so also does *Upanishad*. The charge of pseudo-philosophy is ill-founded, unless the Advaita-vedanta is such. The *Shakta Tantra* simply presents the Vedantik teachings in a symbolical ritualistic form for the worshipper to whom it also prescribes the means whereby they may be realized in fact. Those who think otherwise have not mastered the alphabet of the subject.

I will conclude with a reply to a possible objection to what I have above written. It may be said that some of the rituals to which I have alluded are not merely the property of the Tantra Shastras and that they are not entitled to any credit for them. It is a fact that some (many have become extinct) Vaidik rituals such as the ten Samskaras, Sandhya, Homa

and so forth are imbedded in and have been adopted by the Agamas. These and other rituals are to be found also in the Puranas. In any case, the Agama is what it is whether its elements are original or derived. If the rites adopted are creditable then praise must be given for the adoption of that which is good. If they are not, blame equally attaches to the original as to the copy. What however the Agamas have adopted has been shaped so as to be suitable for all, that is, for others than those for whom the original rituals were intended. Further many of the rituals here described seem to have been introduced by and to be peculiar to the Agamas. Possibly some of these may have been developed from other forms or seeds of form in the *Vaidik ritual*. The whole subject of Indian ritual and its origins is still awaiting inquiry. Personally I am disposed to favor the view that the Agamas have made a contribution which is both original and considerable. To me also the contribution seems to have greater conformity with Vedantik doctrine, which is applied by the ritual in a psychological manner which is profound. On an "historical" view of the matter this seems necessarily to be so. For, according to that view, the early Vaidik ritual either antedated or was contemporaneous with the promulgation of the Vedantik doctrine to be found in the Upanishads, for the general acceptance of which considerable time was necessary. It could not therefore (if at all) embody that doctrine in the same way or to the same degree as a Ritual developed at a time when that doctrine had been widely disseminated, generally accepted and at least to a greater degree systematized. Ritual is only a practical expression of doctrine, and the Agamas, according to a generally accepted view, did not come into being earlier than a date later than the first and chief Upanishads, and perhaps at the close of what is generally called the Aupanishadic age. No "historical" argument, however, is yet entirely trustworthy, as the material upon which it is to be

based has not been sufficiently explored. For myself I am content to deal with present-day facts. According to the Indian view, all Shastras are various parts of one whole and that Part which as a present-day fact contains the bulk of the ritual, now or recently in practice, consists of the Tantras of the various schools of Agama. As an Indian author and follower of the Shaivagama has said -- the Temple ritual throughout India is governed by the Agamas. And this must be so, if it be the fact as alleged, that Temples, Images, and other matters were unknown to the original Vaidik Aryas. If the Agamas have adopted some of the ritual of the latter, those in their turn in course of time took to themselves the practices of those outside the body of men for whom the Vaidik Karma-kanda was originally designed. Vedanta in its various forms has now for centuries constituted the religious notions of India, and the Agamas in their differing schools are its practical expression in worship and ritual affording the means whereby Vedantik doctrine is realized.

## Chapter Twenty-seven

### The Pañcatattva (The Secret Ritual)

The notoriety of the Shakta Pañcatattva ritual with wine and women has thrown into the shade not only the practical topics with which I have dealt, but every other, including the valuable philosophical presentment of Vedanta contained in the *Shakta Tantra*. Notwithstanding, and indeed because, of the off-hand and (in certain respects) ignorant condemnation which this ritual has received, the interests of both scholarship and fairness (which by the way should be identical) require, that we should first ascertain the facts, think clearly and fearlessly, and then determine without prejudice. From both the Shastrik and historical point of view the subject is of such importance that it is not possible for me to here deal with it otherwise than in a very general way. It is necessary, however, in a paper on Upasana, to at least touch upon the matter because as against everything one says about the Tantras, there is raised the express or implied query "That may be all very well. But what about the infamous Pañcamakara?" Anything said in favor of the Shastra is thus discounted in advance.

We must first disentangle the general *principles* involved from their particular *application*. The principle may be sound and yet the application may not be so. We may, for instance, approve striving for Vedantik detachment (Audasinya), whilst at the same time we may reject the Aghora's application of it in eating human carrion. Next, let us see *what in fact is the ritual* application of these principles. Then let us judge the *intention* with which the ritual was prescribed. A principle may be good and the intention may be good, but its application may be intrinsically bad, or at least dangerous, and therefore inexpedient as leading to abuse. In life it is a mistake to altogether neglect the pragmatism aspect of any

theory. Logic and life do not always go hand in hand. Lastly, let us see whether the *application* is good or bad or inexpedient; or whether it is partially one or the other.

In the first place it is necessary to clear the air of some common misconceptions. It is commonly thought that all the practitioners of the Pañcatattva ritual with wine, woman, and so forth are immoral men, professing to follow a Scripture which does not accept the ordinary rules of morality as regards food, drink and woman which enjoin that men should curb their sensual desires. Rather is it thought that it teaches that men should yield to them and thus "enjoy" themselves. This view turns at least this portion of the *Shakta Tantra* into a scripture of libertinism, thinly veiling itself in pseudo-religious forms. Its followers are supposed to be in the condition of a sensual man who finds his wishes thwarted by the rules of morality of his fellows around him and who, asking himself how he can infringe those rules under color of some supposed authority, gives to the fulfillment of desire a "religious" sanction. In the words of an English writer, the bent towards religion of some sort is so strong in India that some of its people even "sin religiously". They are, on this view, hypocrites putting themselves to a deal of unnecessary trouble, for men can and do in India, as elsewhere, gratify their desires without religious rituals, and if wishful to establish a theory of enjoyment justifying their conduct, they can, as some have also done in India as elsewhere, advocate an "epicurean" materialism for that purpose. For the true sensualist who wishes to get at the object of his desire, these long Tantrik rituals would be obstructive and wearisome. Whatever may be thought of the ritual in question, these notions of it are wrong. The charge, however, if unrefuted, constitutes a blot on this country's civilization, which has been allowed to remain because some who know better are either afraid to acknowledge that they

follow these rites, or if they do not, that it may be supposed that they do so. This blot, in so far as it is not justified by actual fact, I propose in the present Chapter to remove.

The word Shastra or Scriptures comes from the root *Shas*, to control, because its object is to control the conduct of men otherwise prone to evil. Whether its *methods* be mistaken or not, the Shakta Scripture is a Shastra. Morality or Dharma is preached by all Shastras whether of East or West. That morality (Dharma) is in its essentials the same in all the great Scriptures. For what purpose is conduct controlled? The Indian answer is -- in order that man may make for himself a good Karma which spells happiness in this and the next world (Paraloka), and that then he may at length free himself of all Karma and attain Liberation (Moksha). Bad Karma leads to suffering here and in the Hells of the afterlife. This is taught in the Shakta, as in other Shastras, which seek to train the Sadhaka to attain Liberation. In a work of the present scope, I have not the space to cite authority in support of all these elementary propositions. There is, however, an abundance of Texts in support of them. Consult, for instance, the grand opening Chapter of the *Kularnava Tantra*, which points out the frailty of Man, the passing nature of this world and of all it gives to Man, and his duty to avail himself of that Manhood which is so difficult of attainment so that he does not fall but rises and advances to Liberation. I cite the *Kularnava* not merely because it is reputed to be a great Tantra and authority readily accessible, but because it teaches in full the practice of the rituals under consideration. But what is Liberation? It is the state of Brahman the Pure. How can the Pure be attained by counseling the practice of what the author of the Shastra thought to be impure. Every Tantra counsels the following of Dharma or morality. The same Tantra (above cited) in its Chapter dealing with the necessary qualifications of a

disciple points out that he must be of good character and in particular must not be lewd (Kamuka) and given over to drink, gluttony and woman. If he is so, he is not competent for this particular ritual and must be trained by other disciplines (Pashvacara).

I here and hereafter deal with these particular infractions of morality because they alone in this matter concern us in our attempt to understand a ritual which is supposed to be an instance of the commission of these very sins.

The *Mahanirvana Tantra*, which is of special interest because it is an attempt to provide a general code including law (in its European sense) for the followers of its cult, makes provision, amongst other matters, for general decency and so forth, for the state-punishment (unknown to English legislation) of men who go with prostitutes (XI. 43) as also with unmarried girls (*ib.*, 29-34), with women of prohibited degree (*ib.*), with the wives of others (*ib.*, 35-41), or who merely look with an eye of lust upon them (*ib.*, 47), stating (*ib.*, 46) "A man should consider as wife only that woman who has been married to him according to Brahma (the common) or Shaiva form. All other women are the wives of others." It deplores (I-37) the evil customs of the present age (Kaliyuga) with its irreligion, lust, adultery, gluttony and addiction to strong drinks. How strangely hypocritical are these laments in a Shastra which is supposed to consciously promote the very tendencies it deplores. It has been said that the *Mahanirvana* is a worthy exception in an unworthy class. It is true that this Tantra evidences what may be called a reforming tendency on account of abuses which had occurred and thus puts restrictions on the ordinary householder as regards particular portions of the ritual, a fact which made a Pandit, of whom I was told, say that in comparison with the *Mahanila Tantra* it was "a woman's

Shastra". Nevertheless on the general matters here dealt with it is not an exception. Possibly those who so speak had only read the *Mahanirvana* which is the first Tantra to be translated in English. Certainly nothing that they say indicates any real acquaintance with any other. There are in fact other fine and more philosophical Tantras, and all the great authoritative Scriptures are at one, so far as I am aware, on the general question of morality and the search for Liberation with which I here deal. How, as I have said, could it, on commonly accepted principles, be otherwise? Whether the Sadhana they teach is good and effective for the end sought is another matter, and still more so is the question whether it has been productive in fact of abuse.

What then are the general Indian rules touching drinking, eating, and sexual intercourse? In ancient Vaidik times intoxicating liquor was taken in the form of Soma. Such drink was found, however, in the course of time to be productive of great evils, and was thrice cursed by Brahma, Shukracarya and Krishna. It was then prohibited with the result that India has been the most temperate among the great peoples of the world, Manu having declared that though the drinking of wine was a natural tendency, abstention therefrom was productive of great fruit, The *Ushanah Samhita* says: "Wine should not be drunk, given or taken" (*Madyam apeyam adeyam agrahyam*). The drinking of wine is one of the great sins (Mahapataka) involving expiation (Prayashcitta), and otherwise leading the sinner to that great Hell in which the slayer of a Brahmana is confined (*Vishnu Purana*, II. c. vi). In ancient Vaidik times, meat was eaten by the fair-colored auburn-haired Aryans, including even beef, as is done by their fellow-Aryans of the West. But in process of time the slaughter of cattle for food was absolutely prohibited and certain meats such as that of the domesticated fowl and pig were held to be impure. As

regards the eating of flesh and fish to-day, I believe the higher castes (outside Bengal) who submit to the orthodox Smarta discipline take neither. Nor do high and strict Brahmanas in that province. But the bulk of the people there, both men and women, eat fish, and men consume the flesh of male goats previously offered to the Deity. Grain of all kinds is a common diet. I speak, of course, of orthodox Hindus. Some who have adopted Western civilization have taken over with it the eating of beef, the whisky peg and champagne, the curses of Brahma, Shukra, Krishna, and the Hell of their Shastras being nothing to them.

As regards Durga Devi the absurd statement has been made (*Empire of India* by Sir Bampfylde Fuller, 161) that "to extremists among Her votaries any sexual restraint is a denial of Her authority." Yet it is common ground to all Shastras that sexual intercourse (Maithuna) by a man with a woman who is not lawful to him is a sin. The Vaidik Dharma is strict on this point. It forbids not merely actual Maithuna but what is called Ashtanga (eightfold) Maithuna, namely, Smaranam (thinking upon it), Kirttanam (talking of it), Keli (play with women), Prekshanam (making eyes at women), Guhyabhashanam (talk in private with women), Samkalpa (wish or resolve for sexual union), Adhyavasaya (determination towards it), Kriyanishpatti (actual accomplishment of the sexual act). In short, the Pashu or follower of the ordinary ritual (and except for ritual purposes those who are not Pashu) should, in the words of the Shaktakramiya (cited by Mahamahopadhyaya Krishnanatha Nyayapañcanana Bhattacharya in his Commentary to v. 15 of the Karpuradistotra, *Hymn to Kali*), avoid Maithuna, conversation on the subject and assemblies of women.

*Maithunam tatkathalapam tadgoshtim parivarjayet*

Even in marriage certain rules are to be observed such as that which prescribes intercourse on the fifth day after the termination of the period (*Ritukalam vina devi ramanam parivarjayet*) which is said by the *Nitya Tantra* to be a characteristic of the Pashu. Polygamy is permissible to all Hindus.

The Divinity in woman, which the *Shakta Tantra* in particular proclaims, is also recognized in the ordinary Vaidik teaching. The wife is a House-Goddess (Grihadevata) united to her husband by the sacrament (Samskara) of marriage and is not to be regarded merely as an object of enjoyment. Further, Vaidik Dharma (now neglected) prescribes that the householder should ever worship with his wife as necessary partner therein, *Sastriko dharmamacaret* (see also *Matsyasukta Tantra*, XXXI). According to the sublime notions of Shruti the union of man and wife is a veritable sacrificial rite -- a sacrifice in fire (Homa) wherein she is both hearth (Kunda) and flame -- and he who knows this as Homa attains Liberation (see Mantra 13 of Homaprakarana of *Brihadaranyaka Upanishad* and Edward Carpenter's remarks on what is called the "obscenity" of this Upanishad). Similarly, the Tantrik Mantra for Maithuna runs (see *Pranatoshini* and *Tantrasara* 698), "Om, Into the Fire which is Spirit (Atma) brightened by (the pouring thereon) of the ghee of merit and demerit, I by the path of Sushumna (the central 'nerve') ever sacrifice (do Homa of) the functions of the senses using the mind as the ladle. Svaha." (In the Homa rite the performer pours ghee into the fire which causes it to shoot up and flame. The ghee is poured in with a ladle. This being internal Homa the mind is the ladle which makes the offering of ghee).

*Om*

*Dharmadharmahavirdipte atmagnau manasa sruca*

*Sushumnavartmana nityam akshavrittir juhomyaham:*

*Svaha.*

Here sexual union takes on the grandeur of a great rite (Yajña) compared with which the ordinary mere animal copulation to ease desire, whether done grossly, shamefacedly, or with flippant gallantry is base. It is because this high conception of the function is not known that a "grossness" is charged against the association of sexual function with religion which does not belong to it. Grossness is properly attributable to those who mate like dumb animals, or coarsely and vulgarly, not to such as realize in this function the cosmic activity of the active Brahman or Shiva-Shakti with which they then, as always, unify themselves.

It has been already explained that Sadhakas have been divided into three classes -- Pashu, Vira and Divya, and for each the Shastra prescribes a suitable Sadhana, Tamasik, Rajasik and Sattvik accordingly. As later stated, the Pañcatattva ritual in its full literal sense is not for the Pashu, and (judging upon principle) the Divya, unless of the lower ritual order, should be beyond it. In its fullest and literal sense it is for the Vira and is therefore called Rajasik Sadhana or Upasana. It is to be noted however that Pashu, Vira and Divya are the three primary classes (Mukhyasadhaka). Besides these there are secondary divisions (Gaunasadhaka). Thus in addition to the primary or Svabhava Pashu there is the Vibhava Pashu who is a step towards Viracara. Viras again have been said to be of three

kinds, Svabhava Vira, Vibhava Vira, and Mantrasiddha Vira. It is to this Rajasik Puja that the Hymn to Cinnamasta from the Devirahasyakhanda of the Rudrayamala refers when the Vira therein says,

*Alipishitapurandhri-bhogapujaparo'ham*

*Bahavidhakulamargarambha-sambhavito'ham*

*Pashujanavimukho'ham Bhairavim ashrito'ham*

*Gurucaranarato'ham Bhairavo'ham Shivo'ham.*

("I follow the worship wherein there is enjoyment of wine, flesh and wife as also other different forms of Kula worship. In Bhairavi (the Goddess) I seek my refuge. To the feet of Guru I am devoted. Bhairava am I. Shiva am I.")

To the ordinary English reader the association of eating, drinking and sexual union with worship will probably be incongruous, if not downright repulsive. "Surely," he might say, "such things are far apart from prayer to God. We go and do them, it is true, because they are a necessity of our animal nature, but prayer or worship have nothing to do with such coarseness. We may pray before or after (as in Grace) on taking food, but the physical acts between are not prayer. Such notions are based partly on that dualism which keeps separate and apart God and His creature, and partly on certain false and depreciatory notions concerning matter and material functions. According to Indian Monism such worship is not only understandable but (I am not speaking of any particular form of it) the only religious attitude consistent with its principles. Man is, in his essence or spirit, divine and one with the universal Spirit. His mind and body and all their functions are divine, for they are not merely a manifestation of the Power (Shakti) of God but that Power itself. To say

that matter is in itself low or evil is to calumniate that Power. Nothing in natural function is low or impure to the mind which recognizes it as Shakti and the working of Shakti. It is the ignorant and, in a true sense, vulgar mind which regards any natural function as low or coarse. The action in this case is seen in the light of the inner vulgarity of mind. It has been suggested that in its proper application the Maithuna Karma is only an application to sexual function of the principles of Yoga (Masson-Oursel *Historie de la Philosophie Indienne*, pp. 231-233). Once the reality of the world as grounded in the Absolute is established, the body seems to be less an obstacle to freedom, for it is a form of that self-same Absolute. The creative function being natural is not in itself culpable. There is no real antinomy between Spirit and Nature which is an instrument for the realization of the Spirit. The method borrows, it is said (*ib.*), that of Yoga not to frustrate, but to regulate enjoyment. Conversely enjoyment produces Yoga by the union of body and spirit. In the psychophysiological rites of these Shaktas, enjoyment is not an obstacle to Yoga but may also be a means to it. This, he says, is an important conception which recalls the discovery of the Mahayana that Samsara and Nirvana are one. For here are made one, Yoga which liberates and Bhoga which enchains (*ib.*). It will then be readily understood that according to this doctrine only those are competent for this Yoga who are truly free, or on the way to freedom, of all dualism.

External worship demands certain acts and instruments, such as bodily attitude, speech, and materials with which the rite is done, such as flowers, incense, lights, water and other offerings. These materials and instruments are called Upacara. Ordinarily there are sixteen of these, but they may be more or less. There is nothing absolute in either the quality, quantity or nature of the offerings. Ordinarily such

things are offered as might be given to guests or friends or others whom the worshipper loves, such as seat (Asana), welcome (Svagata), water to wash the feet (Padya), food (Naivedya), cloths (Vasana), jewels (Abharana), with other things such as lights, incense and flowers. In inner or mental worship (Manasapuja) these are not things material, but of the mind of the worshipper. Pleasing things are selected as offering to the Devata because the worshipper wishing to please Devata offers what he thinks to be pleasant and would be glad himself to receive. But a man who recognized the divinity (and therefore value) of all things might offer any. With such a disposition a piece of mud or a stone would be as good an offering as any other. There are some things the ordinary man looks upon as "unclean" and, as long as he does so, to offer such a thing would be an offense. But, if to his "equal eye" these things are not so, they might be given. Thus the Vira-sadhana of the *Shakta Tantra* makes ritual use of what will appear to most to be impure and repulsive substances. This (as the *Jñanarnava Tantra* says) is done to accustom the worshipper not to see impurity in them but to regard them as all else, as manifestation of Divinity. He is taught that there is nothing impure in itself in natural functions though they be made, by misuse or abuse, the instruments of impurity. Here again impurity consists not in the act *per se* but in the way and in the intention with which it is done. To a Vira all things, acts, and functions, done with right intention, may be instruments of worship. For, a Vira is one who seeks to overcome Tamas by Sattva. Therefore, the natural functions of eating, drinking and sexual union may be used as Upacara of worship. This does not mean that a man may do what he likes as regards these things and pass them off as worship. They must be rightly done, otherwise, a man would be offering his sin to Devata. The *principle* of all this is entirely sound. The only question which exists is as regards the *application* to which the ritual in question puts it.

Worship and prayer are not merely the going aside at a particular time or place to utter set formulae or to perform particular ritual acts. The whole of life, in all its rightful particulars, without any single exception, may be an act of worship if man but makes it so. Who can rightly deny this? Of course, as long as a man regards any function as impure or a matter of shame, his mental disposition is such that he cannot worship therewith. To do so would distract and perturb him. But both to the natural-minded and illuminated man this is possible. The principle here dealt with is not entirely peculiar to this school. Those Hindus who are not Monists, (and whatever be their philosophical theories, no worshippers in practice are so, for worship connotes the dualism of worshipped (Upasya) and worshipper (Upasaka), of the means or instrument (Sadhana) and that to be attained thereby (Sadhya)), yet make offering of their acts to Devata. By thus offering all their daily speech, each word they say becomes, in the words of Shastra, Mantra. Nor, if we examine it, is the principle alien to Christianity, for the Christian may, in opening his day, offer all his acts therein to God. What he thereafter does, is worship. The difference in these cases and that of the Vira principle lies (at any rate in practice) in this, that the latter is more thorough in its application, no act or function being excluded, and in worship, the Shakta being a Monist is taught to regard the offering not as given to someone other than his own essential Self, but to That. He is thus, according to the theory of this practice, led to divinise his functions, and by their constant association with the thought of Brahman his mind is, it is said, purified and led away from all carnal desires. If these functions are set apart as something common or impure, victory is not easily won. There is still some part of his life into which Brahman does not enter and which remains the source of distraction. By associating them with religion, it is the religious feeling which works first

*through* and then *supersedes* them. He thus gradually attains Divyabhava and the state of the Devata he has worshipped. For it is common Indian principle that the end of worship is to assimilate oneself to its object or Devata. Thus it is said in the *Agni Purana* that, by worship of Rudra one becomes Rudra, by worship of Vishnu one becomes Vishnu, and by worship of Shakti one becomes Shakti. This is so because the mind mentally transforms itself into the likeness of that on which it is set. By thinking always, on the other hand, on sensual objects one becomes sensual. Even before worship, one should strive to attain the true attitude of worship, and so the *Gandharva Tantra* says, "He who is not Deva (Adeva) should not worship Deva. The Deva alone should worship Deva." The Vira or strictly the Sadhaka qualified to enter Viracara -- since the true Vira is its finished product -- commences Sadhana with this Rajasik Upasana with the Pañcatattva as Upacara which are employed for the transformation of the sensual tendencies they connote. I have heard the view expressed that this part of the Shastra was really promulgated for Shudras. Shiva knowing the animal propensities of their common life must lead them to take flesh and wine, prescribed these rites with a view to lessen the evil and to gradually wean them from enjoyment by promulgating conditions under which alone such enjoyment could be had, and in associating it with religion. "It is better to bow to Narayana with one's shoes on than never to bow at all. A man with a taste for drink will only increase his thirst by animal satisfaction (Pashupana). But if when he drinks he can be made to regard the liquid as a divine manifestation and have thought of God, gradually such thoughts will overcome and oust his sensual desires. On the same principle children are given powders in jam, though this method is not confined to actual children only. Those who so argue contend that a Brahmana should, on no account, take wine, and Texts are cited which are said to

support this view. I have dealt with this matter in the Introduction to the *Kalivilasa Tantra*. It is sufficient to say here that the reply given is that such Texts refer to the unauthorized consumption of wine as by uninitiated (Anabhisikta) Brahmanas. In the same place I have discussed the question whether wine can be taken at all by any one in this Kali age. For, according to some authorities, there is only Pashubhava in the Kaliyuga. If this be correct then all wine-drinking, whether ritual or otherwise, is prohibited.

For the worship of Shakti, the Pañcatattva are declared to be essential. Without the Pañcatattva in one form or another Shaktipuja cannot be performed (*Mahanirvana*, V. 23-24). The reason of this is that those who worship Shakti, worship Divinity as Creatrix and in the form of the universe. If She appears as and in natural function, She must be worshipped therewith, otherwise, as the Tantra cited says, worship is fruitless. The Mother of the Universe must be worshipped with these five elements, namely, wine, meat, fish, grain, and woman, or their substitutes. By their use the universe (Jagad-brahmanda) itself is used as the article of worship (Upacara). The *Mahanirvana* (VII. 103-111) says that wine which gives joy and dispels the sorrows of men is Fire; flesh which nourishes and increases the strength of mind and body is Air; fish which increases generative power is Water, cereals grown on earth and which are the basis of life are Earth, and sexual union, which is the root of the world and the origin of all creation, is Ether. They thus signify the Power (Shakti) which produces all fiery elements, all terrestrial and aquatic life, all vegetable life, and the will, knowledge and action of the Supreme Prakriti productive of that great bliss which accompanies the process of creation. (See also *Haratattvadidhiti* XV, *Kamakhyā Tantra*, *Nigamatattvasara* IV). The *Kailasa Tantra* (Purvakhya, Ch.

XC) identifies this Pentad (Pañcatattva) with the five vital airs (Pranadi) and the five Mahapreta which support the couch of Tripurasundari.

With these preliminaries, and postponing for the moment further comment, we may proceed to an examination in greater detail of the five (Pañca) elements (Tattva), namely, Wine (Madya), Meat (Mamsa), Fish (Matsya), Parched Cereal (Mudra), and Sexual Union (Maithuna) which stand for drinking, eating and propagation. Because they all commence with the letter M, they are vulgarly called Pañca-ma-kara (or five M's).

These Pañcatattva, Kuladravya or Kulatattva as they are called, have more esoteric names. Thus the last is known as "the fifth". Woman is called Shakti or Prakriti. A Tantrik commonly calls his wife his Shakti or Bhairavi. Woman is also called Lata or "creeper", because woman clings to and depends on man as the creeper does to the tree. Hence the ritual in which woman is enjoyed is called Lata-sadhana. Wine is called "causal water" (Karanavari) or Tirtha water (Tirthavari).

But the Pañcatattva have not always their literal meaning. The meaning differs according as they refer to the Tamasik (Pashvacara), Rajasik (Viracara) or Sattvik (Divyacara) Sadhanas respectively. "Wine" is only wine and Maithuna is only sexual union in the ritual of the Vira. To the Pashu, the Vira ritual (Viracara) is prohibited as unsuitable to his state, and the Divya, unless of the lower ritual kind, is beyond such things. The result is that the Pañcatattva have each three meanings. Thus "wine" may be wine (Vira ritual), or it may be coconut water (Pashu ritual) or it may mean the intoxicating knowledge of the Supreme attained by Yoga, according as it is used in connection with the Vira, the

Pashu, or the Divya respectively. The Pañcatattva are thus threefold, namely, real (Pratyaksha-tattva) where "wine" means wine, substitutional (Anukalpatattva) where wine means coconut water or some other liquid, and symbolical or divine (Divyatattva) where it is a symbol to denote the joy of Yoga-knowledge. The Pashu worships with the substitutional Tattvas mentioned later and never takes wine, the Vira worships with wine, and the Divya's "wine" is spiritual knowledge. There are further modifications of these general rules in the case of the intermediate Bhavas. Thus the author next cited says that whilst the Svabhava Vira is a drinker of wine, the Vibhava Vira worships internally with the five mental Tattvas and externally with substitutes. The Mantra-siddhavira is free to do as he pleases in this matter, subject to the general Shastrik rules. In an essay by Pandit Jayacandra Siddhantabhushana, answering certain charges made against the Tantra Shastra, he, after stating that neither the Vibhava Vira nor Vibhava Pashu need worship with real wine, says that in modern Bengal this kind of worship is greatly prevalent. Such Tantriks do not take wine but otherwise worship according to the rule of Tantra Shastra. It is, as he says, an erroneous but common notion that a Tantrika necessarily means a drinker of wine. Some Sadhakas again in lieu of the material Maithuna, imagine the union of Shiva and Shakti in the upper brain center known as the Sahasrara.

The Divya Pañcatattva for those of a truly Sattvika or spiritual temperament (Divyabhava) have been described as follows: "Wine" (Madya) according to *Kaula Tantra* (see p. 85 of *Pañcatattva-vicara* by Nilamani Mukhyopadhyaya) is not any liquid, but that intoxicating knowledge acquired by Yoga of the Parabrahman which renders the worshipper senseless as regards the external world. "Meat" (Mamsa) is not any fleshly thing, but the act whereby the Sadhaka

consigns all his acts to Me (Mam), that is, the Lord, "Fish" (Matsya) is that Sattvik knowledge by which through the sense of "Mineness" (a play upon the word Matsya) the worshipper sympathizes with the pleasure and pain of all beings. Mudra is the act of relinquishing all association with evil which results in bondage. Coition (Maithuna) is the union of the Shakti Kundalini, the "Inner woman" and World-force in the lowest center (Muladhara Cakra) of the Sadhaka's body with the Supreme Shiva in the highest center (Sahasrara) in the upper Brain (see *Essay on Kundalini Shakti* post). This, the *Yogini Tantra* (Ch. VI) says, is the best of all unions for those who are Yati, that is, who have controlled their passions.

*Sahasraropari bindau kundalya melanam Shive*

*Maithunam paramam dravyam yatinam parikirtitam*

According to the Agamasara, "wine" is the Somadhara or lunar ambrosia which drops from the Sahasrara. "Meat" (Mamsa) is the tongue (Ma) of which its part (Amsha ) is speech. The Sadhaka in eating it controls his speech. "Fish" (Matsya) are those two (Vayu or currents) which are constantly moving in the two "rivers" (that is, Yoga "nerves" or Nadis) called Ida and Pingala, that is, the sympathetics on each side of the spinal column. He who controls his breath by Pranayama, "eats" then by Kumbhaka or retention of breath. Mudra is the awakening of knowledge in the pericarp of the great Sahasrara Lotus (the upper brain) where the Atma resplendent as ten million suns and deliciously cool as ten million moons is united with the Devi Kundalini, the World-force and Consciousness in individual bodies, after Her ascent thereto from the Muladhara in Yoga. The esoteric meaning of coition or Maithuna is thus stated in the Agama. The ruddy hued Ra is in the Kunda (ordinarily the seed-

mantra Ram is in Manipura but perhaps here the Kunda in the Muladhara is meant). The letter Ma (white like the autumnal moon, Sattvaguna, Kaivalyarupa-prakritirupi (Ch. 2, *Kamadhenu Tantra*)) is in the Mahayoni (not I may observe the genitals but the lightning-like triangle or Yoni in the Sahasrara or upper brain) in the form of Bindu (a Ghanibhuta or "condensed" form of Shakti and transformation of Nada-shakti). When M (Makara) seated on the Hamsa (the "bird" which is the pair Shiva-Shakti as Jiva) in the form of A (A-kara) unites with R (Ra-kara) then Brahman knowledge (Brahmajñana) which is the source of supreme bliss is gained by the Sadhaka who is then called Atmarama (Enjoyer with the Self), for his enjoyment is in the Atma in the Sahasrara. (For this reason too, the word Rama, which also means sexual enjoyment, is equivalent to the liberator-Brahman, Ra + a + ma). The union of Shiva and Shakti is described (*Tantrasara, 702*) as true Yoga (*Shivashaktisamayogo yoga eva na samshayah*) from which, as the Yamala says, arises that Joy which is known as the Supreme Bliss (*ib., 703*) (*Samyogaj jayate sauklyam paramanandalakshanam*).

This is the union on the purely Sattvik plane which corresponds in the Rajasik plane to the union of Shiva and Shakti in the persons of their worshippers. It will have been observed that here in this Divya or Sattvik Sadhana "Wine", "Woman" and so forth are really names for operations.

The substitutional Tattvas of Pashvacara also do not answer to their names, being other substances which are taken as substitutes of wine, meat, fish (see *Kulacudamani; Bhairavayamala*, Ch. I). These have been variously described and sometimes as follows: In lieu of wine the Pashu should, if a Brahmana, take milk, if a Kshatriya ghee, if a Vaishya honey, and if a Shudra a liquor made from rice. Coconut

water in a bell-metal utensil is also taken as a substitute. Salt, ginger, sesamum, wheat beans (Mashakalai) and garlic are some of the substitutes for meat; the white brinjal vegetable, red radish, masur (a kind of gram), red sesamum and Paniphala (an aquatic plant) take the place of fish. Paddy, rice, wheat and grain generally are Mudra both in Tamasik (Pashvacara) and Rajasik (Viracara) Sadhanas. In lieu of Maithuna there may be an offering of flowers with the hands formed into the gesture called Kachapa-mudra, the union of the Karavira flower (representative of the Linga) with the Aprajita (Clitoria) flower which is shaped as and represents the female Yoni and other substitutes, or there may be union with the Sadhaka's wife. On this and some other matters here dealt with there is variant practice.

The *Kaulikarcanadipika* speaks of what is called the Adyatattvas. Adyamadya or wine is hemp (Vijaya), Adyashuddhi or meat is ginger (Adraka), Adyamina or fish is citron (Jambira), Adyamudra is Dhanyaja that is, made from paddy and Adyashakti is the worshipper's own wife. Quoting from the *Tantrantara* it says that worship without these Adya forms is fruitless. Even the strictest total abstainer and vegetarian will not object to "wine" in the shape of hot milk or coconut water, or to ginger or other substitutes for meat. Nor is there any offense in regarding sexual union between the Sadhaka and his wife not as a mere animal function but as a sacrificial rite (Yajña).

At this point we may pass to the literal Tattvas. Wine here is not merely grape-wine but that which is made from various substances such as molasses (Gaudi), rice (Paishti) or the Madhuka flower (Madhvi) which are said by the *Mahanirvana Tantra* (Ch. VI) to be the best. There are others such as wine made from the juice of the Palmyra and Date tree, and aniseed (Maureya wine). Meat is of three kinds, that is,

animals of the water, earth, and sky. But no female animal must be slain. Superior kinds of fish are Shala, Pathina, and Rohita. Mudra which every Orientalist whom I have read calls "ritual gesture" or the like is nothing of the kind here, though that is a meaning of the term Mudra in another connection. They cannot have gone far into the subject, for it is elementary knowledge that in the Pañcatattva, Mudra means parched cereal of various kinds and is defined in *Yogini Tantra* (Ch. VI) as:

*Bhrishtadhanyadikam yad yad carvani yam pracakshate*

*Sa mudra kathita Devi sarvesham Naganandini.*

(Oh Daughter of the Mountain, fried paddy and the like -- in fact all such (cereals) as are chewed -- are called Mudra).

The *Mahanirvana* (Ch. VI) says that the most excellent is that made from Shali rice or from barley or wheat and which has been fried in clarified butter. Meat, fish, Mudra offered to the Devata along with wine is technically called Shuddhi. The *Mahanirvana* says that the drinking of wine without Shuddhi is like the swallowing of poison and the Sadhana is fruitless. It is not difficult to see why. For, wine taken without food has greater effect and produces greater injury. Moreover, another check on indiscriminate drinking is placed, for wine cannot be taken unless Shuddhi is obtained, prepared, and eaten with the necessary rites. Woman, or Shakti, as She is properly called, since She is purified and consecrated for the rite and represents the Devi, is of three kinds, namely, Sviya or Svakiya (one's own wife), Parakiya the wife of another or some other woman, and Sadharani or one who is common. This aspect of the subject I deal with later. Here I will only say that, where sexual union is permitted at all, the ordinary Shakti is the Sadhaka's Brahmi wife. It is only under certain

conditions that there can be any other Shakti. Shaktis are also of two kinds, namely, those who are enjoyed (Bhogya) and those who are worshipped only (Pujya). A Sadhaka who yields to desire for the latter commits the sin of incest with his own mother.

Here again, according to Shakta notions, one must not think of these substances as mere gross matter in the form of wine, meat and so forth, nor on woman as mere woman; nor upon the rite as a mere common meal. The usual daily rites must be performed in the morning, midday and evening (*Mahanirvana*, V. 25). These are elaborate (*ib.,*) and take up a large part of the day. Bhutasuddhi is accomplished, at which time the Sadhaka thinks that a Deva body has arisen as his own. Various Nyasas are done. Mental worship is performed of the Devi, the Adya Kalika, who is thought of as being in red raiment seated on a red lotus. Her body dark like a rain-cloud, Her forehead gleaming with the light of the crescent moon. Japa of Mantra is then done and outer worship follows. A further elaborate ritual succeeds.

I pause here to ask the reader to conceive the nature of the mind and disposition of the Sadhaka who has sincerely performed these rites. Is it likely to be lustful or gluttonous? The curse is removed from the wine and the Sadhaka meditates upon the union of Deva and Devi in it. Wine is to be considered as Devata. After the consecration of the wine, the meat, fish and grain are purified and are made like unto nectar. The Shakti is sprinkled with Mantra and made the Sadhaka's own. She is the Devi Herself in the form of woman. The wine is charged with Mantras ending with the realization (*Mahanirvana Tantra*, VI. 42) when Homa is done, that offering is made of the excellent nectar of "This-ness" (Idanta) held in the cup of "I-ness" (Ahanta) into the Fire which is the Supreme I-ness (Parahanta).

*Ahantapatra-bharitam idantaparamamritam*

*Parahantamaye vahnau homasvikaralakshanam.*

Here the distinction is drawn between the "I" (Aham) and the "This". The former is either the Supreme "I" (Parahanta or Shiva) or the individual "I" (Jiva) vehicled by the "This" or Vimarsha-Shakti. The Sadhaka is the cup or vessel which is the individual Ego. "This-ness" is offered to the Supreme. Drinking is an offering to that Fire which is the transcendent Self "whence all individual selves ( Jiva) proceed". Wine is then Tara Dravamayi, that is, the Savioress Herself in the form of liquid matter (*Maha-nirvana*, XI. 105-107). None of the Tattvas can be offered unless first purified and consecrated, otherwise the Sadhaka goes to Hell. With further ritual the first four Tattvas are consumed, the wine being poured as an oblation into the mouth of Kundali, after meditation upon Her as Consciousness (Cit) spread from Her seat, the Muladhara to the tip of the tongue. The whole ritual is of great interest, and I hope to give a fuller exposition of it on some future day.

Worship with the Pañcatattva generally takes place in a Cakra or circle composed of men and women, Sadhakas and Sadhikas, Bhairavas and Bhairavis sitting in a circle, the Shakti being on the Sadhaka's left. Hence it is called Cakrapuja. A Lord of the Cakra (Cakreshvara) presides sitting with his Shakti in the center. During the Cakra, there is no distinction of caste, but Pashus of any caste are excluded. There are various kinds of Cakra -- productive, it is said, of differing fruits for the participator therein. As amongst Tantrik Sadhakas we come across the high, the low, and mere pretenders, so the Cakras vary in their characteristics from say the Tattva-cakra for the Brahma-kaulas, and the Bhairavi-cakra (as described in *Mahanirvana*, VII. 153) in

which, in lieu of wine, the householder fakes milk, sugar and honey (Madhura-traya), and in lieu of sexual union does meditation upon the Lotus Feet of the Divine Mother with Mantra, to Cakras the ritual of which will not be approved such as Cudacakra, Anandabhavana-yoga and others referred to later. Just as there are some inferior "Tantrik" writings, so we find rituals of a lower type of men whose notions or practices were neither adopted by high Sadhakas in the past nor will, if they survive, be approved for practice to-day. What is wanted is a discrimination which avoids both unjust general condemnations and, with equal ignorance, unqualified commendations which do harm. I refer in chapter VI (*ante*) to a modern Cakra. I heard a short time ago of a Guru, influenced by an English education, whose strictness went so far that the women did not form part of the Cakra but sat in another room. This was of course absurd.

The two main objections to the Rajasik Puja are from both the Hindu and European standpoint the alleged infraction of sexual morality, and from the former standpoint, the use of wine. By "Hindu" I mean those who are not Shaktas. I will deal with the latter point first. The Vira Shakta admits the Smarta rule against the drinking of wine. He, however, says that drinking is of two kinds, namely, extra-ritual drinking for the satisfaction of sensual appetite, and the ritual drinking of previously purified and consecrated wine. The former is called Pashupana or "animal drinking," and Vrithapana or "useless drinking": for, being no part of worship, it is forbidden, does no good, but on the contrary injury, and leads to Hell. The Western's drinking (even a moderate "whisky and soda") is Pashupana. The Viracari, like every other Hindu, condemns this and regards it as a great sin. But drinking for the purpose of worship is held to stand on a different ground. Just as the ancient Vaidiks drank Soma as part of the Sacrifice (Yajña), so does the Vira drink wine as

part of his ritual. Just as the killing of animals for the purpose of sacrifice is accounted no "killing", so that it does not infringe against the rule against injury (Ahimsa), so also drinking as part of worship is said not to be the drinking which the Smritis forbid. For this reason it is contended that the Tantrik secret worship (Rahasya-puja) is not opposed to Veda. The wine is no longer the gross injurious material substance, but has been purified and spiritualized, so that the true Sadhaka looks upon it as the liquid form of the Savior, Devi (Tara Dravamayi). The joy, it produces is but a faint welling up of the Bliss (Ananda), which in its essence, it is. Wine, moreover, is then taken under certain restrictions and conditions which should, if adhered to, prevent the abuse which follows on merely sensual drinking (Pashupana). The true Sadhaka does not perform the ritual for the purpose of drinking wine, (though possibly in these degenerate days many do) but drinks wine in order that he may perform the ritual. Thus, to take an analogous case, a Christian abstainer might receive wine in the Eucharist believing it to be the blood of his Lord. He would not partake of the sacrament in order that he might have the opportunity of drinking wine, but he would drink wine because, that is the way, by which he might take the Eucharist, of which wine together with bread (Mudra) is an element. I may here mention in this connection that not only are drops of wine sometimes sprinkled on the Prasada (sacred food) at Durga-puja and thus consumed by persons who are not Viracaris, but (though this is not generally known and will perhaps not be admitted) on the Prasada which all consume at the Vaisnava shrine of Jagannatha at Puri.

This question about the consumption of wine will not appear to the average European a serious affair, though it is so to the non-Shakta Hindu. So strong is the general feeling against it, that when Babu Keshab Chandra Sen, in one of

his imitations of Christian doctrine and ritual, started an Eucharist of his own, the elements were rice and water. It is, however, a matter of common reproach against these Tantriks that some at least drink to excess. That may be so. From what I have heard but little credit attaches to the common run of this class of Tantriks to-day. Apart from the general degeneracy which has affected all forms of Hindu religion, it is to be remembered that in ancient times nothing was done except under the authority of the Guru. He alone could say whether his disciple was competent for any particular ritual. It was not open to any one to enter upon it and do as he pleased. Nevertheless, we must clearly distinguish between the commands of the Shastra itself and abuses of its provisions by pretended Sadhakas. It is obvious that excessive drinking prevents the attainment of success and is a fall. As the *Mahanirvana* (VI. 195-197; see also VIII. 171) with good sense says, "How is it possible for a sinner who becomes a fool through drink to say 'I worship Adya Kalika'." William James says (*Varieties of Religious Experience*, 387) "The sway of alcohol over mankind is unquestionably due to its power to stimulate the mystical faculties of human nature, usually crushed to earth by the cold fact and dry criticisms of the sober hour. It unites. It is in fact the greatest exciter of the "Yes" function in man. It brings him from the chill periphery of things to the radiant core." In its effect it is one bit of the mystic consciousness. Wine, as is well known, also manifests and emphasizes the true disposition of a man ("In vino veritas"). (As to wine, drugs and 'anesthetic revelation', as to the clue to the meaning of life see R. Thouless, *Introduction to Psychology of Religion*, 61.) When the worshipper is of a previously pure and devout disposition, the moderate use of wine heightens his feelings of devotion. But if it is drunk in excess, there can be no devotion at all, but only sin. This same Tantra therefore, whilst doing away with wine in the case of one

class of Cakra, and limiting the consumption in any case for householders, says that excessive drinking prevents success coming to Kaula worshippers, who may not drink to such an extent that the mind is affected (literally "goes round"). "To drink beyond this," it says, "is bestial."

*Yavan na calayed drishtir yavan na calayen manah*

*Tavat panam prakurvita pashu-panam atah param.*

Yet the fact that the *Mahanirvana* thought it necessary to give this injunction is significant of some abuse. Similar counsel may be found however elsewhere; as in the *Shyamarahasya* which says that excessive drinking leads to Hell. Thus also the great *Tantraraja Tantra* (Kadimata) says (Ch. VIII).

*Na kadacit pivet siddho devyarghyam aniveditam*

*Pananca tavat kurvita yavata syan manolayah*

*Tatah karoti cet sadayah pataki bhavati dhruvam*

*Devtagurusevanyat pivannasavam ashaya*

*Pataki rajadandyash cavidyopasaka eva ca.*

(The Siddha should never drink the Arghya (wine) meant for the Devi, unless the same has been first offered (to Her). Drinking, again, should only be continued so long as the mind is absorbed (in the Devi). He who does so thereafter is verily a sinner. He who drinks wine through mere sensual desire and not for the purpose of worship of Devata and Guru is a worshipper of Ignorance (Avidya) and a sinner punishable by the King.)

It must be admitted, however, that there are to be found words and passages which, if they are to be taken literally, would indicate that wine was not always taken in moderation. (See Asavollasa in *Kularnava*. The Ullasas, however, are stated to be stages of initiation). In reading any Hindu Scripture, however, one must allow for exaggeration which is called "Stuti". Thus if there is much meat and wine we may read of "mountains of flesh" and "oceans of wine". Such statements were not made to be taken literally. Some descriptions again may refer to Kaulavadhutas who, like other "great" men in other matters, appear to have more liberty than ordinary folk. Some things may not be "the word of Shiva" at all. It is open to any one to sit down and write a "Tantra," "Stotra" or what not. The Ananda Stotra, for example, reads in parts like a libertine's drinking song. Though it has been attributed both to the *Kulacudamani* and *Kularnava*, a learned Tantrik Pandit, to whom I am much indebted and to whom I showed it, laughed and said, "How can this be the word of Shiva. It is not Shiva Shastra. If it is not the writing of some fallen Upasaka (worshipper), it is the work of Acaryas trying to tempt disciples to themselves." Though a man of Tantrik learning of a kind rarely met with to-day, and a practitioner of the Cakrapuja, he told me that he had never heard of this Stotra until it was sung at a Cakra in Benares. On asking another Pandit there about it, he was told not to trouble himself over "what these kind of people did". Even when the words *Shiva uvaca* (Shiva said) appear in a work, it does not follow that it has any authority. Though all the world condemns, as does the Shastra itself, excessive drinking, yet it cannot be said that, according to views generally accepted by the mass of men in the world today, the drinking of alcohol is a sin. General morality may yet account it such in some future day.

I pass then to the other matter, namely, sexual union. The ordinary rule, as the *Kaulikarcanadipika* says (I refer to the exception later), is that worship should be done with the worshipper's own wife, called the Adya Shakti. This is the general Tantrik rule. Possibly because the exception to it led to abuse, the *Mahanirvana* (VIII. 173), after pointing out that men in the Kali age are weak of mind and distracted by lust, and so do not recognize woman (Shakti) to be the image of Deity, prescribes for such as these (in the Bhairavi Cakra) meditation on the Feet of the Divine Mother in lieu of Maithuna, or where the worship is with the Shakti (Bhogya) in Bhairavi and Tattva Cakra the worshipper should be wedded to his Shakti according to Shaiva rites. It adds (*ib.*, 129) that "the Vira, who without marriage worships by enjoyment a Shakti, is without doubt guilty of the sin of going with another woman." Elsewhere (VI. 14) it points out that when the evil age (Kaliyuga) is at its strength, the wife alone should be the fifth Tattva for "this is void of all defect" (Sarvadosha-vivarjita). The *Sammohana Tantra* (Ch. 2) also says that the Kali age is dominated by lust (Kama) and it is then most difficult to subjugate the senses and that by reason of the prevalence of ignorance (Avidya) the female Yoni is used for worship. That is, by reason of the material nature of man a material form is used to depict the supreme Yoni or Cause of all. The commentator on the *Mahanirvana Tantra*, Pandit Jaganmohana Tarkalamkara (see Bhakta Ed. 345) says, however, that this rule is not of universal application. Shiva (he says) in this Tantra prohibited Sadhana with the fifth Tattva with other Shaktis in the case of men of ordinary weak intellect ruled by lust; but for those who have by Sadhana conquered their passions and attained the state of a true Siddha Vira, there is no prohibition as to the mode of Latasadhana. With this I deal later, but meanwhile I may observe that because there is a Shakti in the Cakra it does not follow that there is sexual intercourse,

which, when it occurs in the worship of householders, ordinarily takes place outside the Cakra. Shaktis are of two kinds -- those who are enjoyed (Bhogya Shakti) and those who are worshipped only (Pujya) as earthly representatives of the Supreme Mother of all. Those who yield to desire, even in thought, as regards the latter commit the sin of incest with their mother. Similarly, there is a widespread practice amongst all Shaktas of worship of Virgins (Kumaripuja) -- a very beautiful ceremony. So also in Brahmarajayoga there is worship of virgins only.

It is plain that up to this point there is (apart from the objection of other Hindus to wine) nothing to be said against the morality of the Sadhana prescribed, though some may take exception to the association of natural function of any kind, however legitimate, with what they regard as worship. This is not a question of morality and I have dealt with it. The reader will also remember that the ritual already described applies to the general mass of worshippers, and that to which I am passing is the ritual of the comparatively few, and so-called advanced Sadhakas. The charge of immorality against all Shaktas, whether following this ritual or not, fails, and people need not run away in fear on hearing that a man is a "Tantrik". He may not be a Shakta Tantrik at all, and if he is a Shakta, he may have done nothing to which the world at large will take moral exception.

I now pass to another class of cases. Generally speaking, we may distinguish not only between Dakshinacara and Vamacara in which the full rites with wine and Shakti are performed, but also between a Vama and Dakshina division of the latter Acara itself. It is on the former side that there is worship with a woman (Parakiya Shakti) other than the Sadhaka's own wife (Svakiya Shakti). But under what

circumstances? It is necessary (as Professor de la Valle Poussin, the Catholic Belgian Sanskritist, says (*Adhi-karma-pradipa*, 141) of the *Buddhist Tantra*) to remember the *conditions* under which these Tantrik rituals are, according to the Shastra, admissible, when judging of their morality; otherwise, he says condemnation becomes excessive ("Je crois d'ailleurs qu'on a exagé le caractère d'immoralité des actes liturgiques de Maithuna faite d'avoir fixé les diverses conditions dans lesquelles ils, doivent être pratiqués." See also Masson-Oursel *Esquisse d'une Histoire de la Philosophie Indienne* 1923, p. 230, who says that Western people often see obscenity where there is only symbolism.) As I have said, the ordinary rule is that the wife or Adya Shakti should be co-performer (Sahadharmini) in the rite. An exception, however, exists where the Sadhaka has no wife or she is incompetent (Anadhikarini). There seems to be a notion that the Shastra directs union with some other person than the Sadhaka's wife. This is not so. A direction to go after other women as such would be counsel to commit fornication or adultery. What the Shastra says is -- that if the Sadhaka has no wife, or she is incompetent (Anadhikarini) then only may the Sadhaka take some other Shakti. Next, this is for the purpose of ritual worship only. Just as any extra-ritual drinking is sin, so also outside worship any Maithuna, otherwise than with the wife, is sin. The Tattvas of each kind can only be offered after purification (Shodhana) and during worship according to the rules, restrictions, and conditions of the Tantrik ritual. (See *Tantrasara*, 698, citing *Bhavadudamani*, *Uttara-Kulamrita*. In Ch. IV, *Brihannila Tantra* it is said *Paradaran na gacheran gachech ca prapayed yadi*, but that is for purposes of worship). Outside worship the mind is not even to think of the subject, as is said concerning the Shakti in the *Uttara Tantra*.

*Pujakalam vina nanyam purusham manasa sprishet*

*Puja-kale ca Deveshi vesyeva paritoshayet.*

What then is the meaning of this "competency" the non-existence of which relaxes the ordinary rule? The principle on which worship is done with another Shakti is stated in the Guhyakalikhanda of the *Mahakala Samhita* as follows:

*Yadrishah sadhakah proktah sadhika'pi ca tadrishi.*

*Tatah siddhim avapnoti nanyatha varsha-kotibhih.*

("As is the competency of the Sadhaka so must be that of the Sadhika. In this way only is success attained and not otherwise even in ten million years.") That is both the man and the woman must be on the same level and plane of development. Thus, in the performance of the great Shodhanyasa, the Shakti must be possessed of the same powers and competency as the Sadhaka. In other words, a Sahadharmini must have the same competency as the Sadhaka with whom she performs the rite. Next, it is not for any man at his own undisciplined will to embark on a practice of this kind. He can only do so if adjudged competent by his Guru. A person of an ignorant, irreligious, and lewd disposition is, properly, incompetent. Then, it is commonly thought, that because another Shakti is permitted promiscuity is allowed. This is of course not so. It must be admitted that the *Shakta Tantra* at least pretends to be a religious Scripture, and could not as such directly promote immorality in this way. For, under no pretense can morality, or Sadhana for spiritual advancement, be served by directions for, or tacit permissions of, uncontrolled promiscuous sexual intercourse. There may, of course, have been hypocrites wandering around the country and its

women who sought to cover their lasciviousness with the cloak of a pretended religion. But this is not Sadhana but conscious sin. The fruit of Sadhana is lost by license and the growth of sensuality. The proper rule, I am told, is that the relationship with such a Shakti should be of a permanent character; it being indeed held that a Shakti who is abandoned by the Sadhaka takes away with her the latter's merit (Punya). The position of such a Shakti may be described as a wife "in religion" for the Sadhaka, one who being of his competency (Adhikara) works with him as Sahadharmini, in the performance of the rituals of their common cult. In all cases, the Shakti must be first made lawful according to the rules of the cult by the performance of the Shaiva sacrament (Shaiva-samskara). From a third party view it may, of course, be said that the necessity for all this is not seen. I am not here concerned with that, but state the rules of the cult as I find it. It is desirable, in the interests both of the history of religion and of justice to the cult described, to state these facts accurately. For, it is sound theology, that good faith is inconsistent with sin. We cannot call a man immoral who is acting according to his lights and in good faith. Amongst a polygamous people such as were the Jews and as are the Hindus, it would be absurd to call a man immoral, who in good faith practiced that polygamy which was allowable by the usage which governed him. Other Hindus might or might not acknowledge the status of a Shaiva wife. But a Shaiva who was bound to a woman in that form would not be an immoral man. Immorality, in the sense in which an individual is made responsible for his actions, exists where what is believed to be wrong is consciously followed. And so whilst a Tantrik acting in good faith and according to his Shastra is not in this sense immoral, other Tantriks who misused the ritual for their libidinous purposes would be so. So, of course, would also be those who to-day, without belief in the *Tantra*

*Shastra*, and to satisfy their passions, practiced such rituals as run counter to prevalent social morality. Though the genuine Tantrik might be excused, they would not escape the charge. When, however, we are judging a religion by the standard of another, which claims to be higher, the lower religion may be considered immoral. The distinction is commonly overlooked which exists between the question whether an individual is immoral and whether the teaching and practice which he follows is so. We may, with logical consistency, answer the first in the negative and the second in the affirmative. Nevertheless, we must mention the existence of some practices which seem difficult to explain and justify, even on the general principles upon which Tantrik Sadhana proceeds. Peculiar liberties have been allowed to the Siddha Viras who are said to have taken part in them. Possibly they are non-existent to-day. A Siddha Vira, I may incidentally explain, is a Vira who has become accomplished (Siddha) by doing the rite called Purashcarana of his Mantra the number of times multiplied by one lakh (100,000) that the Mantra contains letters. A Pandit friend tells me that the Siddhamalarahasya describes a rite (Cudacakra) in which fifty Siddha Viras go with fifty Shaktis, each man getting his companion by lot by selecting one out of a heap of the Sakti's jackets (Cuda). His Shakti is the woman to whom the jacket belongs. In the Sneha-cakra (Love Cakra), the Siddha Vira pair with the Shaktis according as they have a liking for them. Anandabhavana-yoga is another unknown rite performed with not less than three and not more than one hundred and eight Shaktis who surround the Vira. He unites with one Shakti (Bhogya Shakti) and touches the rest. In the Urna Cakra (Urna = spider's web) the Viras sit in pairs tied to one another with cloths. A clue to the meaning of these rites may perhaps be found in the fact that they are said to have been performed at the instance, and at the cost, of third parties for the attainment

of some worldly success. Thus the first was done, I am told, by the Rajas to gain success in battle. If this be so they belong rather to the side of magic than of religion, and are in any case no part of the ordinary Sadhana to attain the true Siddhi which is spiritual advancement. It may also be that just as in the ordinary ritual Brahmanas are fed and receive gifts, these Cakras were, in part at least, held with the same purpose by the class of people who had them performed. It is also to be noted (I report what I am told) that the body of the Shakti in the Cakra is the Yantra. By the union of Vira and Shakti, who is a form (Akara) of the Devi, direct union is had with the latter who being pleased grants all that is desired of Her. There is thus what is technically called Pratyaksha of Devata whereas in Kumaripuja and in Shavasadhana the Devi speaks through the mouth of the virgin or the corpse respectively. The Siddha Viras communicate with Shiva and Shakti in Avadhutaloka.

This question of differing views and practice was noted long ago by the author of the Dabistan (Vol. 2, pp. 154, 164, Ed. 1843) who says that on a learned Shakta being shown a statement, apparently counseling immorality, in a book, abused it saying that the Text was contrary to custom and that no such thing was to be found in the ancient books. The Muslim author of the Dabistan says that there is another class of Shaktas, quite different from those previously alluded to by him, who drink no wine and never have intercourse with the wife of another.

I, the more readily here and elsewhere state what is unfavorable to this Shastra, as my object is not to "idealize" it (a process to which my strong bent towards the clear and accurate statement of facts is averse) but to describe the practice as I find it to be; on which statement a just judgment may be founded. After all men have been and are

of all kinds high and low, ignorant and wise, bad and good, and just as in the Agamas there are differing schools, so it is probable that in the Shakta practices themselves there are the same differences.

Lastly, the doctrine that the illuminate knower of Brahman (Brahmajñani) is above both good (Dharma) and evil (Adharma) should be noted. Such an one is a Svecchacari whose way is Svecchacara or "do as you will". Similar doctrine and practices in Europe are there called Antinomianism. The doctrine is not peculiar to the Tantras. It is to be found in the Upanishads, and is in fact a very commonly held doctrine in India. Here again, as so stated and as understood outside India, it has the appearance of being worse than it really is. If Monistic views are accepted, then theoretically we must admit that Brahman is beyond good and evil, for these are terms of relativity applicable to beings in this world only. Good has no meaning except in relation to evil and *vice versa*. Brahman is beyond all dualities, and a Jñani who has become Brahman ( Jivan-mukta) is also logically so. It is, however, equally obvious that if a man has complete Brahman-consciousness he will not, otherwise than unconsciously, do an act which if done consciously would be wrong. He is *ex hypothesi* beyond lust, gluttony and all other passions. A theoretical statement of fact that a Brahmajñani is beyond good and evil is not a statement that he may will to do, and is permitted to do, evil. Statements as regards the position of a Jivanmukta are mere praise or Stuti. In Svecchacara there is theoretical freedom, but it is not consciously availed of to do what is known to be wrong without fall and pollution. Svecchacarini is a name of the Devi, for She does what She pleases since She is the Lord of all. But of others the *Shaktisangama Tantra* (Part IV) says --

*Yadyapyasti trikalajñastrailokyakarshana-kshamah*

*Tatha'pi laukikacaram manasapi na langhayet.*

("Though a man be a knower of the Three Times, past, present and future, and though he be a Controller of the three worlds, even then he should not transgress the rules of conduct for men in the world, were it only in his mind.")

What these rules of conduct are the Shastra provides. Those who wrote this and similar counsels to be found in the *Tantra Shastras* may have prescribed methods of Sadhana which will not be approved, but they were not immoral-minded men. Nor, whatever be the actual results of their working (and some have been evil) was their Scripture devised with the intention of sanctioning or promoting what they believed to be immoral. They promoted or countenanced some dangerous practices under certain limitations which they thought to be safeguards. They have led to abuse as might have been thought to be probable.

Let us now distill from the mass of material to which I have only cursorily referred, those principles underlying the practice which are of worth from the standpoint of Indian Monism of which the practice is a remarkable illustration.

The three chief physical appetites of man are eating and drinking whereby his body is sustained, and sexual intercourse whereby it is propagated. Considered in themselves they are natural and harmless. Manu puts this very clearly when he says, "There is no wrong (Dosha) in the eating of meat and drinking of wine, nor in sexual intercourse, for these are natural inclinations of men. But abstention therefrom is productive of great fruit." Here I may interpose and say that the Tantrik method is not a forced

abstention but a regulated use with the right Bhava, that is, Advaitabhava or monistic feeling. When this is perfected, natural desires drop away (except so far as their fulfillment is absolutely necessary for physical existence) as things which are otherwise of no account. How is this done P By transforming Pashubhava into Virabhava. The latter is the feeling, disposition, and character of a Vira.

All things spring from and are at base Ananda or Bliss whether it is perceived or not. The latter, therefore, exists in two forms: as Mukti which is Anandasvarupa or transcendent, unlimited, one, and as Bhukti or limited worldly bliss. Tantrik Sadhana claims to give both, because the one of dual aspect is both. The Vira thus knows that Jivatma and Paramatma are one; that it is the One Shiva who appears in the form of the multitude of men and who acts, suffers, and enjoys through them. The Shivasvarupa is Bliss itself (Paramananda). The Bliss of enjoyment (Bhogananda) is one and the same Bliss manifesting itself through the limiting forms of mind and matter. Who is it who then enjoys and what Bliss is thus manifested? It is Shiva in the forms of the Universe (Vishvarupa) who enjoys, and the manifested bliss is a limited form of that Supreme Bliss which in His ultimate nature He is. In his physical functions the Vira identifies himself with the collectivity of all functions which constitute the universal life. He is then consciously Shiva in the form of his own and all other lives. As Shiva exists both in His Svarupa and as the world (Vishvarupa), so union may, and should, be had with Him in both aspects. These are known as Sukshma and Sthula Samarasya respectively. The Sadhaka is taught not to think that we are one with the Divine in Liberation only, but here and now, in every act we do. For in truth all such is Shakti. It is Shiva who as Shakti is acting in and through the Sadhaka, So though, according to the Vaidik injunctions, there is no

eating or drinking before worship, it is said in the *Shakta Tantra* that he who worships Kalika when hungry and thirsty angers Her. Those who worship a God who is other than their own Essential Self may think to please Him by such acts, but to the Shakta, Shiva and Jiva are one and the same. Why then should one give pain to Jiva? It was, I think, Professor Royce who said, borrowing (though probably unconsciously) an essential Tantrik idea, that God suffers and enjoys *in* and *as* and *through* man. This is so. Though the Brahmasvarupa is nothing but the perfect, actionless Bliss, yet it is also the one Brahman who as Jiva suffers and enjoys; for there is none other. When this is realized in every natural function, then, each exercise thereof ceases to be a mere animal act and becomes a religious rite -- a Yajña. Every function is a part of the Divine Action (Shakti) in Nature. Thus, when taking drink in the form of wine the Vira knows it to be Tara Dravamayi, that is, "the Savior Herself in liquid form". How (it is said) can he who truly sees in it the Savior Mother receive from it harm? Meditating on kundalini as pervading his body to the tip of his tongue, thinking himself to be Light which is also the Light of the wine he takes, he says, "I am She", (Sa'ham) "I am Brahman," I Myself offer offering (Ahuti) to the Self, Svaha." When, therefore, the Vira eats, drinks or has sexual intercourse he does so not with the thought of himself as a separate individual satisfying his own peculiar limited wants; an animal filching as it were from nature the enjoyment he has, but thinking of himself in such enjoyment as Shiva, saying "Shivo'ham," "Bhairavo'ham". Right sexual union may, if associated with meditation and ritual, be the means of spiritual advance; though persons who take a vulgar and animal view of this function will not readily understand it. The function is thereby ennobled and receives a new significance. The dualistic notions entertained, by both some Easterns and Westerns, that the "dignity" of worship is

necessarily offended by association with natural function are erroneous. As Tertullian says, the Eucharist was established at a meal. (As to sacramental meals and "Feeding on the Gods," see Dr. Angus' *The Mystery Religions and Christianity*, p. 127.) Desire is often an enemy but it may be made an ally. A right method does not exclude the body, for it is Devata. It is a phase of Spirit and belongs to, and is an expression of, the Power of the Self. The Universe was created by and with Bliss. That same Bliss manifests, though faintly, in the bodies of men and women in union. At such time the ignorant Pashu is intent on the satisfaction of his passion only, but Kulasadhakas then meditate on the Yogananda Murti of Shiva-Shakti and do Japa of their Ishtamantra thus making them, in the words of the Kalikulasarvasva, like sinless Shuka. If the union be legitimate what, I may ask, is wrong in this? On the contrary the physical function is ennobled and divinised. An act which is legitimate does not become illegitimate because it is made a part of worship (Upasana). This is Virabhava. An English writer has aptly spoken of "the profound pagan instinct to glorify the generative impulse with religious ritual" (*Time Lit. Sup.*, 11-6-1922). The Shakta is a developed and typical case.

The notions of the Pashu are in varying degrees the reverse of all this. If of the lowest type, he only knows himself as a separate entity who enjoys. Some more sophisticated, yet in truth ignorant, enjoy and are ashamed; and thus think it unseemly to implicate God in the supposed coarseness of His handiwork as physical function. Some again, who are higher, regard these functions as an acceptable gift of God to them as lowly creatures who enjoy and are separate from Him. The Vaidikas took enjoyment to be the fruit of the sacrifice and the gift of the Devas. Others who are yet higher, offer all that they do to the One Lord. This dualistic worship is

embodied in the command of the Gita, "*Tat madarpanam kurushva.*" "Do all this as an offering to Me." What is "all"? Does it mean all or some particular things only? But the highest Sadhana from the Monistic standpoint, and which in its Advaitabhava differs from all others, is that of the *Shakta Tantra* which proclaims that the Sadhaka *is* Shiva and that it is Shiva who in the form of the Sadhaka enjoys.

So much for the principle involved to which, whether it be accepted or not, cannot be truly denied nobility and grandeur.

The application of this principle is of greatly less interest and importance. To certain of such ritual applications may be assigned the charges commonly made against this Shastra, though without accurate knowledge and discrimination. It was the practice of an age the character of which was not that of our own. The particular shape which the ritual has taken is due, I think, to historical causes. Though the history of the Agamas is still obscure, it is possible that this Pañcatattva-Karma is in substance a continuation, in altered form, of the old Vaidik usage in which eating and drinking were a part of the sacrifice (Yajña), though any extra-ritual drinking called "useless" (Vrithana) or Pashu drinking (Pashupana) in which the Western (mostly a hostile critic of the Tantra Shastra) so largely indulges, is a great sin. The influence, however, of the original Buddhism and Jainism were against the consumption of meat and wine; an influence which perhaps continued to operate on post-Buddhistic Hinduism up to the present day, except among certain followers of the Agamas who claimed to represent the earlier traditions and usages. I say "certain", because (as I have mentioned) for the Pashu there are substitutes for wine and meat and so forth; and for the Divya the Tattvas are not material things but Yoga processes. I have shown

the similarities between the Vaidik and Tantrik ritual in the chapter on Shakti and Shakta (*ante*) to which I refer. If this suggestion of mine be correct, whilst the importance and prevalence of the ancient ritual will diminish with the passage of time and the changes in religion which it effects, the principle will always retain its inherent value for the followers of the Advaita Vedanta. It is capable of application according to the modern spirit without recourse to Cakras and their ritual details in the ordinary daily life of the householder within the bounds of his Dharmashastra.

Nevertheless the ritual has existed and still exists, though at the present day often in a form free from the objections which are raised against certain liberties of practice which led to abuse. It is necessary, therefore, both for the purpose of accuracy and of a just criticism of its present adherents, to consider the *intention* with which the ritual was prescribed and the *mode* in which that intention was given effect to. It is not the fact, as commonly alleged, that the intention of the Shastra was to promote and foster any form of sensual indulgence. If it was, then, the Tantras would not be a Shastra at all whatever else they might contain. Shastra, as I have previously said, comes from the root "Shas" to control; that is, Shastra exists to control men within the bounds set by Dharma. The intention of this ritual, when rightly understood, is, on the contrary, to regulate natural appetite, to curb it, to lift it from the trough of mere animality; and by associating it with religious worship, to effect a passage from the state of desire of the ignorant Pashu to the completed Divyabhava in which there is desirelessness. It is another instance of the general principle to which I have referred that man must be led from the gross to the subtle. A Sadhaka once well explained the matter to me thus: Let us suppose, he said, that man's body is a vessel filled with oil which is the passions. If you simply empty it and do nothing

more, fresh oil will take its place issuing from the Source of Desire which you have left undestroyed. If, however, into the vessel there is dropped by slow degrees the Water of Knowledge (Jñana), it will, as being behavior than oil, descend to the bottom of the vessel and will then expel an equal quantity of oil. In this way all the oil of passion is gradually expelled and no more can re-enter, for the water of Jñana will then have wholly taken its place. Here again the general principle of the method is good. As the Latins said, "If you attempt to expel nature with a pitchfork it will come back again". You must infuse something else as a medicament against the ills which follow the natural tendency of desire to exceed the limits which Dharma sets.

The Tantrik Pandit Jaganmohana Tarkalamkara in his valuable notes appended to the commentary on the *Mahanirvana Tantra* of Hariharananda Bharati, the Guru of the celebrated "Reformer" Raja Ram Mohan Roy (Ed. of K. G. Bhakta, 1888), says, "Let us consider what most contributes to the fall of a man, making him forget his duty, sink into sin and die an early death. First among these are wine and women, fish, meat, Mudra and accessories. By these things men have lost their manhood. Shiva then desires to employ these very poisons in order to eradicate the poison in the human system. Poison is the antidote for poison. This is the right treatment for those who long for drink or lust for women. The physician must, however, be an experienced one. If there be a mistake as to the application, the patient is likely to die. Shiva has said that the way of Kulacara is as difficult as it is to walk on the edge of a sword or to hold a wild tiger. There is a secret argument in favor of the Pañcattva, and those Tattvas so understood should be followed by all. None, however, but the initiate can grasp this argument, and therefore Shiva has directed that it should not be revealed before anybody and everybody. An

initiate when he sees a woman will worship her as his own mother and Goddess (Ishtadevata) and bow before her. The *Vishnu Purana* says that by feeding your desires you cannot satisfy them. It is like pouring ghee on fire. Though this is true, an experienced spiritual teacher (Guru) will know how, by the application of this poisonous medicine, to kill the poison of the world (Samsara). Shiva has, however, prohibited the indiscriminate publication of this. The object of Tantrik worship is Brahmasayujya. or union with Brahman. If that is not attained, nothing is attained. And with men's propensities as they are, this can only be attained through the special treatment prescribed by the Tantras. If this is not followed, then the sensual propensities are not eradicated and the work is, for the desired end of Tantra, as useless as harmful magic (Abhicara) which, worked by such a man, leads only to the injury of himself and others." The passage cited refers to the necessity for the spiritual direction of the Guru. To the want of such is accredited the abuse of the system. When the patient (Shishya) and the disease are working together, there is poor hope for the former; but when the patient, the disease and the physician are on one, and that the wrong side, then nothing can save him from a descent in that downward path which it is the object of Sadhana to prevent.

All Hindu schools seek the suppressions of mere animal worldly desire. What is peculiar to the Kaulas is the particular method employed for the transformation of desire. The *Kularnava Tantra* says that man must be taught to rise by means of those very things which are the cause of his fall. "As one falls on the ground, one must lift oneself by aid of the ground." So also the Buddhist Subhashita Samgraha says that a thorn is used to pick out a thorn. Properly applied the method is a sound one. Man falls through the natural functions of drinking, eating, and sexual intercourse. If these

are done with the feeling (Bhava) and under the conditions prescribed, then they become (it is taught) the instruments of his uplift to a point at which such ritual is no longer necessary and is surpassed.

In the first edition of the work, I spoke of Antinomian Doctrine and Practice, and of some Shakta theories and rituals which have been supposed to be instances of it. This word, however, requires explanation, or it may (I have since thought) lead to error in the present connection. There is always danger in applying Western terms to facts of Eastern life. Antinomianism is the name for heretical theories and practices which have arisen in Christian Europe. In short, the term, as generally understood, has a meaning in reference to Christianity, namely, contrary or opposed to Law, which here is the Judaic law as adopted and modified by that religion. The Antinomian, for varying reasons, considered himself not bound by the ordinary laws of conduct. It is not always possible to state with certainty whether any particular sect or person alleged to be Antinomian was in fact such, for one of the commonest charges made against sects by their opponents is that of immorality. We are rightly warned against placing implicit reliance on the accounts of adversaries. Thus charges of nocturnal orgies were made against the early Christians, and by the latter against those whom they regarded as heretical dissidents, such as Manichæans, Mountanists, Priscillianists and others, and against most of the mediaeval sects such as the Cathari, Waldenses and Fracticelli. Nor can we be always certain as to the nature of the theories held by persons said to be Antinomian, for in a large number of cases we have only the accounts of orthodox opponents. Similarly, hitherto every account of the *Shakta Tantra* was given by persons both ignorant of, and hostile to it. In some cases it would seem (I speak of the West) that Matter was held in contempt as the

evil product of the Demiurge. In others Antinomian doctrine and practice was based on "Pantheism". The latter in the West has always had as one of its tendencies a leaning towards, or adoption of Antinomianism. Mystics in their identification with God supposed that upon their conscious union with Him they were exempt from the rules governing ordinary men. The law was spiritualized into the one precept of the Love of God which ripened into a conscious union with Him, one with man's essence. This was deemed to be a sinless state. Thus Amalric of Bena (d. 1204) is reputed to have said that to those constituted in love no sin is imputed (*Dixerat etiamquod in charitate constitutis nullum peccatum imputabatur*). His followers are alleged to have maintained that harlotry and other carnal vices are not sinful for the spiritual man, because the spirit in him, which is God, is not affected by the flesh and cannot sin, and because the man who is nothing cannot sin so long as the Spirit which is God is in him. In other words, sin is a term relative to man who may be virtuous or sinful. But in that state beyond duty, which is identification with the Divine Essence, which at root man is, there is no question of sin. The body at no time sins. It is the state of mind which constitutes sin, and that state is only possible for a mind with a human and not divine consciousness. Johann Hartmann is reputed to have said that he had become completely one with God; that a man free in spirit is impeccable and can do whatever he will, or in Indian parlance he is Svecchacari. (See Dollinger's *Beitrage zur Sektengeschichte des Mittelalter's* ii. 384). This type of Antinomianism is said to have been widespread during the later Middle Ages and was perpetuated in some of the parties of the so-called Reformation. Other notions leading to similar results were based on Quietistic and Calvinistic tenets in which the human will was so subordinated to the Divine will as to lose its freedom. Thus Gomar (A.D. 1641) maintained that "sins take place, God procuring and Himself

willing that they take place." God was thus made the author of sin. It has been alleged that the Jesuit casuists were "constructively antinomian" because of their doctrines of philosophical sin, direction of attention, mental reservation, and probabilism. But this is not so, whatever may be thought of such doctrines. For here there was no question of opposition to the law of morality, but theories touching the question "in what that law consisted" and whether any particular act was in fact a violation of it. They did not teach that the law could in any case be violated, but dealt with the question whether any particular act was such a violation. Antinomianism of several kinds and based on varying grounds has been charged against the Manichaeans, the Gnostics generally, Cainites, Carpocrates, Epiphanes, Messalians (with their promiscuous sleeping together of men and women), Adamites, Bogomiles, followers of Amalric of Bena, Brethren of the Free Spirit, Beghards, Fratricelli, Johann Hartmann ("a man free in spirit is impeccable"); the pantheistic "Libertines" and "Familists" and Ranters of the Sixteenth and Seventeenth Centuries ("Nothing is sin but what a man thinks to be so"; "God sees no sin in him who knows himself to be in a state of grace"; see Gataker's 'Antinomianism Discovered and Refuted', A.D. 1632 and see Rufus Jones' *Studies in Mystical Religion*, Ch. XIX), the Alumbrados or Spanish Illuminate (Prabuddha) Mystics of the Sixteenth Century; Magdalena de Cruce d'Aguilar and others (Mendes v Pelayo -- *Historia de los Heterodoxos Espanoles*) whose teachings according to Malvasia (*Catalogus omnium haeresium et conciliorum*) contained the following proposition, "A perfect man cannot sin; even an act which outwardly regarded must be looked upon as vicious cannot contaminate the soul which lives in mystical union with God." "The Holy and Sinless Baptists" held that the elect could not sin, an antinomian doctrine which has often appeared in the history of theological-ethical speculation to the effect that

the believer might do what he liked, since if he sinned, it affected the body only, with which his soul had no more to do than with any of the other things of this world (Belfort Bax Anabaptists 35). The Free Brothers held that for the rebaptized, sin was impossible as no bodily act could affect the soul of the believer. Women did not sin who went with Brethren because there was a spiritual bond between them (*ib.*, 38). Kessler alleges that the Votaries practiced sensuality on the plea that their souls were dead to the flesh and that all that the flesh did was by the will of God (*ib.*, 62). The Alumbrada Francisca Garcia is alleged to have said that her sexual excesses were in obedience to the voice of God and that "carnal indulgence was embracing God" (Lea's *Inquisition in Spain*, III. 62). Similar doctrines are alleged of the French Illumines called Guerinets of the Seventeenth Century; the German "Theosophers" of Schonherr: Eva Von Buttler: the Muckers of the Eighteenth Century; some modern Russian sects (Tsakni *La Russie Sectaire*) and others. Whilst it is to be remembered that in these and other cases we must receive with caution the accounts given by opponents, there is no doubt that Antinomianism, Svecchacara and the like is a well-known phenomenon in religious history often associated with so-called "Pantheistic" doctrines. The Antinomian doctrines of the Italian nuns, Spighi and Buonamici, recorded by Bishop Scipio de Ricci "*L'uomo e nato libero y nessuno lo puo legare nello spirito*": "man is born free and none can chain his free Spirit" are here dealt with in more detail, for the writer Edward Sellon ("Annotations on the writings of the Hindus") thought that he had found in the last cited case an instance of "Tantrik doctrine" in the convents of Italy in the Eighteenth Century." I will give some reasons, which refute his view, the more particularly because they are contained in a very rare work, namely, the first edition of De Potter's *Vie de Scipion de Ricci Eveque de Pistoie et Prafo*, published at Brussels in 1825,

and largely withdrawn at the instance of the Papal Court. The second edition is, I believe, much expurgated. Receiving report of abuses in the Dominican convent of St. Catherine de Prato, the Bishop of Pistoia and Prato made an inquisition into the conduct of the nuns, and in particular as to the teaching and practice of their leaders, the Sister Buonamici, formerly Prioress and afterwards novice-mistress, and the Sister Spighi, assistant novice-mistress. De Potter's work contains the original interrogatories, in Italian (I. 381) in the writing of 'Abbe Laurent Palli', Vicar-Episcopal at Prato, taken in 1781 and kept in the archives of the Ricci family. The Teaching of the two Sisters I summarize as follows: "God" (I. 413, 418 ) "is a first principle (*Primo principio*) who is a collectivity (in Sanskrit *Samashti*) of all men and things (*un cemplesso di tutti le cose anzi di tnttoil genere umano*). The universal Master or God is Nature (*ci e il maestro, ohe e Iddio ceve la natura*). As God is the totality of the universe and is nothing but Nature we all participate in the Divine Essence (*Questo Dio non e altro che la Natura. Noi medesimi per auesta ragione partecipiamo in aualche maniera dell'esser divino*). Man's soul is a mortal thing consisting of Memory, Intelligence and Will. It dies with the body disappearing as might a mist. Man is free and therefore none can enchain his free spirit (I. 428). The only Heaven and Hell which exists is the Heaven and Hell in this world. There is none other. After death there is neither pleasure nor suffering. The Spirit, being free, it is the intention which renders an act bad. It is sufficient (I. 460) to elevate the spirit to God and then no action, whatever it be, is sin (*Essendo il nostro spirito libero, l'inten zione e quello que rende cattiva l'azione. Basta danque colla mente elevarsi a Dio perche qualsiqoglia azione non sia peccato*). There is no sin. Certain (impure) acts not sin provided that the spirit is always elevated to God. Love of God and one's neighbor is the whole of the commandments. Man (I. 458) who unites with God by means of woman

satisfies both commandments. So also does he who, lifting his spirit to God, has enjoyment with a person of the same sex or alone (*Usciamo con alcuno d'equal sesso o da se soli*). To be united with God is to be united as man and woman. The eternal life (I. 418) of the soul and Paradise in this world is the transubstantiation (or it may be transfusion) which takes place when man is united with woman (*Depone credere questa vita eterna dell'anima essere la transustanziazione (forse transfusione nell'unirsi che fa l'uomo con la donna)*). Marie Clodesinde Spighi having stated that Paradise consisted in the fruition in this world of the Enjoyment of God (*la fruizione di Dio*) was asked "How is this attained?" Her reply was, by that act by which one unites oneself with God. "How again", she was questioned, "is this union effected?" To which the answer was "by co-operation of man and woman in which I recognize God Himself." I. 428. (*Mediante l'uomo nel quale ci riconosco Iddio*). Everything was permissible because man was free, though sots might obey the law enjoined for the general governance of the world. Man, she said, (I. 420) can be saved in all religions (*In tutti le religione ci passiamo salvare*). In doing that which we erroneously call impure is real purity ordained by God, without which man cannot arrive at a knowledge of Him who is the truth (*e esercitando erroneamente auello che diciamo impurita era la vera purita: quella Iddio ci comanda e virole no pratichiamo, e senza della quale non vi e maniera di trovare Iddio, che e verita*). "Where did you get all this doctrine?" This sister said "I gathered it from my natural inclinations" (*L'ho ricevuto dall'inclinazione della natura'*

Whilst it will not be necessary to tell the most ignorant Indian that the above doctrines are not Christian teaching, it is necessary (as Sellon's remark shows) to inform the English reader that this pantheistic libertinism is not "Tantrik". This

imperfect charge is due to the author's knowledge of the principles of Kaula Sadhana. I will not describe all the obscene and perverse acts which these "Religions" practiced. It is sufficient that the reader should throw his eye back a few lines and see that their teaching justified sodomy, lesbianism and masturbation, sins as abhorrent to the *Tantra Shastra* as any other. Owing, however, to ignorance or prejudice, everything is called "Tantrik" into which woman enters and in which sexual union takes on a religious or so-called religious character or complexion. The Shastra, on the country, teaches that there is a God who transcends Nature, that Dharma or morality governs all men, that there is sin and that the acts here referred to are impurities leading to Hell; for there is (it says) both suffering and enjoyment not only in this but in an after-life. It was apparently enough for Edward Sellon to adjudge the theories and practices to be Tantrik that these women preached the doctrine of intention and of sexual union with the feeling or Bhava (to use a Sanskrit term) that man and woman were parts of the one Divine essence. A little knowledge is a dangerous thing, and this is an instance of it. These corrupt theories are merely the "religious" and "philosophical" basis for a life of unrestrained libertinism which the *Tantra Shastra* condemns as emphatically as any other Scripture. The object of the Tantrik ritual is to forward the morality of the senses by converting mere animal functions into acts of worship. The Scripture says in effect, "Just as you offer flowers, incense and so forth to the Devata, in the Rajasik worship let these physical functions take their place, remembering that it is Shiva who is working in and through you." The doctrine of the Brethren of the Free Spirit (Delacroix *Le Mysticisme speculatif en Allemagne au quatorziem e siecle*) so far as it was probably really held, has, in points, resemblance to some of the Tantrik and indeed Aupanishadic teachings, for they both hold in common certain general principles to which

I will refer (see also Preger's *Geshichte der Deutschen Mystik im Mittelalter*). Other doctrines and practices with which they have been charged are wholly hostile to the Shakta Darshana and Sadhana. Amalric of Bena, a disciple of Scotus Erigena, held that God is all, both creature and creator, and the Essence of all which is. The soul which attains to Him by contemplation becomes God Himself. It was charged against him that man could act in the manner of God's action and do what he pleased without falling into sin. The doctrine that the Brahmajñani is above good and evil is so generally misunderstood that it is probable that, whatever may have been the case with some of his disciples, the charges made against the master himself on this point are false. It has been well said that one is prone to accuse of immorality any one who places himself beyond traditional morality. As regards the Brethren of the Free Spirit also, this alleged doctrine comes to us from the mouths of their adversaries. They are said to have held that there were two religions, one for the ignorant (Mudha), the other for the illuminate (Prabuddha), the first being the traditional religion of the letter and ritual observance, and the other of freedom and spirituality. The soul is of the same substance as God (identity of Jivatma and Paramatma). When this is realized man is deified. Then he is (as Brahmajñani) above all law (Dharma). The ordinary rules of morality bind only those who do not see beyond them, and who do not realize in themselves that Power which is superior to all these laws. United with God (*Anima deo unita*) man enjoys a blessed freedom. He sees the inanity of prayers, of fasts, of all those supplications which can do nothing to change the order of nature. He is one with the Spirit of all. Free of the law he follows his own will (Svecchacari). What the vulgar call "sin", he can commit without soiling himself. There is a distinction between the act which is called sinful and sin. Nothing is sin but what the doer takes to be such. The body does not sin.

It is the intention with which an act is done which constitutes sin. "The angel would not have fallen if what he did had been done with a good intention" (*Quod angelus non cecidisset si bona intentione fecisset quod fecit*). Man becomes God in all the powers of his being including the ultimate elements of his body. Therefore, wisdom lies not in renunciation, but in enjoyment and the satisfaction of his desires. The tormenting and insatiable passion for woman is a form of the creative spontaneous principle. The worth of instinct renders noble the acts of the flesh, and he who is united in spirit with God can with impunity fulfill the sensual desires of the body (*item quod unitus deo audacter possit explere libidinem carnalis*). There is no more sin in sexual union without marriage than within it and so forth. With the historian of this sect and with our knowledge of the degree to which pantheistic doctrines are misunderstood, we may reasonably doubt whether these accusations of their enemies represent in all particulars their true teaching. It seems, however, to have been held by those who have dealt with this question that the pantheistic doctrine of the Brethren led to conclusions contrary to the common morality. It is also highly probable that some at least of the excesses condemned were the work of false brethren, who finding in the doctrine a convenient excuse for, and an encouragement of their licentiousness, sheltered themselves behind its alleged authority. As this remark of Dr. Delacroix suggests, one must judge a doctrine (and we may instance that of the Shaktas) by what its sincere adherents hold and do, and not by the practices of impostors who always hie to sects which seem to hold theories offering opportunities for libertinism. One may here recall Milton who says with insight "That sort of men who follow Antinomianism and other fanatic dreams be such most commonly as are by nature gifted to religion, of life also *not* debauched and that their opinions having full swing do end in satisfaction of the flesh."

Whilst there is a similarity on some points between Kaula teaching and some of the Western pantheistic theories above alluded to, in others the two are manifestly and diametrically opposed. There are some who talk as if intellectual and moral aberrations were peculiar to India. No country is without them, but the West, owing to its chaos of thought and morals, has exhibited the worst. With the exception of the atheistic Carvakas and Lokayatas no sect in India has taught the pursuit of sensual enjoyment for its own sake, or justified the commission of any and every (even unnatural) sin. To do so would be to run counter to ideas which are those of the whole intellectual and moral Cosmos of India. These ideas include those of a Law (Dharma) inherent in the nature of all being; of sin as its infraction, and of the punishment of sin as bad Karma in this and the next world (Paraloka). It is believed and taught that the end of man is lasting happiness, but that this is not to be had by the satisfaction of worldly desires. Indeed the Kaula teaches that Liberation (Moksha) cannot be had so long as a man has any worldly desires whether good or bad. Whilst, however, there is an eternal Dharma (Sanatana Dharma), one and the same for all, there are also particular forms of Dharma governing particular bodies of men. It is thus a general rule that a man should not unlawfully satisfy his sexual desires. But the conditions under which he may lawfully do so have varied in every form and degree in times and places. In this sense, as the Sarvollasa says, marriage is a conventional (Paribhashika) thing. The convention which is binding on the individual must yet be followed, that being his Dharma. Sin again, it is taught, consists in intention, not in a physical act divorced therefrom. Were this otherwise, then it is said that the child which, when issuing from the mother's body, touches her Yoni would be guilty of the heinous offense called Guru-talpaga. The doctrine of a single act with differing intentions is illustrated by the Tantrik maxim "A wife

is kissed with one feeling, a daughter's face with another" (*Bhavana chumbita kanta, bhavana duhitananam*). In the words of the Sarvollasa, a man who goes with a woman, in the belief that by commission of such act he will go to Hell, will of a surety go thither. On the other hand it may be said that if an act is really lawful but is done in the belief that it is unlawful and with the deliberate intention of doing what is unlawful, there is subjective sin. The intention of the Shastra is not to unlawfully satisfy carnal desire in the way of eating and drinking and so forth, but that man should unite with Shiva-Shakti in worldly enjoyment (Bhaumananda) as a step towards the supreme enjoyment (Paramananda) of Liberation. In so doing he must follow the Dharma prescribed by Shiva. It is true, that there are different observances for the illuminee, for those whose power (Shakti) is awake (Prabuddha) and for the rest. But the Sadhana of these last is as necessary as the first and a stepping stone to it. The Kaula doctrine and practice may, from a Western standpoint, only be called Antinomian, in the sense that it holds, in common with the *Upanishads*, that the Brahma-jñani is above both good (Dharma) and evil (Adharma), and in the sense that some of these practices are contrary to what the general body of Hindu worshippers consider to be lawful. Thus Shakta Darshana is said by some to be Avidika. It is, however, best to leave to the West its own labels and to state the case of the East in its own terms.

After all, when everything unfavorable has been said, the abuses of some Tantriks are not to be compared either in nature or extent with those of the West with its widespread sordid prostitution, its drunkenness and gluttony, its sexual perversities and its so-called pathological but truly demoniacal enormities. To take a specific example -- Is the drinking of wine, by a limited number of Vamacari Tantriks in the whole of this country to be compared with (say) the

consumption of whisky in the single city of Calcutta? Is this whisky-drinking less worthy of condemnation because it is Pashupana or done for the satisfaction of sensual appetite alone? The dualistic notion that the "dignity" of religion is impaired by association with natural function is erroneous.

The well-known English writer, Sir Conan Doyle, doubtless referring to these and other wrongs, has expressed the opinion that during the then last quarter of a century we Westerns have been living in what (with some few ameliorating features) is the wickedest epoch in the world's history. However this may be, if our own great sins were here known, the abuses, real and alleged, of Tantriks would be seen in better proportion. Moreover an effective reply would be to hand against those who are always harping on Devadasis and other sensualities (supposed or real) of, or connected with, Indian worship. India's general present record for temperance and sexual control is better than that of the West. It is no doubt a just observation that abuses committed under the supposed sanction of religion are worse than wrongs done with the sense that they are wrong. That there have been hypocrites covering the satisfaction of their appetites with the cloak of religion is likely. But all Sadhakas are not hypocrites, and all cases do not show abuse. I cannot, therefore, help thinking that this constant insistence on one particular feature of the Shastra, together with ignorance both of the particular rites, and neglect and ignorance of all else in the Agama Scripture is simply part of the general polemic carried on in some quarters against the Indian religion. The *Tantra Shastra* is doubtless thought to be a very useful heavy gun and is therefore constantly fired in the attack. There may be some who will not readily believe that the weapon is not as formidable as was thought. All this is not to say that there have not been abuses, or that some forms of rite will not be considered repugnant, and in

fact open to objection founded on the interests of society at large. All this again is not to say that I counsel the acceptance of any theories or practice, not justified by the evolved morality of the day. According to the Shastra itself, some of these methods, even if carried out as directed, have their dangers. This is obvious in the actions of a lower class of men, whose conduct has made the Scripture notorious. The ordinary man will then ask: "Why then court danger when there is enough of it in ordinary life?" I may here recall an observation of the Emperor Akbar which, though not made with regard to the matter in hand, is yet well in point. He said, "I have never known of a man who was lost on a straight road."

It is necessary for me to so guard myself because those who cannot judge with detachment are prone to think that others who deal fairly and dispassionately with any doctrine or practice are necessarily its adherents and the counselors of it to others.

My own view is this -- Probably on the whole it would be, in general, better if men took neither alcohol in the form of spirits or meat, particularly the latter, which is the source of much disease. Though it is said that killing for sacrifice is no "killing", it can hardly be denied that total abstention from slaughter of animals constitutes a more complete conformity with Ahimsa or doctrine of non-injury to any being. Moreover, at a certain stage meat-eating is repugnant. A feeling of this kind is growing in the West, where even the meat-eater, impelled by disgust and a rising regard for decency, hides away the slaughter houses producing the meat which he openly displays at his table. In the same way, sexual errors are common to-day. Whatever license any person may allow himself in this matter, few if any will claim it for others and foster their vices. Nor was this the intention

of the Shastra. It is well known, however, that much of what passes for religious sentiment is connected with sex instinct even if religious life is not a mere "irradiation of the reproductive instinct" (see *Religion and Sex*, Cohen).

I understand the basis on which these Tantrik practices rest. Thus what seems repellent is sought to be justified on the ground that the Sadhaka should be above all likes and dislikes, and should see Brahman in all things. But the Western critic will say that we must judge practice from the practical standpoint. It was this consideration which was at the back of the statement of Professor de la Vallee Poussine (*Boudhism Etudes et Materianx*) that there is in this country what Taine called a "reasoning madness" which makes the Hindu stick at no conclusion however strange, willingly accepting even the absurd. (*Il y regne des l'origine ce que Taine appelle la folie raisonnante. Les Hindous vont volontiers jusqua l'absurde*). This may be too strongly put; but the saying contains this truth that the Indian temperament is an absolutist one. But such a temperament, if it has its fascinating grandeur, also carries with it the defects of its qualities; namely, dangers from which those, who make a compromise between life and reason, are free. The answer again is, that some of the doctrines and practices here described were never meant for the general body of men. After all, as I have elsewhere said, the question of this particular ritual practice is largely of historical interest only. Such practice to-day is, under the influences of the time, being transformed, where it is not altogether disappearing, with other ritual customs of a past age. Apart from my desire to clear away, so far as is rightly possible, charges which have lain heavily on this country, I am only interested here to show firstly that the practice is not a modern invention but seems to be a continuation in another form of ancient Vaidik usage; secondly that it claims, like the rest of the

ritual with which I have dealt, to be an application of the Advaitavada of the *Upanishads*; and lastly that (putting aside things generally repugnant and extremist practices which have led to abuse) a great principle is involved which may find legitimate and ennobling application in all daily acts of physical function within the bounds of man's ordinary Dharma. Those who so practice this principle may become the true Vira who has been said to be not the man of great physical or sexual strength, the great fighter, eater, drinker, or the like, but

*Jitendriyah satavadi nityanushthana-tatparah*

*Kamadi-balidanashca sa vira iti giyate.*

"He is a Hero who has controlled his senses, and is a speaker of truth; who is ever engaged in worship and has sacrificed lust and all other passions."

The attainment of these qualities is the aim, whatever is said of some of the means, of all such Tantrik Sadhana.

## Chapter Twenty-eight

### Matam Rutra (The Right and Wrong Interpretation)

In connection with the doctrine and Sadhana just described it is apposite to cite the following legend from Tibet, which shows how, according to its Sadhakas, it may be either rightly or wrongly interpreted, and how, in the latter case, it leads to terrible evils and their punishment.

Guru Padma-sambhava, the so-called founder of "Lamaism," had five women disciples who compiled several accounts of the teachings of their Master and hid them in various places for the benefit of future believers. One of these disciples -- Khandro Yeshe Tsogyal -- was a Tibetan lady who is said to have possessed such a wonderful power of memory that if she was told a thing only once she remembered it for ever. She gathered what she had heard from her Guru into a book called the Padma Thangyig Serteng or Golden Rosary of the history of her Guru who was entitled the Lotus-born (Padmasambhava). The book was hidden away and was subsequently, under inspiration, revealed some five hundred years ago by a Terton.

The first Chapter of the work deals with Sukhavati, the realm of Buddha Amitabha. In the second the Buddha emanates a ray which is incarnated for the welfare of the Universe. In Chapter III it is said that there have been a Buddha and a Guru working together in various worlds and at various times, the former preaching the Sutras and the latter the Tantras. The fourth Chapter speaks of the Mantras and the five Dhyani Buddhas (as to which see *Shri-cakra-sambhara Tantra*), and in the fifth we find the subject of the present Chapter, an account of the origin of the Vajrayana Faith. The present Chapter is based on a translation, which I asked Kazi Dawasamdub to prepare for me, of portions of the Thangyig

Serteng. I have further had, and here acknowledge, the assistance of the very learned Lama Ugyen Tanzin, in the elucidation of the inner meaning of the legend. I cannot go fully into this but give certain indications which will enable the competent to work out much of the rest for themselves from the terrible symbolism in which evil for evil's sake is here expressed.

The story is that of the rise and fall of the Self. The disciple "Transcendent Faith" who became the Bodhisattva Vajrapani illustrates the former; the case of "Black Salvation" who incarnated as a Demoniac Rutra displays the latter. He was no ordinary man, for at the time of his initiation he had already attained eight out of the thirteen stages (Bhumika) on the way to perfect Buddhahood. His powers were correspondingly great. But the higher the rise the greater the fall if it comes. Through misunderstanding and misapplying, as so many others have done, the Tantrik doctrine, he "fell back" into Hell. Extraordinary men who were teachers of recondite doctrines such as those of Thubka, who was himself "hard to overcome," seem not to have failed to warn lesser brethren against their dangers. It is commonly said in Tibet of the so-called "heroic" modes of extremist Yoga, that they waft the disciple with the utmost speed either to the heights of Nirvana or to the depths of Hell. For the aspirant is compared to a snake which is made to go up a hollow bamboo. It must ascend and escape at the top, at the peril otherwise of falling down.

Notwithstanding these warnings many of the vulgar, the vicious, the misunderstanding and the fools who play with fire have gone to Hells far more terrible than those which await human frailties in pursuance of the common life of men whose progress if slow is sure. "Black Salvation", though an advanced disciple, misinterpreted his teacher's

doctrine and consciously identifying himself with the world-evil fell into Hell. In time he rose therefrom and incarnating at first, in gross material forms, he at length manifested as a great Rutra, the embodiment of all wickedness. The Tibetan Rutra here spoken of and the Indian Rutra seem to be etymologically the same but their meaning is different. Both are fierce and terrible Spirits; but a Rutra as here depicted is essentially evil, and neither the Lord of any sensual celestial paradise, nor the Cosmic Shakti which loosens forms. A Rutra is rather what in some secret circles is called (though in ungrammatical Sanskrit) an Adhatma, or a soul upon the lower and destructive path. The general destructive energy (Samhara-Shakti), however, uses for its purpose the disintegrating propensities of these forms. The evil which appears as Rutra is the expression of various kinds of Egoism. Thus Matam Rutra is Egoism as attached to the gross physical body. Again, all sentient worldly being gives expression to its feelings, saying "I am happy, unhappy, and so forth." All this is here embodied in the speech of the Rutra and is called Akar Rutra. Khatram Rutra is Egoism of the mind, as when it is said of any object "this is mine". "Black Salvation" became a Rutra of such terrific power that to save him and the world the Buddhas intervened. There are four methods by which they and the Bodhisattvas subdue and save sentient being, namely, the Peaceful, the Grand or Attractive, the Fascinating which renders powerless (Vasikaranam), and the stern method of downright Force. All forms of Egoism must be destroyed in order that the pure "That Which Is" or formless Consciousness may be attained. "Black Salvation" incarnated as the Pride of Egoism in its most terrible form. And, in order to subdue him, the last two methods had to be employed. He was, through the Glorious One, redeemed by the suffering which attends all sin and became the "Dark Defender of the Faith," which by his egoistic apostasy he had abjured, to be later the Buddha

known as the "Lord of Ashes" in that world which is called "the immediately self-produced". How this came about the legend describes.

The fifth Chapter of the Golden Rosary says that Guru Padma-Vajradhara was reborn as Bhikshu Thubkazhonnu, which means the "youth who is hard to overcome". He was a Tantrik who preached an abstruse doctrine which is condensed in the following verse:

"He who has attained the 'That Which Is'

Or uncreated In-itself-ness

Is unaffected even by the 'four things'

Just as the cloud which floats in the sky

Adheres not thereto.

This is the way of Supreme Yoga.

Than this in all the three worlds

There is not a higher wisdom."

This Guru had two disciples, Kuntri and his servant Pramadeva. To the latter was given, on initiation, the name "Transcendent Faith," and to the former "Black Salvation". This last name was a prophetic prediction that he would be saved, not through peaceful or agreeable means but through the just wrath of the Jinas. The real meaning of the verse as understood and practiced by Pramadeva and as declared to be right by the Guru was as follows: "The pure Consciousness (Dagpa-ye-shes) is the foundation (Gshihdsin) of the limited consciousness (Rnam-shes) and is in Scripture

"That which is," the real uncreated "In-Itself-ness". This being unaffected or unruffled is the path of Tantra. Passions (Klesha) are like clouds wandering in the wide spaces of the sky. (These clouds are distinct from, and do not touch the back-ground of space against which they appear.) So passions do not touch but disappear from the Void (Shunyata). Whilst ascending upwards the threefold accomplishment (Activity, non-activity, absolute repose) must be persevered in; and this is the meaning of our Teacher Thubka's doctrine."

The latter, however, was misunderstood by "Black Salvation" (Tharpa Nagpo) who took it to mean that he was to make no effort to save himself by the gaining of merit, but that he was to indulge in the four acts of sinful enjoyment, by the eye, nose, tongue and organ of generation. On this account, he fell out with his brother in the faith Pramadeva, and later with his Guru, both of whom he caused to be persecuted and banished the country. Continuing in a career of reckless and sin-hardened life, he died unrepentant after a score of years passed in various diabolical practices. He fell into Hell and continued there for countless ages. At the close of the time of Buddha Dipankara (Marmedzad or "Light maker") he was reborn several times as huge sea monsters. At length, just before the time of the last Buddha Sakya Muni, he was born as the son of a woman of loose morals in a country called Lankapuri of the Rakshasas. This woman used to consort with three Spirits -- a Deva in the morning, a Fire Genius at noon, and a Daitya in the evening. "Black Salvation" was reborn in the eighth month as the offspring of these three Spirits. The child was a terrible monster, black of color, with three heads, each of which had three eyes, six hands, four feet and two wings. He was horrible to look at, and immediately at his birth all the auspicious signs of the country disappeared, and the eighteen inauspicious signs

were seen. Malignant epidemics attacked the whole region of Lanka-puri. Some died, others only suffered, but all were in misery. Lamentation, famine and sorrow beset the land. There were disease, bloodshed, mildew, hailstorms, droughts, floods and all other kinds of calamities. Even dreams were frightful, and ominous signs portending a great catastrophe oppressed all. Evil spirits roamed the land. So great were the evils that it seemed as if the good merits of everyone had been exhausted all at once.

The mother who had given birth to this monster died nine days after its birth. The people of the country decreed that this monstrous infant should be bound to the mother's corpse and left in the cemetery. The infant was then tied to his mother's breast. The mother was borne away in a stretcher to the cemetery, and the stretcher was left at the foot of a poisonous tree which had a boar's den at its root, a poisonous snake coiled round the middle of its trunk, and a bird of prey sitting in its uppermost branches. (These animals are the emblems of lust, anger and greed respectively which "kindle the fire of individuality".) At this place there was a huge sepulcher built by the Rakshasas where they used to leave their dead at the foot of the tree. Elephants and tigers came there to die; serpents infested it, and witch-like spirits called Dakinis and Ghouls brought human bodies there. After the bearers of the corpse had left, the infant sustained his life by sucking the breasts of his mother's corpse. These yielded only a thin, watery fluid for seven days. Next he sucked the blood and lived a week; then he gnawed at the breast and lived the third week; then he ate the entrails and lived for a week. Then he ate the outer flesh and lived for the fifth week. Lastly he crunched the bones, sucked the marrow, licked the humors and brains and lived a week. He thus in six weeks developed full physical maturity. Having exhausted his stock of food he

moved about; and his motion shook the cemetery building to pieces. He observed the Ghouls and Dakinis feasting on human corpses which he took as his food and human blood as the drink, filling the skulls with it. His clothing was dried human skins as also the hides of dead elephants, the flesh of which he also ate. He ate also the flesh of tigers and wrapped his loins in their furs. He used serpents as bracelets, anklets, armlets and as necklaces and garlands. His lips were thick with frozen fat, and his body was covered with ashes from the burning ground. He wore a garland of dead skulls on one string; freshly severed heads on another; and decomposing heads on a third. These were worn crosswise as a triple garland. Each cheek was adorned with a spot of blood. His three great heads ever wrathful, of three different colors, were fierce and horrible to look at. The middle head was dark blue and those to the right and left were white and red respectively. His body and limbs which were of gigantic size and proportions were ashy gray. His skin was coarse and his hair as stiff as hog's bristles. His mouth wide agape showed fangs. His terrible eyes were fixed in a stare. Half of the dark brown hair on his head stood erect, bound with four kinds of snakes. The nails of his fingers and toes were like the talons of a great bird of prey, which seized hold of everything within reach, whether animals or human corpses which he crushed and swallowed. He bore a trident and other weapons in his right hands, and with his left he filled the emptied skulls with blood which he drank with great relish. He was a monster of ugliness who delighted in every kind of impious act. His unnatural food produced a strange luster on his face, which shone with a dull though great and terrible light. His breath was so poisonous that those touched by it were attacked with various diseases. For his nostrils breathed forth disease. His eyes, ears and arms produced the 404 different ills. Thus, the diseases paralysis, epilepsy, bubonic swellings, urinary

ills, skin diseases, aches, rheumatism, gout, colic, cholera, leprosy, cancer, small-pox, dropsy and various other sores and boils appeared in this world at that time. (For evil thoughts and acts make the vital spirit sick and thence springs gross disease.)

The name of this great Demon was Matam Rutra. He was the fruit of the Karma of the great wickedness of his former life as Tharpa Nagpo. At that time, in each of the 24 Pilgrimages, there was a powerful destructive Bhairava Spirit. These Devas, Gandharvas, Rakshasas, Asuras and Nagas were proud, malignant and mighty Spirits, despotic masters of men, with great magical powers of illusion and transformation. These Spirits used to wander over these countries dressed in the eight sepulchral raiments, wearing the six kinds of bone ornaments, and armed with various weapons, accompanied by their female consorts, and reveled in all kinds of obscene orgies. Their chief occupation consisted in depriving all sentient beings of their lives. After consultation, all these Spirits elected Matam Rutra as their Chief. Thus all these non-human beings became his slaves. In the midst of his horrible retinue he continued to devour human beings alive until the race became almost destroyed and the cities emptied. He was thus the terrible scourge that the earth had ever seen. All who died in those days fell into Hell. But, as for Matam Rutra himself, his pride knew no bounds: he thought there was no one greater than himself and would roar out:

"Who is there greater and mightier than I? If there be any Lord who would excel me, Him too will I subjugate."

As there was no one to gainsay him, the world was oppressed by heavy gloom. At that time, however, Kali proclaimed,

"In the country of Lanka, the land of Rakshasas,  
In a portion of the city called Koka-Thangmaling,  
On the peak of Malaya, the abode of Thunder,  
There dwells the Lord of Lanka, King of Rakshasas.  
He is a disciple of the light-giving Buddha.  
His fame far excels thine.  
He is unconquerable in fight by any foe.  
He sleeps secure and doth awake in peace."

Hearing this, the pride and ambition of the Demon became aflame. His body emitted flames great enough to have consumed all worlds at the great Kalpa dissolution. His voice resounded in a deep thundering roar like that of a thousand clasp of thunder heard together. With sparks of fire flying from his mouth he summoned a huge force. He filled the very heavens with them, and moving with the speed of a meteor he invaded the Rakshasa's capital of Koka-Thangmaling. Encamping, Matam Rutra proclaimed his name proudly, at which the entire country of Lanka trembled and was shaken terribly as though by an earth-quake. The Rakshasas, both male and female, became terrified. The King of the Rakshasas sent spies to find out the cause of these happenings. They went and saw the terrible force, and being terrified at the sight reported the fearful news to their king. He sat in Samadhi for a while, and divined the

following: According to the Sutra of King Gunadhara it was said, "One who has vexed his Guru's heart, and broken his friend and brother's heart: the haughty son, being released from the three Hells, will take rebirth here, and he will surely conquer the Lord of Lanka. In the end, he will be conquered by many Sugatas (the blissful ones, or Buddhas). And this event will give birth to the Anuttara-Vajrayana Faith." The Buddha Marmedzad having revealed the event, he wished to see whether this was the Matam Rutra Demon referred to in the prophesy. So he collected a force of Rakshasas and went forth to fight a battle with the Demon force. Matam Rutra was very angry and said:

"I am the Great Invincible One, who is without a peer,

I am the Ishvara Mahadeva.

The four great Kings of the four quarters are my vassals,

The eight different tribes of Spirits are my slaves,

I am the Lord of the whole World.

Who is going to withstand and confront me?

Tutra, Matra, Marutra."

With this battle cry he overcame the forces of the Rakshasas. Then the King of the Rakshasas and all his forces submitted to the King of the Demons, saying "I repent me of my attempt to withstand you, in the hope of upholding the Faith of the Buddhas, and to spread it far and wide. I now submit to you and become your loyal subject. I will not rebel against you." When he had thus overcome the Rakshasas, he assumed the title of Matamka, the Chief of all the

Rakshasas. His pride increased, and he proclaimed, "Who is there greater than I'?"

Then, Kali again cleverly excited his ambition and pride by saying, "The Chief of the armies of the Asuras (Lhamin that is "not Devas"), named Mahakaru, is mightier than you." Thereupon he invaded the realms of the Asuras, with his demon force, and all the Asuras becoming affected with various terrible maladies were powerless to resist him. The Rutra caught hold of the Asura King by the leg and whirling him thrice round his head flung him into the Jambudvipa where he fell in a place called the Ge-ne-gynad, meaning the place of eight merits. Then those of the Asuras who had not been killed, the eight planets (Grahas) and the twenty-eight constellations (Nakshatras) and their hosts sought refuge in every direction, but failing to obtain safety anywhere, they returned and surrendered themselves to the Demon Matam Rutra. Then the Asuras guided the Rutra and his forces to a Palace named the Globular Palace like a skull where they established their Capital. In the center of this Palace, the Rutra hoisted his banner of Victory. They arranged their dreadful weapons by the side of the entrance, and the place was surrounded by numerous followers with magical powers. Having thus shown his own great magical powers, he took up the King of Mountains, Meru, upon the tip of his finger and whirling it round his head, he proclaimed these boastful words, "Rutra, Matra, Marutra, who is there in this universe greater than myself? In all the three Lokas, there is none greater than I. And if there be any, him also will I subdue." To these boastful words Kali answered,

"In the thirty-third Deva-Loka and in the happy  
celestial regions of the Tushita Heavens,

Sitting amidst the golden assembly of disciples,  
Is the Holy Savior of all beings, Regent of the Devas  
(Dampa-Togkar).

Having been anointed, He is venerated and praised by  
all the Deva Kings.

He summons all the Devas to his assembly by sounding  
the various instruments of heavenly music

Accompanied by a celestial Chorus.

He is greater than yourself."

On her so saying, the Archdemon blazed forth into a fury of pride and wrath, and set forth to conquer the Tushita Heavens. The Bodhisattva (Dampa-Togkar) was sitting enthroned on a throne of precious metals, in the midst of thousands of Devatas, both male and female, and was preaching Dharma to them. The Archdemon seized Dampa-Togkar from his throne, and threw him down into this world-system. All the Devas and Devis there gathered exclaimed, "Alas, what a fate, O, the sinful wretch!" seven times over. Thereupon the Rutra fiercely said:

"Put on two cloths, and sit down on your seats, every one of you!

How can I be conquered by you? I am the mighty destroyer and subjugator of all.

(The expression "Put on two cloths" was said by way of contempt for the priestly robes which consist of three pieces,

being a wrapper above, and one below and one over both. Dampa- Togkar is the Bodhisattva who is coming as Buddha to teach in the human world. He descends from the Tushita Heavens where he reigns as Regent). When the celestial Regent of the Tushita Heavens (Dampa-Togkar) was about to pass away from there, he uttered this prophesy to his disciples, who were around him:

"Listen unto me, Ye my disciples:

This apostate disciple, Tharpa-Nagpo (Black Salvation),

Who does not believe in the Buddha's Doctrine,

He is destined to pervert the Devas and Asuras,

And to bend them to his yoke.

He hates the perfect Buddha, and he will work much evil in this world-system

There are two, who can deprive him of his terrible power;

They are Thubka-Zhonnu and Dad-Phags (Pramadeva, Arya Shraddha called Transcendent Faith)

They will be able to make him taste the fruits of his evil deeds in this very life.

He will not be subdued by peaceful, nor by any generous means.

He will only be conquered by the methods of Fascination and Sternness.

(The various means of redemption have been previously explained. Thubka and his good disciple "Transcendent Faith" who had then become Buddha Vajra-Sattva, and Bodhisattva Vajrapani were selected for this purpose. They assumed the forms of the Devatas with the Horse's head (Hayagriva) and the Sow's head (Vajra-Varahi)

"Who, of the Noble Sangha, will doubt this,

That Hayagriva and Vajra-Varahi will give him their bodies.

(When it is said "These will give him their bodies" this means, as hereafter described, entering the Rutra's body, assuming his shape and destroying his Rutra life and nature. They give him their divine bodies so that they may destroy his demoniac body).

"And who will not trust in the Wisdom of the Jinas, to conquer him by the upward-piercing method,

From this (demon) will come the Precious-nectar, which will be of use in acquiring Virtue.

From this (demon) will originate the changing of poison into elixir.

(There are various Tantrik methods suited to various natures. "The upward-piercing" (Khatar-yar-phig) is that of Vajrayana. This is the method which goes upward and upward, that is straight upward without delay and without going to right or left. To change poison into nectar or elixir is a well-known principle of these schools. "This Demon will have to be ground down and destroyed to the last atom, in one body.

(It is said "in one body" because, ordinarily, several lives are necessary; but in this case and by this method Liberation is achieved in a single life-time and in one body. Not one atom of the Rutra body is left, for Egoism is wholly destroyed.)

"The Divine Horse-headed Deity (Vajra-Hayagriva),

is he who will dispel this threatening misfortune,

Dad-phags, (Pramadeva who was given on initiation

the name "Transcendent Faith") is at present Vajra-pani (Bodhisattva).

And Thubka-Zhonnu is, at present, the Buddha Vajra-sattva.

The divine prophesies of the Jinas are to be interpreted thus:

'They will exterminate their opponents

For myself I go to take birth in Maya-Devi's womb.

I will practice Samadhi at the root of the Bodhi-Tree.

I will not hold those beliefs in doubt.

For it has been said that the Buddha's Faith will triumph over this,

And will remain long in the Jambudvipa.

By means of the mysterious practice of Emancipating

by means of Communion.'

(The practice here referred to is the method called Jordol (sByor sGrol) which has both exoteric and esoteric meanings, such as in the case of the latter the communion of the Divine Male and Female whose union destroys to its uttermost root egoistic attachment; the communion with Shunyata whose innermost significance is the non-dual Consciousness (gNyismed-yeshes) which dispels ignorance and cuts at the root of all Samsaric life by the destruction of all the Rutra forms. "Female" here is Sunyata and not a woman. When a learned Lama is asked why the terms of sex are used they say it is to symbolize Thabs (Upaya) and Shesrabs (Prajña) which it is not possible to further explain here (See *Mahanirvana Tantra* and *Kaulavali Nirnaya*).

"The Matam Rutra, which is clinging to the body as 'I' will be dispelled,

All forms of worldly happiness and pain, the Egoism of Speech (Akar Rutra),

Will be destroyed.

The saying 'this is mine' of anything,

The mental 'I' (or Khatram-Rutra) is freed.

The true nature and distinguishing attributes of a Rutra,

Which is manifest outwardly, exists inwardly, and lies hidden secretly,

In short all the fifty-eight Rutras, with their hosts,

will be destroyed completely.

(I have already dealt with the meaning of the term, Rutra. Here the Egoisms of body, feelings, mind are referred to. The Glorious One will eradicate the physical and all other Rutras, the monster of the self in all its forms, gross, subtle and causal.)

"The world though deprived of happiness will rejoice again.

The world will be filled with the Precious Dharma of the Tri-Ratna.

The Righteous Faith has not declined, nor has it passed away."

(Thus did the Regent of the Tushita Heavens prophesy the advent of the Tantrik method for the complete destruction and the elimination of the demon of "Egotism" from the nature of the devotees on the path by means of Jordol.)

After uttering these prophecies he passed away and took re-birth in the womb of Queen Maya Devi. Then the Archdemon, having subjugated all the Devas of the thirty-third and the Tushita Heavens, appointed the two Demons Mara and Devadatta, his two chief officers, to suppress Indra and Brahma. The Archdemon himself took up his abode in the Malaya Mountain, in the place called the Human skull-like Mansion. He used to feed upon Devas and human beings, both males and females. Drums, bells, cymbals and every kind of stringed and other musical instruments were played to him in a perpetual concert with songs and dances. Every kind of enjoyment which the Devas used to enjoy, he enjoyed perpetually. (8th Chapter ends).

The 9th Chapter deals with the defeat and destruction of the Archdemon Matam Rutra by the Buddhas of the ten directions.

Then there assembled together Dharmakaya Buddha Samanatabhadra (Chosku Kuntu Zangpo) and his attendants from the Wogmin (Akanishta) Heavens, from other Heavens, Sambhoga-kaya Vajra-dhara with his attendants; and Vajrapani Nirmanakaya with his attendants. In short, from the various heavens of the ten directions came the different Buddhas and Bodhisattvas. All held a consultation together and came to this resolution:

"Unless the power of the Buddhas be exerted to subjugate the Rutra, the Faith of the Buddhas will cease to spread and will degenerate. That body which has committed such violent outrages on every other being, must be made to suffer the agonies of being hurt by weapons, wielded by avengers. If he is not made to feel the consequences of his deeds, the Jinas who have proclaimed the Truth will be falsified. He is not to be destroyed but to be subdued." Having thus agreed, all the Buddhas began to seek with their omniscient eyes, him who was destined to conquer this Rutra. They saw that Thubka-Zhonnu who had attained the state of Buddha Vajrasattva and Dadphags who had become Vajra-pani were to subdue him, and that the time was also ripe. So both of them came with their respective retinue and were blessed and endowed with Power by all the Buddhas, who gave these instructions. "Do ye assume the forms and sexes of Chenrezi and Dolma (Avalokita and Tara) and do ye subdue the Enemy by assuming the shapes of the Deities having the Horse-mane and the Sow's head (Haya-griva and Vajra-Varahi) ."

(The latter is commonly known in English translations as the "Diamond Sow". Vajra is the Sanskrit equivalent of the word Dorje in Tibetan. The latter has many meanings; Indra's thunderbolt, the Lamas' scepter, diamond and so forth: and is in fact used of anything of a high and mystical character which is lasting, indestructible, powerful and irresistible. Thus the high priest presiding at Tantrik Rites is called Dorje Lopon. In fact, diamond is so called because of the hard character of this gem. In the Indian Tantrik worship, Vajra occurs as in Vajrapushpa (Vajra-flower), Vajra-bhumi (Vajra-ground), and so forth, but these are not "diamond" flowers or earth. An extremely interesting inquiry is here opened which is beyond the scope of this Chapter, for the term Vajra, which is again the appellation of this particular school (Vajrayana), and is of great significance in the history of that power-side of religion which is dealt with in the *Shakta Tantra*. (See *Introduction to Shri-Cakra-Sambhara*. Here, without further attempt at explanation, I keep the term Vajra adding only that Harinisa is not, as has been thought, Vajra-Varahi (Dorje-phagmo) Herself but the Bija Mantras (Ha, ri, ni, sa) of Her four attendant Dakinis.)

Vajra-Sattva and Vajrapani, Buddha and Bodhisattva of the Vajrayana faith transformed themselves into the forms of Hayagriva and Vajra-Varahi, and assumed the costumes of Herukas. (The Herukas are a class of Vajrayana Devatas, of half terrible features, represented as partly nude with an upper garment of human skin and tiger skin round the loins. They have a skull head-dress, carry bone rosaries, a staff and Damaru like Shiva. The Herukas are described in the Tibetan books as being beautiful, heroic, awe-inspiring, stern and majestic.) Blazing in the nine kinds of physical magnificence and splendor, they proceeded to the Malaya Mountain,-- the abode of the Rutra. On the four sides of the Mountain were four gates. Each gate was guarded by a

Demoness, bearing respectively a Mare's, Sow's, Lion's and a Dog's head. These the Glorious One conquered, and united therewith in a spirit of nonattachment. From their union were born the following female issue: (1) The White Horse-faced, (2) The Black Sow-faced, (3) The Red Lion-faced, (4) and the Green Dog-faced daughters. Proceeding still further He met another cordon of sentries, who too were females, bearing the heads of (1) Lioness, (2) Tigress, (3) Fox, (4) Wolf, (5) Vulture, (6) Kanka, (?) (7) Raven, and (8) Owl. With these Demonesses too, the Glorious One united in a spirit of non-attachment, and blessed the act. Of this union were born female offspring, each of whom took after the mother in outward shape or Matter, and after the father in Mind. Thus were the eight Demi-goddesses born: *viz.*, the Lion-headed, Tiger-headed and so forth. Being divine in mind, they possess prescience and wisdom, although from their mother they retained their shape and features, which are those of brutes.

Then again proceeding further inward, He came upon the daughters of the Rutras and of Rakshasas, named respectively, Nyobyed-ma or "She who maddens," Tagbyed-ma "She who frightens," Dri-medma "The unsullied," Kem-pama "She who dries one up," Phorthogma "She who bears the Cup" and Zhyongthogma the "bowl bearer."

The Glorious One united with these in the same manner, and from them, were born the eight Matrikas of the eight Sthanas (sacred places), known as Gaurima and so forth. These, too, possessed divine wisdom from their father and terrific features and shapes from their mothers.

(There are 24 Sthanas which are places of pilgrimage and eight great cemeteries making 32 in all. In each of these cemeteries there is a powerful Goddess also called Mamo,

that is, Matrika. These terrible Goddesses are, according to the Zhi-Khro, Gaurima, Tsaurima, Candali, Vetali, Gasmari, Shonama, Pramo, Puskasi. These are in color white, yellow, yellowish white, black, dark green, dark blue, red, reddish yellow, and are situated in the East, South, N.W., North, S.W., N.E., West, S.E., "nerve-leafs of the conch-shell mansion" (brain) respectively. These are the eight great Matrikas of the eight great Cemeteries, to whom prayer is made, that when forms are changed and entrance is made on the intermediate plane (Bardo. See as to this Dr. Evans-Wentz, *Tibetan Book of the Dead*), they may place the spirit on the clear light path of Radiance (Hodsai).

(These various accomplishments denote the union of Divine Mind with gross matter. In working with matter the Divine mind is always detached. Work is possible even for the liberated consciousness when free from attachment, that is, desire (Kama), which is bondage. The Divine Mind unites with terrible forms of gross matter that these may be instruments; in this case instruments whereby the gross Egoism of the Rutra is to be subdued.)

Then going right into the innermost abode, he found that the Rutra had gone out in search of food, which consisted of human flesh and of Devas. Adopting the disguise of the Rutra, the Glorious One went in to the Consort of the Rutra, the Rakshasi-Queen Krodheshvari (Lady of Wrath) in the same spirit as before, and blessed the act. By Krodheshvari, He had male issue, Bhagavan Vajra-Keruka, with three faces and six hands, terrific to behold. Then the Glorious One, Hayagriva, and his divine Consort, Vajra-Varahi, each expressed their triumph by neighing and grunting thrice. Upon hearing these sounds the Rutra was struck with mortal fear, and coming to the spot, he said:

"What sayest Thou, little son of Hayagriva and Vajra-Varahi.

All the world of Devas and Asuras

Proclaim my virtues and sing my praises.

I cannot be conquered. Rest yourselves in peace,

Regard me with humility, and bow down to me.

Even the Regent of the Devas, of the odd garment (priestly dress),

Failed to conquer me in days of yore."

Saying this, he raised his hands, and came to lay them on the young one's head. Thereupon, Hayagriva at once entered the body of the Rutra by the secret path (Guhya) from below and piercing him right through from below upwards, He showed His Horse's Head, on the top of the head of the Rutra. The oily fat of the Rutra's body made the Horse's head look green. The mane, being dyed with blood, became red, and the eye-brows, having been splashed with the bile of the Demon, became yellow. The forehead, being splashed with the brains, became white. Thus the Glorious One, having assumed the shape and dresses of the Rutra, took on a terrible majesty.

At the same time, Vajra-Varahi, His Consort, also entered the body of the Rutra's Consort Krodheshvari, in the same manner piercing and impaling her. She forced Her own Sow's head right up through the crown of the Demoness' head, until it towered above it. The Sow's head had assumed a black color, from having been steeped in the fat of the Rakshasi. Then the two Divine Beings embraced each other,

and begot an offspring, a Divine Being, a male of the Terrific Order, a Krodhabhairava. Having done this, Hayagriva neighed shrilly six times, and Vajra-Varahi grunted deeply five times. Then the hosts of the Buddhas and the Bodhisattvas assembled there as thickly as birds of prey settling down on carrion. They filled all space. They were of the peaceful, the wrathful, the half-peaceful and the half-wrathful orders, in inconceivably large numbers. They began to surround the Rutra-Tharpa-Nagpo, who, being unable to bear the pain of being stretched asunder, cried in agony:

"Oh, I am defeated! The Horse and the Sow have defeated the Rutra.

The Buddhas have defeated the Demons.

Religion has conquered Ir-religion,

The Sangha has defeated the Tirthikas.

Indra has defeated the Asuras,

The Asuras have defeated the Moon

The Garuda has defeated the Ocean

Fire defeats fuel, Wind scatters the Clouds

Diamond (Vajra) pierces metals

Oh! it was I who said that last night's dream portended evil.

Oh! slay me quick, if you are going to slay me."

As he said this, his bowels were involuntarily loosened, and from the excreta which, being thus purified, fell into the Ocean, there at once arose a precious sandal tree, which was a wish-granting tree. This tree struck its root in the nether world of the Serpent-spirits, spread its foliage in the Asura-lokas, and bore its fruits in the Deva-lokas. And the fruits were named Amrita (the essence and elixir of life).

Then the two Chief Actor and Actress, Hayagriva and Vajra-Varahi acted the joyful plays called the 'Plays of Happy Cause,' 'Happy Path', and 'Happy Result', in the nine glorious measures. (That is, plays in which the actors are happy being the male and female Divinities, in this case Hayagriva and Vajra-Varahi. They are the cause; their play being exoterically "Dalliance" (Lila, and their result the dispelling of Egoism which is Illumination.)

Just as a victor in a battle, who has slain his enemy, wins the armor and the accoutrements of his slain opponent, and puts them on as a sign of triumph, so also, the Glorious One having conquered the Rutra, assumed the eight accoutrements of the foe, including the wings, and the other adornments which made him look so bright and magnificent. These the Glorious One blessed and consecrated to the use of the Divine Deities. Having done all this, both Hayagriva and Vajra-Varahi returned to the Realm of pure Spiritual Being (Dharmadhatu). Thus it comes about that those costumes, assumed by the Rutra, came to be adopted as the attire of the Deities. Their having three heads, the eight sepulchral ornaments, and the eight glorious costumes and wings, had origin in this event.

Then Pal Chag-na-dorje (Shri Vajrapani) multiplied himself into countless Avatars, and these again multiplied themselves into myriads of Avatars, all of the terrible and

wrathful type. The Rutra too showed supernatural powers, for he transformed himself into a nine-headed Monster, having eighteen hands, as huge as the Mount Meru. Should it be doubted, how this sinful being could still possess such supernatural powers, one must know that he was a Bodhisattva of the eighth degree (One who has attained eight Bhumikas or stages of advance out of thirteen) who had fallen back. Hence was it, that even the Buddhas found it difficult to subdue him, not to count the world of Devas and men. Then Vajrapani manifested still greater divine powers of every imaginable description, and all the Buddhas and Bodhisattvas fixed their abodes on the greatly enlarged and distended body of the Rutra. The latter being unable to bear the agony of this pressure, roared with pain,

"Come quick to the rescue, O my followers, who inhabit the ten directions

To the right and left of the Skull-like Mansion

And those who live in the gardens and the orchards.

Yakshas, Rakshasas, and Pretas millions in number, advance to the rescue at once.

O ye followers and adherents of the Rutra, who dwell in the twenty-four places, and countries

Numbering millions and tens of million, who have sworn allegiance to me

And promised to serve me faithfully, and ye from the illimitable spaces in every direction

Fill the heavens and the earth with your innumerable hosts

And all in one body strike (at the foe) with the  
weapons in your hands, sounding the battle cry  
Om-rulu-rulu."

Though he uttered these commands, there was none to obey him. Everyone surrendered to Bhagavan Vajra-Heruka. Thus all the subordinates of the Rutra, the thirty-two Dakinis, the seven Matrikas, and the four "Sisters," (Sringsbzhi), the eight Furies (Barmas or flaming ones), the eight Genii (spirits or attendants on the Devatas) and the sixty-four Messengers all came over to the Heruka and the Divine offspring (the Krodha-Bhairava) took upon himself the duty of serving the food of the Deities.

(This is the Deity usually invoked when any purification and religious contrition has to be performed or done. By this it is seen that his undertaking to serve the food of the Deities means purifying and absolving the sins of the Rutra.)

Vajrapani, producing ten divine beings of the terrific type (Krodhabhairava), gave a Phurpa (triangular-shaped dagger) to each of them, and commanded them to go and destroy the Rutra and his party. Thereupon Hayagriva came again, and neighed three times; upon hearing which sound, the entire host of the Rutra were seized with a panic and all were subdued. Then "Black Salvation" (Tharpa-Nagpo) and his followers were rendered powerless and helpless: humbled and quite submissive. So they surrendered their own homes, personal ornaments, and lives, and uttered these words of entreaty:

"Obeisance to Thee, O, Thou field of the Buddhas'  
influence,

Obeisance to Thee, O, Thou who dost cause Karma to bear fruit.

I and all of us having sown previous evil Karma

Are now reaping the fruits thereof, which all indeed may see.

Our future depends on what we have done now;

Karma follows us, as inexorably as the shadow doesthe body.

Everyone must taste the fruit of what each has himself done.

Even should one repent, and be sorry for his deeds

There is no help for him as Karma cannot be avoided.

So we who are destined by Karma to drink the bitter cup to the very dregs,

We do therefore offer up our bodies to serve as the cushion of Thy footstool.

Pray accept them as such."

Having said so, they laid themselves prostrate, and from this originates the symbolism of every Deity having a Rutra underneath his feet. Then the vassal Chiefs of the Rutra submitted their prayers:

"We have no claim to sit in the middle,

Be pleased to place us at the extremities of the Mandalas.

We have no right to demand of the best of the banquets.

We pray to be favored with the leavings, and the dregs of food and drink.

Henceforth, we are Your subjects, and will never disobey Your commands.

We will obey You in whatever You are pleased to command.

As a loving mother is attracted towards her son,

So shall we, too, be surely drawn near those who remind

us of this oath of allegiance."

Thus did they take the oath of allegiance. Then the Holder of the Mysteries, the Glorious One -- Vajrapani, pierced the heart of the prostrate Rutra with the Phurpa dagger and absolved him. All his Karmik sins and his Passions (Klesha) were thus immediately absolved. Then power was conferred on him, and vows were laid on him, and the water of Faith was poured on him. His body, speech and mind were blessed and consecrated towards Divine Service, and the Dorje of Faith was laid on the head, throat and heart. Thenceforward he was empowered to be the Guardian of the Faith, and named the Good Dark One, and his secret name conferred at the Initiation was Mahakala. Thus was he included in the assembly of the Vajrayana Deities. Finally, it was revealed to him that he would become a Buddha, by the name of

Thalwai-Wangpo (the Lord of Ashes) in the World called Kod-pa-lhundrup (that is "self-produced" or "made-all-at-once"). Then the Rutra's dead body was thrown on this Jambu-dvipa, where it fell on its back. The head fell on Sinhala (Ceylon), the right arm and hand upon the Thogar (?) country and the left hand on Le (Ladak country). The right leg fell on Nepal, and the left on Kashmir. The entrails fell over Zahor. The heart fell on Uryen (Cabul), and the Linga on Magadha. These form the eight chief countries. Thus the eight Matrikas of the eight Sthanas, headed by Gaurima and others: the eight natural Stupas headed by Potala; the eight occult Powers, which fascinate; the eight guardians (female), who enchant; the eight great trees, the eight great realm-protectors (Shing-kyong), the eight lakes, the eight great Naga spirits, the eight clouds, and the eight great Dikpalas (Cyogs-kyong or Protectors of the Directions) as well as the eight great cemeteries originated.

With the end of the sixth Chapter of the *Golden Rosary* is concluded the account of the Vajrayana Devatas who appeared to aid in the conquest of human Egoism which had manifested itself in terrible form in the person of the great Rutra. As all but the fully pure have in them Rutra elements, they are enjoined in Vajrayana to follow the methods of expurgation there revealed.

## Chapter Twenty-nine

### Kundalini Shakta (Yoga)

The word "Yoga" comes from the root "yuj" which means "to join" and, in its spiritual sense, it is that process by which the human spirit is brought into near and conscious communion with, or is merged in, the Divine Spirit, according as the nature of the human spirit is held to be separate from (Dvaita, Vishishtadvaita) or one with (Advaita) the Divine Spirit. As, according to Shakta doctrine, with which alone we are concerned, the latter proposition is affirmed, Yoga is that process by which the identity of the two (Jivatma and Paramatma),-- which identity ever in fact exists,-- is realized by the Yogi or practitioner of Yoga. It is so realized because the Spirit has then pierced through the veil of Maya which as mind and matter obscures this knowledge from itself. The means by which this is achieved is the Yoga process which liberates from Maya. So the *Gheranda Samhita*, a Hathayoga treatise of the Tantrik school, says (Chap. 5): "There is no bond equal in strength to Maya, and no power greater to destroy that bond than Yoga." From an Advaita or Monistic standpoint, Yoga in the sense of a final union is inapplicable, for union implies a dualism of the Divine and Human spirit. In such a case, it denotes the process rather than the result. When the two are regarded as distinct, Yoga may apply to both. A person who practices Yoga is called a "Yogi." According to Indian notions all are not competent (Adhikari) to attempt Yoga; only a very few are. One must, in this or in other lives, have first gone through Karma or ritual, and Upasana or devotional worship and obtained the fruit thereof, namely, a pure mind (Citta-shuddhi). This Sanskrit term does not merely mean a mind free from sexual impurity, as an English reader might suppose. The attainment of this and other good qualities is the A B C of Sadhana. A person may have a pure mind in this sense and

yet be wholly incapable of Yoga. Citta-shuddhi consists not merely in moral purity of every kind, but in knowledge, detachment, capacity for pure intellectual functioning, attention, meditation and so forth. When, by Karma and Upasana, the mind is brought to this point and when, in the case of Vedantik Yoga, there is dispassion and detachment from the world and its desires, then the Yoga path is open for the realization of Tattva-jñana, that is ultimate Truth. Very few persons indeed are competent for Yoga in its higher forms. The majority should seek their advancement along the path of ritual and devotion.

There are four main forms of Yoga, according to a common computation, namely, Mantrayoga, Hathayoga, Layayoga, and Rajayoga, the general characteristics of which have been described in *The Serpent Power*. It is only necessary here to note that Kundali-yoga is Layayoga. The Eighth Chapter of the *Sammohana Tantra*, however, speaks of five kinds, namely, Jñana, Raja, Laya, Hatha, and Mantra, and mentions as five aspects of the spiritual life, Dharma, Kriya, Bhava, Jñana, and Yoga; Mantrayoga being said to be of two kinds, according as it is pursued along the path of Kriya or Bhava. Many forms of Yoga are in fact mentioned in the books. There are seven Sadhanas of Yoga, namely, Sat-karma, Asana, Mudra, Pratyahara, Pranayama, Dhyana, and Samadhi, which are cleansing of the body, seat, postures for gymnastic and Yoga purposes, the abstraction of the senses from their objects, breath control (the celebrated Pranayama), meditation, and ecstasy, which is of two kinds, imperfect (Savikalpa) in which dualism is not wholly overcome, and perfect (Nirvikalpa) which is complete Monistic experience -- "Aham Brahmasmi", "I am the Brahman" -- a knowledge in the sense of realization which, it is to be observed, does not produce Liberation (Moksha) but *is* Liberation itself. The Samadhi of Laya-yoga is said to be

Savikalpa-Samadhi, and that of complete Raja-yoga is said to be Nirvikalpasamadhi. The first four processes are physical and the last three mental and supramental (see *Gheranda Samhita*, Upadesha, I). By these seven processes respectively certain qualities are gained, namely, purity (Shodhana), firmness and strength (Dridhata), fortitude (Sthirata), steadiness (Dhairya), lightness (Laghava), realization (Pratyaksha), and detachment leading to Liberation (Nirliptatva).

What is known as the eight-limbed Yoga (Ashtanga-yoga) contains five of the above Sadhanas (Asana, Pranayama, Pratyahara, Dhyana, and Samadhi) and three others, namely, Yama or self-control by way of chastity, temperance, avoidance of harm (Ahimasa) and their virtues, Niyama or religious observances, charity and so forth, with Devotion to the Lord (Ishvara-pranidhana), and Dharana, the fixing of the internal organ on its subject as directed in the Yoga practice. For further details, I refer the reader to my introduction to the work entitled *The Serpent Power*. Here I will only deal shortly with Laya-yoga or the arousing of Kundalini Shakti, a subject of the highest importance in the *Tantra Shastra*, and without some knowledge of which much of its ritual will not be understood. I cannot enter into all the details which demand a lengthy exposition, and which I have given in the Introduction to the two Sanskrit works called Satcakranirupana, and Padukapañcaka translated in the volume, *The Serpent Power* which deals with kundalini Shakti and the piercing by Her of the six bodily centers or Cakras. The general principle and meaning of this Yoga has never yet been published, and the present Chapter is devoted to a short summary of these two points only.

All the world (I speak, of course, of those interested in such subjects) is beginning to speak of Kundalini Shakti, "cette

femeuse Kundalini" as a French friend of mine calls Her. There is considerable talk about the Cakras and the Serpent Power but lack of understanding as to what they mean. This, as usual, is sought to be covered by an air of mystery, mystical mists, and sometimes the attitude: "I should much like to tell you if only I were allowed to give it out." A silly Indian boast of which I lately read is, "I have the key and I keep it." Those who really have the key to anything are superior men, above boasting. "Mysticism," which is often confused thinking, is also a fertile soil of humbug. I do not, of course, speak of true Mysticism. Like all other matters in this Indian Shastra the basis of this Yoga is essentially rational. Its thought, like that of the ancients generally, whether of East or West, has in general the form and brilliance of a cut gem. It is this quality which makes it so dear to some of those who have had to wade through the slush of much modern thought and literature. No attempt has hitherto been made to explain the general principles which underlie it. This form of Yoga is an application of the general principles relating to Shakti with which I have already dealt. The subject has both a theoretical and a practical aspect. The latter is concerned with the teaching of the method in such a way that the aspirant may give effect to it. This cannot be learnt from books but only from the Guru who has himself successfully practiced this Yoga. Apart from difficulties, inherent in written explanations, it cannot be practically learnt from books, because the carrying out of the method is affected by the nature and capacity of the Sadhaka and what takes place during his Sadhana. Further, though some general features of the method have been explained to me, I have had no practical experience myself of this Power. I am not speaking as a Yogi in this method, which I am not; but as one who has read and studied the Shastra on this matter, and has had the further advantage of some oral explanations which have enabled me to better

understand it. I have dealt with this practical side, so far as it is possible to me, in my work, *The Serpent Power*. Even so far as the matter can be dealt with in writing, I cannot, within the limits of such a paper as this, deal with it in any way fully. A detailed description of the Cakras and their significance cannot be attempted here. I refer the reader to the work entitled *The Serpent Power*. What I wish to do is to treat the subject on the broadest lines possible and to explain the fundamental principles which underlie this Yoga method. It is because these are not understood that there is much confused thinking and misty, if not mystical, talk upon the subject. How many persons, for instance, can correctly answer the question, "What is Kundalini Shakti?" One may be told that it is a Power or Shakti; that it is coiled like a serpent in the Muladhara; and that it is wakened and goes up through the Cakras to the Sahasrara. But what Shakti is it? Why, again, is it coiled like a serpent? What is the meaning of this? What is the nature of the Power? Why is it in the Muladhara? What is the meaning of "awakening" the power? Why if awakened should it go up? What are the Cakras? It is easy to say that they are regions or lotuses. What are they in themselves? Why have each of the lotuses a different number of petals? What is a petal? What and why are the "Letters" on them? What is the effect of going to the Sahasrara: and how does that effect come about? These and other similar questions require an answer before this form of Yoga can be understood. I have said something as to the Letters in the chapters on Shakti as Mantra and Varnamala. With these and with other general questions, rather than with the details of the six Cakras, set forth in *The Serpent Power* I will here deal.

In the first place, it is necessary to remember the fundamental principle of the *Tantra Shastra* to which I have already referred, viz., that man is a microcosm

(Kshudrabrahmanda). Whatever exists in the outer universe exists in him. All the Tattvas and the worlds are within him and so are the supreme Shiva-Shakti.

The body may be divided into two main parts, namely, the head and trunk on one hand, and the legs on the other. In man, the center of the body is between these two, at the base of the spine where the legs begin. Supporting the trunk and throughout the whole body there is the spinal cord. This is the axis of the body, just as Mount Meru is the axis of the earth. Hence man's spine is called Merudanda, the Meru or axis-staff. The legs and feet are gross matter which show less signs of consciousness than the trunk with its spinal white and gray matter; which trunk itself is greatly subordinate in this respect to the head containing the organ of mind, or physical brain, with its white and gray matter. The position of the white and gray matter in the head and spinal column respectively are reversed. The body and legs below the center are the seven lower or nether worlds upheld by the sustaining Shaktis of the universe. From the center upwards, consciousness more freely manifests through the spinal and cerebral centers. Here there are the seven upper regions or Lokas, a term which Satyananda in his commentary on *Isha Upanishad* says, means "what are seen" (Lokyante), that is, experienced and are hence the fruits of Karma in the form of particular re-birth. These regions, namely, Bhuh, Bhuvah, Svah, Tapah, Jana, Mahah, and Satya Lokas correspond with the six centers; five in the trunk, the sixth in the lower cerebral center; and the seventh in the upper Brain or Satya-loka, the abode of the supreme Shiva-Shakti.

The six centers are the Muladhara or root-support situated at the base of the spinal column in a position midway in the perineum between the root of the genitals and the anus.

Above it, in the region of the genitals, abdomen, heart, chest or throat and in the forehead between the two eyes (Bhrumadhye) are the Svadhisthana, Manipura, Anahata, Vishuddha and Ajña Cakras or lotuses (Padma) respectively. These are the chief centers, though the books speak of others such as the Lalana and Manas and Soma Cakras. In fact, in the *Advaita Martanda*, a modern Sanskrit book by the late Guru of the Maharaja of Kashmir, some fifty Cakras and Adharas are mentioned: though the six stated are the chief upon which all accounts agree. And so it is said. "How can there be any Siddhi for him who knows not the six Cakras, the sixteen Adharas, the five Ethers and the three Lingas in his own body?" The seventh region beyond the Cakras is the upper brain, the highest center of manifestation of Consciousness in the body and therefore the abode of the supreme Shiva-Shakti. When "abode" is said, it is not meant, of course, that the Supreme is there placed in the sense of our "placing," namely, it is there and not elsewhere. The Supreme is never localized whilst its manifestations are. It is everywhere both within and without the body, but it is said to be in the Sahasrara, because it is there that the Supreme Shiva-Shakti is realized. And this must be so, because consciousness is realized by entering in and passing through the highest manifestation of mind, the Sattvamayi Buddhi, above and beyond which is Cit and Cidrupini Shakti themselves. From their Shiva-Shakti Tattva aspect are evolved Mind in its form as Buddhi, Ahamkara, Manas and associated senses (Indriyas) the center of which is in and above the Ajña Cakra and below the Sahasrara. From Ahamkara proceed the Tanmatras or generals of the sense-particulars which evolve the five forms of sensible matter (Bhuta), namely, Akasha ("Ether"), Vayu ("Air"), Agni ("Fire"), Apas ("Water"), and Prithivi ("Earth"). The English translations given of these terms do not imply that the Bhutas are the same as the English elements of air, fire,

water, earth. The terms indicate varying degrees of matter from the ethereal to the solid. Thus Prithivi or earth is any matter in the Prithivi state; that is, which may be sensed by the Indriya of smell. Mind and matter pervade the whole body. But there are centers therein in which they are predominant. Thus Ajña is a center of mind, and the five lower Cakras are centers of the five Bhutas; Vishuddha of Akasha, Anahata of Vayu, Manipura of Agni, Svadhithana of Apas, and Muladhara of Prithivi.

In short, man as a microcosm is the all-pervading Spirit (which most purely manifests in the Sahasrara) vehicled by Shakti in the form of Mind and Matter the centers of which are the sixth and following five Cakras respectively.

The six Cakras have been identified with the following plexuses commencing from the lowest, the Muladhara: The Sacrococcygeal plexus, the Sacral plexus, the Solar plexus (which forms the great junction of the right and left sympathetic chains Ida and Pingala with the cerebro-spinal axis.) Connected with this is the Lumbar plexus. Then follows the Cardiac plexus (Anahata), Laryngeal plexus, and lastly the Ajña or cerebellum with its two lobes, and above this the Manas Cakra or sensorium with its six lobes, the Soma-cakra or middle Cerebrum, and lastly the Sahasrara or upper Cerebrum. To some extent these localizations are yet tentative. This statement may involve an erroneous view of what the Cakras really are, and is likely to produce wrong notions concerning them in others. The six Cakras themselves are vital centers within the spinal column in the white and gray matter there. They may, however, and probably do, influence and govern the gross tract outside the spine in the bodily region lateral to, and co-extensive with, the section of the spinal column in which a particular center is situated. The Cakras are centers of Shakti as vital force. In

other words they are centers of Pranashakti manifested by Pranavayu in the living body, the presiding Devatas of which are names for the Universal Consciousness as It manifests in the form of those centers. The Cakras are not perceptible to the gross senses, whatever may be a Yogi's powers to observe what is beyond the senses (Atindriya). Even if they were perceptible in the living body which they help to organize, they disappear with the disintegration of organism at death.

In an article on the Physical Errors of Hinduism, (*Calcutta Review*, XI, 436-440) it was said: "It would' indeed excite the surprise of our readers to hear that the Hindus, who would not even touch a dead body, much less dissect it (which is incorrect), should possess any anatomical knowledge at all.....It is the Tantras that furnish us with some extraordinary pieces of information concerning the human body .....But of all the Hindus Shastras extant, the Tantras lie in the greatest obscurity..... The Tantrik theory, on which the well-known Yoga called 'Shatcakrabhedha' is founded, supposes the existence of six main internal organs, called Cakras or Padmas, all bearing a special resemblance to that famous flower, the lotus. These are placed one above the other, and connected by three imaginary chains, the emblems of the Ganges, the Yamuna, and the Sarasvati.....Such is the obstinacy with which the Hindus adhere to these erroneous notions, that, even when we show them by actual dissection the nonexistence of the imaginary Cakras in the human body, they will rather have recourse to excuses revolting to common-sense than acknowledge the evidence of their own eyes. They say, with a shamelessness unparalleled, that these Padmas exist as long as a man lives, but disappear the moment he dies." This alleged "shamelessness" reminds me of the story of a

doctor who told my father "that he had performed many postmortems and had never yet discovered a soul."

The petals of the lotuses vary being 4, 6, 10, 12, 16 and 20 respectively, commencing from the Muladhara and ending with Ajña. There are 50 in all, as are the letters of the alphabet which are in the petals; that is, the Matrikas are associated with the Tattvas since both are products of the same creative Cosmic Process manifesting either as physiological or psychological function. It is noteworthy that the number of the petals is that of the letters leaving out either Ksha or the Second La, and that these 50 multiplied by 20 are in the 1,000 petals of the Sahasrara, a number which is probably only indicative of multitude and magnitude.

But why, it may be asked, do the petals vary in number? Why, for instance, are there 4 in the Muladhara and 6 in the Svadhisthana? The answer given is that the number of petals in any Cakra is determined by the number and position of the Nadis or Yoga "nerves" around that Cakra. Thus, four Nadis surrounding and passing through the vital movements of the Muladhara Cakra give it the appearance of a lotus of four petals. The petals are thus configurations made by the position of Nadis at any particular center. These Nadis are not those which are known to the Vaidya of Medical Shastras. The latter are gross physical nerves. But the former here spoken of are called Yoga-Nadis and are subtle channels (Vivara) along which the Pranik currents flow. The term Nadi comes from the root "Nad" which means motion. The body is filled with an uncountable number of Nadis. If they were revealed to the eye the body would present the appearance of a highly complicated chart of ocean currents. Superficially the water seems one and the same. But examination shows that it is moving with varying degrees of

force in all directions. All these lotuses exist in the spinal column.

An Indian physician and Sanskritist has, in the Guy's Hospital Gazette, expressed the opinion that better anatomy is given in the Tantras than in the purely medical works of the Hindus. I have attempted elsewhere to co-relate present and ancient anatomy and physiology. I can, however, only mention here some salient points, first pointing out that the Shivasvarodaya Shastra gives prominence to nerve centers and nerve currents (Vayu) and their control, such teaching being for the purpose of worship (Upasana) and Yoga. The aims and object of the two Shastras are not the same.

The Merudanda is the vertebral column. Western Anatomy divides it into five regions; and it is to be noted in corroboration of the theory here exposed that these correspond with the regions in which the five Cakras are situate. The central spinal system comprises the brain or encephalon contained within the skull (in which are the Lalana, Ajña, Manas, Soma Cakras and the Sahasrara); as also the spinal cord extending from the upper border of the Atlas below the cerebellum and descending to the second lumbar vertebra where it tapers to a point called the *filum terminale*. Within the spine is the cord, a compound of gray and white brain matter, in which are the five lower Cakras. It is noteworthy that the *filum terminale* was formerly thought to be a mere fibrous cord, an unsuitable vehicle, one might think, for the Muladhara Cakra and Kundali Shakti. Recent microscopic investigations have, however, disclosed the existence of highly sensitive gray matter in the *filum terminale* which represents the position of the Muladhara. According to Western science, the spinal cord is not merely a conductor between the periphery and the centers of sensation and volition, but is also an independent center or

group of centers. The Sushumna is a Nadi in the center of the spinal column. Its base is called the Brahmadvāra or Gate of Brahman. As regards the physiological relations of the Cakras all that can be said with any degree of certainty is that the four above the Muladhara have relation to the genito-excretory, digestive, cardiac and respiratory functions, and that the two upper centers, the Ajñā (with associated Cakras) and the Sahasrara denote various forms of its cerebral activity ending in the response of Pure Consciousness therein gained through Yoga. The Nadis on each side called Ida and Pingala are the left and right sympathetic cords crossing the central column from one side to the other, making at the Ajñā with the Sushumna a threefold knot called Triveni; which is the spot in the Medulla where the sympathetic cords join together and whence they take their origin -- these Nadis together with the two-lobed Ajñā and the Sushumna forming the figure of the *Caduceus* of the God Mercury which is said by some to represent them.

How then does this Yoga compare with others?

It will now be asked what are the general principles which underlie the Yoga practice above described. How is it that the rousing of Kundalini Shakti and Her union with Shiva effect the state of ecstatic union (Samadhi) and spiritual experience which is alleged. The reader who has understood the general principles recorded in the previous essays should, if he has not already divined it, readily appreciate the answer here given.

In the first place, there are two main lines of Yoga, namely, Dhyana or Bhavana Yoga and Kundali Yoga, the subject of this work; and there is a marked difference between the two. The first class of Yoga is that in which ecstasy (Samadhi) is attained by intellectual processes (Kriya-jñāna)

of meditation and the like, with the aid, it may be, of auxiliary processes of Mantra or Hatha Yoga (other than the rousing of Kundalini Shakti) and by detachment from the world; the second stands apart as that portion of Hatha Yoga in which, though intellective processes are not neglected, the creative and sustaining Shakti of the whole body is actually and truly united with the Lord Consciousness. The yogi makes Her introduce him to Her Lord, and enjoys the bliss of union through Her. Though it is he who arouses Her, it is She who gives Jñana, for She is Herself *that*. The Dhyanyogi gains what acquaintance with the supreme state his own meditative powers can give him and knows not the enjoyment of union with Shiva in and through his fundamental Body-Power. The two forms of Yoga differ both as to method and result. The Hathayoga regards his Yoga and its fruit as the highest. The Jñanyogi may think similarly of his own. Kundalini is so renowned that many seek to know Her. Having studied the theory of this Yoga, I have been often asked: "Whether one can get on without it." 'The answer is: "It depends upon what you are looking for." If you want to rouse Kundalini Shakti to enjoy the bliss of union of Shiva and Shakti through Her and to gain the accompanying Powers (Siddhi) it is obvious that this end can only, if at all, be achieved by the Yoga here described. But if Liberation is sought without desire for union through Kundalini then such Yoga is not necessary; for Liberation may be obtained by pure Jñanyoga through detachment, the exercise, and then the stilling of the mind, without any reference to the central Body-Power at all. Instead of setting out in and from the world to unite with Shiva, the Jñanyogi, to attain this result, detaches himself from the world. The one is the path of enjoyment and the other of asceticism. Samadhi may also be obtained on the path of devotion (Bhakti) as on that of knowledge. Indeed, the highest devotion (Parabhakti) is not different from knowledge. Both

are realization. But, whilst Liberation (Mukti) is attainable by either method, there are other marked differences between the two. A Dhyanayogi should not neglect his body knowing that as he is both mind and matter each reacts, the one upon the other. Neglect or mere mortification of the body is more apt to produce disordered imagination than a true spiritual experience. He is not concerned, however, with the body in the sense that the Hathayogi is. It is possible to be a successful Dhyanayogi and yet to be weak in body and health, sick, and short-lived. His body and not he himself determines when he shall die. He cannot die at will. When he is in Samadhi, Kundali Shakti is still sleeping in the Muladhara and none of the physical symptoms and psychical bliss, or powers (Siddhi) described as accompanying Her rousing are observed in his case. The Ecstasis which he calls "Liberation while yet living" (Jivanmukti) is not a state like that of real Liberation. He may be still subject to a suffering body from which he escapes only at death, when, if at all, he is liberated. His ecstasy is in the nature of a meditation which passes into the Void (Bhavanasamadhi) effected through negation of all thought-form (Citta-vritti) and detachment from the world; a comparatively negative process in which the positive act of raising the central power of the body takes no part. By his effort the mind, which is a product of Kundalini as Prakriti Shakti, together with its worldly desires is stilled so that the veil produced by mental functioning is removed from Consciousness. In Layayoga, Kundalini Herself, when roused by the Yogi (for such rousing is his act and part), *achieves for him* this illumination.

But why, it may be asked, should, one trouble over the body and its Central Power, the more particularly as there are unusual risks and difficulties involved? The answer has been already given -- alleged completeness and certainty of realization through the agency of the Power which is

knowledge itself (Jñanarupa Shakti), an intermediate acquisition or Powers (Siddhi), and intermediate and final enjoyment. This answer may, however, be usefully developed as a fundamental principle of the *Shakta Tantra*.

The *Shakta Tantra* claims to give both Enjoyment (Bhukti) in the world and Liberation (Mukti) from all worlds. This claim is based on a profoundly true principle, given Advaitavada as a basis. If the ultimate reality is the One which exists in two aspects of quiescent enjoyment of the Self, in liberation from all form and active enjoyment of objects, that is, as pure spirit and spirit in matter, then a complete union with Reality demands such unity in both of Its aspects. It must be known both "here" (Iha) and "there" (Amutra). When rightly apprehended and practiced, there is truth in the doctrine which teaches that man should make the best of both worlds. There is no real incompatibility between the two, provided action is taken in conformity with the universal law of manifestation. It is held to be false teaching that happiness hereafter can only be had by absence of enjoyment now, or in deliberately sought-for suffering and mortification. It is the one Shiva who is the Supreme Blissful Experience and who appears in the form of man with a life of mingled pleasure and pain. Both happiness here and the bliss of Liberation here and hereafter may be attained, if the identity of these Shivas be realized in every human act. This will be achieved by making every human function, without exception, a religious act of sacrifice and worship (Yajña). In the ancient *Vaidik ritual*, enjoyment by way of food and drink, was preceded and accompanied by ceremonial sacrifice and ritual. Such enjoyment was the fruit of the sacrifice and the gift of the Devas. At a higher stage in the life of a Sadhaka, it is offered to the One from whom all gifts come and of whom the Devatas are inferior limited forms. But this offering also involves a dualism from which the

highest Monistic (Advaita) Sadhana of the *Shakta Tantra* is free. Here the individual life and the world-life are known as one. And so the Tantrik Sadhaka, when eating or drinking or fulfilling any other of the natural functions of the body does so, saying and believing, Shivo'ham, "I am Shiva", Bhairavo'ham, "I am Bhairava", "Sa'ham", "I am She". It is not merely the separate individual who thus acts and enjoys. It is Shiva who does so *in* and *through* him. Such an one recognizes, as has been well said, that his life and the play of all its activities are not a thing apart, to be held and pursued egotistically for its and his own separate sake, as though enjoyment was something to be filched from life by his own unaided strength and with a sense of separatedness; but his life and all its activities are conceived as part of the Divine action in nature -- Shakti manifesting and operating in the form of man. He realizes in the pulsing beat of his heart the rhythm which throbs through and is the sign of the Universal Life. To neglect or to deny the needs of the body, to think of it as something not divine, is to neglect and deny the greater life of which it is a part; and to falsify the great doctrine of the unity of all and of the ultimate identity of Matter and Spirit. Governed by such a concept, even the lowliest physical needs take on a cosmic significance. The body is Shakti. Its needs are Sakti's needs; when man enjoys, it is Shakti who enjoys through him. In all he sees and does, it is the Mother who looks and acts. His eyes and hands are Hers. The whole body and all its functions are Her manifestation. To fully realize Her as such is to perfect this particular manifestation of Hers which is himself. Man when seeking to be the master of himself, seeks so on all the planes to be physical, mental and spiritual; nor can they be severed, for they are all related, being but differing aspects of the one all-pervading Consciousness. Who is the more divine: he who neglects and spurns the body or mind that he may attain some fancied

spiritual superiority, or he who rightly cherishes both as forms of the one Spirit which they clothe? Realization is more speedily and truly attained by discerning Spirit in and as all being and its activities, than by fleeing from and casting these aside as being either unspiritual or illusory and impediments in the path. If not rightly conceived, they *map* be impediments and the cause of fall; otherwise they become instruments of attainment; and what others are there to hand? And so the *Kularnava Tantra* says, "By what men fall by that they rise." When acts are done in the right feeling and frame of mind (Bhava), those acts give enjoyment (Bhukti), and the repeated and prolonged Bhava produces at length that divine experience (Tattvajñana) which is liberation. When the Mother is seen *in* all things, She is at length realized as She who is *beyond* them all.

These general principles have their more frequent application in the life of the world before entrance on the path of Yoga proper. The Yoga here described is, however, also an application of these same principles, in so far as it is claimed that thereby both Bhukti and Mukti are attained. Ordinarily, it is said, that where there is Yoga there is no Bhoga (enjoyment); but in Kaula teaching, Yoga is Bhoga, and Bhoga is Yoga, and the world itself becomes the seat of Liberation (*Yogo bhogayate, mokshayate samsarah*).

By the lower processes of Hathayoga it is sought to attain

a perfect physical body which will also be a wholly fit instrument by which the mind may function. A perfect mind, again, approaches, and in Samadhi passes into, Pure Consciousness itself. The Hathayogi thus seeks a body which shall be as strong as steel, healthy, free from suffering and therefore long-lived. Master of the body he is, master of both life and death. His lustrous form enjoys the vitality of youth.

He lives as long as he has the will to live and enjoy in the world of forms. His death is the "death at will" (*Iccha-mrityu*); when making the great and wonderfully expressive gesture of dissolution (Samhara-mudra) he grandly departs. But it may be said, the Hatha-yogis do get sick and die. In the first place, the full discipline is one of difficulty and risk, and can only be pursued under the guidance of a skilled Guru. As the *Goraksha Samhita* says, unaided and unsuccessful practice may lead not only to disease but death. He who seeks to conquer the Lord of Death incurs the risk, on failure, of a more speedy conquest by Him. All who attempt this Yoga do not of course succeed or meet with the same measure of success. Those who fail not only incur the infirmities of ordinary men, but also others brought on by practices which have been ill pursued or for which they are not fit. Those again who do succeed, do so in varying degrees. One may prolong his life to the sacred age of 84, others to 100, others yet further. In theory at least those who are perfected (Siddha) go from this plane when they will. All have not the same capacity or opportunity, through want of will, bodily strength, or circumstance. All may not be willing or able to follow the strict rules necessary for success. Nor does modern life offer in general the opportunities for so complete a physical culture. All men may not desire such a life or may think the attainment of it not worth the trouble involved. Some may wish to be rid of their body and that as speedily as possible. It is therefore said that it is easier to gain Liberation than Deathlessness. The former may be had by unselfishness, detachment from the world, moral and mental discipline. But to conquer death is harder than this, for these qualities and acts will not alone avail. He who does so conquer holds life in the hollow of one hand, and if he be a successful (Siddha) Yogi, Liberation in the other. He has Enjoyment and Liberation. He is the Emperor who is Master of the World and the Possessor of the Bliss which is beyond

all worlds. Therefore it is claimed by the Hathayogi that every Sadhana is inferior to Hathayoga.

The Hathayoga who works for Liberation does so through the Yoga Sadhana here described which gives both Enjoyment and Liberation. At every center to which he rouses Kundalini he experiences a special form of bliss (Ananda) and gains special powers (Siddhi). Carrying Her to the Shiva of his cerebral center he enjoys Supreme Bliss which in its nature is Liberation, and which when established in permanence is Liberation itself on the loosening of Spirit and Body. She who "shines like a chain of lights", a lightning flash -- in the center of his body is the "Inner Woman" to whom reference was made when it was said, "What need have I of any outer woman? I have an Inner Woman within myself." The Vira (heroic) Sadhaka, knowing himself as the embodiment of Shiva (Shivo'ham), unites with woman as the embodiment of Shakti on the physical plane. The Divya (Divine) Sadhaka or Yogi unites within himself his own Principles, female and male, which are the "Heart of the Lord" (Hridayam Parameshituh) or Shakti and Her Lord Consciousness or Shiva. It is their union which is the mystic coition (Maithuna) of the Tantras. There are two forms of union (Samarasya), namely, the first which is the gross (Sthula), or the union of the physical embodiments of the Supreme Consciousness; and the second which is the subtle (Sukshma), or the union of the quiescent and active principles in Consciousness itself. It is the latter which is Liberation.

Lastly, what, in a philosophical sense, is the nature of the process here described? Shortly stated, Energy (Shakti) polarizes itself into two forms. namely, static or potential (Kundalini) and dynamic (the working forces of the body as Prana). Behind all activity there is a static background. This

static center in the human body is the central Serpent Power in the Muladhara (Root-support). It is the Power which is the static support (Adhara) of the whole body and all its moving Pranik forces. This Center (Kendra) of Power is a gross form of Cit or Consciousness; that is, in itself (Svarupa), it is Consciousness; and by appearance it is a Power which, as the highest form of Force, is a manifestation of it. Just as there is a distinction (though identical at base) between the supreme quiescent Consciousness and Its active Power (Shakti), so when Consciousness manifests as Energy (Shakti), it possesses the twin aspects of potential and kinetic Energy. There can be no partition in fact of Reality. To the perfect eye of the Siddha the process of Becoming is an ascription (Adhyasa). To the imperfect eye of the Sadhaka, that is, the aspirant for Siddhi (perfected accomplishment), to the spirit which is still toiling through the lower planes and variously identifying itself with them, Becoming is tending to appear and appearance is real. The *Shakta Tantra* is a rendering of Vedantik Truth from this practical point of view, and represents the world-process as a polarization in Consciousness itself. This polarity as it exists in, and as, the body is destroyed by Yoga which disturbs the equilibrium of bodily consciousness, which consciousness is the result of the maintenance of these two poles. In the human body the potential pole of Energy which is the Supreme Power is stirred to action, on which the moving forces (dynamic Shakti) supported by it are drawn thereto, and the whole dynamism thus engendered moves upward to unite with the quiescent Consciousness in the Highest Lotus.

There is a polarization of Shakti into two forms -- static and dynamic. In a correspondence I had with Professor Pramatha Natha Mukhyopadhyaya, on this subject, he very well developed this point and brought forward some suitable illustrations of it, which I am glad to avail myself of. He

pointed out that, in the first place, in the mind or experience this polarization or polarity is patent to reflection: namely, the polarity between pure Cit and the Stress which is involved in it. This Stress or Shakti develops the mind through an infinity of forms and changes, themselves involved in the pure unbounded Ether of Consciousness, the Cidakasha. This analysis exhibits the primordial Shakti in the same two polar forms as before, static and dynamic. Here the polarity is most fundamental and approaches absoluteness, though of course, it is to be remembered that there is no absolute rest except in pure Cit. Cosmic energy is in an equilibrium which is relative and not absolute.

Passing from mind, let us take matter. The atom of modern science has, as I have already pointed out, ceased to be an atom in the sense of an indivisible unit of matter. According to the electron theory, the so-called atom is a miniature universe resembling our solar system. At the center of this atomic system we have a charge of positive electricity round which a cloud of negative charges called Electrons revolve. The positive and negative charges hold each other in check so that the atom is in a condition of equilibrated energy and does not ordinarily break up, though it may do so on the dissociation which is the characteristic of all matter, but which is so clearly manifest in radioactivity of radium. We have thus here again a positive charge at rest at the center, and negative charges in motion round about the center. What is thus said about the atom applies to the whole cosmic system and universe. In the world-system, the planets revolve round the Sun, and that system itself is probably (taken as a whole) a moving mass around some other relatively static center, until we arrive at the Brahma-bindu which is the point of Absolute Rest, round which all forms revolve and by which all are maintained. He has aptly suggested other illustrations of the same process. Thus, in

the tissues of the living body, the operative energy is polarized into two forms of energy -- anabolic and catabolic, the one tending to change and the other to conserve the tissues; the actual condition of the tissues being simply the resultant of these two co-existent or concurrent activities. In the case, again, of the impregnated ovum, Shakti is already presented in its two polar aspects, namely, the ovum (possibly the static) and the spermatozoon, the dynamic. The germ cell does not cease to be such. It splits into two, one half, the somatic cell gradually developing itself into the body of the animal, the other half remaining encased within the body practically unchanged and as the germ-plasma is transmitted in the process of reproduction to the offspring.

In short, Shakti, when manifesting, divides itself into two polar aspects -- static and dynamic -- which implies that you cannot have it in a dynamic form without at the same time having it in a static form, much like the poles of a magnet. In any given sphere of activity of force, we must have, according to the cosmic principle, a static background -- Shakti *at rest* or "coiled" as the Tantras say. This scientific truth is illustrated in the figure of the Tantrik Kali. The Divine Mother moves as the Kinetic Shakti on the breast of Sadashiva who is the static background of pure Cit which is actionless (Nishkriya); the Gunamayi Mother being all activity.

The Cosmic Shakti is the collectivity (Samashti) in relation

to which the Kundali in particular bodies is the Vyasti (individual) Shakti. The body is, as I have stated, a microcosm (Kshudrabrahmanda). In the living body there is, therefore, the same polarization of which I have spoken. From the Mahakundali the universe has sprung. In Her supreme form She is at rest, coiled round and one (as

Cidrupini) with the Shivabindu. She is then at rest. She next uncoils Herself to manifest. Here the three coils of which the Tantras speak are the three Gunas, and the three and a half coils to which the *Kubjika Tantra* alludes are Prakriti and its three Gunas together with the Vikritis. Her 50 coils are the letters of the alphabet. As She goes on uncoiling, the Tattvas and the Matrikas, the Mothers of the Varnas, issue from Her. She is thus moving, and continues even after creation to move in the Tattvas so created. For as they are born of movement, they continue to move. The whole world (Jagat) as the Sanskrit term implies, is moving. She thus continues creatively active until She has evolved Prithivi, the last of the Tattvas. First She creates mind and then matter. This latter becomes more and more dense. It has been suggested that the Mahabhutas are the Densities of modern science: Air density associated with the maximum velocity of gravity; Fire density associated with the velocity of light; Water or fluid density associated with molecular velocity and the equatorial velocity of the Earth's rotation; and Earth density, that of basalt associated with the Newtonian velocity of sound. However this be, it is plain that the Bhutas represent an increasing density of matter until it reaches its three-dimensional solid form. When Shakti has created this last or Prithivi Tattva, what is there further for Her to do? Nothing. She, therefore, then again *rests*. She is again coiled, which means that She is at rest. "At rest," again, means that She assumes a static form. Shakti, however, is never exhausted, that is, emptied into any of its forms. Therefore, Kundali Shakti at this point is, as it were, the Shakti *left over* (though yet a plenum) after the Prithivi, the last of the Bhutas has been created. We have thus Mahakundali at rest as Cidrupini Shakti in the Sahasrara, the point of absolute rest; and then the body in which the relative static center is Kundali at rest, and round this center the whole of the bodily forces move. They are Shakti, and so is Kundali Shakti. The difference

between the two is that they are Shakti in specific differentiated forms *in movement*; and Kundali Shakti is undifferentiated, residual Shakti *at rest*, that is, coiled. She is coiled in the Muladhara, which means fundamental support, and which is at the same time the seat of the Prithivi or last solid Tattva and of the residual Shakti or Kundalini. The body may, therefore, be compared to a magnet with two poles. The Muladhara, in so far as it is the seat of Kundali Shakti, a comparatively gross form of Cit (being Cit-Shakti and Maya-Shakti) is the static pole in relation to the rest of the body which is dynamic. The "working" that is the body necessarily presupposes and finds such a static support; hence the name Muladhara. In one sense the static Shakti at the Muladhara is necessarily co-existent with the creating and evolving Shakti of the body; because the dynamic aspect or pole can never be without its static counterpart. In another sense, it is the residual Shakti left over after such operation.

What, then, happens in the accomplishment of this Yoga? This static Shakti is affected by Pranayama and other Yogic processes and becomes dynamic. Thus, when completely dynamic, that is, when Kundali unites with Shiva in the Sahasrara, the polarization of the body gives way. The two poles are united in one and there is the state of consciousness called Samadhi. The polarization, of course, takes place in consciousness. The body actually continues to exist as an object of observation to others. It continues its organic life. But man's consciousness of his body and all other objects is withdrawn because the mind has ceased, so far as his consciousness is concerned, the function, having been withdrawn into its ground which is consciousness.

How is the body sustained? In the first place, though Kundali Shakti is the static center of the whole body as a complete conscious organism, yet each of the parts of the body and

their constituent cells have their own static centers which uphold such parts or cells. Next, the theory of the Tantriks themselves is that Kundali ascends, and that the body, as a complete organism, is maintained by the "nectar" which flows from the union of Shiva and Shakti in the Sahasrara. This nectar is an ejection of power generated by their union. My friend, however, whom I have cited, is of opinion (and for this grounds may be urged) that the potential Kundali Shakti becomes only partly and not wholly converted into kinetic Shakti; and yet since Shakti -- even as given in the Mula center -- is an infinitude, it is not depleted, the potential store always remaining unexhausted. In this case, the dynamic equivalent is a partial conversion of one mode of energy into another. If, however, the coiled power at the Mula became absolutely uncoiled, there would result the dissolution of the three bodies, gross, subtle and causal, and consequently Videha-Mukti -- because the static background in relation to a particular form of existence would, according to this hypothesis, have wholly given way. He would explain the fact that the body becomes cold as a corpse as the Shakti leaves it, as being due, not to the depletion or privation of the static power at the Muladhara, but to the concentration or convergence of the dynamic power ordinarily diffused over the whole body, so that the dynamic equivalent which is set up against the static background of Kundali Shakti is only the diffused five-fold Prana gathered home -- withdrawn from the other tissues of the body and concentrated along the axis. Thus, ordinarily, the dynamic equivalent is the Prana diffused over all the tissues: in Yoga, it is converged along the axis, the static equivalent of Kundali Shakti enduring in both cases. Some part of the already available dynamic Prana is made to act at the base of the axis in a suitable manner, by which means the basal center or Muladhara becomes, as it were, over-saturated and reacts on the whole diffused dynamic power (or Prana) of

the body by withdrawing it from the tissues and converging it along the line of the axis. In this way the diffused dynamic equivalent becomes the converged dynamic equivalent along the axis. What, according to this view, ascends, is not the whole Shakti but an ejet like condensed lightning, which at length reaches the Parama-Shivasthana. There, the Central Power which up-holds the individual world-consciousness is merged in the Supreme Consciousness. The limited consciousness, transcending the passing concepts of worldly life, directly intuits the unchanging Reality which underlies the whole phenomenal flow. When Kundali Shakti *sleeps* in the Muladhara, man is *awake* to the world; when she *awakes* to unite, and does unite, with the supreme static Consciousness which is Shiva, then consciousness is *asleep* to the world and is one with the Light of all things.

Putting aside detail, the main principle appears to be that, when "wakened", Kundali Shakti either Herself (or as my friend suggests in Her ejet) ceases to be a static Power which sustains the world-consciousness, the content of which is held only so long as She "sleeps": and when once set in movement is drawn to that other static center in the Thousand-petalled Lotus (Sahasrara) which is Herself in union with the Shiva-consciousness or the consciousness of ecstasy beyond the world of forms. When Kundali "sleeps" man is awake to this world. When She "awakes" he sleeps, that is loses all consciousness of the world and enters his causal body. In Yoga he passes beyond to formless Consciousness.

I have only to add, without further discussion of the point, that practitioners of this Yoga claim that it is higher than any other and that the Samadhi (ecstasy) attained thereby is more perfect. The reason which they allege is this. In Dhyanyoga, ecstasy takes place through detachment from

the world, and mental concentration leading to vacuity of mental operation (Vritti) or the uprising of pure Consciousness unhindered by the limitations of the mind. The degree to which this unveiling of consciousness is effected depends upon the meditative powers (Jñanashakti) of the Sadhaka and the extent of his detachment from the world. On the other hand, Kundali who is all Shakti and who is therefore Jñanashakti Herself produces, when awakened by the Yogi, full Jñana for him. Secondly, in the Samadhi of Dhyanyoga there is no rousing and union of Kundali Shakti with the accompanying bliss and acquisition of special Powers (Siddhi). Further, in Kundali Yoga there is not merely a Samadhi through meditation, but through the central power of the Jiva a power which carries with it the forces of both body and mind. The union in that sense is claimed to be more complete than that enacted through mental methods only. Though in both cases bodily consciousness is lost, in Kundalini-Yoga not only the mind, but the body, in so far as it is represented by its central power (or may be its eject) is actually united with Shiva. This union produces an enjoyment (Bhukti) which the Dhyanyogi does not possess. Whilst both the Divya Yogi and the Vira Sadhaka have enjoyment (Bhukti), that of the former is said to be infinitely more intense, being an experience of Bliss itself. The enjoyment of the Vira Sadhaka is but a reflection of it on the physical plane, a welling up of the true Bliss through the deadening coverings and trammels of matter. Again, whilst it is said that both have Liberation (Mukti), this word is used in Vira Sadhana in a figurative sense only, indicating a bliss which is the nearest approach on the physical plane to that of Mukti, and a Bhava or feeling of momentary union of Shiva and Shakti which ripens in the higher Yoga Sadhana into the literal liberation of the Yogi. He has both Enjoyment (Bhukti) and Liberation (Mukti) in the fullest and literal sense. Hence its claim to be the Emperor of all Yogas.

However this may be, I leave the subject at this point, with the hope that others will continue the esquire I have here initiated. It and other matters in the *Tantra Shastra* seem to me (whatever be their inherent value) worthy of an investigation which they have not yet received.

## Chapter Thirty

### Conclusions

Brahmanism or Hinduism, as in its later development the former has been called, is not merely a religion. It is a Socio-Economic System, the foundation of which is the Law of Caste and Stages of life. That System has its culture of which several forms of Religion, resting on a certain common basis, are but a part. Dealing, however, with Brahmanism in its religious aspect, we may say that it, together with Jainism and Buddhism, are the three chief religions of India, as opposed to those of the Semitic origin. All three religious systems share in common certain fundamental concepts which are denoted by the Sanskrit terms *Karma*, *Samsara* and *Moksha*. These concepts constitute a common denominator of Indian belief as next stated.

The Universe is in constant activity. Nothing which is Psycho-physical is at rest. Karma is Action. The Psychophysical as such is determined by Karma or action, and, therefore, man's present condition is determined by past Karma, either his own, or that of collectivities of men of which he is a member, or with which he is in relation, as also by the action of natural causes. In the same way, present Karma determines the future Karma. The doctrine of Karma is thus the affirmance of the Law of causality operating not only in this but in an infinity of Universes. As you sow so shall you reap. The present Universe is not the first and last only. It is true that this particular Universe has a beginning and an end called dissolution, for nothing composite is eternal; but it is only one of a series which has neither beginning nor end. There has been, is now, and ever will be an Universe.

Mental action as desire for worldly enjoyment, even though such enjoyment be lawful, keeps man in the Worlds of

repeated Birth and Death, or (to use the English term) of Reincarnation. These worlds the Greeks called the Cycle of Becoming, and Hindus the *Samsara*, a term which literally means the unending 'moving on' or wandering, that is, being born and dying repeatedly. These worlds comprise not only Earth but Heaven and Hell, in which are reaped the fruits of man's actions on Earth. Heaven and Hell, are states of enjoyment and suffering which exist here on earth as well as in the after-death state as the result of man's good and bad actions returning. When man dies there is no resurrection of the gross body. That is resolved into its subtle elements, and the specific relation between man and a particular gross body comes to an end. But there is always some body until bodiless liberation is achieved. On death man in his subtle body enjoys the state called Heaven or suffers in that called Hell. Neither is eternal, but each a part of the Cycle of the Becoming. When, then, man has had Heavenly enjoyment or suffered the pains of Hell in his subtle body, in the afterdeath state, according to his merits or demerits, he is 'reincarnated' in a gross body on Earth. He continues thus to be 'reincarnated' until he has found and desires the way out from the Cycle, that, is, until he ceases to desire world-existence. His desire is then not only for release from the sufferings and limited happiness of the Cycle but also (according to Vedanta) for the attainment of the Supreme Worth which is Supreme Bliss. There is, in short, a change of values and states. Man, as Nietzsche said, is something to be transcended. He cannot transcend his present state so long as he is attached to and desires to remain in it. This liberation from the Cycle is called *Moksha* or *Mukti*. For all Three Systems are at one in holding that, notwithstanding the Law of Causality, man is free to liberate himself from the Cycle. Causality governs the Psychophysical. Spirit as such is Freedom from the Psycho-physical. All three Systems assume a State of Liberation.

Whether the Universe as a play of force is the work of a Personal God is a question which philosophers have disputed both in the East and the West. One set of Buddhists professed belief in Deity as the Lord. Another affirmed Svabhava which means the proper vigor of Nature and what is called creation is truly spontaneity resulting from powers inherent in the Psycho-physical substance eternally.

Mayavada Vedanta reconciles to a great extent these two views by its doctrine that the personal Brahman or the Lord is the self-less absolute Brahman as conceived by the Psycho-physical experiencer, though the latter as the Absolute exclusive of all relations is not the former. In Shakta doctrine Brahman is the Lord or Creator and Director of the Universe but in its own nature is more than that.

Whether there is or is not a Personal God or Lord (as held by some systems), belief in such a Lord is no essential portion of the Common Doctrine Both Jainism and Buddhism are atheistic in the sense of being Lordless, though the latter system, in some forms of the later Northern schools, takes on a theistic color. In fact the notion of a Personal God is no essential part even of Brahmanism itself. For putting aside downright atheists in the Western sense, such as the Indian Carvakas and Lokayatas who denied God, Soul, immortality and future life, it is to be observed that some schools posit no such Lord whilst others do.

Two other concepts of first rate importance are *Dharma* and its correlative *adharma*. These two terms, in the Brahmanic sense, mean right activity and its opposite. They are therefore connected with Karma of which they are two species. The term Dharma comes from the root *Dhri* which means to uphold and maintain, for right activity does that. All three systems posit right and wrong activity and their

results as well-being and suffering respectively. Dharma is thus the Law of Being as Form. Morality is part of man's nature. It may therefore be said that the substance of the Brahmanic concept is held by all. *Dharma* as a technical term is not here included amongst the common concepts, because, its sense varies in Buddhism in which it has its own peculiar meaning, whilst in Jainism the word means something wholly different from what it does in any other system.

Each of the common concepts must be interpreted in the case of any particular Indian faith in terms of its own peculiar tenets as regards these concepts and other matters such as the Reality and Dissolution of the Universe, Karma and Liberation. Thus, the latter is defined differently in Buddhism, Jainism and in the various Brahmanical schools. According to all systems, Liberation is described as the release from the bondage of Birth and Death, Limitation and Suffering. In some systems it is not positively said to be Joy, but is described as pure painless state of That which, in association with mind and matter, manifests as the empirical self. The Jainas regard it as a state of happiness. Some Buddhist descriptions are to the same effect, but in general Buddhism deprecates the discussion of so inconceivable a state. The Vedanta, on the other hand, positively describes it to be unalloyed and unending joy so that the nature of such Joy, whether as arising through the identification of the individual self with the Supreme Self or in association therewith, is variously affirmed by the non-dualist, qualified non-dualist and dualist Brahmanic Schools.

Brahmanism adds to these concepts of the Cycle (Samsara) right and wrong action (Dharma, Adharma), Causality (Karma), and Liberation (Moksha), that of the Atman.

All recognized Brahmanic systems affirm the Atman, though they differ on the question of its nature as also whether it is one or many. It is on this question whether there is or is not an Atman that the Brahmanic and Buddhistic Schools are in dispute. The point at issue as formulated from the standpoint of Vedanta may be shortly stated to be as follows:

Everyone admits the existence of a psycho-physical Flux either as the Individual or the Universe of his experience. Indeed, one of the Sanskrit names of the world is *Jagat*, which means "the moving thing". For the Universe is in constant activity. At every moment there is molar or molecular change. As an object of sensible perception the Universe is transitory, though some things endure longer or shorter than others. The question is, then, whether, besides psycho-physical transience, there is a spiritual enduring Essence of the Universe and of man, which manifests in the latter as the empirical self whereby it knows itself as permanent amidst all its changeful experiences. The Buddhists are reputed to have held that there is nothing but the flow. Man is only a continually changing psychophysical complex without a static center, a series of momentary mental and bodily states, necessarily generated one from the other in continuous transformation. In this Flux there is no principle of permanence on which "as on a thread" the worlds as beads are strung. Man may have the notion that he is a Self, but this does not, it is said, prove that there is an Atman as 'substratum' of such empirical self. To this Vedanta asks -- If so, who is it that is born and re-incarnates? It then answers its question by saying that the embodied self is born and dies, but that the Atman as such is not a self and is neither born nor does it die. Birth and Death are attributed to it when it appears in connection with psycho-physical bodies. It is the embodied Atman which is

born and dies. The Atman as it is in its own bodiless nature is unborn and eternal.

Change and changelessness are terms of logical, that is dualistic thinking, and have no meaning except in relation to one another. All activity implies a static condition relative to which it is active. There can be no Universe except by the combination of the active and non-active. Without activity the Universe does not become. Without some principle of stability it cannot exist even for a moment as an object of the senses. The alogical Atman as such eternally endures. The Universe as the Psycho-physical is the product of the Atman as Power. As such product, it is transient. It presents, however, the appearance of relative or limited stability because of the immanence of the Atman. The Atman manifests as the relatively stable and empirical self, and That which manifests as such self is also the Brahman as essence of the Universe which is the object of such self. For Atman and Brahman are one and the same.

According to the second standard, Atman is the seat of consciousness. In the Vedanta, however, Atman is consciousness itself. Whatever may have been its origin, as to which nothing is of a certainty known (Mother Goddess Worship is as old as the World), Shakta doctrine is now a form of Vedanta which may be called Shakti-vada or Shakta Vedanta.

*Kularnava Tantra* speaks of that "Monism of which Shiva speaks" (*Advaitantu Shivenoktam*, 1, 108). See also *Mahanirvana Tantra*, Chapter II, 33-34, III, 33-35, 50-64; *Prapañcasara Tantra*, II, XIX, XXIX; *Advaitabhavopanisad*. For the identity of Jivatma and Paramatma in liberation (Mukti), which the Vedantasara defines to be Jivabrahmanohaikyam, see *Mahanirvana Tantra*, VIII, 264,

265; V, 105. See also *Prapañcasara Tantra*, II, where Hrim is identified with Kundali and Hamsah, and then with "So'ham". See also *ib.*, Chapter XXIV: "That, which. is subtle I am" (Yah Suksmah So'ham); and *Jñanarnava Tantra*; XXI, 10.

As to Brahmasmi, see *Kularnava Tantra*, IX, 32, and *ib.*, 41: So'ham bhavena pujayet. The Shakta disciple (Sadhaka) should not be a dualist (*Maharudrayamala*, I Khanda,, Chapter 15, II Khanda, Chapter 2). Similarly, the *Gandharva Tantra* Chapter 2, says that he must be devoid of dualism (Dvaitahina) (see *Pranatoshini*, 108) In fact, that particular form of worship which has earned the Kaula Tantras, their ill name is practical application of Advaitavada. Kaulacara is said to properly follow a full knowledge of Vedantik doctrine. As the Satcakranirupana (see *The Serpent Power*) says, the Jivatma or embodied spirit is the same, as the Paramatma or Supreme Spirit, and knowledge of this is the root of all wisdom (Mulavidya).

Shakta Vedanta teaches its doctrine from the practical standpoint which Mayavada calls Vyavaharika. It lays stress on the concept of Power. Atman is not mere Being only. Even in the dissolution of the world Being is Power, though Power or Shakti is then consciousness as such (Cidrupini). Atman manifests as the universe by and out of its power. Atman and Power are never separated, and so it is said, that" there is no Shiva without Shakti or Shakti without Shiva." Shiva without power is but a "corpse." Both Shiva and Shakti are of the same nature since they are both Being-Consciousness- Bliss. But Power manifests as the Becoming or Psycho-physical universe. Power is both Power to be, to self -conserve, and resist change, as well as Power to Become the universe and as material cause of the universe itself. Power to be is the static aspect of Shiva-Shakti. Power to become is the changeful aspect of Shiva-Shakti.

In Mayavada the world is said to be produced by the Power of the Lord -- or Ishvara. But whilst Ishvara is Brahman or Godhead as conceived by the Psycho-physical experiencer, Brahman on the other hand is not Ishvara. The former is beyond (in the sense of exclusive of ) all relations with the universe, and so, though wrongly, some people call Ishvara 'Unreal' and the universe created by Him an 'illusion'. According to Shaktivada, not only is Ishvara Brahman, but Brahman is Ishvara, and no question of the reality of either Ishvara or the world arises. We may, however, say at once that Godhead is real, God is real and the universe is real. The use of the term 'illusion' only tends to mislead even in Mayavada. According to the concise definition of Kamalakanta, a celebrated Sadhaka, Maya is the 'Form of the Formless' (*Shunyasya akara iti Maya*). The World is the Divine Mother in form. As She is in Herself, She is formless.

Discussion on the subject of the reality of the World is often vain and tedious, because the word 'Real' has several meanings, and that in which it is used is not stated. The terms "Absolute" and "Transcendental" should also be clearly defined. The distinction between Maya-vada and *Shakti-vada* hinges on these definitions.

Both "Absolute" and "Transcendental" mean "beyond relation." But the term beyond" may be used in two senses: (a) exceeding or wider than relation; (b) having no relation at all. The first does not deny or exclude relation but says that the Absolute, though involving all relations within itself, is not their sum total; is not exhausted by them; has Being transcending them. The latter denies every trace of relation to the Absolute; and says that the Absolute must have no intrinsic or extrinsic relation; that relation, therefore, has no place in the Being of the Absolute.

Shakti-vada adopts the first view, Maya-vada the second. From the first point of view, the Absolute is relationless Being *as well as* Manifestation as an infinity of relations. This is the true and complete Alogical-Whole. Inasmuch as the Absolute exceeds all relation and thought, we cannot say that it is the Cause; that it is the Root of Creation; and so forth; but in as much also as it does involve relation and thought, we can say that It is the First Cause; that there has been a real creation, and so forth.

The Maya-vada view by negating all relation from the reality of Brahman negates from its transcendent standpoint the reality of causation, creation and so forth.

"Beyond" may, therefore, mean (1) "exceeding" "fuller than", "not exhausted by", or (2) excluding, negating, expunging.

In *Shakti-vada*, the Supreme Reality is fuller than any definition (limitation) which may be proposed. It is even beyond duality and non - duality. It is thus the Experience-Whole, the Alogical. The Maya-vada Pure Brahman *is* an aspect of It: but it is not the Whole (*Purna*).

The expression "wider than relation" may be thus illustrated: I am related in one way to my wife; in another way to my children; in yet another way to my brothers, friends and so on. I am not fully expressed by any one of these relations, nor even by their aggregate; for, as a member of an infinite Stress-system, I bear an infinity of relations. Pragmatically, most of these are ignored, and it is thought that I am expressed, by a certain set of relations which distinguish me from another person who has his own "set". But Brahman as Absolute can have no such "Set". It is expressed, but not fully expressed, even by the infinite set of relations which the cosmos is, because relations, finite or infinite, imply a

logical, and therefore segmenting and defining thought; but Brahman as Absolute = Experience-Whole = the Alogical.

Since Brahman = Experience-Whole = *Cit* as Power to-Be-and-Become, it is nothing like the unknown and unknowable Being ("Thing-in itself") of Western Skeptics and Agnostics.

In all Indian Systems, the world is real, in the sense that it has objective existence for, and is not a projection of, the individual mind . In all such systems, Mind and Matter co-exist, and this is so even in that form of *Ekajiva-vada* which holds that *Brahman* by its own veiling and limiting Power makes one Primary Self of itself, and that all other selves are but reflexes of the Primary self, having as reflexes no existence apart from that of the Primary one. The world of matter is not a projection of an individual mind, but its reality is coordinate with that of the individual mind, both being derived from the Self-veiling and Self-limiting operation of *Brahman* appearing as the One *Jiva* or Primary Self. *Brahman*, in appearing as Primary Self, also appears as its (logical) Correlate or Pole -- the Not-Self; and this Not-Self is the Root-Matter on which the primary Self is reflected as multiple selves and their varied relations. Matter, in this fundamental sense is not therefore the product of the first or primary individual (Self); it is with Self the co-effect (logically speaking) of a common fundamental activity which is the veiling and limiting action of the Supreme Being.

The version commonly given of *Ekajiva-vada* -- namely that the one Primary Self is Me, and that You, He and the rest, and the world of objects are the projection of Me -- is loose and unpsychological. In the first place, Me cannot be there (logically conceiving) without its Correlate or Pole -- the Not-Me; so that, by the very act by which Me is evolved from Brahman, its Correlate is also evolved, and this Correlate is

Root-Matter. In the second place, projection, reflection and so forth presuppose not only the projecting or reflecting Being (that which projects or reflects), but also something on which the projection or reflection is cast. Projection out of nothing and projection into nothing will give us only nothing.

Where then there is Matter there is Mind. Where there is no Matter there is no Mind. One is meaningless without the other. Each is every whit as real as the other. But there is no Indian system which is Realist in the sense, that it holds that Matter exists when there is no Mind to perceive it. Such a state is inconceivable. He who alleges it, himself supplies the perceiving Mind. In the First standard, Mind and the so-called "atoms" of Matter are separate, distinct and independent Reals. Matter does not derive from Mind nor the latter from the former. In the Second Standard, both Matter and Mind are equally real, but derive from a common source the Psycho-physical Potential which as such is neither. 'Psychic' here means Mind as distinct from Consciousness in the sense of Cit. This Psycho-physical Potential is a Real, independent of Consciousness which is the other Real. In the Third Standard as non-dual Vedanta the position is the same, except that the Psychophysical Potential is not an independent Real but is the power of the One Supreme Real as God. The world is then Real in the sense that it has true objective Reality for the individual Experiencers for the duration of their experience of it. No one denies this.

The next question is the problem of Monism. If ultimate Reality be One, how can it be the cause of and become the Universe. It is said, that Reality is of dual aspect, namely, as it is in relation to the World as Ishvara, the Lord or God, and as it is in itself beyond such relation which we may call Brahman. According to Mayavada, Ishvara is Brahman, for Ishvara is Brahman as seen through the Veil of Maya, that is,

by the Psycho-physical Experiencer. But Brahman is not Ishvara because Brahman is the absolute alogical Real, that is, Reality not as conceived by Mind but as it is in itself beyond all relation. The notion of God as the Supreme Self is the highest concept imposed on the alogical which, as it is in itself, is not a Self either supreme or limited. The Absolute as such is not a cause. There is, transcendently speaking, no creation, no Universe. The Absolute is and nothing happens. It is only pragmatically a Cause. There is from this aspect no nexus between Brahman and the World. In the logical order there is. What then is the Universe? It is in this connection that it is said by some to be an "illusion," which is an inapt term. For to whom is it an "illusion"? Not to the Psycho-physical Experiencer to whom it is admittedly real. Nor is it illusion for the Experience-Whole. It is only by the importation of the logical notion of a self to whom an object is real or unreal that we can speak of illusion. But there is in this state of Liberation no Self. More correctly we say that the World is Maya. But what is Maya in Mayavada? It is not real, for it is neither Brahman nor an independent Real. Nor is it unreal for in the logical order it is real. It is neither Brahman nor different from it as an independent reality. It is unexplainable. For this reason one of the scholastics of this System calls it the doctrine of the Inscrutable.

In the doctrine of Power (Shaktivada), Maya is the Divine Mother Power or Mahamaya. The two aspects of Reality as Brahman and Ishvara are accepted. The Lord is real, but that which we call 'Lord' is more than Lord, for the Real is not adequately defined in terms only of its relations to the Universe. In this sense it is alogical, that is, "beyond Mind and speech". As the one ultimate Reality is both Ishvara and Brahman, in one aspect it is the Cause, and in the other it is not. But it is one and the same Reality which is both as Shiva - Shakti. As these are real so are their appearance, the

Universe. For the Universe is Shiva-Shakti. It is their appearance. When we say it is their appearance we imply that there has been a real becoming issuing from them as Power. Reality has two aspects. First as it is in itself, and secondly as it exists as Universe. At base the *Samsara* or worlds of Birth and Death and *Moksha* or Liberation are One. For Shiva-Shakti are both the Experience-Whole and the Part which exists therein as the Universe. Reality is a concrete unity in duality and duality in unity. In practice the One is realized in and as the Many and the Many as the One. So in the Shakta Wine ritual, the worshipper conceives himself to be Shiva Shakti as the Divine Mother. It is She who as and in the person of the worshipper, Her manifestation, consumes the wine which is again Herself, the Savioress in liquid form. It is not only he, who as a separate Self does so. This principle is applied to all man's functionings and is of cardinal importance from a Monistic standpoint notwithstanding its well-known abuse in fact.

Real is again used in the sense of eminence. The Real is that which is for itself and has a reason for its being in itself. The Real as God is the perfect and changeless and the "Good." The Universe is dependent on the *Ens Realissimum*, for it proceeds from it and is imperfect as limited and changeful and in a sense it is that which does not endure and in this sense is called 'unreal.' Though, however, the Universe comes and goes it does so eternally. The Supreme Cause is eternally creative. The Real is then both infinite Changeless Being as also unbeginning and unending process as the Becoming. In this system the Real both is and becomes. It yet becomes without derogation from its own changelessness, as it were a Fountain of Life which pours itself forth incessantly from infinite and inexhaustible source. Both the infinite and the finite are real.

Real is again used in the sense of interest and value and of the worth while". In this sense, the worshiper prays to be led from Unreality to Reality, but this does not mean that the world is unreal, but that it is not the supreme worth for him.

In whatever sense, then, the term Real is used the Universe is that. All is real for as the Upanishad says, "All this Universe is verily Brahman". The Scriptural Text says "All". It does not say "This " but not "That". The whole is an alogical concrete Reality which is Unity in Duality and Duality in Unity. The doctrine does not lose hold of either the One or the Many, and for this reason the Lord Shiva says in the *Kularnava Tantra*, "There are some who seek dualism and some non-dualism, but my doctrine is beyond both." That is, it takes account of and reconciles both Dualism and Non-Dualism.

Reality is no mere abstraction of the intellect making jettison of all that is concrete and varied. It is the Experience Whole whose object is Itself as such Whole. It is also Partial Experience within that whole. This union of whole and Part is alogical, not unknowable, for their unity is a fact of actual experience just as we have the unity of Power to Be and Power to Become, of the Conscious and Unconscious, of Mind and Body, of freedom and determination, and other dualities of Man's experiencing.